



2001 MEDIA GUIDE



2001 SEATTLE SEAHAWKS SCHEDULE

Preseason Schedule

<u>DAY</u>	<u>DATE</u>	<u>GAME</u>	<u>TIME (PT)</u>	<u>TV</u>
Saturday	Aug. 11	at Indianapolis Colts	5:00 p.m.	TBA
Saturday	Aug. 18	Arizona Cardinals	6:30 p.m.	TBA
Saturday	Aug. 25	at San Francisco 49ers	6:00 p.m.	TBA
Saturday	Sept. 1	New Orleans Saints	1:00 p.m.	TBA

Regular Season Schedule

<u>DAY</u>	<u>DATE</u>	<u>GAME</u>	<u>TIME (PT)</u>	<u>TV</u>
Sunday	Sept. 9	at Cleveland Browns	10:00 a.m.	CBS
Sunday	Sept. 16	Kansas City Chiefs	1:15 p.m.	CBS
Sunday	Sept. 23	Philadelphia Eagles	1:15 p.m.	FOX
Sunday	Sept. 30	at Oakland Raiders	1:15 p.m.	CBS
Sunday	Oct. 7	Jacksonville Jaguars	1:05 p.m.	CBS
Sunday	Oct. 14	Denver Broncos	1:15 p.m.	CBS
Sunday	Oct. 21	BYE		
Sunday	Oct. 28	Miami Dolphins	1:15 p.m.	CBS
Sunday	Nov. 4	at Washington Redskins	1:15 p.m.	CBS
Sunday	Nov. 11	Oakland Raiders	5:30 p.m.	ESPN
Sunday	Nov. 18	at Buffalo Bills	10:00 a.m.	CBS
Sunday	Nov. 25	at Kansas City Chiefs	10:00 a.m.	CBS
Sunday	Dec. 2	San Diego Chargers	1:00 p.m.	CBS
Sunday	Dec. 9	at Denver Broncos	5:30 p.m.	ESPN
Sunday	Dec. 16	Dallas Cowboys	1:15 p.m.	FOX
Sunday	Dec. 23	at New York Giants	10:00 a.m.	CBS
Sunday	Dec. 30	at San Diego Chargers	1:15 p.m.	CBS

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All photos by Corky Trewin, Vernon Cheek, Lane Gammel, Rich Gonzales, Kathleen King (Paul Allen and Jody Patton), and Brett Patterson & Evan Wilcox (Bob Whitsitt).

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ADMINISTRATION

Chairman	Paul G. Allen
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Sr. Vice President	Mike Reinfeldt
Sr. Vice President/ Marketing Operations	Duane McLean
Vice President/Community Outreach/Facilities.....	Mike Flood
Vice President/Corporate Sales	Scott Patrick
Vice President/Marketing	Mike Sheehan
Vice President/Football Operations	Ted Thompson
Vice President/Communications	Gary Wright
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Executive Assistant/Vice President/Football Operations.....	Charlotte Kores
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Facilities Manager.....	John Behrens
Fields/Projects Coordinator	Brent Hanson
Fields/Maintenance Coordinator.....	Duc Dinh
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Security Assistant	James Yoshida
Receptionist	Natalie Thomas
Receptionist/Accounting Clerk.....	Bethany Roth
Executive Chef	Mac McNabb

BUSINESS

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Accounting Supervisor	William Saguilla
Accountant	John Shankar
Accounting Administrators.....	Amber Adcock, Tina Godfrey

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Information Systems Manager	Sterling Monroe
Information Systems Administrator	Steve Steensma
Information Systems Administrator	Allen Olson
Database Administrator.....	Robert Ullman
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Assistant Director of Public Relations/Publications.....	Lane Gammel
Public Relations Assistants.....	Rich Gonzales, Artis Twyman
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Public Relations Interns.....	Jeremy Young, Andrew Youngbauer

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Director of Community Outreach	Sandy Gregory
Assistant Director of Community Outreach.....	Paul Johns
Director of Player Programs/Alumni	Nesby Glasgow
Administrative Assistant/Community Outreach	Jeanne Denkmann
Administrative Assistant/Community Outreach.....	Lauri Perry
Director of Sea Gals/Entertainment.....	Sherri Thompson
Team Mascot.....	Dave Stogdill

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Director of Sponsor Sales.....	Kevin Williams
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Sponsorship Business Manager	Kristina Howell
Database Marketing Manager.....	Emily Forster
Senior Account Coordinator.....	Patience Jones
Account Coordinator.....	Tirza Sanchez
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Marketing Assistant.....	Shellie Roberts

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Broadcasting/Gameday Operations Manager	Rick Crawford
Broadcast Coordinator.....	Brian O'Connell
Broadcast Announcer.....	Brian Davis
Administrative Assistant/Broadcasting.....	Amy Austinson

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Director of Suite Sales & Services	Ron Jenkins
Executive Assistant/Suite Sales Coordinator	Rachel Santoy
Director of Ticket Sales/Operations.....	Chuck Arnold
Ticket Sales Manager.....	John Webb
Box Office Manager.....	Erin Wilshusen
Ticket Operations Coordinators.....	Stacey Broderson, Kristine Davison, Darin Solinsky
Ticket Sales Representatives	Mike Altfest, Will Brantley, Brock Brady, Scott Gray, Chris Lawrence, Steve Lund, Richard McDonald, Mike Moses, Mike Naehr, Todd Prieb, John Roche, Casey Shaw, Mike Spring, Jason Sutherland, Willie Whitmore
Ticket Sales Assistant.....	Melissa Montgomery

RETAIL STORE

Retail Operations Co-Manager	Sue Harris, Susan Havens
Warehouse Supervisor	Ryan Fairbanks

COACHING STAFF

Executive VP/General Manager & Head Coach	Mike Holmgren
Assistant Head Coach/Offensive Line	Tom Lovat
Offensive Coordinator	Gil Haskell
Defensive Coordinator.....	Steve Sidwell
Special Teams Coordinator	Pete Rodriguez
Defensive Line	Larry Brooks
Offensive Quality Control	Jerry Colquitt
Wide Receivers	Nolan Cromwell
Defensive Backs.....	Ken Flajole
Linebackers	Johnny Holland
Strength & Conditioning	Kent Johnston
Tight Ends	Jim Lind
Defensive Quality Control/Defensive Backs	Clayton Lopez
Assistant Special Teams	Mark Michaels
Running Backs.....	Stump Mitchell
Strength & Conditioning Assistant	Todd Pratt
Assistant Strength & Conditioning	Rod Springer
Quarterbacks.....	Jim Zorn

SCOUTING

Director of College Scouting.....	Scot McCloughan
Director of Pro Personnel	Will Lewis
Pro Personnel Assistants	Lake Dawson, John Jamison, Eric Stokes
Area Scouts	Bucky Brooks, Scott Fitterer, Derrick Jensen, Matt Malaspina, Mike Murphy, John Peterson
Administrative Assistant/Pro Personnel	Teresa Widner
College Scouting Administrator.....	Kirk Parrish
Scouting Assistants	Mike Peterson, Chris Culmer

FOOTBALL SUPPORT STAFF

Director of Football Administration	Gary Reynolds
Head Athletic Trainer	Paul Federici
Associate Athletic Trainer	Sam Ramsden
Assistant Athletic Trainers	James Oglesby, Ken Smith
Director of Video.....	Thom Fermstad
Assistant Director of Video	Todd Walkenhorst
Video Assistant.....	Brad Campbell
Defensive Computer/Video Assistant.....	Zerick Rollins
Equipment Manager	Erik Kennedy
Assistant Equipment Manager	Brad Melland
Equipment Assistants	Jeff Bower, Mark McDaniel
Football Operations Coordinator/Team Travel.....	Bill Naves
Executive Assistant/Head Coach.....	Arleatta Williams
Administrative Assistants/Coaching.....	Jane Lin, Tom Headlee
Head Team Physician	Dr. Kevin Auld
Team Physicians	Dr. Stan Herring, Dr. Ed Khalfayan, Dr. Brad Shoup

PAUL G. ALLEN**Chairman,
Seattle Seahawks and First & Goal Inc.**

Paul G. Allen owns and invests in a suite of companies exploring the potential of digital communications and a wired world. Allen's business strategy includes encouraging communication and synergy between his 140 portfolio companies for mutual benefit. His primary companies include Vulcan Northwest Inc. of Seattle, and Charter Communications of St. Louis. Allen is owner of the Portland Trail Blazers NBA team and the Seattle Seahawks NFL franchise, a partner in the entertainment studio DreamWorks SKG, and holds investments in more than 140 new media companies. Allen co-founded Microsoft Corporation with Bill Gates in 1975 and served as the company's executive vice president of research and new product

development, the company's senior technology post, until 1983. Allen gives back to the community through the six Paul G. Allen Foundations, which support arts, medical, forest protection and other charitable needs in the Pacific Northwest. He is the founder of Experience Music Project, a music museum dedicated to creativity and innovation in Seattle, and independent film production company Clear Blue Sky Productions, also in Seattle.

JODY PATTON**Vice Chair, First & Goal Inc.**

Patton plays the lead role in the development, construction and operation of the Washington State Football/Soccer Stadium and Exhibition Center. For over 10 years Patton has supervised major construction projects as vice-chair and owner's representative for the Oregon Arena Corp., where she was instrumental in building Portland's Rose Garden and its surrounding complex, the Rose Quarter. Patton also serves as executive director of Experience Music Project in Seattle, where she oversees all programming and operational aspects of the interactive music museum, and is president of Clear Blue Sky Productions. Since co-founding Paul G. Allen's management company, Vulcan Northwest, with Allen in 1986, Patton has developed

and led a wide variety of Allen's business, charitable and entertainment endeavors. In addition to serving as a senior advisor to Allen, Patton is executive director of the six Paul G. Allen Foundations.

The Official Web Site of the Seattle Seahawks:

S e a h a w k s . c o m

BOB WHITSITT**President, Seattle Seahawks and First & Goal Inc.**

Bob Whitsitt is in his fifth season as President of the Seahawks. He is also President of First & Goal Inc., which manages the new stadium/exhibition center complex. In 1999, Whitsitt played a key role in the selection of Mike Holmgren as the franchise's sixth head coach. In addition to his duties with the Seahawks, he is President and General Manager of the Portland Trail Blazers of the National Basketball Association and President of Oregon Arena Corporation, which operates the Rose Garden, President of Rose City Radio and President of Action Sports Media. The Trail Blazers currently own the NBA's longest streak of consecutive playoff appearances at 19, and second longest in all of professional sports. Since he joined

the Blazers, in addition to extending the franchise's playoff streak, the club has advanced to the Western Conference finals twice in the past three seasons and posted a .603 winning percentage (327-215). In addition, the Trail Blazers are among the league leaders in attendance, having sold out the past 100 regular season games. Prior to joining the Blazers on July 12, 1994, he served eight seasons as the President and General Manager of the Seattle SuperSonics. Whitsitt joined the SuperSonics at age 30, making him the youngest President in the NBA, and took over a team that had won only 31 games in each of the previous two seasons and ranked last in the league in attendance. He turned the franchise into one which won 57.5 percent of their games (377-279) and made seven postseason appearances, including two trips to the Western Conference finals, over the next eight seasons. In his last season, the team won a franchise record and NBA high 63 games and sold out every regular season contest, earning him NBA Executive of the Year honors. Whitsitt entered the NBA with the Indiana Pacers in 1978 and was promoted to Director of Business Affairs and Promotions the following year before becoming Assistant General Manager in 1981. In August 1982, he joined the Kansas City Kings and in 1984, he was named Vice President, Assistant General Manager, as the franchise moved to Sacramento, California. Whitsitt serves on the board of directors of the Seattle Sports and Events Council as well as the board of the Portland Sports Authority. He graduated from the University of Wisconsin-Stevens Point with a degree in Communications and earned a Master's Degree in Sports Administration from Ohio State University.

SEATTLE SEAHAWKS QUICK FACTS

WWW.SEAHAWKS.COM

KIRKLAND HEADQUARTERS

11220 NE 53rd Street
Kirkland, Washington 98033
425/827-9777
PR Fax 425/893-5108

BOX OFFICE

P.O. Box 4769
Seattle, Washington 98104
206/682-2800

ENDZONE STORE

88 South King Street
Seattle, Washington 98104
206/682-2900
Fax 206/808-8314

SEASON TICKETS

310 Westlake Avenue North
Seattle, Washington 98109
1-888-NFL-HAWK
Fax 206/515-4780

MIKE REINFELDT

Senior Vice President



Mike Reinfeldt, in his third season with the Seahawks, was named Senior Vice President on January 28, 1999, and oversees player negotiations, the team's compliance with the NFL salary cap, and all aspects of the day-to-day, non-football operation. Has played a lead role in coordinating Mike Holmgren's attempt to build the Seahawks a solid financial foundation within the NFL's salary cap. Reinfeldt, 47, joined the Seahawks after spending eight seasons with the Green Bay Packers (1991-98). In addition to playing an instrumental role in bringing general manager Ron Wolf to the Packers in 1991, Reinfeldt served as the Packers' Chief Financial Officer from 1991-93, adding the title of Vice President of Administration from 1994-98. Originally overseeing the team's player negotiations and financial operations, he added the responsibility of all non-football staff in 1994. Under his financial leadership, the club's cash reserves went from \$4.5 million in 1991 to more

than \$50 million in 1998, setting record profits from 1996-98, while improving from 23rd in revenues in 1993 to ninth in 1997. From 1988-90, Reinfeldt served as the associate athletic director at the University of Southern California, after a three-year stint as the Los Angeles Raiders' chief financial officer (1985-87). Reinfeldt earned an MBA in management and finance from Houston Baptist University, after obtaining a bachelor of science degree from the University of Wisconsin-Milwaukee. A four-year starter at UWM, Reinfeldt recorded a school-record 24 career interceptions. Reinfeldt, a former all-pro defensive back began a nine-year playing career as an undrafted free agent in 1975 with the Oakland Raiders. He spent the next eight years with the Houston Oilers (1976-83) starting 102 consecutive games while leading the team in interceptions three times (1977, '79, '81). His finest season came in 1979, when he led the NFL with 12 interceptions and earned All-Pro honors, started in the Pro Bowl and was named Defensive Player of the Year in the AFC. In 1997, Reinfeldt was honored by his alma mater when he was presented with the UWM Alumni Association's Distinguished Alumnus Award. Reinfeldt and his wife, Susan, have two children-Jared Michael (1/29/94) and Elise Marie (3/9/95).

DUANE MCLEAN

Senior Vice President/Marketing Operations



Duane McLean enters his fourth season with the Seahawks after joining the staff in February of 1998. Promoted to his current position in 2000, McLean serves as project manager for the Seahawks on the 2002 New Stadium project. He oversees all operational aspects of the club's marketing, broadcasting, sponsorship sales, ticket sales and client services. He was instrumental in bringing Seahawks Radio in-house in 2000, and striking a new preseason television contract with KCPQ beginning this season. He has managed the implementation of the club's charter and club seat programs, as well as interactive technologies that will be used in the new stadium. Also included in McLean's function is the oversight of the Marketing Center at Palmer Court, suite program and the new stadium's signage and video board package. The prior two seasons McLean served as Vice President of Ticket Sales and Ticket Services where he has been responsible for overseeing the revamping and streamlining of the club's

ticket and suite sales operations, as well as the restructuring of the team's box office operation. In 1998 the club enjoyed the third largest attendance increase in the league. In 1999, the club had its largest season ticket base in 10 years and sold out all 10 games for the first time in as many years. Previously McLean spent one season with the Detroit Lions (1997) as Executive Director of Ticket Sales and Ticket Services. While with the Lions McLean oversaw the complete conversion and overhaul of the Lions ticket operation, resulting in Detroit's largest season ticket base in 17 years. Prior to his stint with the Lions, McLean spent two seasons (1994-96) with the Houston Rockets of the NBA, where the Rockets, under his direction had their largest season-ticket base in franchise history. McLean started his career in the front office of the NBA's Detroit Pistons (1984-93) and also spent a season as Vice President of Ticket Sales for the International Hockey League's Chicago Wolves where the Wolves set the IHL record for paid attendance and led the league in season ticket revenue. A native of Rochester Hills, Michigan, he and his wife, Susan, have three children, Jayme, Kayla, and Dayne.

MIKE FLOOD**Vice President/Community Outreach/Facilities**

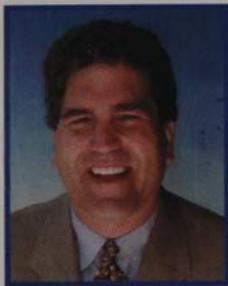
Mike Flood enters his fifth season with the Seahawks after joining the staff on July 1, 1997. Flood served as Community Outreach Director for Football Northwest prior to joining the Seahawks. He helped spearhead the state-wide campaign that resulted in the passage of Referendum 48 to build the new football/soccer stadium and exhibition complex. A Seattle native, Flood attended Blanchet High School for three years before graduating from McLean High School in McLean, Virginia. He received a B.A. Degree in Industrial Education from Washington State University and a Masters Degree in Education from the University of North Carolina. Flood owned and operated an agricultural flying service in Fort Scott, Kansas, before joining the Coast Guard. He served as a pilot and Civil Engineering Officer in the Guard flying C130s, Dassault Falcon jets, and H60 Jayhawk helicopters. He managed Public Relations for the Coast Guard in Kodiak, Alaska. From 1994-1996 he was the Air/Sea Rescue Operations Officer for coastal Oregon and Washington. Flood retired as a Commander in 1996 after 20 years in the service. He and his wife Marty, have a son Dan and a daughter, Shannon.

LANCE LOPES**General Counsel**

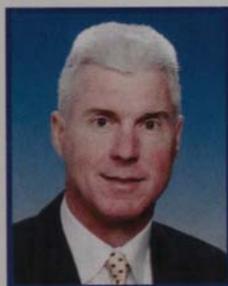
Lance Lopes begins his first season as general counsel for the Seahawks after being hired March 16, 2001. He joined the Seahawks after serving seven years as general counsel for the Green Bay Packers from 1993-2000, adding the title of Assistant Vice President from 1998-99 and Vice President from 1999-2000. While with the Packers, he assisted with the salary cap from 1993-98 before managing the cap in 1999. With Seattle, Lopes will assist in contractual negotiations and administer the overall legal affairs of the club and oversee the club's retail operation. After leaving Green Bay and before joining the Seahawks, he served as Director of Corporate Development/Sports for LiquidSeats, an internet-based secondary ticketing marketplace. An associate for the law firm of Helsell, Fetterman, et. al in Seattle from 1991-93, he previously worked in the same capacity for the law firm of Cades, Schutte, et. al. in Honolulu. A graduate from the University of Oregon School of Law in 1989, he obtained a bachelor's degree from Linfield College in 1985. A three-year starter at Linfield (Oregon), he played tight end on the 1982 and 1984 NAIA national championship football teams.

SCOTT PATRICK**Vice President/Corporate Sales**

Scott Patrick enters his fifth season with the Seahawks and has made key contributions in building an expanded corporate sales department that is responsible for the sales and marketing of radio, television, new stadium/exhibition center signage, print, Seahawks.com, cause marketing and special events. Patrick will be focusing on maintaining, developing and managing long term corporate partnerships as the Seahawks prepare for the grand opening of the new stadium and exhibition center in 2002. Patrick joined the Seahawks after 11 seasons with the Seattle SuperSonics, including the last five as the Sonics Vice President of Corporate Sponsorship and Broadcast. With the Sonics, Patrick was responsible for all sponsorship revenues generated through Sonics television, cable, network radio, Key Arena signage, cause marketing, publications, internet advertising, and promotions. Prior to joining the Sonics, he served as the tournament coordinator for the LPGA SAFECO Classic in Seattle. He was active in the GTE Northwest Classic, a Senior PGA Tour event, while an account manager with Andersen Sports Marketing in Bellevue, Washington. While at Andersen, he assisted with the marketing and regionalizing of the University of Oregon's sports radio network, as well as developing syndicated coaches shows for the University of Washington, Washington State University, and the Seahawks. Patrick also serves as Vice President/Corporate Sales of Action Sports Media, a Paul Allen owned affiliate of Football Northwest that is in the fourth year of a major sports marketing contract with the University of Washington. A native of Ellensburg, Washington, Patrick has a B.S. Degree in Communications from the University of Washington. He and his wife, Ronda, live in Bellevue with their two children, Brooks and Bailee.

MIKE SHEEHAN**Vice President/Marketing**

Sheehan enters his first season as Vice President of Marketing for the Seahawks. Previously, he was in charge of advertising sales for the Mariners and Seahawks play-by-play broadcasts as Sports Marketing Manager for KIRO-710 Radio, the Seahawks flagship affiliate, from 1997-2001. Before his NFL ties with KIRO Radio, Sheehan spent nine seasons in the NBA. From 1989-93, he served as Director of Corporate Sales for the Denver Nuggets. Following Denver, he held the position of Director of Marketing of the Dallas Mavericks from 1993-97, where he was responsible for corporate sales, marketing and advertising. A 1982 graduate from the University of Southern California, he lives on Bainbridge Island with his wife, Shannon, and two children, Ryan and Lauren.

TED THOMPSON**Vice President/Football Operations**

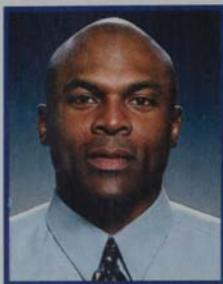
Ted Thompson joined the Seahawks in his current position on January 28, 2000. He enters his tenth year in an NFL front office capacity. Previously he played 10 years with the Houston Oilers, before joining the Green Bay Packers in 1992. In his current position, Thompson is responsible for overseeing all aspects of the team's football operations department, including college and pro scouting, and the college draft. Under his coordination the club has drafted 21 players, and all 21 will report to camp in July. After just one year with the Packers, Thompson was named Director of Pro Personnel in 1993. He remained in that position until 1997, when he was named the Packers' Director of Player Personnel. A linebacker for the Oilers from 1975-84, Thompson played in 146 games, missing just one contest in his entire career. Born in Atlanta, Thompson was a three-year starter at Southern Methodist University where he earned a bachelor's degree in business administration. He earned Academic All-Southwest Conference honors.

GARY WRIGHT**Vice President/Communications**

Gary Wright enters into his 26th season and his 14th as a vice president. Named to his current position in June 1995, after serving as Vice President/Administration and Public Relations since 1992. Wright, who originally joined the Seahawks in 1976, as director of publicity, was named public relations director in 1982 and added the title of vice president in 1987. Wright was chosen by Hall of Famer Steve Largent to be his presenter at Largent's July 1995 induction ceremonies. Wright has headed up the league's media relations staff at the last 14 Super Bowls. He spent two seasons prior to joining the Seahawks as the publicity director for the Southern California Sun of the World Football League and as league publicity director. Also served as vice president of operations for the Phoenix Racquets of World Team Tennis. Wright was the sports information director at Long Beach State University and coached football and basketball while teaching history and journalism in high school after graduating from Long Beach State. Gary and his wife, Ann, have two grown sons, Larry and Steve.

WILL LEWIS

Director of Pro Personnel



Will Lewis joined the Seahawks football operations staff as the team's Director of Pro Personnel on May 20, 1999, following three years with the Green Bay Packers (1997-99) scouting department. With the Packers, he worked closely with

Executive Vice President of Football Operations/General Manager & Head Coach Mike Holmgren. From 1998-99, Lewis served as the Packers' Assistant Director of Pro Personnel, following one year as a pro scout. Prior to his work with the Packers, Lewis was a Defensive Assistant Coach for the Atlanta Falcons, under June Jones, from 1995-96. Lewis, signed by the Seahawks as an undrafted free agent cornerback in 1980, out of Millersville State (Pa.), played in 26 games returning 45 kickoffs for a 21.4-yard average and 56 punts for an 8.0-yard average, including a 75-yard touchdown, as a rookie versus the Denver Broncos. Following his Seahawks career, Lewis played three seasons with the Houston Gamblers of the USFL from 1983-85, and three seasons (1986-89) in the Canadian Football League. Lewis began his coaching career in the NFL Europe League with the New York/New Jersey Knights from 1991-92. He also coached defensive backs at his alma mater, Millersville State, from 1992-93, before brief stints at the University of Maine (1994) and the University of West Virginia (1995). Lewis and his wife, Kimberly, have three sons; Ryan (5/15/94), and twins Drew & Troy (9/7/95).

SCOT McCLOUGHAN

Director of College Scouting



Scot McCloughan joined the Seahawks staff as Director of College Scouting on May 10, 2000. Prior to accepting his position in Seattle, McCloughan worked five years in the scouting department of the Green Bay Packers. He played baseball at Wichita State before joining

the Toronto Blue Jays minor league system for three years. His older brother, Dave, played safety

for the Seahawks from 1993-94, and his father, Kent, played six years for the Oakland Raiders, and has been a member of their scouting staff the last 29 years. Scot and his wife, Kelli, have a one-year old son, Caden.

BUCKY BROOKS

Area Scout (West)

Bucky Brooks joined the Seahawks scouting staff on May 15, 2000. Originally a second-round draft choice of the Buffalo Bills in 1994 as a wide receiver, Brooks converted to a cornerback and played one season for the Bills before spending parts of the next four seasons with the Jaguars, Chiefs and Raiders. He went to training camp with Oakland in 1999. A North Carolina graduate with a degree in speech communications, Brooks earned four letters in football and one in track for the Tar Heels. He is a native of Raleigh, North Carolina, where he attended Millbrook High School. Has a wife, Erika.



SCOTT FITTERER

Area Scout (Midlands)

Scott Fitterer joined the Seahawks staff on June 25, 2001, as an area scout. Spent the previous three seasons with the New York Giants, 1998-99 as a part-time scout before being assigned to the West Coast region for the 2000 season. Was a 1995 draft pick of the Toronto Blue Jays



and worked his way up to Double-A ball as a closer for the Blue Jays farm system (1995-97) before his promising career was ended by three shoulder injuries that resulted in three separate surgeries. Was a two-sport athlete in college, playing quarterback in football and pitcher in baseball at UCLA (1992-94) and LSU (1994-95). He was second-string quarterback on the 1994 UCLA Rose Bowl team. In 1998, Fitterer returned to UCLA to earn his undergraduate degree in history. Born in Seattle on 11/4/73, he is a graduate of Kennedy High School in Seattle.

DERRICK JENSEN

Area Scout (Southeast)



Derrick Jensen begins his 11th year with the Seahawks scouting staff having been hired in 1991 after a seven-year NFL playing career as a fullback. Jensen was a third-round draft choice of the Oakland Raiders in 1979 and played in 106 games, starting 21, in his career,

including a streak of 105 straight. Served as the captain of the Raiders special teams for five seasons and contributed a blocked punt, which he recovered for the first touchdown, in the Raiders 38-9 win over the Washington Redskins in Super Bowl XVIII. Also part of the Raiders Super Bowl XV championship team. Finished his Raiders career with 780 yards on 224 carries, with five touchdowns. Added 44 receptions and three scores and returned an onside kick 33 yards for a touchdown against the Giants in 1980. Two-time Southland Conference MVP while at Texas-Arlington. Finished his career with 3,346 rushing yards, the first player in conference history to top 3,000 yards. Attended Oswatomie High School in Oswatomie, Kansas. Derrick and his wife, Amanda, have a son, Davis.

MATT MALASPINA

Area Scout (Northeast)



Matt Malaspina joined the Seahawks staff on June 1, 2000. Malaspina landed in the Northwest after having spent 1999 with the Carolina Panthers in a similar capacity. Prior to the Panthers, he spent one year with National Football Scouting. Prior to

joining National, he was an assistant offensive coach at Jacksonville University in Florida in 1997 and '98. Matt entered college coaching at the University of Central Florida where he worked as a coaching intern in 1997. A 1993 graduate of Central Florida, he had a brief playing career as a center for the Shreveport Pirates of the Canadian Football League, playing in 1994 and attending training camp in 1995 before owning and operating his own business in Orlando. Lives in Oviedo, Fla.

MIKE MURPHY

Area Scout (Midwest)

Mike Murphy joined the Seahawks scouting staff on May 15, 2000. A native of Vancouver, British Columbia, Murphy spent four years as a pro personnel assistant with the Kansas City Chiefs, before joining the Seahawks. A veteran coach, Murphy began his career as an assistant at Iowa State (1990-91) before joining the staffs at Arizona Western (1992) and Bethel College (1993-94). He entered the professional ranks as the linebackers coach of the Ottawa Rough Riders from 1995-96.



JOHN PETERSON

Area Scout (Southwest)

John Peterson begins his fifth season having joined the staff in July 1997. Brings 28 years of college and professional experience to the Seahawks. Has worked in both the Canadian Football League and World League with the Ottawa Rough



Riders (1989-91) and Toronto Argonauts (1994-96) as Director of Player Personnel of the CFL and with the San Antonio Riders of the World League as Vice President/ General Manager from 1991-92. Served as the head coach at Bemidji State University from 1983-89, and was also athletic director from 1982-84. Head coach at Frostburg State University from 1977-81 and served as an assistant coach at Northern Illinois, Westminster College, and Holy Cross College. Attended Pioneer High School in Ann Arbor, Michigan, and attended Northern Michigan University and Eastern Michigan University where he played defensive end and tackle. Earned his B.S. degree from Eastern Michigan, an M.A. from Michigan State, and a Ph.D. from the University of Utah. Taught at Northern Illinois University, the University of Utah, Frostburg State, and Bemidji State. He and his wife, Wendy, have six children--four girls, Nissa-Lynn (7/24/77), Elyse (5/14/79), Hayley (10/31/89) and Brianne (6/22/93), and two boys, Preston (4/24/82) and Blair (11/8/86).

PAUL FEDERICI

Head Athletic Trainer



Head Athletic Trainer Paul Federici begins his third year with the Seattle Seahawks and second in the NFL after spending the previous five years as Vanderbilt's head athletic trainer. Hired by Executive Vice President of Football Operations/General

Manager and Head Coach Mike Holmgren on January 27, 1999, his primary focus is the team's injury prevention and rehabilitation. Federici broke into the collegiate ranks with Vanderbilt under current Pittsburgh Steelers head athletic trainer John Norwig and assistant Tim Bream, currently head athletic trainer for the Chicago Bears, as a graduate assistant in 1986. Promoted to assistant athletic trainer at Vanderbilt in 1987, Federici worked with football, baseball and men's basketball. Named head athletic trainer for the Commodores in 1994, and was recognized as the College Athletic Trainer of the Year by the Tennessee Athletic Trainers Society. Certified by the National Athletic Trainers Association, Federici served as a test site administrator and host trainer for the organization's certification exams. A 1985 health education and athletic training graduate from Penn State, Federici earned his master's degree in health promotions at Vanderbilt in 1991. He and his wife, Teddie, have one child-Noah (7/31/97).

SAM RAMSDEN

Associate Athletic Trainer



Sam Ramsden joined the Seahawks as Associate Athletic Trainer on February 9, 1999, having served the previous six years with the Green Bay Packers. While with the Packers, his duties focused on dispensing the teams' medications

and rehabilitation, including an instrumental role in Pro Bowler Dorsey Levens return in 1998, after undergoing reconstructive knee surgery. Ramsden, 29, served as a student athletic trainer for several intercollegiate sports teams at the University of Wisconsin-La Crosse before

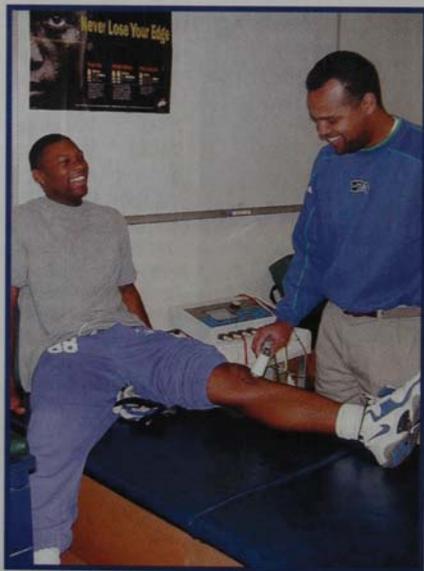
joining the Packers staff. He received his bachelor's degree in physical education/athletic training from the La Crosse school in 1992. In his spare time, the La Crescent, Minn., native enjoys golf, weight training and the outdoors. Lives in Kirkland.

GARY REYNOLDS

Dir. of Football Administration

Gary Reynolds joined the Seahawks on February 8, 1999.

Working closely with Mike Holmgren, Reynolds assists in all aspects of football operations. Prior to accepting his current position, Reynolds spent six years with the Green Bay Packers, where he served as offensive assistant/quality control from 1996-98, and administrative assistant/football operations from 1993-95. Before entering the NFL, he was recruiting coordinator at the University of Tennessee in 1992. He also was a graduate assistant/assistant recruiting coordinator at Texas A&M in 1991. Reynolds holds a B.S. degree in engineering and an M.A. degree in education, from Texas A&M. He and his wife, Beth, live in Bothell.



Assistant trainer James Oglesby provides care for WR James Williams during the offseason.



Amber Adcock
Accounting Administrator



Mace Aluia
Corporate Sales Manager



Chuck Arnold
Director of Ticket
Sales/Operations



Kevin Auld
Head Team Physician



Amy Austinson
Admin. Asst./Broadcasting



Julie Barber
Admin. Asst./PR



John Behrens
Facilities Manager



Blitz
Team Mascot



Bill Boehlke
Webmaster



Jeff Bower
Equipment Assistant



Brock Brady
Ticket Sales Representative



Will Brantley
Ticket Sales Representative



Stacey Broderson
Ticket Ops. Coordinator



Brad Campbell
Video Assistant



Sarita Carter
Human Resources Coor.



Rick Crawford
Broadcasting/Gameday
Operations Manager



Chris Culmer
Scouting Assistant



Brian Davis
Broadcast Announcer



Nicole Davis
Travel Agent



Kristine Davison
Ticket Ops. Coordinator



Lake Dawson
Pro Personnel Assistant



Jeanne Denkmann
Admin. Asslt./Community
Outreach



Duc Dinh
Fields/Maintenance Coor.



Giles Dowden
Corporate Sales Manager



Thom Fernstad
Director of Video



Emily Forster
Database Marketing Mgr.



Lane Gammel
Assistant Director of
Public Relations/Publications



Nesby Glasgow
Director of Player
Programs/Alumni



Tina Godfrey
Accounting Administrator



Rich Gonzales
Public Relations Assistant



Scott Gray
Ticket Sales Rep.



Sandy Gregory
Dir. of Comm. Outreach



Brent Hanson
Fields/Projects Coor.



Evan Harding
Corporate Sales Manager



Sue Harris
Retail Operations
Co-Manager



Karen Harrison
Controller



Sue Havens
Retail Operations
Co-Manger



Tom Headlee
Admin. Asslt./Coaching



Dr. Stan Herring
Team Physician



Kristina Howell
Sponsorship Bus. Manager



John Jamison
Pro Personnel Assistant



Ron Jenkins
Dir. of Suite Sales &
Services



Paul Johns
Assistant Director of
Community Outreach



Michael Johnson
Director of Info. Systems



Patience Jones
Senior Acct. Coordinator



Cindy Kelley
Dir. of Human Resources



Erik Kennedy
Equipment Manager



Dr. Ed. Khalafayn
Team Physician



Charlotte Kores
Executive Assistant



Chris Lawrence
Ticket Sales Representative



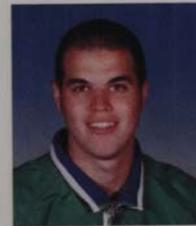
Jane Lin
Admin. Asst./Coaching



Kim Lindbeck
Executive Assistant
President/Sr. Vice President



Gina Martinez
Sponsorship Client Service
Manager



Mark McDaniel
Equipment Assistant



Richard McDonald
Ticket Sales Representative



Mac McNabb
Executive Chef



Brad Melland
Asst. Equipment Manager



Sterling Monroe
Information Systems Mgr.



Melissa Montgomery
Ticket Sales Assistant



Mike Naehr
Ticket Sales Representative



Bill Naves
Admin. Asst. Football Ops/
Travel



Rick Ninomiya
Director of Security



Brian O'Connell
Broadcast Coordinator



James Oglesby
Asst. Athletic Trainer



Allen Olson
Info. Systems Administrator



Kirk Parrish
College Scouting Admin.



Dave Pearson
Director of Public Relations



Lauri Perry
Admin. Asst./Community
Outreach



Mike Peterson
Scouting Assistant



Todd Pratt
Strength & Cond. Asst.



Todd Prieb
Ticket Sales Representative



Doug Ramsey
Director of Business
Development



Shellie Roberts
Marketing Assistant



John Roche
Ticket Sales Representative



Zerick Rollins
Defensive Computer/ Video
Assistant



Bethany Roth
Receptionist/Accounting
Clerk



William Sagulla
Accounting Supervisor



Tirza Sanchez
Account Coordinator



Rachel Santoy
Executive Asst./ Suite Sales
Coordinator



John Shankar
Accountant



Casey Shaw
Ticket Sales Representative



Dr. Brad Shoup
Team Physician



Patti Sipes
Executive Asst./Marketing



Ken Smith
Asst. Athletic Trainer



Darin Solinsky
Ticket Ops. Coordinator



Steve Steensma
Info. Systems Administrator



Dave Stogdill
Community Outreach



Eric Stokes
Pro Personnel Assistant



Jason Sutherland
Ticket Sales Representative



Natalie Thomas
Receptionist



Sherri Thompson
Dir. of Sea Gals/
Entertainment



Robert Ullman
Database Administrator



Mike Wacker
Director of Broadcasting



Todd Walkenhorst
Asst. Dir. of Video



Jay Warnick
Fields Director



John Webb
Ticket Sales Manager



Willie Whitmore
Ticket Sales Representative



Teresa Widner
Admin. Asst./Pro Personnel



Arleatta Williams
Executive Assistant



Kevin Williams
Dir. of Sponsor Sales



Erin Wilshusen
Box Office Manager



James Yoshida
Security Assistant



Stacy Broderson (left) and Kristine Davison (right) took a day in the off-season to help with a Habitat for Humanity project.



MIKE HOLMGREN

**EXECUTIVE VICE PRESIDENT OF
FOOTBALL OPERATIONS/GENERAL
MANAGER & HEAD COACH**



**SEAHAWKS
EXPERIENCE:
3RD YEAR
TOTAL NFL
EXPERIENCE:
16TH YEAR
NFL HEAD
COACHING:
10TH YEAR**

Named to his current position as the Seahawks Executive Vice President of Football Operations/General Manager & Head Coach on January 8, 1999. In addition to his coaching duties, Holmgren oversees all facets of the team's football operations including scouting, personnel, salary cap, player negotiations, as well as regular coaching responsibilities.

In his first season with the Seahawks, Holmgren helped guide the team into their first postseason since 1988, breaking a 10-year playoff drought. The 9-7 regular season record by the 1999 Seahawks was the best mark since posting a similar record in 1990.

By leading the Seahawks into the postseason, he became just the second coach in team history to take the Seahawks to the playoffs, and just the third coach in NFL history to guide a team to at least seven straight postseasons, joining Tom Landry (nine years, and eight years) and Chuck Noll (eight years).

The 2000 campaign saw Holmgren continue to mold the Seahawks into his vision, revamping the roster and adding players that will be the backbone of the Seahawks for seasons to come. He suffered his first losing season as a head coach, posting a 6-10 record with his young roster (AFC-high 17 rookie or first-year players) while shaping the team financially for years to come.

It is that financial foundation, that allowed the club to add defensive tackles John Randle and Chad Eaton, linebacker Levon Kirkland and safety Marcus Robertson this offseason. Those acquisitions provide the club with a strong leadership base while complementing a highly regarded draft which included two first-round choices (WR Koren Robinson and G Steve Hutchinson) for the second consecutive year.

Holmgren took control of the Seahawks following one of the most successful coaching stints

in league history as the head coach of the Green Bay Packers from 1992-98 that included a 75-37 (.670) regular season record, a 9-5 (.643) post-season mark, and two Super Bowl appearances, including a 35-21 victory over the New England Patriots in Super Bowl XXXI played in New Orleans. By winning at least one game in five consecutive post-seasons (1993-97) Holmgren joined John Madden (1973-77) as the only coaches in league history to accomplish the feat.

From 1995-98, Holmgren's Packers posted an NFL-best 48-16 (.762) record, finished first in the NFC Central Division three times, second once and posted a 7-3 mark in the playoffs.

By taking the Packers to six consecutive postseasons (1993-98), Holmgren established a franchise record, with a team that had recorded just two winning seasons in the 19 years before he was hired.

In 15 NFL seasons (1999-2000 head coach Seattle, 1992-98 head coach Green Bay, 1986-91 assistant coach San Francisco) Holmgren's teams have posted a 161-77-1 (.676) record, hit double digits in the win column ten times, made the postseason 13 times, won three Super Bowls (XXXI, XXIV, XXIII) and reached another (Super Bowl XXXII).

Holmgren's 1996 team that won the Super Bowl, led the NFL in scoring with a team-record 456 points and also led the league in defensive scoring, a feat that had not been accomplished since 1972.

Before becoming the Packers head coach, Holmgren served as an assistant coach of the San Francisco 49ers from 1986-91. He coached the quarterbacks from 1986-88, under Head Coach Bill Walsh and was the team's offensive coordinator from 1989-91, under George Seifert. During his tenure in San Francisco, the 49ers posted a 71-23-1 (.753) regular season record to reach the post-season each year, and won Super



Bowl XXIII over Cincinnati and Super Bowl XXIV over Denver. As offensive coordinator in 1989, the 49ers boasted the NFL's top-ranked offense.

Prior to joining the 49ers staff, Holmgren coached the quarterbacks at Brigham Young University from 1982-85, including a national championship in 1984. He also served as the offensive coordinator/quarterbacks coach at San Francisco State in 1981.

As a quarterback at San Francisco's Lincoln High School, Holmgren was named 1965's "Prep Athlete of the Year," before continuing his playing career at the University of Southern California from 1966-69. He was drafted by the St. Louis Cardinals in the eighth round of the 1970 draft and went to camp with both the

Cardinals and the Jets that year.

Holmgren's coaching career began in 1971 at his alma mater Lincoln High, where he also taught history. One year later, he moved to San Francisco's Sacred Heart High as a teacher and assistant coach. He also coached at Oak Grove High from 1975-80.

He received a Bachelor of Science Degree from USC in 1970.

Holmgren served as co-chair of the NFL's influential Competition Committee along with Buccaneers General Manager Rich McKay, having taken over for Don Shula, from 1996-98.

Mike and his wife, Kathy, have four daughters—twins Calla and Jenny (9/27/73), Emily (1/21/77), Gretchen (7/14/81) and one granddaughter.

HOLMGREN'S HEAD COACHING RECORD

YEAR	TEAM	W	L	T	PCT.	FINISH
1992	Green Bay	9	7	0	.563	2nd, NFC Central
1993	Green Bay	9	7	0	.563	3rd, NFC Central <i>Wild Card victory over Detroit, 28-24</i> <i>Divisional Playoff loss to Dallas, 27-17</i>
1994	Green Bay	9	7	0	.563	2nd, NFC Central <i>Wild Card victory over Detroit, 16-12</i> <i>Divisional Playoff loss to Dallas, 35-9</i>
1995	Green Bay	11	5	0	.688	1st, NFC Central <i>Wild Card victory over Atlanta, 37-20</i> <i>Divisional playoff victory over San Francisco, 27-17</i> <i>NFC Championship loss to Dallas, 38-27</i>
1996	Green Bay	13	3	0	.813	1st, NFC Central <i>Divisional playoff victory over San Francisco, 35-14</i> <i>NFC Championship victory over Carolina, 30-13</i> <i>Super Bowl XXXI victory over New England, 35-21</i>
1997	Green Bay	13	3	0	.813	1st, NFC Central <i>Divisional playoff victory over Tampa Bay, 21-7</i> <i>NFC Championship victory over San Francisco, 23-10</i> <i>Super Bowl XXXII loss to Denver, 31-24</i>
1998	Green Bay	11	5	0	.688	2nd, NFC Central <i>Wild Card loss to San Francisco, 30-27</i>
1999	Seattle	9	7	0	.564	1st, AFC West <i>Wild Card loss to Miami, 20-17</i>
2000	Seattle	6	10	0	.375	4th, AFC West
REGULAR SEASON (NINE YEARS)		90	54	0	.625	
POSTSEASON (SEVEN YEARS)		9	6	0	.600	
COMBINED RECORD		99	60	0	.623	

HOLMGREN'S COACHING CAREER

1971	Lincoln High School (San Francisco, Ca.): <i>Assistant Coach</i>
1972-74	Sacred Heart High School (San Francisco, Ca.): <i>Assistant Coach</i>
1975-80	Oak Grove High School (San Jose, Ca.): <i>Assistant Coach</i>
1981	San Francisco State University: <i>Offensive Coordinator/Quarterbacks Coach</i>
1982-85	Brigham Young University: <i>Quarterbacks Coach</i>
1986-88	San Francisco 49ers: <i>Quarterbacks Coach</i>
1989-91	San Francisco 49ers: <i>Offensive Coordinator</i>
1992-98	Green Bay Packers: <i>Head Coach</i>
1999-	Seattle Seahawks: <i>Executive V.P. of Football Operations/General Manager & Head Coach</i>

ASSISTANT COACHES

GIL HASKELL

OFFENSIVE COORDINATOR



SEAHAWKS
EXPERIENCE:
2ND YEAR
NFL
EXPERIENCE:
19TH YEAR

Named to his current position on January 20, 2000, Haskell joins his long-time friend and peer Mike Holmgren. As the team's offensive coordinator, Haskell works closely with Holmgren in implementing an innovative and precise offensive scheme. His sole responsibility is guiding the offense.

Haskell joined the Seahawks after serving in the same capacity for the Carolina Panthers (1998-99) where his offense finished sixth in the NFL in 1999, with 355.4 yards per game in total offense, including the second ranked passing attack in the NFL with 260.1 passing yards per game. He orchestrated an offense in 1999 that set team records in total yards (5,686), points (421) and passing yards (4,161), and also sent three players (QB Steve Beuerlein, WR Mushin Muhammad and TE Wesley Walls) to the Pro Bowl.

In his first year as offensive coordinator for Seattle, Haskell oversaw the AFC's top-ranked (2nd NFL) red zone offense, scoring 60.9% of the time. His offense gained 292.5 yards per game, threw for 185.0 yards and rushed for 107.5 yards, ranking 11th in each category in the AFC.

The 19-year NFL coaching veteran rejoins Holmgren after serving six seasons (1992-97), three as wide receivers coach (1995-97) and three as running backs coach (1992-94), for the Green Bay Packers.

While receivers coach under Holmgren, Haskell coached the Packers record-setting Pro Bowl receiving duo Antonio Freeman and Robert Brooks.

Before his tenure with the Packers, Haskell entered the NFL in 1983 and served nine seasons for the Los Angeles Rams (1983-91), the first four as special teams coach, four seasons as running backs coach, and one as tight

ends/special teams coach.

Prior to a distinguished NFL career, his late uncle, Dr. William O'Grady, was part owner of the San Francisco 49ers, and before leaving for USC in 1978, Haskell worked for the 49ers for 22 years.

Haskell spent five seasons as wide receivers and special teams coach for the University of Southern California (1978-82) and nine years at San Francisco's St. Ignatius High School (1969-77), serving as head coach the final five seasons.

Haskell and his wife, Nancy, have four grown daughters, Paula, Patty, Jenny and Julie. The couple lives in Kirkland.

HASKELL'S COACHING CAREER

- 1978-82 University of Southern California
Special Teams & Wide Receivers
- 1983-86 Los Angeles Rams
Special Teams
- 1987-90 Los Angeles Rams
Running Backs
- 1991 Los Angeles Rams
Tight Ends/Special Teams
- 1992-94 Green Bay Packers
Running Backs
- 1995-97 Green Bay Packers
Wide Receivers
- 1998-99 Carolina Panthers
Offensive Coordinator
- 2000- Seattle Seahawks
Offensive Coordinator

STEVE SIDWELL

DEFENSIVE COORDINATOR



SEAHAWKS
EXPERIENCE:
2ND YEAR
NFL
EXPERIENCE:
20TH YEAR

Named to his current position on January 12, 2000, Steve Sidwell takes over a defensive unit led by Pro Bowlers LB Chad Brown, DT John Randle and CB Shawn Springs. Considered one of the NFL's great defensive minds,

Sidwell has worked with the 3-4, 4-3 and 46 alignments during his professional coaching career.

Sidwell, who will enter his 16th season as a defensive coordinator in the NFL, joined the Seahawks staff after serving in the same capacity for the New England Patriots from 1997-99.

Sidwell's 2000 defense picked up its intensity improving to a +5 takeaway/giveaway ratio over the last seven games after beginning the season -14 in that category. The defense tied a club record allowing just five pass completions in its win vs. Oakland and his scheme allowed LB Anthony Simmons to rank third in club history with 147 tackles.

He guided the 1999 Patriots defensive unit, which allowed 188.3 yards passing per game, to an overall ranking of eighth in the NFL.

Before his tenure with the Patriots, Sidwell joined Holmgren's Green Bay staff in 1995, as linebackers coach, but left before the start of the season to become the defensive coordinator for the Houston Oilers, where he coached from 1995-96.

Sidwell also served as defensive coordinator for the New Orleans Saints from 1986-94.

While in New Orleans, he led a unit that ranked first in the NFL in points allowed twice (1991-92), first in rushing defense (1989) and first in passing defense, twice (1992-93). His Oilers unit ranked fifth in overall defense in 1995, and second in rushing defense in 1996, allowing just 86.6 yards per game.

His other NFL experience was as the defensive line coach of the Indianapolis Colts in 1985, and as linebackers coach of the Patriots from 1982-84.

Prior to entering the NFL, he served as defensive coordinator at Southern Methodist University from 1976-81 and at Nevada-Las Vegas from 1974-75. He also coached the linebackers at his alma mater, Colorado, from 1966-73.

Sidwell was a two-way starter for the Buffaloes from 1962-65, where he earned all-conference honors as a linebacker. He also earned academic All-American recognition.

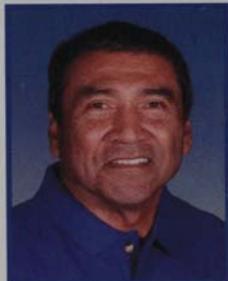
Sidwell and his wife, Katy, have two grown sons, Brad and Scott. The couple lives in Kirkland.

SIDWELL'S COACHING CAREER

- 1966-73 University of Colorado
Linebackers
- 1974-75 Nevada-Las Vegas
Defensive Coordinator
- 1976-81 Southern Methodist University
Defensive Coordinator
- 1982-84 New England Patriots
Linebackers

- 1985 Indianapolis Colts
Defensive Line
- 1986-94 New Orleans Saints
Defensive Coordinator
- 1995-96 Houston Oilers
Defensive Coordinator
- 1997-99 New England Patriots
Defensive Coordinator
- 2000- Seattle Seahawks
Defensive Coordinator

PETE RODRIGUEZ SPECIAL TEAMS COORDINATOR



SEAHAWKS
EXPERIENCE:
4TH YEAR
NFL
EXPERIENCE:
14TH YEAR

Begins his 14th season as an assistant in the National Football League and fourth with the Seahawks. Named to the Seahawks coaching staff on February 9, 1998, as the team's Assistant Head Coach/Special Teams, and was retained by Mike Holmgren during the '99 offseason in the position of Special Teams Coordinator. Widely regarded as one of the top special teams coaches in the NFL, evidenced by being named Special Teams Coach of the year in 1992 and 1999 and Special Teams Coach of the Decade in the '90s by the *Dallas Morning News*.

Oversaw a group in 2000 that ranked fifth overall in special teams, placing second in the AFC (3rd NFL) in average drive start (31.6 yd. line) according to the *Dallas Morning News*. The team also finished fourth in the NFL in kickoff return (24.2 avg.) and kickoff coverage (19.3 avg.). His 1999 squad ranked first in special teams, following a fifth-place finish in 1998, according to the *Dallas Morning News*.

Entered the NFL as the Los Angeles Raiders special teams coach (1988-89). Served in a similar capacity with the Phoenix Cardinals (1990-93) before joining the Washington Redskins staff (1994-97). Prior to entering the NFL he worked with the USFL's Michigan Panthers as a defensive line coach from 1983-84. Also coached with the USFL's Denver Gold (1985) and Jacksonville Bulls (1986), while spending one year in the CFL with the Ottawa Rough Riders (1987). Has tutored five Pro Bowl punters, including Washington's Matt

Turk, who led the NFL in net punting in 1997.

Broke into coaching as a graduate assistant at Arizona (1968-69) and later served as defensive coordinator at Western Illinois (1970-73), Florida State (1974-75) and Iowa State (1976-78) before a four-year stint as head coach at Western Illinois from 1979-82. Also made a stop as defensive coordinator at Northern Iowa in 1986.

Played guard and linebacker at Western State College in Colorado. Earned his bachelor's degree from WSC.

A Chicago native, and diehard Cubs fan, he has two daughters, Regina, the Chief of Civil Division in the U.S. Attorney's office in Colorado, and Marla, the Sports Media Relations Director at Denver University. Pete and his wife, Sherry, live in Kirkland.

RODRIGUEZ' COACHING CAREER

1968-69	University of Arizona <i>Graduate Assistant</i>
1970-73	Western Illinois <i>Defensive Coordinator</i>
1974-75	Florida State <i>Defensive Coordinator</i>
1976-78	Iowa State <i>Defensive Coordinator</i>
1979-82	Western Illinois <i>Head Coach</i>
1983-84	Michigan Panthers (USFL) <i>Defensive Line</i>
1985	Denver Gold (USFL) <i>Defensive Line</i>
1986	Jacksonville Bulls (USFL) <i>Defensive Line</i>
1987	Ottawa Rough Riders (CFL) <i>Defensive Line</i>
1988-89	Los Angeles Raiders <i>Special Teams</i>
1990-93	Phoenix Cardinals <i>Special Teams</i>
1994-97	Washington Redskins <i>Special Teams</i>
1998	Seattle Seahawks <i>Assistant Head Coach/Special Teams</i>
1999-	Seattle Seahawks <i>Special Teams Coordinator</i>

LARRY BROOKS

DEFENSIVE LINE



SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
16TH YEAR

Named to his current position January 14, 1999, Brooks embarks on his 26th year of professional football.

Brooks joined Mike Holmgren's Seattle staff after serving under him in 1994 as the Green Bay Packers' defensive line coach.

Brooks led a 1998 Packers defensive unit that held its' opponents to 281.7 yards a game, which ranked fourth in the NFL, including a rushing defense that allowed just 90.1 rushing yards a game.

Having tutored all-time sack leader Reggie White (192.5) with the Packers, Brooks has the opportunity to work with newcomers Chad Eaton and Pro Bowler John Randle, along with Michael Sinclair and Seattle's 1999 first-round draft choice Lamar King.

His line played a major role in Green Bay's Super Bowl XXXI success when the defense allowed a league low 259.8 yards per game and a meager 3.5-yard per rush average.

Starting out with the Los Angeles Rams in 1983 as the assistant defensive line coach, Brooks spent eight years in Anaheim.

Out of football in 1991, he returned to his alma mater in 1992 where he served as Virginia States' assistant athletic director and assistant football coach. He was named athletic director in 1993 before joining Holmgren's Packer staff in 1994.

A perennial Pro Bowl performer as a defensive tackle during an 11-year career with the Los Angeles Rams, Brooks was selected to five consecutive Pro Bowls (1976-80), including being named All-Pro from 1977-79 while on his way to starting in the team's only Super Bowl appearance in 1980.

Born June 10, 1950, in Prince George, Virginia, he attended Virginia State where he was named to the Associated Press Little All-America team. He also earned all-conference honors and was recognized as 'Virginia Smart College Lineman of the Year' in 1971. Inducted

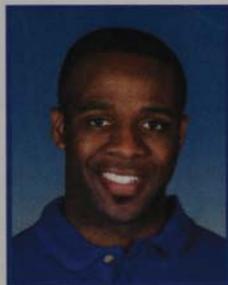
into the Virginia Hall of Fame in the Spring of 2000.

Larry and his wife, Colleen, have a son, Larry Jr. (10/26/69). They live in Kirkland, Wash.

BROOKS' COACHING CAREER

- 1983-90 Los Angeles Rams
Assistant Defensive Line
- 1992-93 Virginia State
Assistant Coach
- 1994-98 Green Bay Packers
Defensive Line
- 1999- Seattle Seahawks
Defensive Line

JERRY COLQUITT OFFENSIVE QUALITY CONTROL



**SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
3RD YEAR**

Named to his current position on February 5, 1999, Jerry Colquitt joined the Seahawks following a brief stint as the University of Mississippi's director of recruiting, a position he held for two months.

As offensive quality control coach, Colquitt assists with many of the "behind-the-scene" aspects of preparation, including video study of opponents and self scouting.

Colquitt, a former University of Tennessee quarterback, served as a graduate assistant for the Volunteers from 1996-98.

As a player, Colquitt played in 21 games as a back-up quarterback where he completed 36-of-60 passes for 454 yards and five touchdowns.

He went to training camp with the Carolina Panthers in 1995 and saw action with the NFL Europe League's Frankfurt Galaxy in 1997.

Born on June 26, 1972 in Oak Ridge, Tenn. Attended Oak Ridge High School. Lives in Kirkland.

COLQUITT'S COACHING CAREER

- 1996-98 University of Tennessee
Graduate Assistant
- 1999- Seattle Seahawks
Offensive Quality Control

NOLAN CROMWELL WIDE RECEIVERS



**SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
11TH YEAR**

Named to his current position on January 14, 1999, Nolan Cromwell enters his 22nd NFL season; the first 11 as a Pro Bowl-caliber safety and the last ten as an assistant coach.

Cromwell has been instrumental in the development of wide receiver Darrell Jackson, who led all rookie receivers in catches, yards and touchdowns in 2000. In 1999, he helped Derrick Mayes have a career year, leading the team in receptions (62) and touchdowns (10).

In 1998, Cromwell coached the Green Bay Packers' wide receivers under Mike Holmgren, after serving as special teams coach from 1992-97.

Cromwell's receiving corps included Pro Bowl standout Antonio Freeman who established career-highs leading the NFL with 1,424 yards on 84 receptions. Overall, the Packers passing game accounted for 33 touchdowns while helping guide the team to a sixth-consecutive postseason appearance.

Before taking over the wide receivers, Cromwell coached Green Bay's aggressive special teams units. One of the league's most feared punt return teams, the Packers paced the NFL in 1996 with a 15.1-yard return average. That year, his group of field position warriors also led the league by scoring 24 points, and adding another two touchdowns in the postseason en route to a Super Bowl XXXI victory. On five different weekends in the '96 season, one of Cromwell's players was honored as Special Teams Player of the Week.

Prior to taking on duties with the Packers, Cromwell coached on John Robinson's Los Angeles Rams staff as a defensive & special teams assistant in 1991.

A second-round draft choice by the Rams in 1977, Cromwell played his entire 11-year career for Los Angeles, earning four Pro Bowl berths, an NFC Defensive Player of the Year award (Kansas City Committee of 101) in 1980, and an NFL Defensive Back of the Year award (Football Digest) in 1984.

He ended his Rams career as the team's all-time leader in interception return yardage with 671 yards on 37 picks. He was also a member of the Rams' Super Bowl XIV team following the 1979 season.

An All-America wishbone quarterback at Kansas, Cromwell established an NCAA rushing record for quarterbacks with 294 yards as a junior, after playing safety his first two collegiate seasons. Also, an accomplished decathlete in track.

Born on January 30, 1955, in Kansas, Nolan and his wife, Mary, have two children, Lance (6/15/86) and Jennifer (4/13/88).

CROMWELL'S COACHING CAREER

- 1991 Los Angeles Rams
Defense/Special Teams Assistant
- 1992-97 Green Bay Packers
Special Teams
- 1998 Green Bay Packers
Wide Receivers
- 1999- Seattle Seahawks
Wide Receivers

KEN FLAJOLE DEFENSIVE BACKS



**SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
4TH YEAR**

Returns to the secondary after spending last season coaching linebackers. Originally joined the staff in 1999 as defensive backs coach. That secondary led the NFL with 30 interceptions, including two that were returned for touchdowns. He joined Holmgren's staff in Seattle on January 14, 1999.

Before entering the NFL as an assistant with the Green Bay Packers in 1998, Flajole spent

21 years coaching among the college ranks, including short tenures at Pacific Lutheran (1977-78) in Tacoma and the University of Washington (1979).

In 1998, he served as the Packers' Defensive Quality Control Assistant.

Flajole joined the Packers in 1998 after having served as the University of Nevada's co-defensive coordinator/secondary coach for two seasons (1996-97) in which his '96 defense finished first in the conference in total defense, scoring defense and passing defense.

Prior to his duties in Nevada, he held coaching positions at seven other universities beginning with his alma mater PLU before moving to Washington. Other stops included Montana (1980-85), Texas-El Paso (1986-88), Missouri (1989-93), Richmond (1993-94) and Hawaii (1995) holding defensive coordinator positions at Richmond and Montana.

An all-conference linebacker, first at Wenatchee Valley Community College, then at Pacific Lutheran, Flajole earned a B.S. Degree in Education from PLU in 1976. He was born October 4, 1954, in Seattle.

He and his wife, Teri, have two daughters, Kelly (2/11/82) and Kori (1/16/84).

FLAJOLE'S COACHING CAREER

- 1977-78 Pacific Lutheran University (Tacoma, Wa.)
Defensive Line/Linebackers
- 1979 University of Washington
Graduate Assistant/Defensive Backs
- 1980-83 University of Montana
Defensive Backs/Linebackers
- 1984-85 University of Montana
Defensive Coordinator/Linebackers
- 1986-88 University of Texas El Paso
Defensive Backs
- 1989-93 University of Missouri
Defensive Backs/Outside Linebackers
- 1994 University of Richmond
Defensive Coordinator/Linebackers
- 1995 University of Hawaii
Defensive Backs
- 1996-97 University of Nevada
Co-Defensive Coordinator/Defensive Backs
- 1998 Green Bay Packers
Defensive Assistant/Quality Control
- 1999 Seattle Seahawks
Defensive Backs
- 2000 Seattle Seahawks
Linebackers
- 2001 Seattle Seahawks
Defensive Backs

JOHNNY HOLLAND

LINEBACKERS



SEAHAWKS
EXPERIENCE:
2ND YEAR
NFL
EXPERIENCE:
7TH YEAR

Named to Mike Holmgren's staff on February 13, 2000, Johnny Holland makes the move to linebackers in 2001 after serving as assistant special teams/assistant strength and conditioning coach last season.

In his seventh NFL season, Holland joins the Seahawks after five seasons with the Green Bay Packers, most recently as linebackers coach (1999).

Under Holmgren in Green Bay, Holland served as special teams coach (1998) and defensive quality control coach (1995-97).

Originally, a Green Bay second-round draft choice out of Texas A&M in 1987, he posted six consecutive seasons with at least 100 tackles before retiring in 1994.

In 1993, after recovering from a neck injury suffered in 1992, Holland led the Packers in tackles with a career-high 145 and helped guide the team into the playoffs for the first time in 11 years.

He was recently inducted to the Packers Hall of Fame in July 2001.

As a collegian, he was a three-year starter and a four-year letterman at Texas A&M, where he led the Aggies in tackles each of his last three years.

As a prep, at Hempstead High in Texas, he won 12 letters.

Holland and his wife, Faith, have a son Jordan (3/15/94) and daughter Joli (8/26/96).

HOLLAND'S COACHING CAREER

- 1995-97 Green Bay Packers
Defensive Quality Control
- 1998 Green Bay Packers
Special Teams
- 1999 Green Bay Packers
Linebackers
- 2000 Seattle Seahawks
Asst. Special Teams/Asst. Strength & Conditioning
- 2001 Seattle Seahawks
Linebackers

KENT JOHNSTON

STRENGTH & CONDITIONING



SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
15TH YEAR

Named to his current position on January 14, 1999, Kent Johnston is in his 22nd year of coaching collegiate and professional athletes in strength, conditioning and nutrition.

Johnston originally joined Head Coach Mike Holmgren in Green Bay where he served in a similar capacity from 1992-98. One of his primary duties entailed the rehabilitation of injured players, while also serving as a resource for developing nutrition programs that varied for each individual.

In 1997, Johnston was honored as "Strength and Conditioning Coach of the Year" by the Professional Football Strength and Conditioning Coaches' Society.

A unique aspect of Johnston's conditioning program has been the implementation of a karate class to increase both the cardiovascular capacity and coordination.

Prior to joining the Packers, Johnston spent five years (1987-91) in the weight room of the Tampa Bay Buccaneers, where he was hired by Head Coach Ray Perkins.

From 1983-86, he was a member of Ray Perkins' University of Alabama staff where he helped develop a number of NFL players.

Johnston began his coaching career at Teague High School in Texas (1978) before entering the collegiate ranks at Northwestern (La.) State (1979). He spent two years at Northeast Louisiana (1980-81) and one year at Willis High in Texas (1982) before joining the Crimson Tide staff.

A graduate of Stephen F. Austin where he played defensive back, Johnston earned his Master's Degree in Physical Education from Alabama in 1984.

Born February 21, 1956, in Mexia, Texas, Kent and his wife, Pam, have four sons, Kody (5/30/90), Kole (5/7/92), Clay (8/8/96) and Cade (6/24/98).

JOHNSTON'S COACHING CAREER

- 1978 Teague High School (Teague, Texas)
- 1979 Northwest Louisiana State
Strength & Conditioning
- 1980-81 Northeast Louisiana State
Strength & Conditioning
- 1982 Willis High (Willis, Texas)
Assistant Coach
- 1983-84 University of Alabama
Graduate Assistant
- 1985-86 University of Alabama
Strength & Conditioning
- 1987-91 Tampa Bay Buccaneers
Strength & Conditioning
- 1992-98 Green Bay Packers
Strength & Conditioning
- 1999- Seattle Seahawks
Strength & Conditioning

JIM LIND TIGHT ENDS



**SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
10TH YEAR**

Jim Lind originally joined the Seahawks on January 14, 1999. He enters his second year coaching the tight ends, working with the talented duo of Christian Fauria and Itula Mili, the two tied the team record with five combined touchdowns last season and Mili set careers highs in catches and yards through just four games.

Joined the team in 1999 as the team's linebackers coach. With the untimely passing of defensive coordinator Fritz Shurmur, prior to training camp, Lind coordinated the Seahawks defensive unit.

That defense recorded an NFL-leading 30 interceptions while holding opponents to just 19 passing touchdowns.

Lind enters his tenth year as an NFL coach having spent four seasons as the Green Bay Packers linebackers coach under Mike Holmgren.

The Packers 1996 defense, with help from Lind, set the NFC record for fewest touchdowns in a 16-game schedule.

His 1998 linebacking corp helped the Packers defense finish fourth in the NFL, limiting opponents to just 281.7 yards a game while plugging holes for a bare 90.1 opponent rushing average.

He broke into the NFL as a defensive assistant/quality control coach in 1992 under Holmgren. This was the second time Lind crossed paths with Holmgren, previously coaching together at Brigham Young University while Lind was a graduate assistant in 1981-82.

Before breaking into the professional ranks, he served nine years as a collegiate head coach, most recently at Wisconsin-Eau Claire (1987-91). Lind enjoyed his most success while a head coach at the University of Minnesota-Morris (1983-86) where he directed the Cougars to two Northern Intercollegiate Conference championships earning NIC 'Coach of the Year' in 1984 and NAIA District 13 'Coach of the Year' in 1986.

He began his collegiate coaching career as a graduate assistant at St. Cloud State (1977) before earning the offensive coordinator job there in 1978. He then moved to nearby St. Johns University (1979-80) before crossing paths with Holmgren at BYU as a graduate assistant (1981-82).

Lind entered coaching in 1974 as head football coach at Underwood (Minn.) High School holding that position until joining St. Cloud State.

Lind played three years of collegiate football as a linebacker his freshman year at Bethel College, before moving to Bemidji State, where he earned his undergraduate degree, playing two years at defensive back.

Later he earned his master's degree at St. Cloud State and Doctorate in Professional Leadership in Physical Education and Athletics at BYU.

Born November 11, 1947, in Isle, Minn.

Lind and his wife, Cindy, have two sons, Erik (1/6/87) and Bryan (1/31/90).

LIND'S COACHING CAREER

- 1974-76 Underwood High (Underwood, Minn.)
Head Coach
- 1977 St. Cloud State (Minnesota)
Graduate Assistant
- 1978 St. Cloud State (Minnesota)
Offensive Coordinator
- 1979-80 St. John's University
Defensive Coordinator
- 1981-82 Brigham Young University
Graduate Assistant
- 1983-86 University of Minnesota--Morris
Head Coach
- 1987-91 University of Wisconsin--Eau Claire
Head Coach
- 1992-98 Green Bay Packers
Defensive Assistant/Quality Control (1992-94), Linebackers (1995-98)
- 1999- Seattle Seahawks
Linebackers ('99), Tight Ends ('00-)

CLAYTON LOPEZ
DEFENSIVE QUALITY CONTROL



SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
3RD YEAR

Named to his current position on February 5, 1999, Clayton Lopez joined the Seahawks staff following a four-year term at the University of Nevada.

As defensive quality control coach, Lopez helps with many of the "behind-the-scenes" aspects of preparation, including video study of opponents and self scouting.

Lopez began his coaching career as a graduate assistant at his alma mater, Nevada, from 1995-96, before joining the Wolf Pack staff as a full-time assistant as the running backs coach and recruiting coordinator from 1997-98.

A former safety at Nevada, Lopez helped guide the team to three conference titles from 1991-94, finishing his career with 150 tackles and three interceptions. He finished third on the team with 78 stops his senior year.

Born on May 26, 1971, in Los Angeles, Lopez was a three-sport letterman in football, basketball and track at Serra High in Gardena, Calif.

**LOPEZ'S COACHING
CAREER**

- 1995-96 University of Nevada
Graduate Assistant-Defensive Backs
- 1997-98 University of Nevada
Running Backs/Recruiting Coordinator
- 1999- Seattle Seahawks
Defensive Quality Control

TOM LOVAT
ASST. HEAD COACH/OFFENSIVE LINE



SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
22ND YEAR

Named to his current position on January 14, 1999, Lovat enters his 22nd year as an NFL coach and 40th overall in 2001.

Lovat followed Mike Holmgren to Seattle from Green Bay, where he spent seven years as the Packers offensive line coach.

His 2000 offensive line helped block for Ricky Watters on his way to eclipsing the 10,000 yard rushing mark at Atlanta. They also did not allow a sack in back-to-back games (at Atlanta and at Denver) for the first time in 324 games.

His 1998 unit helped lead the way for an offense that ranked fifth in the league with a 352.3-yard average. His blockers protected Brett Favre allowing him to rank first in the NFL in passing yards with 4,212 and third in touchdown passes with 31.

Lovat's front line allowed Favre to lead the league in passing yards from 1993-98 with 20,273 (4,054 avg. per year) and in touchdown passes with 176 (35.2 avg. per year) earning the league's MVP in 1996 and '97. He did not miss a game behind Lovat's offensive line from 1992-98.

Lovat's 1997 front five established a club record for the fewest sacks allowed with 26 since the NFL adopted the 16-game schedule in 1978. That unit also guided the Packers to 1,909 rushing yards, the Packer's highest total since 1985 producing Pro Bowler Dorsey Levens who ran for 1,435, just 39 yards off of the team record.

Originally breaking in the NFL with the Packers in 1980 under Bart Starr, he moved to the St. Louis Cardinals (1981-84) as their offensive line coach. Was the assistant head coach--offense with the Indianapolis Colts (1985-88) before joining the Phoenix Cardinals (1990-91).

College coaching stops were Utah (1967, 1972-76), including the position of head coach for the Utes from 1974-76, Idaho State (1968-

70), Stanford (1977-79) and Wyoming (1989).

First professional coaching job came as defensive coach with the Saskatchewan Roughriders (1971) of the Canadian Football League.

Born December 28, 1938, in Bingham Canyon, Utah, Lovat graduated from the University of Utah, where he earned three letters in football and baseball. Lovat also obtained his master's degree from Utah.

Attended Bingham High, in Bingham Canyon, Utah. Began his coaching career at Mt. Eden High in Hayward, California, and also coached at Jordan High in Sandy, Utah, and Hillcrest High in Midvale, Utah.

Tom and his wife, Lyn, have three grown children, a daughter, Johna Rae Griese, and two sons, Matthew and Mark, the assistant strength coach of the Green Bay Packers.

LOVAT'S COACHING CAREER

- 1967 University of Utah
Defensive Line
- 1968-70 Idaho State
Defensive Secondary/Offensive Line
- 1971 Saskatchewan Roughriders (CFL)
Defensive Coordinator
- 1972-73 University of Utah
Defensive Line
- 1974-76 University of Utah
Head Coach
- 1977-79 Stanford University
Offensive Line
- 1980 Green Bay Packers
Offensive Line
- 1981-84 St. Louis Cardinals
Offensive Line
- 1985-88 Indianapolis Colts
Assistant Head Coach/Offense
- 1989 University of Wyoming
Offensive Line
- 1990-91 Phoenix Cardinals
Offensive Line
- 1992-98 Green Bay Packers
Offensive Line
- 1999- Seattle Seahawks
Assistant Head Coach/Offensive Line

MARK MICHAELS

ASSISTANT SPECIAL TEAMS



SEAHAWKS
EXPERIENCE:
1ST YEAR
NFL
EXPERIENCE:
3RD YEAR

Michaels joined the Seahawks February 8, 2001, as assistant special teams coach, replacing Johnny Holland who switched to coach linebackers in 2001.

Entering his third NFL season, Michaels was the Cleveland Browns quality control coach in 1999 before being promoted to special teams coach for the 2000 season.

Under his guidance, the Browns were second in the NFL in 2000 with four special teams takeaways and were one of five teams without a punt or placekick blocked. Rookie Dennis Northcutt placed 6th in the AFC (9th NFL) with a 10.7 yard punt return average.

Before joining the professional ranks, Michaels spent the previous five seasons coaching at the collegiate level. He coached linebackers and special teams for one season at Massachusetts in 1998, after serving in the same capacity for Brown University for four seasons. Helped coach the Minutemen to the 1998 1-AA National Championship.

Breaking into coaching at New Haven in 1987, he left in 1991 to become the head coach of the Helsinki (Finland) Roosters, guiding them to the Finnish National Championship, before coaching linebackers for the Utah Pioneers of the Professional Spring Football League in 1992-93.

A 1986 graduate of the University of Connecticut, Michaels was a two-time All-New England first-team pick and the Yankee Conference Co-Defensive Player of the Year in 1985. He holds UConn's career sack record with 27.

Michaels, 37, and his wife, Mary, have a daughter, Grace Elizabeth, and a son, Max.

MICHAELS' COACHING CAREER

1987-90	New Haven <i>Defensive Line/Linebackers</i>
1991	Helsinki (Finland) Roosters <i>Head Coach</i>
1992-93	Utah Pioneers (Pro Spring Football League) <i>Linebackers</i>
1994-97	Brown University <i>Linebackers/Special Teams</i>
1998	University of Massachusetts <i>Linebackers/Special Teams</i>
1999	Cleveland Browns <i>Special Teams Quality Control</i>
2000	Cleveland Browns <i>Special Teams</i>
2001	Seattle Seahawks <i>Assistant Special Teams</i>

STUMP MITCHELL RUNNING BACKS



SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
3RD YEAR

Named to his current position on January 28, 1999, Stump Mitchell enters his third NFL season following three years as head coach at Morgan State University.

Mitchell joined the MSU staff in 1995 as offensive coordinator, earning a promotion to head coach the following year. In Mitchell's first two seasons the team compiled a 7-14 record, which was the best two-year mark in 16 years. Under Mitchell's tutelage, the Bears boasted a strong rushing attack, that averaged 148.9 yards per game in 1997.

His running backs corp in 2000 saw Ricky Watters become the 13th player to eclipse the 10,000 rushing yards mark and the continued maturation of rookie Shaun Alexander. Alexander finished second on the team with 313 yards and a 4.9 yards per carry average -- second among rookies listed as the league's top rushers.

A ninth-round draft choice by the St. Louis Cardinals in 1981, Mitchell spent his entire nine-year career (1981-89) with the Cardinals,

ranking as one of the team's all-time great running backs and kick returners. With a 5.6-yard rushing average as a rookie, Mitchell earned All-Rookie honors from Pro Football Weekly.

Mitchell still ranks as the Cardinals' all-time leader in combined yardage with 11,988 yards and ranks second with 4,649 yards rushing on 986 attempts and 32 touchdowns.

Throughout his career, Mitchell posted 14 100-yard games and finished with a 4.7-yard average, which ranks second in the team record book, as does his 156 career punt returns. His 177 kickoff returns for 4,007 yards are both Cardinals records.

In 1984, Mitchell earned All-NFC honors as a kickoff returner, by Pro Football Weekly.

On November 17, 1985, Mitchell had a single-game high with 179 yards against the Philadelphia Eagles, which ranks as the team's fifth highest single-game total.

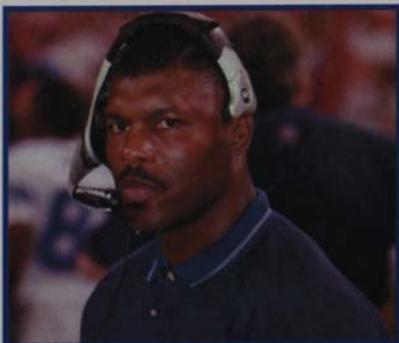
Mitchell's coaching career began in the spring of 1991, when he served as an assistant coach on the NFL Europe League's San Antonio Rough Riders' staff. He then accepted a position as the head coach at Casa Grande High (1991-94) in Phoenix, Arizona, where he led the team to a playoff berth in his second year.

For his community service, he was honored with the Chuck Drulis Award in 1982 and the Byron "Whizzer" White Humanitarian Award in 1984.

Mitchell was born on March 15, 1959, in Kingsland, Ga.

MITCHELL'S COACHING CAREER

1991	San Antonio Rough Riders (NFL)
	<i>Running Backs</i>
1991-94	Casa Grande High (Phoenix, Ariz.)
	<i>Head Coach</i>
1995-98	Morgan State
	<i>Offensive Coord. & Head Coach ('96-'98)</i>
1999-	Seattle Seahawks
	<i>Running Backs</i>



Mitchell on gameday.

ROD SPRINGER

ASST. STRENGTH & CONDITIONING



SEAHAWKS
EXPERIENCE:
3RD YEAR
NFL
EXPERIENCE:
3RD YEAR

Rod Springer enters his third year in the professional ranks after being named to his current position February 18, 1999.

Springer has been reunited with head strength and conditioning coach Kent Johnston for whom he served as a graduate assistant at the University of Alabama in 1985-86.

For 12 years, before joining the Seahawks, Springer has coached among the high school ranks in Texas as an assistant football coach and powerlifting coach at six different schools, most recently spending one year at Grand View High School.

First coaching job came in 1987 at Itasca High in Itasca, Texas. After changing schools three times, the fifth stop on his high school coaching tour was at Nixon-Smilely High in 1995 where he was an assistant football coach and head track and powerlifting coach. While at Nixon-Smilely, Springer consistently sent his powerlifters to regional qualifiers.

A 1984 graduate of Tarrleton State in Stephenville, Texas, Springer earned a degree in Business Administration.

Born September 19, 1960, in Oklahoma City, he grew up in Waco, Texas. Rod and his wife, Sara, have two children--Hope and Blake.

SPRINGER'S COACHING CAREER

1999- Seattle Seahawks
Assistant Strength & Conditioning

JIM ZORN

QUARTERBACKS



SEAHAWKS
EXPERIENCE:
2ND YEAR
NFL
EXPERIENCE:
5TH YEAR

Named to his current position on February 16, 2001, Zorn returns to where his playing career, and professional coaching career, started.

Zorn joins the Seahawks as quarterbacks coach after serving in the same capacity the last three seasons for the Detroit Lions where he was instrumental in the development of rookie quarterback Charlie Batch in 1998. Batch's 88.3 passer rating that season ranks as the fourth highest rookie mark in NFL history.

He broke into the league as an offensive assistant for the Seahawks in 1997.

Zorn spent eight seasons in the collegiate ranks before his pro debut. He spent two seasons (1995-96) as quarterbacks coach at the University of Minnesota after coordinating Utah State's offense from 1992-94. His first collegiate coaching job was as an offensive assistant/quarterbacks coach at Boise State from 1989-91.

His playing career began in Seattle's inaugural 1976 season, starting all 14 games at quarterback. He went on to play nine seasons for the Seahawks before finishing his career with the team in 1984. After departing Seattle, he finished his playing career with the Green Bay Packers (1985), the Canadian Football League's Winnipeg Blue Bombers (1986) and the Tampa Bay Buccaneers.

Zorn is one of only five players inducted to the Seahawks Ring of Honor. He ranks second in the Seahawks record book behind Dave Krieg in yards (20,122), completions (1,593), attempts (2,992) and touchdowns (107). His three consecutive 3,000-yard seasons are tops in team history, and he is the only Seattle quarterback to record back-to-back 300-plus yard games--a feat he accomplished twice.

Zorn, and his wife, Joy, have four children, Rachel, Sarah, Danielle and Isaac.

ZORN'S COACHING CAREER

- 1998-91 Boise State
Offensive Assistant/Quarterbacks
- 1992-94 Utah State
Offensive Coordinator
- 1995-96 University of Minnesota
Quarterbacks
- 1997 Seattle Seahawks
Offensive Assistant
- 1998-00 Detroit Lions
Quarterbacks
- 2001- Seattle Seahawks
Quarterbacks



ASSISTANT COACHES



Ken Flajole makes the switch from coaching linebackers to defensive backs in 2001.

ALL-TIME SEAHAWKS COACHING RECORDS

		Regular Season				Postseason		
		W	L	T	Pct.	W	L	Pct.
1976-82*	Jack Patera	35	59	0	.372	---	---	---
1982	Mike McCormack	4	3	0	.571	---	---	---
1983-91	Chuck Knox	80	63	0	.559	3	4	.429
1992-94	Tom Flores	14	34	0	.291	---	---	---
1995-98	Dennis Erickson	31	33	0	.484	---	---	---
1999-	Mike Holmgren	15	17	0	.469	0	1	.000

* Patera was replaced by Mike McCormack after two games of the 1982 season.

2001 ALPHA ROSTER

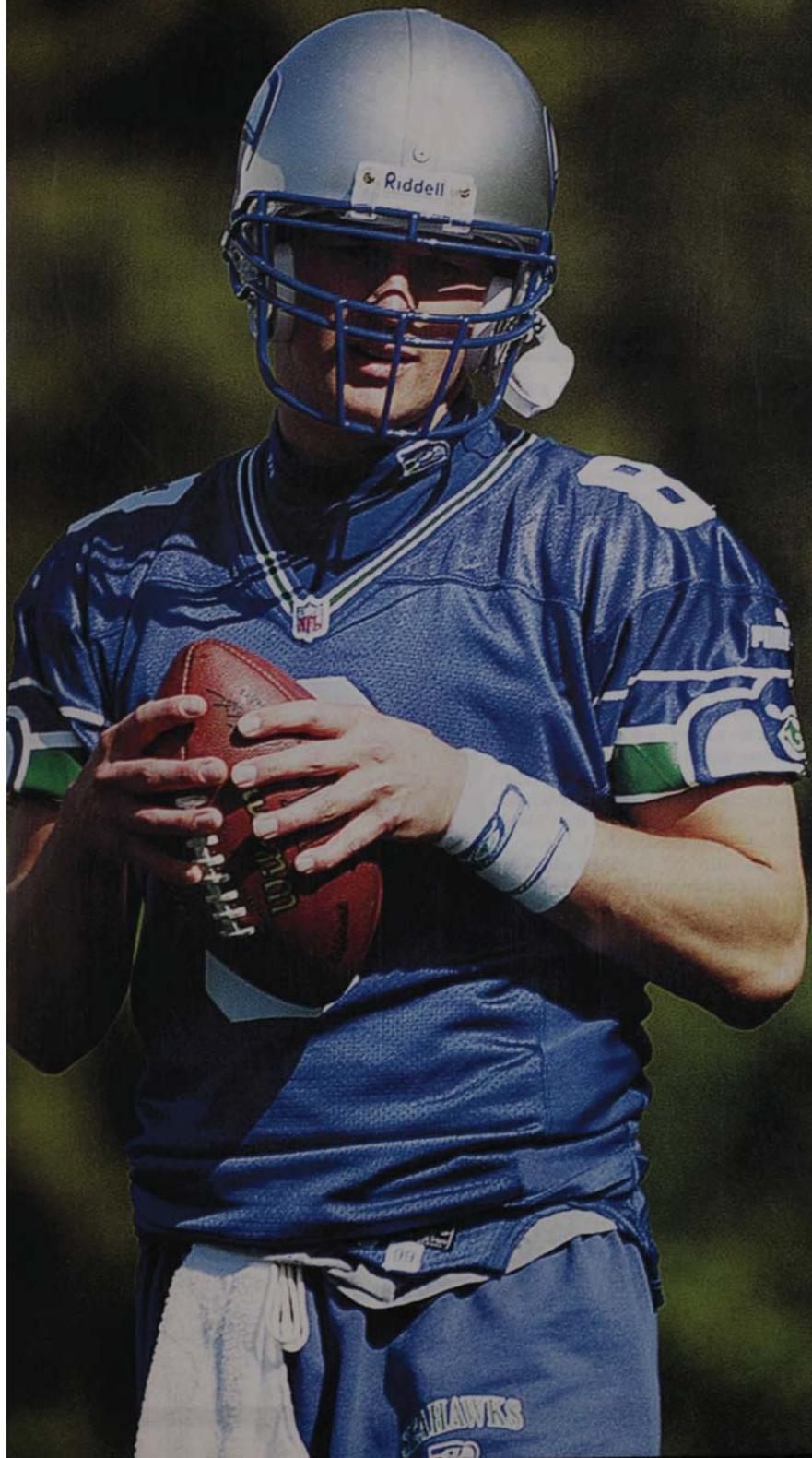
No.	Name	Pos.	Ht.	Wt.	D.O.B.	Exp.	College	Hometown	Acquired
37	Alexander, Shaun	RB	5-11	220	08/30/77	2	Alabama	Florence, Ky.	D1(a)-'00
83	Bailey, Karsten	WR	5-10	198	04/26/77	3	Auburn	Newnan, Ga.	D3(b)-'99
18	Bannister, Alex	WR	6-5	201	04/23/79	R	Eastern Kentucky	Cincinnati, Ohio	D5-01
63	Beede, Frank	G	6-4	308	05/01/73	6	Panhandle State	Antioch, Calif.	FA-'96
55	Bell, Marcus	LB	6-1	240	07/19/77	2	Arizona	St. Johns, Az.	D4(a)-'00
2	Blackmon, Harold	FS	5-11	208	05/20/78	R	Northwestern	Chicago, Il.	D7(a)-'01
6	Bloom, Josh	QB	6-2	217	04/29/75	R	Louisiana State	Shreveport, La.	D6-'01
19	Bowens, Fabien	WR	5-11	189	02/29/72	7	Western Illinois	Aurora, Il.	W(Chi)-'99
94	Brown, Chad	LB	6-2	240	07/12/70	9	Colorado	Altadena, Calif.	UFA(Pit)-'97
60	Brown, Joe	DT	6-6	288	04/05/77	R	Ohio State	Tucson, Az.	FA-'01
34	Brown, Reggie	FB	6-0	241	06/26/73	6	Fresno State	Detroit, Mi.	D3b-'96
5	Brown, Travis	QB	6-3	218	07/17/77	2	Northern Arizona	Phoenix, Az.	FA-'00
36	Caldwell, Donnie	FS	5-11	187	10/26/77	1	Western Illinois	Lawton, Ok.	FA-'01
23	Charlton, Ike	CB	5-11	204	10/06/77	2	Virginia Tech	Orlando, Fl.	D2-'00
78	Cochran, Antonio	DE	6-4	290	06/21/76	3	Georgia	Montezuma, Ga.	D4-'99
14	Cook, Kerwin	WR	6-1	171	12/21/79	R	Tulane	Ferriday, La.	FA-'01
52	Darche, Jean-Philippe	LS	6-0	239	02/28/75	2	McGill	Montreal, Quebec	FA-'00
42	Davis, Wade	CB	5-11	180	04/20/77	1	Weber State	Aurora, Co.	FA-'01
4	Doerr, Kurtis	P	6-1	219	06/25/78	R	Oregon State	Waterford, Wi.	FA-'01
15	Dorsey, Jerry	WR	6-1	188	01/18/78	R	Indiana	Oak Grove, Ky.	FA-'01
90	Eaton, Chad	DT	6-5	306	04/06/72	6	Washington State	Puyallup, Wa.	UFA(NE)-'01
53	Epps, Dwan	LB	6-1	242	01/18/77	1	Texas Southern	Friendswood, Tx.	FA-'00
44	Evans, Heath	FB	6-0	249	12/30/78	R	Auburn	W. Palm Beach, Fl.	D3-'01
86	Fauria, Christian	TE	6-4	245	09/22/71	7	Colorado	Encino, Calif.	D2-'95
10	Feagles, Jeff	P	6-1	204	03/07/66	14	Miami	Anaheim, Calif.	UFA(Arz)-'98
7	Floyd, Todd	WR	6-3	197	05/24/94	1	UNLV	Reno, Nv.	FA-'01
84	French, Rufus	TE	6-3	253	03/15/78	3	Mississippi	Amory, Ms.	FA-'99
29	Fuller, Curtis	FS	5-10	180	07/25/78	R	Texas Christian	N. Richland Hill, Tx.	D4(b)-'01
47	Garden, Lloyd	FB	5-10	234	10/29/77	R	Cincinnati	Akron, Ohio	FA-'01
35	Graham, Jay	RB	6-0	224	07/14/75	5	Tennessee	Concord, Nc.	FA-'01
3	Graham, Shayne	K	6-0	192	12/09/77	1	Virginia Tech	Dublin, Va.	FA-'01
62	Gray, Chris	G/C	6-4	303	06/19/70	9	Auburn	Birmingham, Al.	UFA(Chi)-'98
8	Hasselbeck, Matt	QB	6-4	233	09/25/75	3	Boston College	Westwood, Mass.	T(GB)-'01
85	Hill, James	TE	6-4	246	10/25/74	2	Abilene Christian	Houston, Tx.	FA-'00
95	Hilliard, John	DT	6-2	294	4/16/76	2	Mississippi State	Dallas, Tx.	D6(c)-'00
11	Huard, Brock	QB	6-4	220	04/15/76	3	Washington	Puyallup, Wa.	D3(a)-'99
57	Huff, Orlando	LB	6-2	246	08/14/78	R	Fresno State	Upland, Calif.	D4(a)-'01
76	Hutchinson, Steve	G	6-5	311	11/03/77	R	Michigan	Fl. Lauderdale, Fl.	D1(b)-'01
82	Jackson, Darrell	WR	6-0	199	12/06/78	2	Florida	Dayton, Ohio	D3-'00
54	Jackson, LaDairis	LB	6-2	261	06/16/79	R	Oregon State	Dallas, Tx.	FA-'01
16	Jones, Dwayne	WR	6-0	191	07/11/77	1	Richmond	Washington, DC	FA-'00
71	Jones, Walter	T	6-5	307	01/19/74	5	Florida State	Aliceville, Al.	D1(b)-'97
58	Kacyvenski, Isaiah	LB	6-1	250	10/03/77	2	Harvard	Endicott, NY	D4(b)-'00
33	Kelly, Maurice	S	6-0	209	10/09/72	2	East Tennessee St.	Orangeburg, SC	FA-'00
65	King, Eric	T	6-4	305	07/27/75	2	Richmond	Pittsburgh, Pa.	FA-'00
92	King, Lamar	DE	6-3	295	08/10/75	3	Saginaw Valley St.	Boston, Mass.	D1-'99
99	Kirkland, Levon	LB	6-1	275	02/17/69	10	Clemson	Lamar, SC	UFA(Pit)-'01
67	Kocurek, Kris	DT	6-4	293	11/15/78	R	Texas Tech	Caldwell, Tx.	D7(c)-'01
91	LaBounty, Matt	DE	6-4	275	01/03/69	9	Oregon	Novato, Calif.	T(GB)-'96
9	Lindell, Rian	K	6-3	226	01/20/77	2	Washington State	Vancouver, Wa.	FA-'00
26	Lucas, Ken	CB	6-0	203	01/23/79	R	Mississippi	Cleveland, Ms.	D2-'01
75	McIntosh, Chris	T	6-6	314	02/20/77	2	Wisconsin	Pewaukee, Wi.	D1(b)-'00
89	Mili, Itula	TE	6-4	258	04/20/73	5	Brigham Young	Laie, Hawaii	D6-'97
22	Miranda, Paul	CB	5-10	178	05/02/76	3	Central Florida	Thomasville, Ga.	FA-'00
17	Nelson, Corey	WR	6-1	193	10/09/77	R	Boise State	Rohnert Park, Ca.	FA-'01
68	Norman, Dennis	T	6-5	307	01/26/80	R	Princeton	Marlton, NJ	D7(b)-'01
48	Osborne, Scot	LS	6-4	274	10/30/77	1	William & Mary	Asheville, Nc.	FA-'00
79	Overhauser, Chad	G	6-4	314	06/17/75	4	UCLA	Sacramento, Ca.	T(Chi)-'00
39	Phillips, Rodnick	RB	5-11	205	11/17/77	1	Southern Methodist	Galveston, Tx.	FA-'00
93	Randle, John	DT	6-1	287	12/12/67	12	Texas A&I	Hearne, Tx.	UFA(Min)-'01
31	Robertson, Marcus	FS	5-11	211	10/02/69	11	Iowa State	Pasadena, Calif.	UFA(Ten)-'01
81	Robinson, Koren	WR	6-1	213	03/19/80	R	North Carolina St.	Belmont, Nc.	D1(a)-'01
20	Rogers, Charlie	RB	5-9	177	06/19/76	3	Georgia Tech	Cliffwood, NJ	D5(b)-'99
41	Rogers, Chris	CB	5-10	206	01/03/77	1	Howard	Largo, Md.	FA-'01
46	Settles, Tawambi	FS	6-3	199	01/19/76	2	Duke	Jacksonville, Fl.	FA-'01
64	Sims, Doug	DT	6-2	350	10/20/79	R	Hawaii	Berkeley, Calif.	FA-'01
51	Simmons, Anthony	LB	6-0	236	06/20/76	4	Clemson	Spartanburg, S.C.	D1-'98
70	Sinclair, Michael	DE	6-4	275	01/31/68	11	Eastern New Mexico	Beaumont, Tx.	D6-'91
30	Smith, Jermaine	CB	5-11	192	11/10/77	1	Washington	Simi Valley, Ca.	FA-'00
24	Springs, Shawn	CB	6-0	196	03/11/75	5	Ohio State	Silver Springs, Md.	D1a-'97
73	Staat, Jeremy	DT	6-5	311	10/10/76	4	Arizona State	Bakersfield, Ca.	UFA(Pit)-'01
45	Stewart, Russell	TE	6-4	250	09/25/77	R	Stanford	Bellevue, Wa.	FA-'01
38	Strong, Mack	FB	6-0	238	09/11/71	8	Georgia	Columbus, Ga.	FA-'93
59	Terry, Tim	LB	6-2	243	07/26/74	3	Temple	Hempstead, NY	FA-'00
21	Tobeck, Robbie	C/G	6-4	298	03/06/70	8	Washington State	Tarpon Springs, Fl.	UFA(Atl)-'00
65	Tongue, Reggie	S	6-0	203	04/11/73	6	Oregon State	Fairbanks, Ak.	UFA(KC)-'00
72	Watson, Tim	DT	6-4	292	12/23/74	1	Rowan	Williamstown, NJ	D6(b)-'00
32	Walters, Ricky	RB	6-1	211	04/07/69	11	Notre Dame	Harrisburg, Pa.	UFA(Phil)-'98
69	Wedderburn, Floyd	T	6-5	333	05/05/76	3	Penn State	Upper Darby, Pa.	D5(a)-'99
74	Weiner, Todd	T	6-4	300	09/16/75	4	Kansas State	Coral Springs, Fl.	D2-'98
68	Williams, James	WR	5-10	188	03/06/78	2	Marshall	Raymond, Ms.	D6(a)-'00
27	Williams, Willie	CB	5-9	181	12/26/70	2	Western Carolina	Columbia, Sc.	UFA(Pit)-'97
77	Womack, Floyd	T	6-4	330	11/15/78	9	Mississippi State	Cleveland, Ms.	D4(c)-'01
49	Woodard, Billy	TE	6-5	271	07/15/76	1	Rutgers	Wilson, Nc.	FA-'01
98	Woodard, Cedric	DT	6-2	311	09/05/77	2	Texas	Sweeny, Tx.	W(Balt)-'00

2001 NUMERICAL ROSTER

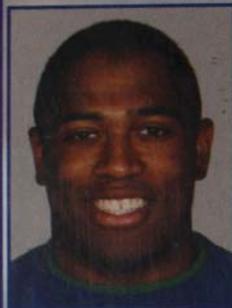
No.	Name	Pos.	Ht.	Wt.	Age	Exp.	College	Hometown	How Acq.
2	Josh Booty	QB	6-2	217	26	R	Louisiana State	Shreveport, La.	D6-'01
3	Shayne Graham	K	6-0	192	23	1	Virginia Tech	Dublin, Va.	FA-'01
4	Kurtis Doerr	P	6-1	219	23	R	Oregon State	Waterford, Wis.	FA-'01
5	Travis Brown	QB	6-3	218	24	1	Northern Arizona	Phoenix, Az.	FA-'00
6	Harold Blackmon	FS	5-11	208	23	R	Northwestern	Chicago, Il.	D7(a)-'01
7	Todd Floyd	WR	6-3	197	27	1	UNLV	Reno, Nv.	FA-'01
8	Matt Hasselbeck	QB	6-4	233	25	3	Boston College	Westwood, Mass.	T(GB)-'01
9	Rian Lindell	K	6-3	226	23	2	Washington State	Vancouver, Wa.	FA-'00
10	Jeff Feagles	QB	6-1	204	34	14	Miami	Phoenix, Az.	UFA(Arzt)-'98
11	Brock Huard	QB	6-4	220	24	3	Washington	Puyallup, Wa.	D3(a)-'99
14	Kerwin Cook	WR	6-1	171	21	R	Tulane	Ferriday, La.	FA-'01
15	Jerry Dorsey	WR	6-1	188	23	R	Indiana	Oak Grove, Ky.	FA-'01
16	Dwuanne Jones	WR	6-0	191	23	1	Richmond	Washington, DC	FA-'00
17	Corey Nelson	WR	6-1	193	23	R	Boise State	Rohnert Park, Ca.	FA-'01j
18	Alex Bannister	WR	6-5	201	22	R	Eastern Kentucky	Cincinnati, Ohio	D5-'01
19	Bowens, Fabien	WR	5-11	189	29	7	Western Illinois	Aurora, Il.	W(Chi)-'99
20	Charlie Rogers	RB	5-9	177	24	3	Georgia Tech	Cliffwood, NJ	D5(b)-'99
22	Paul Miranda	CB	5-10	178	24	3	Central Florida	Thomasville, Ga.	FA-'00
23	Ike Charlton	CB	5-11	204	23	2	Virginia Tech	Orlando, Fl.	D2-'00
24	Shawn Springs	CB	6-0	196	26	5	Ohio State	Silver Springs, Md.	D1a-'97
25	Reggie Tongue	S	6-0	203	27	6	Oregon State	Fairbanks, Ak.	UFA(KC)-'00
26	Ken Lucas	CB	6-0	203	22	R	Mississippi	Cleveland, Miss.	D2-'01
27	Willie Williams	CB	5-9	181	30	9	Western Carolina	Columbia, SC	UFA(Pit)-'97
29	Curtis Fuller	S	5-10	180	23	R	Texas Christian	N. Richland Hills, Tx.	D4(b)-'01
30	Jermaine Smith	CB	5-11	192	23	1	Washington	Simi Valley, Calif.	FA-'00
31	Marcus Robertson	FS	5-11	211	31	11	Iowa State	Pasadena, Calif.	UFA(Ten)-'01
32	Ricky Watters	RB	6-1	211	32	11	Notre Dame	Harrisburg, Pa.	UFA(Phil)-'98
33	Maurice Kelly	S	6-0	209	28	2	East Tennessee State	Orangeburg, S.C.	FA-'00
34	Reggie Brown	FB	6-0	241	28	6	Fresno State	Detroit, Mi.	D3(b)-'96
35	Jay Graham	RB	6-0	224	26	5	Tennessee	Concord, NC	FA-'01
36	Donnie Caldwell	S	5-11	187	23	1	Western Illinois	Lawton, Ok.	FA-'01
37	Shaun Alexander	RB	5-11	220	24	2	Alabama	Florence, Ky.	D1(a)-'00
38	Mack Strong	FB	6-0	238	29	8	Georgia	Columbus, Ga.	FA-'93
39	Rodnick Phillips	RB	5-11	208	23	1	Southern Methodist	Galveston, Tx.	FA-'01
41	Chris Rogers	CB	5-10	206	24	1	Howard	Largo, Md.	FA-'01
42	Wade Davis	CB	5-11	180	24	1	Weber State	Aurora, Co.	FA-'01
44	Heath Evans	FB	6-0	249	22	R	Auburn	W. Palm Beach, Fl.	D3-'01
45	Russell Stewart	TE	6-4	250	23	R	Stanford	Bellevue, Wa.	FA-'01
46	Tawambi Settles	S	6-3	199	25	2	Duke	Jacksonville, Fl.	FA-'01
47	Lloyd Garden	FB	5-10	234	23	R	Cincinnati	Akron, Ohio	FA-'01
48	Scot Osborne	FB	6-4	274	23	1	William & Mary	Asheville, N.C.	FA-'00
49	Billy Woodard	TE	6-5	271	25	1	Rutgers	Wilson, NC	FA-'01
51	Anthony Simmons	LB	6-0	236	25	4	Clemson	Spartanburg, SC	D1-'98
52	Jean-Phillipe Darche	LS	6-0	239	26	2	McGill	Montreal, Quebec	FA-'00
53	Dwan Epps	LB	6-1	242	24	1	Texas Southern	Friendswood, Tx.	FA-'00
54	LaDairis Jackson	LB	6-2	261	22	R	Oregon State	Dallas, Tx.	FA-'01
55	Marcus Bell	LB	6-1	240	24	2	Arizona	St. Johns, Az.	D4(a)-'00
57	Orlando Huff	LB	6-2	246	23	R	Fresno State	Upland, Calif.	D4(a)-'01
58	Isaiah Kacyvenski	LB	6-1	250	23	2	Harvard	Endicott, NY	D4(b)-'00
59	Tim Terry	LB	6-2	243	27	3	Temple	Hempstead, NY	FA-'00
60	Joe Brown	DT	6-6	288	24	R	Ohio State	Tucson, Az.	FA-'01
61	Robbie Tobeck	C/G	6-4	298	31	8	Washington State	Tarpon Springs, Fla.	UFA (Atl)-'00
62	Chris Gray	G/C	6-3	303	31	9	Auburn	Birmingham, Al.	UFA(Chi)-'98
63	Frank Beede	G	6-4	308	28	6	Panhandle State	Antioch, Calif.	FA-'96
64	Doug Sims	DT	6-2	350	21	R	Hawaii	Berkeley, Calif.	FA-'01
65	Eric King	T	6-4	305	26	3	Richmond	Pittsburgh, Pa.	FA-'00
67	Kris Kocurek	DT	6-4	293	22	R	Texas Tech	Caldwell, Tx.	D7(c)-'01
68	Dennis Norman	T	6-5	307	22	R	Princeton	Marlton, NJ	D7(b)-'01
69	Floyd Wedderburn	T	6-5	333	25	3	Penn State	Upper Darby, Pa.	D5(a)-'99
70	Michael Sinclair	DE	6-4	275	33	11	Eastern New Mexico	Beaumont, Tx.	D6-'91
71	Walter Jones	T	6-5	307	27	5	Florida State	Aliceville, Al.	D1b-'97
72	Tim Watson	DT	6-4	292	26	1	Rowan	Williamstown, NJ	D6(b)-'00
73	Jeremy Staat	DT	6-5	311	24	4	Arizona State	Bakersfield, Ca.	UFA(Pit)-'01
74	Todd Weiner	T	6-4	300	25	4	Kansas State	Coral Springs, Fl.	D2-'98
75	Chris McIntosh	T	6-6	314	24	2	Wisconsin	Pewaukee, Wi.	D1(b)-'00
76	Steve Hutchinson	G	6-5	311	23	R	Michigan	Ft. Lauderdale, Fl.	D1(b)-'01
77	Floyd Womack	T	6-4	330	22	R	Mississippi State	Cleveland, Miss.	D4(c)-'01
78	Antonio Cochran	DE	6-4	290	25	3	Georgia	Montezuma, Ga.	D4-'99
79	Chad Overhauser	T	6-4	314	26	4	UCLA	Sacramento, Ca.	T(Chi)-'00
81	Koren Robinson	WR	6-1	213	21	R	North Carolina St.	Belmont, NC	D1(a)-'01
82	Darrell Jackson	WR	6-0	199	22	2	Florida	Dayton, Oh.	D3(a)-'00
83	Karsten Bailey	WR	5-10	198	24	3	Auburn	Newnan, Ga.	D3(b)-'99
84	Rufus French	TE	6-3	253	23	3	Mississippi	Amory, Ms.	FA-'00
85	James Hill	TE	6-4	246	26	2	Abilene Christian	Dallas, Tx.	D2-'95
86	Christian Fauria	TE	6-4	245	29	7	Colorado	Encino, Calif.	D6(a)-'00
88	James Williams	WR	5-10	188	23	2	Marshall	Raymond, Ms.	D6-'97
89	Itala Mili	TE	6-4	258	28	5	Brigham Young	Lae, Ha.	D6-'97
90	Chad Eaton	DT	6-5	306	29	6	Washington State	Puyallup, Wa.	UFA(NE)-'01
91	Matt LaBounty	DE	6-4	275	32	9	Oregon	Novato, Calif.	T(GB)-'99
92	Lamar King	DE	6-3	295	26	3	Saginaw Valley St.	Boston, Ma.	D1-'99
93	John Randle	DT	6-1	287	33	12	Texas A&I	Hearne, Tx.	UFA(Min)-'01
94	Chad Brown	LB	6-2	240	31	9	Colorado	Altadena, Calif.	UFA(Pit)-'97
95	John Hilliard	DT	6-2	294	25	2	Mississippi State	Houston, Tx.	D6(c)-'00
98	Cedric Woodard	DT	6-2	311	23	2	Texas	Sweeny, Tx.	FA-'00
99	Levon Kirkland	LB	6-1	275	32	10	Clemson	Lamar, SC	UFA(Pit)-'01

HOW BUILT

YEAR	BY DRAFT	BY TRADE/ WAIVERS	FREE AGENTS
2001	WR Koren Robinson (1a)	QB Matt Hasselbeck (T)	DT Joe Brown
	G Steve Hutchinson (1b)		FS Donnie Caldwell
	CB Ken Lucas (2)		WR Kerwin Cook
	FB Heath Evans (3)		CB Wade Davis
	LB Orlando Huff (4a)		P Kurtis Doerr
	FS Curtis Fuller (4b)		WR Jerry Dorsey
	T Floyd "Pork Chop" Womack (4c)		DT Chad Eaton
	WR Alex Bannister (5)		WR Todd Floyd
	QB Josh Booty (6)		FB Lloyd Garden
	FS Harold Blackmon (7a)		RB Jay Graham
	T Dennis Norman (7b)		K Shayne Graham
	DT Kris Kocurek (7c)		LB LaDairis Jackson
			LB Levon Kirkland
			WR Corey Nelson
			RB Rodnick Phillips
			DT John Randle
			FS Marcus Robertson
		CB Chris Rogers	
		FS Tawambi Settles	
		DT Doug Sims	
		DT Jeremy Staat	
		TE Russell Stewart	
		TE Billy Woodard	
2000	RB Shaun Alexander (1a)	G Chad Overhauser (T)	QB Travis Brown
	T Chris McIntosh (1b)	DT Cedric Woodard (W)	LS Jean-Philippe Darche
	CB Ike Charlton (2)		LB Dwan Epps
	WR Darrell Jackson (3)		TE James Hill
	LB Marcus Bell (4a)		WR Dwaune Jones
	LB Isaiah Kacyvenski (4b)		S Maurice Kelly
	WR James Williams (6a)		T Eric King
	DT Tim Watson (6b)		K Rian Lindell
	DT John Hilliard (6c)		CB Paul Miranda
			LS Scot Osborne
			CB Jermaine Smith
			LB Tim Terry
			C/G Robbie Tobeck
		S Reggie Tongue	
1999	DE Lamar King (1)	WR Fabien Bowens (W)	TE Rufus French
	QB Brock Huard (3)		
	WR Karsten Bailey (3)		
	DE Antonio Cochran (4)		
	T Floyd Wedderburn (5)		
WR/KR Charlie Rogers (5)			
1998	LB Anthony Simmons (1)		P Jeff Feagles
	T Todd Weiner (2)		G Chris Gray
			RB Ricky Watters
1997	CB Shawn Springs (1a)		LB Chad Brown
	T Walter Jones (1b)		CB Willie Williams
	TE Itula Mili (6)		
1996	FB Reggie Brown (3b)	DE Matt LaBounty (T)	G Frank Beede
1995	TE Christian Fauria (2)		
1993			FB Mack Strong
1991	DE Michael Sinclair (6)		



VETERANS



SHAUN ALEXANDER

RUNNING BACK

5-11 220

ALABAMA

2ND NFL SEASON

2ND SEAHAWKS SEASON

1ST ROUND (A) 2000

2000 GAMES/STARTS: 16/1

CAREER GAMES/STARTS: 16/1

AUGUST 30, 1977 (FLORENCE, KY.)

37

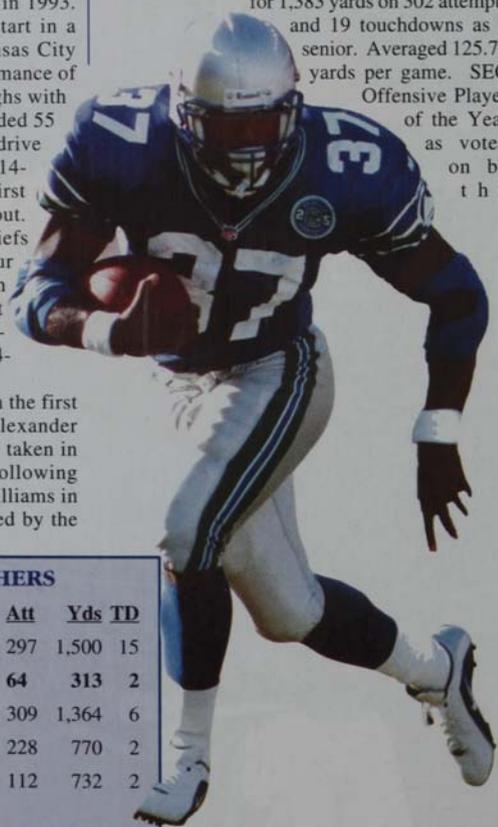
2000: Saw action in all 16 games and started one in a reserve role during his rookie season. Served as Seattle's short-yardage back on third and fourth downs. Finished the season second on the team, behind Ricky Watters, rushing 64 times for 313 yards. His 4.9-yard average ranked second among rookie running backs. Average also ranks second among all-time Seahawks rookies (*at least 50 attempts*) behind Rick Mirer. Mirer had a 5.0 average on 68 carries for 343 yards in 1993. Alexander earned his first career start in a split backfield with Watters at Kansas City (10/2) and turned in his finest performance of the season. He rushed for season highs with 11 carries and 74 yards, which included 55 yards on six carries on a touchdown drive just before halftime to give Seattle a 14-7 lead a drive he capped with his first career touchdown run from 7 yards out. In the second meeting versus the Chiefs (10/29), he only carried the ball four times, but rolled off 53 yards, which included a career-long 50-yard burst on fourth-and-1. Rushed for his second touchdown of the season on a 4-yard run versus Oakland (12/16).

PRO: Drafted with the 19th pick in the first round of the 2000 NFL draft. Alexander became the third running back to be taken in the first round by the Seahawks, following Curt Warner in 1983 and John L. Williams in 1986. The 35th running back drafted by the Seahawks.

COLLEGE: Alabama's all-time rushing leader, with 3,565 yards (4.9 avg) in four seasons. Broke Bobby Humphrey's school mark of 3,420 yards established from 1985-88. Also set school records with 727 rushing attempts, 15 100-yard games, 41 rushing touchdowns and 50 total touchdowns. Overall, he left the Crimson Tide holding 15 school records and three Southeastern Conference marks. Named first-team all-SEC after rushing

for 1,383 yards on 302 attempts and 19 touchdowns as a senior. Averaged 125.73 yards per game. SEC

Offensive Player of the Year as voted on by the



TOP ROOKIE RUSHERS

Name	Team	Avg	Att	Yds	TD
1. Mike Anderson	Denver	5.1	297	1,500	15
2. Shaun Alexander	Seattle	4.9	64	313	2
3. Jamal Lewis	Balt.	4.4	309	1,364	6
4. Ron Dayne	NYG	3.4	228	770	2
5. Thomas Jones	Arizona	3.3	112	732	2

coaches and was a finalist for the Doak Walker Award. Had two kickoff returns for 90 yards, including a touchdown. His 19 touchdowns established a conference record. Reached 1,000 yards on the ground in the seventh game, the fastest of any 'Bama player. Finished college career with 161 yards on 25 carries with three touchdowns versus Michigan in the Orange Bowl. As a junior, earned All-SEC selection after rushing for 1,178 yards on 258 carries with 13 touchdowns. Averaged 107.09 yards in 11 games. Picked up 206 yards on 20 rushing attempts and three scores versus Vanderbilt. Played in nine games as a reserve during sophomore season. Rushed for 415 yards on 90 carries (4.6) and three touchdowns. Played in 11 games and gained 589 yards on 77 carries (7.6) and six touchdowns as a freshman.

PERSONAL: Gatorade Circle of Champions Kentucky Player of the Year, *Parade* and *USA Today* All-American at Boone County (Ky.) High. Ranks fifth on the prep national career-

record list with 110 touchdowns and ninth with 6,657 yards. Rushed for 3,166 yards and 54 touchdowns as a prep senior. Earned a degree in Marketing in 1999 and is pursuing a second undergraduate degree in Advertising. Academic All-SEC as a senior. Brother, Duran, played drums in the University of Notre Dame Marching Band. Born August 30, 1977, in Florence, Ky.

ON TUESDAYS...

Shaun established the Shaun Alexander Family Foundation to help families in need. He takes an active role in fundraisers for the foundation.

ALEXANDER'S NFL RECORD

Club	G/S	Att	Rushing				Receiving				
			Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
2000 Seattle	16/1	64	313	4.9	50	2	5	41	8.2	18	0
NFL TOTALS	16/1	64	313	4.9	50	2	5	41	8.2	18	0

SINGLE GAME HIGHS

Rushes: 11, at Kansas City (10/2/00)

Yards: 74, at Kansas City (10/2/00)

Longest: 50, vs. Kansas City (10/29/00)

TD: 1, 2 Times (Last vs. Oakland, 12/16/00)

Receptions: 2, 2 Times (Last at KC 10/2/00)

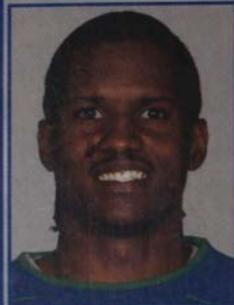
Yards: 21, vs. New Orleans (9/17/00)

Longest: 18, vs. New Orleans (9/17/00)

TD: None

ALEXANDER'S GAME-BY-GAME

2000	Opponent	Rushing					Receiving					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
09/06	at Miami	2	5	2.5	5	0	0	0	0.0	0	0	5	L
09/10	St. Louis	3	18	6.0	10	0	0	0	0.0	0	0	18	L
09/17	New Orleans	5	19	3.8	9	0	2	21	10.5	18	0	40	W
09/24	at San Diego	3	19	6.3	9	0	0	0	0.0	0	0	19	W
10/02	at Kansas City	11	74	6.7	17	1	2	13	6.5	11	0	87	L
10/08	at Carolina	1	0	0.0	0	0	0	0	0.0	0	0	0	L
10/15	Indianapolis	5	20	4.0	7	0	0	0	0.0	0	0	20	L
10/22	at Oakland	9	29	3.2	12	0	0	0	0.0	0	0	29	L
10/29	Kansas City	4	53	13.3	50	0	1	7	7.0	7	0	60	L
11/05	San Diego	4	-5	-1.3	2	0	0	0	0.0	0	0	-5	W
11/12	at Jacksonville	3	13	4.3	6	0	0	0	0.0	0	0	13	W
11/19	Bye Week												
11/26	Denver	3	1	0.3	1	0	0	0	0.0	0	0	1	L
12/03	at Atlanta	3	5	1.7	2	0	0	0	0.0	0	0	5	W
12/10	at Denver	1	16	16.0	16	0	0	0	0.0	0	0	16	L
12/16	Oakland	2	4	2.0	4	1	0	0	0.0	0	0	4	W
12/23	Buffalo	5	42	8.4	17	0	0	0	0.0	0	0	42	L
Regular Season Totals (16/1)		64	313	4.9	50	2	5	41	8.2	18	0	354	6-10



KARSTEN BAILEY

WIDE RECEIVER

83

5-10 198

AUBURN

3RD NFL SEASON

3RD SEAHAWKS SEASON

3RD ROUND (B) 1999

2000 GAMES/STARTS: 9/0

CAREER GAMES/STARTS: 11/0

APRIL 26, 1977 (NEWMAN, GA.)

2000: Saw action at wide receiver in nine games and totaled six receptions for 62 yards and one touchdown. Was inactive for seven games. Alternated with James Williams the final six weeks of the season as an active

ON TUESDAYS...

Karsten joined other teammates and Seahawks staff to help with a Habitat for Humanity project in Renton this past offseason.

receiver. Hauled in his first career catch versus New Orleans (9/17). Had season and career-high two catches versus Indianapolis (10/15) for 11 yards, and his first career touchdown--a 6-

yarder from Seattle's other third-round draft choice in 1999--Brock Huard. Matched his two catches in the season finale versus Buffalo (12/23) totaling a season and career-high 34 yards.

PRO: Selected with the second of two third-round picks (82nd overall) in 1999. A quiet, but confident deep threat with good size enabling him to be an effective pass catcher in traffic. **1999:** Was on the Seahawks roster throughout the season, but inactive all but two games. Saw action at Chicago (9/19) and versus Buffalo (10/24), but did not have

a reception. Was inactive in playoff game versus Miami (1/9/00).

COLLEGE: Tigers' all-time leading receiver with 150 receptions. His 17 touchdowns are second in team history and 2,174 yards receiving rank third. Led the club with 43 receptions, 651 yards and seven touchdowns during his senior campaign earning All-Southeastern Conference first team and All-American Dream Team honors by *The Sports Network*. Caught five passes for 113 yards versus Arkansas and gave the Tigers a 10-6 triumph versus Central Florida as he hauled in a 58-yard touchdown with 0:57 remaining. Retrieved a season-high nine passes the following week versus Georgia totaling 115 yards. Started all 13 games during a junior season in which he became one of only three Tigers to have at least 45 receptions in consecutive seasons. Ended the season with 51 catches, 824 yards and seven touchdowns. Three covered more than 70 yards. Also started every game as a sophomore leading the team with 45 receptions for 592 yards and three touchdowns. Named to the *NFL Draft Reports's* Super Sophomore Squad. Appeared in eight games as a true freshman, earning starting roles versus Arkansas and Northeast Louisiana finishing the year with nine catches for 91 yards.

PERSONAL: Lettered in football at East Coweta High in Sharpsburg, Ga., where he played wide receiver and running back. A hotel and restaurant management major at Auburn.

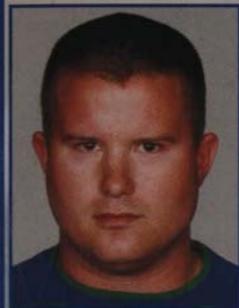
BAILEY'S NFL RECORD

Club	G/S	Receiving					Rushing			
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD
1999 Seattle	2/0	0	0	0.0	0	0	0	0	0.0	0
2000 Seattle	9/0	6	62	10.3	22	1	0	0	0.0	0
NFL TOTALS	11/0	6	62	10.3	22	1	0	0	0.0	0

SINGLE GAME HIGHS

Most Receptions: 2, 2 Times (Last: vs. Buff. 12/23/00)
Most Yards: 34, vs. Buffalo (12/23/00)
Longest Reception: 22, vs. Buffalo (12/23/00)

Most Touchdowns: 1, vs. Indianapolis (10/15/00)
Longest Touchdown: 6, vs. Indianapolis (10/15/00)



FRANK BEEDE

GUARD

6-4 308

PANHANDLE STATE

6TH NFL SEASON

6TH SEAHAWKS SEASON

UNDRAFTED FREE AGENT 1996

2000 GAMES/STARTS: 7/0

CAREER GAMES/STARTS: 46/8

MAY 1, 1973 (ANTIOCH, CALIF.)

63

2000: Played in seven games primarily as a blocker on kickoff returns. Saw action at guard versus St. Louis (9/10), at Carolina (10/8) and at Oakland (10/22). Was inactive for nine games including the final eight.

PRO: Versatile lineman who has seen action at both right and left guard, as well as center. Has played 46 games with eight starts. Has started at both right guard (6) and left guard (2). First free agent rookie offensive lineman to start in franchise history. **1996:** Played in the last 14 games after being inactive the first two. Started twice at left guard, at Miami (10/6) and at Kansas City (10/17). Started for fellow rookie Pete Kendall and went back to a reserve role when Kendall returned. One of four rookie offensive linemen on Seattle's 53-man roster and one of two undrafted rookies (along with Grant Williams) to make the roster. **1997:** Played 16 games with six starts. Started versus Oakland (10/26) and at Denver (11/2) at right guard for an injured Derrick Graham (ankle). Saw his first action at center versus San Diego (9/12) then again at San Diego (11/9). **1998:** Suffered a knee injury the first week of training camp and was placed on injured reserve (8/25). **1999:** After missing all of 1998 with a knee injury, saw action in nine games, but did not have a start. Saw action as member of special teams unit beginning at Green Bay (11/1). Replaced Brian Habib at right guard for final three drives at Denver (12/19). Also saw action at right guard in playoff game versus Miami (1/9/00).

COLLEGE: Second-team NAIA Division I All-America choice by the NAIA Division I Selection Committee. First-team All-Oklahoma Intercollegiate Conference choice after transferring from the University of California prior to the start of the season. Played for former Seahawks assistant coach Keith Gilbertson at California. Lettered two seasons at guard after beginning his career as a center. Played as a reserve in 1992 after redshirting in 1991. Majored in History.

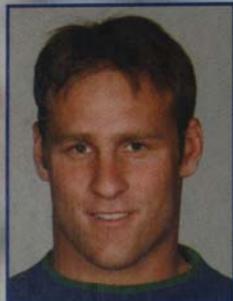
PERSONAL: Lettered in football, wrestling, and track at Antioch High School in Antioch, Calif. League heavyweight wrestling champion as a senior. Part of an offensive line that raised more than \$40,300 in 1997 to build a new Pediatrics playroom at Evergreen Hospital in Kirkland, and over \$36,000 in 1998 for the Rainier Vista Boys & Girls Club. Married to Kim on May 13, 2000, they had their first child, Frank Beede IV on March 14, 2001. They live in Kirkland, Wash.

ON TUESDAYS...

Frank was the honorary coach for a Special Olympics football clinic at the Seahawks facility. He has also made numerous appearances at the Seahawks Academy.

BEEDE'S NFL RECORD

Year	Team	GP/GS	Postseason	Year	Team	GP/GS	Postseason
1996	Seattle	—	14/2	2000	Seattle	—	7/0
1997	Seattle	—	16/6	Career		—	46/8
1998	Seattle	—	Injured Reserve	Postseason		—	1/0
1999	Seattle	—	9/0				



MARCUS BELL

LINEBACKER

6-1 240

ARIZONA

2ND NFL SEASON

2ND SEAHAWKS SEASON

4TH ROUND (A) 2000

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 16/0

JULY 19, 1977 (ST. JOHNS, ARIZ.)

55

2000: Saw action in all 16 games primarily on special teams. Finished the season fourth on the team with 12 special teams stops. Saw duty in seven games as a reserve outside line-

ON TUESDAYS...

Marcus hasn't lost the connections with children he established when he was at the University of Arizona. He enjoys visiting children's hospitals and speaking at grade schools.

backer where he posted two solo tackles, an interception and a pass defended. Had one tackle at Denver (12/10) and at Oakland (10/22). Subbed for Anthony Simmons just two plays in the first quarter versus

Oakland (12/16), but came up with his first career interception and returned it 30 yards deep into Raider territory to set up an early touchdown.

PRO: Selected by the Seahawks in the fourth

round, 116th overall, of the 2000 NFL Draft, the first of two fourth-round choices.

COLLEGE: Three-year starter and two-time first-team All-Pac 10 at middle linebacker for the Wildcats totaling 405 tackles in his career. Started all season at middle linebacker as a senior and led the team with 124 tackles adding four sacks and one interceptions. All-Pac 10 first-team selection in final two seasons. As a junior, led the conference with 11.6 tackles per game. Twice named Pac 10 Defensive Player of the Week. Finished with a team-leading 139 tackles with three sacks. Had 10 tackles in Holiday Bowl versus Nebraska. Started every game, but one at inside linebacker as a sophomore finishing second on the team with 80 tackles, including four sacks. Saw action as a backup inside linebacker during freshman season and recorded 41 tackles. Redshirted in 1995.

PERSONAL: Earned nine letters in football, wrestling and track at St. Johns High in Arizona, a town of 3,300 people. Earned all-state honors in football following his junior and senior prep seasons. Majored in geography. Middle name is Udall, and was born in St. Johns, Ariz.

BELL'S NFL RECORD

Club	G/S	Tackles		Defense		Interceptions			LG	TD	PD	FF	FR	
		Tkl	So	Ast	QB	Yds	No	Yds						Avg
2000 Seattle	16/0	2	2	0	0.0	0.0	1	30	30.0	30	0	1	0	0
NFL TOTALS	16/0	2	2	0	0.0	0.0	1	30	30.0	30	0	1	0	0

SINGLE GAME HIGHS

Tackles: 1, 2 Times (Last: vs. at Denver, 12/10/00)

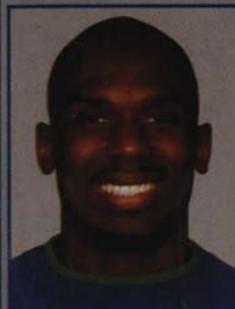
Interceptions: 1, vs. Oakland 12/16/00

Forced Fumbles: None

Fumble Recoveries: None

ADDITIONAL STATS

Special Team Tackles: 2000 (Seattle) -12; Career Totals: 12



FABIEN BOWNES

WIDE RECEIVER

5-11 189

WESTERN ILLINOIS

7TH NFL SEASON

3RD SEAHAWKS SEASON

WAIVERS (CHI) 1999

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 64/0

FEBRUARY 29, 1972 (AURORA, ILL.)

19

2000: A special teams weapon, played in 16 games and finished tied for second on the team with 13 special teams tackles. Saw action at wide receiver in games at Carolina (10/8), versus San Diego (11/5) and at Jacksonville (11/12), but did not have a reception. Returned three kickoffs for 83 yards (27.7 avg). Recovered an onside kick versus Indianapolis (10/15).

PRO: Acquired as an undrafted free agent in 1995 by Chicago. Seattle acquired off waivers from Chicago (9/6/99). Member of Chicago's practice squad in 1995 and 1996 seasons. **1995:** Spent first 14 games on practice squad. Signed to 53-player roster (12/14) and played on punt coverage unit versus Tampa Bay (12/17). Inactive for finale versus Philadelphia (12/24).

1996: Released by Chicago (8/19) in cutdown to 60. Signed to practice squad (10/16) for final nine games. **1997:** Led the special teams unit with 19 tackles and a fumble recovery. Played in all 16 games for first time in career. Returned 19 kickoffs for 396 yards. Caught first NFL pass for nine yards at New England (9/21). Set career-highs in catches (4) and yards (54) versus Washington (11/2). Recovered punt to seal victory versus Tampa Bay (11/23). **1998:** Finished 11th on team with five catches for 69 yards and a touchdown. Tied for eighth on team with 10 special teams tackles. Played in all 16 games for second consecutive season. Left game at Tampa Bay (9/20) with a heat migraine. Career-high 56 yards receiving on three catches versus Minnesota (9/27). Caught first career touchdown in fourth quarter of Bears dramatic comeback win versus Detroit (10/4). Made statement on special teams as second leading tackler with 16 (13 solo). Had four receptions for 68 yards. Had key 49-yard touchdown reception at Chicago

(9/19). Was voted special teams captain by teammates for playoff game versus Miami (1/9).

1999: Made statement on special teams as second leading tackler with 16. Had four receptions for 68 yards. Had key 49-yard touchdown reception at Chicago (9/19). Was voted special teams captain by teammates for playoff game versus Miami (1/9).

COLLEGE: Four-year letterman and honorable mention all-conference as senior. Career-best 28 catches for

346 yards and two TD's receiving in nine starts as a senior. School record holder in 200-meter dash and qualified for nationals in the 100-meter dash. Caught 12 passes for 165 yards including a 44-yard pass as a junior in 1993 while starting three games and playing in five.

PERSONAL: Track and football prep athlete at Waubonsie Valley in Aurora, Ill. Plays the trumpet and the tuba. He and his wife Nycole, have two daughters Kaleigh (2/6/97) and Naomi (6/21/99), and a baby boy Canyon (11/25/00). Born in Hollysprings, Miss. Last name is pronounced BO-ins.

ON TUESDAYS...

Fabien is active in his hometown community in Chicago and has participated in the annual United Way Hometown Huddle in Seattle.

BOWNES' POSTSEASON

Club	G/S	Receiving				Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg	TD
1999 Seattle	1/0	0	0	0.0	0	0	0	0	0.0	0
NFL TOTALS	1/0	0	0	0.0	0	0	0	0	0.0	0

BOWNES' NFL RECORD

Club	G/S	Receiving					Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD	
1995 Chicago	1/0	0	0	0.0	0	0	0	0	0.0	0	
1996 Chicago											
			Practice Squad								
1997 Chicago	16/0	12	146	12.2	21	0	0	0	0.0	0	
1998 Chicago	16/0	5	69	13.8	44	1	0	0	0.0	0	
1999 Seattle	15/0	4	68	17.0	49t	1	1	-14	-14.0	0	
2000 Seattle	16/0	0	0	0.0	0	0	0	0	0.0	0	
NFL TOTALS	64/0	21	283	13.5	49t	2	1	-14	-14.0	0	

SINGLE GAME HIGHS

Most Receptions: 4, vs. Washington 11/2/97

Most Touchdowns: 1, 2 Times (Last at Chicago 9/19/99)

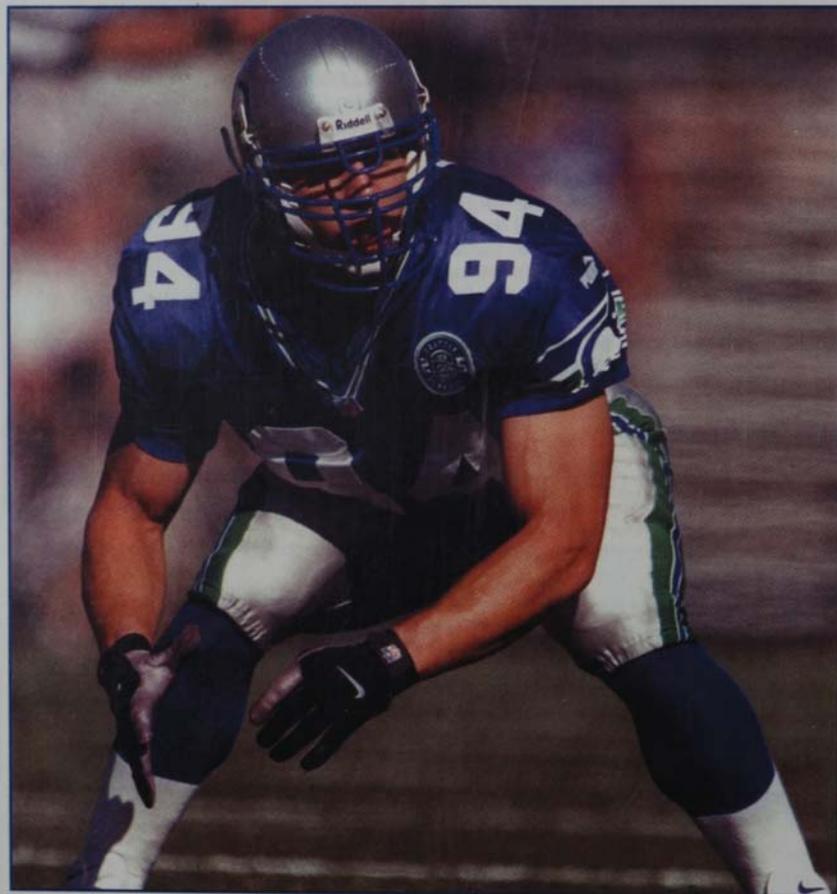
Most Yards: 54, 2 Times (Last at Chicago 9/19/99)

Longest Reception: 49t, at Chicago 9/19/99

ADDITIONAL STATISTICS

Special Team Tackles: 1997 (Chicago) -19, 1998 (Chicago) -10, 1999 (Seattle) -16, 2000 (Seattle)-13; Career Totals: 58

Kickoff Returns: 25 for 538 yards (21.5 avg.) with a long of 38.



Chad Brown tied for the team lead with 6.0 sacks in 2000.



CHAD BROWN

LINEBACKER

6-2 240

COLORADO

9TH NFL SEASON

5TH SEAHAWKS SEASON

UNRESTRICTED FREE AGENT (PIT) 1997

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 118/111

JULY 12, 1970 (ALTADENA, CALIF.)

94

2000: Started all 16 games and finished third on the team with 94 tackles (71 solo) and tied Lamar King for the team lead with 6.0 sacks. His tackle total ended a streak of three consecutive seasons eclipsing the century mark. Also had one interception, three passes defended, two forced fumbles, three fumble recoveries and a touchdown. Had 1.5 sacks and fifth career interception at Carolina (10/8). Game marked the first of three consecutive games with at least one sack, the first time since 1998. Had one sack the following week versus Indianapolis (10/15) and totaled 10 tackles. Final sack of streak came at Oakland (10/22), where he also forced a fumble. Registered a season-high 11 tackles versus San Diego (11/5) and recovered a fumble. Sacked Mark Brunell two times at Jacksonville (11/12) marking the first time he had two sacks in a game since 1998. Returned a fumble 10 yards versus Denver (11/26) for his third career touchdown. Versus Buffalo (12/23) in the season finale, collected six tackles and forced and recovered a fumble.

PRO: Made an immediate impact with the Seahawks after signing as an unrestricted free agent in 1997. Versatile player who has started at right outside linebacker, played right end in the nickel, and was used on special teams. Celebrated his third season with the Seahawks with his third trip to the Pro Bowl (second with Seahawks). Has recorded at least 100 tackles in four seasons, three consecutive (1997-99). Ranks seventh all-time for the Seahawks with 25.5 sacks. Played his first four seasons with the Pittsburgh Steelers after being their 1993 second-round draft choice, the 44th player chosen overall. Played 56 regular season games with the Steelers, starting 49. Credited with 299 tackles, 30 sacks, eight forced fumbles, and two fumble recoveries. Made his first 36 starts at inside linebacker before starting 13 times at right outside linebacker in 1996. Had 119 tackles in 1994 and then finished third in the AFC with 13 sacks in 1996. Single-game high of 4.5 sacks at Cincinnati was an NFL high for 1996. Played in nine postseason games, starting seven. Had three sacks against Indianapolis in 1996. **1993:** Played 16 games and started the last nine at inside linebacker. Also saw action at outside linebacker in nickel situations and on special teams. Finished the season with 69 tackles, three sacks, and a

team-high 10 quarterback pressures. Credited with six tackles, two sacks, and a forced fumble in his first start at Cincinnati (11/7) to earn a game ball. Posted a single-game high 10 tackles, including a sack and forced fumble, at Miami (12/13). Started at Kansas City in the postseason and had 10 tackles and added one on special teams. **1994:** Started 16 regular season games and led team with career-best 119 tackles. Also led with 90 solo stops and was third with 8.5 sacks. Had at least 10 tackles in four games, including a single-game career best 14 (12 solo) versus Seattle in Husky Stadium. Led team in tackles six times. Picked off first career pass versus

Cleveland (12/18). Added seven tackles in two postseason starts. **1995:** Started 10-of-the-first-11 games, missing game eight with an ankle sprain, an injury that also kept him inactive for the last five games. Was leading the NFL with 5.5 sacks after five weeks.

Included was a three-sack performance at Houston (9/10). Inactive versus Jacksonville (10/29) his first game missed on any level. Returned to play in all three postseason games, starting Super Bowl XXX versus Dallas. **1996:** Played and started 14 games. Started the season opener at inside linebacker before moving to outside linebacker after a season-ending injury to five-time Pro Bowler Greg Lloyd and earned a trip to the Pro Bowl as a starter. Missed two-of-the-last-four games with an ankle injury but returned to start both playoff games. Led the team with 13 sacks, a total that ranked third in the AFC and fourth in the NFL. Had an NFL-high 4.5 sacks at Cincinnati (10/13), one-half off the club record, and 11 tackles to earn AFC Defensive Player of the

ON TUESDAYS...

**Chad did two PSA's
with the American
Lung Association on
asthma and is
involved with the
Boys & Girls Club.**

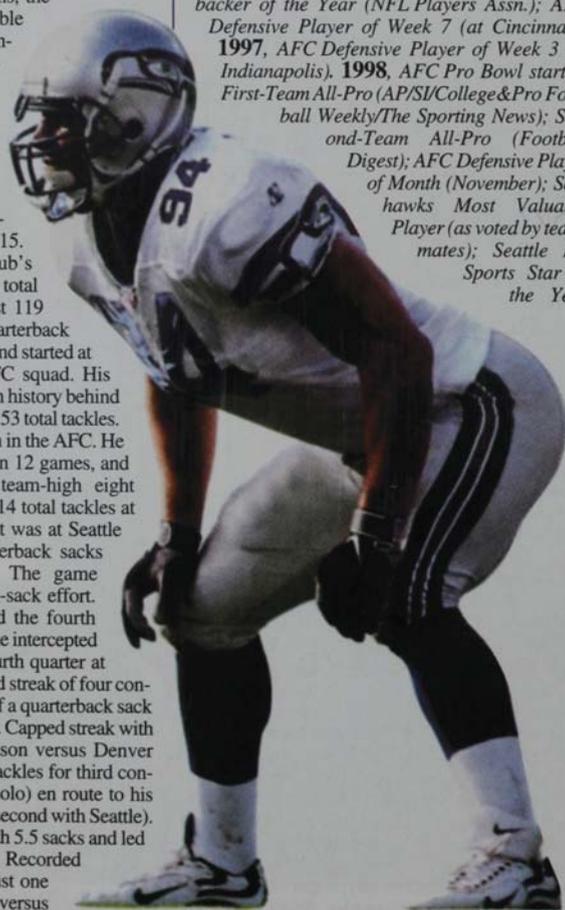
Week honors. Sack total was the highest by an NFL player since 1991. Totaled three sacks versus Jacksonville (11/18) and two against San Diego (12/8). Second with 81 tackles and had a single-game high 11 at Cincinnati. Totaled five tackles and three sacks against Indianapolis in a wild card game and added six tackles at New England. **1997:** Started 15 games at right linebacker and led team in tackles with 104. Inactive at Oakland (12/14) after suffering a concussion at Baltimore (12/7) on the game's first play. Injury kept him out of most of the second half of that game. Also was the team leader in solo tackles (75), assisted tackles (29), and fumble recoveries (4). Finished third in sacks (6.5) and tied for second in tackles for loss (12.5). Had three games with at least ten tackles and led the team in tackles a team high six times. Totaled 12 tackles versus Tennessee (10/5) and 11 at Kansas City (9/28) and at Denver (11/2). Earned AFC Defensive Player of the Week honors after a three-sack performance at Indianapolis (9/21). Defense held the Colts to a franchise low 118 yards. Had 1.5 sacks at San Diego (11/9). Scored two touchdowns, the first of his career, on fumble returns, a 26-yarder against Denver (9/7) and a 42-yarder at Baltimore (12/7). Tied a team record with two fumble recoveries at New Orleans (11/16). Finished with a team-high four recoveries, the most recoveries by an individual since 1991. Signed as an unrestricted free agent on February 15.

1998: Finished season as club's leader in total tackles with 150 total stops (team-high and career-best 119 solo), and second with 7.5 quarterback sacks. Was voted to Pro Bowl and started at outside linebacker for the AFC squad. His tackle total ranks second in team history behind Terry Beeson's 1978 record of 153 total tackles. His sack total was good for 10th in the AFC. He recorded at least nine tackles in 12 games, and led the club in total tackles a team-high eight times. Tied a career-high with 14 total tackles at Pittsburgh (9/27), previous best was at Seattle (9/25/94). Registered two quarterback sacks against Kansas City (11/8). The game marked his eighth career multi-sack effort. In the game, he also recorded the fourth interception of his career when he intercepted a Rich Gannon pass in the fourth quarter at the Seahawks' 15-yard line. Had streak of four consecutive games with at least half a quarterback sack during the season (9/20 - 10/11). Capped streak with second 14-tackle effort of season versus Denver (10/20). **1999:** Led team in tackles for third consecutive season with 117 (87 solo) en route to his third AFC Pro Bowl selection (second with Seattle). Finished fourth on the team with 5.5 sacks and led the team five times in tackles. Recorded five tackles and 1.5 sacks in just one half of action in season opener versus Detroit (9/12), but suffered a neck

injury and was forced to miss the second half and the following week. Returned to record eight tackles versus Pittsburgh (9/26). Tied season high with team leading 12 stops (11 solo) and a forced fumble in Monday Night game at Green Bay (11/1). Also tallied 12 tackles (eight solo) and a sack versus Tampa Bay (11/28). Led the team with 10 tackles (five solo) at Oakland (12/5). Recorded seven tackles and a sack in Kingdome's finale versus Kansas City (12/26) and a team-leading 10 tackles (seven solo) and sack in final regular season game at New York Jets (1/2/00). Led team with 10 stops (six solo) in playoff loss to Miami (1/9/00).

HONORS: 1993, First-team All-Rookie (Pro Football Weekly/Pro Football Writers Association and Football News); Pittsburgh Rookie of the Year (Pittsburgh Pro Football Writers Association). **1996, AFC Pro Bowl starter; First-team All-NFL** (Associated Press, Pro Football Weekly/Pro Football Writers of America, College & Pro Football Newsweekly, Football Digest, Sports Illustrated); First-team All-AFC (Football News); AFC Linebacker of the Year (NFL Players Assn.); AFC Defensive Player of Week 7 (at Cincinnati).

1997, AFC Defensive Player of Week 3 (at Indianapolis). **1998, AFC Pro Bowl starter; First-Team All-Pro** (AP/SI/College & Pro Football Weekly/The Sporting News); Second-Team All-Pro (Football Digest); AFC Defensive Player of Month (November); Seahawks Most Valuable Player (as voted by teammates); Seattle P-I Sports Star of the Year



Nominee. 1999, AFC Pro Bowl.

COLLEGE: Four-year starter. Two time first-team All-Big Eight Conference. Played inside linebacker his first two seasons before moving outside as junior and senior. Finished his career with 369 total tackles, including 242 solo, 38 tackles for loss, and 14 sacks. Finished fourth in school history in total tackles and third in solo stops. Posted a single-season high 125 tackles in 1991 along with eight sacks. Had 15 tackles for loss in both 1991 and 1992. Set up game-winning touchdown with a forced fumble in 1990 Orange Bowl versus Notre Dame and enabled Colorado to win the national championship. Graduated with a degree in Marketing.

PERSONAL: Played linebacker, tight end, and

fullback at John Muir High School in Altadena, Calif. with current teammate Marcus Robertson. First-team all-state choice as a senior after recording 136 tackles with 11 sacks, and six fumble recoveries. Added 13 receptions with four touchdowns, and 320 rushing yards and three scores. Two-time All-San Gabriel Valley and All Pacific League choice as a junior and senior. Team went 14-0 and won CIF title as a junior. Also lettered in track. Currently learning to play the drums. He and his wife, Kristin (6/11/94), have a daughter, Amani (8/2/96) and a son, Aram (5/12/99). Chad owns his own business, *Pro Exotics* in Littleton, Colo., where he breeds and sells non-venomous snakes and reptiles. Lives in Lone Tree, Colo.

C. BROWN'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1993 Pittsburgh	16/9	69	43	26	3.0	22.0	0	0	0.0	0	0	n/a	2	0
1994 Pittsburgh	16/16	119	90	29	8.5	73.0	1	16	16.0	16	0	n/a	2	0
1995 Pittsburgh	10/10	30	20	10	5.5	40.0	0	0	0.0	0	0	n/a	1	0
1996 Pittsburgh	14/14	81	51	30	13.0	97.5	2	20	10.0	16	0	n/a	3	2
1997 Seattle	15/15	104	75	29	6.5	43.0	0	0	0.0	0	0	3	1	4
1998 Seattle	16/16	150	119	31	7.5	37.5	1	11	11.0	11	0	8	1	1
1999 Seattle	15/15	117	87	30	5.5	29.0	0	0	0.0	0	0	6	2	1
2000 Seattle	16/16	94	71	23	6.0	20.0	1	0	0.0	0	0	3	2	3
NFL TOTALS	118/111	764	556	208	55.5	362.0	5	47	9.4	16	0	20	14	11

POSTSEASON

Club	G/S	Tackles			Sacks		For Loss			Interceptions				
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1993 Pittsburgh	1/1	10	6	4	0.0	0.0	0	0	0.0	0	0	0	0	0
1994 Pittsburgh	2/2	7	4	3	0.0	0.0	0	0	0.0	0	0	1	0	0
1995 Pittsburgh	3/1	8	5	3	0.0	0.0	0	0	0.0	0	0	0	0	0
1996 Pittsburgh	2/2	11	10	1	3.0	37.0	0	0	0.0	0	0	1	0	0
1999 Seattle	1/1	10	6	4	0.0	0.0	0	0	0.0	0	0	1	0	0
NFL TOTALS	9/7	46	31	15	3.0	37.0	0	0	0.0	0	0	3	0	0

SINGLE GAME HIGHS

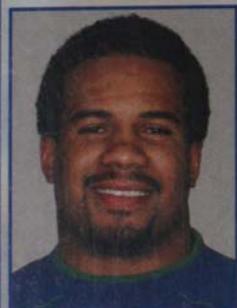
Tackles: 14, Three Times (Last: vs. Denver, 10/11/98)
Sacks: 4.5, at Cincinnati 10/13/96
Interceptions: 1, 5 Times (Last: vs. Carolina 10/8/00)
Longest Interception Return: 16 Twice (Last: at Cin. 11/10/96)
Forced Fumbles: 1, 14 Times (Last: vs. Buffalo 12/23/00)

Fumble Recoveries: 2, at New Orleans 11/16/97
Longest Return: 42, at Baltimore 12/7/97 (TD)
Most Touchdowns: 1, vs. Denver 9/7/97 (16 yards); at Baltimore 12/7/97 (42 yards); vs Denver 11/26/00 (10 yards)

SEAHAWKS LEADING TACKLERS OVER THE LAST FOUR SEASONS

		TOTAL	SOLO	ASST.
LB	CHAD BROWN	465	352	113
S	JAY BELLAMY	333	277	56
LB	ANTHONY SIMMONS*	278	205	73
S	SHAWN SPRINGS	271	230	41
CB	WILLIE WILLIAMS	265	227	38

*Has played only three seasons



REGGIE BROWN

FULLBACK

6-0 241

FRESNO STATE

6TH NFL SEASON

6TH SEAHAWKS SEASON

3RD ROUND (B) 1996

2000 GAMES/STARTS: 13/1

CAREER GAMES/STARTS: 63/11

JUNE 26, 1973 (HIGHLAND PARK, MICH.)

34

2000: Played in 13 games. Was inactive with a stinger versus Indianapolis (10/15) and at Oakland (10/22). Dressed but did not play versus Kansas City (10/29). Carried the ball three times all season for 6 yards. Caught two passes for 9 yards. Most action came on special teams.

PRO: Second of two third-round draft choices in 1996. Pick had been acquired from the Detroit Lions on draft day, along with the Lions first-round choice in exchange for Seattle's first-round choice, a pick that had been acquired from the Houston Oilers.

1996: Played the first seven games as a reserve fullback and special teams performer. Injured his knee at Kansas City and missed the last nine games on injured reserve. **1997:** Saw action in the first 11 games as a reserve fullback and special teams performer.

former.

Inactive games

12-15 and on

injured reserve

for game 16

with a knee

injury. Had five

special teams

tackles. **1998:**

Made first

career start at

San Diego

(10/25) when

he replaced

regular Mack

Strong (injured

on opening

kickoff).

ON TUESDAYS...

Reggie spent time helping with the annual Seahawks blood drive and marrow donor program at Garfield High School.

Recorded his first career rushing attempt with 2-yard run versus Denver (10/11). Had 19-yard kickoff return at Kansas City (10/4). Finished the season with

four special teams tackles. **1999:** Entered the season as the starter at fullback and played in all 16 games with a career-high nine starts. Registered a career-high 14 carries for a career-high 38 yards. Also recorded career highs with 34 receptions for 228 yards. Tied career and season high with five receptions in opener versus Detroit (9/12) and versus Tampa Bay (11/28). Scored first career touchdown versus Oakland (10/3) on a 21-yard reception and had a career-high four carries the following week at San Diego (10/17).

COLLEGE: Two-year letterman after transferring from the College of the Desert in Palm Desert, California. Scored 28 touchdowns in 23 games over two seasons, ranking fifth on the school's career list. Led the team in rushing with 719 yards on 131 carries (5.5 avg) and nine touchdowns as a senior. Caught 18 passes for 183 yards and three scores. Also led in scoring with 72 points on 12 touchdowns. Had three touchdowns in a win over the University of California and carried 21 times for 144 yards versus UCLA. Scored in nine straight games over his junior and senior seasons. Second-team All-Western Athletic Conference as a junior in 1994. Led the conference in touchdowns with 16 and in scoring with 96 points. Rushed for 412 yards on 107 carries (3.9 avg). Career high 161 yards, on 35 carries, with three touchdowns versus San Diego State. Played two seasons at College of the Desert. Earned All-Foothill Conference honors as a sophomore when he rushed for 777 yards on 110 carries and 13 touchdowns. Speech Communications major.

PERSONAL: Eamed all-state honorable mention at Henry Ford High School in Detroit, Mich. Played wide receiver, safety and quarterback. Lives in Detroit, Mich.

R. BROWN'S NFL RECORD

Club	G/S	Rushing					Receiving				
		Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
1996 Seattle	7/0	0	0	0.0	0	0	0	0	0.0	0	0
1997 Seattle	11/0	0	0	0.0	0	0	0	0	0.0	0	0
1998 Seattle	16/1	1	2	2.0	2	0	0	0	0.0	0	0
1999 Seattle	16/9	14	38	2.7	9	0	34	228	6.7	26	1
2000 Seattle	13/1	3	6	2.0	3	0	2	9	4.5	6	0
NFL TOTALS	63/11	18	46	2.6	9	0	36	237	6.6	26	1

R. BROWN'S POSTSEASON

Club	G/S	Rushing					Receiving				
		Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
1999 Seattle	1/1	0	0	0.0	0	0	2	18	9.0	10	0
PLAYOFF TOTALS	1/1	0	0	0.0	0	0	2	18	9.0	10	0

SINGLE GAME HIGHS

Rushes: 10, at Houston (12/11/94)
Yards: 44, at Houston (12/11/94)
Longest: 14, vs. Indianapolis (12/4/94)
TD: 1, Two Times (Last at Jacksonville, 11/12/95)

Receptions: 4, at Arizona (10/29/95)
Yards: 42, at Arizona (10/29/95)
Longest: 25, vs. Cincinnati (9/17/95)
TD: 2, at Arizona (10/29/95)



TRAVIS BROWN

QUARTERBACK

6-3 218
 NORTHERN ARIZONA
 2ND NFL SEASON
 2ND SEAHAWKS SEASON
 FREE AGENT 2000
 2000 GAMES/STARTS: 1/0
 CAREER GAMES/STARTS: 1/0
 JULY 17, 1977 (PHOENIX, ARIZ.)

5

2000: Served as the Seahawks practice squad quarterback before signing to the active roster November 21. Was inactive as the third quarterback his first game on the roster versus Denver (11/26). Was the backup to Kitna for the remainder of the season due to a season-ending kidney injury to Brock Huard in the Denver game. Made his NFL debut versus Oakland (12/16) when he replaced Jon Kitna (knee) for three plays. Attempted one pass that fell incomplete.

PRO: Signed with the Seahawks as a free agent August 30, 2000. Originally signed by Philadelphia as an undrafted free agent and went to training camp with the Eagles, before being released at the end of camp.

COLLEGE: Had a fine four-year career at Northern Arizona setting school records in passing yards (11,400), touchdown passes (86), and passing yards per game (278). Was an All-Big Sky Conference selection as a senior in 1999 after completing 246 of 420 passes (58.6%) for 3,057 yards and 31 touchdowns with only seven interceptions. Had 18 career

300-yard games and four 400-yard games and was the first quarterback in school history to post three 3,000-yard seasons. Set a school record with seven touchdown throws against Cal-State Sacramento as a freshman in 1996. Later that year, he shattered the school record with 474 passing yards versus Montana.

PERSONAL: Attended Moon Valley High School in his hometown and birthplace of Phoenix, Ariz. Earned Academic All-Big Sky honors as an education major. Married, Corinna (7/1/00).

ON TUESDAYS...

Travis and his wife Corinna helped build a house for Habitat for Humanity. He also worked with the United Way Hometown Huddle.

T. BROWN'S NFL RECORD

Year	Club	G/S	Passing					Sacked	Rate
			Att	Comp	Yds	Pct	TD		
2000	Seattle	1/0	1	0	0	0.0	0	0	0.0
NFL TOTALS		1/0	1	0	0	0.0	0	0	0.0



IKE CHARLTON

CORNERBACK

23

5-11 204

VIRGINIA TECH

2ND NFL SEASON

2ND SEAHAWKS SEASON

2ND ROUND 2000

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 16/0

OCTOBER 6, 1977 (ORLANDO, FLA.)

2000: Played in all 16 games primarily on special teams. Saw action in 10 games at cornerback as a nickel and dime corner and collected 13 total tackles (11 solo) with one forced fumble at Jacksonville (11/12) which led to a touchdown. Totaled seven special teams stops. Had season-high five tackles in season finale versus Buffalo (12/23).

PRO: Selected by the Seahawks in the second round,

ON TUESDAYS...

Ike has set up a scholarship program through the YMCA for deserving students with aspirations of attending a four-year college.

52nd overall, of the 2000 NFL Draft after forgoing his senior season and entering the draft after his junior year.

COLLEGE:

Two-year starter at cornerback for the Hokies. Earned first-team All-American mention after start-

ing every game at cornerback his junior season. Finished the season with 51 tackles, one interception and three fumble recoveries. Started all year at cornerback as a sophomore recording 48 tackles and five interceptions. Saw action in every game as a freshman and collected 36 tackles and two interceptions. Returned 18 kickoffs for a 20.7-yard average. Also, caught two passes for 15 yards and rushed once for 16 yards. Redshirted as a freshman.

PERSONAL: Four-year letterman as a defensive back, wide receiver and quarterback at Dr. Phillips High in Orlando, Fla. Earned all-county honors as a defensive back as a sophomore and junior. Moved to quarterback for his senior season and earned all-district and all-Central Florida honors. Finished his career with more than 1,500 yards rushing, 1,000 yards passing and 30 touchdowns. Also, collected 80 tackles and six interceptions. Ran track at Virginia Tech in the winter of 1996-97 and finished fifth in the 55-meter dash and seventh in the 200 meters at the Atlantic 10 Conference Championship. Was a Housing, Interior Design and Resource Management major at Virginia Tech. Born on October 6, 1977 in Orlando, Fla.

CHARLTON'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2000 Seattle	16/0	13	11	2	0.0	0.0	0	0	0.0	0	0	0	1	0
NFL TOTALS	16/0	13	11	2	0.0	0.0	0	0	0.0	0	0	0	1	0

SINGLE GAME HIGHS

Tackles: 5, vs. Buffalo (12/23/00)

Sacks: None

Interceptions: None

Forced Fumbles: 1, at Jacksonville (11/12/00)

Fumble Recoveries: None

ADDITIONAL STATS

Special Team Tackles: 2000 (Seattle) - 7; Career Totals: 7



ANTONIO COCHRAN

DEFENSIVE END

6-4 290

GEORGIA

3RD NFL SEASON

3RD SEAHAWKS SEASON

4TH ROUND 1999

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 21/0

JUNE 21, 1976 (MONTEZUMA, GA.)

78

2000: Played in all 16 games as a reserve defensive tackle and totaled 22 tackles (19 solo), two passes defended and a half sack. Had career-high three tackles in games at Miami (9/3), at Jacksonville (11/12), versus Denver (11/26) and versus Buffalo (12/23). Split a sack, the first of his career, with Matt LaBounty at Jacksonville.

PRO: Selected in the fourth round, 115th overall, of the 1999 draft. Physical player who has the burst to turn the corner on the pass rush and is very effective in backside pursuit. Can play both tackle and end. **1999:** Saw action in five games and recorded two solo tackles. Recorded first career tackle versus Denver (11/14).

COLLEGE: Started the final 10 contests as a senior for the Bulldogs recording 40 tackles (25 solo) with 2.5 sacks and 10 tackles for loss. Deflected three passes and credited with 17 quarterback pressures. Played in every game during a junior season in which he recorded 47 tackles (27 solo) and one sack. Posted a career-high nine tackles versus Kentucky. Attended Middle Georgia Junior College and named first team All-American by the NJCAA and named to *Super Prep's* Top Juco 100 squad after recording 63 tackles, five sacks and one interception in his sec-

ond season. First season he was named honorable mention All-American by *J.C. Gridwire* totaling 61 tackles with four sacks on a defense that ranked fifth in the nation in rushing defense (82.1 ypg) and total defense (212 ypg).

PERSONAL: All-State, *Shutt Magazine* All-American and *Atlanta Journal-Constitution* "Super 11" selection at Macon County (Ga.) High. Did not play football as a youngster; he only participated in basketball. Has been involved with the Seahawks community outreach department by lending a helping hand to reach out to homeless children in the Seattle area. Resides in Montezuma, Ga.

ON TUESDAYS...

Antonio helped make it a special holiday season for kids at the annual First Place Christmas party and provided support during the team's Blood Drive and Bone Marrow Day.

COCHRAN'S NFL RECORD

Club	G/S	Tackles			Sacks			Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg						
1999 Seattle	5/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0	
2000 Seattle	16/0	22	19	3	0.5	1.0	0	0	0.0	0	0	2	0	0	
NFL TOTALS	21/0	24	21	3	0.5	1.0	0	0	0.0	0	0	2	0	0	

SINGLE GAME HIGHS

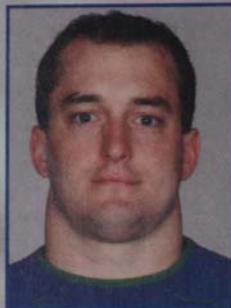
Tackles: 3, 4 Times (Last: vs. Buffalo 12/23/00)

Sacks: 0.5, at Jacksonville (11/12/00)

Interceptions: None

Forced Fumbles: None

Fumble Recoveries: None



JEAN-PHILIPPE DARCHE

LONG SNAPPER

6-0 239

McGILL COLLEGE (CANADA)

2ND NFL SEASON

2ND SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 16/0

FEBRUARY 28, 1975 (MONTREAL, QUEBEC)

52

2000: Handled all of Seattle's snapping duties in all 16 games. Recorded four tackles on special teams.

PRO: Signed with the Seahawks as a free agent May 11, 2000. Selected in the third round of the Canadian Football League

ON TUESDAYS...

J.P. participated in the Practice with the Pros youth football clinic with B.C. Lions players in Vancouver, B.C. Several hundred kids received instruction on the fundamentals of football.

College Draft by the Toronto Argonauts (21st overall) in June of 1998. Led the Argonauts special teams unit with 17 tackles.

COLLEGE: Named McGill University's co-captain three consecutive

years, and voted team's MVP his final two seasons. Finished his career as the school's all-time leading tackler. As a fifth year senior, he was named Defensive Player of the Game three times and Special Teams Player of the Game once. Led team in tackles with 62 as a senior, including a team record 17 in one game. Three fumble recoveries led the team and three interceptions were tied for a team high. Despite knee injuries during his junior season, he was third on the team in tackles with 34. Awarded Defensive Player of the Game in an 18-0 victory over Concordia. Sophomore season saw him lead the team in tackles and was second in interceptions on his way to being voted Most Improved Player. Tallied six tackles and was one of only three McGill rookies to play on defense in his freshman year.

PERSONAL: Was named Athlete of the Year at Andre Grasset Junior College in 1993-94. Voted to the Montreal High School All-Star football game as a senior. The "Father of Basketball," James Naismith attended McGill College. His brother played for the NHL's Columbus Blue Jackets. Graduated with "great distinction" in three years before entering medical school in 1997. Has a wife Joanne (7/31/99).

NFL SPECIAL TEAMS RANKINGS OVER THE LAST FIVE SEASONS

1996	1997	1998	1999	2000
1. Buffalo	1. Jacksonville	1. Dallas	1. Seattle	1. Miami
2. Carolina	2. Kansas City	2. Baltimore	2. Carolina	2. Carolina
3. NY Giants	3. NY Jets	3. Denver	3. Dallas	3. Tennessee
4. Tampa Bay	4. Dallas	4. Chicago	4. Chicago	4. Baltimore
5. Indianapolis	5. Atlanta	5. Seattle	5. Tampa Bay	5. Seattle
16. Seattle	30. Seattle			

* Ranked by Rick Gosselin of the *Dallas Morning News*.

Seattle has had one of the top special teams units since Pete Rodriguez took over in 1998.



CHAD EATON

DEFENSIVE TACKLE

6-5 306

WASHINGTON STATE

6TH NFL SEASON

1ST SEAHAWKS SEASON

FREE AGENT 2001

2000 GAMES/STARTS: 14/13

CAREER GAMES/STARTS: 65/44

APRIL 6, 1972 (PUYALLUP, WASH.)

90

2000: Started 13 games and played in 14 at nose tackle for the Patriots. Was inactive versus the New York Jets (10/15) and at Indianapolis (10/22) with a leg injury. The Patriots defense did not allow a 100-yard rusher with him in the line up. Finished the season with 78 tackles (61 solo), three sacks, three passes defended and a forced fumble. Set a career high with 12 tackles at Chicago (12/10) sharing a team high. Earned NFL Special Teams Player of the Week at Buffalo (12/17) after leading the team and tying a career high with 12 tackles, blocking two field goals, including a potential game-winner in overtime, and sacking Doug Flutie one-and-a-half times.

PRO: Signed with the Seahawks as a free agent March 9, 2001, after spending the last five seasons with the New England Patriots where he played in 65 games with 44 starts. Has 224 career tackles to go along with 13.5 sacks. An original seventh-round draft choice by the Arizona Cardinals in 1995, he was released following training camp and signed to the Cleveland Browns practice squad that season.

1999: Started every game at nose tackle and recorded 53 total tackles, including three sacks. Recovered a team-high three fumbles and forced another. Recorded one-and-a-half sacks versus Kansas City (10/10), the first of three consecutive games with at least one. Assisted on a sack versus Miami (10/17) and registered one sack versus Denver (10/24). Recorded a season-high seven tackles versus the New York Jets. Returned a fumble 30 yards versus Buffalo (12/26) leading to the Patriots only touchdowns. Returned a fumble 23 yards for first-career touchdown the following week in the season finale versus the Ravens. **1998:** Won the starting nose tackle job in training camp and started 14 of 15 games, missing just one game (at Buffalo 11/15) due to a thigh contusion. Finished ninth on the team with 69 total tackles, and second with six sacks. Forced his first career fumble and recovered another in consecutive weeks at Pittsburgh (12/6) and at St. Louis (12/13). Earned AFC Defensive Player of the Week honors for his performance at Pittsburgh (12/06) when he sacked the elusive Kordell Stewart for three sacks and forced a fumble which resulted in a New England touchdown. First sack of the season came against the Kansas City Chiefs (10/11). He

proceeded to register sacks in his next two contests versus the Jets (10/19) and at Miami (10/25). Was credited with his first blocked field goal on a Hohn Hall attempt versus the Jets. He led the team in tackles three times, including back-to-

back games versus Buffalo (11/29) and at Pittsburgh (12/6). Closed out the regular season with a career-high 12 tackles versus the New York Jets (12/27). **1997:** Played in every game at defensive tackle and made his first career NFL start in the season finale at Miami (12/28). Totaled 21 tackles, including a sack, and had three passes defended. His sack was one of three tackles at Indianapolis (9/7). Posted a career-high six tackles and a pass defended versus Pittsburgh (12/13). Saw action in both playoff games providing a tackle in each contest. **1996:** Activated from the Patriots' practice squad on November 28. Saw action in the final four regular season games and three playoff games. He contributed four tackles, including a sack and two passes defended. Added three tackles, including half a sack, in the postseason. Made his NFL debut at San Diego (12/1), where he also recorded his first-career tackle, a sack of quarterback Sean Salisbury. **1995:** Activated off the Browns practice squad for the final two games of the season, but was listed among the team's inactives prior to each of the final two games of the season.

COLLEGE: Started 23 of 35 games at Washington State (1991-94) and totaled 146 tackles (104 solo), including 11.5 sacks for 80 yards while recovering three fumbles. Earned first-team All-Pac 10 honors after starting every game and totaling 69 tackles and 4.5 sacks as a senior. Deflected two passes and blocked two kicks. Earned second-team all-confer-

ON TUESDAYS...

Chad's been active since returning to the state of Washington with various speaking engagements with schools and groups.

ence honors as a junior. Started every game and totaled 62 tackles and six sacks for the Cougars. Recovered a pair of fumbles and batted down a pass. Played in every game, but did not start as a sophomore. Finished that season with 15 tackles and one sack. Redshirted as a freshman.

PERSONAL: Earned first-team all-state honors as a two-way lineman at Rogers High in Puyallup,

Wash. Selected as Prep Lineman of the Year by the Washington State Sportswriters Association as a senior. Earned league Most Valuable Offensive and Defensive Lineman accolades. Was a blue chip selection by the Seattle Times and the Tacoma News Tribune. Chad and his wife, Tina, live in Kirkland and have a son, Daniel.

EATON'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1995 Cleveland		Practice Squad												
1996 Patriots	4/0	4	3	1	1.0	4.0	0	0	0.0	0	0	2	0	0
1997 Patriots	16/1	21	13	8	1.0	4.0	0	0	0.0	0	0	3	0	0
1998 Patriots	15/14	69	50	19	6.0	22.0	0	0	0.0	0	0	4	1	1
1999 Patriots	16/16	53	40	13	3.0	10.5	0	0	0.0	0	0	0	1	3
2000 Patriots	14/13	78	61	17	3.0	19.0	0	0	0.0	0	0	3	1	0
NFL TOTALS	65/44	225	167	58	14.0	59.5	0	0	0.0	0	0	12	3	4

POSTSEASON

Club	G/S	Tackles			Sacks		For Loss			Interceptions				
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1996 Patriots	3/0	3	2	1	0.5	4.0	0.0	0	0.0	0	0	0	0	0
1997 Patriots	2/0	2	1	1	0.0	0.0	0	0	0.0	0	0	0	0	0
1998 Patriots	1/1	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS	6/1	7	5	2	0.5	4.0	0	0	0.0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 12, 3 Times (Last: at Buffalo 12/17/00)

Sacks: 3.0, at Pittsburgh (12/6/98)

Interceptions: None

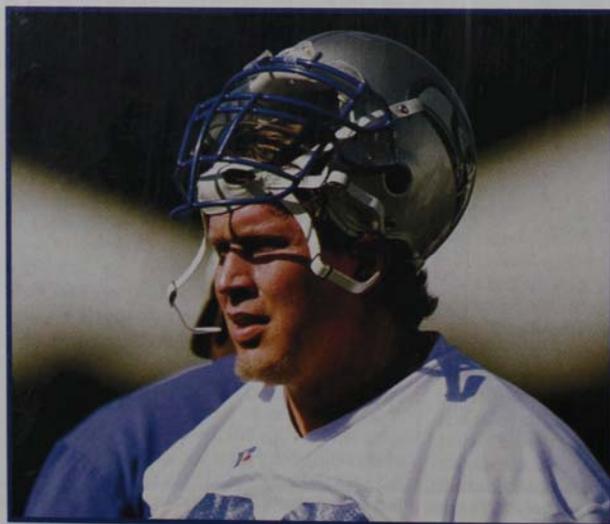
Forced Fumbles: 1, 3 Times (Last: at Chicago 12/10/00)

Fumble Recoveries: 1, 4 Times (Last: vs. Baltimore 1/2/00)

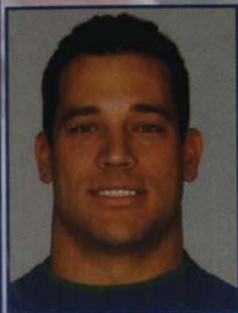
Blocked Field Goals: 2, at Buffalo (12/17/00)

ADDITIONAL STATISTICS

Blocked Field Goals: 1998 (New England) - 1; 2000 (New England) - 2; Career -3.



Defensive tackle Chad Eaton joins John Randle as part of a revamped defensive line in 2001. He played collegiately at Washington State with teammate Robbie Tobeck. Eaton earned All-Pac 10 honors as a senior.



CHRISTIAN FAURIA

TIGHT END

6-4 245

COLORADO

7TH NFL SEASON

7TH SEAHAWKS SEASON

2ND ROUND 1995

2000 GAMES/STARTS: 15/10

CAREER GAMES/STARTS: 87/61

SEPTEMBER 22, 1971 (ENCINO, CALIF.)

86

2000: Started 10 games and played in 15, totaling 28 receptions for 237 yards while matching a career high with two touchdown receptions. He and Itula Mili combined for five touchdowns marking the most by the position since Mike Tice and Travis McNeal combined for five in 1991. A nagging hamstring injury limited his action early in the season, but did have at least one reception in all but three games. Did not play in the season opener at Miami (9/3), and saw limited action the following week versus St. Louis (9/10), but did not have a reception. Had season highs versus Kansas City (10/29) with five receptions and 50 yards. Also had a touchdown. Recorded a touchdown the following week versus San Diego (11/5) marking the first time he had touchdowns in back-to-back games. Also added one special teams tackle.

PRO: Second-round 1995 draft choice, the highest choice ever used on a tight end, by the Seahawks. Has 145 receptions for 1,495 yards and six scores in 87 games. **1995:** Played 14 games, starting nine. Missed two games on the inactive list with a knee injury. Caught a franchise rookie tight end record 17 passes for 181 yards and one score. **1996:** Played the first 10 games, starting the last nine. Scheduled to be the starter but was slowed after missing all the preseason after breaking a finger in training camp. Did not start at San Diego (9/1), but returned to the starting lineup against Denver (9/8) and remained there until missing the last six games on injured reserve after breaking an ankle versus Minnesota (11/10). Caught 18 passes for 214 yards and one touchdown, a 23-yarder against Denver (12/1), one of a season-high four receptions for 53 yards. **1997:** Played 16 games with three starts. Caught ten passes for 110 yards, including a career-long 25-yard reception against Atlanta (11/30). Credited with four tackles on special teams. **1998:** Won the starting job in the preseason and finished the year with a career-high 37 receptions, tying the team's single-sea-

son record for a tight end. Also established career-highs in receiving yards (377) and touchdowns (2). Set personal single-game highs with five receptions and 67 yards at Denver (12/27). Scored team's only touchdown versus Pittsburgh (9/27) on an acrobatic 14-yard reception. Totaled 56 yards versus Oakland (11/1), a career mark at the time which included a 25-yard reception, tying a career-long. **1999:** Started 15 games and played in 16 while recording 35 receptions for 376 yards. Did not start the season opener versus Detroit (9/12) due to a preseason knee injury, but did see playing time. Started the final 15 games including the playoff game versus Miami (1/9/00).

Caught at least one pass in the final 14 games, including three versus Miami for 31 yards. Caught four passes for 60 yards at San Diego (10/17), and four again when San Diego visited the Kingdome (12/12). Had a career day two weeks later versus Kansas City (12/26) in the Kingdome's final regular-season game when he caught six passes for 84 yards, both career highs.

COLLEGE: Finished his career with 98 receptions for 1,058 yards, and 12 touchdowns. Ranked fourth in school history in receptions and ninth in yards. Big 8 Conference record-holder for receptions by a tight end. Winner of the Derek Singleton Award which is given to the Colorado player who displays the spirit, enthusiasm,

ON TUESDAYS...

Christian hosted a youth football camp and participated in the annual Hometown Huddle during the season.

and dedication, as a sophomore and junior. First-team All-Big 8 Conference as a senior and third-team Associated Press All-America choice. Caught 35 passes for 356 yards and three touchdowns. Finished second on the team in receptions. Had a single-game high seven receptions for 43 yards against Michigan. Had at least four receptions in three other games. Ended the season with a one-yard touchdown reception against Notre Dame in the Fiesta Bowl. Started every game as a junior, catching 30 passes for 351 yards and one touchdown. Started the season with nine receptions for 97 yards against Texas. Second-team all-conference as a sophomore. Caught 31 passes for 326 yards on five touchdowns. Reception total was the most by a Colorado tight end since 1984. Played every game in 1991 as a red-shirt freshman. First catch went for a touchdown against Oklahoma. Caught a game-winning 20-yard touchdown pass from field goal formation in a 16-12 win over Oklahoma State. Selected for the East-West Shrine Game, but did not play. Graduated with a degree in Communications.

PERSONAL: First-team All-California Interscholastic Federation and first-team All-Del Ray League as a tight end at Crespi High School in Encino, California. Team captain and Most Valuable Player as a senior while catching 58 passes for 674 yards and six touchdowns. Added 78 tackles and six sacks while playing linebacker. Played only one season of basketball earning Most Valuable Player honors after averaging 16.0 points and 13.0 rebounds per game as a senior. Also lettered in track. Owns his own masonry business along with one of his brothers. One brother, Lance, lettered as a tight end at the University of Washington in 1984. Another, Quinn, played fullback at Northern Arizona in 1989. A sister, Julie, played basketball at the College of the Canyons. Hosted the Christian Fauria Putt-Putt Invitational in 1998 to benefit the Boys and Girls Clubs of King County. Plays the guitar. Christian and his wife Rhonda (6/28/98) live in Del Mar, Calif. They have a daughter, Riley (6/6/00). Last name is pronounced FOUR-ee-ay.

FAURIA'S NFL RECORD

Club	G/S	Receiving				LG	TD	Rushing			
		No	Yds	Avg	Att			Yds	Avg	TD	
1995 Seattle	14/9	17	181	10.6	20	1	0	0	0.0	0	
1996 Seattle	10/9	18	214	11.9	23	1	0	0	0.0	0	
1997 Seattle	16/3	10	110	11.0	25	0	0	0	0.0	0	
1998 Seattle	16/15	37	377	10.2	25	2	0	0	0.0	0	
1999 Seattle	16/15	35	376	10.7	25	0	0	0	0.0	0	
2000 Seattle	15/10	28	237	8.5	14	2	0	0	0.0	0	
NFL TOTALS	87/61	145	1,495	10.3	25	6	0	0	0.0	0	

POSTSEASON

Club	G/S	Receiving				LG	TD	Rushing			
		No	Yds	Avg	Att			Yds	Avg	TD	
1999 Seattle	1/1	3	31	10.3	14	0	0	0	0.0	0	
NFL TOTALS	1/1	3	31	10.3	14	0	0	0	0.0	0	

SINGLE GAME HIGHS

Most Receptions: 6, Kansas City (12/26/99)

Most Yards: 84, Kansas City (12/26/99)

Longest Reception: 25, 3 Times, (Last: vs. Kansas City 12/26/99)

Most Touchdowns: 1, 6 Times (Last: vs. San Diego 11/5/00)

ADDITIONAL STATISTICS

Special Teams Tackles: 1995 (Seattle) - 3; 1997 (Seattle) - 4; 1999 (Seattle) - 2; 2000 (Seattle) - 1; Career - 10.

Kickoff Returns: 1996 (Seattle) - 1 for 8 yards; 1999 (Seattle) - 2 for 15; 2000 (Seattle) - 1 for 9; Career - 4 for 32.

~FAURIA AND ITULA MILI COMBINED FOR FIVE TOUCHDOWNS IN 2000, MARKING THE MOST BY THE POSITION SINCE MIKE TICE AND TRAVIS MCNEAL COMBINED FOR FIVE IN 1991.~



JEFF FEAGLES

PUNTER

6-1 204

MIAMI

14TH NFL SEASON

4TH SEAHAWKS SEASON

UNRESTRICTED FREE AGENT (AZ) 1998

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 208/0

MARCH 7, 1966 (ANAHEIM, CALIF.)

10

2000: Became one of only 10 punters in NFL history to record at least 1,000 punts and play in 200 games. In the season finale versus Buffalo (12/23) passed Ray Guy for most consecutive games played by a punter with 208. Net average led the NFL most of the season, but that dipped versus the Raiders (12/16) when he had his first punt blocked since 1997 while with Arizona, and just the seventh time in his career. Finished fourth in the AFC (6th NFL) with a 36.9 net average. His ratio of punts inside the 20 to touchbacks led the NFL. He placed 24 punts inside the 20 and had only two touchbacks. Two touchbacks tied the fewest of his career. Punted six times and put four inside the 20 versus San Diego (11/5). Ten of his final 14 punts of the season landed inside the 20, including three of three versus Buffalo (12/23). Served as the emergency quarterback four games.

PRO: Veteran punter who has averaged better than 25 punts inside the opponents' 20-yard line in each of his 13 seasons. Has led the NFC in that category four times (1991, '92, '93, '94). Has not missed a game since he entered the league with New England in 1988. His 208 consecutive games played is the most in NFL history by a punter. Is one of only 10 punters in history to record at least 1,000 punts and play in 200 games. Selected to the NFC Pro Bowl team after the 1995 season. Originally entered the NFL as a free agent with New England in 1988. Joined the Philadelphia Eagles via waivers (6/5/90). Signed with Arizona as an unrestricted free agent (3/2/94), where he played until signing with Seattle (3/4/98). **1988:** Earned All-Rookie honors after handling the punting duties for the Patriots. Finished third in the AFC with 24 Inside 20s. Had the league's longest punt, a 74-yarder versus Indianapolis

(10/2). **1989:** Recorded just two touchbacks which were the fewest in the NFL among punters with at least 60 boots. **1990:** Signed by Philadelphia (6/5) off waivers. Also served as the team's placement holder. Had three punts over 50 yards at Washington (10/21). Had a 39.1-yard average on seven punts in playoff loss to Washington (1/5/91). **1991:** Led the NFL with 29 punts downed inside the 20. Registered a career-long 77-yard punt at Dallas (9/15). Awarded a game ball after booting a 61-yarder late in the game at Cleveland (11/10) that was fumbled inside the end zone to help set-up the Eagles' winning score. Designated the team's emergency quarterback for two games while Jim McMahon was sidelined with an injury. **1992:** Led the NFC with 26 punts Inside 20. Recorded a career-best 52.8-yard average in a victory over Dallas (10/5). Punted in both playoff games. **1993:** Led the NFL with 31 punts downed inside the 20. Rushed one time on a fake field goal in which he had lined up as the holder, gaining 6 yards, but short of the first down versus the Giants (11/21). **1994:** Signed with the Cardinals as a free agent (3/2). Led the NFC and established a team record with 33 punts downed inside the 20. Earned All-Pro mention by USA Today. **1995:** Led the NFC with a 38.2-yard net average and earned his first trip to the Pro Bowl. Had four punts inside the 20 in 20-14 overtime victory over Seattle (10/29). Earned NFC Special Teams Player of the Week for his 48.3-yard average in a 40-37 overtime victory against Atlanta (11/26). **1996:** Had four punts downed inside the 20 at the Giants (11/3). **1997:** Played in all 16 games for the Arizona Cardinals. Finished fourth in the NFC with a 44.3-yard average. Recorded 24 inside the 20, including five games with three each. Had a 51.0-yard average on

seven punts versus Washington (12/7). **1998:** Tied the third highest average in Seahawks history averaging 44.1 yards on 81 punts. Placed 27 kicks inside the 20, also the third highest total in team history and most since 1994. Had five games with three punts inside the 20. Averaged a season-high 49.6 yards on nine punts in the Kingdome versus Denver (10/11). Punted the ball 10 times versus Oakland (11/15) including a season-long 59-yard kick. **1999:** Posted a Seahawks record 34 punts inside the 20-yard line, the third highest total in the NFL in 1999. Moved into third place on the Seahawks all-time list with 61 punts inside the 20 during his two-year

ON TUESDAYS...

Avid golfer who hosts his own golf tournament each year in Arizona benefitting the Muscular Dystrophy Association.

Seattle career. Named AFC Special Teams Player of the Month for December, when he had 11 of 25 punts downed inside the 20, including six versus the Kansas

City Chiefs (12/26), which tied a team mark. Led the NFL with 40.5 percent (34 of 84) of his punts downed inside the 20.

Averaged 47.7 yards on six kicks in season opener versus Detroit (9/12). Boomed a 55-yard punt in closing minute versus Oakland (10/3), backing Raiders to their own 13-yard line to help preserve the victory. Punted five times at Kansas City (11/21) for a 45.0 average and a season-long 59-yarder. Had season-high 49.3-yard average on three punts versus San Diego (12/12). Punted seven times for 47.9-yard average with two placed inside the 20-yard line in playoff game versus Miami (1/9/00).

HONORS: **1994,** All-Pro (USA Today), **1995,** NFC Pro Bowl, NFC Special Teams Player of the Week (11/26); **1999,** AFC Player of the Month (December)

COLLEGE: Three-year punter at Miami, including a 40.8-yard average as a senior on the Hurricanes' 11-0 National Championship team in 1987. Transferred to Miami after one season at Scottsdale Community College in the Phoenix, Arizona area.

PERSONAL: Six-time letterman in football, basketball and baseball at Gerard High in Phoenix. Member of the Muscular Dystrophy Association of Arizona executive board. Hosts a golf tournament in Phoenix each offseason to benefit the MDA. Also held the Jeff Feagles Celebrity Black Tie Bowl in 1994-95, which raised \$28,000 for MDA. Lives in Scottsdale, Ariz., with his wife, Michelle, and sons Christopher (12/18/90), Blake (12/28/93) and Trevor (4/17/97).

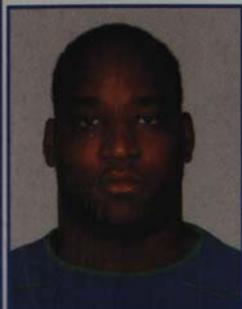
FEAGLES' NFL RECORD

Club	G/S	No	Punting				TB	In20	LG	BL
			Yds	Avg.	Net					
1988 New England	16/0	91	3,482	38.3	34.1	8	24	74	0	
1989 New England	16/0	63	2,392	38.0	31.3	2	13	64	1	
1990 Philadelphia	16/0	72	3,026	42.0	35.5	3	20	60	2	
1991 Philadelphia	16/0	87	3,640	41.8	34.0	11	29	77	1	
1992 Philadelphia	16/0	82	3,459	42.2	36.9	7	26	68	0	
1993 Philadelphia	16/0	83	3,323	40.0	35.3	4	31	60	0	
1994 Arizona	16/0	98	3,997	40.8	36.0	10	33	54	0	
1995 Arizona	16/0	72	3,150	43.8	38.2	8	20	60	0	
1996 Arizona	16/0	76	3,328	43.8	36.4	6	23	68	1	
1997 Arizona	16/0	91	4,028	44.3	40.8	10	24	61	1	
1998 Seattle	16/0	81	3,570	44.1	36.5	12	27	59	0	
1999 Seattle	16/0	84	3,425	40.8	35.2	5	34	59	0	
2000 Seattle	16/0	74	2,960	40.0	36.9	2	24	57	1	
NFL TOTALS	208/0	1,054	43,780	41.5	35.7	88	328	77	7	

SINGLE GAME HIGHS

Punts: 10, 2 Times (Last: at Oakland 11/15/98)
Average: 52.8, vs. Dallas (10/5/92)
Longest Punt: 77, at Dallas (9/15/91)

Net Average: 49.3, vs. San Diego (12/12/99)
Inside 20: 6, vs. Kansas City (12/26/99)
Blocked Punts: 1, 7 Times (Last: vs. Oak 12/16/00)



RUFUS FRENCH

TIGHT END

6-3 253

MISSISSIPPI

3RD NFL SEASON

3RD SEAHAWKS SEASON

UNDRAFTED FREE AGENT 1999

2000 GAMES/STARTS: 0/0

CAREER GAMES/STARTS: 0/0

MARCH 15, 1978 (AMORY, MISS.)

84

2000: Injured his knee during training camp and was placed on injured reserve August 20.

PRO: Signed as an undrafted free agent April 22, 1999. Has spent two seasons with the Seahawks but has yet to play. **1999:** Spent the entire regular season on the practice squad. Signed to the active roster (1/8/00) day before playoff game versus Miami (1/9/00), but was inactive.

COLLEGE: A big target with sure hands, he finished second on Mississippi's all-time receptions list for tight ends with 84. Completed a fine senior season ranked third among Division IA tight ends with 35 receptions for 386 yards and a pair of touchdowns. Selected as a Football News, The Sporting News, Burger King and Walter Camp first-team All-American, adding third-team All-America honors from the Associated Press. Also earned a Football Digest All-American second team pick and was a consensus All-SEC first-team selection while leading his

team with 43 receptions for 345 yards and two touchdowns as a junior.

PERSONAL: A Parade, USA Today, Super-Prep, Reebok, Blue Chip, ESPN, and Adidas first-team All-American. Gatorade Player of the Year in Mississippi. Helped lead Amory to 15-0 record and a 16th place national ranking (USA Today) on the way to a second straight Class 3AAA state championship.

ON TUESDAYS...

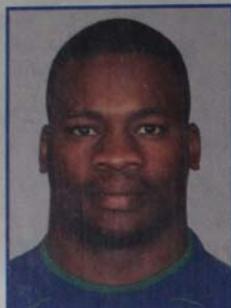
Rufus continues to support the Special Olympics by attending the 2001 Winter Games in Wenatchee & the 2001 Summer games at Fort Lewis.

FRENCH'S NFL RECORD

Club	G/S	Receiving					Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg	TD	
1999 Seattle											
2000 Seattle											
				Practice Squad							
				Injured Reserve							
NFL TOTALS	0/0	0	0	0.0	0	0	0	0	0.0	0	

TOP FIVE RECEIVING TIGHT ENDS

	G/S	No	Yds	Avg	LG	TD
1. Christian Fauria (1995-)	87/61	145	1,495	10.3	25	6
2. Charle Young (1983-85)	45/43	97	1,217	12.5	47	5
3. Mike Tice (1981-88, 90-91)	130/83	92	766	8.3	30	9
4. Carlester Crumpler (1994-98)	69/31	88	944	10.7	30	2
5. Ron Howard (1976-78)	42/36	72	850	11.8	42	2



JAY GRAHAM

RUNNING BACK

5-11 224

TENNESSEE

5TH NFL SEASON

1ST SEAHAWKS SEASON

FREE AGENT 2001

2000 GAMES/STARTS: 0/0

CAREER GAMES/STARTS: 22/4

JULY 14, 1975 (CONCORD, NC)

35

2000: Signed with the Seahawks April 27, 2001. He did not play football in 2000.

PRO: Originally drafted by the Baltimore Ravens in the third round (64th overall) of the 1997 NFL Draft, he played three seasons for the Ravens. He played in 22 games while starting four. Rushed for 408 career yards on 116 carries with two touchdowns, and caught 17 passes for 92 yards. Also has nine career kickoff returns for 167 yards for an 18.6-yard average. **1997:** Saw action in 13 games as a rookie, starting three, and finished third on the team with 299 yards rushing on 81 carries and two touchdowns. Had 12 receptions for 51 yards, and returned six kickoffs for a 19.2-yard average. Inactive for the final two contests of the season (at Cincinnati 12/21 and versus Tennessee 12/14) due to a lingering ankle injury. Made first career start versus Philadelphia (11/16) and responded by rushing for 154 yards on 35 carries (both second-highest in Ravens history). Also led the team with five receptions for 15 yards. Started the following week versus Arizona (11/23), but left the game with an ankle injury. Rushed for a game-high 51 yards on nine carries in a 36-10 win at Tennessee (9/21). His 19-yard run in that game was career long. Saw first career playing time on offense versus Cincinnati (9/7) and rushed for 73 yards on 16 carries and also scored first-career touchdown on a 5-yard blast. **1998:** Played in five games with one start. Suffered through a nagging ankle injury which needed surgery and was placed on injured reserve (12/8). Finished the season with 109 yards on 35 carries and five catches for 41 yards. **1999:** Saw action in only four games his third season, all on special teams. Was inactive 11 of the team's first 12 games. Was active at Cleveland (9/26), but did not play.

COLLEGE: Ranks fourth on Tennessee's all-time rushing list with 2,609 yards, topped only by Johnnie Jones (2, 852, 1981-84), James Stewart (2,890, 1991-94), and Jamal Lewis (2,677, 1997-99). Second-team All-SEC in

1996 after leading the team with 797 yards and 11 touchdowns on 179 carries (4.5-avg.). Caught 12 passes for 73 yards and a score. First-team All-SEC choice by the coaches and Associated Press in 1995. Ranked second in the SEC and 12th in the nation with 1,438 yards on 272 carries (5.3 avg.) and 12 touchdowns, breaking the previous school records of 237 attempts by Reggie Cobb in 1987, and 1,290 yards by Johnnie Jones in 1984. Set another record with 10 100-yard performances, shattering the previous mark of six. Amassed 130 yards on 31 tries with 1, 2 and 5-yard second-half touchdowns to rally the Vols to a 49-31 victory over Arkansas. Rushed for 114 yards in 17 attempts and a 75-yard score in a 41-14 defeat of Alabama. Picked up 147 yards yards on 26 carries versus Kentucky and a career-high 211 yards on 39 carries in a 12-7 victory over Vanderbilt. Only the seventh player in school history to rush for over 200 yards in a game. Closed out his final season with 26 rushes for 154 yards and a 69-yard touchdown in a 20-14 decision over Ohio State in the Citrus Bowl. Played in every game in 1994 behind Aaron Hayden and James Stewart at tailback. Carried 61 times for 275 yards (4.5 avg.) and two touchdowns. Recorded his first 100-yard game as he piled up 121 yards and a 25-yard score on 16 carries in a 65-0 shutout of Vanderbilt. Appeared in 10 games, gaining 99 yards on 28 carries in 1993.

PERSONAL: USA Today and Scholastic Coach All-American selection, adding Blue Chip Illustrated Dream Team and Atlanta Journal-Constitution Top 50 honors at Concord (NC) High School. Twice named Conference Player of the Year. Rushed for 1,766 yards with 22 touchdowns on 213 carries (8.3 avg.) as a senior. Set school records with 1,755 yards rushing as a junior and 309 yards versus West Rowan High School. Sister, Kim Graham, won an Olympic gold medal in the 4x4 1,600 meter relay in Atlanta. Full name is Herman Jason Graham.

GRAHAM'S NFL RECORD

Club	G/S	Att	Rushing				Receiving					
			Yds	Avg	LG	TD	No	Yds	Avg	LG	TD	
1997 Baltimore	13/3	81	299	3.7	19	2	12	51	4.3	19	0	
1998 Baltimore	5/1	35	109	3.1	12	0	5	41	8.2	14	0	
1999 Baltimore	4/0	0	0	0.0	0	0	0	0	0.0	0	0	
NFL TOTALS	22/4	116	408	3.5	19	2	17	92	5.4	19	0	

Kickoff Returns

Club	No.	Yds	Avg	LG	TD
1997 Baltimore	6	115	19.2	24	0
1998 Baltimore	3	52	17.3	22	0
1999 Baltimore	0	0	0.0	0	0
NFL TOTALS	9	167	18.6	24	0

SINGLE GAME HIGHS

Rushes: 35, Philadelphia (11/16/97)

Yards: 154, Philadelphia (11/16/97)

Longest: 19, at Tennessee (9/21/97)

TD: 1, 2 Times (Last at NY Giants, 9/14/97)

Receptions: 5, Philadelphia (11/16/97)

Yards: 26, at NY Jets (9/13/98)

Longest: 19, vs. Cincinnati (9/7/97)

TD: None



CHRIS GRAY

GUARD

6-4 303

AUBURN

9TH NFL SEASON

4TH SEAHAWKS SEASON

UNRESTRICTED FA (CHL.) 1998

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 97/59

JUNE 19, 1970 (BIRMINGHAM, ALA.)

62

2000: Started 16 games for the first time in his career. Entered the season as the starting center for the first time with the Seahawks. Helped Ricky Watters average 4.5 yards per carry and Shaun Alexander average 4.9 (second among rookies in 2000). Part of an offensive line that did not allow a sack in back to back games at Atlanta (12/3) and at Denver (12/10)--the first time that has been accomplished for the Seahawks in 324 games.

PRO: Entered the NFL as a fifth-round draft choice (132nd overall) of the Miami Dolphins in 1993. Played in 42 games with 23 starts for Miami from 1993-1996. Will move to guard in 2001 from center where he has started 34 games over the last three seasons. **1993:** Saw action in five games as a rookie. Was inactive for 10 games and did not play in another. **1994:** Played in all 16 games and both playoff contests. Started two games. Made first NFL start versus L.A. Raiders (10/16). **1995:** Started the first ten games before suffering

a season-ending left ankle injury versus New England (11/12). Placed on injured reserve (11/15). Underwent surgery to repair ligament damage (11/17). **1996:** Returned from ankle injury and started the first 11 games. Suffered a broken ankle at Houston (11/17) and missed the remainder of the season.

1997: Played in eight games with two starts for the Chicago Bears after signing as a free agent (9/10). Signed as a free agent with the

ON TUESDAYS...

Chris is always concerned about helping children and has geared his free time towards that cause.

Seahawks April 15, 1998. **1998:** Started the final eight games of the season replacing an injured Kevin Glover (back) at center. Inactive versus Oakland (11/1) with a concussion. Helped pave the way for a 105-yard rushing day for Ricky Watters in his first start versus Kansas City (11/8). Part of an offensive line that was instrumental in Watters setting a career-high with 178 yards versus Indianapolis (12/20). Served as the deep snapper for field goals and extra points all season. Jason Kyle served as the deep snapper versus Oakland (11/1), when Gray was inactive. **1999:** Started 10 games at center and played in all 16. Handled snapping duties for field goals and PATs. Took over starting job at center for the remainder of the season for an injured Kevin Glover (blood clot) at Green

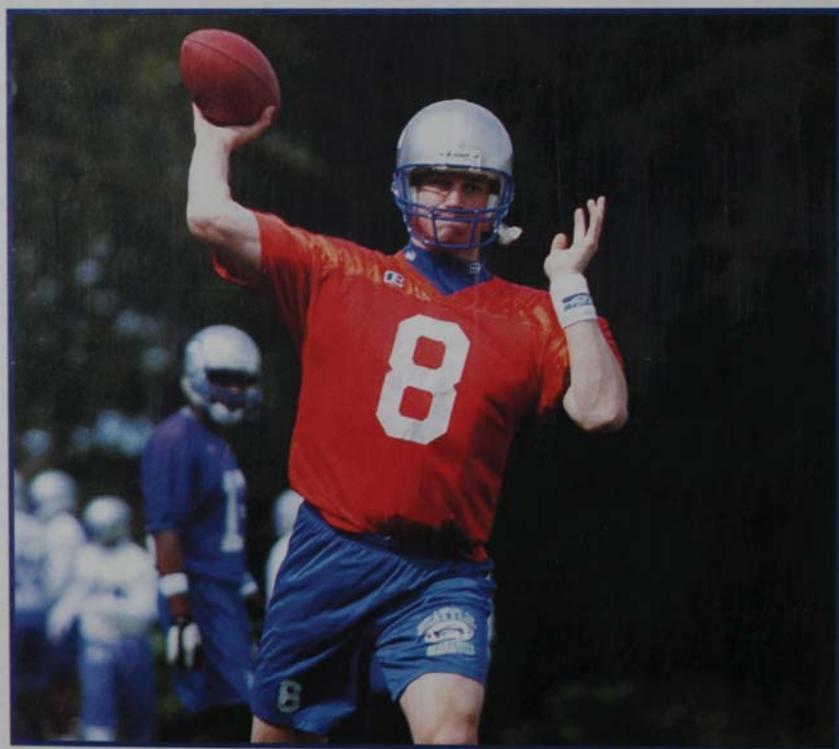
Bay (11/1). Part of an offensive line that helped Ricky Watters rush for a 125 yards at Green Bay on Monday Night Football (11/1). Helped Watters' rush for a season-high 133 yards versus Cincinnati (11/7).

COLLEGE: Four-year letterman and two-year starter at Auburn. Second-team All-America and first-team all-SEC selection as a senior. Also earned all-SEC academic honors. Played left tackle as a junior and senior starting every game. Split time between tackle and tight end in first two seasons. Received a B.S. Degree in Marketing.

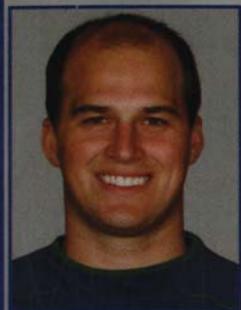
PERSONAL: Lettered in football at Homewood High in Birmingham, Ala. Played tight end and defensive end. He and his wife, Julie, live in Plantation, Fla. They have a daughter, Grace (5/6/99).

GRAY'S NFL RECORD

Year	Team	—	GP/GS	Postseason	Year	Team	—	GP/GS	Postseason
1993	Miami	—	5/0		1998	Seattle	—	15/8	
1994	Miami	—	16/2	2/0	1999	Seattle	—	16/10	1/1
1995	Miami	—	10/10		2000	Seattle	—	16/16	
1996	Miami	—	11/11		NFL TOTALS			97/59	
1997	Chicago	—	8/2		POSTSEASON				3/1



Matt Hasselbeck passes downfield in his first mini-camp with the Seahawks.



MATT HASSELBECK

QUARTERBACK

6-4 233

BOSTON COLLEGE

3RD NFL SEASON

1ST SEAHAWKS SEASON

TRADE (GREEN BAY) 2001

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 32/0

SEPTEMBER 25, 1975 (WESTWOOD, MASS.)

8

2000: Played in all 16 games serving primarily as the holder on the extra point and field goal units for the Packers. Saw action under center in four games backing up Brett Favre for a second straight year. Completed 10 of 19 passes for 104 yards and one touchdown without an interception for a 86.3 passer rating. Replaced an injured Favre (foot) in the third quarter versus Tampa Bay (11/12) and posted career highs with nine completions on 18 attempts for 93 yards. Threw a 27-yard touchdown pass off a fake field goal attempt in that game. Played the final two series at Arizona (9/24) in his initial action of the season and completed his only attempt for 11 yards. Subbed for Favre late in the game at Chicago (12/3), but did not throw a pass and was sacked once. Saw action late in the game versus Detroit (12/10) and did not attempt a pass.

PRO: Joined the Seahawks March 2, 2001, via trade with Green Bay. Seattle received Hasselbeck and the Packers' 2001 first-round draft choice (17th overall) in exchange for Seattle's 10th selection in the first round and a third-round choice. An original 1998 sixth-round draft choice of the Packers during Mike Holmgren's reign in Green Bay. Spent the 1998 season on the practice squad before re-signing with the Packers as a free agent in February of 1999. Has played in 32 career games, eight at quarterback, mostly as the holder for the extra point and field goal units. Has 29 career attempts and 13 completions for 145 yards, two touchdowns and no interceptions for an 83.3 passer rating. Most of Hasselbeck's action has come in the preseason over his three-year career. He has 79 completions in 127 attempts (62.2%) for 1,124 yards and 14 touchdowns to four interceptions for a 114.4 rating. His 127.7 preseason rating led the NFL in 1999, and finished second in 2000 with a 114.0 rating. **1999:**

Won the role of backup with an impressive preseason performance. Played in all 16 games as the holder for extra point and field goal teams and saw action in four games at quarterback. Attempted 10 passes, completing three for 41 yards and a touchdown without an interception.

First NFL touchdown pass came on a fake field goal attempt at Minnesota (12/20) with a 9-yard toss. First NFL action came in the fourth quarter in a 31-3 victory at San Diego (10/24). **1998:** Spent the entire season on the Packers practice squad.

COLLEGE: Four-year letterman and two-year starter at Boston College. Finished fifth on the Eagles' career passing list with 4,548 yards, completing 390 of 701 passes with 22 touchdowns and 26 interceptions. Started 21 games while playing in 37. Completed 188 of 305 passes for 2,239 yards and 11 touchdowns with 10 interceptions as a senior, when he was the co-winner of the 'Thomas F. Scanlon Award' as the outstanding senior scholar-athlete. Threw for 277 yards in a 22-of-33 performance, that included a school-record 14 consecutive completions versus Notre Dame. Completed 31 of 46 attempts for a career-high 393 yards and three touchdowns in his final collegiate game in a victory over Army. As a junior, he hit on 171 of 330 passes for 1,990 yards and nine touchdowns with nine interceptions. Came off the bench to lead the team to a come-from-behind victory over Hawaii

ON TUESDAYS...

Matt has raised money for physically and mentally challenged children in Massachusetts and is a supporter of the D.A.R.E. program.

in the season opener. Started the next 10 games before separating his right shoulder, causing him to miss the season finale versus Miami (Fla.). Served as the Eagles' backup quarterback as a sophomore. Played in 11 games with one start. Completed 27 of 60 passes for 280 yards and two touchdowns, with seven interceptions. Saw action in five games as a redshirt freshman. Received a B.S. Degree in Marketing and Finance.

PERSONAL: Was an honorable mention All-American selection by *USA Today* as a senior at Xaverian Brothers High School in Westwood, Mass. Also garnered All-East honors from *Blue Chip Illustrated* and All-New England honors from *SuperPrep*. A two-year starter, he com-

pleted 90 of 120 passes for 1,490 yards and seven touchdowns as a senior. Also ran for 400 yards and three touchdowns en route to capturing conference title and runner-up in Massachusetts' Division I-A Super Bowl. Also won three letters in basketball and two in baseball. Father Don, played tight end in the NFL nine seasons with the Patriots (1977-83), Raiders (1983), Vikings (1984) and Giants (1985). Younger brother Tim was the starting quarterback for Boston College last season and signed a free agent contract with the Buffalo Bills. Tim's fiance, Elisabeth Filarski, was a contestant on CBS's 'Survivor'. Youngest brother Nathanael currently attends Boston College and plays wide receiver.

HASSELBECK'S NFL RECORD

Year	Club	G/S	Att	Comp	Passing			Int	LG	Sacked	Rate
					Yds	Pct	TD				
1998	Green Bay										
					Practice Squad						
1999	Green Bay	16/0	10	3	41	30.0	1	0	19	1/9	77.5
2000	Green Bay	16/0	19	10	104	52.6	1	0	27t	1/2	86.3
TOTALS		32/0	29	13	145	44.8	2	0	27t	2/11	83.3

Year	Club	G/S	Att	Yds	Rushing		
					Avg.	Lg	TD
1998	Green Bay						
					Practice Squad		
1999	Green Bay	16/0	6	15	2.5	13	0
2000	Green Bay	16/0	4	-5	-1.3	-1	0
TOTALS		32/0	10	10	1.0	13	0

SINGLE GAME HIGHS

Attempts:	18	at Tampa Bay	(11/12/00)
Completions:	9	at Tampa Bay	(11/12/00)
Yards:	93	at Tampa Bay	(11/12/00)
Longest, no TD:	19	vs. Seattle	(11/1/99)
Longest TD:	27	at Tampa Bay	(11/12/00) to Bubba Franks
Most TDs:	1, 2 Times	at Minnesota	(12/20/99) and at Tampa Bay (11/12/00)
Interceptions:	None		
Rushes:	3	at San Francisco	(11/29/99)
Rushing Yds.:	12	at San Diego	(10/24/99)
Longest Rush:	13	at San Diego	(10/24/99)
Rushing TD:	None		

“I LIKE MATT WITH THE TEAM. HE’S VERY GOOD IN THE HUDDLE. HE HAS A PRESENCE, WHICH IS GOOD. HE’S GOING TO PLAY HARD AND THEY’RE GOING TO LIKE HIM. HE’S GOING TO BE THE LEADER OF THE TEAM, AND WE GO FROM THERE.”

MIKE HOLMGREN



JAMES HILL

TIGHT END

6-4 246

ABILENE CHRISTIAN

2ND NFL SEASON

2ND SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 10/0

CAREER GAMES/STARTS: 10/0

OCTOBER 25, 1974 (DALLAS, TEXAS)

85

2000: Played in 10 games seeing most action on special teams. Saw limited action at tight end in four games, but did not register any receptions. Inactive for final six games of the season.

PRO: Originally signed with the Seahawks as an undrafted free agent on April 22, 1999, but was released on the first cut date. Resigned with the Seahawks February 24, 2000.

1999: Went to training camp with the Seahawks, but was released on the first cut date. Did not play in 1999.

COLLEGE: Caught 50 passes for 1,083 yards in only two years with the Abilene Christian Wildcats. Averaged 21.7 yards per reception. Caught 19 passes for 318 yards and three touchdowns as a senior. Was Co-Abilene Christian University Offensive MVP in 1997 en route to honorable mention All-Lone Star Conference honors after catching

31 passes for 367 yards and one touchdown.

PERSONAL: A 1993 graduate of Riverhead (N.Y.) High School where he lettered in football, basketball and baseball. Active in the Seahawks off season conditioning program, as well as participating in the team's fundraising golf tournament at Snoqualmie Ridge TPC. He is single and lives in Kirkland, Wash.

ON TUESDAYS...

James has placed extra effort in supporting the American Heart Association and its fight against heart disease.

HILL'S NFL RECORD

Club	G/S	Receiving				LG	TD	Rushing			
		No	Yds	Avg	Att			Yds	Avg	TD	
2000 Seattle	10/0	0	0	0.0	0	0	0	0	0.0	0	
NFL TOTALS	10/0	0	0	0.0	0	0	0	0	0.0	0	



Hill was one of 10 players allocated to NFL Europe by the Seahawks. Started the first seven games for the Amsterdam Admirals before being placed on injured reserve due to leg injury. Caught 10 passes for 93 yards, averaged 19.0 yards per kickoff return on two returns and had a special teams tackle.



JOHN HILLIARD

DEFENSIVE END

6-2 294

MISSISSIPPI STATE

2ND NFL SEASON

2ND SEAHAWKS SEASON

6TH ROUND (C) 2000

2000 GAMES/STARTS: 5/0

CAREER GAMES/STARTS: 5/0

APRIL 16, 1976 (HOUSTON, TEXAS)

95

2000: Saw action in five games during his rookie campaign. Was inactive 10 games and was active, but did not play at Kansas City (10/2). Was limited with a nagging groin injury early in the season and saw increased playing time toward the end of the season

ON TUESDAYS...

John has made numerous appearances at the Seahawks Academy and served as the keynote speaker at their graduation this past June.

when Lamar King was injured with a dislocated shoulder. Totaled three tackles on the season, including a season-high two stops versus Oakland (12/16).

PRO:

Selected by the Seahawks with the third of three sixth-round picks (190th overall) of the 2000 NFL Draft.

COLLEGE: A four-year letterman and two-year starter at defensive tackle for Mississippi State. Collected 138 tackles including six for sacks. An All-SEC

selection after totaling 52 tackles and two sacks. Started eight games as a junior for the Bulldogs and collected 49 tackles and three sacks. Totaled 35 tackles playing in 11 games with one start as a sophomore. Saw limited action as a freshman with a pair of tackles to his credit. Redshirted in 1996 after his freshman year.

PERSONAL: Earned 12 letters in football, basketball and track at Sterling High School in Houston, Texas. All Mid South Conference as a senior defensive end. Majored in communications/public relations. Born in Coushatta, La.



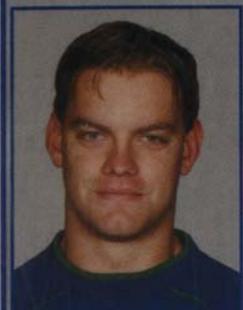
Hilliard and other players joined United States Secretary of Education Rod Paige at the Seahawks Academy.

HILLIARD'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2000 Seattle	5/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS	5/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 2, vs. Oakland (12/16/00)
 Sacks: None
 Interceptions: None
 Forced Fumbles: None
 Fumble Recoveries: None



BROCK HUARD

QUARTERBACK

6-4 220

WASHINGTON

3RD NFL SEASON

3RD SEAHAWKS SEASON

3RD ROUND (A) 1999

2000 GAMES/STARTS: 5/4

CAREER GAMES/STARTS: 5/4

APRIL 15, 1976 (PUYALLUP, WASH.)

11

2000: Was named the starter following a Monday Night loss at Kansas City (10/2). Started four games and played in five, completing 49 of 87 attempts for 540 yards, three touchdowns and two interceptions for a 76.8 rating. First career start came at Carolina (10/8) where he completed 19 of 34 passes for 172 yards with no touchdowns or interceptions. Finest game of the season came the following week at his collegiate stadium versus Indianapolis (10/15), completing 19 of 26 passes for 226 yards, three touchdowns and one interception for a 121.6 rating. Started the following week at Oakland (10/22), but left the game in the second quarter with a concussion and missed the next three games. He returned to start versus Denver (11/26), but was sacked and left the game in the first quarter with a bruised kidney. Brother Damon started for the Dolphins at Indianapolis (11/26) marking the first time in NFL history two brothers started at quarterback on the same day. Was inactive the remaining six games.

PRO: Taken with the first of two third-round picks (77th overall) in the 1999 draft. After dressing as the third quarterback every game of his rookie season, he saw his first NFL action in 2000 making four starts playing in five games. **1999:** Served as the team's third quarterback throughout his rookie season. Dressed for each game as the emergency QB, but did not see action.

COLLEGE: One of the top quarterbacks ever to play for the Huskies. Set several school records previously held by his older brother, and current New England Patriots quarterback, Damon. Holds school marks for most passing yards in a season (5,742), touchdown passes (51), 300-yard games (4), 200-yard

games (14), attempts without an interception (151) and total yards per game (190.4). Named to the District VIII Academic All-American team his final two seasons. Decided to forgo his senior season and appeared in nine games as a junior completing 168-of-315 passes for 1,924 yards and 15 touchdowns while averaging 217.2 all-purpose yards a game, including two 300-yard passing games. Earned *USA Today* National Player of the Week and Pac-10 Offensive Player of the Week honors versus Arizona State as he hit 27-of-47 passes for a season-high 318 yards and four touchdowns, including a 63-yard touchdown strike with 0:28 remaining to give the Huskies a 42-38 victory. Set school single-game highs versus USC with his 33 completions and 62 attempts. Claimed honorable mention All-Pac-10 honors as a sophomore and was a finalist for the Davey O'Brien National

Quarterback Award while setting a school record 23 touchdown tosses. Completed 146-of-244 attempts (59.8%) for 2,140 yards. Moved into the starting role as a freshman in the third contest of the 1996 season and finished with 1,678 yards and 13 touchdowns on 108-of-217 passing (49.8%). Completed 20-of-31 attempts for 311 yards and three scores

ON TUESDAYS...

Hosted his own golf tournament to benefit Candlelighters and hosts a 5-day football camp for Camp Fire Boys & Girls.

in first career start versus Arizona.

PERSONAL: Gatorade's Circle of Champions National Player of the Year, All-State and Class AAA State Player of the Year playing under the tutelage of his father, Mike, at Puyallup (Wa.) High School. Added *Parade*, *Super Prep*, *Blue Chip Illustrated*, *ESPN*, *College Sports* and *Schutt* All-American honors while career numbers totaled 237-of-408 attempts for 3,857 yards and 45 touchdowns to

only 10 interceptions. Lettered in basketball, averaging 18.1 points and 7.5 rebounds as a senior. Maintained a 4.0 grade point average as a psychology major at Washington. Younger brother, Luke, is a quarterback at the University of North Carolina, and his older brother, Damon, is a quarterback with the New England Patriots. He and his wife, Molly, live in Kirkland, Washington.

HUARD'S NFL RECORD

Year	Club	G/S	Att	Comp	Passing					Sacked	Rate
					Yds	Pct	TD	Int	LG		
1999	Seattle	0/0	0	0	0	00.0	0	0	0	0/0	00.0
2000	Seattle	5/4	87	49	540	56.3	3	2	45	13/72	76.8
TOTALS		5/4	87	49	540	56.3	3	2	45	13/72	76.8

Year	Club	G/S	Att	Yds	Rushing		
					Avg.	Lg	TD
1999	Seattle	0/0	0	0	0.0	0	0
2000	Seattle	5/4	5	29	5.8	10	0
TOTALS		5/4	5	29	5.8	10	0

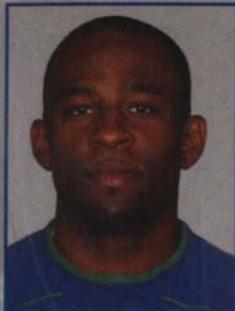
SINGLE GAME HIGHS

Attempts:	34	at Carolina	(10/8/00)
Completions:	19, 2 Times	at Carolina (10/8/00) and vs. Indianapolis	(10/15/00)
Yards:	226	vs. Indianapolis	(10/15/00)
Percentage:	73.1	vs. Indianapolis	(10/15/00) 26-19
Longest TD:	45	at Oakland	(10/22/00) to Ricky Watters
Longest TD:	8	vs. Indianapolis	(10/15/00) to Darrell Jackson
Most TDs:	3	vs. Indianapolis	(10/15/00)
Interceptions:	1, 2 Times	vs. Indianapolis (10/15/00) and at Oakland	(10/22/00)
Rushes:	3	vs. Indianapolis	(10/15/00)
Rushing Yds.:	21	vs. Indianapolis	(10/15/00)
Rushing TDs:	None		(10/15/00)

HUARD'S GAME-BY-GAME PASSING & RUSHING

Date	Opponent	PASSING								RUSHING						
		P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	Att	Yds	Avg	LG	TD	
09/03	at Miami	(P)	9	4	30	44.4	0	0	15	3/12	1	4	4.0	4	0	
09/10	St. Louis															
09/17	New Orleans															
09/24	at San Diego															
10/02	at Kansas City															
10/09	at Carolina	(S)	34	19	172	55.9	0	0	18	3/26	0	0	0.0	0	0	
10/15	Indianapolis	(S)	26	19	226	73.1	3	1	40	5/27	3	21	7.0	10	0	
10/22	at Oakland	(S)	12	4	64	33.3	0	1	45	1/2	1	4	4.0	4	0	
10/29	Kansas City															
11/05	San Diego															
11/12	at Jacksonville															
11/26	Denver	(S)	6	3	48	50.0	0	0	40	1/5	0	0	0.0	0	0	
12/03	at Atlanta															
12/10	at Denver															
12/16	Oakland															
12/23	Buffalo															
2000 TOTALS			(5/4)	87	49	540	56.3	3	2	45	13/72	5	29	5.8	10	0
Career Totals			(5/4)	87	49	540	56.3	3	2	45	13/72	5	29	5.8	10	0
Playoff Totals																

No Appearances



DARRELL JACKSON

WIDE RECEIVER

6-0 199

FLORIDA

2ND NFL SEASON

2ND SEAHAWKS SEASON

3RD ROUND (A) 2000

2000 GAMES/STARTS: 16/10

CAREER GAMES/STARTS: 16/10

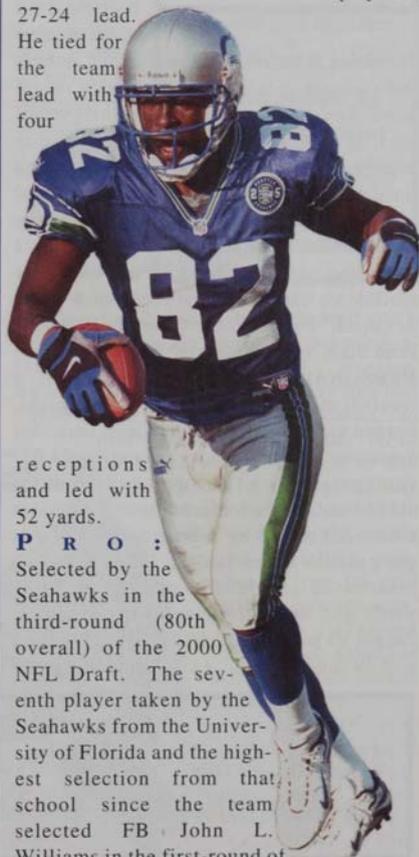
DECEMBER 6, 1978 (DAYTON, OHIO)

82

2000: Started 10 games and played in all 16 while becoming the first rookie to start at wide receiver for the Seahawks since Joey Galloway in 1995. The 15th wide receiver selected in the 2000 draft, led all rookies with 53 receptions, 713 yards and six touchdowns. Six scores led the Seahawks and he was the only receiver to catch at least one pass in all 16 games. Led the team in catches five times. Yards were second on the team behind Sean Dawkins' 731 and finished third in receptions behind Dawkins and Ricky Watters' 63. He and fellow rookie receiver James Williams were the first rookie tandem to play in the same game together for the Seahawks since David Daniels and Doug Thomas in 1991. His six touchdown receptions rank fourth all-time among Seahawks rookies behind Daryl Turner's 10 in 1984, Brian Blades' eight in 1988 and Joey Galloway's seven in 1995. Versus St. Louis (9/10), earned a starting role in just his second career game and caught two passes for 42 yards which included his first-career touchdown from 34 yards--a score which tied the game 34-34 with 2:05 remaining in the game. Led the team with five catches for 59 yards versus the Saints (9/17). Had a career-long, 68-yard touchdown reception at San Diego (9/24). Bested all Seahawks receivers with five catches at Carolina (10/8) and totaled 45 yards. Finished tied with Dawkins for the team lead with six receptions versus Indy (10/15) and totaled 66 yards and an 8-yard touchdown reception. Kept a game-winning drive alive on a third-and-16, with an 18-yard reception versus San Diego (11/5) with under two minutes remaining in the game. Recorded a career-high 98 yards on five receptions plus a 6-yard touchdown at Atlanta (12/3). His 98 yards included a career-long 71-yard reception. Finished second on the

team with five receptions for 76 yards and a 9-yard touchdown at Denver (12/10). Hauled in a game-winning 9-yard touchdown pass versus Oakland (12/16) with 28 seconds to play for a 27-24 lead.

He tied for the team lead with four



receptions and led with 52 yards.

PRO:

Selected by the Seahawks in the third-round (80th overall) of the 2000 NFL Draft. The seventh player taken by the Seahawks from the University of Florida and the highest selection from that school since the team selected FB John L. Williams in the first-round of the 1986 draft. Entered the draft after a stellar junior season.

HONORS: 2000: All-Rookie Team (*Pro Football Weekly*); All Rookie Team (*Football*

News); Seattle P-I Sports Star of the Year Nominee.

COLLEGE: A three-year letterman and one-year starter for the Gators. Started 11 games

ON TUESDAYS...

**Darrell participated in
the Planet Hollywood
Toy Drive and has
spent a lot of
time at the
Seahawks Academy.**

as a junior and led the team with 69 receptions for 1,156 yards. Tied a school record with six consecutive 100-yard games, equaling the mark by Carlos Alvarez in 1969. String included games against

Tennessee, Kentucky, Alabama, LSU, Auburn and Georgia. Had nine touchdown receptions. Saw action in the Orange Bowl versus Syracuse but did not catch a pass. Played in every game with one start as a sophomore and finished with 26 catches for 292 yards and four scores. Saw limited action in nine games as a freshman recording four receptions for 53 yards and one touchdown. First collegiate touchdown was on a 16-yard reception versus Arkansas. Played in the Citrus Bowl versus Penn State, but did not have a reception.

PERSONAL: Two-time all-state as a receiver at Tampa Catholic High in Florida. Earned various All-American mentions. Set a national prep record by averaging 24.05-yards per catch on 191 career receptions for 4,594 yards and 50 touchdowns. Also, set a national record by averaging 160.5 yards per game as a prep junior. In his final two seasons he caught 156 passes for 3,913 yards and 46 touchdowns. As a senior, caught 89 passes for 2,087 yards (23.4 avg.) and 28 touchdowns. As a junior he caught

2000 ROOKIE RECEIVERS

RECEPTIONS

PLAYER	TEAM	No.
1. Darrell Jackson	Seattle	53
2. Peter Warrick	Cincinnati	51
3. Sylvester Morris	Kansas City	48
4. Dennis Northcutt	Cleveland	39
5. Travis Taylor	Baltimore	28

YARDS

PLAYER	TEAM	No.
1. Darrell Jackson	Seattle	713
2. Sylvester Morris	Kansas City	678
3. Peter Warrick	Cincinnati	592
4. Dennis Northcutt	Cleveland	422
5. Travis Taylor	Baltimore	276

TOUCHDOWNS

PLAYER	TEAM	No.
1. Darrell Jackson	Seattle	6
2. Peter Warrick	Cincinnati	4
3. Sylvester Morris	Kansas City	3
Travis Taylor	Baltimore	3
5. Seven Tied		1

AVERAGE

PLAYER	TEAM	No.
1. Sylvester Morris	Kansas City	14.1
2. Darrell Jackson	Seattle	13.5
3. Plaxico Burress	Pittsburgh	12.4
4. Peter Warrick	Cincinnati	11.6
5. Dennis Northcutt	Cleveland	10.8

67 passes for 1,826 (27.3 avg) and 18 touchdowns. His 27.3-yard average is a national record. Named McDonald's All-American honorable mention as a basketball player. Finished high school with a 3.64 grade point average and earned SEC Academic honor roll as a junior at Florida. One of eight children. Born on December 6, 1978, in Dayton, Ohio.

JACKSON'S NFL RECORD

Club	G/S	Receiving				Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD
2000 Seattle	16/10	53	713	13.5	71	6	1	-1	-1.0	0
NFL TOTALS	16/10	53	713	13.5	71	6	1	-1	-1.0	0

SINGLE GAME HIGHS

Most Receptions: 6, 2 Times (Last: vs Indy10/15/00)

Most Yards: 98, at Atlanta (12/3/00)

Longest Reception: 71, at Atlanta (12/3/00)

Most Touchdowns: 1, 6 Times (Last: vs. Oak 12/16/00)

Longest Touchdown: 68, at San Diego (9/24/00)

100-Yard Games: None



WALTER JONES

TACKLE

6-5 307

FLORIDA STATE

5TH NFL SEASON

5TH SEAHAWKS SEASON

1ST ROUND (B) 1997

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 60/60

JANUARY 19, 1974 (ALICEVILLE, ALA.)

71

2000: Started all 16 games at left tackle. Part of an offensive line that did not surrender a sack in back to back games (at Atlanta (12/3) and at Denver, 12/10), for the first time in 324 games. Paved the way for season-high 189 yards rushing at Kansas City (10/2) and helped Ricky Watters gain 168 yards in a victory versus Oakland (12/16). Ground game averaged 4.3 yards per carry (the club's highest total since 1997).

PRO: Selected with the sixth overall pick on the first round of the 1997 draft. Choice was acquired from the Tampa Bay Buccaneers on draft day for the Seahawks 12th overall choice in the first round and a third-round choice obtained from the Atlanta Falcons on March 28. Became the first Seahawks offensive lineman to play in the Pro Bowl, following the 1999 season. Has started 54 consecutive regular season games. **1997:** Earned the starting job at left tackle in training camp and started 12 games, earning consensus first-team All-Rookie honors. Inactive for four games (San Diego, 9/21, at Kansas City, 9/28, at Denver, 11/2, at San Diego, 11/9) with a sprained ankle. Only the second rookie to start at left tackle in team history, joining Ray Roberts (1992). Part of a line that paved the way for team records for total yards (5,759) and passing yards (4,187). Seahawks ranked fifth in the league, allowing one sack every 17.9 pass

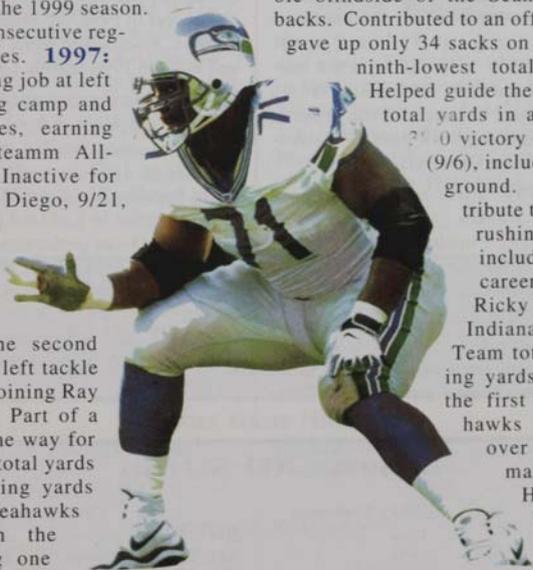
attempts. Named NFL Offensive Rookie of the Month for October. No other offensive lineman has earned the honor. Named the AFC Western Division's Outstanding Rookie by *The Sporting News*. **1998:** Started all 16 games at left tackle protecting the vulnerable blindside of the Seahawks' quarterbacks. Contributed to an offensive line that gave up only 34 sacks on the season, the ninth-lowest total in the NFL. Helped guide the offense to 408

total yards in an opening day 20-0 victory at Philadelphia (9/6), including 188 on the ground. Helped contribute to five 100-yard rushing performances, including a 178-yard career-high game for Ricky Watters versus Indianapolis (12/20). Team totaled 226 rushing yards in that game, the first time the Seahawks have rushed over the 200-yard mark since 1996.

Held Derrick Thomas without a sack at Kansas City

ON TUESDAYS...

Walter continues to support the Rainier Vista Boys & Girls Club in Seattle by donating his time and money in helping the kids with their educations.



Seahawks ranked fifth in the league, allowing one sack every 17.9 pass



Jones has started 54 consecutive regular season games.

(10/4) and the San Diego Chargers (10/25) No. 1 ranked defense sackless. Protected Jon Kitna on his 298-yard passing game versus Tennessee (11/29). **1999:** Started all 16 games at left tackle en route to his first Pro Bowl selection. Part of an offensive line that paved the way for 350 second-half yards at Chicago (9/19) in a come-from-behind victory. Helped lead the way for 132 rushing yards at Green Bay (11/1) and a season-high 173 yards on the ground, including a season-high 37 points, the following week versus Cincinnati (11/8).

HONORS: 1997: *First-team All-Rookie (Pro Football Weekly, College and Pro Football Weekly, Football News); NFL Offensive Rookie of the Month (October); AFC West Outstanding Rookie (The Sporting News).* **1999:** *AFC Pro Bowl*

COLLEGE: Second-team All-Atlantic Coast Conference choice as a junior. ACC Line-man of Week versus North Carolina State. Eight-

time winner of the Victors Club given to the player for exceptional performance. Redshirted in 1995 after transferring from Holmes Community College in Holmes, Mississippi. Lettered two seasons and was named Mississippi Junior College Player of the Year by the *Jackson Clarion-Ledger* in 1994. Allowed just one sack in two seasons. Also played some tight end in the second half the 1994 season. Criminology major.

PERSONAL: Football and basketball letterman at Aliceville High School in Aliceville, Ala. Joined his offensive line teammates to donate \$40,300 in 1997 through their performance-based *Building Blocks for Kids* program to Evergreen Hospital in Kirkland for a new pediatrics playroom. O-line performance-based incentives raised over \$36,000 in 1998, benefiting the Rainier Vista Boys & Girls Club. Lives in Woodinville, Wash., with his wife, Valeria (12/24/97). They have paternal twins (11/29/99), Walterius and Valeria, and one stepson, Rafael (6/17/86).

JONES' NFL RECORD

Year	Team	GP/GS	Postseason	GP/GS	Postseason			
1997	Seattle	—	12/12	2000	Seattle	—	16/16	
1998	Seattle	—	16/16	NFL TOTALS		—	60/60	
1999	Seattle	—	16/16	1/1	POSTSEASON		—	1/1



ISAIAH KACYVENSKI

LINEBACKER

6-1 250

HARVARD

2ND NFL SEASON

2ND SEAHAWKS SEASON

4TH ROUND (B) 2000

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 16/0

OCTOBER 3, 1977 (ENDICOTT, N.Y.)

58

2000: Played in all 16 games and totaled 13 tackles (10 solo) and one interception in limited action on defense. Led the team with 15 special teams tackles becoming the eighth rookie to do so (first since David Daniels in 1991). Had a season-high three tackles at Atlanta (12/3) and Buffalo (12/23). Recorded his first career interception versus Oakland (12/16) off of a tipped pass by Michael Sinclair.

PRO: Selected by the Seahawks in the fourth-round (119th overall) of the 2000 NFL Draft. The choice came from San Francisco with the 154th for the Seahawks' 86th pick.

COLLEGE: Four-year starter, becoming the first player in Harvard history to start every game of his career. Earned all-Ivy League first-team honors three times, and finished his Crimson career with a school record 395 tackles, and adding 11 interceptions, eight fumble recoveries and 4.5 sacks. Established a school mark with 135 tackles as a senior, topping his own mark of 108 set the previous season. Added two sacks and five interceptions as a senior. Finished sophomore season with 80 tackles and his freshman season with 72 while earning Ivy League Rookie of the Year.

PERSONAL: Earned nine letters in three different sports at Union Endicott High in New York. Three-time all-conference and all-state selection as a prep senior. Saw action at running back, safety, punter, punt returner and kick returner. USA Today honorable mention his final prep season. Captain on the wrestling team his last three years, and a state finalist in 1996. Finished fifth in the state pentathlon. National Honor Society member and an Scholar All-American. Graduated with a degree in Pre-Med. Plans to wed fiancée, Lauren, in February 2002. Born on October 3, 1977, in Syracuse, N.Y.

ON TUESDAYS...

Isaiah served as a
coach with Practice
with the Pros, a youth
football clinic held in
Vancouver, Canada.

KACYVENSKI'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2000 Seattle	16/0	13	10	3	0.0	0	1	0	0.0	0	0	2	0	0
NFL TOTALS	16/0	13	10	3	0.0	0	1	0	0.0	0	0	2	0	0

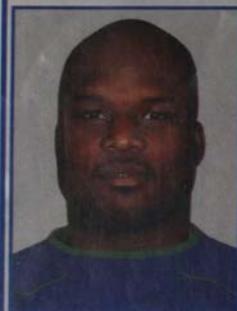
SINGLE GAME HIGHS

Tackles: 3, 2 Times (Last: vs. Buffalo 12/23/00)
Sacks: None
Interceptions: 1, vs. Oakland (12/16/00)

Forced Fumbles: None
Fumble Recoveries: None

ADDITIONAL STATISTICS

Special Teams Tackles: 2000 (Seattle) - 15.



MAURICE KELLY

SAFETY

6-0 209

EAST TENNESSEE STATE

2ND NFL SEASON

2ND SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 16/0

CAREER GAMES/STARTS: 16/0

OCTOBER 9, 1972 (ORANGEBURG, S.C.)

33

2000: Saw action in 16 games, primarily on special teams. Was fifth on the team with 11 special teams stops. Played safety in nickel and dime situations for the final three games of the season. Recorded his first career tackle, and only stop of the season, at Denver (12/10).

ON TUESDAYS...

**Maurice helped kids
unwrap presents
at the Seahawks
annual First Place
Christmas party.**

PRO: Signed as an undrafted free agent April 24, 2000. A Canadian Football League standout, he earned CFL Defensive Player of the Year honors for the

Las Vegas Posse in 1993. Was named a CFL All-Star from 1997-99, including All-CFL in 1999.

COLLEGE: Named second-team All-Southern Conference three consecutive seasons. Was credited with 55 tackles (39 solo), and had four interceptions for 36 yards as a junior. Led the team in tackles with 135 as a sophomore averaging 12.3 tackles per game, which ranked second in the conference. As a freshman, he started nine games with 88 tackles and three interceptions for 44 yards, including one returned for a touchdown. Competed with the track team in the spring running the 200-meter event and also a leg on the 4x100-meter relay team in the Southern Conference Track and Field Meet.

PERSONAL: Selected to the All-Region team at Orangeburg (S.C.) Wilkinson High and named Defensive Back of the Year as a senior. Participated in baseball, wrestling and track.

KELLY'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions								
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2000 Seattle	16/0	1	0	1	0.0	0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	16/0	1	0	1	0.0	0	0	0	0.0	0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 1, at Denver (12/10/00)
Sacks: None
Interceptions: None

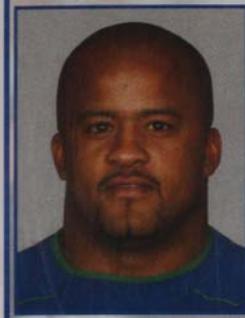
Forced Fumbles: None
Fumble Recoveries: None

ADDITIONAL STATISTICS

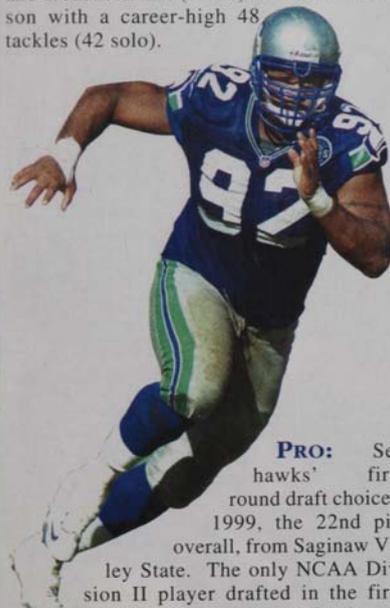
Special Teams Tackles: 2000 (Seattle) - 11

~KELLY EARNED THE CANADIAN FOOTBALL LEAGUE'S DEFENSIVE PLAYER OF THE YEAR AWARD IN 1993 AS A MEMBER OF THE LAS VEGAS POSSE~

92

LAMAR KING**DEFENSIVE TACKLE****6-3 295****SAGINAW VALLEY STATE****3RD NFL SEASON****3RD SEAHAWKS SEASON****1ST ROUND 1999****2000 GAMES/STARTS: 14/14****CAREER GAMES/STARTS: 28/14****AUGUST 10, 1975 (BOSTON, MASS.)**

2000: Solidified himself as a starter opposite Michael Sinclair at defensive end and started the first 14 games of the season before a dislocated shoulder sidelined him the final two games of the season. Tied Chad Brown for the team lead with 6.0 sacks, including a 2.0-sack game at Atlanta (12/3). The effort marked the first multi-sack game of his career. Co-led the team in his first professional start with a career-high eight tackles (seven solo), including a sack, in the season opener at Miami (9/3). Also had sacks versus New Orleans (9/17), at Kansas City (10/2) and at Jacksonville (11/12). Finished the season with a career-high 48 tackles (42 solo).



PRO: Seahawks' first-round draft choice in 1999, the 22nd pick overall, from Saginaw Valley State. The only NCAA Division II player drafted in the first-round. Can play both defensive end and defensive tackle. Has 60 career tackles and 8.0 sacks. **1999:** Played in 14 games as a rookie back-up defensive end. Blocked a field goal at Green Bay (11/1) that

Shawn Springs returned 61 yards for a touchdown. Recorded sacks in back-to-back games, at Kansas City (11/21) and versus Tampa Bay (11/28). Had a season-high four tackles at Denver (12/19). Rotated into the defensive line in play-off game versus Miami (1/9/00), and recorded three stops.

COLLEGE:

Unanimous All-American, All-Midwest Intercollegiate Conference selection and conference Defensive Lineman of the Year at Saginaw Valley State. Also named *CBS Sports* Division II Defensive Player of the Year as a senior. Despite playing only two years at Saginaw Valley in Michigan, set the school mark for career sacks with 27.5. Led the team his senior campaign with 84 tackles and 12 sacks, with 13 tackles for loss and 36 quarterback pressures. Also forced and recovered three fumbles, deflected four passes and blocked two kicks. Registered 15.5 sacks as a junior, earning All-MIFC first-team honors.

JUNIOR COLLEGE: Played two years at Montgomery College in Baltimore, Md. Consensus All-American choice after recording 18 sacks as a sophomore in 1996.

PERSONAL: Earned letters in football, baseball, soccer, lacrosse and basketball at Chesapeake High in Maryland. Named to Reebok's National Top 100 list as a prep senior. Lives in Kirkland.

ON TUESDAYS...

Lamar served as a co-spokesman for the Seahawks Annual Blood Drive. He also participated in Hometown Huddle.

KING'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions				TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG				
1999 Seattle	14/0	12	9	3	2.0	20	0	0	0.0	0	0	0	0	0
2000 Seattle	14/14	48	42	6	6.0	38	0	0	0.0	0	0	3	0	0
NFL TOTALS	28/14	60	51	9	8.0	58	0	0	0.0	0	0	3	0	0

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions				TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG				
1999 Seattle	1/0	3	2	1	0.0	0	0	0	0.0	0	0	0	0	0
NFL TOTALS	1/0	3	2	1	0.0	0	0	0	0.0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 8, at Miami (9/3/00)

Sacks: 2.0, at Atlanta (12/3/00)

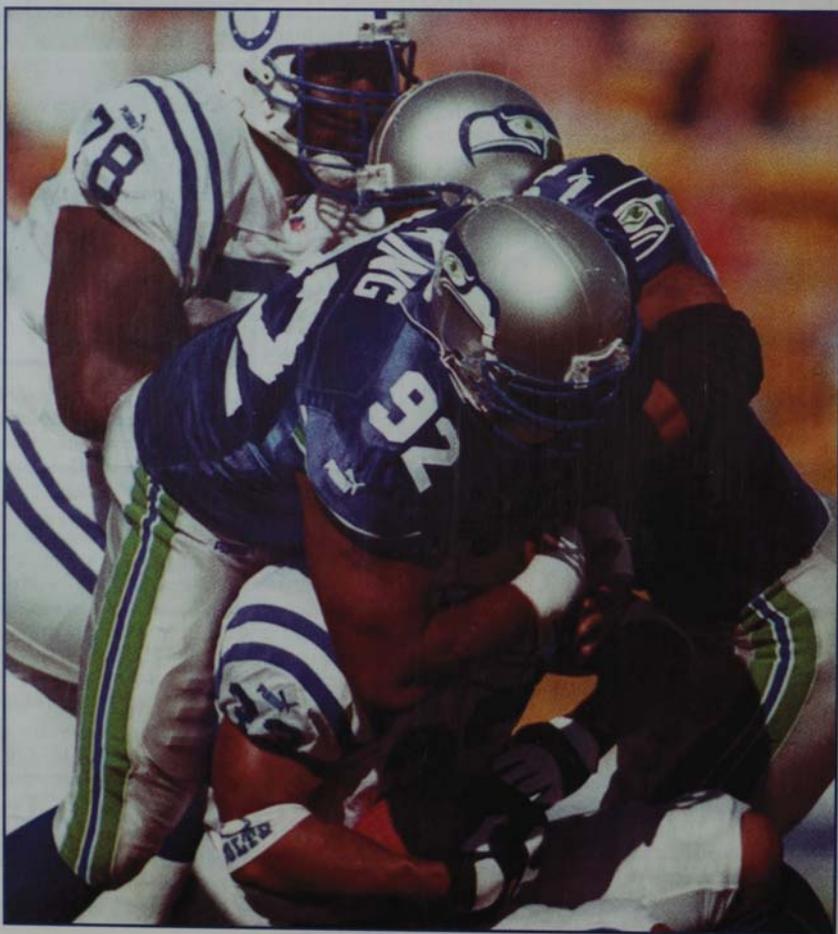
Interceptions: None

Forced Fumbles: None

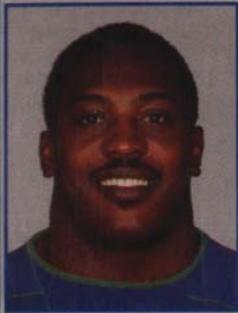
Fumble Recoveries: None

ADDITIONAL STATISTICS

Blocked Kicks: 1999 (Seattle) - 1.



King was the first draft choice of the Mike Holmgren era in 1999.



LEVON KIRKLAND

LINEBACKER

6-1 275

CLEMSON

10TH NFL SEASON

1ST SEAHAWKS SEASON

UNRESTRICTED FREE AGENT (PIT) 2001

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 144/124

FEBRUARY 16, 1969 (LAMAR, S.C.)

99

2000: Played in all 16 games and finished second on the Steelers with 109 tackles (76 solo), eclipsing the century mark in tackles for the fifth consecutive season and the seventh in his nine-year career. Also finished with one interception, five passes defended, a forced fumble and recovery. Finished with a team-high 12 tackles at the New York Jets (10/8). Logged six tackles and came up with his 11th career interception versus Cleveland (10/22). Registered 10 stops at Tennessee (11/5) and later turned in his third double-digit tackle performance of the season versus Washington (12/16) with 10.

PRO: Considered one of the top inside linebackers in the NFL, he has produced 100 or more tackles in seven of the last eight seasons. He has 904 career tackles and has posted at least 100 tackles seven times (1993-94, 1996-2000). He led the Steelers in tackles from 1996-98, with a career-high 137 in 1998, while adding 18.5 career sacks and 10 interceptions. He has not missed a game since entering the league as a second-round draft pick in 1992. He has played in all 144 games with 124 starts, including a streak of 107 consecutive starts. He signed with the Seahawks as an unrestricted free agent April 9, 2001. He rejoins Seahawks linebacker Chad Brown who played with Pittsburgh from 1993-96. The tandem helped lead the Steelers to a Super Bowl XXX appearance in 1995.

1999: Named the team's Most Valuable Player for the second consecutive year. Finished the year with his fourth consecutive 100-tackle season and the sixth in his eight-year career. Registered 123 tackles (108 solo), which ranked second on the team. Also had two sacks, an interception, three forced fumbles and two fumble recoveries. Finished with a team-high 10 tackles and recovered the seventh fumble of his career that led to a third-quarter field goal at Baltimore (9/19). Finished with six tackles versus Seattle (9/26). Led the team with a team-high 11

tackles (eight solo) versus Jacksonville (10/3). Performed superbly and led the team with a season-high 13 tackles (10 solo) at San Francisco (11/7). Also forced a Charlie Garner fumble in that game that led to a Steelers field goal. Did not miss a defensive snap at Kansas City (12/18) and led the team with 11 tackles (all solo). Perhaps his best game of the season came at Carolina (12/26), when he forced a fumble that was retrieved by Travis Davis and returned 102 yards for a touchdown. Also registered a team-high 10 tackles, his second sack of the season and had two forced fumbles. Only interception of the season came in the season finale versus Tennessee (1/2) and returned it 23 yards.

1998: Started all 16 games and registered a career-high and team-leading 137 tackles (94 solo) while adding 2.5 sacks, a forced fumble and fumble recovery. Had a team-high 10 tackles in the season opener versus Baltimore (9/6). Duplicated his 10-tackle output the following week versus Chicago (9/13) and also caused a third-quarter fumble that set up a Steelers touchdown. Led the team for the third straight game with 12 stops at Miami (9/20). Recorded a team-high for the fourth straight week versus Seattle (9/27) with 12 tackles. Also credited with a sack and a forced fumble in that game. Was selected the AFC Defensive Player of the Week for his performance versus the Seahawks. Finished second on the team with eight stops at Cincin-

ON TUESDAYS...

Having only been
with the Seahawks for
a little over a month,
Levon joined B.C.
Lions players in Van-
couver B.C. for Prac-
tice with the Pros.

nati (10/11), snapping a string of four games in which he led the team. Finished with 10 total tackles versus Baltimore (10/18), leaving the game after suffering a mild knee injury. Led the team for the fifth time during the season on Monday Night versus Green Bay, registering nine total tackles (five solo). Tallied nine stops against Jacksonville (11/22) to go along with five passes defended. Forced a fumble deep in Steeler territory that halted a Jaguar scoring threat. Led the team once again with 13 tackles (10 solo) against New England (12/6), the eighth time he led the team in tackles that season and sixth recording double-digit tackle outputs. Intercepted his only pass of the season, ninth of his career, and registered a team-high 13 tackles at Tampa Bay (12/13). Led the team for the 10th time in 1998 with 10 tackles against Cincinnati (12/20). **1997:** Started all 16 games and registered a career-high and team-leading 137 tackles (94 solo) while adding a career-high five sacks on a team that was ranked second in the AFC (yielding just 294.1 yards a game). Led the team in tackles 12 games and tied for the lead in two other contests. Also contributed with two interceptions, a forced fumble and fumble recovery. Was named to numerous all-pro teams and selected as the NFL Alumni Linebacker of the Year. Named the Steelers Man of the Year. Collected 14 tackles in the Steelers two post-season contests, along with two interceptions. Registered a sack in the AFC Championship game. Had a season-high 12 stops at Jacksonville (9/7). Totaled 11 tackles in each the Cincinnati (11/16), and AFC Championship game versus Denver (1/11). **1996:** Earned All-Pro honors from Associated Press (second team), *College & Pro Football Weekly*, *Football Digest*, *Football News* (AFC second team). Made his first Pro Bowl appearance after leading the team for the first time with 113 tackles. The only Steelers linebacker to start every game, he recorded a career-high four interceptions. Was the team's leading tackler in four games, recording double digits three times. Recorded 10 tackles, a sack, an interception and three passes defended at Jacksonville (9/1). Had his top game versus Buffalo (9/16) collecting six tackles and two interceptions in a game for the first time in his career. Posted 12 stops versus Houston (9/29) and was credited with 10 solo stops and two sacks against Cincinnati (10/13). Forced a Jeff Blake fumble that was returned 42 yards by Rod Woodson for a touchdown. Led the team with eight stops at Atlanta (10/27) and followed that performance with an eight-tackle, one-sack output versus St. Louis (11/3). Started both playoff contests and led

the team with 14 postseason tackles, including nine tackles against the Patriots (1/5). Had first postseason interception versus the Colts (12/29). **1995:** Voted as the Steelers defensive captain, with Greg Lloyd, by teammates. Started every game for the first time in his career. Finished second on the team with 88 tackles and one sack, one pass defended and two fumble recoveries. Recorded both fumbles versus Minnesota (9/24). Recorded a season-high 11 tackles while leading team at Chicago (11/5). Made 10 stops versus New England (12/16). Was the defensive star in the postseason after leading the team with 21 tackles in three games. Registered a team-high seven stops versus Buffalo (1/6) and made a fourth-quarter fumble interception that set up a touchdown. Forced a fourth-quarter fumble in the AFC Championship game versus Indianapolis (1/14). Led the Steelers with eight tackles and a sack in Super Bowl XXX against Dallas (1/28). Joined Ray Seals to record the team's only two sacks on Troy Aikman. Was the recipient of the annual "Chief Award" (in honor of Art Rooney) given to the member of the Steelers organization who best exemplifies spirit of cooperation with the media. **1994:** Played every game and finished second on the team to fellow linebacker Chad Brown with 100 tackles, three sacks, two interceptions and six passes defended. Made his first sack of the season, second of career, versus Indianapolis (9/18). Produced the first interception of his career and finished second on the team with 11 tackles versus Arizona (10/30). Had second interception versus Miami (11/20). Led team with nine tackles versus Eagles (12/11). Added 14 tackles while starting both playoff games. Led the team with 10 stops versus San Diego in the AFC Championship game. **1993:** Won the starting job over veteran David Little and made 12 starts in base defense. Finished second to Greg Lloyd with 103 tackles and four forced fumbles. Added a sack and two fumble recoveries, including one touchdown. Shared team lead with 10 tackles versus San Francisco (9/5) in first NFL start. Scored a touchdown on a 16-yard fumble return against San Diego (10/10), for game's only touchdown. Registered first sack the next week versus New Orleans (10/17), forcing a fumble which set up a touchdown. Shared team lead with 11 tackles at Denver (11/21). Made the game-saving tackle at the goal line on the final play in a 17-14 win against New England (12/5). Made team-leading 12 tackles in playoff game at Kansas City (1/8). **1992:** Played in all 16 games on special teams, tying for third on the team with 10 tackles. Was the

38th player drafted overall, the fifth linebacker behind Quentin Coryatt, Marco Coleman, Robert Jones and Mark D'Onofrio.

COLLEGE: Was a four-year starter at outside linebacker. Ended his career with the fourth-highest sack total in school history (19). Did not miss a game, setting a school record for outside linebackers with 43 starts. Was one of 12 Lombardi Award finalists as a senior after making 5.5 sacks and 67 tackles. Earned first-team All America and All-ACC honors. Was the only underclassman among five Butkus Award finalists during his junior year. Finished with 6.5 sacks, 77 tackles, three interceptions as a sophomore. Registered 5.5 sacks and 71 tackles during freshman campaign in which he made seven starts.

PERSONAL: Earned honorable mention All-State honors playing at Lamar (S.C.) High as a tight end,



Kirkland has recorded more than 100 tackles in seven of the last eight seasons.

linebacker and kick returner. Also lettered in basketball. Has one son, Zack (3/7/00).

KIRKLAND'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions				TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG				
1992 Pittsburgh	16/0	5	1	4	0.0	0	0	0	0.0	0	0	0	0	0
1993 Pittsburgh	16/13	103	64	39	1.0	7	0	0	0.0	0	0	3	4	2
1994 Pittsburgh	16/15	100	70	30	3.0	17	2	0	0.0	0	0	2	0	0
1995 Pittsburgh	16/16	88	58	30	1.0	7	0	0	0.0	0	0	1	0	2
1996 Pittsburgh	16/16	113	75	38	4.0	29	4	12	3.0	6	0	8	2	0
1997 Pittsburgh	16/16	126	95	31	5.0	25	2	14	7.0	8	0	7	1	1
1998 Pittsburgh	16/16	137	94	43	2.5	11	1	1	1.0	1	0	12	1	1
1999 Pittsburgh	16/16	123	98	25	2.0	12	1	23	23.0	23	0	6	3	2
2000 Pittsburgh	16/16	109	77	32	0.0	0	1	1	1.0	1	0	4	1	1
NFL TOTALS	144/124	632	272	904	18.5	108	11	51	4.64	23	0	45	12	9

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions				TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG				
1992 Pittsburgh	0	0	0	0	0.0	0	0	0	0.0	0	0	0	0	0
1993 Pittsburgh	13	11	2	0	0.0	0	0	0	0.0	0	0	0	0	0
1994 Pittsburgh	14	7	7	0	0.0	0	0	0	0.0	0	0	0	0	0
1995 Pittsburgh	21	17	4	1	1.0	8	0	0	0.0	0	0	0	1	0
1996 Pittsburgh	14	10	4	0	0.0	0	1	4	4.0	4	0	1	0	0
1997 Pittsburgh	14	10	4	1	1.0	7	2	21	10.5	21	0	3	0	0
NFL TOTALS	76	55	21	2.0	15	3	25	8.3	21	0	4	1	0	

SINGLE GAME HIGHS

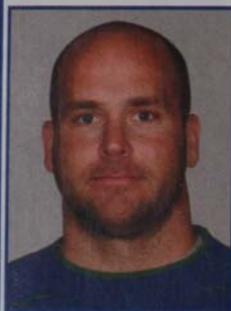
Tackles: 13, Three Times (Last: at SF 11/7/99)

Sacks: 1.5, vs. Seattle (9/27/98)

Interceptions: 1, 11 Times (Last: vs. Tenn. 1/2/00)

Forced Fumbles: 2, vs. Chicago (12/26/99)

Fumble Recoveries: 2, vs. Minnesota (9/24/95)



MATT LABOUNTY

DEFENSIVE END

6-4 275

OREGON

9TH NFL SEASON

6TH SEAHAWKS SEASON

TRADE (GREEN BAY) 1996

2000 GAMES/STARTS: 12/2

CAREER GAMES/STARTS: 83/12

JANUARY 3, 1969 (NOVATO, CALIF.)

91

2000: Played in 12 games and started the final two games of the season versus Oakland (12/16) and Buffalo (12/23) for an injured Lamar King (shoulder). Was inactive four games. Totaled 14 tackles and credited with a half sack on the season, when he teamed with Antonio Cochran at Jacksonville (11/12). Recorded a career-high four tackles at Denver (12/10). Missed at Kansas City (10/2), at Carolina (10/8) and Indianapolis (10/15) with an excused absence and was inactive at Atlanta (12/3) with a concussion.

PRO: A pass-rush specialist, who entered the NFL as the 12th-round draft choice of the San Francisco 49ers in 1992. Claimed on waivers by the Green Bay Packers in 1993 and spent three seasons in Green Bay (1993-95). He has played both DT and DE, but has

ON TUESDAYS...

Matt filmed a public service announcement for Ready, Set, Goals, the Seahawks' state wide literacy program.

been used predominately as a reserve defensive end while with Seattle. **1992:** Spent the entire season on the 49ers practice squad after re-signing on September 5. **1993:** Played in the first five games for San Francisco before being placed on the practice squad (10/16). Returned to the active roster (12/4) before being claimed by Green Bay (12/8). On the Packers inactive list for the last four regular season games and two postseason contests. **1994:** Missed the entire season on injured reserve with a back injury in training camp. **1995:** Inactive the first two games before playing in the last 14 with two starts. Also played in all three playoff games. Primarily backed up at left end,

but also saw action at both end and tackle as a pass rusher. Made his career start versus Chicago (12/12). Also started at Tampa Bay (12/10). Finished the season with 16 tackles and three sacks. Started against Atlanta (12/31) in the NFC Wild Card Game and had a sack.

1996: Played three games after being acquired from the Green Bay Packers in exchange for safety Eugene Robinson (6/26). On the 53-man roster for 16 games, but a training camp knee injury limited his availability. **1997:** Played in 16 games with six starts at defensive end. Also, saw action as a tackle in nickel situations. Credited with 18 tackles and three sacks. Registered a season-high three tackles versus Tennessee (10/5). **1998:** Saw action in 16 games with one start at defensive end. Played both DE and DT in the nickel. Finished the season with a single-season career-high 6.0 sacks, including his first career multi-sack game; a 2.0 sack performance versus San Diego (12/13). Also forced a fumble in that game, which was returned for a touchdown by DT Cortez Kennedy. Twice recorded career-highs with three tackles at Pittsburgh (9/27) and versus San Diego (12/13). Started at RDE versus Denver (10/11) replacing Phillip Daniels (strained neck). **1999:** Played in 16 games with one start. Started versus the Denver Broncos (11/14) for Michael Sinclair (groin). Recorded sacks at San Diego (10/17) and versus Tampa Bay (11/28). Also saw action as a reserve pass rusher in the playoff game versus the Miami Dolphins (1/9/00).

COLLEGE: Four-year letterman and three-year starter at the University of Oregon. Finished his Ducks career with a school record 23.5 sacks. Added 177 tackles, 41 tackles for loss, and two fumble recoveries. Started 33 of last 35 games. Single-season best 66 tackles came in 1989. Redshirted in 1987. Majored in Sociology.

PERSONAL: Two-way lineman at San Marin High School in Novato, Calif., along with teammate QB Mike McCoy. Did not play organized

football until his sophomore year. Matt and his wife, Kelly Blair, were married 1/31/98. Kelly won the heptathlon at the 1996 U.S. Olympic Trials and finished eighth in the Summer

Olympics in Atlanta. She qualified to participate in the 2000 Summer Olympics in Sydney, but did not compete due to an injury. The couple lives in Seattle and Austin.

LABOUNTY'S NFL RECORD

Year	Club	G/S	Tackles			Sacks		Interceptions				TD	PD	FF	FR
			Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG				
1992	San Francisco		Practice Squad												
1993	San Francisco	6/0	2	1	1	0.0	0.0	0	0	0.0	0	0	0	0	0
	Green Bay	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	
1994	Green Bay	Injured Reserve (back)													
1995	Green Bay	14/2	16	11	5	3.0	20.0	0	0	0.0	0	0	3	0	0
1996	Seattle	3/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
1997	Seattle	16/6	21	16	5	3.0	18.0	0	0	0.0	0	0	1	0	0
1998	Seattle	16/1	18	14	4	6.0	25.0	0	0	0.0	0	0	0	1	1
1999	Seattle	16/1	11	7	4	2.0	14.0	0	0	0.0	0	0	1	0	0
2000	Seattle	12/2	14	10	4	0.5	1.0	0	0	0.0	0	0	0	0	0
NFL TOTALS		83/12	82	59	23	14.5	78.0	0	0	0.0	0	0	5	1	1

POSTSEASON

Year	Club	G/S	Tackles			Sacks		Interceptions				TD	PD	FF	FR
			Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG				
1995	Green Bay	3/1	4	2	1	1.0	14.0	0	0	0.0	0	0	1	0	0
1999	Seattle	1/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS		4/1	4	2	1	1.0	14.0	0	0	0.0	0	0	1	0	0

SINGLE GAME HIGHS

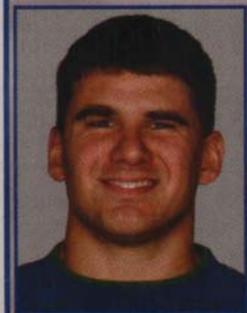
Tackles: 4, at Denver (12/10/00)

Sacks: 2.0, vs. San Diego (12/13/98)

Interceptions: None

Forced Fumbles: 1, vs. San Diego (12/13/98)

Fumble Recoveries: 1, vs. Tennessee (11/29/98)



RIAN LINDELL

KICKER

6-3 226

WASHINGTON STATE

2ND NFL SEASON

2ND SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 12/0

CAREER GAMES/STARTS: 12/0

JANUARY 20, 1977 (VANCOUVER, WASH.)

9

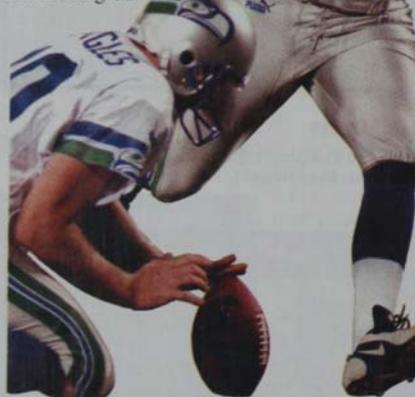
2000: Signed as a free agent with the Seahawks in week five (9/26) leading up to the Monday Night matchup at Kansas City (10/2). Kicked in 12 games connecting on 15 of 17 field goal attempts and was 25 of 25 on PATs. Field goal percentage (88.2%) set a team record (previously held by Todd Peterson's 1999 performance 34/40-85.0%). His percentage was tops among rookies and was 8th in the NFL. He was an impressive 10 of 11 (90.9%) from 40-plus yards, second only to Miami's Olindo Mare (12/13-92.3%). Was three of three from 50-plus yards. Finished out the season connecting on his final 11 field goal attempts.

Improved the Seahawks opponents average drive start from 12th (29.1-yd line) in the AFC when he signed to finish 4th (26.9-yd line). Connected on his first career attempt from 27 yards on Monday Night at Kansas City (10/2).

TOP ROOKIE KICKERS

Name	Team	FG	%
1. Rian Lindell	Seattle	15/17	88.2
2. Paul Edinger	Chicago	21/27	77.8
3. Tim Seder	Dallas	25/33	75.8
4. S. Janikowski	Oakland	22/32	68.8
5. Neil Rackers	Cincinnati	12/21	57.1

Hit a 51-yard field goal just before half versus Indianapolis (10/15). Went two of two versus Kansas City (10/29) which included a 50-yard field goal. Biggest kick of the season may have come against the Chargers (11/5) as he nailed a 48-yard game-winner in driving wind and rain as time expired for a Seahawks 17-15 win, which ended a five game losing skid. Converted four of four PATs at Jacksonville (11/12), marking the only game of the season he did not have a field goal attempt. Booted a career-high three field goals at Atlanta (12/3), including two from over 40 yards. Connected on both attempts versus Oakland (12/16), which included a career-long 52-



yarder giving the Seahawks a 13-10 lead as time expired in the first half.

PRO: Originally signed as an undrafted free agent with the Dallas Cowboys, but was released following training camp. Signed as a free agent with the Seahawks September 26.

COLLEGE: Finished his collegiate career fourth on the Cougar career scoring list with 206 points. Finished his senior

season making 12 of 16 field goal attempts and 28 of 28 PATs. Converted 25 of 25 PAT tries and eight of 17 field goal attempts as a junior after leading the team with 96 points, fourth best in school history. Was 58 of 60 PATs and 12 of 17 field goals as a sophomore. Extra point attempts and conversions both established school records.

PERSONAL: Was a kicker, tight end and defensive end at Mountain View High School in Vancouver, Wash., earning the team's defensive and special teams MVP honors while earning all-league honors as a defensive end and kicker. Earned all-state, league MVP and team MVP honors in baseball as a third baseman and pitcher. Married wife Johna in May 2001.

ON TUESDAYS...

Rian showcased his skills for the Special Olympics Football clinic. He also visited sick children in Seattle.

TOP KICKERS FROM 40+

Name	Team	FG	%	LG
1. Olindo Mare	Miami	12/13	92.3	49
2. Rian Lindell	Seattle	10/11	90.9	52
3. Ryan Longwell	Green Bay	16/20	80.0	52
Doug Brien	New Orleans	12/15	80.0	48
Matt Stover	Baltimore	12/15	80.0	51

LINDELL'S NFL RECORD

Club		Kicking										
G/S	PAT-Att	FG-Att	1-19	20-29	30-39	40-49	50+ FG %	LG	Pts			
2000	Seattle	12/0	25-25	15-17	0-0	4-5	1-1	7-8	3-3	88.2	52	70
NFL TOTALS		12/0	25-25	15-17	0-0	4-5	1-1	7-8	3-3	88.2	52	70
Club		Miscellaneous										
Indoors	In %	Outdoors	Out %	Home	Home %	Road	Road %					
2000	Seattle	3-3	100.0	12-14	85.7	8-9	88.9	7-8	87.5			
NFL TOTALS		3-3	100.0	12-14	85.7	8-9	88.9	7-8	87.5			

SINGLE GAME HIGHS

Most FGs Att.: 3, at Atlanta (12/3/00)
 Most FGs Made: 3, at Atlanta (12/3/00)
 Longest FG Attempted: 52, vs. Oakland (12/16/00)
 Longest FG Made: 52, vs. Oakland (12/16/00)

Most PATs Attempted: 4, 2 Times (Last: vs. Denver 11/26/00)
 Most PATs Made: 4, 2 Times (Last: vs. Denver 11/26/00)



CHRIS MCINTOSH

TACKLE

6-6 314

WISCONSIN

2ND NFL SEASON

2ND SEAHAWKS SEASON

1ST ROUND (B) 2000

2000 GAMES/STARTS: 14/10

CAREER GAMES/STARTS: 14/10

FEBRUARY 20, 1977 (PEWAUKEE, WIS.)

75

2000: Signed with Seattle August 26 and was placed on the exempt list opening weekend at Miami (9/3). Made his NFL debut at right tackle vs. St. Louis (9/10). Made his first of 10 consecutive starts at right tackle vs. Indianapolis (10/15) in place of Todd Weiner after playing as a reserve and on special teams four of the first six games. Part of the offensive line that did not give up a sack in back-to-back games at Atlanta (12/3) and at Denver (12/10) for the first time in 324 games. Helped block for Ricky Watters when he surpassed the 10,000-yard career rushing mark at Atlanta (12/3).

PRO: Drafted with the 22nd pick in the first round of the 2000 NFL draft. The second of two first-round draft picks became the sixth offensive lineman taken by the Seahawks in the first-round, following Steve August (1977), Andy Heck (1989), Ray Roberts (1992), Pete Kendall (1996) and Walter Jones (1997). It was the second time in team history the Seahawks selected two players in the first round, joining Shawn Springs (third overall) and Walter Jones (sixth overall) in 1997.

COLLEGE: Consensus All-American as a senior at Wisconsin, blocking for Heisman Trophy winner Ron Dayne. Four-year starter at left tackle and two-year captain for the Badgers.

Helped guide offense to 5,006 yards, the third highest single-season output in school history his senior year. Provided blocking for Dayne's 226 yards in the 2000 Rose Bowl versus Stanford and earned Player of the Game honors in the 1997 Rose Bowl versus UCLA.

P E R - S O N A L :
Top 100 prospect by Prep Football Report at Pewaukee (Wis.) High. Two-year captain. Also lettered in wrestling and track. State heavy-weight wrestling champion as a prep senior. Earned All-Conference honors as a sophomore in football, wrestling and track. Earned academic All-Big Ten as a freshman. Married, Deann (4/7/01). Born on February 20, 1977, in Pewaukee, Wis.

ON TUESDAYS...

Chris is quick to lend his support for various causes that the Seahawks players are involved with.

MCINTOSH'S NFL RECORD

Career Games Played/Started: 2000 (Seattle) 14/10. Career: 14/10.

~ **MCINTOSH IS ONE OF THREE BIG TEN OFFENSIVE LINEMAN FOR THE SEAHAWKS JOINING GUARD FLOYD WEDDERBURN (PENN STATE) AND GUARD STEVE HUTCHINSON (MICHIGAN)~**



ITULA MILI

TIGHT END

6-4 258
 BRIGHAM YOUNG
 5TH NFL SEASON
 5TH SEAHAWKS SEASON
 6TH ROUND 1997
 2000 GAMES/STARTS: 16/6
 CAREER GAMES/STARTS: 39/8
 APRIL 20, 1973 (LAIE, HAWAII)

89

2000: Had a career season surpassing his career numbers through the first four games. Started the first four games in place of injured Christian Fauria (hamstring) and posted 11 receptions for 129 yards (11.7 avg.) with one touchdown. Had a career-high five receptions in his fifth start of the year at Oakland (10/22) and a career-high 52 yards vs. St. Louis (9/10). Started for the sixth time at Denver (12/10) and caught a career-long 34 yarder. His three touchdowns and Fauria's two touchdowns tied a team record with five touchdowns by tight ends for a single season. Mike Tice and Travis McNeal combined for five scores in 1991.

PRO: Chosen with the 11th pick in the sixth round, the 174th overall choice, in the 1997 college draft. **1997:** Missed the entire season

ON TUESDAYS...

Itula signed autographs
 for the annual CIS
 First & Goal Luncheon
 for children that
 achieved their goals.

on injured reserve with a knee injury suffered late in his final collegiate season. **1998:** Saw limited action in seven games and was inactive for eight games. Missed the season finale when he was placed on

injured reserve (12/25) with a knee injury. Played in multi-tight end sets at Oakland

(11/15) and at Dallas (11/22). Made first career reception at Dallas, for a 20-yard pickup.

1999: Saw action in all 16 games with two starts. Made first career start in the season opener versus Detroit. Also, started at Chicago (9/19). For the season, caught four passes for 24 yards with one touchdown. Score, the first of his career, came on a 1-yard pass from Jon Kitna at San Diego (10/17).

COLLEGE: Four-year letterman who played tight end, fullback, and H-back. Finished his career with 126 receptions for 1,777 yards and 11 touchdowns in 40 games, with 22 starts. First-team All-Western Athletic Conference as a senior after catching a single-season best 46 passes for 692 yards and three scores in 14 games. Had 108 yards on nine receptions versus Washington. Injured his knee in the Western Athletic Conference title game and missed the Cougars bowl game. Started at fullback and H-back as a junior and caught 36 passes for 440 yards and three scores. Had two 100-yard games, 101 yard on four receptions versus Utah State and 108 yards on five catches against Fresno State. Played six games, with three starts, as a freshman. Served on an LDS mission to New Zealand in 1992 and 1993. Majored in Geography.

PERSONAL: Lettered in football, basketball, and track at Kahuku High School in Laie, Hawaii. Football team won the state championship as a junior and senior. All-state choice as a wide receiver. State high jump champion as a junior despite school not having a pit for him to practice. Plays the guitar. Born in Kahuku, Hawaii. Lives in Laie, Hawaii with his wife, Melisa (8/31/99).

MILI'S NFL RECORD

Receiving

Year	Club	G/S	No	Yds	Avg	LG	TD
1997	Seattle		Injured Reserve				
1998	Seattle	7/0	1	20	20.0	20	0
1999	Seattle	16/2	4	24	6.0	9	1
2000	Seattle	16/6	28	288	10.3	34	3
NFL TOTALS		39/8	33	332	10.1	34	4

SINGLE GAME HIGHS

Most Receptions: 5, at Oakland (10/22/00)
Most Yards: 52, vs. St. Louis (9/10/00)
Most Touchdowns: 1, 4 Times (Last vs. Indianapolis, 10/15/00)
Longest Reception: 34, at Denver (12/10/00)

ADDITIONAL STATISTICS

Postseason Games Played/Started: 1999, 1/0.
Postseason Statistics: 1999, None.



PAUL MIRANDA

CORNERBACK

5-10 178

CENTRAL FLORIDA

3RD NFL SEASON

2ND SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 4/0

CAREER GAMES/STARTS: 9/0

MAY 2, 1976 (THOMASVILLE, GA.)

22

2000: Signed with the Seahawks on September 1, but was inactive the first three games of the season before being released on September 19. He was then signed to the San Francisco 49ers practice squad before being re-signed to the Seahawks active roster on November 29. Saw action in the next four games and played corner for the first time vs. Buffalo (12/23) in the nickel and dime packages. Collected a career-high three tackles (two solo) and caused his first forced fumble.

PRO: Was a fourth-round (96th overall) draft choice in the 1999 draft. Pick was obtained from San Francisco for D4-99 (99th overall) and D6-99 (171st overall). **1999:** Miranda played five games for Indianapolis and was declared inactive for 11 games. Saw most playing time on special teams posting four tackles and had one solo tackle at Philadelphia (11/21). Had one special teams tackle versus Tennessee (1/16) in the AFC Divisional Playoff game.

COLLEGE: Attended Central Florida playing 31 games with 11 starts. Played three years and totaled 112 tackles (85 solo), two interceptions, one sack and returned 26 kickoffs for a 28.2-yard average. Did not miss a game his last two seasons with his best game coming versus Southwestern Louisiana posting six tackles

(four solo) and a 38-yard pick for a touchdown his senior year. His first score came his junior year on an 88-yard kickoff return versus Toledo and recorded a career-high nine tackles versus Mississippi. Played in nine games as a sophomore and spent his freshman season at Holmes Junior College in Goodman, Miss.

PERSONAL: Paul Nathaniel Miranda was born in Brooklyn, N.Y., and raised in Miami, Fla. Attended Thomas County Central High School and holds a Health Services Administration degree from Central Florida. Wed, Kimberlie (12/29/00), and has a daughter Jasmine (12/22/93).

ON TUESDAYS...

Since arriving in Seattle, Paul has placed an emphasis on spending time with children in local hospitals. He is also involved with local Boys & Girls Clubs.

MIRANDA'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1999 Indianapolis	5/0	1	1	0	0.0	0.0	0	0	0.0	0	0	0	0	0
2000 Seattle	4/0	3	2	1	0.0	0.0	0	0	0.0	0	0	0	1	0
NFL TOTALS	9/0	4	3	1	0.0	0.0	0	0	0.0	0	0	0	1	0

SINGLE GAME HIGHS

Tackles: 3, vs. Buffalo (12/23/00)
 Sacks: None
 Interceptions: None
 Forced Fumbles: 1, vs. Buffalo (12/23/00)
 Fumble Recoveries: None

ADDITIONAL STATISTICS

Special Teams Tackles: 1999 (4); 2000 (0); Total (4).



SCOT OSBORNE

FB/TE

6-4 274

WILLIAM & MARY

1ST NFL SEASON

1ST SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 0/0

CAREER GAMES/STARTS: 0/0

OCTOBER 30, 1977 (ASHEVILLE, N.C.)

48

2000: Spent the entire season on the team's practice squad.

PRO: Signed as an undrafted free agent April 25, 2000. Waived at the end of training camp on August 27, 2000 but signed to the team's practice squad the following day.

COLLEGE: Did not miss a start his final two years at William & Mary while playing tight

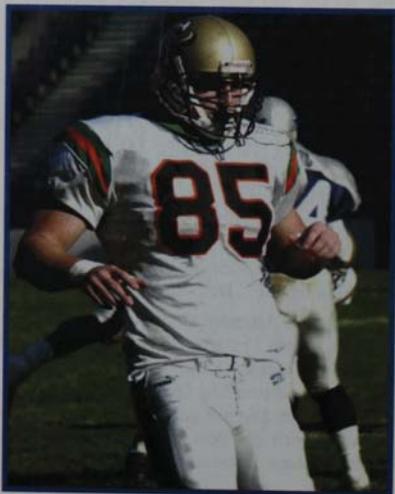
ON TUESDAYS...

Scot has expressed his concern for children's education. He has participated in the Hometown Huddle and Thanksgiving luncheon at the Seahawks Academy, as well as the Communities in Schools First & Goal luncheon.

end and handling the team's long snapping duties. Caught eight passes for 121 yards and one touchdown in a senior season that earned him a trip to the Kelly Tires Blue-Gray All-Star

Game. Caught 16 passes for 130 yards and one touchdown following his junior season. As a sophomore, he pulled in two passes for 25 yards. Played in six games a redshirt freshman and made his first career reception for 21 yards.

PERSONAL: Attended A.C. Reynolds High School where he lettered three times as an offensive lineman and tight end. Earned All-Conference honors following his senior season. He also lettered in basketball and track.



Osborne finished the NFL season with 10 receptions for 103 yards for the Berlin Thunder. Ranked third on the team with three touchdowns.



CHAD OVERHAUSER

GUARD

6-4 314

UCLA

4TH NFL SEASON

2ND SEAHAWKS SEASON

TRADE (CHICAGO) 2000

2000 GAMES/STARTS: 0/0

CAREER GAMES/STARTS: 0/0

JUNE 17, 1975 (SACRAMENTO, CALIF.)

79

2000: Inactive for 14 games and dressed but did not play, at Miami (9/3) and vs. Indianapolis (10/14).

PRO: Acquired by Seattle in a trade from Chicago August 27, 2000. Originally a seventh-round draft choice by the Bears in 1998. **1998:** Inactive all 16 games as a rookie. **1999:** Placed on injured reserve the entire season.

COLLEGE: A four-year starter for the Bruins, he played both guard and tackle starting 42 of 46 games, including the last 30 in a row. A first-team All-America and All-Pac Ten as a senior. First team All-Pac Ten allowing just one sack in 11 games as a junior. Contributed to the team's 154.0-yard per game rushing average. Started 11 of 12 games as a sophomore. Started three games at right tackle and eight at right guard. Helped UCLA rank 20th in NCAA in rushing with 212.5 yards per game. Named team's most improved player. Expected to serve as a backup, but due to injuries, started eight of the final nine games at right tackle.

PERSONAL: A Blue Chip and Scholastic

Coach All-American at Rio Americano High in Sacramento. Was a two-year two-way starter as both offensive and defensive lineman. Also averaged 19 points and 14 rebounds as senior on the basketball team. Has a wife Tamara (6/22/97) and daughter Rebekah (6/12/99).

ON TUESDAYS...

Chad has always been concerned with reading and has taken an active role in helping children better their test scores.

OVERHAUSER'S NFL RECORD

Year	Team	GP/GS	Postseason	Year	Team	GP/GS	Postseason
1998	Chicago	—	0/0	2000	Seattle	—	0/0
1999	Chicago	—	0/0	NFL TOTALS		—	0/0



Seahawks VP/Football Operations Ted Thompson presents DT John Randle with a jersey on his signing day. Randle joins DT Chad Eaton, LB Levon Kirkland and FS Marcus Robertson as part of a revamped defensive middle for the Seahawks.



JOHN RANDLE

DEFENSIVE TACKLE

6-1 287

TEXAS A&I

12TH NFL SEASON

1ST SEAHAWKS SEASON

FREE AGENT 2001

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 176/150

DECEMBER 12, 1967 (HEARNE, TEXAS)

93

2000: Led Minnesota in sacks (8.0) for the ninth time in 11 seasons and the eighth straight season. Recorded 31 tackles with two forced fumbles for the season. Posted a season-high five solo tackles vs. Carolina (11/19). Tallied a pair of multi-sack games, posting two vs. Carolina (11/19) and Detroit (11/30). Recorded a sack in three straight games, at Green Bay (11/6), vs. Arizona (11/12) and vs. Carolina (11/19). Had one sack in the divisional playoffs vs. New Orleans (1/6/01).

PRO: Signed with Seattle as a free agent March 3, 2001. The six-time Pro Bowler has excelled on the defensive line playing in 176 consecutive games, including 133 consecutive starts. The streak began on 11/29/92 at the L.A. Rams. His 113.0 sacks since 1991 is tops in the NFL and his eight consecutive 10-plus sack seasons (1992-99) rank second in NFL history behind Reggie White's nine. Finished his Vikings career ranked third in sacks (114.0) and forced fumbles (24).

1990: Signed as an undrafted free agent from Texas A&I. Played in all 16 games and posted his first NFL sack and forced fumble vs. Philadelphia (10/15). **1991:** Played 16 games and started eight with his first career start vs. Detroit (10/6), recording seven tackles. Started the next four games until breaking his thumb vs. Tampa Bay (11/3). Returned to the starting lineup at Tampa Bay (12/8). Finished 10th in the NFC with 9.5 sacks. **1992:** Collected 11.5 sacks placing him eighth in the NFC. Posted a season-high 2.5 sacks vs. Chicago (11/2). Did not start vs. Green Bay (9/6) and vs. Cleveland (11/22) because of a chest injury. His current 176 consecutive games played and 133 consecutive games started streak began at the L.A. Rams (11/29/92). **1993:** Tied for third in the NFC and seventh in the NFL with 12.5 sacks, along with 59 tackles (54 solo) and three forced fumbles. Recorded 3.0 sacks at Chicago (10/25) and vs. Detroit (12/5). Named NFC Defensive Player of the Week for his game at Chicago. Elected to start the Pro Bowl. **1994:** Collected 13.5 sacks good for a first-place tie in the NFC (2nd NFL).

Became only the second interior lineman (Bill Pickel, L.A. Raiders) with three straight seasons of 11.5 or more sacks since the NFL started keeping sack totals in 1982. Posted four multi-sack games and was named NFL Defensive Player of the Week vs. San Francisco (12/26) when he had 2.0 sacks and forced a fumble that was returned for a touchdown. Elected to start the Pro Bowl.

1995:

Placed eighth in the NFC with 10.5 sacks. Posted 2.0 sacks vs. Arizona (11/12) and vs. Detroit (11/23). Elected to start the Pro Bowl. **1996:** Tied for seventh in the NFC with 11.5 sacks. Set career-highs with 3.5 sacks and two forced fumbles vs. Green Bay (9/22), garnering NFC Defensive Player of the Week and went on to being named NFC Defensive Player of the Month for September. Elected to start his fourth Pro Bowl. **1997:** Led the NFL for first time in his career with a career-high 15.5 sacks. Also set a career-high with 71 tackles (39 solo). Became the first Vikings player to lead the League since Chris Doleman in 1989. Named NFC Defensive Player of the Month for October with 6.0 sacks. Had 3.0 sacks vs. Carolina (10/12) and vs. Detroit (12/14). Had a career-high 10 tackles vs. San Francisco (12/7). Started his fifth-straight Pro Bowl. **1998:** Ranked 10th in the NFC with 10.5 sacks. Had a season-high 2.0 sacks at Detroit (10/25) and vs. Jacksonville (12/20). Also tied his career-high with two forced fumbles vs. Jacksonville. Named NFC Defensive

ON TUESDAYS...

John plans to take an active role in appearing at the Seahawks Academy helping families during Thanksgiving.

Player of the Month for December. Selected to his sixth-straight Pro Bowl. **1999:** Finished the season with 10.0 sacks. Twice honored as NFC Defensive Player of the Week (10/3 and 1/2/00). Recorded his first career interception vs. San Francisco (10/24), returning it 1 yard. Picked up his 100th career sack vs. Dallas (11/8). Forced a fumble and had a season-high 3.0 sacks vs. Detroit (1/2/00), helping him earn NFC Defensive Player of the Month for December.

HONORS: **1993:** *NFC Pro Bowl Squad, All-Pro (AP, Pro Football Weekly/Pro Football Writers of America, Football Digest), All-NFC (UPI, Football News); 1994:* *NFC Pro Bowl Squad, All-Pro (AP, College & Pro Football Newsweekly, Football Digest, Pro Football International, Football News); 1995:* *NFC Pro Bowl Squad, All-Pro (AP, College & Pro Football Newsweekly, Pro Football Weekly/Pro Football Writers of America, The Sporting News), All-NFC (UPI, Football News); 1996:* *NFC Pro Bowl Squad, All-Pro (AP, Football Digest, Pro Football Weekly/Pro Football Writers of America, The Sporting News, USA Today), All-Pro Second Team (College & Pro Football Newsweekly), All-NFC (UPI, Football*

News); 1997: *NFC Pro Bowl Squad, All-Pro (AP, Pro Football Weekly, College & Pro Football Weekly, The Sporting News, USA Today), All-Pro Second Team (Football Digest), All-NFC (Football News); 1998:* *NFC Pro Bowl Squad, All-Pro (AP, College & Pro Football Weekly, The Sporting News, USA Today, Football Digest) All-NFC (Football News, Pro Football Weekly), All-NFL (Pro Football Weekly); 1999:* *All-Pro (USA Today).*

COLLEGE: Began college career at Trinity Valley (Texas) Community College where he earned all-conference honors. Transferred to Texas A&I, becoming a two-time letterwinner and a Little All-America as a senior. Earned a degree in Sociology.

PERSONAL: All-state offensive and defensive lineman at Hearne (Texas) High School. Also ran track. Older brother, Ervin, was Tampa Bay's fifth-round draft pick in 1985 and played linebacker until 1992. Reads other team's media guides, enjoys movies and Frank Sinatra music in his spare time. Wife, Candace (2/14/01), is the sister-in-law of Minnesota Vikings quarterback Todd Bouman. Has one daughter, Brittany (10/10/89).

RANDLE'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions					PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD			
1990 Minnesota	16/0	12	6	6	1.0	8.0	0	0	0.0	0	0	0	1	0
1991 Minnesota	16/8	56	31	25	9.5	56.0	0	0	0.0	0	0	0	2	0
1992 Minnesota	16/14	56	45	11	11.5	57.0	0	0	0.0	0	0	2	0	1
1993 Minnesota	16/16	59	54	5	12.5	71.0	0	0	0.0	0	0	0	3	0
1994 Minnesota	16/16	47	43	4	13.5	88.0	0	0	0.0	0	0	0	2	2
1995 Minnesota	16/16	47	23	24	10.5	79.0	0	0	0.0	0	0	0	1	0
1996 Minnesota	16/16	58	38	20	11.5	68.0	0	0	0.0	0	0	4	4	0
1997 Minnesota	16/16	71	39	32	*15.5	108.0	0	0	0.0	0	0	5	2	2
1998 Minnesota	16/16	56	41	15	10.5	76.0	0	0	0.0	0	0	0	3	1
1999 Minnesota	16/16	44	28	16	10.0	57.0	1	1	1.0	1	0	0	4	3
2000 Minnesota	16/16	31	18	13	8.0	49.0	0	0	0.0	0	0	0	2	0

NFL TOTALS 176/150 537 366 171 114.0 717.0 1 1 1.0 1 0 11 24 9

* Led NFL

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions					PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD			
1992 Minnesota	1/1	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
1993 Minnesota	1/1	6	5	1	0.0	0.0	0	0	0.0	0	0	0	0	0
1994 Minnesota	1/1	1	1	0	0.0	0.0	0	0	0.0	0	0	1	0	0
1996 Minnesota	1/1	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0
1997 Minnesota	2/2	5	2	3	1.0	5.0	0	0	0.0	0	0	0	0	0
1998 Minnesota	2/2	3	3	0	0.0	0.0	0	0	0.0	0	0	0	0	0
1999 Minnesota	2/2	4	2	2	1.0	9.0	0	0	0.0	0	0	1	0	0
2000 Minnesota	2/2	6	6	0	1.0	6.0	0	0	0.0	0	0	0	1	0

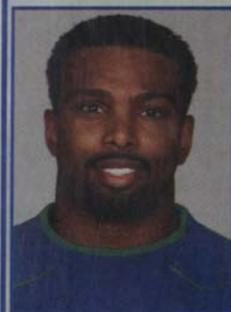
NFL TOTALS 12/12 27 21 6 3.0 11.0 0 0 0.0 0 0 2 1 0

SINGLE GAME HIGHS

Tackles: 10, at San Francisco (12/7/97)
 Sacks: 3.5, vs. Green Bay (9/22/96)
 Interceptions: 1, vs. San Francisco (10/24/99)
 Forced Fumbles: 2, 2 Times (Last vs. Jacksonville, 12/20/98)
 Fumble Recoveries: 1, 9 Times (Last at KC, 12/12/99)

ADDITIONAL STATISTICS

Touchdowns: None
 Special Teams Tackles: 1990 (9); 1991 (2); Career (11).



MARCUS ROBERTSON

SAFETY

5-11 211

IOWA STATE

11TH NFL SEASON

1ST SEAHAWKS SEASON

FREE AGENT 2001

2000 GAMES/STARTS: 15/15

CAREER GAMES/STARTS: 135/117

OCTOBER 2, 1969 (PASADENA, CALIF.)

31

2000: Started and played in 15 games, missing the Cincinnati (12/10) contest due to injury. Finished season with 92 tackles, seven passes defended, two forced fumbles and one fumble recovery. Led the team with seven tackles and posted his fumble recovery vs. the New York Giants (10/1). Collected 10 stops and a forced fumble versus Jacksonville (10/16). Followed that performance a week later with 12 tackles, one pass defended and stripped Jamal Lewis of the ball in the Titans 14-6 win over Baltimore (10/22). Posted three double-digit tackle performances, including a career-high tying 13, versus Jacksonville (11/26). Recorded five stops versus Baltimore (1/7/01) in the divisional playoffs. Named second alternate to the 2000 AFC Pro Bowl squad.

PRO: Selected by the Houston Oilers with the

ON TUESDAYS...

Marcus established the

Marcus Robertson

Children's Foundation

in his hometown of

Pasadena, Calif.

second of two fourth-round picks (102nd overall) in the 1991 NFL draft. Signed with the Seahawks April 16, 2001, after 10 seasons with the Houston Oilers / Tennessee Titans.

Ranks 10th

in Titans history with 22 career interceptions and in 1993 became the first safety on team to earn first-team All-Pro honors since current

Seahawks Senior Vice President Mike Reinfieldt in 1979. Tied (Doug Cline) for club record for most career fumble returns for touchdowns (3) and most in a season (2, 1997).

1999: Started 15 games and missed season finale at Pittsburgh (1/2/00) following motorcycle accident, which required 150 stitches to his face. Ranked third on team with 92 tackles, the second-highest total of his career and recorded nine or more tackles in six games. Posted nine stops in season opener vs. Cincinnati (9/12) and 0.5 sack of Jeff Blake. Playing with three missing teeth suffered in the first half at Jacksonville (9/26), totaled four tackles and two passes defended. Recorded a season-high and team-high 10 tackles vs. Pittsburgh (11/21). Matched that tackle total vs. Oakland (12/9). Picked off first pass of season vs. Atlanta (12/19). Matched playoff career-high with six tackles at Indianapolis (1/16/00) in divisional playoff. Made his first postseason interception and had three tackles in AFC championship game at Jacksonville (1/23/00). Suffered a broken left ankle at Jacksonville and missed Super Bowl XXXIV in Atlanta.

1998: Started 12 games, missing two (at Pittsburgh, 11/1 and at Tampa Bay, 11/8) with a right knee injury and two after undergoing an appendectomy (at Green Bay, 12/20 and vs. Minnesota, 12/26). Posted a season-high 11 tackles vs. Jacksonville (9/27). Returned from two-game layoff to collect eight tackles vs. Pittsburgh (11/15). Had nine tackles vs. New York Jets (11/22). **1997:** Started 14 games and missed two games (at Cincinnati, 12/4 and vs. Pittsburgh, 12/21) due to his right knee. Had 62 tackles and tied for the lead in interceptions (5) and fumble recoveries (3).

Returned his first interception of the season 25 yards vs. Washington (10/19). The following week he recorded his fourth multi-interception game of career with two at Arizona (10/26). Put up a season-high 10 tackles and one interception vs. New York Giants (11/9). Picked up a fumble by Thurman Thomas and took it 25 yards for a score vs. Buffalo (11/23). It was the first fumble returned for a touchdown by an Oiler since Dec. 5, 1993. Had one pick and returned his second fumble of the season for a touchdown vs. Dallas (11/27), this from 42 yards out for his third career score. Named AFC Defensive Player of the Week for his performance vs. Dallas. **1996:** Returned from a torn ACL to start all 16 games. Led team with season-high nine tackles in season opener vs. Kansas City (9/1). Added nine more stops the week later and two interceptions at Jacksonville (9/8). Had a pick for the second consecutive week with one vs. Baltimore (9/15) for 27 yards. Had one forced fumble and one fumble recovery at Pittsburgh (9/29). Picked off his fourth pass at Baltimore (12/22). **1995:** Suffered a torn right ACL in second game of the season vs. Pittsburgh (9/10) attempting to keep feet inbounds on interception attempt. Surgically repaired Sept. 20. Had two tackles and one pass defended for the year. **1994:** Started 16 games and posted his first 100-plus tackle season with 111 (80 solo). Set up a touchdown vs. Cincinnati (9/25) with a 41 yard interception return. Tied for the team-lead with a career-high 13 tackles vs. New York Giants (11/21). **1993:** Started 13 games before rupturing his patella tendon vs. Cleveland (12/12). Second on the team with 82 tackles and led the club with seven interceptions. Led the team with 10 tackles and recovered a fumble and returned it 80 yards for his first career score at New Orleans (9/5). Named AFC Defensive Player of the Week after intercepting two passes vs. Kansas City (9/12). Had a career-high three interceptions at Cleveland (11/21), returning one a career-high 69 yards. Named AFC Defensive Player of the Week for his performance. Collected six tackles, one interception and one forced fumble vs. Atlanta (12/5). **1992:** Started the final 14 games due to an injury to Bo Orlando. Made first career

SINGLE GAME HIGHS

Tackles: 13, 2 Times (Last vs. Jacksonville, 11/26/00)
Sacks: 1.0, at New England (9/22/91)
Interceptions: 3, at Cleveland (11/21/93)
Forced Fumbles: 1, 7 Times (Last at Baltimore, 10/22/00)
Fumble Recoveries: 1, 8 Times (Last vs. NY Giants, 10/1/00)

start vs. Kansas City (9/20) and first career interception at Cincinnati (10/11). Had 10 tackles vs. Buffalo (12/27). First playoff start came at Buffalo (1/3/93) with six tackles. **1991:** Saw action in all 16 games as a reserve defensive back and on special teams. In some specialty alignments, played linebacker. Tallied four tackles and his first sack at New England (9/22).

HONORS: **1993:** *First-Team All-Pro (Associated Press, The Sporting News), Second-Team All-Pro (College & Pro Football Newsweekly), First-Team All-AFC (UPI), AFC Defensive Player of the Week 2 (vs. Kansas City), AFC Defensive Player of the Week 12 (at Cleveland).* **1997:** *AFC Defensive Player of the Week 14 (vs. Dallas).*

COLLEGE: Played four years at Iowa State, recording 257 career stops, six picks, nine forced fumbles, five fumble recoveries and 22 passes defended. Also returned 48 punts for 267 yards (5.6 avg.) for the Cyclones. Earned honorable mention All-America and second-team All-Big Eight honors as a senior, despite missing the last three games due to a broken leg. Was a first-team All-Big Eight selection as a junior and honorable mention All-Big Eight as a sophomore. Also ran indoor track. Majored in industrial engineering.

PERSONAL: Attended Muir High School in Pasadena, Calif., lettering in football, basketball, baseball and track. Member of 400-meter relay team that won California championship in state record time. Played on the same high school team as current teammate Chad Brown. Enjoys fishing and watching movies. His charitable work, Marcus Robertson Children's Foundation hosts "Books & Balls Camp," celebrity basketball games at Muir High School, benefitting three Muir student-athletes with \$500 scholarships. Board member for Texas Gulf Coast Sickle Cell Anemia Association and serves on Celebrity Ambassador Council. Also sponsored field trips for multi-impaired students in the Nashville area. Learning how to play the piano. Marcus Aaron Robertson and his wife, Holly (6/27/92), have two daughters, Morgan Ashley (7/27/96), Milan April (3/17/98) and one son, Marcus Andrew (1/8/01).

ADDITIONAL STATISTICS

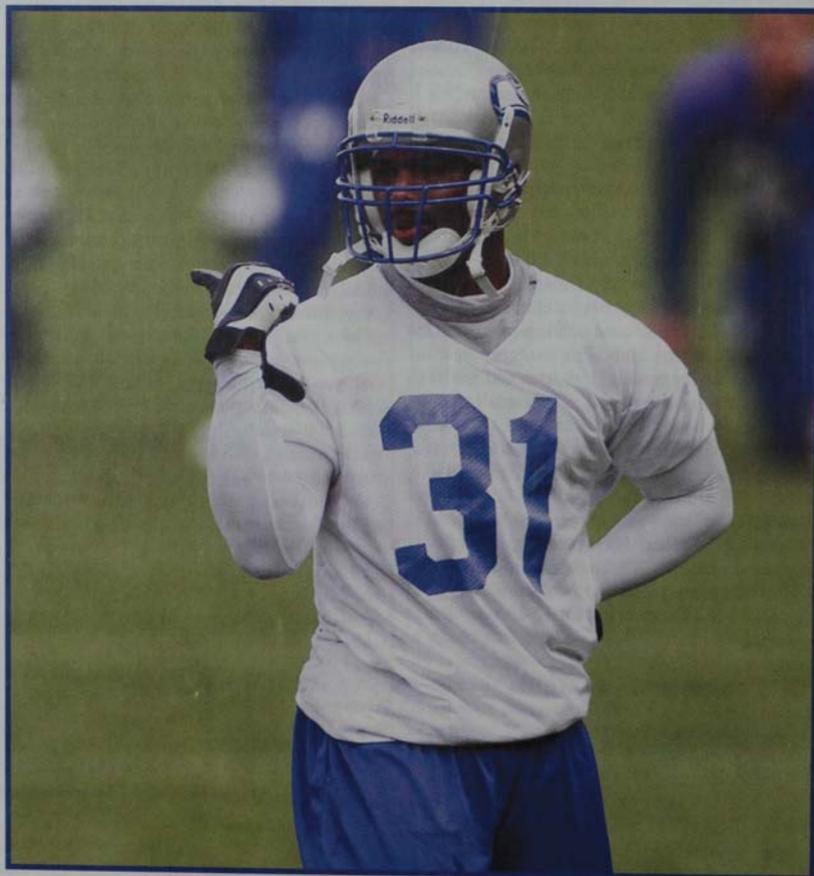
Touchdowns: 3 (all FR), Last vs. Dallas (11/27/97)
Special Teams Tackles: 1991 (3); 1992 (8); 1993 (1); 1994 (4); 1995 (1); 1996 (1); Total (18).
Punt Returns: 2 returns for 0 yards (1994, FC) (1997, 1-0)

ROBERTSON'S NFL RECORD

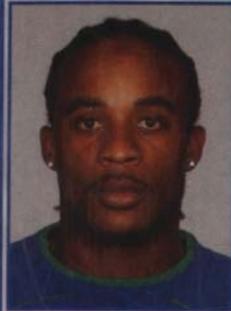
Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1991 Houston	16/0	30	25	5	1.0	3.0	0	0	0.0	0	0	2	0	0
1992 Houston	16/14	71	39	32	0.0	0.0	1	27	27.0	27	0	6	0	0
1993 Houston	13/13	82	62	20	0.0	0.0	7	137	19.6	69	0	12	2	3
1994 Houston	16/16	111	80	31	0.0	0.0	3	90	30.0	41	0	6	2	0
1995 Houston	2/2	2	2	0	0.0	0.0	0	0	0.0	0	0	1	0	0
1996 Tennessee	16/16	82	57	25	0.0	0.0	4	44	11.0	27	0	6	1	1
1997 Tennessee	14/14	62	44	18	0.0	0.0	5	127	25.4	48	0	12	0	3
1998 Tennessee	12/12	75	46	29	0.0	0.0	1	0	0.0	0	0	4	0	0
1999 Tennessee	15/15	92	64	28	0.5	0.0	1	3	3.0	3	0	10	0	0
2000 Tennessee	15/15	92	62	30	0.0	0.0	0	0	0.0	0	0	7	2	1
NFL TOTALS	135/117	699	481	218	1.5	3.0	22	428	19.5	69	0	66	7	8

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1991 Houston	2/0	6	6	0	0.0	0.0	0	0	0.0	0	0	0	0	0
1992 Houston	1/1	6	4	2	0.0	0.0	0	0	0.0	0	0	0	0	0
1999 Tennessee	3/3	13	13	0	0.0	0.0	1	0	0.0	0	0	2	0	0
2000 Tennessee	1/1	5	3	2	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS	7/5	30	26	4	0.0	0.0	1	0	0.0	0	0	2	0	0



An 11-year veteran, Robertson will wear #31, and Charlie Rogers switches to #20.



CHARLIE ROGERS

**RUNNING BACK/
RETURN SPECIALIST**

5-9 177

GEORGIA TECH

3RD NFL SEASON

3RD SEAHAWKS SEASON

5TH ROUND (B) 1999

2000 GAMES/STARTS: 15/0

CAREER GAMES/STARTS: 27/0

JUNE 19, 1976 (CLIFFWOOD, N.J.)

20

2000: Set or tied 13 career, season and single-game records and holds at least a share of 17 Seahawks team marks. Set season records for kickoff returns (66) and total kickoff return yards (1,629). His 24.7 average on kickoff returns was good for 4th in the AFC (7th NFL). His 14.0 punt return average ranked 2nd in the AFC (4th NFL) and his 363 punt return yards and 14.0 average rank second in team history. Set two single-game marks and helped set one team mark versus Indianapolis (10/15) with 198 yards on six kickoffs (breaking Jon Vaughn's mark of 196 set at San Diego-10/30/94). Added one 17-yard punt return to give him a career-best 215 combined return yards (eclipsing his old mark of 206 (16 punt, 190 kickoff) set at the New York Jets-1/2/00). His 198 kickoff return yards added to Fabien Bowles' 44 yards and Mack Strong's 26 yards gave the Seahawks 268 combined return yards, breaking a 24-year old mark of 251 (set vs. the New Orleans Saints, 11/21/76). Rogers set a personal best with an 81-yard kickoff return against the Colts (had an 85-yard kickoff touchdown return vs. Miami in 1999 playoffs). He tied that mark with his first regular season kickoff return for a touchdown with an 81-yard kickoff return vs. Buffalo (12/23). He set the team mark for highest kickoff return average in the game with 42.75 on four returns for 171 yards in the first half. After his fourth return, the Bills refused to kick to him.

PRO: Selected by the Seahawks with the second of two fifth-round picks (152nd overall) in

the 1999 draft. Made the switch from wide receiver to running back before the 2000 season. Established himself as one of the NFL's top return men as a rookie in 1999, en route to setting eight team records.

1999: Established eight team records and led the NFL with a 14.5-yard punt return average as a rookie return man for the Seahawks. Played in 12 games on special teams, seeing brief action at wide receiver. In the second game of the season, at Chicago (9/19), made his mark by returning two punts for 45 yards, including a 34-yarder. The following week at Pittsburgh (9/26), set a team-record with a 94-yard punt return for a touchdown. Gained 75 yards the next week versus Oakland (10/3) on two returns, with a long of 68 yards. Had just one kickoff return in the first 12 games, but returned 17 for a 26.2-yard average in the last four games. Set a team-record with 206 kick return yards in the season finale at the NY Jets (1/2). Returned a kickoff 85 yards for a touchdown in the playoff game versus Miami (1/9/00). In all, he returned three punts and four kickoffs for 183 yards in the playoff game.

HONORS: 1999: AFC Special Teams Player of Week 3 (at Pittsburgh), All-

ON TUESDAYS...

Charlie participated in the Seahawks annual Hometown Huddle. He also visited the Seahawks Academy often.



NFL (*Pro Football Weekly*), All-Rookie (*Pro Football Weekly*, *College & Pro Football Newsweekly*, *Football News*), All-AFC (*Football News*).

COLLEGE: Played both running back and wide receiver for the Yellow Jackets, while also returning punts and kickoffs. Rushed 220 times for 1,287 yards, while catching 58 passes for 657 yards in his career. Left school ranking third with 58 kickoff returns for 1,264 yards,

and a 21.8-yard average. As a senior, returned 30 punts for a 14.2-yard average and two touchdowns.

PERSONAL: Prep Football Report All-State running back, all-area Player of the Year, all-conference, and all-county as a three-year letterman at Matawan High in Aberdeen, N.J. The same high school as former teammate Jay Bellamy. Three-year letterman in track competing in the 100 meters, and a four-year letterman in basketball. Lives in Cliffwood, N.J.

ROGERS' NFL RECORD

Club	G/S	Punt Returns					Kickoff Returns				
		No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD
1999 Seattle	12/0	22	318	14.5	94t	1	18	465	25.8	49	0
2000 Seattle	15/0	26	363	14.0	43	0	66	1,629	24.7	81t	1
NFL TOTALS	27/0	48	681	14.2	94t	1	84	2,094	24.9	81t	1

POSTSEASON

Club	G/S	Punt Returns					Kickoff Returns				
		No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD
1999 Seattle	1/0	3	24	8.0	15	0	4	159	39.8	85t	1
NFL TOTALS	1/0	3	24	8.0	15	0	4	159	39.8	85t	1

SINGLE GAME HIGHS

Longest KO Ret. TD: 81, vs. Buffalo (12/23/00)
 Most KO Ret. Yards: *198, vs. Indianapolis (10/15/00)
 Longest Punt Ret. TD: 94, at Pittsburgh (9/26/99)
 Most Punt Ret. Yards: *106, at Pittsburgh (9/26/00)
 Most Combined Ret. Yards: *215, vs. Indianapolis (10/15/00)

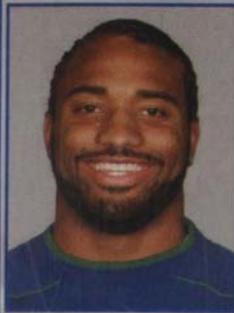
* team record

ADDITIONAL STATISTICS

Highest Return Avg.: *42.75, vs. Buffalo (12/23/00)



Rogers wears his new number for the first time in spring mini-camp.



ANTHONY SIMMONS

LINEBACKER

6-0 236

CLEMSON

4TH NFL SEASON

4TH SEAHAWKS SEASON

1ST ROUND 1998

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 43/36

JUNE 20, 1976 (SPARTANBURG, S.C.)

51

2000: Moved to outside linebacker and led the team with a career-high 147 tackles (119 solo), good for third all-time in team history and 2nd in the AFC (4th NFL). Led the team in tackles eight times and four of the last five games. Posted seven double-digit tackle games, giving him 11 for his career, including a career-high tying, 15-tackle performance versus Denver (11/26). He collected 26 tackles (21 solo) facing Denver this season. Recorded his first career sack (0 yards) at Miami (9/3) and finished with four sacks (21 yards) for the year. Collected one sack versus Denver (11/26) and at Atlanta (12/3) that resulted in fumbles recovered by Michael Sinclair. Sinclair took Denver's fumble 63 yards for a score. Tallied interceptions in back-to-back weeks versus Kansas City (10/29) and versus San Diego (11/5).

PRO: Drafted with the 15th selection in the first-round of the 1998 draft. One of the fastest linebackers in the '98 draft. Possesses incredible burst and recovery speed, and the ability to pursue from sideline-to-sideline. Can play inside linebacker, but is best suited to the outside, where he excelled in 2000. **1998:** Played 11 games with four starts at outside linebacker. Suffered a knee injury in the preseason, and was inactive for season opener at Philadelphia (9/6), and versus Arizona (9/13). Saw first action of career vs. Washington (9/20). Played mostly on special teams, until the fourth quarter when he played outside linebacker. Saw limited action at outside linebacker at Pittsburgh (9/27) and recorded his first career tackle. Saw action on special teams at Kansas City (10/4) and vs. Denver (10/11). Saw action at outside linebacker versus Kansas City (11/8) and had five tackles. Made first career start at Oakland (11/15) and recorded 10 tackles. Started for outside linebacker Darrin Smith (ankle). Saw action at outside linebacker when middle linebacker Dean Wells missed parts of the second quarter at Dallas (11/22) and Smith moved inside. Started at outside linebacker vs. Tennessee (11/29) and finished with six tackles. Intercepted Vinny Testaverde at the N.Y. Jets (12/6) and returned it 36 yards for a touchdown,

his first career score. Saw limited action on defense versus San Diego (12/13). Started at outside linebacker for Smith (knee) at Denver (12/27) and finished with a season-high 11 tackles. **1999:** Started all 16 games at middle linebacker, finishing tied for third on the team with 90 tackles. Made first NFL start at middle linebacker versus Detroit (9/12). Registered eight tackles (five solo) at Oakland (10/3). Recorded team-high 11 tackles (10 solo) versus Denver (11/14) and finished second two weeks later with 10 stops versus Tampa Bay (11/28). Led team with career-high 15 tackles versus San Diego (12/12).

HONORS: 1998, All-Rookie Team, Pro Football Weekly/College & Pro Football Weekly.

COLLEGE: Earned all-America honors all three seasons at Clemson while playing 33 games with 23 starts at weak inside linebacker. Led the team in tackles three times, including a team record 178 as a sophomore in 1996. Ranks third in school history with 486 career tackles. Recorded 19 or more tackles three times for the Tigers. First team All-American by the *Associated Press* and *The Sporting News* in 1997. Led Clemson that year with 158 tackles while adding eight sacks for 57 yards.

PERSONAL: Named Defensive Player of the Year in South Carolina by the *Spartanburg Herald-Journal* and the *Greenville News* as a senior at Spartanburg High. Earned All-American mention as a senior. Two-time all-state selection. Led

ON TUESDAYS...

Anthony has been dedicated to helping children since he joined the Seahawks. He has participated in numerous events, including the Seahawks Annual First Place Christmas Party.

the team to the state Big 16 title as a senior. Created a group called Life (Leaders in Football and Education) Line, consisting of Clemson football players, that spoke to children throughout South Carolina and the Atlantic Coast Conference on

the importance of education and staying away from drugs. Extensively involved in youth programs in his hometown of Spartanburg, S.C. Earned a degree in Marketing. Has one daughter, Shatearia, and lives in Spartanburg.

SIMMONS' NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1998 Seattle	11/4	41	31	10	0.0	0.0	1	36	36.0	36t	1	2	0	0
1999 Seattle	16/16	90	55	35	0.0	0.0	0	0	0.0	0	0	3	0	0
2000 Seattle	16/16	147	119	28	4.0	21.0	2	15	7.5	8	0	2	2	0
NFL TOTALS	43/36	278	205	73	4.0	21.0	3	51	17.0	36t	1	7	2	0

POSTSEASON

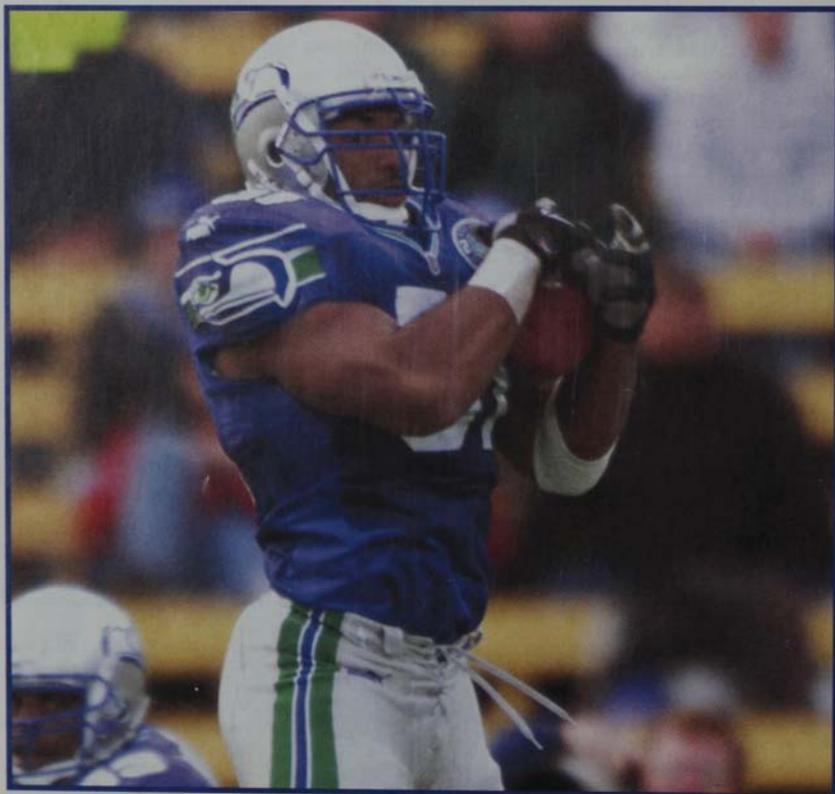
Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1999 Seattle	1/1	3	2	1	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS	1/1	3	2	1	0.0	0.0	0	0	0.0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 15, 2 Times (Last vs. Denver, 11/26/00)
Sacks: 1.0, 4 Times (Last at Atlanta, 12/3/00)
Interceptions: 1, 3 Times (Last vs. San Diego, 11/5/00)
Forced Fumbles: 1, 2 Times (Last at Atlanta, 12/3/00)
Fumble Recoveries: None

ADDITIONAL STATISTICS

Touchdowns: 1 (int.), at New York Jets (12/6/98)
Special Teams Tackles: 1998 (2); 1999 (2); 2000 (0);
Career (4).



Simmons intercepts an Elvis Grbac pass versus Kansas City (10/29).



MICHAEL SINCLAIR

DEFENSIVE END

6-4 275

EASTERN NEW MEXICO

11TH NFL SEASON

11TH SEAHAWKS SEASON

6TH ROUND 1991

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 128/98

JANUARY 31, 1968 (GALVESTON, TEXAS)

70

2000: Started 16 games at left defensive end collecting 3.5 sacks and 48 tackles. Matched his career mark and led the club with four fumble recoveries for the season, taking one back 63 yards for a touchdown versus Denver (11/26). It marked his second career score and first since November 9, 1997, at San Diego. Also had a season-high seven tackles (three solo) and forced a fumble that was recovered by Chad Brown and returned 10 yards for a score versus Denver. Led the team with three forced fumbles for the season. Registered 0.5 sacks versus St. Louis (9/10) and 1.0 at San Diego (9/24), at Jacksonville (11/12) and at Denver (12/10). Ranks second all-time for Seattle with 70.0 career sacks (behind Jacob Green's 116.0) and 23 forced fumbles (behind Green's 28).

PRO: One of the National Football League's most productive outside pass rusher over the last five seasons, he ranks sixth with 51.0 sacks in 79 games. Led the NFL with 16.5 sacks in 1998, finished tied for third in the AFC with 13.0 sacks in 1996 and ranked second with 12.0 sacks in 1997. Used experience gained in the World League in 1992 to make the roster. Took over as the full time starter at left end in 1995. Led team in sacks in 1993 (8.0), 1994 (4.5), 1997 (12.0), and 1998 (16.5) and was second in 1996 (13.0). Has 70.0 career sacks to rank second in team history, behind Jacob Green's (1980-91) 116.0. Ranks second in the record book with 23 forced fumbles. Chosen on the sixth-round in 1991 and alternated his time between the practice and active roster. **1991:** Waived (8/26) and signed to the practice squad two days later. Spent the first 12 games on the practice squad before being activated (11/30). Active for the next two games, but did not play, before missing the last two games on injured reserve with a back injury. **1992:** Missed the first four games on injured reserve after suffering a training camp ankle injury and was activated prior to the first San Diego Chargers game. Made his first career start, at left end, versus the Washington Redskins, and

had three tackles. Recorded his first sack versus the Philadelphia Eagles. Finished the season with 10 tackles. **1993:** Played nine games, starting one, in a season that ended after breaking his right thumb at Houston, ironically, the only game he started. Ranked third in the AFC in sacks with 8.0 at the time of his injury, a total that still led the team. Had 3.0 of his total, along with a forced fumble, versus San Diego. Used exclusively as the left end in nickel situations early in the season, but was seeing more and more time during mixed downs

prior to his injury.
1994: Played 12 games, starting two, at left end. Played as a reserve the first two games after suffering a sprained knee at Indianapolis in the preseason. Started games 3 and 4 before moving

to a pass rushing role in the nickel. Missed games 8-11 with a groin injury suffered in the first Kansas City game. Led the team for the second straight year in sacks with 4.5. Had two of his total in the second Los Angeles Raiders game. Credited with 12 tackles and 4.5 tackles for loss, according to unofficial press box statistics. **1995:** Played 16 games, starting the last 15 at left end. Also played left end in the nickel. Finished with 46 tackles. Added a team co-leading 10.5 tackles for loss, including 5.5 sacks, two forced fumbles and two fumble recoveries. Had single-game best seven tackles in the second Oakland game, including two sacks. Credited with 1.5 sacks at Jacksonville among five tackles. Also recovered a fumble with 3:51 left to set

ON TUESDAYS...

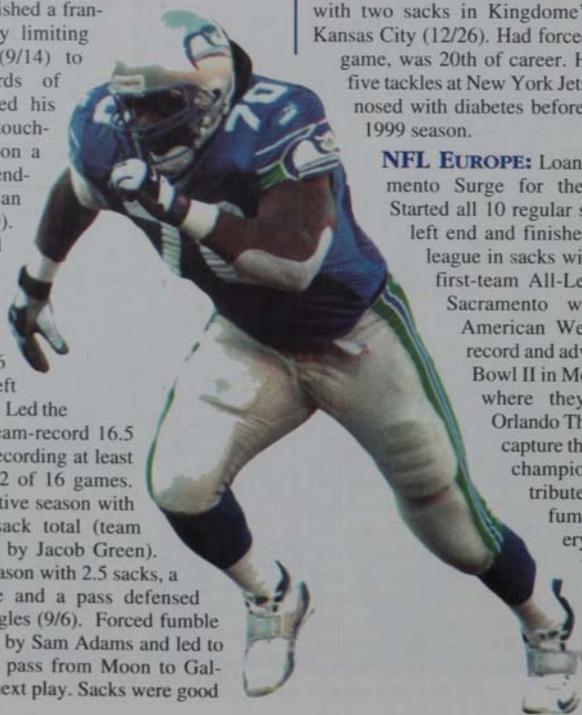
Michael participated in the Seahawks Ready, Set, Goals literacy program video conference. The conference joins several schools from around the state in an interactive question and answer session.

up a touchdown. Tied a team record with two forced fumbles in the first Denver game. **1996:** Started 16 games at left end and made his first appearance in the Pro Bowl. Was selected as the reserve end, but started the game after an injury to Bruce Smith. First Seattle end to make the Pro Bowl since Jacob Green in 1987. Finished with a career best 13.0 sacks to rank tied for third in the AFC and tied for fifth in the NFL. Tied a team record with four sacks versus Denver in game two. Followed that with three against Kansas City the next week. Also had three sacks versus Buffalo in game 14. Credited with 47 tackles, and forced a team-high four fumbles. Had a single-game high eight tackles, all solo, versus Denver. Combined with Michael McCrary (13.5 sacks) to be the most productive sack duo in the AFC and second to Carolina's Kevin Greene and Lamar Lathon (28.0 total) in the NFL. **1997:** Voted to the Pro Bowl for the second consecutive year. Started 16 games at right defensive end. Led the team with 12 sacks and ranked second in the AFC behind Bruce Smith's 14. Became the first Seahawks player since Jacob Green in 1985 and '86 to record back-to-back ten plus sack seasons. Registered at least one sack in ten games. Led the team with a career-high five forced fumbles. Recorded two sacks versus Denver (9/7) and also forced a fumble that was returned for a touchdown by Chad Brown. Had a sack and five tackles as the defense established a franchise mark by limiting Indianapolis (9/14) to 118 net yards of offense. Scored his first career touchdown falling on a fumble in the endzone at San Diego (11/9).

1998: Voted to the Pro Bowl for the third consecutive year. Started all 16 games at left defensive end. Led the NFL with a team-record 16.5 sacks, while recording at least one sack in 12 of 16 games. Third consecutive season with double-digit sack total (team record is four by Jacob Green). Opened the season with 2.5 sacks, a forced fumble and a pass defended against the Eagles (9/6). Forced fumble was recovered by Sam Adams and led to a 25-yard TD pass from Moon to Galoway on the next play. Sacks were good

for 17.5 yards. Recorded 2.5 sacks against Arizona (9/13). Had a sack and forced a fumble versus Washington (9/20). Recorded three tackles, including a sack at Pittsburgh (9/27). Had five tackles and a forced fumble at Kansas City (10/4). Had three tackles including a sack versus Denver (10/11). Led the defensive line with six tackles and recorded a sack at San Diego (10/25). Recorded five tackles, two sacks and a pass defended in a victory over Kansas City (11/8). Forced a fumble at Oakland (11/15). Recorded a forced fumble and a sack at Dallas (11/22). Recorded 2.0 sacks versus Tennessee (11/29) and also forced a fumble. Had half a sack and a forced fumble at Denver (12/27), to set the team record for sacks in a season, surpassing Jacob Green's 16.0 sacks in 1983. **1999:** Started 15 games at left defensive end and recorded 36 tackles and six quarterback sacks. Finished third on team and moved ahead of Jeff Bryant into second place on the Seahawks all-time sack list with 66.5. Also forced two fumbles and had one fumble recovery. Posted three tackles and sack in season opener versus Detroit (9/12) and versus Oakland (10/3). Forced a fumble and had sack versus Buffalo (10/24). Had four tackles and a fumble recovery on ABC's Monday Night Football at Green Bay (11/1). Was inactive versus Denver (11/14) with groin injury, but returned following week at Kansas City (11/21) and recorded four tackles and a sack. Posted 13th career multi-sack game with two sacks in Kingdome's finale versus Kansas City (12/26). Had forced fumble in that game, was 20th of career. Had season-high five tackles at New York Jets (1/2/00). Diagnosed with diabetes before the start of the 1999 season.

NFL EUROPE: Loaned to the Sacramento Surge for the 1992 season. Started all 10 regular season games at left end and finished second in the league in sacks with 10 and was a first-team All-League selection. Sacramento won the North American West with an 8-2 record and advanced to World Bowl II in Montreal, Canada, where they defeated the Orlando Thunder, 21-17, to capture the World League championship. Contributed a key forced fumble and recovery to help seal the victory. Was credited with 54 tackles, three forced fumbles and two fumble



recoveries in the regular season.

HONORS: 1996, AFC Pro Bowl squad; Second-team All-AFC (United Press International); Seattle Post-Intelligencer Sports Star of the Year nominee. 1997, AFC Pro Bowl squad. 1998, Steve Largent Award, Defensive Captain, AFC Pro Bowl Squad, First-Team All-Pro (Associated Press), All-AFC Team (Pro Football Weekly/Football News).

COLLEGE: Inducted into Eastern New Mexico's Hall of Fame on November 2, 1996. Four-year letterman and starter. Played his first two seasons as a linebacker before moving to defensive end. First-team All-Lone Star Conference as a junior and senior. Sikes Award winner as a senior as conference Defensive Lineman of the Year. Selected to the All-Lone Star Conference All-Decade of the 1980's Team. Team Captain in

1990. School All-conference second-team pick as a sophomore. Posted 70 tackles, 18 tackles for loss, and 15.5 sacks as a senior. Had 75 tackles and 9.5 sacks in 1989. Posted a career-high 82 tackles as a freshman. Finished his career with 279 tackles, 45 tackles for loss, and 30 sacks. Physical Education major.

PERSONAL: Football, basketball, and track letterman at Charlton-Pollard High School in Beaumont, Texas. Studying to be an ordained preacher at Christ Church in Kirkland. Filmed a PSA promoting the importance of fatherhood with teammate Jon Kitna in 1998. Michael and his wife, Betty, were married on May 25, 1991 and have two sons, Michael (1/25/91), and Johnnie Glenn (1/23/96), and two daughters, Michaela (1/13/94) and Mary (11/27/00). Lives in Woodinville, Wash.

SINCLAIR'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1991 Seattle	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
1992 Seattle	12/1	10	9	1	1.0	14.0	0	0	0.0	0	0	1	0	0
1993 Seattle	9/1	12	11	1	8.0	46.0	0	0	0.0	0	0	1	1	0
1994 Seattle	12/2	12	10	2	4.5	29.0	0	0	0.0	0	0	0	0	0
1995 Seattle	16/15	46	37	9	5.5	25.0	0	0	0.0	0	0	2	2	2
1996 Seattle	16/16	47	39	8	13.0	58.0	0	0	0.0	0	0	2	4	0
1997 Seattle	16/16	44	34	10	12.0	68.0	0	0	0.0	0	0	3	5	1
1998 Seattle	16/16	50	38	12	16.5	79.5	0	0	0.0	0	0	4	6	0
1999 Seattle	15/15	36	28	8	6.0	40.5	0	0	0.0	0	0	0	2	1
2000 Seattle	16/16	48	35	13	3.5	28.5	0	0	0.0	0	0	1	3	4
NFL TOTALS	128/98	305	241	64	70.0	388.5	0	0	0.0	0	0	14	23	8

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1999 Seattle	1/1	2	2	0	0.0	0	0	0	0.0	0	0	0	0	0
NFL TOTALS	1/1	2	2	0	0.0	0	0	0	0.0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 8, vs. Denver (9/8/96)

Sacks: *4.0, vs. Denver (9/8/96)

Interceptions: None

Forced Fumbles: *2, vs. Denver (10/1/95)

Fumble Recoveries: 2, at Atlanta (12/3/00)

*tied team record

ADDITIONAL STATISTICS

Touchdowns: 1, 2 Times (both FR), at San Diego (11/9/97) and vs. Denver (11/26/00)

SINCLAIR'S MOST SACKED QUARTERBACKS (36)

Sacks	Player
8.5	*John Elway, 93 (1.0), 96 (4.0), 97 (2.0), 98 (1.5)
8.0	*Jeff Hostetler, 93 (1.0), 94 (3.0), 95 (3.0), 96 (1.0)
5.0	Elvis Grbac, 1998 (4.0), 1999 (1.0)
3.0	*Steve Bono, 1996 (3.0)
	*Stan Humphries, 1993 (2.0), 1997 (1.0)
	Steve McNair, 1997 (1.0), 1998 (2.0)
	*Steve Young, 1996 (1.0), 1997 (2.0)
2.5	Mark Brunell, 1995 (1.5), 2000 (1.0)
	Bobby Hoying, 1998 (2.5)
	Jake Plummer, 1998 (2.5)
2.0	John Friesz, 1993 (1.0), 1998 (1.0)
	Rich Gannon, 1997 (1.0), 1999 (1.0)
	Jeff George, 1997 (2.0)
	*Craig Whelihan, 1997 (1.0), 1998 (1.0)
1.0	*Troy Aikman, 1998
	Charlie Batch, 1999
	Chris Chandler, 1997
	Randall Cunningham, 1992
	1.0 continued
	*Boomer Esiason, 1995
	Brett Favre, 1996
	Doug Flutie, 1999
	*David Klingler, 1993
	Gus Frerotte, 2000
	Trent Green, 1998
	Jim Harbaugh, 1997
	Billy Joe Hobert, 1996
	*Jim Kelly, 1996
	Ryan Leaf, 2000
	Peyton Manning, 1998
	*Joe Montana, 1994
	*Warren Moon, 1993
	Rodney Peete, 1993
	*Sean Salisbury, 1996
	Kordell Stewart, 1998
0.5	Billy Joe Tolliver, 1994
	Kurt Warner, 2000

*retired



SHAWN SPRINGS

CORNERBACK

6-0 196

OHIO STATE

5TH NFL SEASON

5TH SEAHAWKS SEASON

1ST ROUND (A) 1997

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 58/58

MARCH 11, 1975 (WILLIAMSBURG, VA.)

24

2000: Started all 16 games and concluded the season starting his 49th consecutive game vs. Buffalo (12/23), tying (Willie Williams) for the team-lead with eight tackles (six solo). Finished fifth on the team with a career-high 85 stops and led the team in tackles twice, including a season-high 10 solo tackles at Jacksonville (11/12). Intercepted his first pass at San Diego (9/24) off Ryan Leaf and his second of the year came vs. Denver (11/26), returning it 8 yards. Tied (Jay

B e l l a m y , Robert Blackmon) for eighth-place on Seattle's all-time interception list with 15 career picks. Made his only forced fumble of the season at Denver (12/10), stripping KaRon Coleman at the goal line.

ON TUESDAYS...

Started the Springs for Life Foundation. Hosted a golf marathon to raise funds for Junior Achievement during the offseason.

It was his first forced fumble since 10/4/98 at Kansas City (40 games). Tied a career-high with three special teams tackles. Springs' high school teacher, Joyce Amatucci, was named NFL Teacher of the Year thanks to his nomination. The Springbrook High School (Silver Spring, MD.) teacher received a \$5,000 grant, was honored during a pregame ceremony at the 2001 Pro Bowl and the school received \$10,000.

PRO: Selected with the third overall pick in the 1997 draft. The first of two first-round picks by the Seahawks (Walter Jones sixth overall). Seattle had acquired the choice from the Atlanta Falcons on March 28, along with a third-round pick for first (11th overall), second, third, and fourth-round choices. Seattle had acquired the 11th

overall pick from the Chicago Bears for quarterback Rick Mirer on February 18, 1997.

1997: Started ten games at right cornerback. Missed six games with a broken right thumb suffered at Denver (11/2). Finished third on the team with eight tackles in first NFL game against the Jets (8/31). Recorded his first career interception versus Tennessee (10/5). Forced a fumble versus Oakland (10/26). Broke his thumb early at Denver (11/2), but continued to play throughout the game. Returned to start in the season finale victory over San Francisco (12/21). **1998:** Started all 16 games at cornerback. Voted to the AFC Pro Bowl squad. Finished fourth in the AFC with seven interceptions. Scored the Seahawks first touchdown of the season with a 42-yard interception return in a 38-0 victory over the Eagles (9/6). Recorded three passes defended while the defense limited Philadelphia to just 174 yards of total offense. Teamed with cornerback Willie Williams to hold the Eagles' receivers to just four catches on the day. Followed-up that performance with a 56-yard interception return for a touchdown on the second week of the season versus Arizona (9/13). Established a career-high with 13 tackles at San Diego (10/25). Registered his first career multi-interception game versus San Diego (12/13). Scored third touchdown of the season on a 14-yard fumble return, his first career recovery, versus Indianapolis (12/20). Tied the team record for interception return touchdowns in a season, with John Harris (1981), Kenny Easley (1984), Dave Brown (1984) and Keith Simpson (1984). Led the team with 21 passes defended. **1999:** Started all 16 games at left cornerback earning various All-Pro honors while tying team lead with five interceptions. Totaled 73 tackles, on the season, just two off his career mark. Set career high with 63 solo stops. Had 14 passes defended and second career fumble recovery at Chicago (9/19). Totaled four tackles at Pittsburgh (9/26) and first interception of season which he returned 42 yards. Also had two passes defended. Most superb game of the season came on ABC's Monday Night Football

at Green Bay (11/1), which he was named the AFC's Defensive Player of the Week. Totaled five tackles (five solo), three passes defended and had second career multi-interception game with two off of Brett Favre. First interception was in the endzone that halted a Packers scoring threat. Also returned a blocked field goal by Lamar King 61 yards for a touchdown, marking his fourth career touchdown. Led team with nine tackles (eight solo) at Kansas City (11/21) and tied for team lead with 10 (nine solo) at Oakland (12/5). Had interceptions at Denver (12/19) and versus Kansas City (12/26).

HONORS: 1998, AFC Pro Bowl Squad, 1999, Sports Illustrated All-Pro Team, College & Pro Football Newsweekly All-Pro Team, Football News All-AFC Team.

COLLEGE: Started all 37 games over his final three seasons after redshirting in 1993. First-team All-Big 10 Conference as a sophomore and junior. All-conference all-academic pick. Big Ten Defensive Player of the Year in 1996 as selected by the conference coaches despite not having an interception. Finished that season with 39 tackles



and a team-leading 15 passes defended. Had four passes defended in a 17-16 win over Arizona State in the Rose Bowl. Returned 17 punts for an 11.2 yard average. Sophomore All-America pick in 1995 by *Girdiron Report*. Led team with five interceptions and added 52 tackles. Averaged 26.8 yards on 11 kickoff returns, including a 97-yard touchdown versus Boston College in the Kickoff Classic. Freshman All-America in 1994 as chosen by *Football News*. Recorded 61 tackles and one interception. Finished his career with

152 tackles, six interceptions and five tackles for loss. Averaged 25.2 yards on 20 kickoff returns with one touchdown and 9.5 yards on 27 punt returns. Majored in Business.

PERSONAL: All-state choice at Springbrook High School in Silver Spring, Md. Played both cornerback and tailback in football and ran sprints, relays and the long jump. His father, Ron, was a running back at Ohio State from 1976-78, and played in the NFL with the Dallas Cowboys from 1979-84. Shawn Springs was born in Williamsburg, Va. Lives in Columbus, Ohio. Has twin boys, Samari and Skyler (9/15/98).

SPRINGS' NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1997 Seattle	10/10	38	34	4	0.0	0.0	1	0	0.0	0	0	6	1	0
1998 Seattle	16/16	75	61	14	0.0	0.0	7	142	20.2	56t	2	21	1	1t
1999 Seattle	16/16	73	63	10	0.0	0.0	5	77	15.2	42	0	15	0	1
2000 Seattle	16/16	85	72	13	0.0	0.0	2	8	4.0	8	0	14	1	0
NFL TOTALS	58/58	271	230	41	0.0	0.0	15	227	15.1	56t	2	56	3	2

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1999 Seattle	1/1	6	6	0	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS	1/1	6	6	0	0.0	0.0	0	0	0.0	0	0	0	0	0

SINGLE GAME HIGHS

Tackles: 13, at San Diego (10/25/98)
Sacks: None
Interceptions: 2, 2 Times (Last at Green Bay, 11/1/99)
Forced Fumbles: 1, 3 Times (Last at Denver, 12/10/00)
Fumble Recoveries: 1, 2 Times (Last at Chicago, 9/19/99)

ADDITIONAL STATISTICS

Touchdowns: 1, 4 Times (Last at Green Bay, 11/1/99)
Interceptions for TDs: 1, 2 Times (Last vs. Arizona, 9/13/98)
Longest Interception Return: 56t, vs. Arizona (9/13/98)
Special Teams Tackles: 1997 (0); 1998 (2); 1999 (3); 2000 (3); Career: (8).



JEREMY STAAT

DEFENSIVE TACKLE

6-5 311

ARIZONA STATE

4TH NFL SEASON

1ST SEAHAWKS SEASON

UNRESTRICTED FREE AGENT (PIT) 2001

2000 GAMES/STARTS: 7/0

CAREER GAMES/STARTS: 29/2

BAKERSFIELD, CALIF. (OCTOBER 10, 1976)

73

2000: Saw action in seven games, recording six tackles (four solo). His most action came vs. Philadelphia (11/12) when Kevin Henry went down with an injury. Recorded two tackles in the Eagles contest. Placed on injured reserve and underwent shoulder surgery Dec. 13 to end his season.

PRO: Signed with the Seahawks as an unrestricted free agent April 6, 2001. Originally

ON TUESDAYS...

Jeremy loves spending time with underprivileged children. He hopes to get involved with the Seahawks Academy this season.

1999: Played in 16 games and started the final two for the injured Joel Steed. Set a career-high with four tackles (all solo) vs. Seattle (9/26). Had two solo tackles back-to-back weeks at Tennessee (11/21) and vs. Cincinnati (11/28). Saw his most playing time of the season due to

injuries to Nolan Harrison and Joel Steed at Kansas City (12/18), where he made two tackles. Made his first career start vs. Carolina (12/26) and had three tackles (two solo) starting vs. Tennessee (1/2/00). Posted 14 tackles (11 solo) and one pass defended for the year.

COLLEGE: Collected 84 tackles (39 solo) and 9.5 sacks in his two-year career at Arizona State. Named second-team All-Pac-10 and first-team All-America by the Football Writers Association and the *Poor Man's Guide to the NFL Draft* his senior year. Was Arizona State's first defensive lineman and third player in school history (Randal McDaniel and Danny Villa) to be awarded the Morris Trophy, given to the conference's top lineman. Spent two years at Bakersfield (Calif.) Community College where he was a two-time letterwinner as an offensive tackle (1995) and blocking tight end (1994), earning All-Western States Conference honorable mention for his efforts. Became the first athlete in the history of the Southern California Meet of Champions to win three events in the same year (shot put, discus and hammer). Was an elementary education major at Arizona State.

PERSONAL: Named All-Area and All-South Yosemite League first-team during his four-year football career at Bakersfield (Calif.) High School. Named South Yosemite and the *Bakersfield Californian's* Lineman of the Year his senior year. Also lettered in track. One of three children of Janet and Harold Staat.

STAAT'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions					PD	FF	FR	
		Tkl	So	Ast	QB	Yds	No Yds	Avg	LG	TD					
1998 Pittsburgh	6/0	1	1	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
1999 Pittsburgh	16/2	14	11	3	0.0	0.0	0	0	0.0	0	0	1	0	0	0
2000 Pittsburgh	7/0	6	4	2	0.0	0.0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	29/2	21	16	5	0.0	0.0	0	0	0.0	0	0	1	0	0	0

SINGLE GAME HIGHS

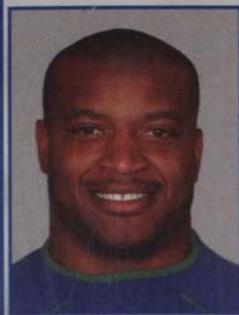
Tackles: 4, vs. Seattle (9/26/99)

Sacks: None

Interceptions: None

Forced Fumbles: None

Fumble Recoveries: None



MACK STRONG

FULLBACK

6-0 238

GEORGIA

9TH NFL SEASON

9TH SEAHAWKS SEASON

FREE AGENT 1993

2000 GAMES/STARTS: 16/13

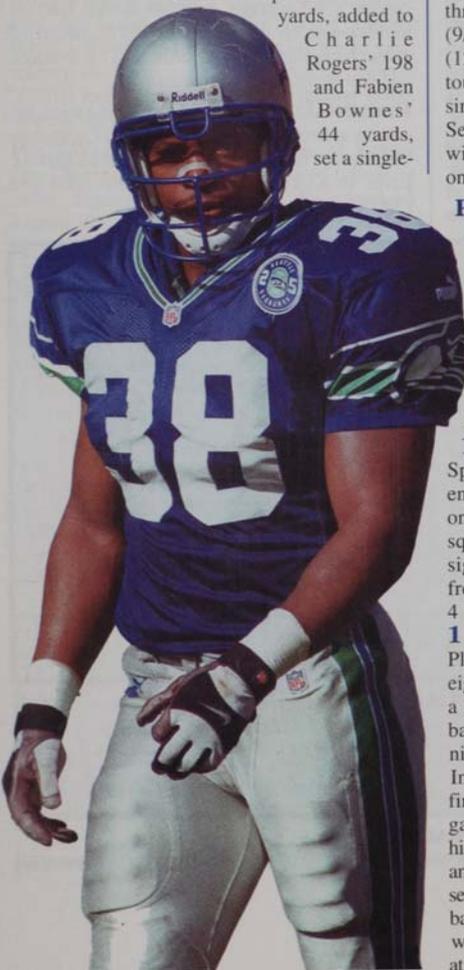
CAREER GAMES/STARTS: 100/43

SEPTEMBER 11, 1971 (FORT BENNING, GA.)

38

2000: Assumed starting fullback duties week two versus St. Louis (9/10), and recorded two receptions for 17 yards and one rush for 1 yard. Returned one kickoff for 26 yards versus Indianapolis. His return

yards, added to Charlie Rogers' 198 and Fabien Bownes' 44 yards, set a single-



game record with 268 for most kickoff return yards, breaking a 24-year old mark of 251 set versus New Orleans, November 21, 1976. Helped Ricky Watters gain 1,242 yards this season as his lead blocker. Recorded a season-high three catches three times, versus New Orleans (9/17), at Atlanta (12/3) and versus Oakland (12/16). In that Raiders game, he caught his first touchdown pass, a 13-yarder from Jon Kitna, since 9/13/98 vs. Arizona (44 games), to put the Seahawks on the board first. Set a career-high with 23 receptions for 141 yards and recorded one special teams tackle.

PRO: Signed with the Seahawks as a free agent in 1993 and has worked into the starting job at fullback, until 1999 when he was used primarily on special teams and reserve in the offensive backfield. Scored the game-winning touchdown against Tampa Bay with 42 seconds left and tied a team record for a running back with two touchdown receptions at Arizona in 1995. Has 72 special teams tackles, including a team-leading 19 in 1995.

1993:

Spent the entire season on the practice squad after signing as a free agent on 4 / 29 .

1994:

Played the last eight games as a reserve fullback and running back. Inactive the first eight games. Made

his first appearance on offense against Tampa Bay and scored the game-winning touchdown with 42 seconds remaining in a 22-21 win. Started at running back against the Colts. Scored the eventual game-winning touchdown on a 13-yard run in a 16-14 win at Houston. Finished the season with 114 yards

ON TUESDAYS...

Mack has been a leader on the team when it comes to community efforts. He is involved with a number of programs, but focuses on visiting patients with Cancer.

on 27 carries and three receptions. Added 11 special teams tackles. **1995:** Played 16 games, starting two. Scored four touchdowns, three receiving and one rushing. Two of his touchdown receptions came at Arizona, equaling the franchise record for a running back. Started at fullback at Jacksonville and rushed for a score. Led the team with 19 special teams tackles. **1996:** Played 14 games, starting eight. Missed two games with a knee injury. Caught nine passes for 78 yards and rushed five times for 8 yards. Added nine tackles on special teams. **1997:** Played in all 16 games with 11 starts. Did not start five games when the team opened in multiple wide receiver sets. Primarily used as the lead blocker, but did pick up three first downs on only four carries. Scored on a 5-yard touchdown pass versus the San Diego Chargers (9/21). Caught a 4-yard touchdown pass at Denver (11/2). **1998:** Starting fullback. Caught two passes for 13 yards, including an 11-yard TD at Philadelphia (9/6). Led the team with 2 special teams tackles and added 14 yards on three carries. Scored in his second consecutive game on a 4-yard pass in a victory over Arizona (9/13). Led the team with two special teams tackles. Guided the way for Ricky Watters' 136 yards rushing. Caught two passes for 11 yards and carried the ball twice for 2 yards versus Denver (1/11). Did not start at San Diego (10/25), when

he was dinged on the opening kickoff but returned to play. Did not start versus Oakland (11/1), when the team opened with three wide receiver set. Started versus Indianapolis (12/20), and helped block for Watters' career-high 178-yard rushing effort. Rushed once for 6 yards and caught one pass for 9 yards at Denver (12/27). **1999:** Saw action in 14 games starting one. Used primarily on special teams and as a reserve blocking back on offense. Posted second highest career special teams tackle total with 12. Only rushing attempt came at San Diego (10/17) for no yards and only pass reception was versus San Diego (12/12) for 5 yards. Start came versus Denver (11/14).

COLLEGE: Four-year letterman and two-year starter. Offensive team captain as a senior. Rushed for a single-season high 358 yards on 63 carries, a 5.7 yard average, and three scores in 1992. Finished his career with 812 yards on 195 carries, a 4.2 average, and nine scores. Had six touchdowns on 67 carries in 1991. Added 35 career receptions for 400 yards, an 11.4 average, and one score. Sociology major.

PERSONAL: Football, basketball, and track letterman at Brookstone High School in Columbus, Ga. Rushed for 4,414 yards and 83 touchdowns. Lives in Kirkland, Wash., with his wife Zoe (3/8/98).

STRONG'S NFL RECORD

	Club	G/S	Rushing					Receiving					
			Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD	
Practice Squad													
1993	Seattle												
1994	Seattle	8/1	27	114	4.2	14	2	3	3	1.0	5	0	
1995	Seattle	16/2	8	23	2.9	9	1	12	117	9.8	25	3	
1996	Seattle	14/8	5	8	1.6	4	0	9	78	8.7	20	0	
1997	Seattle	16/11	4	8	2.0	6	0	13	91	7.0	20	2	
1998	Seattle	16/7	15	47	3.1	9	0	8	48	6.0	11t	2	
1999	Seattle	14/1	1	0	0.0	0	0	1	5	5.0	5	0	
2000	Seattle	16/13	3	9	3.0	4	0	23	141	6.1	24	1	
NFL TOTALS			100/43	63	209	3.3	14	3	69	483	7.0	25	8

POSTSEASON

	Club	G/S	Rushing					Receiving					
			Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD	
1999	Seattle	1/0	0	0	0.0	0	0	0	0	0.0	0	0	
NFL TOTALS			1/0	0	0	0.0	0	0	0	0	0.0	0	0

SINGLE GAME HIGHS

Rushes: 10, at Houston (12/11/94)

Yards: 44, at Houston (12/11/94)

Longest: 14, vs. Indianapolis (12/4/94)

TD: 1, 3 Times (Last at Jacksonville, 11/12/95)

Receptions: 4, at Arizona (10/29/95)

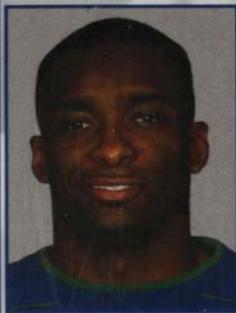
Yards: 42, at Arizona (10/29/95)

Longest: 25, vs. Cincinnati (9/17/95)

TD: 2, at Arizona (10/29/95)

ADDITIONAL STATISTICS

Special Teams Tackles: 1994 (11); 1995 (19); 1996 (9); 1997 (10); 1998 (10); 1999 (12); 2000 (1); **Career** (72).



TIM TERRY

LINEBACKER

6-2 243

TEMPLE

3RD NFL SEASON

2ND SEAHAWKS SEASON

FREE AGENT 2000

2000 GAMES/STARTS: 6/0

CAREER GAMES/STARTS: 11/0

JULY 26, 1974 (HEMPSTEAD, N.Y.)

59

2000: Signed off the team's practice squad November 10, and saw his first action at Jacksonville (11/12), recording one special teams tackle. Posted two special teams tackles and forced a fumble during a kickoff that was recovered by Isaiah Kacyvenski versus Denver (11/26). Continued strong special teams play leading the team with three stops at Denver (12/10) and finished with eight special teams stops in only six games.

PRO: Went to training camp with the Kansas City Chiefs in 2000, but was released following camp. Signed to Seattle's practice squad on August 30, 2000, before signing to the active roster on November 10. Originally signed as an undrafted free agent by Cincinnati April 25, 1997. **1997:** Was active for six games for Cincinnati and played in five games. Recorded three stops and five special teams tackles. **1998:** Went to camp with the Bengals and was released before the start of the season; however, he was signed to Bengals practice squad on December 15 for the final two weeks of the season. **1999:** Went to training camp with the Kansas City Chiefs, but was released before the start of the season. Signed with the Hamilton Tiger-Cats of the Canadian Football League and saw action in the last five regular season games and played in three postseason contests totaling

15 tackles and one sack during the regular season. Had 11 tackles and one sack in the club's first two playoff games and had two stops and a fumble recovery in the Grey Cup victory versus Calgary.

COLLEGE: Played in all 44 collegiate games during his four seasons at Temple, including 43 starts. Finished career with 208 tackles. Started all 11 games registering five sacks as a senior. Tallied a career-high 72 tackles as a junior.

PERSONAL: An all-state selection at Hempstead (N.Y.) High School, he also lettered in track and lacrosse. Holds a B.S. degree in Political Science from Temple, with a minor in African-American Studies. Resides with his wife, Kafi (6/20/98), in Birmingham, Ala.

ON TUESDAYS...

Tim supported the Special Olympics Football Clinic and participated in the CIS First & Goal luncheon for kids in Seattle.

TERRY'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions					PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD			
1997 Cincinnati	5/0	3	2	1	0.0	0.0	0	0	0.0	0	0	0	0	0
1998 Cincinnati		Practice Squad												
1999 Hamilton		Canadian Football League												
2000 Seattle	6/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
NFL TOTALS	11/0	3	2	1	0.0	0.0	0	0	0.0	0	0	0	0	0

ADDITIONAL STATISTICS

Special Teams Tackles: 1997 (5); 2000 (8, 1 FF); Career: (13, 1 FF).



ROBBIE TOBECK

CENTER

6-4 298

WASHINGTON STATE

8TH NFL SEASON

2ND SEAHAWKS SEASON

UFA (ATLANTA) 2000

2000 GAMES/STARTS: 4/0

CAREER GAMES/STARTS: 88/78

MARCH 6, 1970 (TARPON SPRINGS, FLA.)

61

2000: Recovered from offseason knee surgery soon enough to see action the last four games, spending the first 12 on the physically unable to perform list. Split time at center with Chris Gray and was part of the offensive line that did not surrender a sack in back-to-back games at Atlanta (12/3) and at Denver (12/10) for the first time in 324 games. Helped block for Ricky Waters when he eclipsed the 10,000-yard career rushing mark at Atlanta (12/3).

PRO: Signed with the Seahawks March 20, 2000. Had surgery in 2000 offseason to repair a torn tendon in his left knee he suffered in an off-season workout. Originally signed by Atlanta as a free agent on May 7, 1993. Was waived by

ON TUESDAYS...

Robbie served as the keynote speaker for the Rose Hill (Kirkland, Wash.) Elementary sixth-grade graduation.

Atlanta following training camp on August 30, 1993, and signed to the practice squad a day later. Signed to the Atlanta active roster from the practice squad on January 1, 1994. Started five seasons for Atlanta making the switch

from guard to center in 1998. Blocked for four 1,000-yard rushers in Atlanta. **1993:** Spent the first 15 weeks on Falcons practice squad and signed to active roster prior to the season finale versus Phoenix (1/2), but was inactive. **1994:** Played in five games in first season on the active roster seeing action at guard, center, and tight end in short-yardage situations. **1995:** Took over as starting left guard in training camp. Made mark as a first-year starter by occupying left guard position for every snap of all 16 games. Only Falcons lineman to play every offensive snap. Helped Craig Heyward gain a personal-

best 1,083 rushing yards and Jeff George set career-highs for passing yards and completions.

1996: Started all 16 games for second straight season at left guard. Helped the Falcons total over 300 yards in offense in 11 games, including 100 yards rushing in eight games. Pass blocking helped the Falcons collect 250 or more passing yards in seven contests. Was key blocker in Jamal Anderson's 1,055-yard rushing season. Had a 1-yard touchdown reception versus Pittsburgh (10/27) after lining up as a tight end. Also caught a 14-yard pass versus New Orleans (11/17). **1997:** Played in all 16 games starting 15. Did not start season opener at Detroit due to a fractured left thumb in team's first preseason game. Helped Falcons place sixth in average time of possession. Blocked for Chris Chandler who compiled the NFL's second-best quarterback rating while completing 59.1 percent of his passes. Paved the way for Jamal Anderson's 1,052 yards, including two 150-yard plus games. **1998:** Switched to center during training camp and started 16 games there, including three post-season games. Helped lead team to Super Bowl XXXIII versus Denver (1/31/99). Played instrumental role in Jamal Anderson's NFL-leading 1,846 yards rushing. **1999:** Started 15 games at center for the Atlanta Falcons. Inactive vs. Arizona (12/26) with an injured quadriceps muscle.

COLLEGE: Started all 12 games at center for a 9-3 Cougar football team as a senior. Moved to center from guard prior to final season and earned second-team All-Pac-10 honors. Recipient of the Frank Butler Award by his teammates. Also earned first-team All-Academic Pac-10 honors. Played two seasons at Kilgore Junior College in Texas where he played defensive end.

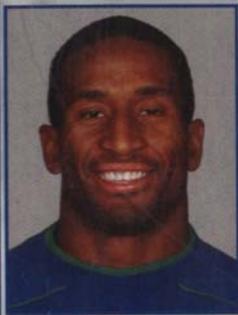
PERSONAL: Lettered in both football and basketball at New Port Richie High School in Tarpon Springs, Fla. Played running back and was the leading tackler from his linebacker position. A versatile athlete, he was a presence in the middle for the basketball team averaging an eye-catching 21 rebounds, 21 points a game for an undefeated 20-0 team which was ranked second in the state of Florida. Robbie and his wife, Beth

(5/27/94), reside in Issaquah and have four children, McKenzie (12/9/93), Mason (2/11/95),

Mia (10/23/97) and Madden (9/24/99).

TOBECK'S NFL RECORD

Career Games Played/Started: 1994 (Atlanta) 5/0; 1995 (Atlanta) 16/16; 1996 (Atlanta) 16/16; 1997 (Atlanta) 16/15; 1998 (Atlanta) 16/16; 1999 (Atlanta) 15/15; 2000 (Seattle) 4/0. **Career:** 88/78. **Postseason:** 4/4.



REGGIE TONGUE

SAFETY

6-0 203

OREGON STATE

6TH NFL SEASON

2ND SEAHAWKS SEASON

UFA (KANSAS CITY) 2000

2000 GAMES/STARTS: 16/6

CAREER GAMES/STARTS: 79/53

APRIL 11, 1973 (BALTIMORE, MD.)

25

2000: Started the first six games before being replaced by Kerry Joseph in the starting lineup. Tallied a season-high seven tackles (six solo) at Carolina (10/8). Contributed five tackles (three solo) in his Seahawks debut at Miami (9/3) along with one forced fumble out of the endzone that resulted in a Seattle touchback to halt a Miami scoring opportunity. Saw action in nickel and dime situations weeks 7-17, and batted a pass in to the air that was intercepted by Cortez Kennedy at Atlanta (12/3). Came in for an injured Jay Belamy (back) in the first quarter and saw extensive action at safety at Denver (12/10) recording three tackles (two solo). Totaled five special teams tackles.

PRO: Signed with the Seahawks as an unrestricted free agent from Kansas City February 22, 2000. Originally, a second-round pick by the Chiefs in 1996, became the full-time starter at strong safety in 1997. Recorded 370 tackles in three seasons as a starter for the Chiefs. **1996:** Played in all 16 games for the Chiefs and earned the club's prestigious Mack Lee Hill Award given to the Chiefs top first-year player. Saw action primarily on special teams and finished the year third with 17 special teams tackles. Saw action in four games on defense and recorded 10 tackles (eight solo). Had career-best six stops versus Pittsburgh (10/7) on Monday Night Football. Worked as a nickel safety versus Seattle (10/17) and recorded two tackles. Registered a season-high three special teams stops at Detroit (11/28). **1997:** Started all 16 games at strong safety and led the team with 142 tackles (91 solo), posting double digit tackles on six occasions. Added 2.5 sacks, one interception, two

forced fumbles and nine passes defended. Had 11 tackles (nine solo) in first NFL start in the season-opener at Denver (8/31). Intercepted first career pass versus Buffalo (9/14). Posted 11 tackles and a pass defended at Carolina (9/14). Had team-high 13 tackles (eight solo) at Miami (10/15) and recorded career-high 16 tackles (nine solo) at St. Louis (10/26). Had team-best 12 take-downs at Jacksonville (11/9) and had 10 stops versus Denver (11/16). One of biggest plays of season came versus Seattle (11/23) on a fourth-and-goal from the 10-yard line

with 1:21 remaining when he sacked Warren Moon forcing a fumble preserving a 19-14 win. Recorded career-best four special teams tackles at San Diego (12/14). Rounded out season with 10 tackles versus New Orleans (12/21). Started in club's playoff game versus Denver (1/4/98) and tallied four tackles and a fumble recovery. **1998:** Started 15 games and ranked second on team with 134 tackles, including a career-high 100 solo stops. Produced nine tackles at Jacksonville (9/13) including one sack. Listed as inac-

ON TUESDAYS...

Reggie served as keynote speaker for the annual CIS First & Goal Luncheon. He also visited the Seahawks Academy often.

tive with a hamstring injury at Philadelphia (9/27). Tied a career-high with a team-best 16 tackles (10 solo) at New England (10/11) and snagged 13 tackles versus Pittsburgh (10/26). Led team with 14 tackles versus New York Jets (9/11), in addition to one forced fumble and pass defended. Recorded nine tackles and a sack versus Arizona (11/29) and notched 10 tackles at the New York Giants (12/20). **1999:** Started all 16 games at strong safety for the Chiefs. Ranked fifth on the team with 94 tackles (70 solo), while collecting 2.0 sacks (38 yards), eight passes defended, one interception and a team-high four forced fumbles. Also saw action on special teams ranking fourth with 20 tackles (17 on kickoff coverage and three on punt coverage). Took a Donnie Edwards lateral following an interception and returned it 46 yards for his first career score at Baltimore (10/21). Also recorded seven tackles in that game (three solo) one pass defended and team-high three special teams tackles. Scored his second touchdown in as many weeks versus San Diego (10/31) when he sacked Erik Kramer forcing him to fumble which he picked up and returned 7 yards for a score. Collected a team-high nine tackles (eight solo) with one sack at Indianapolis (11/7). Set career highs with three forced fumbles and two recoveries at Tampa Bay (11/14). Posted seven tackles (five solo) one interception and a team high three special teams tackles versus Pittsburgh (12/18).

COLLEGE: Started 40 of 44 career games at Oregon State, 29 games at safety and 11 at cornerback. Tallied 362 total tackles (205 solo), nine interceptions with four touchdowns, 19 passes defended, three fumble recoveries with one

touchdown and a forced fumble. Four interceptions for touchdowns tied a Pac-10 mark and were one shy of the NCAA record. Captained the Beavers as a senior and earned first team All-Pac-10 accolades. Finished second on club with 124 tackles (75 solo). Ranked third on team with 102 tackles as a junior and recorded five interceptions, three of which he returned for a touchdown tying the NCAA and Pac-10 single-season mark for scores on interception returns. Was an honorable mention All-America choice and first team All-Pac-10 selection by *Football News*. Had one of his best games in career versus Wyoming, when he posted 11 tackles and three interceptions, two of which he returned for touchdowns tying conference and NCAA marks. Posted 82 tackles (48 solo), three fumble recoveries and one forced fumble as a sophomore. Had three interceptions, including a 29-yard touchdown return and also had a 75-yard score on a fumble runback. Played in all 11 games as a freshman in 1991, starting seven contests at left cornerback. Finished year with 54 tackles (28 solo) and one interception. Majored in Speech Communication.

PERSONAL: A native of the Pacific Northwest, he was the 1990 state Class 4A Player of the year and Gatorade Circle of Champions Alaska Player of the Year as a senior at Lathrop High School in Fairbanks. Totaled 11 interceptions as a senior defensive back and had 187 carries for 952 yards and 16 touchdowns as a running back. Was nicknamed "Igloo" in college. Engaged to Debra, and has one daughter, Makiya (3/8/01). Lives in Kirkland.

TONGUE'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions								
		Tkl	So	Ast	QB	Yds	No Yds	Avg	LG	TD	PD	FF	FR		
1996 Kansas City	16/0	10	8	2	0.0	0.0	0	0	0.0	0	0	0	0	0	0
1997 Kansas City	16/16	142	91	51	2.5	27.5	1	0	0.0	0	0	9	2	0	
1998 Kansas City	15/15	134	100	34	2.0	14.0	0	0	0.0	0	0	5	1	1	
1999 Kansas City	16/16	94	70	24	2.0	38.0	1	46t	46.0	46t	1	8	4	3	
2000 Seattle	16/6	40	31	9	0.0	0.0	0	0	0.0	0	0	6	1	0	
NFL TOTALS	79/53	420	300	120	6.5	79.5	2	46t	23.0	46t	1	28	8	4	

POSTSEASON

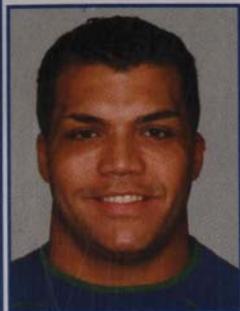
Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No Yds	Avg	LG	TD	PD	FF	FR	
1997 Kansas City	1/1	4	3	1	0.0	0.0	0	0	0.0	0	0	0	0	1
NFL TOTALS	1/1	4	3	1	0.0	0.0	0	0	0.0	0	0	0	0	1

SINGLE GAME HIGHS

Tackles: 16, 2 Times (Last at New England, 10/11/98)
Sacks: 1.0, 6 Times (Last at Indianapolis, 11/7/99)
Interceptions: 1, 2 Times (Last vs. Pittsburgh, 12/18/99)
Forced Fumbles: 3, at Tampa Bay (11/14/99)
Fumble Recoveries: 2, at Tampa Bay (11/14/99)

ADDITIONAL STATISTICS

Touchdowns: 1, 2 Times, int., FR (Last vs. San Diego, 10/31/99)
Special Teams Tackles: 1996 (17); 1997 (20); 1998 (3); 1999 (20); 2000 (5); **Career:** (65).



TIM WATSON

DEFENSIVE TACKLE

6-4 292

ROWAN

1ST NFL SEASON

1ST SEAHAWKS SEASON

SIXTH ROUND (B) 2000

2000 GAMES/STARTS: 0/0

CAREER GAMES/STARTS: 0/0

DECEMBER 23, 1974 (WILLIAMSTOWN, N.J.)

72

2000: Injured his knee during training camp and spent the first two weeks of the season on the inactive list. Placed on injured reserve week three for the remainder of the season.

PRO: Selected by Seattle with the second of three sixth round picks, the 185th overall, of the 2000 NFL Draft.

ON TUESDAYS...

Tim is quick to lend a helping hand with many of the team's community efforts. He especially enjoys visiting the Seahawks Academy.

COLLEGE:

Began his career at Maryland in 1993 and finished his career at Rowan in 1999 after missing the

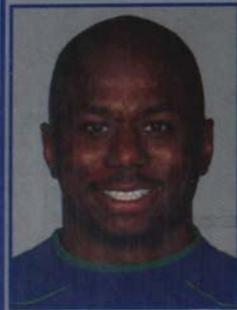
1997 and 1998 seasons. He worked construction during his two seasons away from the gridiron. Helped lead Rowan to the Division III championship game in 1999. Finished fourth on the team with 55 total tackles, including a team-high 11 sacks. Also had an interception and two fumble recoveries. Named All-Atlantic Coast Conference second-team in 1996, his junior season, as a starting defensive end at Maryland. Left the football team after posting unsatisfactory grades in the classroom. As a sophomore, started for the Terrapins after redshirting in 1994. Played in several games for the Terps his freshman season in 1993.

PERSONAL: Attended to Mainland Republic High School in New Jersey where he lettered in football, basketball and track. Earned all-state honors his senior season on the football team and all-conference in basketball. Went to the state finals in the discus as a prep junior and senior. Married wife Courtney on April 14, 2001.

WATSON'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			PD	FF	FR
		Tkl	So	Ast	QB	Yds	No Yds	Avg	LG			
2000 Seattle		Injured Reserve										
NFL TOTALS	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0

~RICKY WATTERS RANKS
SECOND ALL-TIME WITH 113
CONSECUTIVE STARTS
BEHIND WALTER
PAYTON'S 170~



RICKY WATTERS

RUNNING BACK

6-1 211

NOTRE DAME

11TH NFL SEASON

4TH SEAHAWKS SEASON

UNRESTRICTED FREE AGENT (PHL.) 1998

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 139/138

APRIL 7, 1969 (HARRISBURG, PA.)

32

2000: Started all 16 games, extending his consecutive games started streak to 113, most among active running backs and second all-time (Walter Payton, 170). Rushed 278 times for 1,242 yards (4.5 avg.) and seven touchdowns, his third consecutive season with at least 1,200 rush yards, and fifth in six seasons, good for eighth in the AFC. His 10,325 career rushing yards rank him 12th all-time and his 77 career scores tie (Tony Dorsett) him for 11th place all-time. Finished fourth in the AFC (fifth NFL) with a 4.5 yards per carry average (min. 275 attempts), his highest rushing average since 4.6 in 1993. Tied (Sean Dawkins) for the team-lead in receptions with 63 for 613 yards (9.7 avg.) and two touchdowns. Led the team in receiving six times, including the last five games and it marked the first time he led his team in rushing and receiving in the same season. His 1,855 total yards from scrimmage ranked third in the AFC (fifth NFL), tying his career-high (1996) and giving him seven straight seasons with at least 1,500 total yards. Ranked third AFC (fifth NFL) with 88 total first downs. Recorded his first 100-yard rushing game versus New Orleans (9/17), carrying 22 times for 105 yards and one touchdown. His second 100-yard rushing game came versus Oakland (12/16) when he rushed for 168 yards on 26 carries with a long of 53, his second 50+ yard run of the season and fifth of his career. It was his 32nd career 100-yard rushing game and his team's are 29-3, 10-1 in Seattle, when he does so. At home versus Denver (11/26), totaled 203 yards (9-126 rec., 16-77 rush) of Seattle's 354 total yards. His career-high 126 receiving yards are the third most ever by a Seattle running back and the first time a Seattle back went over 100 yards since John L. Williams' 110 at San Diego (11/25/90). Had a 55-yard run and career-high 59-yard reception that marked the first time in his career with two 50+ yard plays in the same game. Rushed 21 times for 79 yards and one score at Atlanta (12/3) and surpassed the 10,000 career rushing yards mark on a 26-yard carry in the third-quarter. Closed the season versus Buffalo (12/23) carrying 17 times for 67 yards and one

score.

PRO: Five-time Pro Bowl running back who signed with the Seahawks as a free agent on March 4, 1998, following three seasons in Philadelphia (1995-97) and four in San Francisco (1991-94) (one on injured reserve). Has now started 113 consecutive regular season games, the longest current streak for a running back in the NFL. Only player in NFL history to rush for 1,000 yards with three different franchises (San Francisco- 1992, Philadelphia-1995-97, Seattle- 1998-2000). Has helped six of the nine teams he has played on make the NFL playoffs. One of only seven backs in NFL history to average more than 100 total yards from scrimmage. He ranks seventh and third among active players (Marshall Faulk, Emmitt Smith). One of the most durable backs, he has 113 consecutive starts at running back followed by Eddie George's 80. Entered the NFL as a second-round pick by San Francisco in 1991, when Seahawks' head coach Mike Holmgren served as the team's offensive coordinator. Has posted 30 regular season, 100-yard rushing games and one in the post-season. In his 32, 100-yard games, Watters' teams have a 29-3 overall record. Ranks in the top 10 rushing leaders for the 49ers, the Eagles and the Seahawks. Ranks 10th on the 49ers' rushing list with 2,840 yards, and ranks fourth on the Eagles' list with 3,794 yards, while his 3,691 yards puts him fourth on the Seahawks all-time list. Has jumped to the 12th leading rusher in NFL history, second among active runners. Has

ON TUESDAYS...

Ricky purchased uniforms and served as keynote speaker for the Rainier Beach Jr. Football team year end banquet.

scored 52 rushing touchdowns his last six seasons. In his 12 100-yard games with the Eagles, the team went 11-1. Seahawks' teams have gone 10-1 in 11 100-yard games. Has caught at least one pass in 131 of 139 career games. Had signed with the Eagles as a transition player from the 49ers on March 25, 1995, when San Francisco did not match the offer sheet. **1991:** Suffered a broken foot in the first week of training camp with the 49ers. Landed on injured reserve before joining the team on the practice squad in October, but broke a hand and missed the rest of the season on injured reserve. **1992:** Finished his first NFL season with 1,013 yards rushing and 1,418 total yards from scrimmage to earn a trip to the Pro Bowl. Led the 49ers with nine rushing touchdowns. In his first game, he rushed for 100 yards on 13 carries to help lead the team to a 31-14 victory over the NY Giants (9/6). Rushed for a season-high 163 yards at the L.A. Rams (11/22). Missed Games 13-14 with a shoulder injury. Returned to top the 100-yard mark in total offense in both playoff games, versus Washington on January 9, and versus Dallas on January 17. **1993:** Tied a 49ers team record with ten rushing touchdowns, despite missing three games with a late-season knee injury. Participated in his second consecutive Pro Bowl, after leading the team with 950 yards rushing. Recorded three 100-yard rushing games. Established an NFL postseason record with five rushing scores while gaining 118 yards on 24 carries, in a 44-3 victory over the NY Giants in an NFC Divisional Playoff game on January 15. **1994:** Ranked fifth in the NFL with 1,596 yards from scrimmage, while earning his third consecutive Pro Bowl berth. Led the 49ers with 877 yards rushing and finished second on the team with a career-high 66 receptions for 719 yards. Twice topped the 100-yard rushing mark, at New Orleans with 105 yards on 26 carries and versus Tampa Bay with 103 yards on 14 rushes. Scored three touchdowns in the 49ers, 49-26 victory in Super Bowl XXIX over the San Diego Chargers. Scored on 51 and eight-yard passes from Steve Young and also on a 9-yard run. **1995:** In his first season with the Eagles, he led the team with 1,273 rushing yards, 1,707 yards from scrimmage, 12 total touchdowns and 11 rushing scores. Rushing total ranked fourth in the NFC and sixth in the NFL while earning him a trip to his fourth straight Pro Bowl. Accounted for 229 yards of offense versus Washington (10/8), which included a career-high 11 receptions. Scored two touchdowns in four consecutive games, from November 12 to December 3. Registered four 100-yard games including 112 yards on a career-high 33 carries versus Dallas (12/10). **1996:** Earned his fifth consecutive Pro Bowl berth while also being named All-NFL by *Sports Illustrated* and second-team All-NFL by

College and Pro Football Newsweekly. Paced the NFL with 1,855 yards from scrimmage, while his 1,411 yards rushing ranked second in the NFC and fourth in the NFL. Also led the league with 353 carries. Established career-highs in carries (353), yards rushing (1,411), and rushing touchdowns (13). Combined for 210 yards (153 rushing/57 receiving) versus Detroit (9/15), including a 52-yard run on the game's first play. Topped 100 yards in five-of-seven games in one stretch during the season, from September 15 to November 17. The Eagles finished 6-0 in games in which he rushed for 100 yards. **1997:** Started all 16 games for the Philadelphia Eagles finishing fourth in the NFC with 1,110 yards rushing and 1,550 total yards from scrimmage. Third consecutive season over the 1,000-yard plateau. Led the Eagles in touchdowns with seven, all rushing scores. Twice topped the 100-yard mark. Rushed for 106 yards on 20 carries at Dallas (9/15), and 104 yards in a 24-10 victory over the Redskins (10/5). **1998:** Started 16 games at running back. Topped the 1,000-yard mark after the 14th game of the season, becoming the first player in NFL history to record 1,000-yard seasons with three different teams (San Francisco-1992, Philadelphia-1995, '96, '97, Seattle-1998). Fifth career, 1,000-yard season. Finished fifth in the AFC with 1,239 yards rushing and third in total yards from scrimmage with 1,612 (1,239 rushing, 373 receiving). Has started 79 consecutive games. Finished the season

with four 100-yard games, including a career-high 178 yards versus the Colts (12/20).

Rushed for 105 yards versus Arizona (9/13) to help lead the Seahawks to a 33-14 victory. Followed that with a 136-yard rushing output versus Washington (9/20). That effort marked the first



time in Seahawks history the team boasted a 100-yard rusher in three consecutive games (Ahman Green vs. Philadelphia 9/6). Scored two touchdowns and rushed for 105 yards versus Kansas City (11/8), marking his 14th career multi-touchdown game. In games which he has rushed for 100 yards, his team's have a 23-2 record. Third on the team with 52 receptions. Made 100th career start at Oakland (11/15). **1999:** Started 16 games during second season in the Seahawks backfield as one of the club's inspirational leaders. Carried 79.6 percent of the Seahawks rushing load with 325 carries for 1,210 yards and five touchdowns. Was also team's third leading receiver with 40 receptions for 387 yards and two touchdowns. Had four 100-plus yard rushing games leading team in rushing all 16 games. Led team with 99 yards rushing on 23 carries at Chicago (9/19). Just missed 100-yard game the following week at Pittsburgh (9/26) with 98 yards. Led team in rushing and receiving at Oakland (10/3) with 71 yards on 24 carries and 55 receiving yards on five catches. Rushed a season-high 31 times for 125 yards at Green Bay (11/1) on Monday Night Football, including a season-long scamper of 45 yards. Highest output of season came versus Cincinnati (11/7) with 133 yards on 27 rushes, with one touchdwn. Had big game in Seahawks first victory over the Chiefs (11/21) at Arrowhead Stadium since 1990 when

he ran 24 times for 107 yards and two touchdowns. Also had four receptions for 67 yards and a touchdown. Rushed 16 times for 115 yards (7.2 avg.) and a touchdown at Denver (12/19). Suffered knee injury versus Kansas City (12/26), but still started in season finale at NY Jets (1/2/00), to extend starting streak to 97 straight.

COLLEGE: Finished his career with 1,814 yards rushing on 325 carries with 21 touchdowns. Helped guide the Irish to the 1988 national championship, when he was converted to flanker for the season. Caught a team high 15 passes for 286 yards and two scores. His 97-yard punt return for a touchdown versus Southern Methodist in 1989 is the longest in school history. Tied on the school list (Tim Brown and Nick Rassas) with three career punt return touchdowns.

PERSONAL: Two-time all-state running back at Bishop McDevitt High in Harrisburg, Pa. Also lettered in basketball and track. Extremely active in the community, he was named the American Cancer Society's 1994 Humanitarian of the Year. Donated \$1,000 for each touchdown in 1995 to Camp Okizu, a summer camp for children suffering from cancer, located in the Bay Area. Earned a B.A. degree in graphic design. Ricky and his wife, Catherina have one son, Ricky Amir (10/4/00) and live in San Francisco, Calif.

WATTERS' NFL RECORD

Year	Club	G/S	Rushing					Receiving						
			Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD		
1991	San Francisco													
Injured Reserve														
1992	San Francisco	14/13	206	1,013	4.9	43	9	43	405	9.4	35	2		
1993	San Francisco	13/13	208	950	4.6	39	10	31	326	10.5	48t	1		
1994	San Francisco	16/16	239	877	3.7	23	6	66	719	10.9	65t	5		
1995	Philadelphia	16/16	337	1,273	3.8	57	11	62	434	7.0	24	1		
1996	Philadelphia	16/16	353	1,411	4.0	56t	13	51	444	8.7	36	0		
1997	Philadelphia	16/16	285	1,110	3.9	28	7	48	440	9.2	37	0		
1998	Seattle	16/16	319	1,239	3.9	39t	9	52	373	7.2	24	0		
1999	Seattle	16/16	325	1,210	3.7	45	5	40	387	9.7	25	2		
2000	Seattle	16/16	278	1,242	4.5	55	7	63	613	9.7	59	2		
NFL TOTALS		139/138	2,550	10,325	4.0	57	77	456	4,141	9.1	65t	13		

POSTSEASON

Year	Club	G/S	Rushing					Receiving						
			Att	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD		
1992	San Francisco	2/2	29	152	5.2	21	0	8	88	11.0	17	0		
1993	San Francisco	2/2	36	155	4.3	20	6	12	79	6.6	13	0		
1994	San Francisco	3/3	40	174	4.4	15	1	7	108	15.4	51t	3		
1995	Philadelphia	2/2	31	88	2.8	12	1	7	109	15.6	45t	1		
1996	Philadelphia	1/1	20	57	2.9	12	0	5	45	9.0	14	0		
1999	Seattle	1/1	19	40	2.1	8	0	2	22	11.0	14	0		
PLAYOFF TOTALS		11/11	175	666	3.8	21	8	41	451	11.0	51t	4		

SINGLE GAME HIGHS

Rushing

Most Attempts: 33, vs. Dallas (12/10/95)
 Most Yards: 178, vs. Indianapolis (12/20/98)
 Longest Rush, no TD: 57, vs. NY Giants (11/19/95)
 Longest Rush, TD: 56, at Atlanta (9/22/96)
 Most Touchdowns: 3, 2 Times (Last vs. Cin, 12/5/93)

Receiving

Most Receptions: 11, vs. Washington (10/8/95)
 Most Yards: 126, vs. Denver (11/26/00)
 Longest Reception, no TD: 59, vs. Denver (11/26/00)
 Longest Reception, TD: 65, vs. Denver (12/17/94)
 Most Touchdowns: 2, 2 Times (Last vs. Denver, 12/17/94)

ADDITIONAL STATISTICS

100-Yard Games: 32, Last vs. Oakland (12/16/00)

~WHEN RICKY WATTERS

RUSHES FOR AT LEAST 100

YARDS, HIS TEAMS ARE 29-3~

WATTERS VS. THE NFL

	-----Rushing-----							-----Receiving-----					-----Record----		
	G	Att	Yds	Avg	LG	TD	100	Rec	Yds	Avg	LG	TD	W	L	T
Arizona/Phoenix	9	195	723	3.7	39	6	1	23	248	11.3	20	0	6	3	0
Atlanta	8	141	663	4.7	56t	8	2	31	308	9.9	38	4	7	1	0
Baltimore	1	11	37	3.4	10	0	0	4	33	8.3	14	0	0	0	1
Buffalo	4	74	276	3.7	20	1	0	15	117	7.8	45	0	1	3	0
Carolina	2	31	96	3.1	26	1	0	3	5	1.7	7	0	1	1	0
Chicago	*3	46	167	3.6	16	0	0	9	64	7.1	24	0	2	1	0
Cincinnati	3	64	309	4.8	19t	5	1	5	41	8.2	16	1	3	0	0
Cleveland	1	13	83	6.4	14	0	0	4	47	11.8	18	0	0	1	0
Dallas	*13	227	950	4.2	20	5	3	42	328	7.8	29t	1	5	8	0
Denver	8	126	464	3.7	55	6	1	34	380	11.2	65t	2	3	5	0
Detroit	5	77	280	3.6	52	3	1	16	173	10.8	45t	1	4	1	0
Green Bay	3	64	244	3.8	45	1	1	5	22	4.4	21	0	2	1	0
Indianapolis	3	47	235	5.0	38	1	1	9	91	10.1	22	0	1	2	0
Jacksonville	2	39	124	3.2	14	1	0	9	115	12.8	37	1	1	1	0
Kansas City	7	139	580	4.2	45	4	2	21	197	9.4	25	2	3	4	0
Miami	*3	55	272	4.9	49	1	1	8	77	9.6	15	0	1	2	0
Minnesota	3	29	82	2.8	23	1	0	9	59	6.6	28	0	1	2	0
New England	1	19	104	5.5	30	1	1	8	84	10.5	29	1	1	0	0
New Orleans	8	169	780	4.6	33	1	5	28	218	7.8	29	0	7	1	0
N.Y. Giants	*8	173	758	4.4	57	10	5	30	297	9.9	36	0	6	2	0
N.Y. Jets	4	61	244	4.0	39t	2	0	7	47	6.7	15	0	2	2	0
Oakland/L.A.	8	159	636	4.0	53	3	1	36	370	10.3	45	0	3	5	0
Philadelphia	4	39	163	4.2	16	1	0	4	29	7.3	14	0	2	2	0
Pittsburgh	4	80	239	3.0	28	0	0	8	71	8.9	36	0	3	1	0
St. Louis/L.A.	8	150	583	3.9	26	7	1	30	312	10.9	48t	1	7	1	0
San Diego	*9	168	528	3.1	20	4	0	26	217	8.3	51t	3	6	3	0
San Francisco	*2	34	99	2.9	12	0	0	7	67	9.6	15	0	0	2	0
Seattle	1	21	69	3.3	12	2	0	5	21	4.2	11	0	0	1	0
Tampa Bay	5	74	305	4.1	23	3	1	16	140	8.8	46	0	3	2	0
Tennessee	1	14	63	4.5	14	0	0	7	63	9.0	14	0	1	0	0
Washington	*9	186	835	4.5	33	7	4	38	351	9.2	38	0	7	2	0
TOTALS	150	2,725	10,991	4.0	57	85	32	497	4,592	9.2	65t	17	89	60	1
Regular Season	139	2,550	10,325	4.0	57	77	31	456	4,141	9.1	65t	13	83	55	1
Postseason	11	175	666	3.8	21	8	1	41	451	11.0	51t	4	6	5	0

*Includes Postseason games

CONSECUTIVE STARTS ALL-TIME RBs

NO.	PLAYER	YEARS
170	Walter Payton	1975-87
113	Ricky Watters	1992-2000
94	Ricky Young	1975-81
84	Tony Dorsett	1980-86
80	Barry Sanders	1994-98
80	Eddie George	1996-2000

CONSECUTIVE STARTS ACTIVE RBs

NO.	PLAYER	TEAM
113	Ricky Watters	Seattle
80	Eddie George	Tennessee
43	Curtis Martin	NY Jets
42	Jerome Bettis	Pittsburgh
24	Edgerrin James	Indianapolis

TOTAL YARDS FROM SCRIMMAGE SINCE 1995

NAME, TEAM	TOTAL YDS.	ATT.	YDS.	AVG.	TD	REC.	YDS.	AVG.	TD
1. Marshall Faulk, Rams	10,662	1,534	6,525	4.3	52	410	4,137	10.1	21
2. Ricky Watters, Seahawks	10,070	1,881	7,428	3.9	52	310	2,642	8.5	5
3. Curtis Martin, Jets	9,714	1,993	7,743	3.8	53	270	1,971	7.3	8
4. Emmitt Smith, Cowboys	9,064	1,884	7,823	4.2	73	214	1,231	5.7	7
5. Eddie George, Titans*	8,220	1,739	6,793	3.9	41	160	1,427	8.9	6
6. Terrell Davis, Broncos	8,117	1,488	6,906	4.6	60	157	1,211	7.7	5
7. Jerome Bettis, Steelers	7,939	1,831	7,311	4.0	39	104	628	6.0	2

*George started his career in 1996.

ALL-TIME TOP 20 RUSHERS

PLAYER	YEARS	ATT.	YARDS	AVG.	LG	TD
1. Walter Payton	13	3,838	16,726	4.4	76	110
2. Barry Sanders	10	3,062	15,269	5.0	85	99
3. *Emmitt Smith	11	3,529	15,166	4.3	75	145
4. Eric Dickerson	11	2,996	13,259	4.4	85	90
5. Tony Dorsett	12	2,936	12,739	4.3	99	77
6. Jim Brown	9	2,359	12,312	5.2	80	106
7. Marcus Allen	16	3,022	12,243	4.1	61	123
8. Franco Harris	13	2,949	12,120	4.1	75	91
9. Thurman Thomas	13	2,873	12,072	4.2	80	65
10. John Riggins	14	2,916	11,352	3.9	66	104
11. O.J. Simpson	11	2,404	11,236	4.7	94	61
12. *Ricky Watters	10	2,550	10,325	4.0	57	77
13. Ottis Anderson	14	2,562	10,273	4.0	76	81
14. *Jerome Bettis	8	2,447	9,757	4.0	60	48
15. Earl Campbell	8	2,187	9,407	4.3	81	74
16. Jim Taylor	10	1,941	8,597	4.4	84	83
17. Joe Perry	14	1,737	8,378	4.8	78	53
18. Earnest Byner	14	2,095	8,261	3.9	54	56
19. Herschel Walker	12	1,954	8,225	4.2	91	61
20. Roger Craig	11	1,991	8,189	4.1	71	56

* Active Players

CAREER RUSHING TDs

PLAYER	TD
1. Emmitt Smith	145
2. Marcus Allen	123
3. Walter Payton	110
4. Jim Brown	106
5. John Riggins	104
6. Barry Sanders	99
7. Franco Harris	91
8. Eric Dickerson	90
9. Jim Taylor	83
10. Ottis Anderson	81
11. Tony Dorsett	77
Ricky Watters	77
13. Pete Johnson	76
14. Earl Campbell	74
Leroy Kelly	74
16. Chuck Muncie	71
17. Gerald Riggs	69
Steve Van Buren	69
19. Thurman Thomas	65
20. Larry Csonka	64

WATTERS' 100-YARD RUSHING GAMES

Date	Opponent	Att	Yds	Avg	LG	TD
12/20/98	Indianapolis	32	178	5.6	38	1
10/20/96	Miami	25	173	6.9	49	1
12/16/00	Oakland	26	168	6.5	53	0
11/22/92	at LA Rams	26	163	6.3	15	2
9/15/96	Detroit	27	153	5.7	52	1
10/8/95	Washington	25	139	5.6	24	0
9/20/98	Washington	24	136	5.7	33	1
9/26/93	at New Orleans	25	135	5.4	17	0
11/7/99	Cincinnati	27	133	4.9	19	1
11/1/99	at Green Bay	31	125	4.0	45	0
11/26/95	at Washington	25	124	5.0	25	2
10/15/95	at NY Giants	30	122	4.1	14	1
9/22/96	at Atlanta	26	121	4.7	56t	2
1/15/94	* NY Giants	24	118	4.9	20	5
11/3/96	at Dallas	24	116	4.8	17	1
11/22/93	New Orleans	16	116	7.3	33	0
12/19/99	at Denver	16	115	7.2	26	1
11/15/92	New Orleans	21	115	5.5	20	0
12/10/95	Dallas	33	112	3.4	15	1
9/19/93	Atlanta	19	112	5.9	25	1
10/13/96	at NY Giants	27	110	4.1	11	0
11/21/99	at Kansas City	24	107	4.5	45	2
9/15/97	at Dallas	20	106	5.3	20	0
9/17/00	New Orleans	22	105	4.8	16	1
9/13/98	at Arizona	22	105	4.8	17	0
11/8/98	Kansas City	24	105	4.4	13	1
11/28/94	at New Orleans	26	105	4.0	19	0
10/5/97	Washington	31	104	3.4	13	2
12/1/96	NY Giants	29	104	3.6	11	0
10/11/92	at New England	19	104	5.5	30	1
10/23/94	Tampa Bay	14	103	7.4	23	2
9/6/92	at NY Giants	13	100	7.7	19	0

* Postseason

By Year: 1992 (San Francisco) - 4; 1993 (San Francisco) - 3; 1994 (San Francisco) - 3; 1995 (Philadelphia) - 4; 1996 (Philadelphia) - 6; 1997 (Philadelphia) - 2; 1998 (Seattle) - 4; 1999 (Seattle)-5; 2000 (Seattle)-2;

WATTERS GAME-BY-GAME

1992	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/6	at New York Giants	13	100	7.7	19	0	5	50	10.0	14	0	150	W
9/13	Buffalo	16	83	5.2	20	0	4	22	5.5	14	0	105	L
9/20	at New York Jets	17	55	3.2	13	1	1	4	4.0	4	0	59	W
9/27	at New Orleans	18	76	4.2	12	0	7	52	7.4	22	0	128	W
10/4	Los Angeles Rams	20	83	4.2	13	1	2	26	13.0	24	0	109	W
10/11	at New England	19	104	5.5	30	1	8	84	10.5	29	1	188	W
10/18	Atlanta	15	75	5.0	17	3	3	57	19.0	35	0	132	W
11/1	at Phoenix	7	36	5.1	17	1	3	48	16.0	20	0	84	L
11/9	at Atlanta	19	75	3.9	43	0	3	25	8.3	21t	1	100	W
11/15	New Orleans	21	115	5.5	20	0	3	11	3.7	7	0	126	W
11/22	at Los Angeles Rams	26	163	6.3	15	2	3	16	5.3	9	0	179	W
11/29	Philadelphia	5	20	4.0	9	0	0	0	0.0	0	0	20	W
12/6	Miami												
12/13	at Minnesota												
12/19	Tampa Bay	7	13	1.9	8	0	0	0	0.0	0	0	13	W
12/28	Detroit	3	15	5.0	9	0	1	10	10.0	10	0	25	W
1/9	*Washington	18	83	4.6	21	0	2	19	9.5	13	0	102	W
1/17	*Dallas	11	69	6.3	16	0	6	69	11.5	17	0	138	L
Regular Season Totals (14/13)		206	1,013	4.9	43	9	43	405	9.4	35	2	1,418	12-2

* postseason

1993	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/5	at Pittsburgh	14	46	3.3	10	0	1	4	4.0	4	0	50	W
9/13	at Cleveland	13	83	6.4	14	0	4	47	11.8	18	0	130	L
9/19	Atlanta	19	112	5.9	25	1	0	0	0.0	0	0	112	W
9/26	at New Orleans	25	135	5.4	17	0	2	8	4.0	5	0	143	L
10/3	Minnesota	9	8	0.9	3	1	1	28	28.0	28	0	36	W
10/17	at Dallas	8	32	4.0	9	0	2	31	15.5	16	0	63	L
10/24	Phoenix	20	95	4.8	39	1	2	17	8.5	10	0	112	W
10/31	Los Angeles Rams	19	56	2.9	9	1	5	35	7.0	17	0	91	W
11/14	at Tampa Bay	19	88	4.6	21	1	5	35	7.0	11	0	123	W
11/22	New Orleans	16	116	7.3	33	0	0	0	0.0	0	0	116	W
11/28	at Los Angeles Rams	18	47	2.6	7	1	5	82	16.4	48t	1	129	W
12/5	Cincinnati	17	78	4.6	11	3	2	26	13.0	16	0	104	W
12/11	at Atlanta												
12/19	at Detroit												
12/25	Houston												
1/3	Philadelphia	11	54	4.9	12	1	2	13	6.5	9	0	67	L
1/15	*New York Giants	24	118	4.9	20	5	5	46	9.2	13	0	164	W
1/23	*at Dallas	12	37	3.1	8	1	7	33	4.7	9	0	70	L
Regular Season Totals (13/13)		208	950	4.6	39	10	31	326	10.5	48t	1	1,276	9-4

* postseason

1994	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/5	Los Angeles Raiders	18	37	2.1	13	1	5	55	11.0	23	0	92	W
9/11	at Kansas City	14	59	4.2	13	0	6	64	10.7	21	0	123	L
9/18	at Los Angeles Rams	18	56	3.1	9	0	3	18	6.0	12	0	74	W
9/25	New Orleans	15	49	3.3	14	0	8	54	6.8	13	0	103	W
10/2	Philadelphia	7	22	3.1	12	0	1	14	14.0	14	0	36	L
10/9	at Detroit	16	42	2.6	7	1	2	13	6.5	9	0	55	W
10/16	at Atlanta	10	53	5.3	19	0	5	33	6.6	10	2	86	W
10/23	Tampa Bay	14	103	7.4	23	2	4	64	16.0	46	0	167	W
11/6	at Washington	11	46	4.2	22	0	6	66	11.0	38	0	84	W
11/13	Dallas	17	65	3.8	11	0	4	32	8.0	17	0	97	W
11/20	Los Angeles Rams	20	81	4.1	15	0	5	74	14.8	35	0	155	W
11/28	at New Orleans	26	105	4.0	19	0	2	37	18.5	29	0	142	W
12/4	Atlanta	16	53	3.3	17	0	6	73	12.2	38	1	126	W
12/11	San Diego	17	53	3.1	10	1	2	12	6.0	8	0	65	W
12/17	Denver	13	40	3.1	12	1	4	106	26.5	65t	2	146	W
12/26	at Minnesota	7	13	1.9	9	0	3	4	1.3	4	0	17	L
1/7	*Chicago	11	55	5.0	15	0	3	18	6.0	11	0	73	W
1/15	*Dallas	14	72	5.1	15	0	1	29	29.0	29t	1	101	W
1/29	*San Diego	15	47	3.1	13	1	3	61	20.3	51t	2	108	W
Regular Season Totals (16/16)		239	877	3.7	23	6	66	719	10.9	65t	5	1,596	13-3

* postseason

1995	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/3	Tampa Bay	17	37	2.2	9	0	5	34	6.8	16	0	71	L
9/9	at Arizona	22	94	4.3	28	0	3	34	11.3	16	0	128	W
9/17	San Diego	19	76	4.0	18	0	6	19	3.2	7	1	95	L
9/24	at Oakland	15	75	5.0	17	0	4	33	8.3	24	0	108	L
10/1	at New Orleans	26	79	3.0	16	0	3	37	12.3	23	0	116	W
10/8	Washington	25	139	5.6	24	0	11	90	8.2	17	0	229	W
10/15	at New York Giants	30	122	4.1	14	1	0	0	0.0	0	0	122	W
10/29	St. Louis	13	38	2.9	26	0	2	17	8.5	11	0	55	W
11/6	at Dallas	18	80	4.4	13	1	0	0	0.0	0	0	80	L
11/12	Denver	18	57	3.2	11	2	4	26	6.5	18	0	83	W
11/19	New York Giants	20	84	4.2	57	2	5	43	8.6	21	0	127	W
11/26	at Washington	25	124	5.0	25	2	4	14	3.5	6	0	138	W
12/3	at Seattle	21	69	3.3	12	2	5	21	4.2	11	0	90	L
12/10	Dallas	33	112	3.4	15	1	6	36	6.0	12	0	148	W
12/17	Phoenix	23	74	3.2	36	0	1	18	18.0	18	0	92	W
12/24	at Chicago	12	13	1.1	9	0	3	12	4.0	9	0	25	L
12/30	*Detroit	18	49	2.7	12	1	3	64	21.3	45t	1	113	W
1/7	*at Dallas	13	39	3.0	9	0	4	45	11.3	18	0	84	L
Regular Season Totals (16/16)		337	1,273	3.8	57	11	62	434	7.0	24	1	1,707	10-6

* postseason

1996	Opponent	Rushing-----					Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/1	at Washington	18	86	4.8	11	0	1	3	3.0	3	0	89	W
9/9	at Green Bay	10	38	3.8	16	1	1	1	1.0	1	0	39	L
9/15	Detroit	27	153	5.7	52	1	5	57	11.4	24	0	210	W
9/22	at Atlanta	26	121	4.7	56t	2	3	27	9.0	15	0	148	W
9/30	Dallas	21	68	3.2	8	1	4	26	6.5	9	0	94	L
10/13	at New York Giants	27	110	4.1	11	0	2	8	4.0	5	0	118	W
10/20	Miami	25	173	6.9	49	1	3	23	7.7	11	0	196	W
10/27	Carolina	21	33	1.6	4	1	2	9	4.5	7	0	42	W
11/3	at Dallas	24	116	4.8	17	1	1	3	3.0	3	0	119	W
11/10	Buffalo	19	51	2.7	7	0	5	47	9.4	13	0	98	L
11/17	Washington	26	87	3.3	14	2	6	78	13.0	28	0	165	L
11/24	Arizona	25	64	2.6	9	2	3	36	12.0	17	0	100	L
12/1	New York Giants	29	104	3.6	11	0	6	77	12.8	36	0	181	W
12/5	at Indianapolis	7	33	4.7	14	0	3	22	7.3	8	0	55	L
12/14	at New York Jets	17	75	4.4	23	0	3	13	4.3	8	0	88	W
12/22	Arizona	31	99	3.2	23	1	2	14	7.0	10	0	113	W
12/29	*at San Francisco	20	57	2.9	12	0	5	45	9.0	14	0	102	L
Regular Season Totals (16/16)		353	1,411	4.0	56t	13	51	444	8.7	36	0	1,855	10-6

* postseason

1997	Opponent	Rushing-----					Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
8/31	at New York Giants	18	81	4.5	11	0	1	3	3.0	3	0	89	L
9/7	Green Bay	23	81	3.5	14	0	3	0	0.0	2	0	81	W
9/15	at Dallas	20	106	5.3	20	0	5	14	2.8	9	0	120	L
9/28	at Minnesota	13	61	4.7	23	0	5	27	5.4	9	0	88	L
10/5	Washington	31	104	3.4	13	2	2	36	18.0	20	0	140	W
10/12	at Jacksonville	15	44	2.9	14	0	4	69	17.3	37	0	113	L
10/19	Arizona	24	83	3.5	11	1	3	39	13.0	18	0	122	W
10/26	Dallas	20	88	4.4	14	0	1	4	4.0	4	0	92	W
11/2	at Arizona	21	73	3.5	13	0	4	31	7.8	17	0	104	L
11/10	San Francisco	14	42	3.0	8	0	2	22	11.0	15	0	64	L
11/16	at Baltimore	11	37	3.4	10	0	4	33	8.3	14	0	70	T
11/23	Pittsburgh	20	48	2.4	28	0	2	50	25.0	36	0	84	W
11/30	Cincinnati	20	98	4.9	16t	1	2	7	3.5	4	0	105	W
12/7	New York Giants	12	39	3.3	12	1	3	15	5.0	13	0	52	L
12/14	at Atlanta	15	95	6.3	27	1	4	35	8.8	17	0	130	L
12/21	at Washington	8	30	3.8	12	0	0	0	0.0	0	0	30	L
Regular Season Totals (16/16)		285	1,110	3.9	28	7	48	440	9.2	37	0	1,550	6-9-1

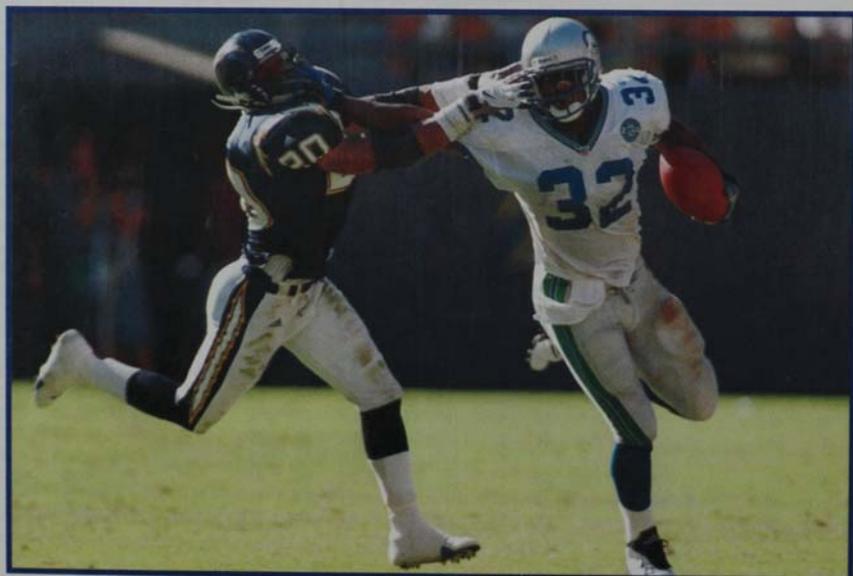
1998	Opponent	Rushing-----					Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/6	at Philadelphia	16	67	4.2	16	0	1	2	2.0	2	0	69	W
9/13	Arizona	22	105	4.8	17	0	2	11	5.5	11	0	116	W
9/20	Washington	24	136	5.7	33	1	6	45	7.5	11	0	181	W
9/27	at Pittsburgh	17	47	2.8	12	0	3	5	1.7	6	0	52	L
10/4	at Kansas City	22	59	2.7	13	0	2	-6	-3.0	1	0	53	L
10/11	Denver	20	76	3.8	14	0	3	18	6.0	9	0	94	L
10/25	at San Diego	18	32	1.8	12	1	5	56	11.2	18	0	88	W
11/1	Oakland	18	54	3.0	13	1	9	68	7.6	24	0	122	L
11/8	Kansas City	24	105	4.4	13	2	2	13	6.5	11	0	118	W
11/15	at Oakland	27	85	3.1	30	0	2	13	6.5	8	0	98	L
11/22	at Dallas	16	66	4.1	13	0	1	6	6.0	6	0	72	L
11/29	Tennessee	14	63	4.5	14	0	7	63	9.0	14	0	126	W
12/6	at New York Jets	18	84	4.7	39t	1	2	6	6.0	6	0	90	L
12/13	San Diego	21	69	3.3	13	1	1	6	6.0	6	0	75	W
12/20	Indianapolis	32	178	5.6	38	1	3	38	12.7	22	0	216	W
12/27	at Denver	10	13	1.3	6	1	4	29	7.3	11	0	42	L
Regular Season Totals (16/16)		319	1,239	3.9	39t	9	52	373	7.2	24	0	1,612	8-8

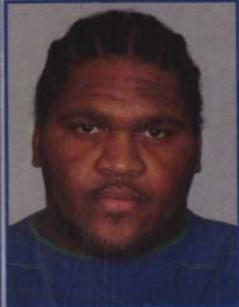
1999	Opponent	Rushing					Receiving					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/12	Detroit	13	21	1.6	9	0	4	29	7.3	14	0	50	L
9/19	at Chicago	23	99	4.3	16	0	3	34	11.3	24	0	133	W
9/26	at Pittsburgh	29	98	3.4	18	0	2	12	6.0	10	0	110	W
10/3	Oakland	24	71	3.0	10	0	5	55	11.0	24	0	126	W
10/17	at San Diego	21	54	2.6	7	0	2	12	6.0	9	0	66	L
10/24	Buffalo	22	75	3.4	19	0	1	1	1.0	1	0	76	W
11/1	at Green Bay	31	125	4.0	45	0	1	21	21.0	21	0	146	W
11/7	Cincinnati	27	133	4.9	19	1	1	8	8.0	8	1	141	W
11/14	Denver	17	29	2.1	11	0	1	6	6.0	6	0	35	W
11/21	at Kansas City	24	107	4.5	45	2	4	67	16.8	25	1	174	W
11/28	Tampa Bay	17	64	3.8	11	0	2	7	3.5	7	0	71	L
12/5	at Oakland	14	51	3.6	11	1	5	53	10.6	14	0	104	L
12/12	San Diego	20	75	3.8	20	0	2	17	8.5	12	0	92	L
12/19	at Denver (OT)	16	115	7.2	26	1	3	20	6.7	11	0	135	L
12/26	Kansas City	18	63	3.5	25	0	2	21	10.5	15	0	84	W
1/2	at New York Jets	9	30	3.3	8	0	2	24	12.0	15	0	54	L
1/9	*Miami	19	40	2.1	8	0	2	22	11.0	14	0	62	L
Regular Season Totals (16/16)		325	1,210	3.7	45	5	40	387	9.7	25	2	1,597	9-7

* postseason

2000	Opponent	Rushing					Receiving					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
9/3	at Miami	11	59	5.4	36	0	3	32	10.7	15	0	91	L
9/10	St. Louis	16	59	3.7	13	2	5	44	8.8	15	0	103	L
9/17	New Orleans	22	105	4.8	16	1	3	19	6.3	14	0	124	W
9/24	at San Diego	16	67	4.2	12	0	1	14	14.0	14	0	81	W
10/2	at Kansas City	16	97	6.1	32	0	0	0	0.0	0	0	97	L
10/8	at Carolina	10	63	6.3	26	0	1	-4	-4.0	-4	0	59	L
10/15	Indianapolis	8	24	3.0	9	0	3	31	10.3	14	0	55	L
10/22	at Oakland	17	95	5.6	18	0	2	56	28.0	45	0	151	L
10/29	Kansas City	21	90	4.3	11	0	5	38	7.6	17	1	128	L
11/5	San Diego	21	55	2.6	14	0	4	20	5.0	11	0	75	W
11/12	at Jacksonville	24	80	3.3	13	1	5	46	9.2	30	1	126	W
11/26	Denver	16	77	4.8	55	1	9	126	14.0	59	0	203	L
12/3	at Atlanta	21	79	3.8	26	1	7	58	8.3	38	0	137	W
12/10	at Denver	16	57	3.6	12	0	6	49	8.2	13	0	106	L
12/16	Oakland	26	168	6.5	53	0	4	37	9.3	21	0	205	W
12/23	Buffalo	17	67	3.9	11	1	5	47	9.4	45	0	114	L
Regular Season Totals (16/16)		278	1,242	4.5	55	7	63	613	9.7	59	2	1,855	6-10

Bold italics indicates single-game highs





FLOYD WEDDERBURN

GUARD

6-5 333

PENN STATE

3RD NFL SEASON

3RD SEAHAWKS SEASON

5TH ROUND (A) 1999

2000 GAMES/STARTS: 16/16

CAREER GAMES/STARTS: 16/16

MAY 5, 1976 (UPPER DARBY, PA.)

69

2000: Made his NFL debut at Miami (9/3) and started all 16 games at right guard. Part of the offensive line that did not give up a sack in back-to-back games at Atlanta (12/3) and at Denver

(12/10) for the first time in 324 games. Helped block for Ricky Watters when he surpassed the 10,000 yard career rushing mark at Atlanta (12/3).

P R O : Selected as the first of two fifth-round picks (140th

blocker with impressive quickness who has the speed to pull and get out in front on screens.

1999: Did not see any action, but was active for five games.

COLLEGE: The only Nittany Lions' offensive lineman to play in every game as a senior. Selected All-America third-team and All-Big Ten Conference first-team by the *Sports Network*. Recipient of the Richard Maginnis Memorial Award, given to the team's top offensive lineman. Moved from defensive tackle to offensive tackle following his sophomore season.

PERSONAL: *USA Today* and *Super Prep* All-American, Gatorade Circle of Champions Pennsylvania Player of the Year, *Associated Press* All-State selection and winner of the Maxwell Award, given to the state's top player, while at Upper Darby (Pa.) High. Also lettered in basketball, averaging over 20 points for his career. An accomplished cook, the Jamaican native relocated to Quebec, Canada, before moving to Philadelphia. Lives in Kirkland.

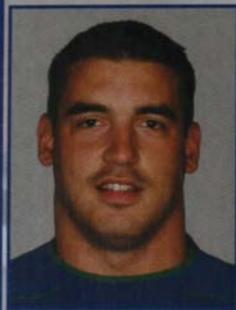
ON TUESDAYS...
Floyd doesn't miss his opportunities to spend time at the Seahawks Academy. He has been a favorite with the children at the annual Thanksgiving party.

overall) in the 1999 draft. A massive drive

WEDDERBURN'S NFL RECORD

Career Games Played/Started: 1999 (Seattle) 0/0; 2000 (Seattle) 16/16. Career: 16/16.

**~A JAMAICAN NATIVE AND 1999
 FIFTH-ROUND DRAFT PICK FROM
 PENN STATE, WEDDERBURN STARTED
 ALL 16 GAMES IN 2000, HIS SECOND
 SEASON WITH THE HAWKS~**



TODD WEINER

TACKLE

6-4 300

KANSAS STATE

4TH NFL SEASON

4TH SEAHAWKS SEASON

2ND ROUND 1998

2000 GAMES/STARTS: 16/6

CAREER GAMES/STARTS: 32/7

SEPTEMBER 16, 1975 (BRISTOL, PA.)

74

2000: Started the first six games at right guard, including his second career start at Miami (9/3). Split time with first-rounder Chris McIntosh until being replaced in the lineup vs. Indianapolis (10/15). Saw action on special teams the remainder of the season.

PRO: Second-round draft choice, 47th overall, in the 1998 draft. Has the agility and size to play both guard and tackle. **1998:** Reserve offensive lineman, who can play both guard and tackle. Saw first career action at Dallas (11/22) on special teams. Saw action on special teams versus Tennessee (11/29). Saw action at left guard for parts of two series at New York Jets (12/6) when Pete Kendall moved to center and Chris Gray left the game with a knee injury. Played on special teams versus Indianapolis (12/20). Inactive for eight games. **1999:** Made first career start in season opener versus Detroit (9/12), but left the game in the second quarter with an ankle injury. Was inactive the next six games. Returned versus Green Bay (11/1) but did not play. Saw first action since injury versus Cincinnati (11/7). Played special teams the remainder of season. Replaced Walter Jones for one play in fourth quarter versus Kansas City (12/26).

COLLEGE: Two-year starter at left tackle where he earned second-team All-America by *The*

Sporting News in 1997. Consensus All-Big 12 selection after guiding a ground attack that averaged 220.3 yards per game as a senior. Became a starter before his junior year. Played on the second unit in 1995 as a sophomore and the third team as a freshman. Redshirted in 1993.

PERSONAL: Two-time all-county selection and team MVP as a senior at Taravella High in Coral Springs, Fla. Played tight end and guard on offense and both tackle and end on defense. Majored in Social Science. Lives in Coral Springs, Fla., with his wife, Sunny (7/4/98), daughter, Audrey (1/26/00).

ON TUESDAYS...

Todd participated in Practice with the Pros, a youth football clinic held in Vancouver, Canada.

WEINER'S NFL RECORD

Career Games Played/Started: 1998 (Seattle) 6/0; 1999 (Seattle) 10/1; 2000 (Seattle) 16/6. Career: 32/7. Postseason: 1/0.

~WEINER WAS A KEY COMPONENT OF A SEAHAWKS SPECIAL TEAMS UNIT THAT PAVED THE WAY FOR CHARLIE ROGERS TO SET OR TIE 13 CAREER, SEASON AND SINGLE-GAME RECORDS IN 2000~



JAMES WILLIAMS

WIDE RECEIVER

5-10 188

MARSHALL

2ND NFL SEASON

2ND SEAHAWKS SEASON

6TH ROUND (A) 2000

2000 GAMES/STARTS: 10/0

CAREER GAMES/STARTS: 10/0

MARCH 6, 1978 (VICKSBURG, MISS.)

88

2000: Saw action in 10 games, including the season opener at Miami (9/3). Posted his first NFL catch for 9 yards against the Dolphins. Returned three kickoffs for 76 yards (25.3 avg.) vs. New Orleans (9/17) when Charlie Rogers did

not play. Saw extended playing time at Carolina after Derrick Mayes suffered a finger injury in warmups. Responded with two receptions for 31 yards with a long of 18. Declared inactive weeks 8-10 and weeks

13, 15 and 17, alternating fourth string wide receiver duties with Karsten Bailey. Caught two passes for 20 yards week 14 at Atlanta (12/3).

Rushed once for -5 yards at Miami (9/3).

PRO: Selected by the Seahawks with the first of three sixth-round picks, 175th overall, of the 2000 NFL Draft.

COLLEGE: Transferred to Marshall after two years at Hinds (Miss.) Community College. First-team All-Mid American Conference selection after catching 47 passes for 880 yards and 13 touchdowns his senior year. Also returned 15 kickoffs for a 32.9-yard average and one score. Recorded three games over 100 yards receiving, including a season-high 164 on four catches versus Miami (Ohio). During his junior campaign, he caught 26 passes for 591 yards (22.7 avg.) and four touchdowns, including a 91-yard score versus Troy State. Returned 12 kickoffs for a 25.2-yard average.

PERSONAL: Earned seven letters in football track and basketball at Warren Central High in Raymond, Miss. Earned the Most Valuable Player award on the track team. Also a member of the Marshall track team. Majored in sports management and marketing. Born in Vicksburg, Miss.

ON TUESDAYS...

James was on hand to support the Seahawks annual Blood Drive and Bone Marrow registration event.

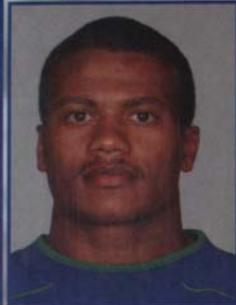
J. WILLIAMS' NFL RECORD

Club	G/S	Receiving				Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD
2000 Seattle	10/0	8	99	12.4	18	0	1	-5	-5.0	0
NFL TOTALS	10/0	8	99	12.4	18	0	1	-5	-5.0	0

SINGLE GAME HIGHS

Most Receptions: 2, 3 Times (Last at Atlanta, 12/3/00)
Most Yards: 31, 2 Times (Last vs. Indianapolis, 10/15/00)
Longest Reception: 18, at Carolina (10/8/00)

Most Touchdowns: None
Longest Touchdown: None



WILLIE WILLIAMS

CORNERBACK

5-9 181

WESTERN CAROLINA

9TH NFL SEASON

5TH SEAHAWKS SEASON

UFA (PITTSBURGH) 1997

2000 GAMES/STARTS: 16/15

CAREER GAMES/STARTS: 123/89

DECEMBER 26, 1970 (COLUMBIA, S.C.)

27

2000: Played all 16 games with 15 starts. Tied (Jay Bellamy) for the team-lead with four interceptions with one touchdown, a 69-yard jaunt at San Diego (9/24). It was his fourth career score and longest return of his career. Tied (Shawn Springs) for the team-lead in tackles vs. Buffalo (12/23) with eight stops (seven solo). Recovered a fumble vs. Indianapolis (10/22), his fourth career, that led to a Seattle touchdown. The following week he intercepted Rich Gannon at Oakland (10/22). Left the Kansas City (10/29) game in the third quarter with a shoulder stinger but returned in the fourth quarter in the nickel package. Did not start the next week but saw action in the final quarter at Jacksonville (11/12). Intercepted his third of the season vs. Denver (11/26) to halt a Broncos scoring opportunity in Seattle territory. Recorded his second career sack at Atlanta (12/3) causing a fumble that was recovered by Michael Sinclair. Sealed Seattle's comeback win vs. Oakland (12/16) intercepting Rich Gannon late in the fourth quarter.

PRO: Played his first four seasons with Pittsburgh after being drafted in the sixth round in 1993. Played 63 games with 30 starts and was credited with 167 tackles and had eight interceptions, three forced fumbles and two fumble recoveries for Pittsburgh. Led the AFC in interceptions in 1995 with seven. **1993:** Played 16 regular season and one postseason game as a reserve, despite breaking his wrist in game four. Credited with nine tackles on defense and six on special teams, including a forced fumble. **1994:** Played 16 games and both postseason contests. Made first career start at Pittsburgh as an extra defensive back. Led team with 19 special teams tackles, including 12 solo stops. Had five special teams tackles at San Diego (12/24). **1995:** Started 15 of 16 games, playing but not starting at Houston (9/10) in game two. Led the AFC and was third in the NFL with seven interceptions. Started the season as the starting right cornerback, then started 11 of 14 games at left cornerback. Started the other three games on the right side, versus Jacksonville (10/29), at Cincinnati

(11/19), and versus Houston (12/3). Picked off two passes versus San Diego (10/1) and returned one 63 yards for a touchdown. Also picked off two at Oakland (12/10) and had an interception and fumble recovery versus Cleveland (11/13) on consecutive series. Named AFC Defensive Player of the Month after recording 27 tackles, and three interceptions. Posted a career high 77 tackles, a total that led all defensive backs and finished third overall. Single-game best nine at Oakland (12/10). Started all three postseason games at left cornerback, including Super Bowl XXX. Led the secondary with 15 tackles, including a touchdown-saving stop in the AFC Championship Game. Had five tackles versus Dallas in the Super Bowl. **1996:** Played 15 games, starting 14, at right cornerback. Did not play at Jacksonville (9/1) because of a shoulder injury. Totaled 76 tackles, one off his 1995 single-season best and one interception. Had his first career sack, a forced fumble and four passes defended versus Houston (9/29). Started both postseason games and was credited with six tackles. **1997:** Started all 16 games at cornerback after signing as an unrestricted free agent from Pittsburgh on February 18. Recorded a career-high 12 tackles, including 11 solo, to help pace a 26-22 win over San Diego (9/21). Forced fumbles at Denver (11/2) and Oakland (12/14). Picked off his only pass of the sea-

son versus San Francisco (12/21). **1998:** Started 14 games at right cornerback. Helped

ON TUESDAYS...

Willie participated in the Seahawks annual Hometown Huddle program. Was a celebrity bowler to raise money for the Boys & Girls Club.

limit the Eagles (9/6) to just 63 yards passing in season opening victory over Philadelphia. Along with cornerback Shawn Springs, held the Eagles' receivers to just four catches. Tied for second on the team with five tackles. Scored the second touchdown of his career by returning an interception 28 yards for a score versus Arizona (9/13). The score was part of an NFL record 13 returned touchdowns by the Seahawks in 1998. Recorded seven tackles and a pass defended versus Washington (9/20). Had six solo tackles and two passes defended at Pittsburgh (9/27). Recorded four passes defended and finished tied for second with eight tackles versus Denver. Intercepted a pass versus Oakland (11/1). Inactive with a hamstring injury at Dallas (11/22), and with a foot injury versus San Diego (12/13).

1999: Played in 14 games with 14 starts. Was inactive versus Tampa Bay (11/28) with injury (concussion) and did not play (foot) versus San Diego (12/12). Registered 72 tackles (65 solo) and tied for the team lead with five interceptions, one which he returned 40 yards for a touchdown in season opener versus Detroit (9/12). Part of defense that led NFL with 30 interceptions, third highest total in the decade. Led team with 16 passes defended including three versus Detroit. Totaled five tackles (four solo), a pass defended and interception at Pittsburgh (9/26). Also picked off passes at San Diego (10/17) and at Green Bay

(11/1). Led team in tackles at Denver (12/19) with nine (eight solo). Also had and interception and three passes defended. Started at cornerback in playoff loss to Miami (1/9/00) and tallied six solo tackles and two passes defended.

HONORS: 1995, AFC Defensive Player of the Month for December.

COLLEGE: Three-year starter at Western Carolina. First-team All-Southern Conference choice as a senior after recording 62 tackles and one interception. Two time second-team pick. Had single-season bests of 87 tackles as a junior and three interceptions as a sophomore. Finished his career with 217 tackles, 41 passes defended, six interceptions, six tackles for loss, and a sack. Tackle totals set a school record for a defensive back. Passes defended were also a record. Majored in Sports Management.

PERSONAL: Member of the state championship team as a senior at Spring Valley High School in Columbia, S.C. Intercepted eight passes and averaged 30.0 on kickoff returns as a senior. Also played wide receiver and lettered in track. Owns a real estate company in Columbia. The Canaan Group. Willie and his wife, Melissa (5/22/93), have two sons, Dominique (8/6/95) and Donovan (11/17/99). Melissa has a degree in Office Administration from South Carolina. They live in Issaquah, Wash. Nicknamed Mighty Mouse.

W. WILLIAMS' NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1993 Pittsburgh	16/0	9	7	2	0.0	0.0	0	0	0.0	0	0	1	0	0
1994 Pittsburgh	16/1	5	5	0	0.0	0.0	0	0	0.0	0	0	2	0	0
1995 Pittsburgh	16/15	77	69	8	0.0	0.0	*7	122	17.4	63t	1	17	1	1
1996 Pittsburgh	15/14	76	66	10	1.0	9.0	1	1	1.0	1	0	19	2	1
1997 Seattle	16/16	67	58	9	0.0	0.0	1	0	0.0	0	0	5	2	0
1998 Seattle	14/14	66	53	13	0.0	0.0	2	36	18.0	28t	1	15	0	1
1999 Seattle	14/14	72	65	7	0.0	0.0	5	43	8.6	40t	1	16	0	0
2000 Seattle	16/15	60	51	9	1.0	8.0	4	74	18.5	69t	1	11	1	1
NFL TOTALS	123/89	432	374	58	2.0	17	20	276	13.8	69t	4	86	6	4

*AFC Leader

POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1993 Pittsburgh	1/0	2	2	0	0.0	0	0	0	0.0	0	0	0	0	0
1994 Pittsburgh	2/0	0	0	0	0.0	0	0	0	0.0	0	0	0	0	0
1995 Pittsburgh	3/3	15	11	4	0.0	0	0	0	0.0	0	0	4	0	0
1996 Pittsburgh	2/2	6	6	0	0.0	0	1	0	0.0	0	0	1	0	0
1999 Seattle	1/1	6	6	0	0.0	0	0	0	0.0	0	0	2	0	0
NFL TOTALS	9/6	29	25	4	0.0	0	1	0	0.0	0	0	7	0	0

SINGLE GAME HIGHS

Tackles: 12, vs. San Diego (9/21/97)
Sacks: 1.0, 2 Times (Last at Atlanta, 12/3/00)
Interceptions: 2, 2 Times (Last at Oakland, 12/10/95)
Forced Fumbles: 1, 6 Times (Last at Atlanta, 12/3/00)
Fumble Recoveries: 1, 4 Times (Last vs. Indianapolis, 10/15/00)

ADDITIONAL STATISTICS

Touchdowns: 1, 4 Times (all int.) (Last at San Diego, 9/24/00)
Special Teams Tackles: 1993 (6); 1994 (19); 1995 (2); 1996 (0); 1997 (0); 1998 (5); 1999 (6); 2000 (0); **Career:** (38).



CEDRIC WOODARD

DEFENSIVE TACKLE

6-2 311

TEXAS

2ND NFL SEASON

2ND SEAHAWKS SEASON

WAIVERS (BALTIMORE) 2000

2000 GAMES/STARTS: 0/0

CAREER GAMES/STARTS: 0/0

SEPTEMBER 5, 1977 (SWEENEY, TEXAS)

98

2000: Was declared inactive all 15 games after signing to the active roster September 5.

PRO: Signed as a free agent September 5, 2000. Woodard was taken as Baltimore's second (191st overall) of two sixth-round draft picks in the 2000 NFL Draft.

COLLEGE: Attended the University of Texas playing in 48 games with 35 starts. The four-year defensive lineman collected 189 tackles (112 solo), 40 tackles for loss and 12 sacks in his career as a Longhorn. Started 14 games as a senior and posted 47 tackles (29 solo), 14 tackles for loss, four sacks, caused three fumbles and had one fumble recovery. Shared the Longhorns' Outstanding Defensive Lineman Award his junior year after leading the team in tackles for loss with 19 and batting down 10 passes. Ranked third on the team with six sacks, all coming in the last three games along with 12 tackles for loss. Played his best game versus Texas A&M with a season-high nine tackles and career-high four sacks. Started a string of 35 consecutive starts beginning with the third game of his sophomore season. Posted a career-high 11 tackles versus Texas Tech. Played in nine games as a true freshman at defensive end. Started the season-

opener versus Missouri and totaled 18 tackles on the season.

PERSONAL: Earned first-team 3A All-State honors as offensive and defensive tackle at Sweeney (Texas) High School as a senior recording 126 tackles, 16 tackles for loss, five sacks, batting down six passes, causing three fumbles and recovering two fumbles. Led Sweeney

to a 12-2 record his senior year, a 10-0-1 record his junior year and an 11-1 record as a sophomore. Woodard's two cousins played in the NFL, wide receiver Elmo Wright (Kansas City, 1971-74) and linebacker Tracy Simien (Kansas City, 1991-93). Cedric Darnell Woodard has one son, Cedric Woodard II (2/9/00).

ON TUESDAYS...

Cedric wants to help more people learn about the effects of high blood pressure and how to control it.

WOODARD'S NFL RECORD

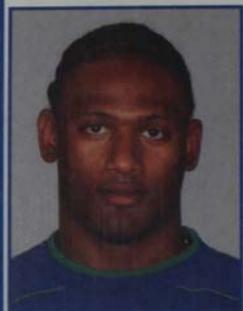
Club	G/S	Tackles			Sacks		Interceptions					PD	FF	FR	
		Tkl	So	Ast	QB	Yds	No Yds	Avg	LG	TD					
2000 Seattle	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
NFL TOTALS	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0

~TWELVE DRAFT PICKS FOR THE SEAHAWKS IN 2001 MARKED THE MOST SINCE SELECTING 11 IN 1992~

2001

DRAFT CHOICES

<u>RD</u>	<u>#</u>	<u>OVER ALL</u>	<u>POS</u>	<u>PLAYER</u>	<u>COLLEGE</u>
1	7	7		(to San Francisco for picks #9, #82 and #222)	
1	9	9	WR	KOREN ROBINSON (from San Francisco)	NC STATE
1	17	17	G	STEVE HUTCHINSON (from Green Bay)	MICHIGAN
2	9	40	CB	KEN LUCAS (from Dallas for WR James McKnight, 6/24/99)	MISSISSIPPI
3	20	82	FB	HEATH EVANS (from New Orleans through Green Bay and San Francisco)	AUBURN
4	9	104	LB	ORLANDO HUFF	FRESNO STATE
4	32	127	FS	CURTIS FULLER (Compensatory)	TEXAS CHRISTIAN
4	33	128	T	FLOYD 'PORK CHOP' WOMACK (Compensatory)	MISS. STATE
5	9	140	WR	ALEX BANNISTER	EASTERN KENTUCKY
6	9	172	QB	JOSH BOOTY	LOUISIANA STATE
6	28	191		(to San Francisco for picks #9, #82 and #222) (from Oakland)	
7	10	210	CB	HAROLD BLACKMON	NORTHWESTERN
7	22	222	T	DENNIS NORMAN (from St. Louis through Green Bay and San Francisco)	PRINCETON
7	37	237	DT	KRIS KOCUREK	TEXAS TECH



KOREN ROBINSON

WIDE RECEIVER

81

6-1 213

NORTH CAROLINA STATE

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

FIRST ROUND #9 (A) 2000

AUGUST 30, 1977 (FLORENCE, KY.)

PRO: Selected with the ninth pick in the first round of the 2001 NFL draft. Robinson, who passed up his final two seasons of college eligibility, became just the second receiver taken in the first round by Seattle and first since Joey Galloway was selected eighth overall in 1995. He is the 27th wide receiver drafted by the Seahawks. Became the Seahawks highest draft choice since Shawn Springs was selected third overall and Walter Jones sixth overall in 1997.

COLLEGE: Tied Torry Holt's all-time record with 14 100-yard games receiving, accomplishing the feat in just 22 games (Holt needed 41). Third on NCSU's career list with 15 touchdown catches, fourth in school annals with a 17.4-yard average per reception, fifth with 1,914 yards receiving and seventh with 110 receptions. Gained 560 yards on 24 kickoff returns and 312 yards with a pair of touchdowns on 28 punt returns. Added 110 yards on 28 carries, giving him 2,896 all-purpose yards for his career, the tenth-best total in Wolfpack history.

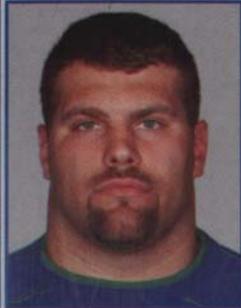
SOPHOMORE: All-American second-team and Biletnikoff semi-finalist as a sophomore at North Carolina State joining Torry Holt as the only players in school history to gain over 1,000 yards receiving in a season. Led the team with 62 receptions for 1,061 yards (17.1 avg.) and 13 touchdowns. Only Holt caught more passes (88 in 1998) in a season for the Wolfpack. Yards rank third on the school's season record list behind Holt (1,099 in 1997 and 1,604 in 1998). Set a school record with six consecutive 100-yard games and tied the season-record with eight games over the century mark. Also returned 20 kickoffs for 506 yards (25.3 avg.)

and 14 punts for 218 yards and an ACC-leading 15.6 average. Led team in scoring with 84 points—the third-best mark in school history. His 1,880 all-purpose yards rank second in team record books. Led the ACC in all-purpose yardage (170.9 ypg) and receptions per game (5.6). Started the season with six consecutive 100-yard games. Had a season-high nine receptions versus Virginia for 121 yards. Set a school bowl record with 327 all-purpose yards in the MicronPC.com Bowl versus Minnesota. Totaled seven receptions for season-high 157 yards in that game with a 23-yard touchdown. Also scored on a 19-yard reverse and gained 151 yards on six kickoff returns. **FRESHMAN:** Named the Atlantic Coast conference Rookie of the Year as a freshman while garnering ACC Player of the Week honors versus Duke and Georgia Tech. Tied a career-high 10 receptions for 129 yards and a 40-yard touchdown versus Duke.

Posted the team's longest play from scrimmage for the season, a 70-yard touchdown catch, hauling in five passes for a career-high 168 yards. Closed out the season tying a career-high catching 10 passes versus East Carolina. Red-shirted his first season with the Wolfpack.

PERSONAL: Named the Gaston Gazette's offensive Player of the Year and ranked the state's No. 41 prospect by the Fayetteville Observer-Times as a tailback at South Point (N.C.) High. Rushed for 1,700 yards and 22 touchdowns as a senior, including a career-best performance of 389 yards and three touchdowns as a junior. Also rushed for 222 yards and three touchdowns as a senior. Rushed for 893 total yards and 12 touchdowns, earning All-Southwest 3-A Conference honors as a defensive back.





STEVE HUTCHINSON

GUARD

6-5 311

MICHIGAN

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

FIRST ROUND #17 (B) 2001

NOV. 11, 1977 (FT. LAUDERDALE, FLA.)

76

PRO: Selected as the 17th overall pick in the first round of the 2001 NFL draft. Hutchinson is the second consecutive offensive lineman to be taken by the Seahawks in the first-round in as many drafts and the fourth in the last six drafts (Pete Kendall, 1996; Walter Jones, 1997; Chris McIntosh, 2000). He was the second of two first-round choices by Seattle (WR Koren Robinson, 9th overall), only the third time that has happened in team history. Seattle drafted CB Shawn Springs (3rd) and T Walter Jones (6th) in 1997, and RB Shaun Alexander (19th) and T Chris McIntosh (22nd) in 2000.

COLLEGE: A four-year letterwinner who started 46 of 47 career games played. Named captain his junior year and tri-captain his senior year. Hutchinson became the second player in Michigan history to garner first-team All-Big Ten Conference honors four times, joining defensive tackle Mark Messner (1985-88). Was named first team All-America his junior and senior seasons and earned freshman All-America accolades in 1997. **SENIOR:** Named first-team All-America by CNN/SI, The Sporting News, Football News, College Football News, ABS Sports, Walter Camp, Football Writers Association, American Football Coaches Association and The Sports Xchange. The All-Big Ten Conference pick was also a Lombardi Award finalist, given to the nation's top interior

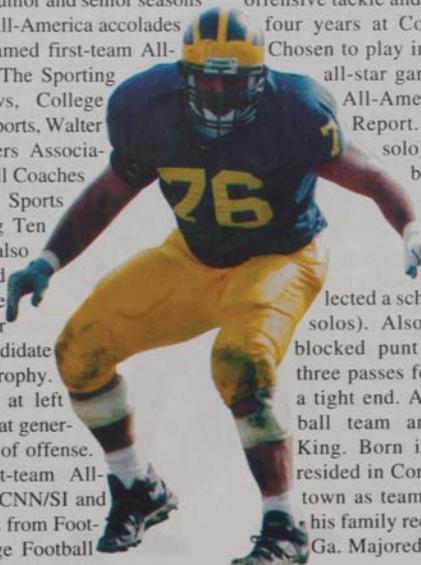
lineman and also a candidate for the Outland Trophy. Started all 12 games at left guard for an offense that generated over 5,300 yards of offense. **JUNIOR:** Earned first-team All-America selection by CNN/SI and second-team accolades from Football News and College Football

News. A unanimous first-team All-Big Ten pick and semifinalist for the Lombardi Award. Started and played in 11 games and helped the Wolverines average 264.8 passing yards per game. **SOPHOMORE:** All-Big Ten first-team selection who played in 12 games and started 11. Helped his team average 381.2 yards per game and made a touchdown-resulting block as Michigan rallied for 21 points in the final eight minutes in the Citrus Bowl. **FRESHMAN:** Named freshman All-America by The Sporting News after playing in all 12 games. Also named first-team All-Big Ten. Started his first career game vs. Colorado (9/13) and named ESPN Player of the Game for his play vs. Baylor (9/20). Redshirted as a freshman swifthing from defensive tackle to guard during spring drills.

PERSONAL: Named to USA Today's All-USA second-team and chosen to the Atlanta Journal's Top 100 in the Southeast as a senior offensive tackle and defensive end, starting all four years at Coral Springs (Fla.) High. Chosen to play in the Florida North-South all-star game and named third-team All-America by Prep Football Report. Posted 294 tackles (175 solo), 19 sacks, 11 forced fumbles, blocked two field goals and one blocked punt during his career. Served as team captain his senior year and collected a school record 110 tackles (77 solos). Also had 14 sacks and one blocked punt and field goal. Caught three passes for 63 yards (21.0 avg.) as a tight end. Also captained the basketball team and named Homecoming King. Born in Fort Lauderdale, Fla., resided in Coral Springs, Fla., the same town as teammate Todd Weiner, until his family recently moved to Blairville, Ga. Majored in general studies.

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KEN LUCAS

CORNERBACK

6-0 203

MISSISSIPPI

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

SECOND ROUND 2001

JANUARY 23, 1979 (CLEVELAND, MISS.)

26

PRO: Selected with the ninth pick in the second round (40th overall) of the 2001 NFL draft. The fifth highest cornerback taken by the Seahawks and highest since Shawn Springs was chosen third overall in 1997.

COLLEGE: Began Rebel career as a wide receiver before shifting to the defensive backfield as a junior. Finished career with 17 regular season starts as a cornerback, recording 85 tackles (59 solo) with seven interceptions and 33 pass deflections. **SENIOR:** Member of several All-American teams, he led the nation with a school-record 25 passes defended. An All-Southeastern Conference first-team selection, started every game at cornerback recording 42 tackles (27 solo) with three stops for losses. Led the team with five interceptions for 60 yards. Collected a season-high 10 tackles and two passes defended versus Auburn. Defelected three passes and returned an interception 13 yards. Posted five tackles, deflected three passes, intercepted another and did not allow a single reception versus Alabama. Had an SEC-record seven passes defended versus Nevada-Las Vegas, while coming up with four solo tackles and interception returns of 17 and 30 yards.

JUNIOR: Played in 10 games, starting seven at cornerback, including the Independence Bowl versus Oklahoma. Finished with 34 tackles (27 solo), deflected eight passes and intercepted two others for 24 yards. Returned his first career interception 24 yards and batted away another versus Tulane. Intercepted a pass, registered six tackles and posted three passes defended versus Arkansas. **SOPHOMORE:** Appeared in every game. Was a reserve receiver before shifting to cornerback later in the season. Finished with 12 receptions for 152 yards and 75 yards on a pair of reverses (37.5 avg.). Returned

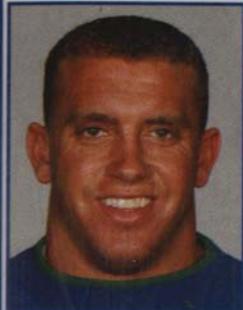
11 kickoffs for 185 yards and also had a 17-yard punt return. Recorded six tackles and blocked two kicks. Caught five passes for 72 yards versus Memphis. Saw action on offense, defense and special teams versus South Carolina. Posted three tackles, caught one pass for a 50-yard gain, gained 67 yards on a reverse and returned an on-side kick 8 yards. Versus Arkansas State, became the first player in Rebel history to block two punts in one game. Scored game's first touchdown on a 33-yard reception versus Texas Tech in the 1998 Independence Bowl. **FRESHMAN:** Played in every game as a true freshman, lining up at receiver. Caught nine passes for 96 yards and gained 3 yards on a reverse. Recorded three tackles on special teams and returned four kickoffs for 92 yards. Saw action in the Motor City Bowl versus Marshall returning three kickoffs for 53 yards.

PERSONAL: Earned first-team All-District honors at both wide receiver and kick returner, while picking up All-County honors at wide receiver and cornerback at East Side (Cleveland, Miss.) High. District Rookie of the Year as a freshman and voted team's Most Outstanding Player in 1994 and Most Valuable

Player in 1995. All-State wide receiver

who was selected to play in the Mississippi-Alabama All-State Game. Scored 12 touchdowns on special teams during his prep career and had over 1,800 yards rushing on 130 carries including 18 touchdowns. Had 40 career receptions for 1,100 yards and 12 scores. Credited with 72 career tackles and 10 interceptions during his four-year career. Also lettered four times in baseball, finishing with a .395 career batting average.





HEATH EVANS

FULLBACK

6-0 249

AUBURN

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

THIRD ROUND 2001

DEC. 30, 1978 (W. PALM BEACH, FLA.)

44

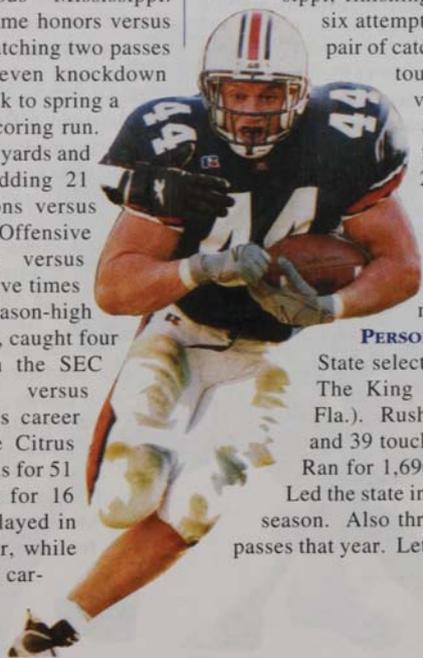
PRO: Selected in the third round (82nd overall) of the 2001 NFL Draft. The first fullback selected by Seattle since Reggie Brown in 1996, and the fourth highest selection used on the position.

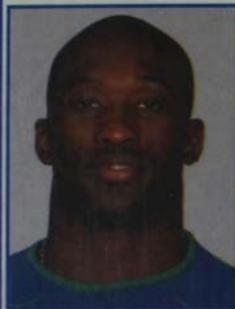
COLLEGE: Despite seeing action mostly as a blocker, managed to gain 626 yards on 149 carries with six touchdowns and 354 yards with a score on 30 receptions. Started 16 of 28 games played for Auburn. **JUNIOR:** Played in 12 games, starting eight at fullback. Collected 260 yards with a pair of touchdowns on 42 carries (6.2 avg.) and caught 15 passes for 107 yards. Rushed a season-high 10 times for 56 yards and a 6-yard touchdown versus Mississippi. Earned Player of the Game honors versus Northern Illinois after catching two passes for 18 yards, making seven knockdown blocks and a crucial block to spring a Rudi Johnson 56-yard scoring run. Rushed four times for 17 yards and a 9-yard touchdown, adding 21 yards on three receptions versus Louisiana Tech. Named Offensive Player of the Game versus Alabama after running five times for 55 yards. Gained a season-high 69 yards on eight carries, caught four passes for 45 yards in the SEC Championship Game versus Florida. Closed out his career versus Michigan in the Citrus Bowl with four receptions for 51 yards and three rushes for 16 yards. **SOPHOMORE:** Played in every game starting four, while leading the team with 93 car-

ries for 330 yards and a pair of touchdowns. Gained 96 yards on eight catches. Rushed 15 times for 68 yards and a 34-yard touchdown versus Arkansas. Gained 81 yards on 24 carries with an 8-yard score versus Central Florida. Closed out the season versus Alabama with a career-high 83 yards on 21 carries with an 18-yard reception.

FRESHMAN: Started at fullback in the team's first three games. Finished with 14 carries for 36 yards and a pair of touchdowns and caught seven passes for 151 yards and a score. Scored his first career touchdown on a 1-yard run versus Mississippi, finishing with 28 yards on six attempts and 38 yards on a pair of catches. Had a 54-yard touchdown reception versus Louisiana State. Closed out the season with a 23-yard catch and ran for a 1-yard touchdown versus Alabama. Red-shirted as a freshman.

PERSONAL: Two-time All State selection as a tailback at The King Academy (Miami, Fla.). Rushed for 2,294 yards and 39 touchdowns as a senior. Ran for 1,690 yards as a junior. Led the state in scoring in his final season. Also threw two touchdown passes that year. Lettered in basketball.





ORLANDO HUFF

LINEBACKER

6-2 246

FRESNO STATE

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

FOURTH ROUND (A) 2001

AUGUST 14, 1978 (UPLAND, CALIF.)

57

PRO: Selected as the first of three fourth-round picks (104th overall) for the Seahawks in the 2001 draft. The fifth highest outside linebacker selected by Seattle and highest since Terry Wooden was selected in the second round in 1990. Joins Seahawks linebackers Marcus Bell and Isaiah Kacyvenski who were both selected in the fourth round of the 2000 draft.

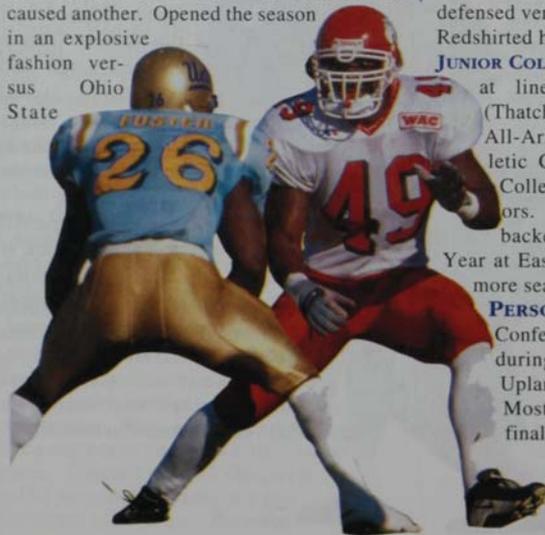
COLLEGE: Originally began playing college ball at Eastern Arizona junior College, before transferring to Fresno State, where his brother performed on the wrestling team. Finished his career with 191 tackles, 14 quarterback sacks for 85 yards and 22 stops behind the line of scrimmage. **SENIOR:** All-Western Athletic Conference first-team choice after starting every game and leading the team with 105 tackles, 10 sacks for 54 yards and 17 stops for losses of 78 yards. Had at least one sack in eight games. Recovered two fumbles and caused another. Opened the season

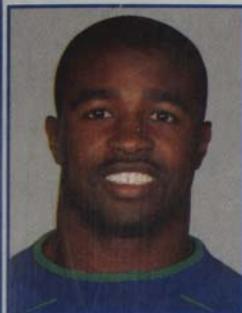
in an explosive fashion versus Ohio State

sacking Steve Bellisari for an 8-yard loss, causing a fumble on the play which he recovered, advancing the ball 46 yards. Also collected 10 tackles and a pass defended in that game. Registered 10 tackles and two sacks versus UCLA before collecting a season-high 14 stops, including a sack, versus Texas Christian. Closed out his career with 11 tackles versus Air Force in the Silicon Valley Bowl. **JUNIOR:** Played in every game and started eight earning All-Western Athletic Conference first-team selection. Finished tied for second on the team with 86 tackles with four sacks. Also forced and recovered one fumble and had two passes defended. Had a sack in his first game for the Bulldogs versus Portland State. Earned WAC Player of the Week honors versus Colorado State after posting 14 tackles and a sack. Registered 10 tackles and a sack versus Southern Methodist and came up with five tackles and a pass defended versus Utah in the Las Vegas Bowl. Redshirted his first season for the Bulldogs.

JUNIOR COLLEGE: Spent two seasons starting at linebacker for Eastern Arizona (Thatcher, Az.) Junior College. Earned All-Arizona Community College Athletic Conference and Arizona Junior College All-American first-team honors. Named Most Valuable Linebacker and Defensive Player of the Year at Eastern Arizona during his sophomore season.

PERSONAL: First-team All-Baseline Conference and All-Southern Selection during his career as a linebacker at Upland (Cal.) High earning Defensive Most Valuable Player accolades his final two years.





CURTIS FULLER

FREE SAFETY

5-10 180

TEXAS CHRISTIAN

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

FOURTH ROUND (B) 2001

JULY 25, 1978

(N. RICHLAND HILLS, TEXAS)

29

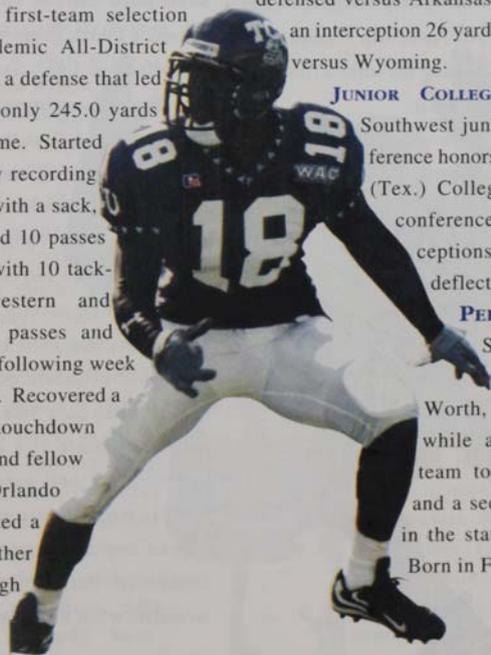
PRO: Selected as the second of three fourth-round picks (127th overall) for the Seahawks in the 2001 draft. The second highest pick ever used on a free safety for the Seahawks, behind Larry Whigham who was also selected in the fourth round (110th overall) in 1994, and is the first free safety drafted by the team since T.J. Cunningham in 1996.

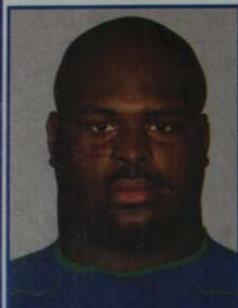
COLLEGE: Played three seasons for the Horned Frogs after transferring from Trinity Valley (Tex.) College. Started 32 of 33 games for TCU and finished his career with 257 tackles (192 solo), three interceptions and 19 passes defended. **SENIOR:** An All-Western Athletic Conference first-team selection and First-team Academic All-District pick. A key figure of a defense that led the nation, allowing only 245.0 yards and 9.6 points per game. Started all year at free safety recording 82 tackles (63 solo) with a sack, a fumble recovery and 10 passes defended. Credited with 10 tackles versus Northwestern and deflected a pair of passes and posted nine stops the following week versus Arkansas State. Recovered a fumble setting up a touchdown versus Fresno State and fellow 2001 draftee LB Orlando Huff. Also intercepted a pass, deflected another and made a career-high

13 tackles. Closed out his career with six tackles and pair of pass breakups versus Southern Mississippi in the Mobile Alabama Bowl. **JUNIOR:** Selected All-Western Conference first team by the *Dallas Morning News* and second-team honors from the league's coaches. Finalist for the NCAA's outstanding Sports Person of the Year Award after starting all season at free safety, ranking second on the team with a career-high 94 tackles (66 solo). Had one interception, nine passes defended, two fumble recoveries and a forced fumble. Registered 14 tackles and a pass defended versus Arkansas State. Returned an interception 26 yards for a touchdown versus Wyoming.

JUNIOR COLLEGE: Earned All-Southwest junior College Conference honors at Trinity Valley (Tex.) College as he led the conference with nine interceptions and 21 pass deflections.

PERSONAL: All-Star selection at Trinity Christian (Fort Worth, Texas) High while after leading the team to an 11-3 record and a second-place finish in the state polls in 1995. Born in Ft. Worth, Texas.





FLOYD "PORK CHOP" WOMACK

TACKLE

77

6-4 330

MISSISSIPPI STATE

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

FOURTH ROUND (C) 2001

NOV. 15, 1978 (CLEVELAND, MISS.)

PRO: Selected as the third of three fourth-round picks (128th overall) for the Seahawks in the 2001 draft. His selection marked the sixth consecutive draft that Seattle has selected at least one tackle, and marks the 25th tackle that the Seahawks have drafted in 26 seasons.

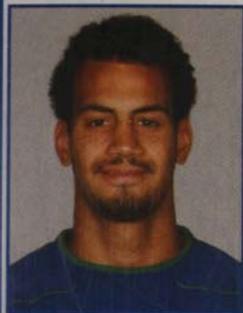
COLLEGE: Anchored the tackle position for the Bulldogs since his sophomore year, starting 29 consecutive games. His emergence as a pass protector saw the MSU aerial game generate 6,358 yards during his tenure as a starter. **SENIOR:** Walter Camp Foundation and Associated Press All-American second-team selection, despite missing the team's final five games. A consensus All-Southeastern Conference first-team



choice, he started the first six games at left tackle, helping the offense amass 4,250 yards, collecting an impressive 63 knockdowns in that span. Graded at least 90% for blocking consistency in every game he played in.

JUNIOR: Started every game at left tackle as the offense totaled 3,562 yards en route to a 9-2 record. Helped offense gain a season-high 454 yards versus Vanderbilt. **SOPHOMORE:** Moved into the starting lineup at left tackle, helping the offense average 322.5 yards per game. **FRESHMAN:** Was originally scheduled to redshirt, but was forced into action by the season's fourth game when injuries depleted the offensive line. Saw action in the South Carolina, Mississippi and Auburn contests.

PERSONAL: A first-team, All-District 3-4A selection following his standout senior season at East Side (Cleveland, Miss.) High and was named Co-Most Valuable Player in Bolivar County. Considered one of the top players in Mississippi by several publications. Helped lead East Side to a two-year 19-3 record. Started at offensive guard during his junior season when East Side posted an 8-2 record. Moved to tackle as a senior, and helped his school to its best-ever record, 11-1, and a berth in the post-season playoffs. Nicknamed "Pork Chop" by his mother who thought Floyd resembled Pork Chop Cash, a local pro wrestler, when Floyd was a baby.



ALEX BANNISTER

WIDE RECEIVER

6-5 201

EASTERN KENTUCKY

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

FIFTH ROUND 2001

APRIL 23, 1979 (CINCINNATI, OHIO)

18

PRO: Selected in the fifth round (140th overall) of the 2001 NFL Draft. One of two receivers taken in the draft by Seattle (Koren Robinson).

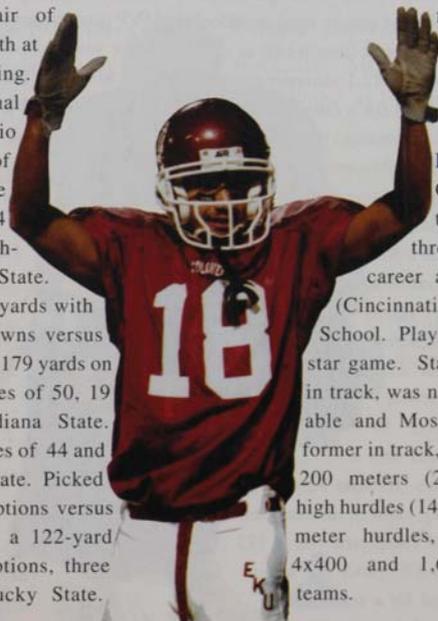
COLLEGE: Finished career third on the school's all-time list with 144 receptions, and second with 22 touchdown receptions. Touchdown total was just five shy of the EKU record. Gained 2,142 yards in his four-year career. **SENIOR:** Led team with a career-high 71 receptions for 1,122 yards and 12 touchdowns. Receptions and yards rank as the second highest single-season total in school history. Twelve touchdowns set a school record for most touchdowns in a single season. Averaged 102.0 yards per game receiving and added 8 yards on a pair of

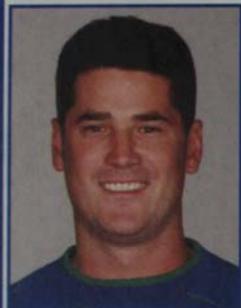
reverses. Had six games with at least 100 yards receiving. Earned USA Today National Player of the Week and Ohio Valley Conference Player of the Week honors as he caught 16 passes for 224 yards and a 44-yard touchdown versus Murray State. Caught nine passes for 180 yards with 15, 35 and 6-yard touchdowns versus Tennessee-Martin and gained 179 yards on seven receptions with scores of 50, 19 and 79 yards versus Indiana State. Totaled 125 yards with scores of 44 and 21 yards versus Glenville State. Picked up 108 yards on eight receptions versus Southeast Missouri before a 122-yard performance on four receptions, three touchdowns, versus Kentucky State.

JUNIOR: Finished second on the team with 44 receptions for 661 yards and eight touchdowns. Had three 100-yard games. Had six receptions for 105 yards versus Appalachian State and had five catches for 110 yards, including a 46-yard touchdown versus Southeast Missouri. Gained 115 yards on six catches with scores of 36 and 45 yards versus Tennessee-Martin. **SOPHOMORE:** Caught 23 passes for 320 yards and a pair of touchdowns. Scored his first career touchdown on a 12-yard reception, finishing the day with 115 yards on seven receptions versus Murray State. Had four catches for 74 yards, including a 24-yard touchdown versus Tennessee Tech. **FRESH-**

MAN: Saw action in five games as a true freshman and had five receptions for 43 yards.

PERSONAL: All-Conference selection during his three-year football career at Hughes Center (Cincinnati, Ohio) High School. Played in the area all-star game. Standout performer in track, was named Most Valuable and Most Improved Performer in track, competing in the 200 meters (21.0), 100-meter high hurdles (14.7), 110- and 300-meter hurdles, 4x100, 4x200, 4x400 and 1,600-meter relay teams.





JOSH BOOTY

QUARTERBACK

6-2 217

LOUISIANA STATE

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

SIXTH ROUND 2001

APRIL 29, 1978 (SHREVEPORT, LA.)

2

PRO: Selected by the Seahawks in the sixth round (172nd overall) of the 2001 NFL Draft. The second quarterback to be drafted by Mike Holmgren in three seasons joining Brock Huard who was selected in the third round in 1999. The 11th quarterback selected by the Seahawks, he is the fifth highest choice used on the position.

COLLEGE: Played in 20 regular season games during his two-year career, starting 17 contests. Finished sixth on the school's career-record list with 307 completions of 623 passes for 3,951 yards and seventh with 24 touchdown passes. **SENIOR:** All-Southeastern Conference first-team selection, becoming the first LSU quarterback to earn that honor since 1989. Played in 10 games, starting nine connecting on 145 of 290 passes for 2,121 yards (seventh-best season total in school history) and 17 touchdowns (fourth-best in LSU history), while averaging 212.1 yards per game in total offense. Passed for a career-high 291 yards on 12 of 15 passing, including two touchdowns, versus Western Carolina.

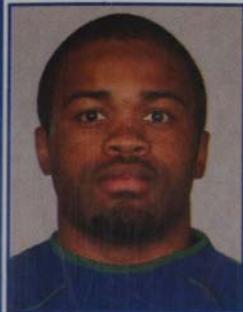
JUNIOR: Appeared in 10 games, starting eight in his first year with the Tigers and completed 162 of 333 pass attempts for 1,830 yards and seven touchdowns. Passed for a season-high 285 yards and a touchdown on 29 of

58 throws. Completed 22 of 38 passes versus Ole Miss for 256 yards and three touchdowns, including a pair of 27-yard scores to his brother, Abram.

PERSONAL: Parade National Player of the Year and USA Today Offensive Player of the Year in 1993 after setting a national prep record for most passing yards with 11,700 and most touchdowns with 126 while at Evangel Academy (Shreveport, La.). Also set a national record for most passing attempts in a career with 1,400. As a senior in 1993, he completed 175 of 334 passes for 3,054 yards and 43 touchdowns. Led Evangel to Class A state championship and was Class A Offensive Player of the Year in 1993. Passing record broke that of Chad Davis of San Diego (9,932 yards). All-District quarterback for four seasons; District MVP quarterback from his sophomore through senior years; All-State quarterback and MVP in his junior and senior seasons. Was a four-time All-District and All-State choice in

baseball as a shortstop. Was the starting shortstop for the USA Junior Olympic National Team (silver medalist). Played five seasons in the Florida Marlins' organization, including 13 games with the major league club. Was the fifth overall pick by the Marlins in the 1994 major league draft. Was the team's starting third baseman to open the 1998 season as Bobby Bonilla recovered from an injury. Final major league statistics: 13 games, 26 at bats, 3 runs, 7 hits, 4 RBI, 1 double, 4 walks and 9 strikeouts.





HAROLD BLACKMON

SAFETY

5-11 208

NORTHWESTERN

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

SEVENTH ROUND (A) 2001

MAY 20, 1978 (CHICAGO, ILL.)

6

PRO: Selected by the Seahawks as the first of three seventh-round picks (210th overall) of the 2001 NFL Draft.

COLLEGE: Started 41 of 47 career games played for the Wildcats. Finished four-year career with 161 tackles (114 solo), 10 picks, seven forced fumbles, one fumble recovery and 48 passes defended. Redshirted his true freshman year. **SENIOR:** Started all 12 games and was an All-Big Ten first-team pick by The Sporting News and The Sports Xchange. Posted 22 passes defended which broke his own record (17) set his junior year. Set career-highs with 49 tackles (40 solo) and five interceptions, along with a pair of forced fumbles.

Set a career-high with nine tackles vs. Michigan. **JUNIOR:** Started all year at left corner, posting 48 tackles (31 solo), one forced fumble, one fumble recovery and 17 passes defended. Had two interceptions on the year.

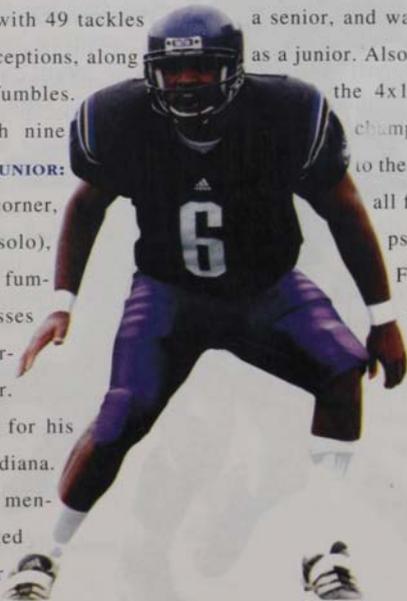
Returned one 75 yards for his only career score vs. Indiana.

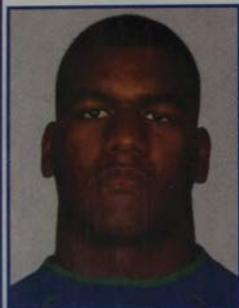
All-Big Ten honorable mention. **SOPHOMORE:** Started 12 games at left corner

and recorded 37 tackles (22 solo) and a career-high three forced fumbles. Intercepted two passes and had seven passes defended. **FRESHMAN:** Moved in to the starting lineup midway through the season, starting the final six games. Posted 27 stops (21 solo) with one forced fumble and two passes defended. Recorded his first interception vs. Illinois.

PERSONAL: Attended Leo High in Chicago. Blue Chip Illustrated All-American and All-Midwest Region pick, adding first-team All-Catholic League accolades as

a senior, and was a second-team pick as a junior. Also ran track. Member of the 4x100 meter state track championship team. Named to the high school honor roll all four years. Majored in psychology. Son of Flora Gardner and Harold Blackmon, Sr. Born in Chicago, Ill.





DENNIS NORMAN

TACKLE

6-5 307

PRINCETON

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

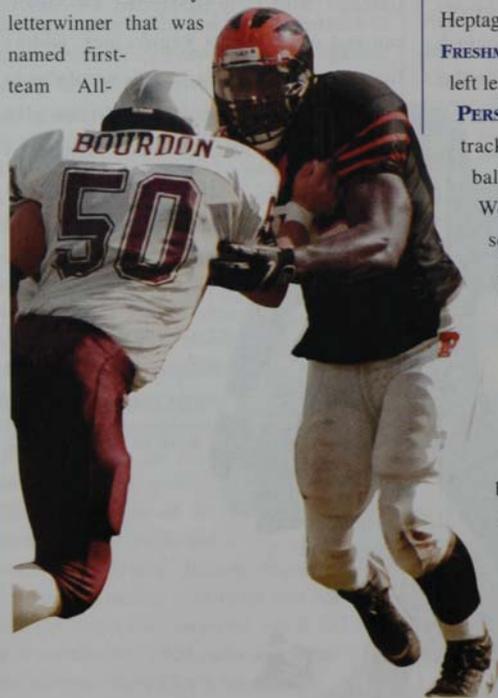
SEVENTH ROUND (B) 2001

JANUARY 26, 1980 (MARLTON, N.J.)

68

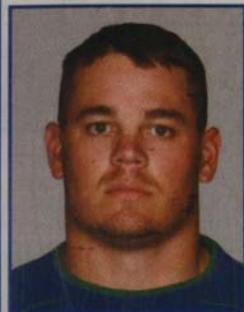
PRO: Selected as the second of three seventh-round draft picks, 22nd in the round (222nd overall). One of four players to be named All-Ivy League three times (Derek Graham, Damani Leech, Matt Evans). Only tackle ever drafted from Princeton and the sixth player overall. First Princeton player chosen since Judd Garrett by Philadelphia in 1990. Second-highest choice ever from Princeton (center Jon Schultheis was chosen in the seventh-round, 182nd overall, by Philadelphia).

COLLEGE: A three-year letterwinner that was named first-team All-



Ivy League his final three seasons. Started 26 of 29 career games played after missing his freshman year due to a broken left leg. **SENIOR:** Started and played all 10 games at right tackle. Named first-team All-Ivy League and played in the Christmas Day Blue-Gray All-Star game. **JUNIOR:** Started and played in nine games. Missed Penn game due to knee injury. Named first-team All-Ivy League. **SOPHOMORE:** Moved into starting lineup in the fourth game of the season and started seven of 10 games. Named first-team All-Ivy League and won the Heptagonal championship in discus (168-8). **FRESHMAN:** Missed entire season due to broken left leg suffered in preseason drills.

PERSONAL: A three-time letterwinner in track, and two-time letterwinner in basketball and football at Cherokee (N.J.) High. Won Group IV discus championship senior year and was named All-South Jersey in track. Member of the National Honor Society and a National Merit Scholar. Born January 26, 1980. Parents are Dennis Norman, Sr. and Linda Bethea. Father graduated Widener and mother graduated Richard Stockton. Has two younger brothers, Charles and Matthew, and one younger sister, Aimee. Majored in computer science engineering. Born in Philadelphia, Pa.



KRIS KOCUREK

DEFENSIVE TACKLE

6-4 293

TEXAS TECH

ROOKIE NFL SEASON

1ST SEAHAWKS SEASON

SEVENTH ROUND (C) 2001

NOVEMBER 15, 1978 (CALDWELL, TEXAS)

67

PRO: Picked as Seattle's last choice of the draft with the third of three seventh-round selections (237th overall, compensatory).

COLLEGE: Four-year letterman who started the past three seasons. Played in 43 career games, posting 270 tackles (108 solo) and 5.5 sacks (29 yards). **SENIOR:** Started and played in all 12 games, recording 81 tackles (36 solo), good for eighth on the team. Also had 3.0 sacks (12 yards), one forced fumble and one blocked kick. **JUNIOR:** Started 10 games on the defensive front and missed the Oklahoma State game due to a separated shoulder, snapping his 16-game consecutive games started streak. Led all defensive tackles and sixth on the team with 70 tackles. Tied a career-high with 12 tackles at North Texas and added 10 vs. Iowa State for his two biggest games.

Named to the Big 12 Commissioner's Honor Roll.

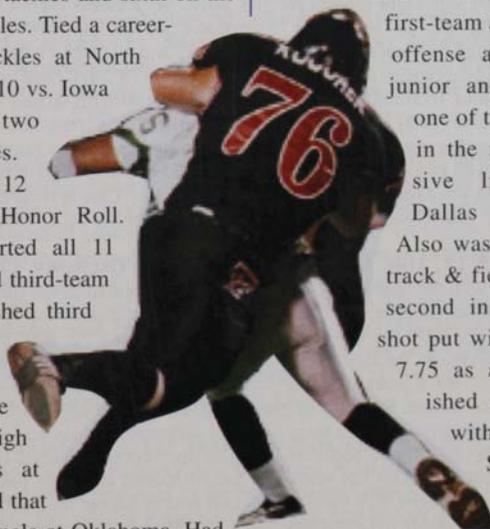
SOPHOMORE: Started all 11 games and named third-team All-Big 12. Finished third on the team with 87 tackles (32 solo) and had one sack. Set career-high with 12 tackles at Texas A&M. Tied that mark in season finale at Oklahoma. Had

nine stops and one sack vs. Fresno State. Also had nine stops vs. Oklahoma State and Missouri. Named All-Big 12 academic honorable mention. **FRESHMAN:** Played in 10 games and recorded season-highs with six tackles at Nebraska and at Texas. Picked up two fumbles vs. Texas A&M and tallied first career sack at Oklahoma State. Finished the season with 32 tackles and tied for the Big 12 lead in fumble recoveries (3). Named to the Commissioner's Honor Roll.

PERSONAL: Attended Caldwell (Texas) High where he was class 3A first-team all-state selection and the district 19-3A most valuable player. Earned

first-team all-district on both offense and defense as a junior and senior. Named one of the top 100 players in the state as an offensive lineman by the Dallas Morning News. Also was a member of the track & field team. Finished second in the state in the shot put with a throw of 60-7.75 as a senior and finished third as a junior with a throw of 60-10.

Son of Greg and Jody Kocurek. Born November



ADDITIONAL FREE AGENT BIOS

JOE BROWN, DT, 6-6, 288, ROOKIE, OHIO STATE (TUSCON, ARIZ.)



Played in all 49 games during four-year career with 19 starts. Saw most action during his senior season in short-yardage and goal-line situations. Collected eight (two solo) tackles and one sack. Playing with a shoulder injury during his junior year, he had 17 tackles (10 solo) and one sack. Had a season-high three tackles versus Penn State. Started all 12 games despite a broken thumb as a sophomore. Had 21 tackles (12 solo), two sacks and recorded a season-high five stops vs. Michigan State. Played in all 13 games and started five of the last seven as a freshman. Ranked second among freshman with a career-high 23 tackles (15 solo). Had two sacks and a forced fumble. Son of Ron and Debra Brown. Born March 5, 1977 in Columbus, Ohio and moved to Tucson, Ariz. as a child.

DONNIE CALDWELL, S, 5-11, 187, 1ST YEAR, WESTERN ILLINOIS (LAWTON, ILL.)



Originally signed as a free agent by the Albany Firebirds (AFL) in 1999 as a defensive back and wide receiver but was not activated for the season. Signed as a free agent by the Chicago Bears in 2000 and then allocated to the Berlin Thunder of the NFL Europe League. Played for the NFL's New York/New Jersey Hitmen earlier this year with current teammate Tawambi Settles. Recorded 10 solo tackles and two interceptions. Had "Big Time" on the back of jersey because he's a big time player and refers to people as "big time." Played two seasons at Western Illinois after transferring from Northeast Oklahoma A&M. Totalled 155 tackles, nine interceptions, two sacks and 18 passes defended in his two-year career. Named first-team All-Gateway as a senior at both defensive back and return specialist. Posted 75 tackles with seven interceptions and returned 20 kickoffs for 452 yards and 40 punts for 465 yards and one score. Recorded 80 tackles as a junior, ranking him fourth on the team. Named Most Valuable Player at NE Oklahoma A&M while setting a school record with nine interceptions in one season. Saw action at defensive back, wide receiver and return specialist. Majored in accounting. Has one son, Caleb (7/15/99). Resides in Lawton, Okla. Born October 26, 1977 in Columbia, S.C.

KERWIN COOK, WR, 6-1, 171, ROOKIE, TULANE (FERRIDAY, LA.)



A four-year letterwinner who started 25 of 36 career games. Hauled in 111 career passes for 1,533 yards (13.8 avg.) with 14 touchdowns. Ranked third on the team his senior season with career-highs in catches (48), yards (624) and touchdowns (6) playing all 11 games and starting 10. Had his third career 100-yard game at UL Lafayette (10/7/00) with eight catches for 103 yards. Set a career-high with 10 receptions at Louisville later that season for 72 yards and one touchdown. Played only five games his junior season, missing the final six due to a back injury and totaled 16 receptions for 203 yards with three scores. Had nine catches for a career-high 171 yards (19.0 avg.) and two scores his sophomore season vs. Louisiana Tech and followed that performance with his second 100-yard game with four catches for 123 yards (30.8) vs. BYU in the Liberty Bowl. As a freshman, made his collegiate debut in the team's fourth game vs. Army and caught his first career touchdown pass. Tallied 20 catches for 301 yards with two scores that season. Graduated Ferriday High third in class with a 3.8 grade point average and was a member of National Honor Society. Cousin is current Grambling head coach and former NFL quarterback Doug Williams. Born December 21, 1979 in Natchez, Miss.

WADE DAVIS, CB, 5-11, 180, 1ST YEAR, WEBER STATE (AURORA, COLO.)



Signed with the Seahawks April 9, 2001 and allocated to the Berlin Thunder of the NFL Europe League. Originally signed with Tennessee May 8, 2000 and released August 28, 2000. Resigned with the Titans February 22, 2001 but waived April 4, 2001. Played in the East-West Shrine Game and Hula Bowl after the 2000 season. Started all three years at Weber State, earning All-Big Sky honorable mention after his senior season. Started nine games and had a career-high 64 stops (40 solo), three sacks and one fumble recovery. Led the team in passes defended with six his junior year. Also tallied 40 tackles (25 solo), one fumble recovery and three interceptions. Started 10 games his sophomore year and recorded 38 tackles (28 solo), one forced fumble and eight passes defended. Also blocked two PATs and averaged 20.9 yards per kickoff return. Sat out the 1996 season after transferring from Mesa State College in Grand Junction, Colo. Majored in business administration/marketing. Born July 20, 1977.

KURTIS DOERR, P, 6-1, 219, ROOKIE, OREGON (WATERFORD, WIS.)

Punted for two years at Oregon after transferring from Glendale Community College. Ranked fourth in the Pacific 10 Conference his senior year with a 40.7-yard average on 68 kicks for 2,768 yards. Also had 25 kicks land inside the 20 with a long of 61. Booted a career-high 75 yarder his junior year. Kicked 59 times for 2,460 yards (41.7 avg.) with 19 landing inside the 20, good for second-team All-Pac-10 notoriety. The former high school quarterback averaged 43.3 yards per punt (20-892 yards) as a sophomore at Glendale CC. Was a 1998 second-team All-Western States Football League choice. Son of Kurt and Laurie Doerr. Born on June 25, 1978 in Burlington, Wis.

JERRY DORSEY, WR, 6-1, 188, ROOKIE, INDIANA (HOPKINSVILLE, KY.)

Started for two seasons at Indiana after transferring from Community College of San Francisco. Second on the team in 2000 with 27 receptions for 514 yards and three scores. Led the team his junior year with six touchdown catches and second on the team with 31 catches for 602 yards. Had five catches for 154 yards vs. Michigan, including a career-long 70-yard touchdown reception. As a sophomore, finished second nationally among junior college wide receivers with 83 catches for 1,345 yards and 16 touchdowns. Born January 28, 1978.

DWAN EPPS, LB, 6-1, 242, 1ST YEAR, TEXAS SOUTHERN (FRIENDSWOOD, TEXAS)

Allocated to the Amsterdam Admirals of the NFL Europe League in Spring 2001. Originally signed with Seattle April 28, 2000 but season was cut short due to a torn achilles tendon and placed on injured reserve for the season. Was a three-year letterman at Texas Southern. Posted 21 tackles, one sack and two passes defended as a junior. Named to the Southwestern Athletic Conference second-team in 1998. Started 11 games as a sophomore and finished fourth on the team with 56 tackles and two sacks. Also had his first interception of his career and returned a fumbled two-point conversion for two points the other way vs. Morgan State. Led freshmen in tackles with 53 his first season. Added three sacks, one forced fumble and four passes defended. Son of Willie and Shereley Epps. Studied environmental engineering. Born January 18, 1977.

TODD FLOYD, WR, 6-3, 197, 1ST YEAR, UNLV (RENO, NV.)

Signed as a free agent with the Seahawks June 6, 2001. Originally signed as an undrafted free agent with Jacksonville April 24, 1998, but was released following training camp. Played with Frankfurt in NFL Europe in 1999, before signing with the Buffalo Bills on July 14, 1999. Went to training camp, but didn't make the squad. Returned to Frankfurt for the 2000 NFL EL season and went back to camp with the Bills that summer, but was once again released following camp. Finished his college career with 77 receptions for 1,039 yards and nine touchdowns. Switched from quarterback and punter to wide receiver as a sophomore at UNLV. Named honorable mention All-USA Today selection at McQueen High in Reno, Nevada. Named the 1992 Nevada Player of the Year and first-team All-State after breaking the school's single-season records with 1,800 yards passing and 25 touchdowns.

LLOYD GARDEN, FB, 5-10, 234, ROOKIE, CINCINNATI (AKRON, OHIO)

A three-year letterwinner who played all 34 career games with 18 starts. Used primarily as a blocker in short-yardage situations, with five of six career scores from 1-yard out. Played in all 12 games and started the final eight his last season. Rushed 19 times for 77 yards and matched a career-high with eight attempts vs. Alabama-Birmingham. Played all 11 games and started eight his redshirt sophomore season. Four of his five scores were from 1-yard out and had a season-high 29 yards on three carries vs. Louisville, including an 8-yard scoring jaunt. Finished with 27 carries for 76 yards. Saw action in all 11 games his first season and started two. Carried 36 times for 155 yards and one touchdown. Redshirted his freshman season. Three-time all-state at Copley (Ohio) High. Son of Howard and Gloria Garden. Majored in criminal justice. Born October 29, 1977 in Akron, Ohio.

SHAYNE GRAHAM, K, 6-0, 192, 1ST YEAR, VIRGINIA TECH (DUBLIN, VA.)

Signed with the Seahawks as a free agent April 27, 2001. Originally signed as an undrafted rookie free agent by the New Orleans Saints June 30, 2000 but waived August 22, 2000. The all-time leading scorer in Big East history with 371 points. Just the second player (Donovan McNabb) to be named first-team All-Big East four consecutive seasons. Led the conference (7th nationally) and broke the school's single season scoring mark with 107 points his senior season. Named Big East Special Teams Player of the

Year. Set school standard for PATs attempted and made in one season connecting on 56 of 57 and holds the school and conference record with 97 consecutive PATs made. Good on 17 of 22 field goals, including eight of 12 from 40+. Made career-long 53 yarder his junior year and was three of nine from 50+ for his career. Finished four-year career connecting on 68 of 93 (73.1%) field goals. Son of Jamie Trail and Thomas Graham. Born Michael Shayne Graham, December 9, 1977 in Radford, Va.

LADAIRS JACKSON, DE, 6-2, 261, ROOKIE, OREGON STATE (DALLAS, TEXAS)



Signed April 27, 2001, as an undrafted rookie free agent by the Seahawks. Spent two years at Oregon State totalling 86 tackles (69 solo), 15.5 sacks, two forced fumbles and one interception. Started all 12 games at defensive end and posted a school record 11.5 sacks (3rd Pac-10). Named honorable mention All-Pac-10. Played in all 12 games and started the first four of his junior campaign. Finished with 34 tackles (28 solo), four sacks and one forced fumble. Attended El Camino College in Torrance, Calif. and named to the JC Grid-Wire All-America first-team as a senior. Finished his two-year career with 83 tackles. Recorded 67 tackles (27 solo), seven sacks, four forced fumbles, four fumble recoveries and one interception as a senior. Selected first-team All-Mission Conference, Northern Division for his efforts. Son of Michael and Karen Jackson. Married, Bobbi (7/29/00) and has one daughter, Kyla (9/5/00). Born June 16, 1979 in Denver, Colo. but played high school ball at Alsik High in Alief, Texas.

DWAUNE JONES, WR, 6-0, 191, 1ST YEAR, RICHMOND (WASHINGTON, D.C.)



Signed to the Seahawks practice squad December 12, 2000. Spent the offseason with the Berlin Thunder of the NFL Europe League. Originally signed by the Cleveland Browns as an undrafted rookie free agent on April 17, 2000. Released by the Browns Aug. 21 during training camp. He was a three-year starter and four-year letterman for Richmond. Posted 148 receptions for 2,034 yards with 15 scores during his career. An All-Atlantic 10 Conference pick with 55 catches for 755 yards and nine touchdowns his senior year. Born July 11, 1977.

ERIC KING, T, 6-4, 305, 2ND YEAR, RICHMOND (PITTSBURGH, PA.)



Signed to the Seahawks practice squad August 29, 2000. Originally a seventh-round draft choice by the Kansas City Chiefs in 1999, he spent the entire season on the Chiefs practice squad. Went to camp with the Chiefs in 2000, but did not make the final cut. Originally entered Richmond as a quarterback, but moved to tight end, fullback and tackle before ending his Spider career as an All-Atlantic 10 guard. Played in six games and started two at tight end as a freshman. Began his sophomore season at tight end before moving to fullback and then to right tackle, where he started eight games. Started the final 22 games of his junior and senior seasons at right guard. Lettered twice in football and twice in baseball at North Allegheny High School in Wexford, Pennsylvania. Threw for over 1,000 yards as a senior quarterback, earning all-district honors after lettering as a tight end his junior year.

COREY NELSON, WR, 6-1, 193, ROOKIE, BOISE STATE (ROHNERT PARK, CALIF.)



Saw action earlier this year with the XFL's Las Vegas Outlaws, catching nine passes for 80 yards and one touchdown. Was a three-year player at Boise State after transferring from Butte Junior College. He capped his career with 47 receptions for 819 yards and three scores. He was the second leading receiver his senior year with 34 catches for 511 yards and one touchdown. His 23.7 yards per catch led the team as a junior. In 1999, he was the first Boise State athlete to be named a two-time All-America in track at the Big West Championships. Set a school record with a time of 45.36 in the 400 meters at the Big West Championships. Was named first-team all conference in his only season at Butte Junior College. Born October 9, 1977 in Baton Rouge, La.

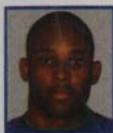
RODNICK PHILLIPS, RB, 5-11, 208, 1ST YR, SOUTHERN METHODIST (GALVESTON, TEXAS)



Signed by the Seahawks as an undrafted free agent April 27, 2000, but was released August 23, 2000. Re-signed with the club December 28, 2000, and allocated to the Berlin Thunder of the NFL Europe League. Rushed 150 times for 560 yards with three touchdowns and had 16 receptions for 114 yards during his senior season. Also returned 10 kickoffs for 238 yards (23.8 avg.). Started all 12 games and was named first-team All-WAC Mountain Division. Rushed for 1,115 yards and ranks as the 10th highest single season total in school history. One of his finest games came against

Mississippi when he rushed for 119 yards on 22 carries. Was awarded the Mustang Club Award (MVP). Played in eight games as a sophomore, including a start against Wyoming, which saw him carry the ball 28 times for 122 yards. Had a team-high 10 kickoff returns for 207 yards. Averaged an SMU record 28.1 yards per kickoff return (22/618) as a freshman, including a 90-yard touchdown return versus Baylor. Average placed him second in the WAC and sixth nationally. Was awarded the Jim Bradley award given annually to the freshman who consistently contributes to the team. Holds the Texas private school record of 5,876 rushing yards after a stellar career at O'Connell High School in Galveston. Scored 76 touchdowns over his career. Majored in economics. Born November 17, 1977 in Galveston, Texas.

CHRIS ROGERS, CB, 5-10, 206, 1ST YEAR, HOWARD (LARGO, MD.)



A four-year letterman for the Bison, contributing 159 tackles, nine interceptions and three fumble recoveries during his career. Tallied 46 tackles, one fumble recovery and two interceptions. Returned an interception for a touchdown his senior season for his first career score. Set career-highs with 48 tackles, four interceptions and two fumble recoveries his junior year. Held Marshall sensation Randy Moss to just three catches his sophomore season. Began his career with 41 tackles and three interceptions as a freshman. Majored in business. Married, Shana (12/21/99) and has one daughter, Simone (10/21/99). Born January 3, 1977 in Washington, D.C.

TAWAMBI SETTLES, S, 6-3, 199, 2ND YEAR, DUKE (JACKSONVILLE, FLA.)



Signed by the Seahawks April 19, 2001. Originally signed by the Detroit Lions as an undrafted rookie free agent April 27, 1997, but was waived by the Lions after training camp and signed to the Green Bay Packers practice squad Sept. 1, 1998. Jacksonville signed Settles from the Packers and saw action in seven games with the Jaguars. He posted four tackles (three solo) and five special teams tackles. He did not participate in any training camps and did not play during the 1999 season. He signed as a free agent with the New York Giants April 3, 2000 but was waived before the season began. He landed with the New York/New Jersey Hitmen of the XFL, along with current teammate Donnie Caldwell, and recorded 11 tackles (nine solo) and one interception. A four-year letterman at Duke, he spent his first three years at safety before switching to corner his senior year, where he posted 70 tackles. Finished his Blue Devils career with 262 tackles, five interceptions and 18 passes defended. Majored in political science. Married, Chinue, and resides in Jacksonville, Fla. Born January 19, 1976 in Chattanooga, Tenn.

DOUG SIMS, DT, 6-1, 350, ROOKIE, HAWAII (BERKELEY, CALIF.)



Signed by Seattle June 2, 2001 as an undrafted rookie free agent. Spent two years at Hawaii after transferring from Laney (Calif.) College. Started 22 of 24 career games at Hawaii, tallying 57 tackles (26 solo), one sack and one forced fumble. Lettered two years at Laney, posting 51 tackles and 4.5 sacks. Attended Albany High playing football and basketball. Majored in communications. Born October 20, 1979 in Berkeley, Calif.

JERMAINE SMITH, DB, 5-11, 192, 1ST YEAR, WASHINGTON (SIMI VALLEY, CALIF.)



Allocated to the Amsterdam Admirals of the NFL Europe League after the 2000 season. Originally signed by Baltimore as an undrafted rookie free agent on April 28, 2000, but was waived before the season. Signed to the Seahawks practice squad Oct. 25, 2000. A four-year starter at Washington, tallying 136 tackles, five interceptions, one sack, one forced fumble and 25 passes defended. An All-Pac-10 second-team selection his senior season, recording 52 tackles and three interceptions. Started six games his junior year and missed the final five due to a knee injury. Recorded the second-longest interception return for touchdown in school history (91 yards) at Arizona his sophomore campaign. Also started all 11 games and recorded 33 tackles, one forced fumble and one interception as a sophomore. Started nine of 10 games as a freshman recording 30 tackles and one pick. Majored in sociology. Born November 10, 1977.

RUSSELL STEWART, TE, 6-4, 250, ROOKIE, STANFORD (BELLEVUE, WASH.)

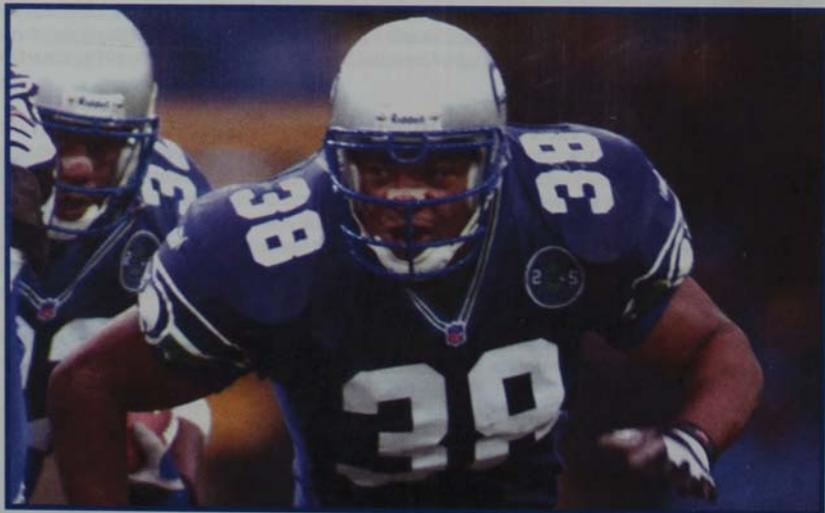
A three-year starter at tight end, starting 31 of last 36 games and catching 31 passes for 423 yards and three touchdowns. Missed five games his senior season but recorded a career-high 174 yards on eight catches for the season. Named honorable mention academic All-Pac-10. Had 10 catches for 91 yards and one touchdown his junior year. Named first-team, academic All-Pac-10. Moved into the starting lineup his sophomore year, starting all 11 games. Had 12 receptions for 136 yards and two touchdowns. Had a career-high four catches for 42 yards and one score vs. UCLA. Finished the 1997 season starting the final two games at tight end, posting one reception. Redshirted the 1996 season. Played tight end, outside linebacker, defensive end and punter while at Newport High in Bellevue, Wash. Seattle Times All-Star team selection at tight end. Also participated in basketball and track. Majored in biological sciences. Born September 25, 1977 in Summit, N.J.

NATE TERRY, DB, 6-2, 180, 1ST YEAR, WEST VIRGINIA (HOMESTEAD, FLA.)

Spent the 2000 offseason with the Scottish Claymores of the NFL Europe League. Signed as a free agent by the Cleveland Browns April 17, 2000, but released before the start of the season. Signed with the Saskatchewan Roughriders of the Canadian Football League where he played in six games, starting five. Two-year starter at West Virginia where he finished career with 78 tackles (48 solo), five interceptions, two sacks, one fumble recovery and 16 passes defended. Medical redshirt in 1998. All-time leader in kickoff return yardage with 56 career returns for 1,377 yards and three scores. Also finished with 42 career punt returns for 454 yards. Had a 100-yard kickoff return versus East Carolina and versus Temple in 1997, making him the first player in Mountaineer history to return two kickoffs for scores in one season. Turned in the best punt return performance in school history with six returns for 168 yards versus Rutgers. Named Big East Player of the Week three times (East Carolina, Rutgers, Temple). Brother, Shaw, also played at West Virginia. The Terry brothers account for three of the six 100-yard kickoff returns in Big East history. Born October 5, 1976 in Homestead, Fla.

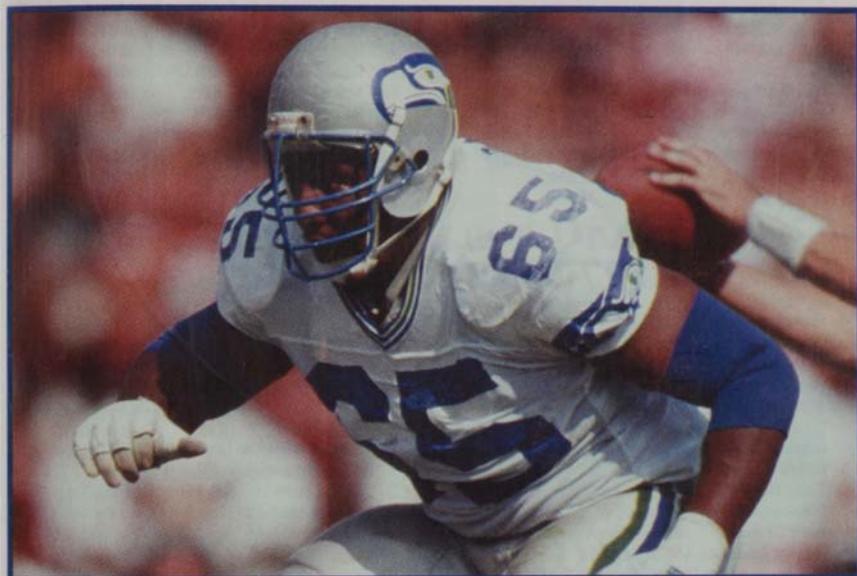
BILLY WOODARD, TE, 6-5, 271, 1ST YEAR, RUTGERS (WILSON, N.C.)

Signed with the Seahawks February 21, 2001. Originally signed with the San Jose SaberCats of the Arena Football League October 21, 1999, as an offensive lineman/defensive lineman. Signed with the Arizona Cardinals August 4, 2000, but was waived August 27, 2000. Played two years at Rutgers after transferring from Merced (Calif.) Junior College. Caught 10 passes for 85 yards with one touchdown in 14 career games for the Scarlet Knights. Was an All-Central Valley Conference selection at Merced. Also started on the Merced basketball team. Born July 15, 1976 in Wilson, N.C.



FB Mack Strong was signed as an undrafted free agent in 1993.

DRAFT SUMMARIES



Edwin Bailey (1981-91) was selected in the fifth round in 1981.

1976 VETERAN ALLOCATION

Player,	Pos.	Former Team	Player,	Pos.	Former Team
Wayne Baker	DT	San Francisco	Gordon Jolley	T	Detroit
Carl Barisich	DT	Cleveland	Gary Keithley	QB	St. Louis
Nick Bebout	T	Atlanta	Art Kuehn	C	Washington
Lyle Blackwood	DB	Cincinnati	Kerry Marbury	RB	New England
Ed Bradley	LB	Pittsburgh	Al Matthews	DB	Green Bay
Dave Brown	DB	Pittsburgh	Sam McCullum	WR	Minnesota
Don Clune	WR	N.Y. Giants	John McMakin	TE	Detroit
Rondy Colbert	DB	N.Y. Giants	Eddie McMillan	DB	L.A. Rams
Dwayne Crump	DB	St. Louis	Bill Olds	RB	Baltimore
Mike Curtis	LB	Baltimore	Jesse O'Neal	DE	Houston
Jerry Davis	DB	N.Y. Jets	Joe Owens	DE	New Orleans
John Demarie	G	Cleveland	Bob Penchion	G	San Francisco
Norm Evans	T	Miami	Bob Picard	WR	Philadelphia
Ken Geddes	LB	L.A. Rams	Rocky Rasley	G	Kansas City
Gary Hayman	RB	Buffalo	Steve Taylor	DB	Denver
Fred Hoaglin	C	Houston	Dave Tipton	DE	San Diego
Neil Graff	QB	New England	Charles Waddell	TE	San Diego
Don Hansen	LB	Atlanta	Larry Woods	DT	N.Y. Jets
Ron Howard	TE	Dallas	Rolly Woolsey	DB	Dallas
Ken Hutcherson	LB	Green Bay			

1976 COLLEGE DRAFT

Rd.	Player,	Pos.	College	Rd.	Player,	Pos.	College
1.	Steve Niehaus	DT	Notre Dame	5c.	Larry Bates	FB	Miami
2a.	Sammy Green	LB	Florida	6.	Alvis Darby	TE	Florida
2b.	Sherman Smith	WR	Miami, OH	7.	Dick Dixon	DT	Arkansas St.
2c.	Steve Raible	WR	Georgia Tech	8.	Larry Shipp	WR	Louisiana St.
3a.	Jeff Lloyd	DE	West Texas St.	9.	Bob Bos	T	Iowa St.
3b.	Rick Engles	P	Tulsa	10.	Randy Coffield	LB	Florida St.
3c.	Don Bitterlich	K	Temple	11.	Keith Muehr	P	SW La.
4a.	Steve Myer	QB	New Mexico	12.	Ron Barnett	WR	Texas, Arlington
4b.	Randy Johnson	G	Georgia	13.	Andy Reid	RB	Georgia
4c.	Andrew Bolton	RB	Fisk	14.	Jarvis Blinks	DB	Northwestern St.
5a.	Don Dufek	DB	Michigan	15.	Dan Smith	T	Washington St.
5b.	Ernie Jones	DB	Miami	16.	Jeff Urczyk	G	Georgia Tech
				17.	Chris Rowland	QB	Washington

1977 COLLEGE DRAFT

Rd.	Player,	Pos.	College	Rd.	Player,	Pos.	College
1a.	(choice traded to Dallas)			3.	Dennis Boyd	DE	Oregon State
1b.	Steve August (choice from Dallas Cowboys)	G	Tulsa	4a.	John Yarno	C	Idaho
2a.	Tom Lynch (choice from Dallas Cowboys)	T	Boston College	4b.	Larry Seivers, (choice from Minnesota Vikings for Ahmad Rashad, WR)	WR	Tennessee
2b.	(choice traded to Los Angeles Rams for draft choice and Geoff Reece, C)			5.	(choice traded to Detroit for Bill Munson, QB)		
2c.	Terry Beeson (choice from Dallas Cowboys)	LB	Kansas	6	Tony Benjamin	FB	Duke
2d.	Peter Cronan (choice from Los Angeles Rams)	LB	Boston College	7.	David Sims	RB-FB	Georgia Tech
2e.	(choice traded to Dallas Cowboys for Duke Ferguson, WR) (choice from Dallas Cowboys)			8.	(choice traded to Houston Oilers for Steve Largent, WR)		
				9.	George Adzick	S	Minnesota
				10.	Sam Adkins	QB	Wichita State
				11.	Bill Westbeld	T	Dayton
				12.	I.V. Wilson	DT	Tulsa

1978 COLLEGE DRAFT

Rd.	Player,	Pos.	College	Rd.	Player,	Pos.	College
1.	Keith Simpson	DB	Memphis State	9.	Rich Grimmett	T	Illinois
2.	Keith Butler	LB	Memphis State	10.	Rob Stewart	WR	Lafayette
3.	Bob Jury	DB	Pittsburgh	11a.	(choice traded to New Orleans Saints for Andy Dorris, DE)		
4.	Al Hunter (choice exercised in 1977 supplemental draft)	RB	Notre Dame	11b.	George Halas (choice from Miami Dolphins for Carl Barisich, DE)	LB	Miami
5.	Louis Bullard	T	Jackson State	12.	Jeff Bergeron	RB	Lamar
6.	Glenn Starks	WR	Texas A & I				
7.	John Harris	DB	Arizona State				
8.	(choice traded to Minnesota Vikings for Autry Beamon, S and Amos Martin, LB)						

1979 COLLEGE DRAFT

Rd.	Player,	Pos.	College	Rd.	Player,	Pos.	College
1.	Manu Tuiasopopo	DT	UCLA	6.	(choice traded to Dallas Cowboys for Bill Gregory, DE)		
2.	Joe Norman	LB	Indiana	7a.	Larry Polowski (choice from Washington Redskins for Don Testerman, FB)	LB	Boise State
3a.	Michael Jackson (choice from San Francisco 49ers for Bob Jury, S)	LB	Washington	7b.	(choice traded to Washington in Don Testerman transaction)		
3b.	(choice traded to Dallas Cowboys for Bill Gregory, DE)			8.	(choice traded to Detroit Lions for Ernie Price, DE)		
3c.	(choice traded to San Francisco 49ers in Bob Jury trade)			9.	Ezra Tate,	RB	Mississippi State
4a.	(choice voluntarily given to Buffalo Bills for Ahmad Rashad signing) (choice acquired from Tampa Bay Buccaneers for Larry Seivers, WR)			10.	Robert Hardy	DT	Jackson State
4b.	Mark Bell	TE	Colorado State	11.	Jim Hinesly	G	Michigan State
5.	(choice traded to Dallas Cowboys for Efran Herrera, K)			12.	Jeff Moore	RB	Jackson State

1980 COLLEGE DRAFT

Rd.	Player	Pos.	College
1a.	Jacob Green	DE	Texas A & M
	(choice from Buffalo Bills)		
1b.	(choice traded to Buffalo Bills)		
2.	Andre Hines	T	Stanford
3.	(choice traded to Buffalo)		
4.	Terry Dion	DE	Oregon
5a.	Joe Steele	RB	Washington
5b.	Daniel Jacobs	DE	Winston-Salem St.
	(choice from Washington Redskins for Don Testerman, FB)		
6.	Mark McNeal	DE	Idaho

Rd.	Player	Pos.	College
7.	(choice traded to N.Y. Giants for Dan Doornink, FB)		
8a.	Vic Minor	S	N.E. Louisiana
	(choice from Minnesota for Steve Niehaus, DT)		
8b.	Jack Cosgrove	C	Pacific
9.	Jim Swift	T	Iowa
10a.	Ron Essink	T	Grand Valley State
10b.	Billy Reaves	WR	Morris Brown
	(choice from Houston for Sammy Green, LB)		
11.	Tali Ena	RB	Washington State
12.	Presnell Gilbert	CB	U.S. International

1981 COLLEGE DRAFT

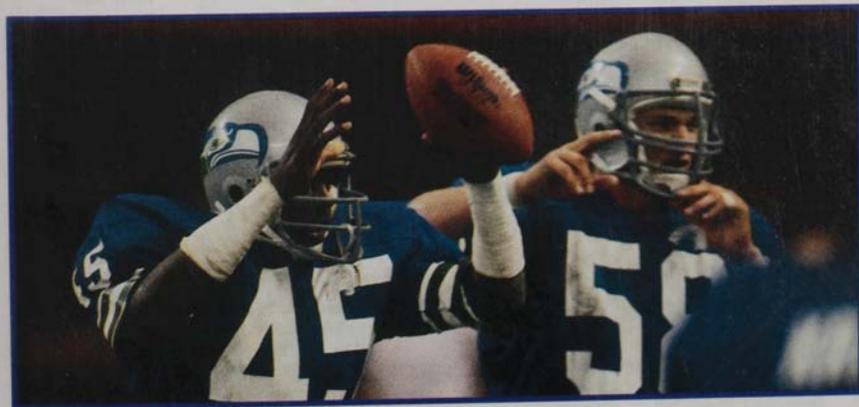
Rd.	Player	Pos.	College
1.	Kenny Easley	S	UCLA
2.	David Hughes	FB	Boise State
3.	Bill Dugan	G	Penn State
4.	Scott Phillips	WR	Brigham Young
5.	Edwin Bailey	G	South Carolina St.
6.	Steve Durham	DE	Clemson
7a.	Ron Johnson	WR	Long Beach State
7b.	Brad Scovill	TE	Penn State
	(choice from Houston Oilers for Sammy Green, LB)		

Rd.	Player	Pos.	College
8.	Eric Lane	RB	Brigham Young
9a.	Jim Stone	RB	Notre Dame
9b.	Jim Whately	WR	Washington State
	(choice from Minnesota Vikings for Nick Bebout, T)		
10.	Ken Dawson	RB	Savannah State
11.	Lance Olander	RB	Colorado
12.	Jeff Bednarek	DT	Pacific

1982 COLLEGE DRAFT

Rd.	Player	Pos.	College
1.	Jeff Bryant	DE	Clemson
2.	Bruce Scholtz	LB	Texas
3a.	(choice traded to New England for Horace Ivory, RB)		
3b.	Pete Metzelaars	TE	Wabash
	(choice from Buffalo for Tom Lynch, G)		
4.	(choice traded to St. Louis Cardinals for Theotis Brown, RB)		
5.	(choice traded to Los Angeles Rams for Jim Jodat, FB)		

Rd.	Player	Pos.	College
6.	Jack Campbell	T	Utah
7.	Eugene Williams	LB	Tulsa
8.	Chester Cooper	WR	Minnesota
9.	David Jefferson	LB	Miami
10.	Craig Austin	LB	South Dakota
11.	Sam Clancy	TE	Pittsburgh
12.	Frank Naylor	C	Rutgers



Kenny Easley & Bruce Scholtz provided the Seahawks defense with leadership and stability in the 1980's.

1983 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Curt Warner	RB	Penn State (choice from Houston Oilers)	6.	Reginald Gipson	FB	Alabama A & M
1b.	(choice traded to Houston Oilers)			7.	Sam Merriman	LB	Idaho
2.	(choice traded to Houston Oilers)			8.	Matt Hernandez	T	Purdue
3.	(choice traded to Houston Oilers)			9.	Bob Clasby	T	Notre Dame
4.	(choice traded to St. Louis Cardinals for Theotis Brown, RB)			10.	Pete Speros	G	Penn State
5.	Chris Castor	WR	Duke	11.	Bob Mayberry	G	Clemson
				12.	Don Dow	T	Washington

1984 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Terry Taylor	CB	Southern Illinois	5b.	(choice traded to Baltimore Colts for Robert Pratt, G)		
2.	Daryl Turner	WR	Michigan State	6.	John Kaiser	LB	Arizona
3.	Fredd Young	LB	New Mexico State	7.	Sam Slater	T	Weber State
4a.	Rickey Hagood	NT	South Carolina (choice from San Francisco 49ers for Manu Tuiasosopo, NT)	8.	John Puzar	C	Long Beach State
4b.	(choice traded to Baltimore Colts for Roger Carr, WR)			9.	Adam Schreiber	G	Texas
5a.	(choice traded to New York Giants for Terry Jackson, CB) (Choice acquired from San Diego for Roger Carr, WR)			10.	Randall Morris	RB	Tennessee
				11.	Steve Genza	T	UCLA
				12.	Theo Windham	S	Utah State

1984 SUPPLEMENTAL DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Gordon Hudson	TE	Brigham Young	3.	Frank Seurer	QB	Kansas
2.	Alvin Powell	G	Winston-Salem St.				

1985 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	(choice traded to Cincinnati Bengals for Blair Bush, C)			6.	(choice traded to New York Giants for Terry Jackson, CB)		
2.	Owen Gill	FB	Iowa	7.	Ron Mattes	T	Virginia
3.	Danny Greene	WR	Washington	8.	Judious Lewis	WR	Arkansas State
4.	Tony Davis	TE	Missouri	9.	Bob Otto	DE	Idaho State
5a.	Mark Napolitan	C	Michigan State (choice from San Diego Chargers for Roger Carr, WR)	10a.	John Conner	QB	Arizona
5b.	Arnold Brown	CB	No. Carolina Central (choice from Pittsburgh Steelers for Steve August, T)	10b.	James Bowers	S	Memphis State (choice from San Francisco 49ers for Manu Tuiasosopo, NT)
5c.	Johnnie Jones	RB	Tennessee	11.	Louis Cooper	LB	Western Carolina
				12.	(choice traded to Buffalo for Reggie McKenzie, G)		

1986 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	John L. Williams	FB	Florida	7b.	Paul Miles	RB	Nebraska (choice from Cleveland Browns for the rights to Sam Clancy, DE)
2.	(choice traded to New England for Bob Cryder, T)			8.	Alonzo Mitz	DE	Florida
3.	Patrick Hunter	CB	Nevada-Reno	9.	Michael Black	T	Sacramento State
4.	(choice traded to Cincinnati Bengals for Dan Ross, TE)			10.	Don Fairbanks	DE	Colorado
5.	Bobby Joe Edmonds	WR	Arkansas	11.	David Norrie	QB	UCLA
6.	Eddie Anderson	S	Fort Valley State	12.	John McVeigh	LB	Miami
7a.	(choice traded to Buffalo Bills for Jon Borchardt, G)						

1987 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Tony Woods	LB	Pittsburgh	7b.	Derek Tennell	TE	UCLA
2.	David Wyman	LB	Stanford	8.	Sammy Garza	QB	Texas-El Paso
3.	(choice traded to Cincinnati Bengals for Mike Wilson, T)						
4.	Mark Moore	S	Oklahoma State	9.	M.L. Johnson	LB	Hawaii
5a.	Tommie Agee	FB	Auburn	10.	Louis Clark	WR	Mississippi State
	(choice from Detroit Lions for Shelton Robinson, LB)						
5b.	Ruben Rodriguez	P	Arizona	11.	Daryl Oliver	RB	Miami
6.	(choice traded to Philadelphia Eagles for Greg Naron, G)						
7a.	Roland Barbay	NT	Louisiana State	12a.	Wes Dove	DE	Syracuse
	(choice from Minnesota Vikings for John Harris, S)						
				12b.	Tony Burse	FB	Middle Tennessee St.

1988 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Brian Bosworth	LB	Oklahoma	7.	Ray Jackson	CB	Ohio State
	(choice exercised in 1987 supplemental draft)						
2.	Brian Blades	WR	Miami	8.	Robert Tyler	TE	So. Carolina State
3.	Tommy Kane	WR	Syracuse	9.	Deatrich Wise	NT	Jackson State
4.	Kevin Harmon	RB	Iowa	10.	Derwin Jones	DE	Miami
5a.	(choice traded to Phoenix Cardinals for Kelly Stouffer, QB)						
	(choice from Dallas Cowboys for Ron Essink, T)						
5b.	(choice traded to San Francisco 49ers for Jeff Kemp, QB)						
6.	Roy Hart	NT	South Carolina	11a.	Rick McLeod	T	Washington
					(choice from Green Bay Packers for Dave Brown, CB)		
				11b.	Dwayne Harper	CB	So. Carolina State
				12.	Dave DesRochers	T	San Diego State

1989 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Andy Heck	T	Notre Dame	5.	(choice traded to Phoenix Cardinals for Kelly Stouffer, QB)		
	(choice from Indianapolis Colts for Freddie Young, LB)						
1b.	(choice traded to Phoenix Cardinals for Kelly Stouffer, QB)						
2.	Joe Tofflemire	C	Arizona	6.	(choice traded to Tampa Bay Buccaneers with Randy Edwards, NT for Ron Heller, T)		
3.	Elroy Harris	RB	Eastern Kentucky	7.	Mike Nettles	CB	Memphis State
4a.	Travis McNeal	TE	Ten.-Chattanooga	8.	Marlin Williams	DE	Western Illinois
4b.	James Henry	RS/CB	Southern Mississippi	9.	David Franks	G	Connecticut
	(choice from Philadelphia Eagles for Ron Heller, T)						
				10.	Derrick Fenner	RB	North Carolina
				11.	Mike Baum	DE	Northwestern
				12.	R.J. Kors	S	Long Beach State

1990 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Cortez Kennedy	DT	Miami	4.	Chris Warren	RB	Ferrum
	(choice from New England Patriots)						
1b.	(choice traded to New England Patriots)						
1c.	(choice traded to New England Patriots)						
	(choice from Indianapolis Colts for Freddie Young, LB)						
2a.	Terry Wooden	LB	Syracuse	5.	Eric Hayes	DT	Florida State
	(choice acquired from New England Patriots)						
2b.	Robert Blackmon	S	Baylor	6.	Ned Bolcar	LB	Notre Dame
3.	(choice traded to New England Patriots)						
				7.	Bob Kula	T	Michigan State
				8.	Bill Hitchcock	T	Purdue
				9.	(choice traded to Dallas Cowboys for Daryl Smith, T)		
				10.	Robert Morris	DE	Valdosta State
				11.	Daryl Reed	CB	Oregon
				12.	John Gromos	QB	Vanderbilt

1991 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Dan McGwire	QB	San Diego State	6.	Michael Sinclair	DE	Eastern New Mexico
2a.	(choice traded to Los Angeles Raiders)			7.	(choice traded to Atlanta Falcons for Ronnie Lee, T)		
2b.	Doug Thomas	WR	Clemson	8.	(choice traded to Los Angeles Raiders for Vann McElroy, S)		
3.	David Daniels	WR	Penn State	9.	(choice traded to Cleveland Browns for Bob Buczkowski, DE)		
4a.	(choice traded to the New England Patriots in 1990.)			10.	Erik Ringoen	LB	Hofstra
4b.	John Kasay	K	Georgia	11.	Tony Stewart	RB	Iowa
	(choice from Los Angeles Raiders)			12.	Ike Harris	T	South Carolina
5.	Harlan Davis	CB	Tennessee				

1992 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Ray Roberts	T	Virginia	8.	Muhammad Shamsid-Deen,	RB	Tennessee-Chattanooga
2.	(choice traded to the Minnesota Vikings for Keith Millard, DT)			9.	Larry Stayner	TE	Boise State
3.	Bob Spitulski	LB	Central Florida	10.	Anthony Hamlet	DE	Miami
4.	(choice traded to the New Orleans Saints for Rueben Mayes, RB)			11.	Kris Rongen	G	Washington
5.	Gary Dandridge	S	Appalachian State	12a.	Chico Fraley	LB	Washington
6.	Michael Bates	WR	Arizona	12b.	John MacNeill	DE	Michigan State
7.	Mike Frier	DE	Appalachian State		(choice from New York Jets in compensation for Ron Mattes, T)		

1993 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Rick Mirer	QB	Notre Dame	7.	Michael McCrary	DE	Wake Forest
2.	Carlton Gray	CB	UCLA	8a.	Jeff Blackshear	G	NE Louisiana
3.	(choice traded to the Minnesota Vikings for Keith Millard, DT)			8b.	Antonio Edwards	DE	Valdosta State
4.	Dean Wells	LB	Tennessee		(choice from Chicago Bears in compensation for signing restricted free agent Joe Cain, LB)		
5.	Terrence Warren	WR	Hampton				
6.	(choice traded to Green Bay Packers for Dave McCloughan, S)						

1994 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Sam Adams	DT	Texas A&M	6.	(choice traded to New England Patriots for Jon Vaughn, RB)		
2.	Kevin Mawae	C	Louisiana State	7.	Carlester Crumpler	TE	East Carolina
3.	Lamar Smith	RB	Houston				
4.	Larry Whigham	S	NE Louisiana				
5.	(choice traded to San Diego Chargers for 4th round 1995 draft choice)						

1995 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Joey Galloway	WR	Ohio State	5.	(choice traded to Detroit Lions for Reggie Barrett, WR)		
2.	Christian Fauria	TE	Colorado	6a.	Henry McMillan	DT	Florida
3.	(choice to Green Bay Packers for signing of restricted free agent Corey Harris, CB)			6b.	Eddie Goines	WR	N. Carolina State
4a.	(choice traded to Arizona Cardinals for Ricky Proehl, WR)				(compensatory choice for a net loss of free agents in 1994)		
4b.	Jason Kyle	LB	Arizona State				
	(choice from San Diego Chargers for 5th round 1994 choice).						

1996 COLLEGE DRAFT

Rd.	Player	Pos.	College
1a.	(choice traded to Houston Oilers for 1st round 1996 draft choice and Glenn Montgomery, DT)		
1b.	(choice traded to Detroit Lions for 1st round and 3rd round 1996 draft choices) (choice from Houston Oilers)		
1c.	Pete Kendall	T	Boston College (choice from Detroit Lions)
2.	Fred Thomas	CB	Tennessee-Martin
3a.	Robert Barr	T	Rutgers
3b.	Reggie Brown	FB	Fresno State (choice from Kansas City Chiefs through Detroit Lions)
4a.	Phillip Daniels	DE	Georgia (choice from NY Giants through Dallas, Miami, and Jacksonville)
4b.	(choice traded to Jacksonville Jaguars for 4th round 1996 draft choice)		
4c.	Eric Unverzagt	LB	Wisconsin (compensatory choice for a net loss of free agents in 1995)
5.	(choice traded to Jacksonville Jaguars for 4th round 1996 draft choice)		
6a.	Reggie Green	G	Florida
6b.	T.J. Cunningham	CB	Colorado (compensatory choice for a net loss of free agents in 1995)
7.	Johnie Church	DE	Florida

1997 COLLEGE DRAFT

Rd.	Player	Pos.	College
1a.	Shawn Springs	CB	Ohio State (choice from Atlanta Falcons on 3/28/97)
1b.	Walter Jones	T	Florida State (choice from St. Louis Rams through New York Jets and Tampa Bay Buccaneers on 4/19/97)
1c.	(choice to Atlanta Falcons on 3/28/97) (choice from Chicago Bears on 2/18/97)		
1d.	(choice to Tampa Bay Buccaneers on 4/19/97)		
2.	(choice to Atlanta Falcons on 3/28/97)		
Rd.	Player	Pos.	College
3a.	(choice to Tampa Bay Buccaneers on 4/19/97) (choice from Atlanta Falcons on 3/28/97)		
3b.	(choice to Atlanta Falcons on 3/28/97)		
4a.	(choice to Atlanta Falcons on 3/28/97) (choice from Baltimore Ravens for G Jeff Blackshear on 3/12/96)		
4b.	(choice to Chicago Bears on 2/18/97)		
5.	Eric Stokes	S	Nebraska
6.	Itula Mili	TE	Brigham Young
7.	Carlos Jones	CB	Miami

1998 COLLEGE DRAFT

Rd.	Player	Pos.	College
1.	Anthony Simmons	LB	Cemson
2.	Todd Weiner	T	Kansas State
3.	Ahman Green	RB	Nebraska
4.	DeShone Myles	LB	Nevada
5.	(choice to Dallas Cowboys for Cowboys' 6th and 7th round choices)		
Rd.	Player	Pos.	College
6a.	Carl Hansen	DT	Stanford
6b.	Bobby Shaw	WR	California
7.	Jason McEndoo	C	Washington State

1999 COLLEGE DRAFT

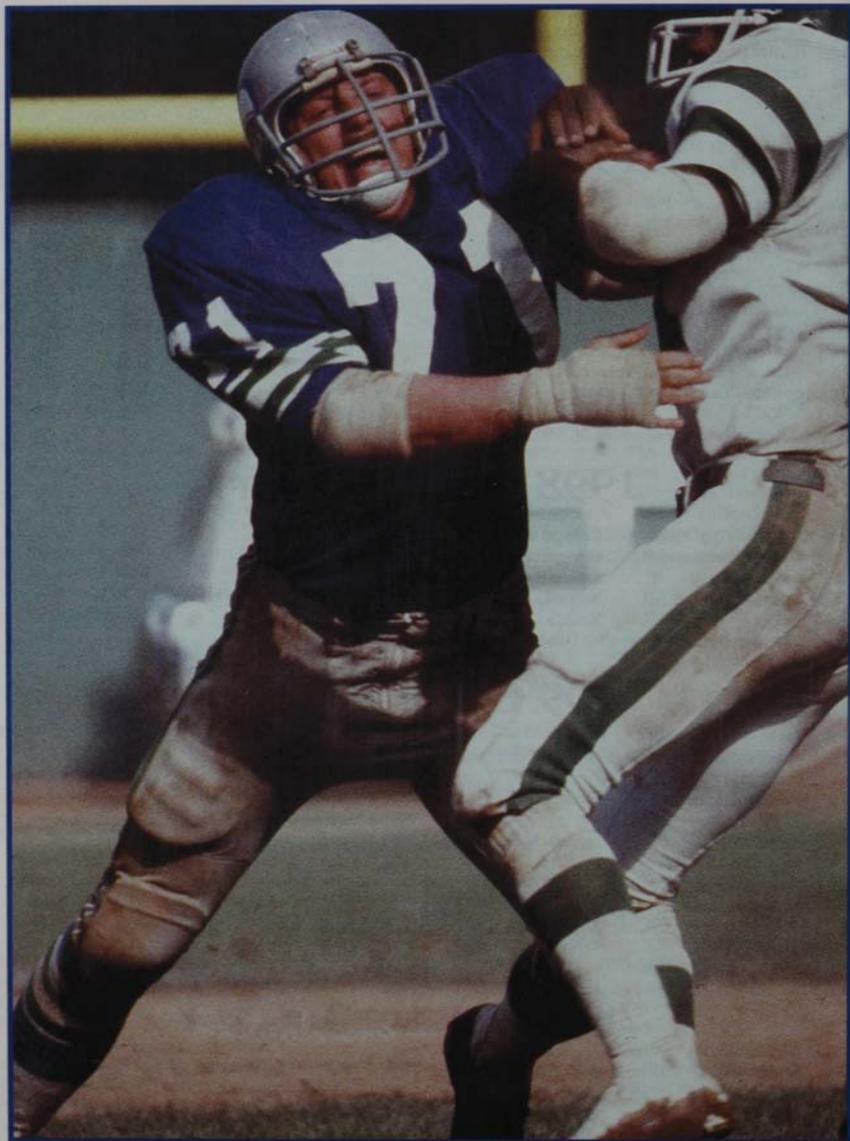
Rd.	Player	Pos.	College
1a.	(choice traded to New England for 1st, 3rd and 6th round choices)		
1b.	(choice traded to Dallas for 1st and 5th round picks)		
1c.	Lamar King	DE	Saginaw Valley State (choice from Dallas)
2.	to Green Bay as compensation for Mike Holmgren		
3a.	Brock Huard	QB	Washington
3b.	Karsten Bailey	WR	Auburn (choice from New England)
Rd.	Player	Pos.	College
4.	Antonio Cochran	DE	Georgia
5a.	Floyd Wedderburn	T	Penn State (choice from Carolina through Dallas)
5b.	Charlie Rogers	KR	Georgia Tech
6a.	Steve Johnson	CB	Tennessee
6b.	(choice traded to Cleveland for 6th round pick)		
6c.	(choice traded to Cleveland for 6th round pick)		
7.	(choice traded to New York Jets for QB Glenn Foley on 3/19/99)		

2000 COLLEGE DRAFT

Rd.	Player (Pick, Overall)	Pos.	College
1a.	Shaun Alexander (19, 19)	RB	Alabama
1b.	Chris McIntosh (22, 22)	T	Wisconsin
2.	Ike Charlton (21, 52)	CB	Virginia Tech
3.	Darrell Jackson (18, 80)	WR	Florida
4a.	Marcus Bell (22, 116)	LB	Arizona
Rd.	Player (Pick, Overall)	Pos.	College
4b.	Isaiah Kacyvenski (25, 119)	LB	Harvard
6a.	James Williams (9, 175)	WR	Marshall
6b.	Tim Watson (19, 185)	DT	Rowan
6c.	John Hilliard (24, 190)	DT	Mississippi St.

2001 COLLEGE DRAFT

Rd.	Player (Pick, Overall)	Pos.	College	Rd.	Player (Pick, Overall)	Pos.	College
1a.	Koren Robinson (9,9)	WR	NC State	4c.	Floyd Womack (33, 128)	T	Mississippi St.
1b.	Steve Hutchinson (17, 17)	G	Michigan	5.	Alex Bannister (9, 140)	WR	Eastern Kentucky
2.	Ken Lucas (9, 40)	CB	Mississippi	6.	Josh Booty (9, 172)	QB	Louisiana State
3.	Heath Evans (20, 82)	FB	Auburn	7a.	Harold Blackmon (10, 210)	S	Northwestern
4a.	Orlando Huff (9, 104)	LB	Fresno State	7b.	Dennis Norman (22, 222)	T	Princeton
4b.	Curtis Fuller (32, 127)	S	TCU	7c.	Kris Kocurek (37, 237)	DT	Texas Tech



Steve Niehaus was the first player ever drafted by the Seahawks in 1976.

TRADES

1976

- 8/5 DT Wayne Baker to Oakland Raiders for conditional draft choice.
- 8/26 Eighth-round 1977 draft choice to Houston Oilers for WR Steve Largent.
- 9/6 Fifth-round 1977 draft choice to Detroit Lions for QB Bill Munson.
- 9/6 Exchange of twelfth-round 1977 draft choices with Pittsburgh Steelers for G Ron Coder.
- 9/7 WR Ahmad Rashad to Minnesota Vikings for fourth-round 1977 draft choice (WR Larry Seivers).
- 9/7 S Terry Brown to Cleveland Browns for CB Ted Bachman. Brown had been claimed on waivers from St. Louis Cardinals.

1977

- 5/3 First-round 1977 draft choice (#2) to Dallas Cowboys for first-round (#14) and three second-round 1977 draft choices (G Steve August, T Tom Lynch, LB Terry Beeson)
- 5/3 Second-round 1977 draft choice to Los Angeles Rams for C Geoff Reece and Rams' second-round 1977 draft choice (LB Peter Cronan).
- 5/3 Second-round 1977 draft choice to Dallas Cowboys for WR Duke Ferguson.
- 5/3 LB Ed Bradley to San Francisco 49ers for DT Bill Sandifer.
- 7/20 DT Carl Barisich to Miami Dolphins for eleventh-round 1978 draft choice (LB George Halas).
- 8/30 WR Larry Seivers to Tampa Bay Buccaneers for fourth-round 1979 draft choice. Seattle gives draft choice to Buffalo Bills as voluntary compensation for Ahmad Rashad signing in 1976.
- 9/5 Eighth-round 1978 draft choice to Minnesota Vikings for S Autry Beamon and LB Amos Martin.
- 9/6 Eleventh-round 1978 draft choice to New Orleans Saints for DE Andy Dorris.

1978

- 8/15 Fifth-round 1979 draft choice to Dallas Cowboys for K Efren Herrera.
- 8/28 S Bob Jury and third-round 1979 draft choice to San Francisco 49ers for third-round 1979 draft choice (LB Michael Jackson).
- 8/28 Third-round and sixth-round 1979 draft choices to Dallas Cowboys for DE Bill Gregory and third-round 1979 draft (choice traded).
- 9/27 DT Bill Cooke and eighth-round 1979 draft choice to Detroit Lions for DE Ernie Price.

1979

- 3/30 FB Don Testerman and seventh-round 1979 draft choice to Washington Redskins for seventh-round 1979 (LB Larry Polowski) and fifth-round 1980 draft choices (DE Daniel Jacobs).
- 4/16 G Gordon Jolley to Detroit Lions for past considerations.
- 8/1 DT Steve Niehaus to Minnesota Vikings for DE Carl Eller and eighth-round 1980 draft choice (S Vic Minor).
- 8/21 Seventh-round 1980 draft choice to New York Giants for FB Dan Doornink.

1980

- 4/29 First-round (#16) and third-round 1980 draft choices to Buffalo Bills for first-round (#10) 1980 draft choice (DE Jacob Green)
- 4/30 LB Sammy Green to Houston Oilers for tenth-round 1980 (WR Billy Reaves) and seventh-round 1981 (TE Brad Scoville) draft choices.
- 8/26 Fifth-round 1982 draft choice to Los Angeles Rams for FB Jim Jodat.
- 9/1 T Nick Bebout to Minnesota Vikings for ninth-round 1981 draft choice (WR Jim Whately).

1981

- 9/25 Third-round 1982 draft choice to New England Patriots for RB Horace Ivory.
- 10/13 Fourth-round 1982 and fourth-round 1983 draft choices to St. Louis Cardinals for RB Theotis Brown.
- 10/13 G Tom Lynch to Buffalo Bills for third-round 1982 draft choice (TE Pete Metzelaars).

1982

- 4/30 LB Terry Beeson to Atlanta Falcons for conditional 1983 draft choice.
- 7/12 Fifth-round 1984 draft choice to Baltimore Colts for G Robert Pratt.
- 9/3 Fourth-round 1984 draft choice to Baltimore Colts for WR Roger Carr.

1983

- 4/24 First-round (#9), second-round, and third-round 1983 draft choices to Houston Oilers for first-round (#3) 1983 draft choice (RB Curt Warner).
- 6/28 Twelfth-round 1985 draft choice to Buffalo Bills for G Reggie McKenzie.
- 6/29 First-round 1985 draft choice to Cincinnati Bengals for C Blair Bush.
- 8/24 RB Sherman Smith and WR Roger Carr to San Diego Chargers for fifth-round 1984 draft choice (choice traded) and fifth-round 1985 draft choice (C Mark Napolitan).

1984

- 3/12 Fifth-round 1984 and sixth-round 1985 draft choices to New York Giants for CB Terry Jackson.
- 4/4 NT Manu Tuiaosopo to San Francisco 49ers for fourth-round 1984 and tenth-round 1985 draft choices.
- 7/31 Second-round 1986 draft choice to New England Patriots for T Bob Cryder.
- 10/9 T Steve August to Pittsburgh Steelers for fifth-round 1985 draft choice.

1985

- 4/26 Seventh-round 1986 draft choice to Buffalo Bills for G Jon Borchardt.
- 8/20 TE Pete Metzelaars to Buffalo Bills for WR Byron Franklin.
- 8/27 The rights to DE Sam Clancy to Cleveland Browns for seventh-round 1986 draft choice (RB Paul Miles).
- 10/15 Fourth-round 1986 draft choice to Cincinnati Bengals for TE Dan Ross.

1986

- 8/9 Sixth-round 1987 draft choice to Philadelphia Eagles for G Greg Naron.
- 8/19 TE Dan Ross to Green Bay Packers for twelfth-round 1987 draft choice (DE Wes Dove).
- 8/27 Third-round 1987 draft choice to Cincinnati Bengals for T Mike Wilson.
- 9/1 LB Shelton Robinson to Detroit Lions for fifth-round 1987 draft choice (FB Tommie Agee).
- 9/2 S John Harris to Minnesota Vikings for seventh-round 1987 draft choice (NT Roland Barbay).



Drafted in 1986, Tommie Agee played one season with the Hawks.

1987

- 5/19 Fifth-round 1988 draft choice to San Francisco 49ers for QB Jeff Kemp.
- 8/25 T Ron Essink to Dallas Cowboys for fifth-round 1988 draft choice (choice traded).
- 8/26 CB Dave Brown to Green Bay Packers for eleventh-round 1988 draft choice (T Rick McLeod).

1988

- 4/22 Fifth-round 1988, first-round 1989, and fifth-round 1989 draft choices to Phoenix Cardinals for QB Kelly Stouffer.
- 5/4 NT Randy Edwards and sixth-round 1989 draft choice to Tampa Bay Buccaneers for T Ron Heller.
- 5/23 Conditional draft choice to Washington Redskins for CB Tim Morrison.
- 8/1 WR Daryl Turner to Cleveland Browns for an undisclosed draft choice. Turner fails his physical, is returned to Seahawks, and waived.
- 8/22 T Ron Heller to Philadelphia Eagles for fourth-round 1989 draft choice (RS James Henry).
- 9/8 LB Fredd Young to Indianapolis Colts for first-round 1989 (T Andy Heck) and first-round 1990 (choice traded) draft choices.

1989

- 7/25 Ninth-round 1990 draft choice to Dallas Cowboys for T Daryle Smith.
- 7/28 Conditional draft choice to Detroit Lions for T Curt Singer.
- 8/7 C Kevin Thomas to Phoenix Cardinals for conditional draft choice.
- 8/31 CB Terry Taylor to Detroit Lions for FB James Jones.

1990

- 4/22 Two first-round (#8 and #10) and third-round 1990 draft choices and fourth-round 1991 draft choice to New England Patriots for first-round (#3) (DT Cortez Kennedy) and second-round (#29) (LB Terry Wooden) 1990 draft choices.
- 7/27 LB Willie Walker to New York Jets for conditional draft choice.
- 8/26 Conditional draft choice to Detroit Lions for WR John Ford.
- 8/28 Seventh-round 1991 draft choice to Atlanta Falcons for T Ronnie Lee.
- 10/16 Eighth-round 1991 draft choice to Los Angeles Raiders for S Vann McElroy.

1991

- 1/31 T Ron Mattes to New York Jets for twelfth-round 1992 draft choice (DE John MacNeill).
- 4/22 Ninth-round 1991 draft choice to Cleveland Browns for DE Bob Buczkowski.

1992

- 4/25 Second-round 1992 and third-round 1993 draft choices to Minnesota Vikings for DT Keith Mil-lard.
- 4/26 Fourth-round 1992 draft choice to New Orleans Saints for RB Rueben Mayes.

1993

- 4/26 Sixth-round 1993 draft choice to Green Bay Packers for S Dave McCloughan.
- 8/25 Sixth-round 1994 draft choice to New England Patriots for RB Jon Vaughn.

1994

- 4/25 Fifth-round 1994 draft choice to San Diego Chargers for fourth-round 1995 draft choice (LB Jason Kyle).
- 4/28 Fifth-round 1995 draft choice to Detroit Lions for WR Reggie Barrett.

1995

- 3/10 Third-round 1995 draft choice to Green Bay Packers for signing restricted free agent CB Corey Harris.
- 4/3 Fourth-round 1995 draft choice to Arizona Cardinals for WR Ricky Proehl.

1996

- 3/12 G Jeff Blakeshear to Baltimore Ravens for fourth-round 1997 draft choice. (choice traded)
- 4/20 First-round 1996 draft choice (#14) to Houston Oilers for first-round 1996 draft choice (#17)

and DT Glenn Montgomery.

- 4/20 First-round 1996 draft choice (#17) to Detroit Lions for first-round draft choice (#21) (G Pete Kendall) and third-round 1996 draft choice (FB Reggie Brown).
 4/20 Fourth and fifth-round 1996 draft choices to Jacksonville Jaguars for fourth-round 1996 draft choice (DE Phillip Daniels).
 6/27 S Eugene Robinson to Green Bay for DE Matt LaBounty

1997

- 2/18 QB Rick Mirer and fourth round 1997 draft choice (b) to Chicago for first-round (#11) 1997 draft choice (choice traded).
 3/28 First-round (#11), second-round, third-round, and fourth-round 1997 draft choices to Atlanta for first-round (#3) (CB Shawn Springs) and third-round 1997 draft choices.
 4/19 First-round (#12) and third-round 1997 draft choices to Tampa Bay Buccaneers for first round (#6) 1997 draft choice (T Walter Jones).
 9/30 Conditional draft choice to New Orleans Saints for WR Daryl Hobbs.

1998

- 4/19 Fifth-round choice (#138) to Dallas in exchange for sixth-round (#162, DT Carl Hansen) and seventh-round (#197, C Jason McEndoo) selections.

1999

- 3/19 Seventh-round choice (#223) to NY Jets for QB Glenn Foley.
 4/17 First-round choice (#17) to New England for first-round (#20), third-round (#82) and sixth round (#191).
 4/17 First-round choice (#20) to Dallas for first-round (#22) and fifth-round (#140).
 4/17 Second-round choice (#47) awarded to Green Bay as compensation for Mike Holmgren.
 4/18 Sixth-round choices (#187 & #191) to Cleveland for sixth-round (#170, CB Steve Johnson)
 6/24 WR James McKnight to Dallas Cowboys for third-round 2000 draft choice.
 8/30 Traded a seventh-round 2000 pick to Green Bay for WR Derrick Mayes.
 9/5 Traded a conditional draft choice to Jacksonville for CB Cordell Taylor.

2000

- 2/12 WR Joey Galloway to Dallas for first-round choices in 2000 & 2001.
 4/14 RB Ahman Green and fifth-round choice to Green Bay for CB Fred Vinson and sixth-round pick.
 4/15 Third-round choice (#86) to San Francisco for fourth (#119) and fifth-round (#154) picks.
 4/16 Fifth-round pick (#154) to Denver for sixth-round (#175) and seventh-round (#231) picks.
 4/16 Seventh-round pick (#231) to Oakland for a sixth-round 2001 choice.
 8/27 Undisclosed 2001 draft choice to Chicago for G Chad Overhauser.

2001

- 3/2 First-round pick (#10) and third-round choice (#72) to Green Bay for QB Matt Hasselbeck and first-round choice (#17).
 4/21 First-round (#7) and sixth-round pick (#191) to San Francisco for first-round (#9), third-round (82) and seventh-round (#222) picks.

2 St. Louis Rams 37, Seattle Seahawks 34 Sunday, September 10, 2000 — Husky Stadium

The Seattle Seahawks gave the defending Super Bowl champs all they could handle, eventually falling to the Rams 37-34 in the closing seconds of the game. A seesaw battle, the Seahawks offense kept pace with the Rams until a Jeff Wilkins' 27-yard field goal with 23 seconds remaining in the game secured the victory. Down 27-20 midway through the final quarter, Kitna led an eight-play, 80-yard drive that culminated in Ricky Watters' second touchdown run on the day, a 1-yard plunge to tie the game. On that drive, the Seahawks had five consecutive plays of over 10 yards and totaled 44 yards rushing on the drive. The Seahawks would take over after Seattle's hard hitting defense forced a punt; however, on their first play of the drive, Kitna was sacked from behind and fumbled. The Rams Kevin Carter recovered and then fumbled before Devin Bush picked it up and returned it 15 yards for a touchdown and a 34-27 lead. On the first play of Seattle's next drive, a swing pass intended for Watters was intercepted; but, after Holmgren challenged the call on the field, it was overturned and ruled Grant Wistrom never had control. Kitna then proceeded to lead the team 71 yards in seven plays before a heroic 34-yard touchdown connection with Darrell Jackson tied the game, 34-34, with 2:05 remaining in the contest. Facing a third-down and 17 with 32 seconds left in the game, Kurt Warner found Torry Holt 43 yards down the left sideline which set up the game-winning kick.

St. Louis		Seattle		St. Louis		Seattle	
SEA	1	6:00	Heppner 19 FG (13-75, 4:53)	0	3		
STL	1	0:32	Wilkins 48 FG (9-39, 5:28)	3	3		
SEA	2	6:58	Bellamy 84 interception return (Heppner kick)	3	10		
STL	2	3:11	Wilkins 48 FG (8-39, 3:47)	6	10		
STL	2	0:17	Holcombe 1 run (Wilkins kick) (12-68, 1:36)	13	10		
SEA	3	9:56	Watters 3 run (Heppner kick) (11-62, 5:04)	13	17		
STL	3	4:41	Faulk 1 run (Wilkins kick) (9-69, 5:15)	20	17		
SEA	3	0:20	Heppner 43 FG (8-25, 4:21)	20	20		
SEA	4	11:32	Williams 4 pass from Warner (Wilkins kick) (7-80, 3:48)	27	20		
SEA	4	7:40	Watters 1 run (Heppner kick) (8-80, 3:52)	27	27		
STL	4	5:12	Bush 15 fumble recovery (Wilkins kick)	34	27		
SEA	4	2:05	Jackson 34 pass from Kitna (Heppner kick) (7-71, 3:07)	34	34		
STL	4	0:23	Wilkins 27 FG (8-61, 1:42)	37	34		
Att.	--	64,869					

INDIVIDUAL STATISTICS

RUSHING

St. Louis	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Faulk	15	68	16	1	Watters	16	59	13	2
Holcombe	4	17	8	1	Kitna	3	24	11	0
Warner	2	11	11	0	Alexander	3	18	10	0
Canidate	1	1	1	0	Strong	1	1	1	0
					Jackson	1	-1	-1	0
TOTAL	22	97	16	2	TOTAL	24	101	13	2

PASSING

St. Louis	A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Warner	47	35	386	1	1	Kitna	31	20	245	1	2
TOTAL	47	35	386	1	1	TOTAL	31	20	245	1	2

RECEIVING

St. Louis	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
Faulk	9	85	27	0	Dawkins	6	70	17	0
Holt	6	101	41	0	Watters	5	44	15	0
Bruce	6	97	50	0	Mili	3	52	23	0
Hakim	6	41	15	0	Jackson	2	42	34t	1
Proehl	4	44	19	0	Mays	2	20	12	0
Robinson	1	8	8	0	Strong	2	17	11	0
Williams	1	4	4t	1					
Conwell	1	2	2	0					
TOTAL	35	386	50	1	TOTAL	20	245	34t	1

TEAM STATISTICS

	St. Louis	Seattle	St. Louis	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	28	24	Lyle	9	7	2	0	0	1	9	1	0	0
Third Down Eff.	9-14-64%	4-9-44%	Bush	8	6	2	0	0	0	0	0	0	1t
Total Net Yards	476	340	Fletcher	7	5	2	0	0	0	0	0	0	0
Total Off. Plays	70	58	Zgonina	6	4	2	0	0	0	0	0	0	0
Avg. per Play	6.8	5.9	Lycht	5	4	1	0	0	1	0	1	0	0
Net Yards Rushing	97	101	Wistrom	5	4	1	0	0	0	0	1	0	0
Total Rushing Plays	22	24	Additional Stats: Sacks: Agnew 1.0, Collins 1.0, Jones 1.0.										
Net Yards Passing	379	239	Forced Fumbles: Collins 1. Fumble Recoveries: Carter 1.										
Times Sacked/Yds. Lost	1/7	3/6	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Pass Atts-Comps-Ints	47-35-1	31-20-2	Bellamy	11	10	1	0	0	1t	84	1	0	0
Punts-No. and Avg.	2-35.0	2-37.5	W. Williams	8	7	1	0	0	0	0	2	0	0
Penalties-No. and Yards	4-16	1-10	C. Brown	8	4	4	0.5	3.5	0	0	1	0	0
Fumbles-No. and Lost	2-0	1-1	Koonce	7	6	1	0	0	0	0	0	0	0
Touchdowns	4	4	Springs	5	4	1	0	0	0	0	1	0	0
Field Goals Made-Att	3-3	2-2	Tongue	5	4	1	0	0	0	0	1	0	0
Time of Possession	33:33	26:27	Simmons	5	3	2	0	0	0	0	0	0	0
			Additional Stats: Sacks: Sinclair 0.5.										

3 Seattle Seahawks 20, New Orleans Saints 10

Sunday, September 17, 2000 — Husky Stadium

The Seattle Seahawks played a dominating second half against New Orleans, owning the game clock in the fourth quarter and outscoring the Saints 10-0 in the period for a 20-10 victory. Ricky Watters had his 31st-career 100-yard rushing game, finishing with 105 yards. In games Watters has rushed for 100 yards, his teams are 28-3, including 9-1 with Seattle. The Seahawks got on the board first with a Watters 7-yard touchdown run in the first quarter, taking advantage of field position after a Jay Bellamy sack and forced fumble made New Orleans to punt deep from their own territory. The Saints would even the score when quarterback Jeff Blake found Keith Poole on a 49-yard touchdown connection to tie the game up at the end of the first period. A field goal late in the second quarter gave the Saints a 10-7 halftime lead. In the third quarter, the Seahawks took control of the ball and the game clock. A 15-play drive that consumed seven minutes resulted in a Kris Heppner 31-yard field goal that tied the game at 10-10. The Seahawks offense had the ball for 11:43 in the fourth quarter, and a 12-play, 87-yard drive that took 7:07 off the clock resulted in a Jon Kitna 1-yard touchdown pass to Itula Mili, giving Seattle a 17-10 lead. On Seattle's next possession, an eight-play, 47-yard drive chewed up 4:28, with Kris Heppner's 45-yard field goal adding insurance to a 20-10 final score. Kitna finished 22 of 29 for 193 yards, with one touchdown and one interception. Watters had 22 carries for 105 yards, with a 4.8 average and one touchdown.

New Orleans	7	3	0	0	—	10
Seattle	7	0	3	10	—	20

					New Orleans	Seattle
SEA	1	8:35	Watters 7 run (Heppner kick) (6-47, 2:50)		0	7
NO	1	0:57	Poole 49 pass from Blake (Brien kick) (8-80, 4:17)		7	7
NO	2	2:37	Brien 23 FG (12-66, 6:54)		10	7
SEA	3	8:01	Heppner 31 FG (15-59, 6:59)		10	10
SEA	4	9:23	Mili 1 pass from Kitna (Heppner kick) (12-87, 7:07)		10	17
SEA	4	3:47	Heppner 45 FG (8-47, 4:28)		10	20
Att.	--	59,513				

INDIVIDUAL STATISTICS

RUSHING

New Orleans Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
R. Williams	23	107	15	0	Watters	22	105	16
Blake	2	10	5	0	Alexander	5	19	9
Morton	1	-1	-1	0	Kitna	4	2	5
TOTAL	26	116	15	0	TOTAL	31	126	16

PASSING

New Orleans A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Blake	24	14	159	1	0	Kitna	29	22	193	1
TOTAL	24	14	159	1	0	TOTAL	29	22	193	1

RECEIVING

New Orleans No	Yds	LG	TD	Seattle	No	Yds	LG	TD
Horn	7	68	17	0	Jackson	5	59	25
R. Williams	5	35	12	0	Mili	4	22	11
Poole	1	49	49t	1	Strong	3	33	24
Morton	1	7	7	0	Watters	3	19	14
					Alexander	2	21	18
					Fauria	2	16	9
					Dawkins	1	8	8
					J. Williams	1	8	8
					Bailey	1	7	7
TOTAL	14	159	49t	1	TOTAL	22	193	25

TEAM STATISTICS

	New Orleans	Seattle	New Orleans	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	13	22	Mathis	9	8	1	0	0	0	0	1	0	0
Third Down Eff.	7-14-50%	7-13-54%	Perry	9	7	2	0	0	0	0	1	0	0
Total Net Yards	263	295	Clarke	8	8	0	1.0	7	0	0	0	0	0
Total Off. Plays	52	64	Smith	6	4	2	0	0	0	0	0	0	0
Avg. per Play	5.1	4.6	Knight	6	3	3	0	0	0	0	0	0	0
Net Yards Rushing	116	126	Additional Stats: Sacks:	Howard 1.0, Johnson 2.0.									
Total Rushing Plays	26	31	Interceptions:	Molden 1.									
Net Yards Passing	147	169											
Times Sacked/Yds. Lost	2/12	4/24	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Pass Atts-Comps-Ints	24-14-0	29-22-1	Simmons	12	10	2	0	0	0	0	0	0	0
Punts-No. and Avg.	5-40.8	3-41.0	Springs	9	8	1	0	0	0	0	3	0	0
Penalties-No. and Yards	4-40	4-32	Koonce	8	4	4	0	0	0	0	0	0	0
Fumbles-No. and Lost	1-0	0-0	C. Brown	6	5	1	0	0	0	0	0	0	0
Touchdowns	1	2	Bellamy	4	4	0	1.0	12	0	0	0	1	0
Field Goals Made-Att	1-1	2-3	Tongue	4	3	1	0	0	0	0	1	0	0
Time of Possession	25:13	34:47	Additional Stats:	Sacks: King 1.0.									

4 Seattle Seahawks 20, San Diego Chargers 12

Sunday, September 24, 2000 — Qualcomm Stadium

The Seahawks evened their record at 2-2 when they defeated the San Diego Chargers 20-12 at Qualcomm Stadium, led by the fleet feet of a rookie and an eight-year veteran leading the way. Kris Heppner got the scoring underway with a 25-yard field goal on the Seahawks opening drive in the first quarter, giving the Seahawks a 3-0 lead. Chargers' kicker John Carney tied it up with a 41-yard effort, and then gave the Chargers a 6-3 lead two minutes later with a 28-yard boot. But then it was rookie receiver Darrell Jackson's turn. Jackson, starting his third consecutive game, found himself wide open on a slant across the middle and then turned on the burners and ran 68 yards into the endzone for the score, giving the Seahawks a 10-6 first-quarter lead. Seattle took a 13-12 lead into the locker room at halftime after another Heppner field goal for Seattle and two field goals by Carney for San Diego. Eight-year veteran cornerback Willie Williams sealed the victory when he picked off a Ryan Leaf pass and returned it 69 yards in his own Olympic sprint, giving the Seahawks a 20-12 lead, which also proved to be the final score. Jim Harbaugh, who replaced Ryan Leaf (sprained wrist) in the third quarter led a Chargers drive to the Seattle 21-yard line late in the game, but a series of penalties moved a first-and-10 situation into a third-and-29 for San Diego. The Chargers could not convert on a fourth-and-four, and the Seahawks took over on downs and ran out the clock. Kitna completed 11 of 21 passes for 196 yards and one touchdown. Kitna also had six carries for 22 yards. Ricky Watters had a game-high 67 yards rushing on 16 carries. Shaun Alexander had three carries for 19 yards.

Seattle	10	3	7	0	—	20
San Diego	6	6	0	0	—	12

					Seattle	San Diego
SEA	1	10:05	Heppner 25 FG (11-58, 4:55)		3	0
SD	1	3:37	Carney 41 FG (10-49, 6:28)		3	3
SD	1	1:04	Carney 28 FG (4-6, 2:19)		3	6
SEA	1	0:05	Jackson 68 pass from Kitna (Heppner kick) (2-68, 0:59)		10	6
SD	2	3:56	Carney 24 FG (6-27, 2:41)		10	9
SEA	2	0:36	Heppner 26 FG (11-65, 3:20)		13	9
SD	2	0:00	Carney 45 FG (4-26, 0:36)		13	12
SEA	3	6:50	W. Williams 69 interception return (Heppner kick)		20	12
Att.	--	47,233				

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	San Diego	Att	Yds	LG	TD
Watters	16	67	12	0	Fletcher	5	40	21	0
Kitna	6	22	10	0	Fazande	11	36	11	0
Alexander	3	19	9	0	McCrary	5	9	4	0
					Leaf	2	3	3	0
					Harbaugh	1	3	3	0
TOTAL	25	108	12	0	TOTAL	24	91	21	0

PASSING

Seattle	A	C	Yds	TD	INT	San Diego	A	C	Yds	TD	INT
Kitna	21	11	196	1	0	Leaf	26	16	153	0	1
						Harbaugh	14	8	67	0	1
TOTAL	21	11	196	1	0	TOTAL	40	24	220	0	2

RECEIVING

Seattle	No	Yds	LG	TD	San Diego	No	Yds	LG	TD
Mili	3	45	25	0	F. Jones	8	82	28	0
Dawkins	3	37	17	0	Conway	4	45	16	0
Jackson	1	68	68	1	Ricks	2	29	23	0
Walters	1	14	14	0	R. Jones	2	15	8	0
Fauria	1	13	13	0	Heiden	2	9	8	0
Bailey	1	10	10	0	Fazande	2	6	5	0
Strong	1	9	9	0	Fletcher	2	3	3	0
					Jacquet	1	25	25	0
					McCrary	1	6	6	0
TOTAL	11	196	68	1	TOTAL	24	220	28	0

TEAM STATISTICS

	Seattle	San Diego	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	15	15	Simmons	14	11	3	1.0	7	0	0	0	0	0
Third Down Eff.	3-12-25%	6-17-35%	C. Brown	5	5	0	0	0	0	0	0	0	0
Total Net Yards	269	303	W. Williams	5	5	0	0	0	1t	69	2	0	0
Total Off. Plays	51	66	Joseph	4	4	0	0	0	0	0	1	0	0
Avg. per Play	5.3	4.6	Koonce	4	4	0	0	0	0	0	0	0	0
Net Yards Rushing	108	91	Sinclair	4	3	1	1.0	1	0	0	0	0	0
Total Rushing Plays	25	24	Additional Stats: Interceptions: Springs 1.										
Net Yards Passing	161	212	San Diego	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Times Sacked/Yds. Lost	5/35	2/8	Dumas	7	7	0	0	0	0	0	0	0	0
Pass Atts-Comps-Ints	21-11-0	40-24-2	Dixon	5	5	0	0	0	0	0	0	0	0
Punts-No. and Avg.	5-44.8	6-45.0	Parrella	4	4	0	2.0	17	0	0	0	0	0
Penalties-No. and Yards	5-45	9-71	Seau	4	4	0	0	0	0	0	1	0	0
Fumbles-No. and Lost	2-2	3-0	Beckett	4	3	1	0	0	0	0	0	0	0
Touchdowns	2	0	Ruff	4	3	1	0	0	0	0	0	0	0
Field Goals Made-Att	2-3	4-4	Harrison	4	1	3	1.0	12	0	0	1	0	0
Time of Possession	26:44	33:16	Additional Stats: Sacks: Dingle 1.0, Rusk 1.0.										

5 Kansas City Chiefs 24, Seattle Seahawks 17

Monday, October 2, 2000 — Arrowhead Stadium

The Seahawks rushed for a season high 189 yards and held the ball for nearly 35 minutes, but could not overcome 10 fourth-quarter points by the Chiefs. The Seahawks took a 7-0 lead in the first quarter following a Kansas City missed field goal on their opening drive. Seattle used 14 plays to drive 72 yards taking nine minutes off the clock on their initial drive that culminated in a 1-yard Jon Kitna-to-Itula Mili touchdown pass. The Chiefs tied the game at 7-7 midway through the second quarter after Elvis Grbac connected with Tony Gonzalez on a 15-yard scoring pass. However, the Seahawks would respond with a 13-play, 75-yard drive capped by a 7-yard touchdown run by Shaun Alexander, his first career touchdown, for a 14-7 lead with 48 seconds left in the first half. After an exchange of punts to open the second half, the Seahawks jumped ahead, 17-7, after a Rian Lindell 27-yard field goal, the first of his career. Pinned at their own 5-yard line late in the third quarter, the Chiefs used three plays and traveled 95 yards to pull within 17-14. Grbac connected with Derrick Alexander from 17 yards out on the score, but the touchdown was set up by the first play of the drive—a 73-yard Grbac-to-Alexander passing play. Following a Seahawks punt on the ensuing drive, the Chiefs tied the game at 17-17 on a 27-yard Pete Stoyanovich field goal. After an apparent third-and-10 first down reception by Christian Fauria on the following drive was overturned by replay, the Hawks were forced to punt and the Chiefs took over. Kansas City drove 51 yards in four plays and took the 24-17 lead with 4:26 to play in the game when Mike Cloud scored on a 15-yard run.

Seattle	7	7	3	0	—	17
Kansas City	0	7	7	10	—	24

	SEA	KC	SEA	SEA	KC	KC	KC	Att.	Mili	Gonzalez	S. Alexander	Lindell	D. Alexander	Stoyanovich	Cloud	Seattle	Kansas City
	1	2	2	3	4	4	4	--	1	15	7	27	17	27	15	7	0
	1:34	6:59	0:48	6:24	11:42	4:26	--	78, 502	pass from Kitna (Lindell kick) (14-72, 9:00)	15 pass from Grbac (Stoyanovich kick) (8-78, 4:18)	7 run (Lindell kick) (13-75, 6:11)	27 FG (9-63, 3:41)	Alexander 17 pass from Grbac (Stoyanovich kick) (3-95, 1:12)	27 FG (10-44, 3:21)	15 run (Stoyanovich kick) (4-51, 1:42)	7	7
																14	7
																17	7
																17	14
																17	17
																17	24

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD
Watters	16	97	32	0
Alexander	11	74	17	1
Kitna	6	18	8	0
TOTAL	33	189	32	1

Kansas City	Att	Yds	LG	TD
Richardson	11	53	15	0
Anders	7	45	13	0
Cloud	6	36	15t	1
Grbac	2	2	3	0
TOTAL	26	136	15t	1

PASSING

Seattle	A	C	Yds	TD	INT
Kitna	28	17	140	1	1
TOTAL	28	17	140	1	1

Kansas City	A	C	Yds	TD	INT
Grbac	27	16	256	2	0
TOTAL	27	16	256	2	0

RECEIVING

Seattle	No	Yds	LG	TD
Jackson	4	51	23	0
Fauria	4	25	8	0
Dawkins	3	24	10	0
Mayes	2	20	17	0
Alexander	2	13	11	0
Strong	1	6	6	0
Mili	1	1	1	1
TOTAL	17	140	23	1

Kansas City	No	Yds	LG	TD
D. Alexander	5	153	73	1
Morris	3	40	18	0
Gonzalez	3	34	5	1
Drayton	1	11	11	0
Lockett	1	8	8	0
Richardson	1	6	6	0
Cloud	1	3	3	0
Anders	1	1	1	0
TOTAL	16	256	73	2

TEAM STATISTICS

	Seattle	Kansas City
Total First Downs	20	18
Third Down Eff.	5-13-38%	3-11-27%
Total Net Yards	289	378
Total Off. Plays	67	55
Avg. per Play	4.3	6.9
Net Yards Rushing	189	136
Total Rushing Plays	33	26
Net Yards Passing	100	242
Times Sacked/Yds. Lost	6/40	2/14
Pass Atts.-Comps.-Ints	28-17-1	27-16-0
Punts-No. and Avg.	6-39.3	6-43.3
Penalties-No. and Yards	7-45	12-77
Fumbles-No. and Lost	4-1	0-0
Touchdowns	2	3
Field Goals Made-Att	1-1	1-2
Time of Possession	34:52	25:08

DEFENSE

Seattle	T	S	A	QB Yds.	Int. Yds.	PD	FF	FR
Koonce	9	9	0	1.0	8	0	0	0
C. Brown	7	6	1	0	0	0	0	0
Simmons	6	6	0	0	0	0	0	0
Kennedy	3	3	0	0	0	0	1	0
Springs	3	3	0	0	0	0	1	0
Tongue	3	3	0	0	0	0	0	0
W. Williams	3	2	1	0	0	0	0	0

Additional Stats: Sacks: King 1.0.

Kansas City	T	S	A	QB Yds.	Int. Yds.	PD	FF	FR
Patton	12	12	0	0	0	0	2	0
Edwards	10	9	1	0	0	0	0	0
Hicks	6	5	1	3.0	23	0	0	0
Dennis	5	5	0	0	0	0	0	1
Woods	5	4	1	0	0	1	0	0

Additional Stats: Sacks: Browning 1.0, McGlockton 1.0, Williams 1.0. Forced Fumbles: Hasty 1, Wesley 1.

6 Carolina Panthers 26, Seattle Seahawks 3 Sunday, October 8, 2000 — Ericsson Stadium

The Seahawks concluded a stretch of three consecutive road games with a disappointing 26-3 loss to the Carolina Panthers on October 8. The Seahawks defense remained on the field for just under 40 minutes and surrendered 447 total yards, including 322 through the air. Although the Hawks had no turnovers on the day, seven of Seattle's 10 drives ended with a punt (two on downs). The Panthers held a 20-0 lead at the half on two Steve Beuerlein touchdown passes and two Joe Nedney field goals. Beuerlein's first touchdown strike came late in the first quarter on a 43-yard pass to Donald Hayes and the second touchdown pass came on the following drive when he connected with William Floyd from 5 yards out. The Panthers added to their lead with 4:05 remaining in the third quarter when Nedney hit his third offering of the day from 22 yards away for a 23-0 lead. Seattle got on the board on the ensuing drive after Rian Lindell split the uprights from 42 yards away, closing the score to 23-3. Joe Nedney would connect on a fourth field goal from 29 yards midway through the final period to give the Panthers a 26-3 lead. In his first career start, Brock Huard completed 19 of 34 attempts for 172 yards. He had no touchdowns or interceptions. Ricky Watters led the team once again in rushing with 63 yards on just 10 carries (6.3 avg.) and Darrell Jackson led the team in receptions for the third time this season, totaling six. Anthony Simmons led the team in tackles for the third time this season totaling 12, while Chad Brown added 1.5 sacks and the game's only interception.

Seattle	0	0	3	0	—	3
Carolina	7	13	3	3	—	26

	Time	Description	Seattle	Carolina
CAR 1	4:50	Hayes 43 pass from Beuerlein (Nedney kick) (6-70, 2:35)	0	7
CAR 2	11:36	Floyd 5 pass from Beuerlein (Nedney kick) (12-70, 6:28)	0	14
CAR 2	2:05	Nedney 44 FG (5-13, 1:57)	0	17
CAR 2	0:00	Nedney 42 FG (8-44, 1:21)	0	20
CAR 3	4:05	Nedney 22 FG (12-61, 6:48)	0	23
SEA 3	0:54	Lindell 42 FG (8-43, 3:11)	3	23
CAR 4	8:04	Nedney 29 FG (12-57, 7:50)	3	26
Att.	-- 72:12			

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	Carolina	Att	Yds	LG	TD
Watters	10	63	26	0	Biakabutuka	23	103	43	0
Alexander	1	0	0	0	Floyd	4	10	4	0
					Hoover	4	10	4	0
					Beuerlein	1	3	3	0
					Lewis	1	-1	-1	0
TOTAL	11	63	26	0	TOTAL	33	125	43	0

PASSING

Seattle	A	C	Yds	TD	INT	Carolina	A	C	Yds	TD	INT
Huard	34	19	172	0	0	Beuerlein	39	27	332	2	1
TOTAL	34	19	172	0	0	TOTAL	39	27	332	2	1

RECEIVING

Seattle	No	Yds	LG	TD	Carolina	No	Yds	LG	TD
Jackson	6	45	13	0	Walls	7	102	26	0
Dawkins	5	61	17	0	Byrd	6	49	15	0
Fauria	3	24	12	0	Hayes	5	93	43	1
J. Williams	2	31	18	0	Biakabutuka	4	38	13	0
Mili	1	12	12	0	Floyd	3	24	13	1
Strong	1	3	3	0	Mangun	1	18	18	0
Watters	1	-4	-4	0	Muhammad	1	8	8	0
TOTAL	19	172	18	0	TOTAL	27	332	43	2

TEAM STATISTICS

	Seattle	Carolina
Total First Downs	10	26
Third Down Eff.	0-11-0%	4-11-36%
Total Net Yards	209	447
Total Off. Plays	48	74
Avg. per Play	4.4	6.0
Net Yards Rushing	63	125
Total Rushing Plays	11	33
Net Yards Passing	146	322
Times Sacked/Yds. Lost	3/26	2/10
Pass Atts-Comps-Ints	34-19-0	39-27-1
Punts-No. and Avg.	7-41.3	2-35.5
Penalties-No. and Yards	12-80	5-30
Fumbles-No. and Lost	1-0	2-0
Touchdowns	0	2
Field Goals Made-Att	1-1	4-5
Time of Possession	20:20	39:40

DEFENSE

	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Simmons	12	10	2	0	0	0	0	0	0	0
Springs	9	7	2	0	0	0	0	0	0	0
Bellamy	8	3	5	0	0	0	0	0	0	0
Tongue	7	6	1	0	0	0	0	0	0	0
Koonce	6	5	1	0.5	3.5	0	0	2	0	0
Additional Stats: Sacks: C. Brown 1.5. Interceptions: C. Brown 1.										
	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Woodall	6	6	0	0	0	0	0	1	0	0
Davis	5	4	1	0	0	0	0	0	0	0
Towns	4	4	0	0	0	0	0	0	0	0
Robinson	4	3	1	0	0	0	0	0	0	0
Williams	3	3	0	2.0	18	0	0	0	0	0
Evans	3	2	1	0	0	0	0	1	0	0
Additional Stats: Sacks: Navies 1.0. Forced Fumbles: Navies										

7 Indianapolis Colts 37, Seattle Seahawks 24

Sunday, October 15, 2000 — Husky Stadium

The Seattle Seahawks allowed 499 total yards, including 219 rushing from Edgerrin James in a 37-24 loss to the Indianapolis Colts. James popped off a 26-yard touchdown run on the Colts opening drive for an early 7-0 lead. The Hawks would march down the field on the ensuing drive, but a 21-yard field goal attempt by Rian Lindell missed wide right. The Colts took advantage and drove down the field for a Mike Vanderjagt 23-yard boot for a 10-0 lead. The teams took turns scoring to finish out the half. The Hawks scored on an 8-yard Brock Huard to Darrell Jackson pass and later on a Huard-to-Itula Mili 7-yard pass with under two minutes to play in the half. Sandwiched between Seattle's two touchdowns, James scored his second touchdown on a 3-yard run. Following Mili's score, the Colts drove 50 yards and set up Vanderjagt for a 38-yard field goal and a 20-14 lead with just 23 seconds left before half. Following consecutive completions to James Williams of 17 and 14 yards, Lindell came on to nail a 51-yard field goal as time expired in the half inching the Hawks to within 20-17. The Seahawks carried the momentum in to the second-half. Charlie Rogers returned the opening kickoff for a career-long 81 yards to the Indianapolis 21-yard line, but on the first play from scrimmage, a Ricky Watters fumble was recovered by Cornelius Bennett, and the Colts marched the other way before Peyton Manning found Ken Dilger in the end zone from 17 yards out, putting the Colts up 27-17. James would rush for his third touchdown and Vanderjagt converted his third field goal giving the Colts a 37-17 lead before Huard passed for his third touchdown when he found Karsten Bailey for a 6-yard touchdown, the first of his career. In his second start, Huard was 19 for 26 for 226 yards, three touchdowns and one interception, giving him a 121.6 quarterback passer rating for the game.

		Indianapolis	7	13	14	3	—	37		
		Seattle	0	17	0	7	—	24		
									Indianapolis	Seattle
IND	1	11:05	James	26	run (Vanderjagt kick)	(7-87, 3:55)			7	0
IND	2	14:12	Vanderjagt	23	FG (14-74, 8:07)			10	0	
SEA	2	10:03	Jackson	8	pass from Huard (Lindell kick)	(7-72, 4:09)		10	7	
IND	2	6:54	James	3	run (Vanderjagt kick)	(6-57, 3:09)		17	7	
SEA	2	1:56	Mili	7	pass from Huard (Lindell kick)	(6-34, 2:28)		17	14	
IND	2	0:23	Vanderjagt	38	FG (10-50, 1:33)			20	14	
SEA	2	0:00	Lindell	51	FG (3-31, 0:23)			20	17	
IND	3	8:33	Dilger	17	pass from Manning (Vanderjagt kick)	(11-76, 6:06)		27	17	
IND	3	0:12	James	2	run (Vanderjagt kick)	(9-76, 5:23)		34	17	
IND	4	10:40	Vanderjagt	40	FG (7-38, 3:29)			37	17	
SEA	4	5:12	Bailey	6	pass from Huard (Lindell kick)	(13-66, 5:28)		37	24	
Att.	--	63,593								

INDIVIDUAL STATISTICS

Indianapolis Att					Seattle						
Att	Yds	LG	TD	Att	Yds	LG	TD	Att	Yds	LG	TD
James	38	219	26t	3	Watters	8	24	9	0		
Manning	1	0	0	0	Huard	3	21	10	0		
					Alexander	5	20	7	0		
TOTAL	39	219	26t	3	TOTAL	16	65	10	0		

Indianapolis A					Seattle						
A	C	Yds	TD	INT	A	C	Yds	TD	INT		
Manning	30	20	281	1	0	Huard	26	19	226	3	1
						Kitna	6	5	57	0	0
TOTAL	30	20	281	1	0	TOTAL	32	24	283	3	1

Indianapolis					Seattle						
No	Yds	LG	TD	No	Yds	LG	TD	No	Yds	LG	TD
Harrison	7	134	39	0	Dawkins	6	118	40	0		
Dilger	6	93	30	1	Jackson	6	66	23	1		
Wilkins	5	32	9	0	Mili	4	21	7	1		
Pathon	1	13	13	0	Watters	3	31	14	0		
James	1	9	9	0	Williams	2	31	17	0		
					Bailey	2	11	6t	1		
					Strong	1	5	5	0		
TOTAL	20	281	39	1	TOTAL	24	283	40	3		

TEAM STATISTICS

Indianapolis		Seattle		DEFENSE												
Total First Downs	28	21	Peterson	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR			
Third Down Eff.	6-11-55%	5-9-56%	Cota	7	4	3	0	0	0	0	0	0	0			
Total Net Yards	499	317	Macklin	6	5	1	0	0	0	0	0	0	0			
Total Off. Plays	70	54	Belsler	4	4	0	0	0	0	0	1	0	0			
Avg. per Play	7.1	5.9	Bennett	4	4	0	1.0	5	0	0	0	0	1			
Net Yards Rushing	219	65	Williams	4	3	1	1.5	6	0	0	0	1	0			
Total Rushing Plays	39	16	Additional Stats: Sacks: Bratzke 0.5, Burris 1.0, Johnson 1.0, Washington 1.0. Forced Fumbles: Johnson 1. Fumble Recoveries: Bratzke 1.													
Net Yards Passing	280	252	Seattle	T	S	A	QB	Yds. <th>Int.</th> <th>Yds.</th> <th>PD</th> <th>FF</th> <th>FR</th>	Int.	Yds.	PD	FF	FR			
Times Sacked/Yds. Lost	1/1	6/31	Joseph	12	9	3	0	0	0	0	0	0	0			
Pass Atts-Comps-Ints	30-20-0	32-24-1	Bellamy	11	9	2	0	0	0	0	0	1	0			
Punts-No. and Avg.	1-45.0	3-35.3	C. Brown	10	7	3	1.0	1.0	0	0	0	0	0			
Penalties-No. and Yards	3-25	5-39	Simmons	7	5	2	0	0	0	0	0	0	0			
Fumbles-No. and Lost	2-2	2-2	Koonce	7	4	3	0	0	0	0	0	0	0			
Touchdowns	4	3	Additional Stats: Fumble Recoveries: W. Williams 1.													
Field Goals Made-Att	3-3	1-2														
Time of Possession	36:09	23:51														

8 Oakland Raiders 31, Seattle Seahawks 3

Sunday, October 22, 2000 — Network Associates Coliseum

The Seahawks dropped to 2-6 at the midway point of the season after losing to the Oakland Raiders 31-3 in a game that featured winds upward to 40 miles an hour. The Seahawks surrendered over 200 yards rushing for the second consecutive week; however, they forced the Raiders to punt after three plays on the game's opening drive, and took an early 3-0 lead after piecing together a seven-play, 49-yard drive which culminated in a Rian Lindell 44-yard field goal. The score marked the fifth time this season that Seattle has scored on their initial possession. Seattle nemesis Tim Brown had two first-half touchdown receptions--the first a 16-yard reception from Rich Gannon late in the initial period and the second on a 9-yard pass from Gannon to open the second quarter-which gave the Raiders a 14-3 lead early on. Following a Seattle punt midway through the second quarter, Tyrone Wheatley added to the Raiders lead when he broke loose up the middle for an 80-yard touchdown run on the first play from scrimmage, giving the Raiders a 21-3 advantage which Oakland would carry into the locker room at halftime. Jon Kitna replaced Brock Huard at quarterback following Wheatley's touchdown run after Huard left the game with a concussion on the Hawks previous drive. Kitna, playing despite suffering a concussion earlier in the quarter, led the Seahawks into scoring position just before the half, but Lindell missed on a 43-yard field goal in swirling winds with 11 seconds remaining. Following a scoreless third quarter, the Raiders padded their lead with 10 fourth-quarter points, a 32-yard Sebastian Janikowski field goal and a 23-yard Gannon touchdown pass to James Jett which gave Oakland a 31-3 lead. Seahawks third-string quarterback Matt Lytle saw action on the Seahawks final drive, replacing Kitna.

Seattle	3	0	0	0	—	3
Oakland	7	14	0	10	—	31

	SEA	OAK		SEA	OAK
	1	10:47	Lindell 44 FG (7-49, 2:22)	3	0
	1	3:05	Brown 16 pass from Gannon (Janikowski kick) (4-21, 1:28)	3	7
	2	11:51	Brown 9 pass from Gannon (Janikowski kick) (6-70, 3:01)	3	14
	2	7:36	Wheatley 80 run (Janikowski kick) (1-80, 0:12)	3	21
	4	13:33	Janikowski 32 kick (4-1, 2:42)	3	24
	4	8:28	Jett 23 pass from Gannon (6-73, 3:37)	3	31
Att.	--	57,490			

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	Oakland	Att	Yds	LG	TD
Watters	17	95	18	0	Wheatley	15	156	80t	1
Alexander	9	29	12	0	Kaufman	6	34	29	0
Kitna	5	9	5	0	Gannon	3	14	8	0
Huard	1	4	4	0	Jordan	3	2	1	0
TOTAL	32	137	18	0	TOTAL	27	206	80t	1

PASSING

Seattle	A	C	Yds	TD	INT	Oakland	A	C	Yds	TD	INT
Kitna	18	11	85	0	0	Gannon	22	15	176	3	1
Huard	12	4	64	0	1	TOTAL	22	15	176	3	1
TOTAL	30	15	149	0	1						

RECEIVING

Seattle	No	Yds	LG	TD	Oakland	No	Yds	LG	TD
Mili	5	33	9	0	Jordan	2	35	20	0
Jackson	4	26	9	0	Rison	2	28	24	0
Watters	2	56	45	0	Brown	2	25	16t	2
Dawkins	2	28	14	0	Dudley	2	21	13	0
Fauria	1	6	6	0	Wheatley	2	18	10	0
Strong	1	0	0	0	Brigham	2	16	9	0
					Jett	1	23	23t	1
					Kaufman	1	11	11	0
					Ritchie	1	-1	-1	0
TOTAL	15	149	45	0	TOTAL	15	176	24	3

TEAM STATISTICS

	Seattle	Oakland	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	17	17	Simmons	8	8	0	0	0	0	0	0	0	0
Third Down Eff.	6-14-43%	2-9-22%	Koonce	6	6	0	0	0	0	0	0	0	0
Total Net Yards	283	380	Springs	6	4	2	0	0	0	0	0	0	0
Total Off. Plays	64	50	Joseph	4	2	2	0	0	0	0	0	0	0
Avg. per Play	4.3	7.6	C. Brown	3	2	1	1.0	2	0	0	0	1	0
Net Yards Rushing	137	206	Kennedy	3	2	1	0	0	0	0	1	0	0
Total Rushing Plays	32	27	W. Williams	3	2	1	0	0	1	0	1	0	0
Net Yards Passing	146	174											
Times Sacked/Yds. Lost	2/3	1/2	Oakland	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Pass Atts-Comps-Ints	30-15-1	22-15-1	Biekert	7	5	2	0	0	0	0	2	0	1
Punts-No. and Avg.	5-44.6	5-49.6	Harris	7	5	2	0	0	0	0	0	0	0
Penalties-No. and Yards	10-68	10-90	Thomas	6	5	1	0	0	0	0	1	0	0
Fumbles-No. and Lost	3-2	1-0	Barton	6	4	2	0	0	0	0	0	0	0
Touchdowns	0	4	Johnstone	6	3	3	0	0	0	0	0	0	0
Field Goals Made-Att	1-2	1-1	Additional Stats:	Sacks:	Upshaw 1.0	Interceptions:	Allen 1.						
Time of Possession	29:40	30:20	Forced Fumbles:	Jackson 1.	Fumble Recoveries:	Coleman 1.							

9 Kansas City Chiefs 24, Seattle Seahawks 19

Sunday, October 29, 2000 — Husky Stadium

The Seahawks held the Chiefs to 76 rushing yards but could not overcome a 342 yard, three touchdown performance by Elvis Grbac as Seattle fell to Kansas City 24-19, Sunday, October 29 in Husky Stadium. The Seahawks got on the board first as Rian Lindell booted a 50 yard field goal in the first-quarter but the Chiefs answered, chewing up 85 yards in four plays culminating in a Elvis Grbac 59 yard touchdown pass to Derrick Alexander to close the opening quarter. Jay Bellamy picked up his first of two interceptions of the day in the second-quarter, returning it 32 yards to the Kansas City 40. Six plays later Seattle took a 10-7 lead as Jon Kitna dumped off a 2-yard pass to Christian Fauria, his first of the year. However, the Chiefs passing attack struck again on the ensuing possession as Grbac and Alexander hooked up for the second time, this time a 50 yard toss to take back the lead, 14-10. After a Shaun Alexander fumble, his second of the season, the Chiefs continued to travel the friendly skies as Grbac connected with Kevin Lockett from 34 yards out on a four play, 54 yard drive with 2:20 left to play in the first half. The Seahawks defense took control of the third-quarter, stopping the Chiefs on three possessions, including Bellamy's interception at the Seattle 1, halting a 10 play Kansas City drive and Anthony Simmons' first interception of the season. Seattle had to settle for a Lindell 24 yard field goal after Alexander atoned for his earlier fumble with a 50 yard rumble on fourth-and-one to the Kansas City 6 late in the third-quarter, cutting the score to 21-13. After two Chiefs punts and good field position after a Charlie Rogers 41 yard punt return to the Kansas City 26, Ricky Watters took a Kitna pass 14 yards for the score but the two-point conversion pass was incomplete with the score 21-19. Former Seahawk Todd Peterson capped the scoring with a 37 yard field goal.

Kansas City		7	14	0	3	—	24		
Seattle		3	7	0	9	—	19		
SEA	1	2:23	Lindell 50 FG (5-15, 2:58)					Kansas City	Seattle
KC	1	0:53	Alexander 59 pass from Grbac (Peterson kick) (4-85, 1:30)					0	3
SEA	2	8:30	Fauria 2 pass from Kitna (Lindell kick) (6-40, 2:55)					7	3
KC	2	5:54	Alexander 50 pass from Grbac (Peterson kick) (6-76, 2:36)					7	10
KC	2	2:20	Lockett 34 pass from Grbac (Peterson kick) (4-54, 1:48)					14	10
SEA	4	14:57	Lindell 24 FG (9-70, 4:31)					21	10
SEA	4	5:53	Watters 14 pass from Kitna (pass failed) (3-26, 1:07)					21	13
KC	4	0:42	Peterson 37 FG (5-17, 1:06)					21	19
Att.	--	62,141						24	19

INDIVIDUAL STATISTICS

RUSHING

Kansas City	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Anders	19	54	11	0	Watters	21	90	11	0
Richardson	4	18	7	0	Alexander	4	53	50	0
Moreau	3	4	4	0					
TOTAL	26	76	11	0	TOTAL	25	143	50	0

PASSING

Kansas City	A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Grbac	35	22	342	3	3	Kitna	42	26	224	2	3
TOTAL	35	22	342	3	3	TOTAL	42	26	224	2	3

RECEIVING

Kansas City	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
Gonzalez	8	101	22	0	Dawkins	7	64	13	0
Alexander	4	137	59t	2	Fauria	5	50	16	1
Lockett	4	77	34t	1	Watters	5	38	17	1
Anders	4	17	9	0	Mays	3	29	13	0
Richardson	2	10	10	0	Jackson	2	17	10	0
					Strong	2	7	4	0
					Mili	1	12	12	0
					Alexander	1	7	7	0
TOTAL	22	342	59t	3	TOTAL	26	224	17	2

TEAM STATISTICS

	Kansas City	Seattle	Kansas City	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	17	22	Bush	9	8	1	0	0	0	0	0	1	0
Third Down Eff.	4-13-31%	4-14-29%	Patton	8	6	2	0	0	0	0	0	0	0
Total Net Yards	410	351	Dennis	6	6	0	0	0	1	0	1	0	0
Total Off. Plays	62	70	Hasty	6	5	1	0	0	1	0	1	0	0
Avg. per Play	6.6	5.0	Woods	6	5	1	1.0	7	0	0	0	0	0
Net Yards Rushing	76	143	Additional Stats: Sacks: Edwards 1.0, Williams 1.0.										
Total Rushing Plays	26	25	Interceptions: Wesley 1. Fumble Recoveries: Clemons 1.										
Net Yards Passing	334	208											
Times Sacked/Yds. Lost	1/8	3/16	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Pass Atts.-Comps-Ints	35-22-3	42-26-3	Parker	9	7	2	0	0	0	0	0	0	0
Punts-No. and Avg.	6-41.7	5-40.2	Bellamy	8	7	1	0	0	2	32	4	0	0
Penalties-No. and Yards	7-53	10-99	Koonce	8	6	2	0	0	0	0	0	0	0
Fumbles-No. and Lost	1-0	1-1	C. Brown	7	7	0	0	0	0	0	0	0	0
Touchdowns	3	2	Simmons	7	5	2	0	0	1	7	1	0	0
Field Goals Made-Att	1-1	2-2	Additional Stats: Sacks: Kennedy 1.0. Forced Fumbles:										
Time of Possession	30:40	29:20	Sinclair 1.										

10 Seattle Seahawks 17, San Diego Chargers 15

Sunday, November 5, 2000 — Husky Stadium

The Seattle Seahawks swept the season series with the Chargers with a come-from-behind 17-15 victory at Husky Stadium. The Seahawks got on the board first thanks to two consecutive second quarter botched snaps between the Chargers Roman Fortin and Jim Harbaugh. Chad Brown recovered the first fumble and took it 6 yards to the San Diego 21 leading to a 10-yard touchdown strike from Jon Kitna to Sean Dawkins, his first touchdown catch of the year. George Koonce recovered the second, his first recovery in 74 games, at the San Diego 33 and the Seahawks took advantage with a four-play, 33-yard drive in 1:58 that culminated in Kitna's second 10-yard touchdown pass of the day, this to Christian Fauria for a 14-0 lead. The Seahawks defense clamped down as halftime approached. The Chargers drove 30 yards to the Seahawks 1-yard line but Seattle stuffed a run attempt and forced an incomplete pass as San Diego settled for a John Carney 19-yard field goal as time expired. The Chargers cut the lead to 14-6 on a Carney 41-yard field goal after taking the second half kickoff 51 yards on 11 plays. On Seattle's next possession, Rodney Harrison intercepted Kitna and lateraled to Darryll Lewis for a 3-yard return to the Seattle 44 yard line. The Chargers converted the turnover into a touchdown as Harbaugh connected with Curtis Conway from 10 yards out but the two-point conversion to tie the ball game failed and the Seahawks led 14-12 heading in to the fourth quarter. Moses Moreno replaced an injured Harbaugh to begin the fourth quarter and led the Chargers on a 14-play, 73-yard drive that chewed up 9:12 off the clock as a Carney 28-yard field goal put the Chargers up 15-14 with 5:36 left in the ball game. The Seahawks used every second left in the game, converting three third downs including a third-and-16 on an 18-yard pass from Kitna to Darrell Jackson to keep the drive alive. Rian Lindell came on with three seconds left in the game and booted his first NFL game-winning kick from 48 yards out for the win.

San Diego	0	3	9	3	—	15
Seattle	0	14	0	3	—	17

		San Diego		Seattle		
SEA	2 12:57	Dawkins	10	pass from Kitna (Lindell kick) (5-21, 1:59)	0	7
SEA	2 8:34	Fauria	10	pass from Kitna (Lindell kick) (4-33, 1:58)	0	14
SD	2 0:00	Carney	19	FG (7-30, 1:59)	3	14
SD	3 9:11	Carney	41	FG (11-51, 5:49)	6	14
SD	3 4:12	Conway	10	pass from Harbaugh (run failed) (8-44, 4:40)	12	14
SD	4 5:36	Carney	28	FG (14-73, 9:12)	15	14
SEA	4 0:00	Lindell	48	FG (16-36, 5:36)	15	17
Att.	-- 59,884					

INDIVIDUAL STATISTICS

RUSHING

San Diego	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Fazande	22	74	11	0	Watters	21	55	14	0
Harbaugh	6	16	7	0	Alexander	4	-5	2	0
Fletcher	4	13	7	0					
Conway	1	13	13	0					
TOTAL	33	116	13	0	TOTAL	25	50	14	0

PASSING

San Diego	A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Harbaugh	32	22	236	1	1	Kitna	19	11	85	2	1
Moreno	5	4	47	0	0						
TOTAL	37	26	283	1	1	TOTAL	19	11	85	2	1

RECEIVING

San Diego	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
F. Jones	5	86	44	0	Watters	2	20	11	0
Graham	5	67	20	0	Dawkins		26	10t	1
Fletcher	5	40	20	0	Jackson	2	27	18	0
Fazande	5	37	15	0	Fauria	1	10	10t	1
Conway	3	30	13	1	Mayer	1	2	2	0
McCrary	2	12	7	0					
R. Jones	1	11	11	0					
TOTAL	26	283	44	1	TOTAL	11	85	18	2

TEAM STATISTICS

	San Diego		Seattle		DEFENSE																
	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR	
Total First Downs	22	9	6	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Third Down Eff.	9-15-60%	4-11-36%	6	4	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total Net Yards	398	128	5	5	0	1.0	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total Off. Plays	71	45	5	4	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Avg. per Play	5.6	2.8	5	4	1	0	0	1	0	1	0	1	0	0	0	0	0	0	0	0	0
Net Yards Rushing	116	50	5	4	1	0	0	1	0	1	0	1	0	0	0	0	0	0	0	0	0
Total Rushing Plays	33	25	10	8	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Net Yards Passing	282	78	10	8	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Times Sacked/Yds. Lost	1/1	1/7	10	8	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Pass Atts-Comps-Ints	37-26-1	19-11-1	10	8	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Punts-No. and Avg.	2-27.5	6-33.7	8	5	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Penalties-No. and Yards	9-53	5-34	6	5	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fumbles-No. and Lost	3-2	0-0	6	5	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Touchdowns	1	2																			
Field Goals Made-Att	3-4	1-1																			
Time of Possession	39:51	20:09																			

Additional Stats: Sacks: Bellamy 1.0.

11 Seattle Seahawks 28, Jacksonville Jaguars 21

Sunday, November 12, 2000 — ALLTEL Stadium

The Seattle Seahawks won for the second consecutive week, improving their record to 4-7, with a 28-21 comeback victory at Jacksonville, November 12. Under sunny skies, the Jaguars struck first in the opening quarter when Mark Brunell scrambled 2 yards for a score to cap a 10-play, 64-yard drive. The Seahawks answered when Ricky Watters dove in from 1 yard out to tie the score at 7-7. It was Watters 74th career touchdown, tying him with Earl Campbell and Leroy Kelly for 13th place all-time. Jacksonville's offense scored two touchdowns in a span of 3:46, a Fred Taylor 10-yard run and a Keenan McCardell 67 yard touchdown catch, in the second quarter and looked poised to take a 21-7 lead at the half. However, Jon Kitna led a nine-play, 67-yard drive in 1:03, completing six of eight passes for 70 yards, capped off with a 15-yard strike to Sean Dawkins with 13 seconds remaining before halftime. The Seahawks held the Jaguars scoreless in the second half with a stingy defense. On Jacksonville's first possession, Ike Charlton stripped Keenan McCardell of the ball and Michael Sinclair recovered leading to a methodical 14-play drive that chewed up 7:51 ending with Derrick Mayes' first touchdown of the season to tie the score at 21-21. The Jaguars had first and goal to begin the fourth quarter and the Seahawks defense stuffed the run on third and fourth downs to take possession. After two punts by each team, the Seahawks drove down the field and Ricky Watters caught a 4-yard touchdown pass from Kitna with 2:01 remaining, ending an eight-play, 67-yard drive. On the ensuing drive, the Jaguars drove down to the Seahawks 11 and a pass interference penalty was called on Reggie Tongue in the endzone with time expired, giving the Jaguars one last shot from the Seahawks 1. Brunell's pass sailed long and the Seahawks came away with the road win. Kitna was named AFC Offensive Player of the Week for his performance.

Seattle	0	14	7	7	—	28
Jacksonville	7	14	0	0	—	21

Jacksonville

JAC	1	2:13	Brunell 2 run (Hollis kick) (10-64, 5:25)	
SEA	2	11:24	Watters 1 run (Lindell kick) (12-79, 5:49)	
JAC	2	3:00	Taylor 10 run (Hollis kick) (7-66, 3:08)	
JAC	2	1:16	McCardell 67 pass from Brunell (Hollis kick) (3-70, 0:38)	
SEA	2	0:13	Dawkins 15 pass from Kitna (Lindell kick) (9-67, 1:03)	
SEA	3	4:17	Mayes 8 pass from Kitna (Lindell kick) (14-74, 7:51)	
SEA	4	2:01	Watters 4 pass from Kitna (Lindell kick) (8-67, 2:22)	
Att.	—	68,063		

Seattle

	0	7
	7	7
	7	14
	14	21
	21	21
	28	21

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	Jacksonville	Att	Yds	LG	TD
Watters	24	80	13	1	Taylor	21	103	19	1
Alexander	3	13	6	0	Brunell	4	15	8	1
Kitna	5	3	5	0	Johnson	1	4	4	0
TOTAL	32	96	13	1	TOTAL	26	122	19	2

PASSING

Seattle	A	C	Yds	TD	INT	Jacksonville	A	C	Yds	TD	INT
Kitna	33	22	231	3	0	Brunell	34	24	340	1	0
TOTAL	33	22	231	3	0	TOTAL	34	24	340	1	0

RECEIVING

Seattle	No	Yds	LG	TD	Jacksonville	No	Yds	LG	TD
Dawkins	6	92	29	1	Ji. Smith	10	117	34	0
Watters	5	46	30	1	McCardell	6	156	67t	1
Mayes	4	39	22	1	Taylor	5	34	15	0
Fauria	3	25	13	0	Brady	2	30	19	0
Strong	2	9	6	0	Johnson	1	3	3	0
Jackson	1	12	12	0					
Mili	1	8	8	0					
TOTAL	22	231	30	3	TOTAL	24	340	67t	1

TEAM STATISTICS

Seattle	Jacksonville	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR	
Total First Downs	22	25	Springs	10	10	0	0	0	0	1	0	0	
Third Down Eff.	8-15-53%	6-12-50%	Simmons	7	6	1	0	0	0	0	0	0	
Total Net Yards	326	437	Koonce	6	5	1	0	0	0	0	0	0	
Total Off. Plays	66	65	Canty	5	5	0	0	0	0	0	0	0	
Avg. per Play	4.9	6.7	King	5	4	1	1.0	11	0	0	0	0	
Net Yards Rushing	96	122	Additional Stats: Sacks: C. Brown 2.0, Cochran 0.5,										
Total Rushing Plays	32	26	LaBounty 0.5, Sinclair 1.0. Forced Fumbles: Charlton 1.										
Net Yards Passing	230	315	Fumble Recoveries: Sinclair 1.										
Times Sacked/Yds. Lost	1/1	5/25											
Pass Atts-Comps-Ints	33-22-0	34-24-0	Jacksonville	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Punts-No. and Avg.	6-44.8	4-42.5	Brackens	7	7	0	1.0	1	0	0	0	0	0
Penalties-No. and Yards	5-40	7-55	Walker	7	7	0	0	0	0	0	0	1	0
Fumbles-No. and Lost	3-0	2-1	Hardy	7	6	1	0	0	0	0	0	0	0
Touchdowns	4	3	Slaughter	6	4	2	0	0	0	0	2	0	0
Field Goals Made-Att	0-0	0-0	Craft	4	3	1	0	0	0	0	0	0	0
Time of Possession	29:12	30:47	Stewart	4	3	1	0	0	0	0	0	0	0

12 Denver Broncos 38, Seattle Seahawks 31

Sunday, November 26, 2000 — Husky Stadium

The Seattle Seahawks lost a seesaw battle, 38-31, to the Denver Broncos in a steady downpour at Husky Stadium, Sunday, November 26. The game pitted the league's last-ranked defense against the Broncos second-ranked offense without its starting quarterback and running back. However, Seattle's defense forced a big play in the second quarter. Anthony Simmons sacked Gus Frerotte causing a fumble that Michael Sinclair picked up and returned 63 yards for his first career score. After a Jason Elam field goal, the Seahawks put together a nine-play 81-yard drive capped off with a Ricky Watters' 1-yard plunge, giving him 75 career touchdowns, good for 13th place on the all-time rushing touchdown list. Denver struck twice with a 43-yard strike from Gus Frerotte to Desmond Clark and a Mike Anderson 15-yard touchdown run to take the lead, 17-14, in the third quarter. The Seahawks defense stepped up to the challenge. Following a Jon Kitna, who replaced Brock Huard (bruised kidney) in the second quarter, interception in the endzone, the Seahawks defense forced Mike Anderson to fumble on the Broncos first play from scrimmage that Chad Brown ran in from 10 yards out to put Seattle up, 21-17. The defense forced its third takeaway on the ensuing kickoff as Tim Terry stripped Deltha O'Neal with Isaiah Kacyvenski recovering the ball. The offense settled for a 42-yard field goal from Rian Lindell and a 24-17 lead. On Denver's next possession, the defense came up with its third consecutive takeaway, fourth overall, as Shawn Springs intercepted Gus Frerotte. However, Seattle could not hold Denver's offense in the fourth quarter, allowing 187 rushing yards, including a 50-yard touchdown run by Rod Smith knotting the score at 24-24, and an 80-yard score by Mike Anderson. After Willie Williams intercepted Frerotte in the endzone, Jimmy Spencer intercepted Kitna and returned it 21 yards for a score on Seattle's next drive. The Seahawks drove down the field in six plays, covering 86 yards and tied the game at 31-31 with 4:02 to play, but Denver would answer with Anderson's long run to finish the scoring in a game of timely big plays.

Denver	0	10	7	21	—	38
Seattle	0	14	10	7	—	31

					Denver	Seattle
SEA	2	11:39	Sinclair 63 fumble return (Lindell kick)		0	7
DEN	2	6:33	Elam 35 field goal (10-59, 5:06)		3	7
SEA	2	2:54	Watters 1 run (Lindell kick) (9-81, 3:39)		3	14
DEN	2	1:36	Clark 43 pass from Frerotte (Elam kick) (5-66, 1:18)		10	14
DEN	3	6:57	Anderson 15 run (Elam kick) (9-77, 5:14)		17	14
SEA	3	2:12	C. Brown 10 fumble return (Lindell kick)		17	21
SEA	3	0:27	Lindell 42 field goal (4-7, 1:35)		17	24
DEN	4	12:37	R. Smith 50 run (Elam kick) (6-72, 1:33)		24	24
DEN	4	5:54	Spencer 21 interception return (Elam kick)		31	24
SEA	4	4:02	Dawkins 8 pass from Kitna (Lindell kick) (6-86, 1:52)		31	31
DEN	4	3:34	Anderson 80 run (Elam kick) (2-80, 0:28)		38	31
Att.	--	68,661				

INDIVIDUAL STATISTICS

RUSHING									
Denver	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Anderson	30	195	80t	2	Watters	16	77	55	1
R. Smith	3	78	50t	1	Strong	1	4	4	0
Frerotte	6	23	9	0	Kitna	1	3	3	0
Griffith	1	3	3	0	Alexander	3	1	1	0
Coleman	1	2	2	0					
TOTAL	41	301	80t	3	TOTAL	21	85	55	1

PASSING											
Denver	A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Frerotte	31	15	244	1	2	Kitna	42	20	226	1	2
						Huard	6		48	0	0
TOTAL	31	15	244	1	2	TOTAL	48		274	1	2

RECEIVING									
Denver	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
R. Smith	4	82	25	0	Watters	9	126	59	0
Clark	3	73	43t	1	Dawkins	7	54	18	1
Carswell	3	42	20	0	Fauria	3	16	7	0
McCaffrey	3	33	13	0	Mayes	2	49	40	0
Anderson	2	14	11	0	Jackson	1	19	19	0
					Strong	1	10	10	0
TOTAL	15	244	43t	1	TOTAL	23	274	59	1

TEAM STATISTICS

OFFENSE				DEFENSE									
Denver	Seattle	Denver	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR	
Total First Downs	25	17	Brown	9	6	3	0	0	1	9	2	0	1
Third Down Eff.	8-14-57%	7-17-41%	Mobley	8	7	1	1.0	5	0	0	0	1	0
Total Net Yards	538	354	Spencer	6	6	0	0	0	1t	21	1	0	0
Total Off. Plays	73	70	Traylor	6	6	0	0	0	0	0	0	0	0
Avg. per Play	7.4	5.1	Jenkins	6	3	3	0	0	0	0	1	0	0
Net Yards Rushing	301	85	Additional Stats: Forced Fumbles: O'Neal 1.										
Total Rushing Plays	41	21	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Net Yards Passing	237	269	Simmons	15	11	4	1.0	7	0	0	0	1	0
Times Sacked/Yds. Lost	1/7	1/5	Bellamy	9	6	3	0	0	0	0	0	0	0
Pass Atts-Comps-Ints	31-15-2	48-23-2	Sinclair	7	3	4	0	0	0	0	0	1	1t
Punts-No. and Avg.	4-35.8	6-38.0	Joseph	6	6	0	0	0	0	0	0	0	0
Penalties-No. and Yards	5-53	5-43	Koonce	6	5	1	0	0	0	0	1	0	0
Fumbles-No. and Lost	4-3	2-1	C. Brown	6	4	2	0	0	0	0	0	0	1t
Touchdowns	5	4	Parker	6	2	4	0	0	0	0	0	0	0
Field Goals Made-Att	1-1	1-1	Additional Stats: Interceptions: Springs 1.										
Time of Possession	34:25	25:35											

13 Seattle Seahawks 30, Atlanta Falcons 10

Sunday, December 3, 2000 — Georgia Dome

The Seattle Seahawks jumped out of the gates early in Atlanta en route to their best performance of the season last Sunday, defeating the Falcons 30-10. Seattle opened the game with an eight-play drive, covering 82 yards in 3:42 ending with a Jon Kitna-to-Darrell Jackson 6-yard touchdown strike to give the Seahawks a lead they would not relinquish. Atlanta, starting rookie Doug Johnson, found itself down 14 points less than five minutes into the game when George Koonce returned an interception 27 yards for his second career score. After a Falcons punt, the Seahawks marched down the field with a 15-play, 51-yard drive capped by the first of three Rian Lindell field goals on the day, this from 46 yards out giving the Seahawks a 17-0 lead heading into the second quarter. Following an Atlanta field goal, Seattle struck before halftime as Jackson took a Kitna pass 71 yards, career-longs for each player, up the left sideline to the Falcons 1 yard line and Ricky Watters scored for the third consecutive game with a 1-yard plunge to put the Seahawks up 24-3 at the half. It was Watters 76th career touchdown, tying Pete Johnson for 12th place on the all-time rushing touchdown list. The second half opened with the Seahawks continuing to play tough defense. On the Falcons opening possession, Reggie Tongue deflected Johnson's pass in the air, landing in Cortez Kennedy's hands for his third career interception. Kennedy returned it 14 yards helping set up a Lindell 45-yard field goal four plays later. Seattle's defense forced its second consecutive takeaway as Willie Williams sacked and forced Johnson to fumble with Michael Sinclair recovering. On the Seahawks first play from scrimmage, Watters took it 26 yards around left end to surpass the 10,000 yard career rushing mark, becoming the 13th player to accomplish the feat. Lindell kicked his final field goal of the day, a 29 yarder for a 30-3 lead to complete the Seahawks scoring. Atlanta scored a touchdown in the opening minutes of the fourth quarter to complete the game scoring. Anthony Simmons and Sinclair hooked up for the second game in a row as Simmons sacked and caused Johnson to fumble and Sinclair made his second recovery of the game. Seattle then ran out the clock for the win.

Seattle		17	7	6	0	—	30
Atlanta		0	3	0	7	—	10
SEA	1	11:18	Jackson 6 pass from Kitna (Lindell kick) (8-82, 3:42)	7	0		
SEA	1	10:57	Koonce 27 interception return (Lindell kick)	14	0		
SEA	1	2:46	Lindell 46 FG (15-51, 6:01)	17	0		
ATL	2	3:13	Andersen 36 FG (12-64, 5:52)	17	3		
SEA	2	1:38	Watters 1 run (Lindell kick) (5-76, 1:35)	24	3		
SEA	3	11:42	Lindell 45 FG (4-3, 0:43)	27	3		
SEA	3	4:19	Lindell 29 FG (8-38, 4:37)	30	3		
ATL	4	13:48	Kelly 19 pass from Johnson (Andersen kick) (10-76, 5:31)	30	10		
Att.	— 44:680						

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	Atlanta	Att	Yds	LG	TD
Watters	21	79	26	1	Anderson	12	43	6	0
Alexander	3	5	2	0	M. Smith	9	42	11	0
Kitna	1	-1	-1	0	D. Johnson	2	9	8	0
					Christian	1	3	3	0
TOTAL	25	83	26	1	TOTAL	24	97	11	0

PASSING

Seattle	A	C	Yds	TD	INT	Atlanta	A	C	Yds	TD	INT
Kitna	34	25	252	1	0	D. Johnson	33	17	233	1	2
TOTAL	34	25	252	1	0	TOTAL	33	17	233	1	2

RECEIVING

Seattle	No	Yds	LG	TD	Atlanta	No	Yds	LG	TD
Watters	7	58	38	0	Kelly	4	44	19t	1
Jackson	5	98	71	1	Jefferson	3	59	26	0
Mayes	5	36	10	0	Mathis	3	41	22	0
Strong	3	20	13	0	Christian	3	16	9	0
J. Williams	2	20	14	0	Dwight	2	37	26	0
Dawkins	2	11	7	0	Kozlowski	2	36	19	0
Fauria	1	9	9	0					
TOTAL	25	252	71	1	TOTAL	17	233	26	1

TEAM STATISTICS

	Seattle	Atlanta	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	17	20	Simmons	9	7	2	1.0	7	0	0	1	0	0
Third Down Eff.	7-14-50%	5-12-42%	Springs	5	5	0	0	0	0	0	1	0	0
Total Net Yards	335	301	W. Williams	5	4	1	1.0	8	0	0	1	0	0
Total Off. Plays	59	61	King	4	4	0	2.0	14	0	0	0	0	0
Avg. per Play	5.7	4.9	Logan	4	4	0	0	0	0	0	0	0	0
Net Yards Rushing	83	97	Additional Stats: Interceptions: Kennedy 1, Koonce 1t.										
Total Rushing Plays	25	24	Fumble Recoveries: Sinclair 2.										
Net Yards Passing	252	204											
Times Sacked/Yds. Lost	0/0	4/29	Atlanta	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Pass Atts-Comps-Ints	34-25-0	33-17-2	Simoneau	7	7	0	0	0	0	0	1	0	0
Punts-No. and Avg.	2-40.0	3-36.3	Crockett	6	6	0	0	0	0	0	1	0	0
Penalties-No. and Yards	5-35	4-25	Carter	6	5	1	0	0	0	0	0	0	0
Fumbles-No. and Lost	0-0	2-2	Bradford	4	3	1	0	0	0	0	0	0	0
Touchdowns	3	1	Kelly	4	2	2	0	0	0	0	0	0	0
Field Goals Made-Att	3-3	1-1											
Time of Possession	30:25	29:35											

Denver Broncos 31, Seattle Seahawks 24

Sunday, December 10, 2000 — Mile High Stadium

Playing in the coldest game in its 25-year history, the Seattle Seahawks and the Denver Broncos battled to the bitter cold end only to have the Broncos prevail by seven points for the second time this season. The temperature dipped to 22 degrees at kickoff as the Seahawks played their final game at Mile High Stadium, which was scheduled for demolition at the end of the season. The Broncos first drive ended as Jay Bellamy came up with his fourth interception of the season, returning it 16 yards to the Denver 32 helping set up Rian Lindell's 23-yard field goal for the early lead. Bellamy suffered a lower back strain on the return and was held out for the remaining game. After a Denver punt, Seattle turned the ball over as Jon Kitna was intercepted by Al Wilson leading to a Gus Frerotte-to-Ed McCaffrey 5-yard touchdown pass. The Broncos defense struck again, intercepting Kitna for the second time as Jimmy Spencer ran 79 yards for the score. Despite gaining 207 yards in the first half, Seattle punted on their last two possessions of the second quarter and trailed 14-3 at half-time. Denver opened the second half with a 13-play, 85-yard drive in 7:09 to go up 21-3 and then recovered a Charlie Rogers fumble, his fourth of the season, on the ensuing kickoff and put three more points on the board as Jason Elam connected from 38 yards out. Seattle responded with a 10-play, 80-yard drive, capped with Sean Dawkins first of two touchdown receptions, this a 4 yarder from Kitna cutting the lead to 24-10. The Seattle defense forced Denver to punt and marched downfield in 12 plays, covering 68 yards en route to a Kitna-to-Darrell Jackson 9-yard touchdown pass to pull within 24-17. In a season of big plays, Denver's Frerotte-to-McCaffrey 41-yard pass play to the Seattle 9 yard line set up Mike Anderson's 6-yard touchdown and a 31-17 lead. Kitna was intercepted for the third time of the day as Billy Jenkins was in the right place at the right time as the ball, intended for Shaun Alexander, bounced off of Al Wilson's back into Jenkins' hands in the endzone. The Seahawks earned good field position as they forced punter Tom Rouen down at the Denver 23. Three plays later the Seahawks found the endzone as Kitna and Dawkins hooked up from 22 yards out, now trailing 31-24. The anticipated outside kick was recovered by McCaffrey and the Broncos ran out the clock. Kitna tied career-highs in completions (26), yards (298) and touchdowns (3) and Dawkins tied a career-high with two touchdown receptions. Seattle closed out Mile High Stadium with a 4-19 record.

	Seattle	3	0	7	14	—	24
	Denver	7	7	10	7	—	31
SEA 1 9:05	Lindell 23 FG (7-27, 2:57)						
DEN 1 5:08	McCaffrey 5 pass from Frerotte (Elam kick) (2-7, 0:43)						
DEN 2 11:46	Spencer 79 interception return (Elam kick)						
DEN 3 7:51	Anderson 1 run (Elam kick) (13-85, 7:09)						
DEN 3 6:16	Elam 38 FG (4-8, 1:21)						
SEA 3 0:58	Dawkins 4 pass from Kitna (Lindell kick) (10-80, 5:18)						
SEA 4 9:21	Jackson 9 pass from Kitna (Lindell kick) (12-68, 5:30)						
DEN 4 5:57	Anderson 6 run (Elam kick) (6-63, 3:24)						
SEA 4 2:28	Dawkins 22 pass from Kitna (Lindell kick) (3-23, 0:52)						
Att.	— 75,218						

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	Denver	Att	Yds	LG	TD
Watters	16	57	12	0	Anderson	29	131	19	2
Kitna	7	27	6	0	Coleman	2	6	3	0
Alexander	1	16	16	0	R. Smith	1	5	5	0
Strong	1	4	4	0	Frerotte	3	0	2	0
Brown	1	3	3	0	Rouen	1	-11	-11	0
TOTAL	26	107	16	0	TOTAL	36	131	19	2

PASSING

Seattle	A	C	Yds	TD	INT	Denver	A	C	Yds	TD	INT
Kitna	41	26	298	3	3	Frerotte	25	14	201	1	1
TOTAL	41	26	298	3	3	TOTAL	25	14	201	1	1

RECEIVING

Seattle	No	Yds	LG	TD	Denver	No	Yds	LG	TD
Dawkins	6	85	26	2	McCaffrey	8	112	41	1
Watters	6	49	13	0	R. Smith	5	82	21	0
Jackson	5	76	37	1	B. Miller	1	7	7	0
Mayes	5	27	7	0					
Mili	2	51	34	0					
Fauria	1	9	9	0					
Strong	1	1	1	0					
TOTAL	26	298	37	3	TOTAL	14	201	41	1

TEAM STATISTICS

	Seattle	Denver
Total First Downs	22	20
Third Down Eff.	8-13-62%	4-10-40%
Total Net Yards	405	313
Total Off. Plays	67	62
Avg. per Play	6.0	5.0
Net Yards Rushing	107	131
Total Rushing Plays	26	36
Net Yards Passing	298	182
Times Sacked/Yds. Lost	0/0	1/19
Pass Atts-Comps-Ints	41-26-3	25-14-1
Punts-No. and Avg.	4-37.3	4-43.5
Penalties-No. and Yards	4-38	2-15
Fumbles-No. and Lost	3-1	3-0
Touchdowns	3	4
Field Goals Made-Att	1-1	1-1
Time of Possession	31:28	28:32

DEFENSE

	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Simmons	11	10	1	0	0	0	0	0	0	0
Koonce	7	5	2	0	0	0	0	0	0	0
Five with	4									

Additional Stats: Sacks: Sinclair 1.0. Interceptions:

Bellamy 1. Forced Fumbles: Sinclair 1.

Denver	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Jenkins	9	8	1	0	0	1	0	1	0	0
Romanowski	9	8	1	0	0	0	0	0	1	0
Brown	8	7	1	0	0	0	0	0	0	0
Mobley	5	4	1	0	0	0	0	1	0	0
Pittman	4	3	1	0	0	0	0	0	0	0

Additional Stats: Interceptions: Spencer 1t, Wilson 1.

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Seattle Seahawks 27, Oakland Raiders 24

Saturday, December 16, 2000 — Husky Stadium

In front of a national televised audience in driving rain and swirling winds, the Seattle Seahawks upset the first-place AFC West Oakland Raiders scoring 14 points in a span of 4:48 in the fourth quarter at Husky Stadium. Seattle's defense struck early as Marcus Bell, subbing two plays for an injured Anthony Simmons, intercepted Rich Gannon and returned it to the Oakland 11 helping set up a Jon Kitna-to-Mack Strong 13-yard hook-up and a 7-0 lead. Oakland answered on its next possession and the teams traded field goals tying the score at 10-10 in the second quarter. With the quarter winding down, Oakland's first-round draft pick Sebastian Janikowski was short on a 50-yard field goal attempt and the Seahawks had good field position. Ricky Watters, who rushed for 168 yards on the day, chewed up 26 yards taking the ball to the Oakland 34. Rookie free agent Rian Lindell came on and booted a 52-yarder in miserable conditions, a career-long and his third from 50+ yards this season, giving the Seahawks a 13-10 lead at the half. The Seahawks struggled in the third quarter gaining only 42 yards and giving up a touchdown. Isaiah Kacyvenski had his first career interception at the Seattle 3 halting an Oakland scoring opportunity, trailing 17-13. However, forced to punt. Jeff Feagles, playing in his record-tying 207th straight game for punters, was forced to throw an incomplete pass under pressure and the Raiders took over at the Seattle 15. Three plays later, Randy Jordan ran 7 yards up the middle for a 24-13 lead. Seattle kept picking away and pieced together a 12-play, 68-yard drive in 6:32 as Kitna was seven of eight for 50 yards but it was rookie Shaun Alexander scoring from 4 yards out. The ensuing two-point conversion was unsuccessful and the score was 24-19. The defense forced Oakland to go three-and-out and Seattle got the ball back with 2:52 left. Watters rumbled 53 yards, his fifth 50+ yard rush of his career, but was caught from behind by Charles Woodside who forced Watters to fumble at the Oakland 28. The ball squirted forward and was recovered by Marquez Pope at the Oakland 2 who slid into the endzone and was tackled by James Williams resulting in a safety. Down 24-21, Charlie Rogers took Oakland's free kick 16 yards to the Seattle 39. Kitna went four of six passing during the final drive for 50 yards and found rookie Darrell Jackson from 9 yards out with 28 seconds remaining to give the Seahawks a 27-24 lead. On Oakland's last drive, Willie Williams came up with his team-high tying fourth pick of the year to seal the win for the Seahawks.

	Oakland	7	3	7	7	—	24				
Seattle	10	3	0	14	—	—	27				
SEA	1	11:43	Strong 13 pass from Kitna (Lindell kick) (3-11, 1:08)							Oakland	Seattle
OAK	1	7:12	Rison 14 pass from Gannon (Janikowski kick) (7-76, 4:31)							0	7
SEA	1	0:58	Lindell 40 FG (7-31, 3:07)							7	7
OAK	2	6:04	Janikowski 25 FG (7-16, 3:52)							7	10
SEA	2	0:00	Lindell 52 FG (3-26, 0:19)							10	10
OAK	3	6:58	Jordan 6 run (Janikowski kick) (5-87, 2:06)							10	13
OAK	4	11:48	Jordan 7 run (Janikowski kick) (3-15, 1:20)							17	13
SEA	4	5:16	Alexander 4 run (pass failed) (12-68, 6:32)							24	13
SEA	4	2:24	Pope tackled in endzone for safety							24	19
SEA	4	0:28	Jackson 9 pass from Kitna (run failed) (9-61, 1:56)							24	21
Att.	--	68,681								24	27

INDIVIDUAL STATISTICS

RUSHING

Oakland	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Wheatley	26	146	67	0	Watters	26	168	53	0
Jordan	11	55	16	2	Alexander	2	4	4t	1
Gannon	5	26	7	0	Kitna	3	1	2	0
TOTAL	42	227	67	2	TOTAL	31	173	53	1

PASSING

Oakland	A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Gannon	17	5	136	1	3	Kitna	30	19	177	2	1
						T. Brown	1	0	0	0	0
						Feagles	1	0	0	0	0
TOTAL	17	5	136	1	3	TOTAL	32	19	177	2	1

RECEIVING

Oakland	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
Brown	2	52	45	0	Jackson	4	52	20	1
Jordan	1	55	55	0	Watters	4	37	21	0
Dudley	1	15	15	0	Dawkins	3	30	11	0
Rison	1	14	14	1	Strong	3	19	13t	1
					Mili	2	21	16	0
					Mayes	1	10	10	0
					Fauria	1	8	8	0
TOTAL	5	136	55	1	TOTAL	19	177	21	2

TEAM STATISTICS

	Oakland	Seattle	Oakland	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	15	18	Biekert	9	9	0	0	0	0	0	0	0	0
Third Down Eff.	7-14-50%	6-14-43%	Pope	7	5	2	1.0	9	0	0	0	0	1
Total Net Yards	361	326	Thomas	5	5	0	0	0	0	0	1	0	0
Total Off. Plays	60	66	Upshaw	5	5	0	1.0	7	0	0	0	1	0
Avg. per Play	6.0	4.9	Allen	5	4	1	0	0	0	0	0	0	0
Net Yards Rushing	227	173	Dorsett	5	4	1	0	0	0	0	0	0	0
Total Rushing Plays	42	31	Woodson	5	4	1	0	0	1	0	1	2	0
Net Yards Passing	134	153	Alexander	5	3	2	0	0	0	0	0	0	0
Times Sacked/Yds. Lost	1/2	3/24	Additional Stats: Sacks: Bryant 1.0.										
Pass Atts-Comps-Ints	17-5-3	32-19-1	Seattle	T	S	A	QB <td>Yds. <td>Int. <td>Yds. <td>PD <td>FF <td>FR</td> </td></td></td></td></td>	Yds. <td>Int. <td>Yds. <td>PD <td>FF <td>FR</td> </td></td></td></td>	Int. <td>Yds. <td>PD <td>FF <td>FR</td> </td></td></td>	Yds. <td>PD <td>FF <td>FR</td> </td></td>	PD <td>FF <td>FR</td> </td>	FF <td>FR</td>	FR
Punts-No. and Avg.	4-46.3	6-32.0	Simmons	10	7	3	0	0	0	0	0	0	0
Penalties-No. and Yards	7-45	5-55	C. Brown	8	5	3	0	0	0	0	1	0	0
Fumbles-No. and Lost	1-0	5-1	Springs	6	4	2	0	0	0	0	0	0	0
Touchdowns	3	3	Bellamy	5	5	0	0	0	0	0	1	0	0
Field Goals Made-Att	1-2	2-2	Sinclair	5	5	0	0	0	0	0	1	0	0
Time of Possession	31:06	28:54	Kennedy	5	3	2	0	0	0	0	1	0	0
Additional Stats: Sacks: Team 1.0. Interceptions: Bell 1, Kacyvenski 1, W. Williams 1. Forced Fumbles: Team 1.													

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Buffalo Bills 42, Seattle Seahawks 23 Saturday, December 23, 2000 — Husky Stadium

The Seahawks concluded their 25th anniversary season with a 42-23 defeat to the Buffalo Bills Saturday night in a prime time nationally-televised game on ESPN. Buffalo jumped out to a quick 14-0 lead after two Seattle punts as Doug Flutie found Shawn Bryson from 11 yards out followed by an 18-yard touchdown to Peerless Price with 3:23 left in the first quarter. On the ensuing kickoff, Charlie Rogers tied a career-high and scored his first regular season touchdown, returning it 81 yards to cut the Bills lead in half. However, the Bills took three plays to cover 63 yards and Antowain Smith scored the first of his three touchdowns of the game, this from 9 yards out to cap the scoring in the opening quarter. Seattle opened the second quarter continuing a 13-play, 66-yard drive culminating in Jon Kitna's third career touchdown run, a 1-yard dive to cut Buffalo's lead to 21-14. Seattle's defense held as Steve Christie's 26-yard field goal attempt hit the left upright and bounced away but Seattle could not capitalize. Darrell Jackson committed his second fumble of the season recovered by Buffalo at midfield on the next possession. The Bills drove the remaining yardage capped when Flutie and tight end Jay Riemersma hooked up for a 6-yard score, and took a 28-14 lead in to halftime. The Seahawks held the Bills to three-and-out on their first possession of the second half but could only muster a field goal, a 38-yarder by Rian Lindell. Sandwiched in between two Antowain Smith touchdowns, the player to score the first offensive touchdown of the season, made the last, when Ricky Watters scored his 77th career rushing touchdown, tying Tony Dorsett for 11th place on the all-time list, in the fourth quarter. Watters finished the season with 1,242 rushing yards and moved into 12th place with 10,325 career rushing yards.

Buffalo	21	7	7	7	—	42
Seattle	7	7	3	6	—	23

	BUF	SEA	BUF	SEA	BUF	SEA	BUF	SEA	Att.		
Time	10:20	3:23	3:08	1:29	9:40	1:09	6:46	0:26	9:29	6:43	61:025
Play	Bryson 11 pass from Flutie (Christie kick) (7-88, 3:12)	Price 18 pass from Flutie (Christie kick) (9-84, 4:17)	Rogers 81 kickoff return (Lindell kick) (0-0, 0:15)	Smith 9 run (Christie kick) (3-63, 1:39)	Kitna 1 run (Lindell kick) (13-66, 6:49)	Riemersma 6 pass from Flutie (Christie kick) (3-50, 0:49)	Lindell 38 FG (11-44, 5:57)	Smith 2 run (Christie kick) (11-78, 6:20)	Watters 6 run (pass failed) (5-80, 2:19)	Smith 4 run (Christie kick) (6-80, 2:46)	
Score	7	14	14	21	21	28	28	35	35	42	
Lead	0	0	7	7	14	14	17	17	23	23	

INDIVIDUAL STATISTICS

RUSHING

Buffalo	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Smith	17	147	59	3	Watters	17	67	11	1
Flutie	8	31	16	0	Alexander	5	42	17	0
Linton	8	24	9	0	Kitna	4	17	13	1
Bryson	3	6	8	0					
Price	1	5	5	0					
TOTAL	37	213	59	3	TOTAL	26	126	17	2

PASSING

Buffalo	A	C	Yds	TD	INT	Seattle	A	C	Yds	TD	INT
Flutie	25	20	366	3	0	Kitna	29	18	195	0	1
TOTAL	25	20	366	3	0	TOTAL	29	18	195	0	1

RECEIVING

Buffalo	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
Price	8	132	34	1	Watters	5	47	45	0
Moulds	4	101	48	0	Jackson	3	40	16	0
Riemersma	3	24	17	1	Mayes	3	23	12	0
McDaniel	2	55	42	0	Bailey	2	34	22	0
Cavil	1	39	39	0	Fauria	2	26	14	0
Bryson	1	11	11	1	Dawkins	2	23	14	0
Smith	1	4	4	0	Strong	1	2	2	0
TOTAL	20	366	48	3	TOTAL	18	195	45	0

TEAM STATISTICS

	Buffalo	Seattle	Buffalo	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Total First Downs	27	17	Foreman	11	5	6	0	0	0	0	0	0	0
Third Down Eff.	6-10-60%	8-15-53%	Holecek	7	6	1	0	0	0	0	0	0	0
Total Net Yards	579	312	Tillman	6	6	0	0	0	0	0	0	0	0
Total Off. Plays	62	60	Watson	6	5	1	0	0	0	0	0	0	0
Avg. per Play	9.3	5.2	Jones	4	3	1	1.0	1	0	0	0	0	0
Net Yards Rushing	213	126	Williams	4	2	2	0	0	0	0	0	0	0
Total Rushing Plays	37	26	Additional Stats: Interceptions: Flowers 1. Forced Fumbles: Flowers 1, Larsen 1, Newman 1. Fumble Recoveries: Greer 1, Porter 1, Wiley 1.										
Net Yards Passing	366	186											
Times Sacked/Yds. Lost	0/0	5/9											
Pass Atts-Comps-Ints	25-20-0	29-18-1	Seattle	T	S	A	QB	Yds.	Int.	Yds.	PD	FF	FR
Punts-No. and Avg.	1-34.0	3-37.7	W. Williams	8	7	1	0	0	0	0	0	0	0
Penalties-No. and Yards	2-10	4-45	Springs	8	6	2	0	0	0	0	1	0	0
Fumbles-No. and Lost	2-2	5-3	Simmons	7	6	1	0	0	0	0	0	0	0
Touchdowns	6	3	Bellamy	6	5	1	0	0	0	0	0	0	0
Field Goals Made-Att	0-1	1-1	C. Brown	6	4	2	0	0	0	0	0	1	1
Time of Possession	32:56	27:04	Additional Stats: Forced Fumbles: Miranda 1.										

2000 STATISTICS

DAY	DATE	W/L	SCORE	OPPONENT	ATTENDANCE
Sun.	September 3	L	0-23	at Miami	72,949
Sun.	September 10	L	34-37	St. Louis	64,869
Sun.	September 17	W	20-10	New Orleans	59,513
Sun.	September 24	W	20-12	at San Diego	47,233
Mon.	October 2	L	17-24	at Kansas City	82,893
Sun.	October 8	L	3-26	at Carolina	72,192
Sun.	October 15	L	24-37	Indianapolis	63,593
Sun.	October 22	L	3-31	at Oakland	57,490
Sun.	October 29	L	19-24	Kansas City	62,141
Sun.	November 5	W	17-15	San Diego	59,884
Sun.	November 12	W	28-21	at Jacksonville	68,063
Sun.	November 26	L	31-38	Denver	68,661
Sun.	December 3	W	30-10	at Atlanta	44,680
Sun.	December 10	L	24-31	at Denver	75,218
Sat.	December 16	W	27-24	Oakland	68,681
Sat.	December 23	L	23-42	Buffalo	61,025

TEAM STATS	SEAHAWKS	OPPONENTS
Total First Downs	281	331
Rushing	98	126
Passing	168	185
Penalty	15	20
3rd Down: Made/Att	83/205	89/201
3rd Down Pct.	40.5	44.3
4th Down: Made/Att	7/14	1/7
4th Down Pct.	50.0	14.3
Possession Avg.	27:31	32:29
Total Net Yards	4680	6391
Avg. Per Game	292.5	399.4
Total Plays	956	1019
Avg. Per Play	4.9	6.3
Net Yards Rushing	1720	2454
Avg. Per Game	107.5	153.4
Total Rushes	403	503
Net Yards Passing	2960	3937
Avg. Per Game	185.0	246.1
Sacked/Yards Lost	46/238	27/152
Gross Yards	3198	4089
Att./Completions	507/308	489/309
Completion Pct.	60.7	63.2
Had Intercepted	21	17
Punts/Average	75/39.5	62/41.5
Net Punting Avg.	75/36.9	62/33.3
Penalties/Yards	89/728	96/694
Fumbles/Ball Lost	35/17	28/12
Touchdowns	37	46
Rushing	10	20
Passing	21	23
Returns	6	3

SCORE BY PERIODS	Q1	Q2	Q3	Q4	OT	PTS
Team	70	100	59	91	0	320
Opponents	96	140	71	98	0	405

SCORING	TD	RUSH	PASS	RETURN	K-PAT	FG	S	Pts.
Lindell	0	0	0	0	25/25	15/17	0	70
Watters	9	7	2	0			0	54
Jackson	6	0	6	0			0	36
Dawkins	5	0	5	0			0	30
Heppner TM	0	0	0	0	8/8	6/9	0	26
Mili	3	0	3	0			0	18
Alexander	2	2	0	0			0	12
Fauria	2	0	2	0			0	12
Bailey	1	0	1	0			0	6
Bellamy	1	0	0	1			0	6
C. Brown	1	0	0	1			0	6
Kitna	1	1	0	0			0	6
Koonce	1	0	0	1			0	6
Mayes	1	0	1	0			0	6
Rogers	1	0	0	1			0	6
Sinclair	1	0	0	1			0	6
Strong	1	0	1	0			0	6
W. Williams	1	0	0	1			0	6
J. Williams	0	0	0	0			1	2
Team	37	10	21	6	33/33	21/26	1	320
Opponents	46	20	23	3	45/45	28/33	0	405

2-Pt. Conversions: Team 0/4, Opponents 0/1.

PASSING	ATT.	COMP.	YDS.	COMP%	TD	INT.	LG	S/L	RATING
Kitna	418	259	2658	62.0	18	19	71	33/166	75.6
Huard	87	49	540	56.3	3	2	45	13/72	76.8
T. Brown	1	0	0	0.00	0	0	0	0/0	39.6
Lytle	1	0	0	0.00	0	0	0	0/0	39.6
Team	507	308	3198	60.7	21	21	71	46/238	75.5
Opponents	489	309	4089	63.2	23	17	73	27/152	90.8

RUSHING	NO.	YDS.	AVG.	LONG	TD
Watters	278	1242	4.5	55	7
Alexander	64	313	4.9	50	2
Kitna	48	127	2.6	13	1
Huard	5	29	5.8	10	0
Strong	3	9	3.0	4	0
R. Brown	3	6	2.0	3	0
Jackson	1	-1	-1.0	-1	0
J. Williams	1	-5	-5.0	-5	0
Team	403	1720	4.3	55	10
Opponents	503	2454	4.9	80t	20

RECEIVING	NO.	YDS.	AVG.	LONG	TD
Dawkins	63	731	11.6	40	5
Watters	63	613	9.7	59	2
Jackson	53	713	13.5	71	6
Mayes	29	264	9.1	40	1
Mili	28	288	10.3	34	3
Fauria	28	237	8.5	16	2
Strong	23	141	6.1	24	1
J. Williams	8	99	12.4	18	0
Bailey	6	62	10.3	22	1
Alexander	5	41	8.2	18	0
R. Brown	2	9	4.5	6	0
Team	308	3198	10.4	71	21
Opponents	309	4089	13.2	73	23

INTERCEPTIONS	NO.	YDS.	AVG.	LONG	TD
Bellamy	4	132	33.0	84t	1
W. Williams	4	74	18.5	69t	1
Simmons	2	15	7.5	8	0
Springs	2	8	4.5	8	0
Bell	1	30	30.0	30	0
Koonce	1	27	27.0	27t	1
Kennedy	1	14	14.0	14	0
Brown	1	0	0.0	0	0
Kacyvenski	1	0	0.0	0	0
Team	17	300	17.6	84t	3
Opponents	21	191	9.1	79t	2

PUNTING	NO.	YDS.	AVG.	NET	TB	IN	LG	B
Feagles	74	2960	40.0	36.9	2	24	57	1
Team	75	2960	39.5	36.9	2	24	57	1
Opponents	62	2571	41.5	33.3	6	21	69	0

PUNT RETURNS	RET	FC	YDS.	AVG.	LONG	TD
Rogers	26	12	363	14.0	43	0
Canty TM	4	1	21	5.3	8	0
Joseph	0	1	0	-	-	0
Team	30	14	384	12.8	43	0
Opponents	32	18	151	4.7	22	0

KICKOFF RETURNS	NO.	YDS.	AVG.	LONG	TD
Rogers	66	1629	24.7	81t	1
Bownes	3	83	27.7	38	0
Joseph	3	71	23.7	34	0
J. Williams	3	76	25.3	40	0
R. Brown	2	19	9.5	19	0
Fauria	1	9	9.0	9	0
Mili	1	19	19.0	19	0
Strong	1	26	26.0	26	0
Team	80	1932	24.2	81t	1
Opponents	64	1236	19.3	39	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Lindell	0/0	4/5	1/1	7/8	3/3
Heppner TM	1/1	2/2	1/3	2/2	0/1
Team	1/1	6/7	2/4	9/10	3/4
Opponents	1/1	11/12	7/9	9/9	0/2

TEAM: (52N) (19G, 43G) (37N, 31G, 45G) (25G, 26G, 34N) (27G) (42G) (21N, 51G) (44G, 43N) (50G, 24G) (48G) () (42G) (46G, 45G, 29G) (23G) (40G, 52G) (38G).

OPPONENTS: (48G, 25G, 30G) (48G, 48G, 27G) (23G) (41G, 28G, 24G, 45G) (37N, 27G) (44G, 42G, 22G, 29G, 34N) (23G, 38G, 40G) (32G) (37G) (51N, 19G, 41G, 28G) () (35G) (36G) (38G) (25G, 50N) (26N).

SACKS: Brown 6.0, King 6.0, Simmons 4.0, Sinclair 3.5, Bellamy 2.0, Koonce 1.5, Kennedy 1.0, Williams 1.0, Cochran 0.5, LaBounty 0.5, Team 1.0.

TEAM 27.0, OPPONENTS 46.0.

DEFENSIVE STATISTICS

NAME	TKL	SOLO	Ass.	QB	Yds.	INT.	TD	PD	FF	FR
Simmons, A.	147	119	28	4.0	21.0	2	0	2	2	0
Koonce, G.	97	73	24	1.5	11.5	1	1	5	0	1
Brown, C.	94	71	23	6.0	20.0	1	0	3	2	3
Bellamy, J.	87	69	18	2.0	13.0	4	1	8	2	0
Springs, S.	85	72	13	0.0	0.0	2	0	14	1	0
Williams, W.	60	51	9	1.0	8.0	4	1	11	1	1
Joseph, K.	58	45	13	0.0	0.0	0	0	4	0	0
Kennedy, C.	50	32	18	1.0	8.0	1	0	9	0	0
King, L.	48	42	6	6.0	38.0	0	0	3	0	0
Parker, R.	48	32	16	0.0	0.0	0	0	0	0	0
Sinclair, M.	48	35	13	3.5	28.5	0	0	1	3	4
Tongue, R.	40	31	9	0.0	0.0	0	0	6	1	0
Canty, C. TM	22	17	5	0.0	0.0	0	0	1	0	0
Cochran, A.	22	19	3	0.5	1.0	0	0	2	0	0
LaBounty, M.	14	10	4	0.5	1.0	0	0	0	0	0
Kacyvenski, I.	13	10	3	0.0	0.0	1	0	2	0	0
Charlton, I.	13	11	2	0.0	0.0	0	0	0	1	0
Logan, J.	6	5	1	0.0	0.0	0	0	0	0	0
Hilliard, J.	3	3	0	0.0	0.0	0	0	0	0	0
Miranda, P.	3	2	1	0.0	0.0	0	0	0	1	0
Bell, M.	2	2	0	0.0	0.0	1	0	1	0	0
Kelly, M.	1	0	1	0.0	0.0	0	0	0	0	0
Bownes, F.	0	0	0	0.0	0.0	0	0	0	0	1
Team	1	1	0	1.0	2.0	0	0	0	0	1
TOTAL	962	752	210	27.0	152.0	17	3	72	14	11

SPECIAL TEAMS STATISTICS

NAME	TKL	SOLO	Ass.	FF	FR	BL
Kacyvenski, I.	15	13	2	0	1	0
Bownes, F.	13	10	3	0	1	0
Logan, J.	13	11	2	0	0	0
Bell, M.	12	10	2	0	0	0
Kelly, M.	11	9	2	0	0	0
Joseph, K.	9	8	1	0	0	0
Terry, T.	8	8	0	1	0	0
Charlton, I.	7	5	2	0	0	0
Tongue, R.	5	5	0	0	0	0
Canty, C. TM	4	4	0	0	0	0
Darche, J.P.	4	3	1	0	0	0
Springs, S.	3	3	0	0	0	0
Bellamy, J.	1	1	0	0	0	0
Fauria, C.	1	1	0	0	0	0
Feagles, J.	1	1	0	0	0	0
Heppner, K. TM	1	1	0	0	0	0
Lindell, R.	1	1	0	0	0	0
Rogers, C.	1	1	0	0	(own) 1	0
Strong, M.	1	1	0	0	0	0
TOTAL	111	96	15	1	3	0

2000 PARTICIPATION

NAME	9/3 @MIA	9/10 StL	9/17 NO	9/24 @SD	10/2 @KC	10/8 @CAR	10/15 IND	10/22 @OAK	10/29 KC
Alexander, S.	rb	rb	rb	rb	RB	rb	rb	rb	rb
Bailey, K.	in	in	in	wr	in	in	wr	wr	wr
Beede, F.	sub	g	sub	sub	sub	g	in	g	in
Bell, M.	lb	sub	sub	lb	sub	lb	sub	lb	sub
Bellamy, J.	FS	FS	FS	FS	FS	FS	FS	FS	FS
Bownes, F.	sub	sub	sub	sub	sub	wr	sub	sub	sub
Brown, C.	OLB	OLB	OLB	OLB	OLB	OLB	OLB	OLB	OLB
Brown, R.	FB	fb	fb	sub	sub	fb	in	in	dnp
Brown, T.	ps	ps	ps	ps	ps	ps	ps	ps	ps
Canty, C.	cb	cb	cb	cb	cb	cb	cb	cb	cb
Charlton, I.	cb	cb	sub	sub	sub	cb	sub	cb	sub
Cochran, A.	dt	dt	dt	dt	dt	dt	dt	dt	dt
Darche, J.P.	sub	sub	sub	sub	sub	sub	sub	sub	sub
Dawkins, S.	WR	WR	WR	WR	WR	WR	WR	WR	WR
Fauria, C.	dnp	te	te	te	TE	TE	TE	te	TE
Feagles, J.	p	p	p	p	p	p	p	p	*p
Gray, C.	C	C	C	C	C	C	C	C	C
Heppner, K.	k	k	k	k					
Hill, J.	sub	te	te	sub	sub	sub	te	te	sub
Hilliard, J.	in	in	in	in	dnp	de	de	in	in
Huard, B.	qb	dnp	dnp	dnp	dnp	QB	QB	QB	in
Jackson, D.	wr	WR	WR	WR	WR	WR	WR	WR	WR
Jenkins, M.	in	ps	ps	ps	ps	ps	ps		
Jones, D.									
Jones, W.	LT	LT	LT	LT	LT	LT	LT	LT	LT
Joseph, K.	s	s	s	s	s	s	SS	SS	SS
Kacyvenski, I.	lb	sub	sub	sub	sub	sub	sub	lb	sub
Kelly, M.	sub	sub	sub	sub	sub	sub	sub	sub	sub
Kendall, P.	LG	LG	LG	LG	LG	LG	LG	LG	LG
Kennedy, C.	RDT	RDT	RDT	RDT	RDT	RDT	RDT	RDT	RDT
King, L.	RDE	RDE	RDE	RDE	RDE	RDE	RDE	RDE	RDE
Kitna, J.	QB	QB	QB	QB	QB	dnp	qb	qb	QB
Koonce, G.	MLB	MLB	MLB	MLB	MLB	MLB	MLB	MLB	MLB
LaBounty, M.	de	de	de	de	in	in	in	de	de
Logan, J.	lb	lb	lb	lb	lb	lb	lb	lb	lb
Lindell, R.					k	k	k	k	k
Lytle, M.	*in	*in	*in	*in	*in	*in	*in	*qb	dnp
McIntosh, C.	in	t	dnp	t	t	t	RT	RT	RT
Mayes, D.	WR	wr	in	in	wr	dnp	in	wr	WR
Mili, I.	TE	TE	TE	TE	te	te	te	TE	te
Miranda, P.	in	in	in						
Overhauser, C.	dnp	dnp	in	in	in	in	dnp	in	in
Parker, R.	LDT	LDT	LDT	LDT	LDT	LDT	LDT	LDT	LDT
Rogers, C.	rb	sub	sub	sub	sub	sub	sub	sub	sub
Simmons, A.	OLB	OLB	OLB	OLB	OLB	OLB	OLB	OLB	OLB
Sinclair, M.	LDE	LDE	LDE	LDE	LDE	LDE	LDE	LDE	LDE
Smith, J.									ps
Springs, S.	LCB	LCB	LCB	LCB	LCB	LCB	LCB	LCB	LCB
Streater, R.	in	in	in	in	in	in	in	in	in
Strong, M.	sub	FB	FB	FB	fb	FB	FB	FB	fb
Terry, T.	ps	ps	ps	ps	ps	ps	ps	ps	ps
Tobeck, R.	pup	pup	pup	pup	pup	pup	dnp	dnp	dnp
Tongue, R.	SS	SS	SS	SS	SS	SS	s	s	s
Watson, T.	in	in	ir	ir	ir	ir	ir	ir	ir
Watters, R.	RB	RB	RB	RB	RB	RB	RB	RB	RB
Wedderburn, F.	RG	RG	RG	RG	RG	RG	RG	RG	RG
Weiner, T.	RT	RT	RT	RT	RT	RT	sub	sub	sub
Williams, J.	wr	wr	wr	wr	wr	wr	wr	in	in
Williams, W.	RCB	RCB	RCB	RCB	RCB	RCB	RCB	RCB	RCB
Woodard, C.		in	in	in	in	in	in	in	in

CAPS - starter; lower case - substitute at that position; sub - special teams only; dnp - did not play; in - inactive; *in - third quarterback; ps - practice squad; ir - injured reserve; nfi - non-football injury.

2000 PARTICIPATION

11/5 SD	11/12 @JAC	11/26 DEN	12/3 @ATL	12/10 @DEN	12/16 OAK	12/23 BUF	GP	GS	IN	DNP
rb	rb	rb	rb	rb	rb	rb	16	1	0	0
wr	in	wr	in	wr	in	wr	9	0	7	0
in	in	in	in	in	in	in	7	0	9	0
sub	sub	sub	lb	sub	lb	lb	16	0	0	0
FS	FS	FS	FS	FS	FS	FS	16	16	0	0
wr	wr	sub	sub	sub	sub	sub	16	0	0	0
OLB	OLB	OLB	OLB	OLB	OLB	OLB	16	16	0	0
fb	fb	fb	fb	fb	fb	fb	12	1	2	2
ps	ps	*in	dnp	dnp	qb	dnp	1	0	1	3
cb	CB	cb					12	1	0	0
cb	cb	sub	cb	cb	cb	cb	16	0	0	0
dt	dt	dt	dt	dt	dt	dt	16	0	0	0
sub	sub	sub	sub	sub	sub	sub	16	0	0	0
WR	WR	WR	WR	WR	WR	WR	16	16	0	0
TE	TE	TE	TE	te	TE	TE	15	10	0	1
*p	*p	p	*p	p	p	p	16	0	0	0
C	C	C	C	C	C	C	16	16	0	0
							4	0	0	0
sub	in	in	in	in	in	in	10	0	6	0
in	in	in	de	in	de	de	5	0	10	1
in	in	QB	in	*in	*in	*in	5	4	7	4
wr	wr	wr	WR	WR	wr	wr	16	10	0	0
							0	0	1	0
					ps	ps	0	0	0	0
LT	LT	LT	LT	LT	LT	LT	16	16	0	0
SS	SS	SS	SS	SS	SS	SS	16	10	0	0
sub	sub	sub	lb	lb	lb	lb	16	0	0	0
sub	sub	sub	sub	s	s	s	16	0	0	0
LG	LG	LG	LG	LG	LG	LG	16	16	0	0
RDT	RDT	RDT	RDT	RDT	RDT	RDT	16	16	0	0
RDE	RDE	RDE	RDE	RDE	in	in	14	14	2	0
QB	QB	qb	QB	QB	QB	QB	15	12	0	1
MLB	MLB	MLB	MLB	MLB	MLB	MLB	16	16	0	0
de	de	in	de	de	DE	DE	12	2	4	0
lb	lb	lb	lb	lb	lb	lb	16	0	0	0
k	k	k	k	k	k	k	12	0	0	0
dnp	dnp	ps					1	0	7	3
RT	RT	RT	RT	RT	RT	RT	14	10	1	1
WR	WR	WR	WR	wr	WR	WR	12	8	3	1
te	te	te	sub	TE	te	te	16	6	0	0
			in	sub	sub	cb	4	0	3	0
in	in	in	in	in	in	in	0	0	13	3
LDT	LDT	LDT	LDT	LDT	LDT	LDT	16	16	0	0
sub	sub	sub	sub	sub	sub	sub	15	0	0	1
OLB	OLB	OLB	OLB	OLB	OLB	OLB	16	16	0	0
LDE	LDE	LDE	LDE	LDE	LDE	LDE	16	16	0	0
ps	ps	ps	ps	ps	ps	ps	0	0	0	0
LCB	LCB	LCB	LCB	LCB	LCB	LCB	16	16	0	0
			in	in	in	in	0	0	16	0
FB	FB	FB	fb	FB	FB	FB	16	12	0	0
ps	sub	sub	sub	sub	sub	sub	6	0	0	0
dnp	dnp	dnp	c	c	c	c	4	0	0	6
s	s	s	s	s	s	s	16	6	0	0
ir	ir	ir	ir	ir	ir	ir	0	0	2	0
RB	RB	RB	RB	RB	RB	RB	16	16	0	0
RG	RG	RG	RG	RG	RG	RG	16	16	0	0
sub	sub	sub	sub	sub	sub	sub	16	6	0	0
in	wr	in	wr	in	wr	in	10	0	6	0
RCB	cb	RCB	RCB	RCB	RCB	RCB	16	15	0	0
in	in	in	in	in	in	in	0	0	15	0

2000 OFFENSIVE STARTERS

DATE	GAME	WR	LT	LG	C	RG	RT	TE	WR	QB	RB	FB	K
Sept. 3	@ Miami	Dawkins	Jones	Kendall	Gray	Wedderburn	Weiner	Mili	Mayes	Kitna	Watters	Brown	Heppner
Sept. 10	St. Louis	Dawkins	Jones	Kendall	Gray	Wedderburn	Weiner	Mili	Jackson	Kitna	Watters	Strong	Heppner
Sept. 17	New Orleans	Dawkins	Jones	Kendall	Gray	Wedderburn	Weiner	Mili	Jackson	Kitna	Watters	Strong	Heppner
Sept. 24	@ San Diego	Dawkins	Jones	Kendall	Gray	Wedderburn	Weiner	Fauria	Jackson	Kitna	Watters	Strong	Heppner
Oct. 2	@ Kansas City	Dawkins	Jones	Kendall	Gray	Wedderburn	Weiner	Fauria	Jackson	Kitna	Watters	Alexander (fb)	Lindell
Oct. 8	@ Carolina	Dawkins	Jones	Kendall	Gray	Wedderburn	Weiner	Fauria	Jackson	Huard	Watters	Strong	Lindell
Oct. 15	Indianapolis	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Jackson	Huard	Watters	Strong	Lindell
Oct. 22	@ Oakland	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Mili	Jackson	Huard	Watters	Strong	Lindell
Oct. 29	Kansas City	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Jackson	Kitna	Watters	Mayes (wr)	Lindell
Nov. 5	San Diego	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Mayes	Kitna	Watters	Strong	Lindell
Nov. 12	@ Jacksonville	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Mayes	Kitna	Watters	Strong	Lindell
Nov. 26	Denver	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Mayes	Huard	Watters	Strong	Lindell
Dec. 3	@ Atlanta	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Mayes	Kitna	Watters	Jackson (wr)	Lindell
Dec. 10	@ Denver	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Mili	Jackson	Kitna	Watters	Strong	Lindell
Dec. 16	Oakland	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Mayes	Kitna	Watters	Strong	Lindell
Dec. 23	Buffalo	Dawkins	Jones	Kendall	Gray	Wedderburn	McIntosh	Fauria	Mayes	Kitna	Watters	Strong	Lindell

2000 DEFENSIVE STARTERS

DATE	GAME	LDE	LDT	RDT	RDE	OLB	MLB	OLB	LCB	RCB	SS	FS	P
Sept. 3	@ Miami	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Sept. 10	St. Louis	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Sept. 17	New Orleans	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Sept. 24	@ San Diego	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Oct. 2	@ Kansas City	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Oct. 8	@ Carolina	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Oct. 15	Indianapolis	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Tongue	Bellamy	Feagles
Oct. 22	@ Oakland	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Oct. 29	Kansas City	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Nov. 5	San Diego	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Nov. 12	@ Jacksonville	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Nov. 26	Denver	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Canty	Joseph	Bellamy	Feagles
Dec. 3	@ Atlanta	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Dec. 10	@ Denver	Sinclair	Parker	Kennedy	King	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Dec. 16	Oakland	Sinclair	Parker	Kennedy	LaBounty	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles
Dec. 23	Buffalo	Sinclair	Parker	Kennedy	LaBounty	Simmons	Koonce	Brown	Springs	Williams	Joseph	Bellamy	Feagles

2000 OFFENSE

	9/3 @MIA	9/10 StL	9/17 NO	9/24 @SD	10/2 @KC	10/8 @CAR	10/15 IND
Points	0	34	20	20	17	3	24
1st Quarter	0	3	7	10	7	0	0
2nd Quarter	0	7	0	3	7	0	17
3rd Quarter	0	10	3	7	3	3	0
4th Quarter	0	14	10	0	0	0	7
Overtime	-	-	-	-	-	-	-
First Downs	8	24	22	15	20	10	21
Rushing	2	8	8	6	9	1	3
Passing	5	16	13	8	8	9	18
Penalty	1	0	1	1	3	0	0
3rd Down Eff.	1/11	4/9	7/13	3/12	5/13	0/11	5/9
Percentage	9.1	44.4	53.8	25.0	38.5	00.0	55.6
4th Down Eff.	0/1	1/1	-	-	-	1/3	-
Percentage	00.0	100	-	-	-	33.3	-
Total Net Yds.	143	340	295	269	289	210	315
Plays	47	58	64	51	67	48	54
Avg. per Play	3.0	5.9	4.6	5.3	4.3	4.4	5.8
Net Yds. Rushing	71	101	126	108	189	62	63
Rushing Plays	19	24	31	25	33	11	16
Avg. per Play	3.7	4.2	4.1	4.3	5.7	5.6	3.9
Net Yds. Passing	72	239	169	161	100	148	252
Sacked/Yds. Lost	4/12	3/6	4/24	5/35	6/40	3/26	6/31
Gross Yds. Passing	84	245	193	196	140	172	283
Att./Comp.	24/10	31/20	29/22	21/11	28/17	34/19	32/24
Interceptions	4	2	1	0	1	0	1
Avg. per Pass	2.6	7.0	5.1	6.2	2.9	3.9	6.6
Punts/Avg.	6/41.7	2/37.0	3/41.0	5/44.8	6/39.3	7/41.3	3/35.3
Blocked	0	0	0	0	0	0	0
Punt Ret./Yds.	4/52	1/13	4/21	5/44	3/46	0/0	1/17
Kickoff Ret./Yds.	6/108	7/192	3/76	4/95	4/82	6/129	8/268*
Int. Ret./Yds.	0/0	1/84	0/0	2/69	0/0	1/0	0/0
Penalties/Yds.	2/10	1/10	4/32	5/45	7/45	12/80	5/39
Fumbles/Lost	3/2	1/1	0/0	2/2	4/1	1/0	2/2
Touchdowns	0	4	2	2	2	0	3
Rushing	0	2	1	0	1	0	0
Passing	0	1	1	1	1	0	3
Special Teams	0	0	0	0	0	0	0
Defense	0	1	0	1	0	0	0
Safeties	0	0	0	0	0	0	0
1 Pt. PAT/Att.	0/0	4/4	2/2	2/2	2/2	0/0	3/3
2 Pt. PAT/Att.	0/0	0/0	0/0	0/0	0/0	0/0	0/0
FG Made/Att.	0/1	2/2	2/3	2/3	1/1	1/1	1/2
Time of Poss.	21:40	26:27	34:47	26:44	34:52	20:20	23:51
Take/Give Ratio	-5	-2	-1	E	-2	+1	-2
Avg. Drive Start	21	31	30	31	25	26	41

* team record

2000 OFFENSE

10/22 12/23	10/29	11/5	11/12	11/26	12/3	12/10	12/16	
@OAK	KC	SD	@JAC	DEN	@ATL	@DEN	OAK	BUF
3	19	17	28	31	30	24	27	23
3	3	0	0	0	17	3	10	7
0	7	14	14	14	7	0	3	7
0	0	0	7	10	6	7	0	3
0	9	3	7	7	0	14	14	6
-	-	-	-	-	-	-	-	-
17	22	9	22	17	17	22	18	17
10	5	4	6	3	6	11	7	9
6	16	5	12	12	11	11	10	8
1	1	0	4	2	0	0	1	0
6/14	4/14	4/11	8/15	7/17	7/14	8/13	6/14	8/15
42.9	28.6	36.4	53.3	41.1	50.0	61.5	42.9	53.3
0/1	2/2	-	1/1	0/2	1/1	-	0/1	1/1
00.0	100	-	100	00.0	100	-	00.0	100
282	351	128	326	354	335	405	326	312
64	70	45	66	70	59	67	66	60
4.4	5.0	2.8	4.9	5.1	5.7	6.0	4.9	5.2
137	143	50	96	85	83	107	173	126
32	25	25	32	21	25	26	31	26
4.3	5.7	2.0	3.0	4.0	3.3	4.1	5.6	4.8
145	208	78	230	269	252	298	153	186
2/3	3/16	1/7	1/1	1/5	0/0	0/0	3/24	5/9
149	224	85	231	274	252	298	177	195
30/15	42/26	19/11	33/22	48/23	34/25	41/26	32/19	29/18
1	3	1	0	2	0	3	1	1
4.6	4.6	3.9	6.8	5.5	7.4	7.3	4.4	5.5
5/44.6	5/40.2	6/33.7	6/44.8	6/38.0	2/40.0	4/37.3	6/32.0	3/37.3
0	0	0	0	0	0	0	1	0
3/45	3/65	0/0	1/43	2/17	0/0	0/0	2/17	1/4
4/87	4/99	4/128	4/66	7/140	2/39	4/80	6/144	7-199
1/0	3/39	1/8	0/0	2/8	2/41	1/16	3/35	0/0
10/68	10/99	5/34	5/50	5/43	5/35	4/38	5/55	4/45
3/2	1/1	0/0	3/0	2/1	0/0	3/1	5/1	5/3
0	2	2	4	4	3	3	3	3
0	0	0	1	1	1	0	1	2
0	2	2	3	1	1	3	2	0
0	0	0	0	0	0	0	0	1
0	0	0	0	2	1	0	0	0
0	0	0	0	0	0	0	1	0
0/0	1/1	2/2	4/4	4/4	3/3	3/3	1/1	2/2
0/0	0/1	0/0	0/0	0/0	0/0	0/0	0/2	0/1
1/2	2/2	1/1	0/0	1/1	3/3	1/1	2/2	1/1
29:40	29:20	20:09	29:12	25:35	30:25	31:28	28:54	27:04
-2	-1	+2	+1	+2	+4	-3	+1	-2
27	31	47	24	31	31	30	35	35

2000 DEFENSE

	9/3 @MIA	9/10 StL	9/17 NO	9/24 @SD	10/2 @KC	10/8 @CAR	10/15 IND
Points	23	37	10	12	24	26	37
1st Quarter	10	3	7	6	0	7	7
2nd Quarter	13	10	3	6	7	13	13
3rd Quarter	0	7	0	0	7	3	14
4th Quarter	0	17	0	0	10	3	3
Overtime	-	-	-	-	-	-	-
First Downs	16	28	13	15	18	26	28
Rushing	10	8	6	5	7	5	15
Passing	5	20	7	8	10	19	12
Penalty	1	0	0	2	1	2	1
3rd Down Eff.	3/13	9/14	7/14	6/17	3/11	4/11	6/11
Percentage	23.1	64.3	50.0	35.3	27.3	36.4	54.5
4th Down Eff.	-	-	0/1	0/1	-	-	0/1
Percentage	-	-	00.0	00.0	-	-	00.0
Total Net Yds.	308	476	263	303	378	447	499
Plays	67	70	52	66	55	74	70
Avg. per Play	4.6	6.8	5.1	4.6	6.9	6.0	7.1
Net Yds. Rushing	181	97	116	91	136	125	219
Rushing Plays	41	22	26	24	26	33	39
Avg. per Play	4.4	4.4	4.5	3.8	5.2	3.8	5.6
Net Yds. Passing	127	379	147	212	242	322	280
Sacks/Yds. Lost	2/7	1/17	2/12	2/8	2/14	2/10	1/1
Gross Yds. Passing	134	386	159	220	256	332	281
Att./Comp.	24/15	47/35	24/14	40/24	27/16	39/27	30/20
Interceptions	0	1	0	2	0	1	0
Avg. per Pass	4.9	7.9	5.7	5.1	8.3	7.9	9.0
Punts/Avg.	7/40.4	2/35.0	5/40.8	6/45.0	6/43.3	2/35.3	1/45.0
Blocked	0	0	0	0	0	0	0
Punt Ret./Yds.	5/24	0/0	1/6	3/9	2/27	6/24	1/5
Kickoff Ret./Yds.	1/26	6/134	5/125	5/100	4/101	2/33	4/64
Int. Ret./Yds.	5/50	2/9	1/0	0/0	1/0	0/0	1/0
Penalties/Yds.	6/36	4/16	4/40	9/71	12/77	5/30	3/25
Fumbles/Lost	1/1	2/0	1/0	3/0	0/0	0/0	2/2
Touchdowns	2	4	1	0	3	2	4
Rushing	1	2	0	0	1	0	3
Passing	1	1	1	0	2	2	1
Special Teams	0	0	0	0	0	0	0
Defense	0	1	0	0	0	0	0
Safeties	0	0	0	0	0	0	0
1 Pt PAT/Att.	3/3	4/4	1/1	0/0	3/3	2/2	4/4
2 Pt PAT/Att.	0/0	0/0	0/0	0/0	0/0	0/0	0/0
FG Made/Att.	3/3	3/3	1/1	4/4	1/2	4/5	3/3
Time of Poss.	38:20	33:33	25:13	33:16	25:08	39:40	36:09
Take/Give Ratio	+5	+2	+1	E	+2	-1	+2
Avg. Drive Start	48	28	24	29	32	31	32

2000 DEFENSE

10/22 @OAK	10/29 KC	11/5 SD	11/12 @JAC	11/26 DEN	12/3 @ATL	12/10 @DEN	12/16 OAK	12/23 BUF
31	24	15	21	38	10	31	24	42
7	7	0	7	0	0	7	7	21
14	14	3	14	10	3	7	3	7
0	0	9	0	7	0	10	7	7
10	3	3	0	21	7	7	7	7
-	-	-	-	-	-	-	-	-
17	17	22	24	25	20	20	15	27
5	3	7	8	12	6	9	9	11
9	13	14	15	12	12	11	4	14
3	1	1	1	1	2	0	2	2
2/9	4/13	9/15	6/12	8/14	5/12	4/10	5/10	6/10
22.2	30.1	60.0	50.0	57.1	41.2	40.0	50.0	60.0
-	0/1	-	0/1	-	-	0/1	0/1	-
-	00.0	-	00.0	-	-	00.0	00.0	-
380	410	398	437	538	301	313	361	579
50	62	71	64	73	61	62	60	62
7.6	6.6	5.6	6.8	7.4	4.9	5.0	6.0	9.3
206	76	116	122	301	97	131	227	213
27	26	33	26	41	24	36	42	37
7.6	2.9	3.5	4.7	7.3	4.0	3.6	5.4	5.8
174	334	282	315	237	204	182	134	366
1/2	1/8	1/1	5/25	1/7	4/29	1/19	1/2	0/0
176	342	283	340	244	233	201	136	366
22/15	35/22	37/26	33/24	31/15	33/17	25/14	17/5	25/20
1	3	1	0	2	2	1	3	0
7.6	9.3	7.4	8.3	7.4	5.5	7.0	7.4	14.6
5/49.6	6/41.7	2/27.5	4/42.5	4/35.8	3/36.3	4/43.5	4/46.3	1.34.0
0	0	0	0	0	0	0	0	0
1/0	1/1	0/0	2/14	3/4	0/0	3/20	1/15	0/0
1/15	4/61	3/32	5/93	6/109	7/129	4/66	3/64	5/84
1/0	3/0	1/3	0/0	2/30	0/0	3/99	1/0	1/0
10/90	7/53	9/53	7/55	5/53	4/25	2/15	7/45	2/10
1/0	1/0	3/2	2/1	4/3	2/2	3/0	1/0	2/2
4	3	1	3	5	1	4	3	6
1	0	0	2	3	0	2	2	3
3	3	1	1	1	1	1	1	3
0	0	0	0	0	0	0	0	0
0	0	0	0	1	0	1	0	0
0	0	0	0	0	0	0	0	0
4/4	3/3	0/0	3/3	5/5	1/1	4/4	3/3	6/6
0/0	0/0	0/1	0/0	0/0	0/0	0/0	0/0	0/0
1/1	1/1	3/4	0/0	1/1	1/1	1/1	1/2	0/1
30:20	30:40	39:51	30:48	34:25	29:35	28:32	31:06	32:56
+2	+1	-2	-1	-2	-4	+3	-1	+2
31	31	26	30	27	22	37	37	34

2000

3RD DOWN EFFICIENCY

DATE	TEAM	-----Yards to Go-----										TOTAL	PCT.
		1	2	3	4	5	6	7	8	9	10+		
9/3	Seahawks @ Miami	0-1	0-0	0-0	0-0	0-1	0-1	1-3	0-0	0-1	0-4	1-11	9.1
		1-1	0-0	0-0	0-0	0-2	0-2	1-5	0-0	0-0	1-3	3-13	23.1
9/10	Seahawks St. Louis	1-3	0-0	0-0	0-0	0-2	0-0	0-0	1-2	0-0	2-2	4-9	44.4
		3-3	0-1	1-2	1-1	1-2	0-0	1-2	0-0	0-0	2-3	9-14	64.3
9/17	Seahawks New Orleans	1-1	1-2	1-1	1-1	1-2	1-1	1-1	0-2	0-0	0-2	7-13	53.8
		3-4	1-1	1-3	0-0	0-2	0-2	1-1	0-0	0-0	1-1	7-14	50.0
9/24	Seahawks @ San Diego	1-1	0-0	0-1	0-0	0-0	1-1	0-1	1-1	0-2	0-5	3-12	25.0
		1-1	1-1	1-1	0-4	1-2	1-1	0-0	0-0	0-1	1-6	6-17	35.3
10/2	Seahawks @ Kansas City	1-4	0-0	0-0	1-3	0-0	0-0	0-1	0-0	1-1	2-4	5-13	38.5
		1-1	0-0	0-0	0-0	0-1	2-2	0-2	0-1	0-1	0-3	3-11	27.3
10/8	Seahawks @ Carolina	0-0	0-1	0-0	0-0	0-0	0-1	0-0	0-2	0-0	0-7	0-11	00.0
		1-2	1-2	0-0	0-1	0-1	0-0	0-0	1-2	0-0	1-3	4-11	36.4
10/15	Seahawks Indianapolis	2-2	0-0	0-0	0-1	1-1	1-1	1-1	0-0	0-1	0-2	5-9	55.6
		2-2	0-0	0-0	0-0	1-2	0-0	0-1	2-2	0-1	1-3	6-11	54.5
10/22	Seahawks @ Oakland	2-3	0-0	2-2	0-1	1-1	0-2	0-0	0-0	0-0	1-5	6-14	42.9
		0-0	0-0	0-2	0-0	0-0	0-0	0-1	0-1	0-0	2-5	2-9	22.2
10/29	Seahawks Kansas City	0-1	0-2	2-3	0-0	0-0	1-2	0-0	0-0	0-0	1-6	4-14	28.6
		0-1	2-2	0-1	2-4	0-0	0-1	0-0	0-1	0-0	0-3	4-13	30.8
11/5	Seahawks San Diego	1-2	0-0	0-0	0-0	0-0	0-0	1-2	0-2	1-1	1-4	4-11	36.4
		1-1	0-0	2-2	3-3	0-2	3-3	0-1	0-0	0-0	0-3	9-15	30.8
11/12	Seahawks @ Jacksonville	1-1	1-1	1-1	1-2	0-0	0-2	1-2	1-2	0-1	2-3	8-15	53.3
		0-1	0-0	1-2	0-1	1-1	1-1	1-1	0-2	0-0	2-3	6-12	50.0
11/26	Seahawks Denver	2-4	0-1	0-0	0-0	0-0	0-0	2-3	0-0	0-1	3-8	7-17	41.2
		2-2	1-2	2-2	0-0	0-1	0-0	0-2	0-1	1-1	2-3	8-14	57.1
12/3	Seahawks @ Atlanta	1-1	0-0	0-0	3-3	0-0	2-2	0-2	1-1	0-2	0-3	7-14	50.0
		1-1	0-0	0-1	0-1	2-2	0-0	0-1	0-1	0-0	2-5	5-12	38.7
12/10	Seahawks @ Denver	3-3	1-1	1-2	1-1	0-2	0-0	0-0	0-0	1-1	1-3	8-13	61.5
		2-2	0-1	1-1	0-1	0-0	0-0	1-1	0-0	0-1	0-3	4-10	40.0
12/16	Seahawks Oakland	2-2	0-1	1-1	0-1	1-1	1-2	0-0	0-1	0-0	1-5	6-14	42.9
		1-1	2-2	0-1	1-1	0-0	0-1	1-2	0-0	0-1	2-5	7-14	50.0
12/23	Seahawks Buffalo	2-2	1-2	0-0	0-1	2-2	0-0	2-3	0-0	0-1	1-4	8-15	53.3
		1-1	1-3	0-0	1-2	0-1	0-0	0-0	1-1	1-1	1-1	6-10	60.0
Totals	Seahawks Opponents	20-31	4-11	8-11	7-14	6-12	7-15	9-19	4-13	3-12	15-67	83-205	40.5
		20-24	9-15	9-18	8-19	6-19	7-13	6-20	4-12	2-7	18-53	89-201	44.3

2000 DRIVE CHART

DATE	TEAM	DRIVES	-----DRIVE ENDED BY-----										PTS	PTS/DRV	EFF.
			3/OUT	TD	FG	FGA	PNT	DWN	TO	SAF	CLK				
9/3	Seahawks	13	6	0	0	1	6	1	5	0	0	0	0.0	00.0	
	@ Miami	14	4	2	3	3	7	0	1	0	1	23	1.6	35.7	
9/10	Seahawks	10	1	3	2	2	2	0	3	0	0	27	2.7	50.0	
	St. Louis	9	0	3	3	3	2	0	1	0	0	30	3.3	66.7	
9/17	Seahawks	9	3	2	2	3	3	0	1	0	0	20	2.2	44.4	
	New Orleans	9	3	1	1	1	5	1	0	0	1	10	1.1	22.2	
9/24	Seahawks	10	2	1	2	3	5	0	0	0	1	13	1.3	30.0	
	@ San Diego	14	0	0	4	4	6	1	2	0	1	12	0.9	28.6	
10/2	Seahawks	12	5	2	1	1	6	0	2	0	1	17	1.4	25.0	
	@ San Diego	12	5	3	1	2	6	0	0	0	1	24	2.0	33.3	
10/8	Seahawks	10	6	0	1	1	7	2	0	0	0	3	0.3	10.0	
	@ Carolina	11	1	2	4	5	2	0	1	0	1	26	2.4	54.5	
10/15	Seahawks	11	2	3	1	2	3	0	3	0	0	24	2.2	36.4	
	Indianapolis	10	1	4	3	3	1	0	1	0	1	37	3.7	70.0	
10/22	Seahawks	12	2	0	1	2	5	1	3	0	1	3	0.3	8.0	
	@ Oakland	12	3	4	1	1	5	0	1	0	1	31	2.6	41.7	
10/29	Seahawks	14	0	2	2	2	5	0	4	0	1	19	1.4	28.6	
	Kansas City	15	0	3	1	1	6	1	3	0	1	24	1.6	26.7	
11/5	Seahawks	10	3	2	1	1	6	0	1	0	0	17	1.7	30.0	
	San Diego	10	0	1	3	4	2	0	3	0	0	15	1.5	40.0	
11/12	Seahawks	10	5	4	0	0	6	0	0	0	0	28	2.8	40.0	
	@ Jacksonville	11	2	3	0	0	4	1	1	0	2	21	1.9	27.3	
11/26	Seahawks	14	4	2	1	1	6	2	3	0	0	17	1.2	21.4	
	Denver	16	2	4	1	1	4	0	5	0	2	31	1.9	31.3	
12/3	Seahawks	9	0	2	3	3	2	0	0	0	2	23	2.6	55.6	
	@ Atlanta	9	0	1	1	1	3	0	4	0	0	10	1.1	22.2	
12/10	Seahawks	11	1	3	1	1	4	0	3	0	0	24	2.2	36.4	
	@ Denver	12	3	3	1	1	4	1	1	0	2	24	2.0	33.3	
12/16	Seahawks	15	5	3	2	2	6	1	2	0	1	27	1.8	33.3	
	Oakland	13	0	3	1	2	4	1	3	0	0	24	1.8	30.8	
12/23	Seahawks	10	1	2	1	1	3	0	4	0	0	17	1.7	30.0	
	Buffalo	11	1	6	0	1	1	0	2	0	1	42	3.8	54.5	
TOT	Seahawks	180	46	31	21	26	75	7	34	0	7	279	1.6	28.9	
	Opponents	188	25	43	28	33	62	6	29	0	15	384	2.0	37.8	

2000

INSIDE THE 20

DATE	TEAM	TRIPS/SCORES	TD	ATT/FG	POINTS	INT	FUM	OWNS	TOS	CLOCK
9/3	Seahawks	0/0	0	0/0	0	0	0	0	0	0
	@ Miami	4/4	2	2/2	20	0	0	0	0	0
9/10	Seahawks	3/3	2	1/1	17	0	0	0	0	0
	St. Louis	4/4	3	1/1	24	0	0	0	0	0
9/17	Seahawks	4/3	2	2/1	17	0	0	0	0	0
	New Orleans	2/1	0	1/1	3	0	0	1	0	0
9/24	Seahawks	3/2	0	3/2	6	0	0	0	0	0
	@ San Diego	4/3	0	3/3	9	0	0	1	0	0
10/2	Seahawks	3/3	2	1/1	17	0	0	0	0	0
	@ Kansas City	4/3	3	1/1	24	0	0	0	0	0
10/8	Seahawks	2/1	0	1/1	3	0	0	1	0	0
	@ Carolina	5/4	1	4/3	16	0	0	0	0	0
10/15	Seahawks	4/3	3	1/0	21	0	0	0	0	0
	Indianapolis	4/4	3	1/1	24	0	0	0	0	0
10/22	Seahawks	1/0	0	1/0	0	0	0	0	0	0
	@ Oakland	3/3	2	1/1	17	0	0	0	0	0
10/29	Seahawks	4/3	2	1/1	16	1	0	0	0	0
	Kansas City	2/1	0	1/1	3	1	0	0	0	0
11/5	Seahawks	3/3	2	1/1	17	0	0	0	0	0
	San Diego	3/3	1	2/2	12	0	0	0	0	0
11/12	Seahawks	4/4	4	0/0	28	0	0	0	0	0
	@ Jacksonville	4/2	2	0/0	14	0	0	1	0	1
11/26	Seahawks	3/2	2	0/0	14	1	0	0	0	0
	Denver	3/2	1	1/1	10	1	0	0	0	0
12/3	Seahawks	3/3	2	1/1	17	0	0	0	0	0
	@ Atlanta	2/2	1	1/1	10	0	0	0	0	0
12/10	Seahawks	3/3	2	1/1	17	0	0	0	0	0
	@ Denver	2/2	3	1/1	24	0	0	0	0	0
12/16	Seahawks	3/3	3	0/0	21	0	0	0	0	0
	Oakland	4/3	3	1/1	24	1	0	0	0	0
12/23	Seahawks	3/3	2	1/1	17	0	0	0	0	0
	Buffalo	8/6	6	1/0	42	1	0	0	0	0
Totals	Seahawks	46/39	28	15/11	228	2	0	1	0	0
	Opponents	61/51	31	22/20	276	4	0	3	0	1

2000 SUPERLATIVES

Overall	6-10	When Tied at Halftime	0-0
Home	3-5	When Leading After 3 Quarters	3-2
Road	3-5	When Trailing After 3 Quarters	2-8
		When Tied After 3 Quarters	0-0
By Month		When Scoring...	
September	2-2	First	5-6
October	0-5	19 or fewer points	1-5
November	2-1	20 or more points	5-5
December	2-2		
		When Outrushing Opponents	2-3
Turf		When + in time of possession	2-2
FieldTurf	3-5	When - in time of possession	4-8
Natural	2-5	When = in time of possession	0-0
Artificial	1-0	When + in takeaway/giveaway	4-2
		When - in takeaway/giveaway	1-8
vs. AFC	4-8	When = in takeaway/giveaway	1-0
West	3-5	With a 100-yard rusher	2-0
Central	1-0	With a 100-yard receiver	0-2
East	0-3	With a 300-yard passer	0-0
		Versus an opponent 100-yard rusher	3-7
vs. NFC	2-2	Versus an opponent 100-yard receiver	1-7
West	2-2	Versus an opponent 300-yard passer	1-4
Central	0-0		
East	0-0		
When Leading at Halftime	4-2		
When Trailing at Halftime	2-8		

2000 WEEKLY RANKINGS

NFL

AFC

WEEK	OFFENSE			DEFENSE			WEEK	OFFENSE			DEFENSE		
	TOTAL	RUSH	PASS	TOTAL	RUSH	PASS		TOTAL	RUSH	PASS	TOTAL	RUSH	PASS
1	30	24	30	16	27	7	1	15	12	15	11	15	3
2	27	21	22	29	27	25	2	13	12	14	16	15	13
3	27	14t	28	22	27	20	3	14	6t	14	13	16	10
4	27	15	28	23	26	21	4	13	7	14	15	14	12
5	26	11	30	23	23	21	5	13	4	15	15	13	12
6	29	17	29	28	26	24t	6	15	7	14	16	14	13t
7	27	21	29	29	26	26	7	14	11	14	16	14	14
8	27	20	29	29	29	25	8	14	10	14	16	16	14
9	26	19	28	30	27	29	9	13	9	13	16	15	16
10	29	20	28	30	28	28	10	14	10	13	16	15	15
11	27	20	28	30	27	29	11	14	10	13	16	14	15
12 (bye)	28	21	28	31	28	30	12 (bye)	14	11	13	16	15	16
13	25	21	25	31	28t	30	13	12	11	12	16	15	16
14	26	23	24	31	28	29	14	13	12	12	16	15	15
15	22	22	22	31	28	29	15	11	11	12	16	15	15
16	21	22	21	31	28	27	16	11	11	11	16	15	15
17	19	22	21	31	28	30	17	11	11	11	16	15	15

2000 MISCELLANEOUS

DRIVE ENGINEERING

QB	DRIVES		DRIVES ENDED BY									POINTS	POINTS	DRIVE
	STARTED	TD	FG	FGA	PNT	DWN	TO	SAF	GM	HLF	YELDED	DRIVE	EFF.	
Kitna	144	28	18	22	54	4	30	0	5	1	249	1.7	31.9	
Huard	34	3	3	4	20	3	4	0	0	0	30	0.9	17.6	
Brown	1	0	0	0	1	0	0	0	0	0	0	0.0	00.0	
Lytle	1	0	0	0	0	0	0	0	1	0	0	0.0	00.0	
Seattle	180	31	21	26	75	7	34	0	6	1	279	1.6	29.9	
Opponents	188	43	28	33	62	6	29	0	8	7	384	2.0	37.8	

YARDS GAINED BY DOWN

TEAM	1ST DOWN			2ND DOWN			3RD DOWN			4TH DOWN			SEASON		
	ATT.	YDS.	AVG.	ATT.	YDS.	AVG.									
Seattle	428	1925	4.5	309	1416	4.6	205	1197	5.8	14	135	9.6	956	4673	4.9
Opponents	467	2945	6.3	344	1826	5.3	201	1624	8.1	7	-4	-0.6	1019	6391	6.3

FIRST DOWN TENDENCIES

TEAM	RUSHING			PASSING			OVERALL			TIMES GAINED			
	ATT.	YDS.	AVG.	ATT.	YDS.	AVG.	ATT.	YDS.	AVG.	10+	5+	0	NEG.
Seattle	204	770	3.8	224	1155	5.2	428	1925	4.5	106	203	33	48
Opponents	256	1314	5.1	211	1631	7.7	467	2945	6.3	138	272	26	43

GOAL-TO-GO

TEAM	ATT.	TD	FG	FGA	INT.	FUMBLE	DOWN	GAME	PIS.
Seattle	22	18	4	4	0	0	0	0	138
Opponents	19	9	8	8	0	0	1	1	87

TAKEAWAYS/GIVEAWAYS

	NO.	RESULTING IN...	TD	FG	FGA	SAFETY	INT.	FUMBLE	PUNT	DOWN	GAME	PIS.
Takeaways	29		12	5	6	0	2	0	5	2	2	99
Giveaways	38		11	6	6	0	1	5	8	1	4	95

TIMES LEADING THE TEAM IN...

- Receptions:** **Watters, 7** (at Miami 9/3) (SD, 11/5) (Denver, 11/26) (at Atl, 12/3) (at Denver, 12/10) (Oakland, 12/16) (Buffalo, 12/23); **Dawkins, 6** (StL, 9/10) (at SD, 9/24) (Ind, 10/15) (KC, 10/29) (at Jac, 11/12) (at Denver, 12/10); **Jackson, 5** (NO, 9/17) (at KC, 10/2) (at Carolina, 10/8) (Ind, 10/15) (Oakland, 12/16); **Mili, 2** (at SD, 9/24) (at Oakland, 10/22); **Fauria, 1** (at KC, 10/2).
- Receiving Yds.:** **Dawkins, 6** (StL, 9/10) (at Carolina, 10/8) (Ind, 10/15) (KC, 10/29) (at Jac, 11/12) (at Denver, 12/10); **Jackson, 6** (NO, 9/17) (at SD, 9/24) (at KC, 10/2) (SD, 11/5) (at Atl, 12/3) (Oakland, 12/16); **Watters, 4** (at Miami, 9/3) (at Oakland, 10/22) (Denver, 11/26) (Buffalo, 12/23).
- Rushing Yds.:** **Watters, 16** games
- Tackles:** **Simmons, 9** (NO, 9/17) (at SD, 9/24) (at Car, 10/8) (at Oakland, 10/22) (SD, 11/5) (Denver, 11/26) (at Atl, 12/3) (at Denver, 12/10) (Oakland, 12/16); **Koonce, 2** (at Miami, 9/3) (at KC, 10/2); **Springs, 2** (at Jac, 11/12) (Buffalo, 12/23); **Bellamy, 1** (StL, 9/10); **Joseph, 1** (Ind, 10/15); **King, 1** (at Miami, 9/3); **Parker, 1** (KC, 10/29); **Williams, 1** (Buffalo, 12/23).
- Sacks:** **Brown, 5** (StL, 9/10) (at Car, 10/8) (Ind, 10/15) (at Oakland, 10/15) (at Jac, 11/12); **King, 4** (at Miami, 9/3) (NO, 9/17) (at KC, 10/2) (at Atl, 12/3); **Simmons, 3** (at Miami, 9/3) (at SD, 9/24) (Denver, 11/26); **Sinclair, 3** (StL, 9/10) (at SD, 9/24) (at Denver, 12/10); **Bellamy, 2** (NO, 9/17) (SD, 11/5); **Kennedy, 1** (KC, 10/29); **Koonce, 1** (at KC, 10/2); **Team, 1** (Oakland, 12/16).

2000 HONORS

CHAD BROWN, LB

All-Madden Team

JEAN-PHILIPPE DARCHE, LS

All-Rookie Team
Pro Football Weekly

DARRELL JACKSON, WR

All-Rookie Team
Pro Football Weekly
Football News

WALTER JONES, T

All-Madden Team

JON KITNA, QB

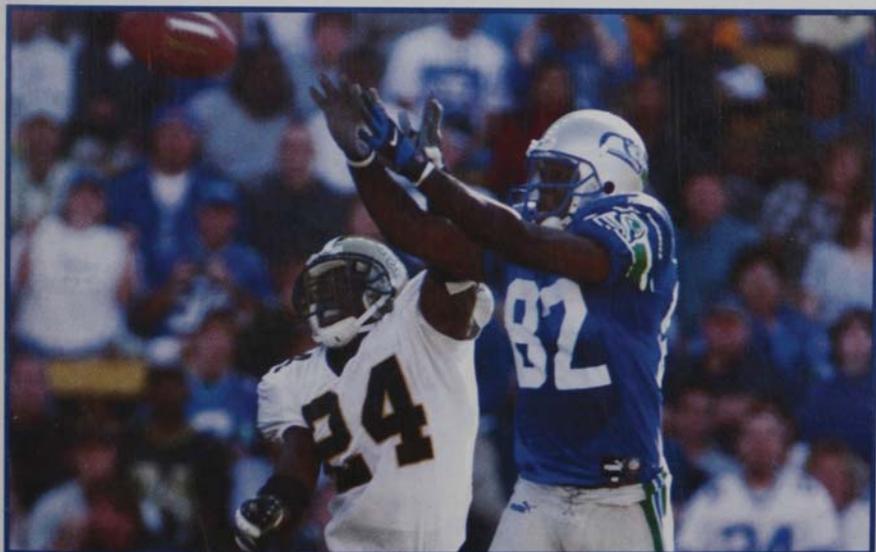
AFC Offensive Player of the Week 11 (at Jacksonville)
Seahawks Man of the Year

SHAWN SPRINGS, CB

All-Madden Team

RICKY WATTERS, RB

Steve Largent Award
(awarded to the player who exemplifies the spirit, dedication and integrity of the Seahawks)



Jackson led all rookie receivers in receptions, yards and touchdowns in 2000.

2000 STANDINGS

AFC

Eastern Division	W	L	T	Pct.	Pts.	Opp.
Miami*	11	5	0	.688	323	226
Indianapolis#	10	6	0	.625	429	326
N.Y. Jets	9	7	0	.563	321	321
Buffalo	8	8	0	.500	315	350
New England	5	11	0	.313	276	338
Central Division	W	L	T	Pct.	Pts.	Opp.
Tennessee*	13	3	0	.813	346	191
Baltimore#	12	4	0	.750	333	165
Pittsburgh	9	7	0	.563	321	255
Jacksonville	7	9	0	.438	367	327
Cincinnati	4	12	0	.250	185	359
Cleveland	3	13	0	.188	161	419
Western Division	W	L	T	Pct.	Pts.	Opp.
Oakland*	12	4	0	.750	479	299
Denver#	11	5	0	.688	485	369
Kansas City	7	9	0	.438	355	354
Seattle	6	10	0	.375	320	405
San Diego	1	15	0	.063	269	440

NFC

Eastern Division	W	L	T	Pct.	Pts.	Opp.
N.Y. Giants*	12	4	0	.750	328	246
Philadelphia#	11	5	0	.688	351	245
Washington	8	8	0	.500	281	269
Dallas	5	11	0	.313	294	361
Arizona	3	13	0	.188	210	443
Central Division	W	L	T	Pct.	Pts.	Opp.
Minnesota*	11	5	0	.688	397	371
Tampa Bay#	10	6	0	.625	388	269
Green Bay	9	7	0	.563	353	323
Detroit	9	7	0	.563	307	307
Chicago	5	11	0	.313	216	355
Western Division	W	L	T	Pct.	Pts.	Opp.
New Orleans*	10	6	0	.625	354	305
St. Louis#	10	6	0	.625	540	471
Carolina	7	9	0	.438	310	310
San Francisco	6	10	0	.375	388	422
Atlanta	4	12	0	.250	252	413

AFC Wild Card

MIAMI 23, Indianapolis 17
BALTIMORE 21, Denver 3

AFC Divisional

Baltimore 24, TENNESSEE 10
OAKLAND 27, Miami 0

AFC Championship

Baltimore 16, OAKLAND 3

NFC Wild Card

NEW ORLEANS 31, St. Louis 28
PHILADELPHIA 21, Tampa Bay 3

NFC Divisional

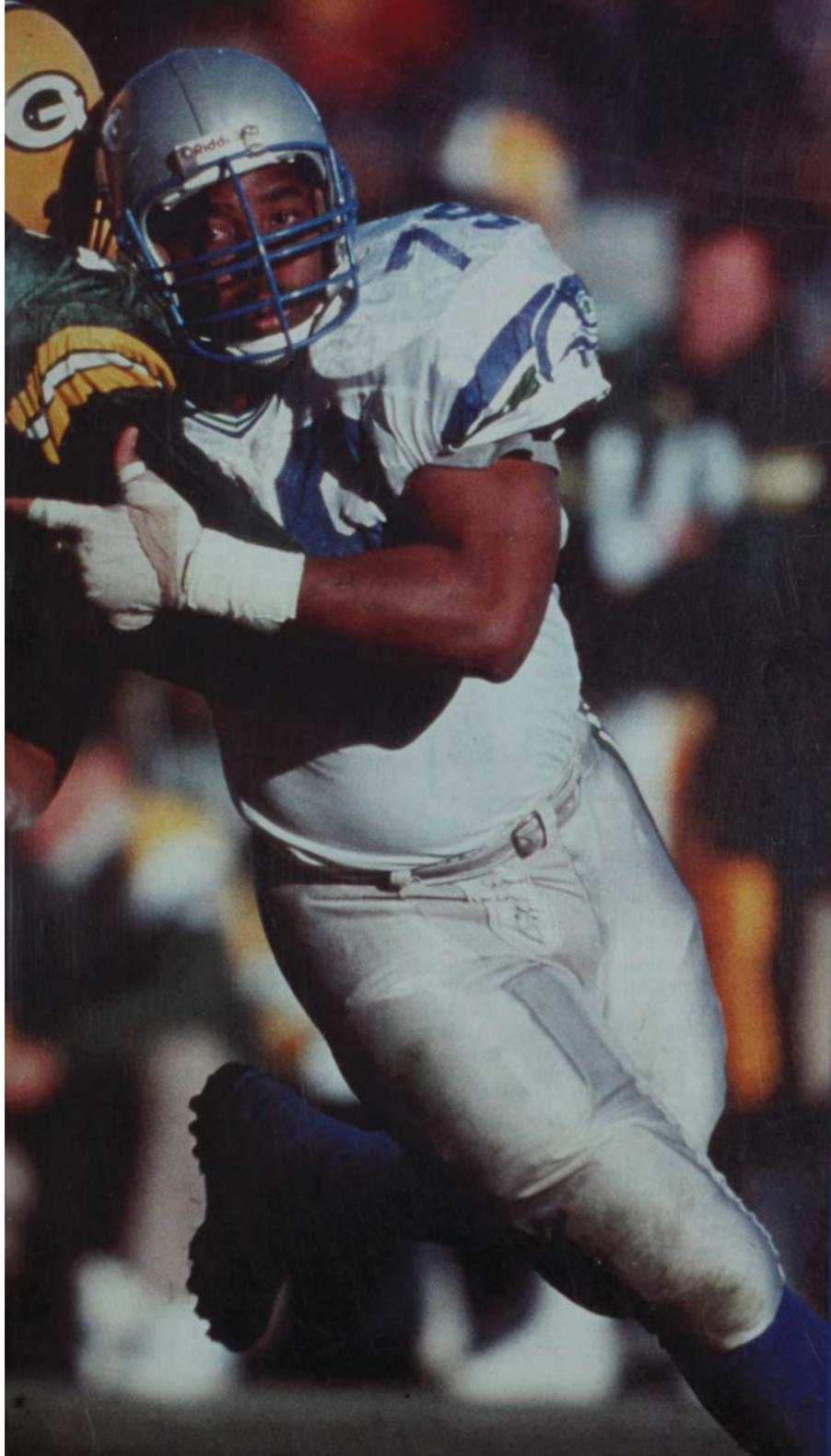
MINNESOTA 34, New Orleans 16
N.Y. GIANTS 20, Philadelphia 10

NFC Championship

N.Y. GIANTS 41, Minnesota 0

Super Bowl XXXV

Baltimore 34, N.Y. Giants 7



ALL-TIME REVIEW

1976 REVIEW (2-12)

DATE	W/L	SCORE	OPP	ATT	SCORING	TD	RU	PA	Rt	PAT	FG	S	Pts	
09/12	L	24-30	St. Louis	58,441	Leypoldt	0	0	0	0	19-22	8-12	0	43	
09/19	L	7-31	at Washington	53,174	Smith	5	4	1	0	0	0	0	30	
09/26	L	21-37	San Francisco	59,108	Largent	4	0	4	0	0	0	0	24	
10/03	L	13-28	Dallas	62,027	McCullum	4	0	4	0	0	0	0	24	
10/10	L	20-28	Green Bay (Mil)	54,983	McKinnis	4	0	0	0	0	0	0	24	
10/17	W	13-10	at Tampa Bay	43,812	Zorn	4	0	0	0	0	0	0	24	
10/24	L	14-41	Detroit	61,280	SEA	29	14	13	2	26-29	9-16	1	229	
10/31	L	6-41	at L.A. Rams	52,035	OPP	53	20	27	6	51-53	20-30	0	429	
11/07	W	31-13	Atlanta	57,985										
11/14	L	21-27	at Minnesota	45,087	RUSHING					ATT	YDS	AVG	LG	TD
11/21	L	27-51	New Orleans	61,865	Smith	119	537	4.5	53	4				
11/28	L	16-28	at N.Y. Giants	65,111	Zorn	52	246	4.7	19	4				
12/05	L	7-34	Chicago	60,510	Testerman	67	246	3.8	16	1				
12/12	L	10-27	at Philadelphia	37,949	Nelson	52	173	3.3	25	1				
					McKinnis	46	105	2.2	14	4				

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	237	323
Rushing	75	166
Passing	140	136
Penalty	22	21
3rd Down: Made/Att	59/221	96/219
3rd Down Pct.	26.7	43.8
4th Down: Made/Att	15/20	6/16
4th Down Pct.	75.0	37.8
TOTAL NET YARDS	4062	5405
Avg. Per Game	290.1	386.0
Total Plays	882	1008
Avg. Per Play	4.6	5.3
NET YARDS RUSHING	1413	2881
Avg. Per Game	100.9	206.0
Total Rushes	374	614
NET YARDS PASSING	2649	2524
Avg. Per Game	189.2	180.0
Sacked/Yards Lost	28/225	27/246
Gross Yards	2874	2770
Att./Completions	480/229	367/223
Completion Pct.	47.7	60.7
Had Intercepted	30	15
PUNTS/AVERAGE	82/37.4	65/35.0
NET PUNTING AVG.	30.1	29.6
PENALTIES/YARDS	80/684	106/926
FUMBLES/LOST	30/18	23/13
TOUCHDOWNS	29	53
Rushing	14	20
Passing	13	27
Returns	2	6
TOTAL POINTS	229	429

BY QUARTERS	1	2	3	4	OT	Tot
SEA	39	73	61	56	0	229
OPP	91	116	127	95	0	429

RECEIVING	No	Yds	Avg	LG	TD
Largent	54	705	13.0	45	4
Howard	37	422	11.4	30	0
Smith	36	384	10.6	34	1
McCullum	32	506	15.8	72	4
Testerman	25	232	9.2	25	1
SEA	229	2874	12.5	80	13
OPP	223	2770	12.4	66	27

INTERCEPTIONS	No	Yds	Avg	LG	TD
Brown	4	70	17.5	33	0
Woolsey	4	19	4.7	13	0
Matthews	3	60	20.0	40	1
SEA	15	218	14.5	40	1
OPP	30	388	12.9	70	4

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Blackwood	19	2	132	6.9	26	0
Brown	13	4	74	5.6	19	0
SEA	39	6	246	6.3	26	0
OPP	56	3	534	9.5	50	1

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Ross	30	655	21.8	45	0
Bolton	15	280	18.6	30	0
SEA	79	1605	20.3	45	0
OPP	46	1041	22.6	41	0

PUNTING	No	Yds	Avg	NET	TB I20	LG	B
Engles	80	3067	38.3	29.9	3	13	55
SEA	82	3067	37.4	30.1	3	13	55
OPP	65	2275	35.0	29.6	5	10	54

PASSING	ATT	CMP	Yds	CMP% Yds/Att	TD	TD%	INT	INT%	LG	SACKED	RATING	
Zorn	439	208	2571	47.3	5.85	12	2.7	27	6.1	80	25/196	49.4
Munson	37	20	295	54.0	7.97	1	2.7	3	8.1	44	3/29	----
SEA	480	229	2874	47.7	5.98	13	3.7	30	6.2	80	26/225	49.9
OPP	367	223	2770	60.7	7.54	27	7.3	15	4.0	66	27/246	91.7

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Bitterlich	0-0	1-1	0-2	0-1	0-0
Leyboldt	0-0	2-2	1-2	5-7	0-1
SEA	0-0	3-3	1-4	5-8	0-1
OPP	1-1	7-7	7-11	5-9	0-2

Bitterlich: (27) (—) (36W,40W,33W)
 Leyboldt: () () (—) (48,44,45B) (25,39,51S)
 (—) (43,41) (—) (36W) (—) (45,46R) (—) (24)
 OPP: (28,46W,22,26) (37) (45,45,31) (50B,39W)
 (—) (38,36W,35B) (25,44) (20) (44W,18,40B,21)
 (32W,43,39) (46,36,21)(—) (45S,51S) (33,37)

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Brown	111	85	26	0.0	17	2	0
Curtis	107	66	41	1.0	1	0	1
Bradley	101	75	26	0.0	4	1	1
Mathews	92	75	17	0.0	13	0	0
Niehaus	90	58	32	8.5	0	0	1

RECORD (FINISH): 2-12 (5th, NFC West)
HEAD COACH: Jack Patera (2-12, .143)
ASSISTANTS: Sam Boghosian (Off. Coord./OL), Bob Hollway (Def. Coord./DBs), Earl Leggett (DL), Andy MacDonald (RBs), Larry Peccatiello (LBs), Jerry Rhome (QB/ WRs/TEs)
CAPTAINS: T Norm Evans (Off), LB Mike Curtis (Def), LB Ed Bradley (Sp. Teams)
MVP: QB Jim Zorn
PRO BOWL: None
NATIONAL HONORS: Jim Zorn, NFC Offensive Rookie of the Year; DT Steve Niehaus, NFC Defensive Rookie of the Year

All-NFL: None		
Pos.	OFFENSE	STARTS
WR	Sam McCullum	13
LT	Nick Bebout	13
LG	Bob Penchion	13
C	Fred Hoaglin	7
	*Art Kuehn	7
RG	John Demarie	7
	Bob Newton	7
RT	Norm Evans	10
TE	Ron Howard	13
WR	*Steve Largent	13
QB	*Jim Zorn	14
RB	*Sherman Smith	9
FB	*Don Testerman	8
DEFENSE		
LE	Dave Tipton	12
LT	*Steve Niehaus	14
RT	Richard Harris	8
RE	Bob Lurtsema	13
LLB	Ken Geddes	9
	*Sammy Green	5
MLB	Ed Bradley	14
RLB	Mike Curtis	14
LCB	Eddie McMillan	14
RCB	Rolly Woolsey	11
FS	Dave Brown	14
SS	Al Mathews	14
SPECIAL TEAMS		
K	Don Bitterlich	3
	John Leyboldt	11
P	Rick Engles	14

*Rookie or first-year player

AFC							NFC						
EASTERN	W	L	T	Pct.	Pts.	Opp.	EASTERN	W	L	T	Pct.	Pts.	Opp.
Baltimore	11	3	0	.786	417	246	Dallas	11	3	0	.786	296	194
New England*	11	3	0	.786	376	236	Washington	*10	4	0	.714	291	217
Miami	6	8	0	.429	263	264	St. Louis	10	4	0	.714	309	267
NY Jets	3	11	0	.214	169	383	Philadelphia	4	10	0	.286	165	286
Buffalo	2	12	0	.143	245	363	NY Giants	3	11	0	.214	170	250
CENTRAL							CENTRAL						
WESTERN	W	L	T	Pct.	Pts.	Opp.	WESTERN	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	10	4	0	.714	342	138	Minnesota	11	2	1	.821	305	176
Cincinnati	10	4	0	.714	335	210	Chicago	7	7	0	.500	253	216
Cleveland	9	5	0	.643	267	287	Detroit	6	8	0	.429	262	220
Houston	5	9	0	.357	222	273	Green Bay	5	9	0	.357	218	299
Oakland	13	1	0	.929	350	237	Los Angeles	10	3	1	.750	351	190
Denver	9	5	0	.643	315	206	San Francisco	8	6	0	.571	270	190
San Diego	6	8	0	.429	248	285	Atlanta	4	10	0	.286	172	312
Kansas City	5	9	0	.357	290	376	New Orleans	4	10	0	.286	253	346
Tampa Bay	0	14	0	.000	125	412	Seattle	2	12	0	.143	229	429

1977 REVIEW (5-9)

DATE	W/L	SCORE	OPPONENT	ATT.	SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Prs
09/18	L	14-29	Baltimore	58,991	Largent	10	0	10	0	0	0	0	60
09/25	L	20-42	at Cincinnati	45,579	Leypoldt	0	0	0	0	33-37	9-18	0	60
10/02	L	13-24	Denver	53,108	Sims	8	5	3	0	0	0	0	48
10/09	L	0-31	at New England	45,929	Smith	6	4	2	0	0	0	0	36
10/16	W	30-23	Tampa Bay	54,783	Testerman	5	1	4	0	0	0	0	30
10/23	L	13-31	at Miami	29,855	SEA	37	12	23	2	33-37	9-18	0	282
10/30	W	56-17	Buffalo	61,180	OPP	43	21	19	3	42-43	23-31	0	373
11/06	L	7-44	at Oakland	50,929									
11/13	W	17-0	at N. Y. Jets	43,973	RUSHING								
11/20	L	10-22	Houston	61,519	Smith	163	763	4.7	39	4			
11/27	L	28-30	San Diego	55,338	Testerman	119	459	3.8	20	1			
12/04	L	20-30	at Pittsburgh	45,429	Sims	99	369	3.7	17	5			
12/11	W	34-31	at Kansas City	22,562	Hunter	32	179	5.5	20	1			
12/18	W	20-19	Cleveland	61,583	Zorn	25	141	5.6	15	1			
					SEA	461	1964	4.2	39	12			
					OPP	596	2485	4.1	41	21			

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	251	295
Rushing	116	152
Passing	116	125
Penalty	19	18
3rd Down: Made/Att	72/187	86/206
3rd Down Pct.	38.5	42.7
4th Down: Made/Att	6/16	9/14
4th Down Pct.	37.8	64.3
TOTAL NET YARDS	4292	4818
Avg. Per Game	306.5	344.1
Total Plays	869	963
Avg. Per Play	4.9	5.0
NET YARDS RUSHING	1964	2485
Avg. Per Game	140.2	177.5
Total Rushes	461	596
NET YARDS PASSING	2328	2333
Avg. Per Game	166.2	166.6
Sacked/Yards Lost	21/131	18/131
Gross Yards	2459	2464
Att./Completions	387/175	349/196
Completion Pct.	45.2	56.1
Had Intercepted	32	25
PUNTS/AVERAGE	64/37.9	54/35.9
NET PUNTING AVG.	30.9	30.8
PENALTIES/YARDS	76/666	96/794
FUMBLES/BALL LOST	26/13	20/11
TOUCHDOWNS	37	43
Rushing	12	21
Passing	23	19
Returns	2	3
TOTAL POINTS	282	373

By Quarters	1	2	3	4	OT	Tot
SEA	52	106	57	67	0	282
OPP	101	105	65	102	0	373

RECEIVING	No	Yds	Avg	LG	TD
Largent	33	643	19.4	74	10
Testerman	31	219	7.0	25	4
Smith	30	419	13.9	44	2
Ferguson	19	374	19.6	45	2
Howard	17	177	10.4	24	1
Sims	12	176	14.6	82	3
Sawyer	10	105	10.5	27	0
SEA	175	2459	14.0	82	23
OPP	196	2464	12.5	67	19

INTERCEPTIONS	No	Yds	Avg	LG	TD
Beamon	6	36	6.0	16	0
McMillan	4	157	39.2	57	0
Brown	4	68	17.0	29	1
Preece	4	55	13.7	29	0
Geddes	3	9	3.0	6	0
SEA	25	356	14.2	57	1
OPP	32	594	18.5	102	3

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Hunter	36	820	22.7	41	0
Ferguson	11	240	21.8	39	0
Packer	13	280	21.5	44	0
SEA	71	1502	21.2	44	0
OPP	50	1240	24.8	70	0

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Packer	20	0	131	6.5	31	0
SEA	31	4	217	7.0	31	0
OPP	41	2	372	9.0	39	0

PASSING	ATT	CMP	Yds	CMP%	Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Zorn	251	104	1683	41.4	6.60	16	6.3	19	7.5	82	12/51	54.2
Myer	130	70	729	53.8	5.60	6	4.6	12	9.2	45	9/80	47.6
SEA	387	175	2459	45.2	6.35	23	5.9	32	8.2	82	21/131	51.7
OPP	349	196	2465	56.1	7.06	19	5.4	25	7.1	67	18/131	66.6

PUNTING	No	Yds	Avg	NET	TB	120	LG	B
Weaver	58	2293	39.5	31.8	4	10	59	1
Engles	4	137	34.3	25.3	0	0	41	1
SEA	64	2430	37.9	30.6	4	10	59	2
OPP	54	1942	35.9	30.8	3	11	61	2

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Leyboldt	1-2	2-3	2-4	3-4	1-5
SEA	1-2	2-3	2-4	3-4	1-5
OPP	0-0	9-10	10-12	4-9	0-0

Leyboldt:(19B)(52S,32,42)(52S)(—) (43,21R,37B)
 (19,41)(—)(—)(33R, 43L,50R,33 (51)(—)(20,27)
 (—)(51S)
 Opp: (45R,38,42) (—) (36) (36,26R) (40,37,20)
 (39L,41) (25) (35,39,37) (46R) (31B,46B,27,37)
 (40,26,39) (22,28,43) (49L,23,45L) (24,38)

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Beeson	136	110	26	1.0	5	0	1
Beamon	128	82	36	0.0	8	1	0
Green	98	57	41	0.0	5	1	0
Preece	96	61	35	0.0	5	1	1
McMillan	80	63	17	0.0	15	0	3
Lurtsema	79	46	33	2.0	0	0	0

RECORD (FINISH): 5-9 (4th, AFC West). Set record for wins by 2nd year expansion team.

HEAD COACH: Jack Patera (7-21, .250)

ASSISTANTS: Sam Boghosian (Off. Coord./OL), Bob Hollway (Def. Coord./DBs), Earl Leggett (DL), Andy MacDonald (RBs), Larry Peccatiello (LBs), Jerry Rhone (QBs/ WRs/TEs)

CAPTAINS: T Norm Evans (Off), S Eddie McMillan (Def), S Steve Preece (Sp. Teams)

MVP: WR Steve Largent

PRO BOWL: None **NATIONAL HONORS:** None **ALL-NFL:** None

Pos.	OFFENSE	STARTS
WR	Duke Ferguson	8
	Sam McCullum	3
	Steve Raible	3
LT	Nick Bebout	12
LG	Gordon Jolley	11
	*Tom Lynch	5
C	Art Kuehn	14
RG	Ron Coder	14
RT	Norm Evans	13
TE	Ron Howard	12
WR	Steve Largent	14
QB	Jim Zorn	10
	Steve Myer	4
RB	Sherman Smith	13
FB	Don Testerman	13

DEFENSE

LE	Richard Harris	14
LT	Ron East	14
RT	Bob Lurtsema	9
	*Dennis Boyd	5
RE	Alden Roche	9
LLB	Sammy Green	14
MLB	*Terry Beeson	13
RLB	Ken Geddes	14
LCB	Eddie McMillan	4
RCB	Dave Brown	14
SS	Autry Beamon	9
	Don Dufek	5
FS	Steve Preece	14

SPECIAL TEAMS

K	John Leyboldt	14
P	Rick Engles	1
	Herman Weaver	13

*Rookie or first-year player

AFC

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Baltimore	10	4	0	.714	295	221
Miami	10	4	0	.714	313	197
New England	9	5	0	.643	278	217
NY Jets	3	11	0	.214	191	300
Buffalo	3	11	0	.214	160	313

	W	L	T	Pct.	Pts.	Opp.
CENTRAL						
Pittsburgh	9	5	0	.643	283	243
Houston	8	6	0	.571	299	230
Cincinnati	8	6	0	.571	238	235
Cleveland	6	8	0	.429	269	267

	W	L	T	Pct.	Pts.	Opp.
WESTERN						
Denver	11	2	0	.857	274	148
Oakland*	12	3	0	.786	351	230
San Diego	7	7	0	.500	222	205
Seattle	5	9	0	.357	282	373
Kansas City	2	12	0	.143	225	349

NFC

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Dallas	12	2	0	.857	345	212
Washington	9	5	0	.643	196	189
St. Louis	7	7	0	.500	272	287
Philadelphia	5	9	0	.357	220	207
NY Giants	5	9	0	.357	181	265

	W	L	T	Pct.	Pts.	Opp.
CENTRAL						
Minnesota	9	5	0	.643	231	227
Chicago*	9	5	0	.643	255	253
Detroit	6	8	0	.429	183	252
Green Bay	4	10	0	.286	134	219
Tampa Bay	2	12	0	.143	103	223

	W	L	T	Pct.	Pts.	Opp.
WESTERN						
Los Angeles	10	4	0	.714	302	146
Atlanta	7	7	0	.500	179	129
San Francisco	5	9	0	.357	220	260
New Orleans	3	11	0	.214	232	336

1978 REVIEW (9-7)

DATE	W/L SCORE	OPPONENT	ATT	BY QUARTERS	1	2	3	4	OT	TOT
09/03	L 20-24	San Diego	55,778	SEA	85	115	50	95	0	345
09/10	L 10-21	at Pittsburgh	48,277	OPP	68	114	79	94	3	358
09/17	W 24-17	at N.Y. Jets	46,911							
09/24	W 28-16	Detroit	56,781							
10/01	L 7-28	at Denver	74,989							
10/08	W 29-28	Minnesota	62,031							
10/15	L 28-45	Green Bay (at Milwaukee)	52,712							
10/22	W 27-7	Oakland	62,529							
10/29	L 17-20	Denver (OT)	62,948							
11/05	W 31-29	at Chicago	50,697							
11/12	L 14-17	Baltimore	61,905							
11/19	W 13-10	at Kansas City	35,252							
11/26	W 17-16	at Oakland	52,978							
12/03	W 47-24	Cleveland	62,262							
12/10	L 10-37	at San Diego	49,975							
12/17	W 23-19	Kansas City	58,490							

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	345	331
Rushing	150	153
Passing	156	160
Penalty	39	18
3rd Down: Made/Att	98/235	88/216
3rd Down Pct.	41.7	40.7
4th Down: Made/Att	20/31	8/14
4th Down Pct.	54.5	57.1
TOTAL NET YARDS	5511	5522
Avg. Per Game	344.4	345.1
Total Plays	1072	1036
Avg. Per Play	5.1	5.3
NET YARDS RUSHING	2394	2517
Avg. Per Game	149.6	157.3
Total Rushes	561	551
NET YARDS PASSING	3117	3005
Avg. Per Game	194.8	187.8
Sacked/Yards Lost	44/284	25/220
Gross Yards	3401	3225
Att./Completions	467/261	460/263
Completion Pct.	55.9	57.2
Had Intercepted	22	22
PUNTS/AVERAGE	69/36.9	66/38.0
NET PUNTING AVG.	29.9	31.0
PENALTIES/YARDS	94/789	125/997
FUMBLES/BALL LOST	36/19	34/17
TOUCHDOWNS	44	43
Rushing	28	20
Passing	15	21
Returns	1	2
TOTAL POINTS	345	358

SCORING	TD	Ru	PA	Rt	PAT	FG	S	Pts
Sims	15	14	1	0	0	0	0	90
Herrera	0	0	0	0	40-44	13-21	0	79
Largent	8	0	8	0	0	0	0	48
Smith	7	6	1	0	0	0	0	42
Zorn	6	6	0	0	0	0	0	36
SEA	44	28	15	1	40-44	13-21	1	345
OPP	43	20	21	2	41-43	19-27	1	358

RUSHING	ATT	Yds	Avg	LG	TD
Smith	165	805	4.9	67	6
Sims	174	752	4.3	44	14
Hunter	105	348	3.3	55	2
Zorn	59	290	4.9	23	6
SEA	561	2394	4.3	67	28
OPP	551	2517	4.6	62	20

RECEIVING	No	Yds	Avg	LG	TD
Largent	71	1168	16.5	57	8
McCullum	37	525	14.2	44	3
Sims	30	195	6.5	25	1
Smith	28	366	13.1	64	1
Raible	22	316	14.4	38	1
SEA	261	3401	13.0	64	15
OPP	263	3225	12.3	55	21

INTERCEPTIONS	No	Yds	Avg	LG	TD
Webster	5	9	1.8	4	0
Harris	4	65	16.3	28	0
Beamon	4	17	4.3	15	0
Brown	3	44	14.7	44	0
SEA	22	193	8.8	44	1
OPP	22	300	13.6	52	1

PUNTING	No	Yds	Avg	NET	TB	I20	LG	B
Weaver	66	2440	37.0	29.5	6	13	59	0
SEA	69	2543	36.9	29.9	6	15	59	0
OPP	66	2507	38.0	31.0	6	16	67	1

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Crawford	34	4	284	8.4	22	0
SEA	40	5	342	8.6	42	0
OPP	36	9	363	10.1	24	0

PASSING	ATT	CMP	Yds	CMP%	Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Zorn	443	248	3283	56.0	7.41	15	3.4	20	4.5	64	44/284	72.2
Myer	22	11	94	50.0	4.27	0	0.0	2	9.1	17	0/0	---
SEA	467	261	3401	55.9	7.28	15	3.2	22	4.7	64	44/284	70.0
OPP	460	263	3225	57.2	7.01	21	4.6	22	4.8	55	25/220	74.3

KICKOFF RETURNS	No	Yds	AVG	LG	TD
Hunter	16	385	24.1	38	0
Crawford	35	829	23.7	36	0
SEA	67	1510	22.5	38	0
OPP	66	1328	20.1	95	1

FGs	1-19	20-29	30-30	40-49	50+
Herrera	2-2	1-1	5-7	5-10	0-1
SEA	2-2	1-1	5-7	5-10	0-1
OPP	2-2	7-7	8-10	2-5	0-3

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Beeson	153	107	46	0.0	4	0	0
Butler	122	83	39	2.0	13	0	2
Green	115	79	36	0.0	2	0	1
Webster	113	85	28	0.0	33	0	1
Harris	113	72	41	2.0	15	1	0

RECORD (FINISH): 9-7 (T2nd, AFC West).

HEAD COACH: Jack Patera (16-28, .364)

ASSISTANTS: Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Larry Peccatiello (Def Coach/ LBs), Jerry Rhome (Off. Coach/QBs/WRs /TEs)

CAPTAINS: T Norm Evans & WR Steve Largent (Off), DT Dennis Boyd (Def), S Autry Beamon (Sp. Teams)

MVP: QB Jim Zorn

PRO BOWL: WR Steve Largent (1)

NATIONAL HONORS: Jack Patera (Coach of the Year),

GM John Thompson (Ex. of the Year)

FIRST-TEAM ALL-NFL: QB Jim Zorn (NEA)

Pos.	OFFENSE	STARTS
WR	Sam McCullum	16
LT	Nick Bebout	16
LG	Tom Lynch	16
C	John Yarno	13
	Art Kuehn	3
RG	Bob Newton	16
RT	Steve August	14
	Norm Evans	2
DEFENSE		
LE	Ernie Price	11
	Bill Sandifer	5
LT	Dennis Boyd	16
RT	Bill Sandifer	8
	Steve Niehaus	6
RE	Bill Gregory	14
LLB	Sammy Green	16
MLB	Terry Beeson	16
RLB	*Keith Butler	14
LCB	Cornell Webster	14
	*Keith Simpson	2
RCB	Dave Brown	16
SS	Autry Beamon	16
FS	*John Harris	16
SPECIAL TEAMS		
K	Efren Herrera	16
P	Herman Weaver	16

*Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	11	5	0	.688	358	286
Miami*	11	5	0	.688	372	254
NY Jets	8	8	0	.500	359	364
Buffalo	5	11	0	.313	302	354
Baltimore	5	11	0	.313	249	425

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	14	2	0	.875	356	195
Houston*	10	6	0	.625	283	298
Cleveland	8	8	0	.500	334	356
Cincinnati	4	12	0	.250	252	284

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	10	6	0	.625	282	198
Seattle	9	7	0	.563	345	358
Oakland	9	7	0	.563	311	283
San Diego	9	7	0	.563	355	309
Kansas City	4	12	0	.250	243	327

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	384	208
Philadelphia*	9	7	0	.563	270	250
Washington	8	8	0	.500	273	283
St. Louis	6	10	0	.375	248	296
NY Giants	6	10	0	.375	264	298

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	8	7	1	.531	294	306
Green Bay	8	7	1	.531	249	269
Detroit	7	9	0	.438	290	300
Chicago	7	9	0	.438	253	274
Tampa Bay	5	11	0	.313	241	259

WESTERN	W	L	T	Pct.	Pts.	Opp.
Los Angeles	12	4	0	.750	316	245
Atlanta*	9	7	0	.563	240	290
New Orleans	7	9	0	.438	281	198
San Francisco	2	14	0	.125	219	350

1979 REVIEW (9-7)

DATE	W/L	SCORE	OPPONENT	ATT	SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Pts
09/02	L	16-33	San Diego	62,287	Herrera	0	0	0	0	0	43-46	19-23	0 100
09/09	L	10-19	at Miami	56,233	Smith	15	11	4	0	0	0	0	0 90
09/16	W	27-10	Oakland	61,602	Doornink	9	8	1	0	0	0	0	0 54
09/23	L	34-37	at Denver	74,879	Largent	9	0	9	0	0	0	0	0 54
09/30	L	6-24	Kansas City	61,169	McCullum	4	0	4	0	0	0	0	0 24
10/07	W	35-24	at San Francisco	44,592	SEA	46	24	20	2	43-46	19-23	1	378
10/14	L	10-20	at San Diego	50,077	OPP	46	23	21	2	42-46	18-28	0	372
10/21	W	34-14	Houston	60,705									
10/29	W	31-28	at Atlanta (Mon.)	52,566	RUSHING								
11/04	L	0-24	L.A. Rams	62,048	Smith	194	775	4.0	31	11			
11/11	W	29-24	at Cleveland	72,440	Doornink	152	500	3.3	26	8			
11/18	W	38-24	New Orleans	60,055	Zorn	46	279	6.1	41	2			
11/26	W	30-7	N.Y. Jets (Mon.)	59,977	Hunter	34	174	5.1	67	1			
12/02	L	21-37	at Kansas City	42,160	Moore	44	168	3.8	18	2			
12/08	W	28-23	Denver (Sat.)	60,038	SEA	500	1967	3.9	67	24			
12/16	W	29-24	at Oakland	53,177	OPP	533	2375	4.5	84	23			

TEAM STATISTICS	SEA	OPP	RECEIVING	No	Yds	Avg	LG	TD
TOTAL FIRST DOWNS	315	350	Largent	66	1237	18.7	55	9
Rushing	121	146	Doornink	54	432	8.0	41	1
Passing	171	171	Smith	48	499	10.4	35	4
Penalty	23	33	McCullum	46	739	16.1	65	4
3rd Down: Made/Att	104/243	88/224	Peets	25	293	11.7	28	1
3rd Down Pct.	42.8	39.3	Raible	20	252	12.6	41	1
4th Down: Made/Att	14/23	13/21	Moore	14	128	9.1	24	0
4th Down Pct.	60.7	61.9	SEA	292	3791	13.0	65	20
TOTAL NET YARDS	5557	5834	OPP	317	3739	11.8	51	21
Avg. Per Game	347.3	364.6	INTERCEPTIONS					
Total Plays	1046	1078	Brown	6	46	9.2	23	0
Avg. Per Play	5.3	5.4	Simpson	4	72	18.0	41	0
NET YARDS RUSHING	1967	2375	Harris	2	30	15.0	25	0
Avg. Per Game	122.9	148.4	SEA	17	284	16.7	91	1
Total Rushes	500	533	OPP	18	185	10.3	34	1
NET YARDS PASSING	3590	3459	PUNTING					
Avg. Per Game	224.4	216.2	Weaver	66	2651	40.2	33.4	3 11 60 3
Sacked/Yards Lost	23/201	37/280	SEA	70	2687	38.4	33.1	4 11 60 3
Gross Yards	3791	3739	OPP	69	2616	37.9	31.5	8 14 64 1
Att./Completions	523/292	508/317	PUNT RETURNS					
Completion Pct.	55.8	62.4	T. Green	16	3	121	7.6	30 0
Had Intercepted	18	17	Moore	10	1	90	9.0	29 0
PUNTS/AVERAGE	70/38.4	69/37.9	SEA	34	6	281	8.3	30 0
NET PUNTING AVG.	33.1	31.5	OPP	42	12	289	6.9	27 0
PENALTIES/YARDS	104/903	117/1045	KICKOFF RETURNS					
FUMBLES/BALL LOST	31/18	39/16	T. Green	20	437	21.9	31	0
TOUCHDOWNS	46	46	Moore	31	641	20.7	39	0
Rushing	24	23	SEA	70	1444	20.6	39	0
Passing	20	21	OPP	70	1238	17.7	41	0
Returns	2	2						
TOTAL POINTS	378	372						

BY QUARTERS	1	2	3	4	OT	TOT
SEA	78	114	87	99	--	378
OPP	63	116	84	109	--	372

PASSING	ATT	CMP	Yds	CMP% Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Zorn	505	285	3661	56.4 7.25	20	4.0	18	3.6	65	23/201	77.6
SEA	523	292	3791	55.8 7.25	20	3.8	18	3.4	65	23/201	76.2
OPP	508	317	3739	62.4 7.36	21	4.1	17	3.3	51	37/280	84.6

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Herrera	1-1	7-8	5-6	6-7	0-1
SEA	1-1	7-8	5-6	6-7	0-1
OPP	0-0	10-11	6-8	2-8	0-1
Herrera: (34) (32,49R) (23B,46,20) (28,22,39B) (38,53S,20) (—) (19) (48,30) (24) (—) (34) (27) (49,42,45) (—) (—) (24,42)					
OPP: (31,42,22,23) (36,31) (34L,50S,37) (27) (36) (25) (40R,38L) (—) (25R) (40B,23) (28,44L) (37S,40) (42L) (27,31,22) (41R,29) (20,43S)					

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Beeson	116	89	27	2.0	4	0	1
Beamon	112	75	38	0.0	14	1	2
Jackson	95	53	42	0.0	8	0	1
Hardy	87	67	22	3.5	1	1	0
Butler	88	56	32	2.0	9	0	2
Simpson	88	73	15	2.0	12	4	0

RECORD (FINISH): 9-7 (T3rd, AFC West)

HEAD COACH: Jack Patera (25-35, .417)

ASSISTANTS: Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Larry Peccatiello (Def Coach/ LBs), Jerry Rhome (Off. Coach/ QBs/WRs/ TEs), Rusty Tillman (Sp. Teams)

CAPTAINS: WR Steve Largent (Off), DE Dennis Boyd (Def), S Autry Beamon (Sp. Teams)

MVP: WR Steve Largent

PRO BOWL: WR Steve Largent (2)

NATIONAL HONORS: None

ALL-NFL: WR Steve Largent (SI, NY Daily News)

Pos.	OFFENSE	STARTS
WR	Sam McCullum	16
LT	Nick Bebout	13
LG	Tom Lynch	16
C	John Yarno	16
RG	Bob Newton	11
	Ron Coder	5
RT	Steve August	16
TE	Brian Peets	14
WR	Steve Largent	15
QB	Jim Zorn	16
RB	Sherman Smith	15
FB	David Sims	4
	Dan Doornink	12
	DEFENSE	
LE	Carl Eller	8
	Dennis Boyd	4
	Ernie Price	4
LT	*Robert Hardy	16
RT	*Manu Tuiasosopo	16
RE	Bill Gregory	16
LLB	Sammy Green	9
	Michael Jackson	7
MLB	Terry Beeson	16
RLB	Keith Butler	14
LCB	Cornell Webster	14
RCB	Dave Brown	16
SS	Keith Simpson	11
	Autry Beamon	4
FS	Autry Beamon	9
	John Harris	6
	SPECIAL TEAMS	
K	Efren Herrera	16
P	Herman Weaver	16
	*Rookie or first-year player	

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	10	6	0	.625	341	257
New England	9	7	0	.563	411	326
NY Jets	8	8	0	.500	337	383
Buffalo	7	9	0	.438	268	279
Baltimore	5	11	0	.313	271	351

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	12	4	0	.750	416	262
Houston*	11	5	0	.688	362	331
Cleveland	9	7	0	.563	359	352
Cincinnati	4	12	0	.250	337	421

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	12	4	0	.750	411	246
Denver*	10	6	0	.625	289	262
Seattle	9	7	0	.563	378	372
Oakland	9	7	0	.563	365	337
Kansas City	7	9	0	.438	238	262

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	11	5	0	.688	371	313
Philadelphia*	11	5	0	.688	339	282
Washington	10	6	0	.625	348	295
NY Giants	6	10	0	.375	237	323
St. Louis	5	11	0	.313	307	358

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Tampa Bay	10	6	0	.625	273	237
Chicago*	10	6	0	.625	306	249
Minnesota	7	9	0	.438	259	337
Green Bay	5	11	0	.313	246	316
Detroit	2	14	0	.125	219	365

WESTERN	W	L	T	Pct.	Pts.	Opp.
Los Angeles	9	7	0	.563	323	309
New Orleans	8	8	0	.500	370	360
Atlanta	6	10	0	.375	300	388
San Francisco	2	14	0	.125	308	416

1980 REVIEW (4-12)

DATE	W/L	SCORE	OPPONENT	ATT	BY QUARTERS	1	2	3	4	OT	TOT	
09/07	L	13-34	San Diego	62,042	SEA	25	95	50	121	---	291	
09/14	W	17-16	at Kansas City	42,403	OPP	48	139	77	144	---	408	
09/21	L	31-37	New England	61,035								
09/28	W	14-0	at Washington	53,263								
10/05	W	26-7	at Houston	46,860								
10/12	L	3-27	Cleveland	61,366								
10/19	W	27-17	at N.Y. Jets	52,496								
10/26	L	14-33	at Oakland	50,185								
11/02	L	20-27	Philadelphia	61,047								
11/09	L	30-31	Kansas City	58,976								
11/17	L	17-19	Oakland (Mon.)	60,480								
11/23	L	20-36	at Denver	73,274								
11/27	L	7-51	at Dallas (Th.)	57,540								
12/07	L	21-27	N.Y. Giants	51,617								
12/13	L	14-21	at S. Diego (Sat.)	49,980								
12/21	L	17-25	Denver	51,853								
TEAM STATISTICS				SEA	OPP							
TOTAL FIRST DOWNS				302	301							
Rushing				114	129							
Passing				166	147							
Penalty				22	25							
3rd Down: Made/Att				85/230	110/235							
3rd Down Pct.				37.0	46.8							
4th Down: Made/Att				10/15	13/14							
4th Down Pct.				66.7	92.9							
TOTAL NET YARDS				4879	5177							
Avg. Per Game				304.9	323.6							
Total Plays				1024	1038							
Avg. Per Play				4.8	5.0							
NET YARDS RUSHING				1783	2067							
Avg. Per Game				111.4	129.2							
Total Rushes				456	550							
NET YARDS PASSING				3096	3110							
Avg. Per Game				193.5	194.4							
Sacked/Yards Lost				51/398	26/170							
Gross Yards				3494	3280							
Att./Completions				517/287	462/267							
Completion Pct.				55.5	57.8							
Had Intercepted				23	23							
PUNTS/AVERAGE				70/40.4	66/40.2							
NET PUNTING AVG.				31.6	34.6							
PENALTIES/YARDS				109/901	103/876							
FUMBLES/BALL LOST				38/15	33/11							
TOUCHDOWNS				33	47							
Rushing				13	17							
Passing				18	28							
Returns				2	2							
TOTAL POINTS				291	408							
SCORING												
					TD	Ru	Pa	Rt	PAT	FG	S	Pts
Herrera	0	0	0	0	33-33	20-31	0	0	93			
Jodat	6	5	1	0	0	0	0	0	0	0	36	
Largent	6	0	6	0	0	0	0	0	0	0	36	
McCullum	6	0	6	0	0	0	0	0	0	0	36	
Doornink	5	3	2	0	0	0	0	0	0	0	30	
McCutcheon	4	3	1	0	0	0	0	0	0	0	24	
SEA	33	13	18	2	33-33	20-31	0	291				
OPP	47	17	28	2	45-47	25-33	3	408				
RUSHING												
					ATT	Yds	Avg	LG	TD			
Jodat	155	632	4.1	26	5							
Doornink	100	344	3.4	22	3							
Zorn	44	214	4.9	25	1							
McCutcheon	40	202	5.1	32	3							
Moore	60	202	3.4	20	0							
SEA	456	1783	3.9	32	13							
OPP	550	2067	3.8	46	17							
INTERCEPTIONS												
					No	Yds	Avg	LG	TD			
Brown	6	32	5.3	24	0							
Harris	6	28	4.7	15	0							
Simpson	3	15	5.0	10	0							
SEA	23	95	4.1	24	0							
OPP	23	170	7.4	25	2							
RECEIVING												
					No	Yds	Avg	LG	TD			
Largent	66	1064	16.1	67	6							
McCullum	62	874	14.1	58	5							
Sawyer	36	410	11.4	32	0							
Doornink	31	237	7.6	16	2							
Jodat	26	190	7.3	14	1							
Moore	25	231	9.2	34	0							
SEA	287	3494	12.2	67	18							
OPP	267	3280	12.3	68	28							
PUNTING												
					No	Yds	Avg	NET	TB	I20	LG	B
Weaver	67	2798	41.8	31.6	7	14	62	2				
SEA	70	2827	40.4	31.6	7	15	62	2				
OPP	66	2652	40.2	34.6	1	20	60	2				
PUNT RETURNS												
					No	FC	Yds	Avg	LG	TD		
Lewis	41	9	349	8.5	75	1						
SEA	41	9	349	8.5	75	1						
OPP	42	9	476	11.3	36	0						

PASSING	ATT	CMP	Yds	CMP%	Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Zorn	488	276	3346	53.3	6.86	17	3.5	20	4.1	67	44/341	72.4
Adkins	23	10	136	43.5	5.91	1	4.3	3	13.0	22	5/51	----
Krieg	2	0	0	0.0	0.00	0	0.0	0	0.0	0	1/6	----
SEA	517	287	3494	55.5	6.76	18	3.5	23	4.4	67	51/398	71.3
OPP	462	267	3280	57.8	7.10	28	6.1	23	5.0	68	26/170	79.3

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Lewis	25	585	23.4	54	0
Webster	21	406	19.3	34	0
SEA	73	1489	20.4	54	0
OPP	64	1223	19.1	46	0

FIELD GOALS	1-19	20-29	30-30	40-49	50+
Herrera	1-1	6-6	8-9	4-10	1-5
SEA	1-1	6-6	8-9	4-10	1-5
OPP	1-1	8-9	9-11	3-5	4-7

Herrera:(46,54S,28)(19)(33)(—)(32,33,50,44,40R)
 (51S,29)(48,23) (48S) (21,31,41L) (39,31,33,60S)
 (46S,37) (21,20) (—) (52R,48R) (47L) (31R,47)
 OPP: (41,29) (50,23,57) (19,30,44R,29)
 (33R,50S,52R) (—) (—) (37L) (34,38,43S, 30,25)
 (39,25) (42) (28) (24,33) (—) (43,32) (23L)
 (53,55,34,38,52S)

DEFENSIVE STATISTICS

PLAYER	T	S	A	Sac	PD	FF	FR
Jackson	136	105	31	0.0	5	1	2
Harris	119	80	39	0.0	9	0	1
Simpson	110	82	28	1.0	17	0	1
Beeson	101	65	36	1.0	1	2	1
Hardy	103	72	31	3.0	2	1	1
Tuiasopopo	94	63	31	3.5	4	0	1

RECORD (FINISH): 4-12 (5th, AFC West)

HEAD COACH: Jack Patera (29-47, .382)

ASSISTANTS: Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Larry Peccatiello (Def Coach/ LBs), Jerry Rhome (Off. Coach/ QBs/WRs/ TEs), Rusty Tillman (Sp. Teams)

CAPTAINS: WR Steve Largent (Off), SS Keith Simpson (Def)

MVP: WR Sam McCullum

PRO BOWL: None

NATIONAL HONORS: None

ALL-NFL: None

Pos.	OFFENSE	STARTS
WR	Sam McCullum	16
LT	Louis Bullard	13
LG	Tom Lynch	12
	Jeff Sevy	4
C	John Yarno	16
RG	Bob Newton	16
RT	Steve August	16
TE	John Sawyer	16
WR	Steve Largent	16
QB	Jim Zorn	16
RB	Sherman Smith	2
	Dan Doornink	11
FB	Jim Jodat	13
	Dan Doornink	3
DEFENSE		
LE	*Jacob Green	13
LT	Robert Hardy	16
RT	Manu Tuiasopopo	16
RE	Bill Gregory	13
LLB	Michael Jackson	15
MLB	Terry Beeson	16
RLB	Keith Butler	16
LCB	Cornell Webster	5
	Kerry Justin	11
RCB	Dave Brown	16
SS	Keith Simpson	16
FS	John Harris	16
SPECIAL TEAMS		
K	Efren Herrera	16
P	Herman Weaver	16

*Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	11	5	0	.688	320	260
New England	10	6	0	.625	441	325
Miami	8	8	0	.500	266	305
Baltimore	7	9	0	.438	355	387
NY Jets	4	12	0	.250	302	395

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	11	5	0	.688	357	310
Houston*	11	5	0	.688	295	251
Pittsburgh	9	7	0	.563	352	313
Cincinnati	6	10	0	.375	244	312

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	11	5	0	.688	418	327
Oakland*	11	5	0	.688	364	306
Kansas City	8	8	0	.500	319	336
Denver	8	8	0	.500	310	323
Seattle	4	12	0	.250	291	408

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Philadelphia	12	4	0	.750	384	222
Dallas*	12	4	0	.750	454	311
Washington	6	10	0	.375	261	293
St. Louis	5	11	0	.313	299	350
NY Giants	4	12	0	.250	249	425

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	9	7	0	.563	317	308
Detroit	9	7	0	.563	334	272
Chicago	7	9	0	.438	304	264
Tampa Bay	5	10	1	.344	271	341
Green Bay	5	10	1	.344	231	371

WESTERN	W	L	T	Pct.	Pts.	Opp.
Atlanta	12	4	0	.750	405	272
Los Angeles*	11	5	0	.688	424	289
San Francisco	6	10	0	.375	320	415
New Orleans	1	15	0	.063	291	487

1981 REVIEW (6-10)

DATE	W/L	SCORE	OPPONENT	ATT	BY QUARTERS	1	2	3	4	OT	TOT
09/06	L	21-27	at Cincinnati	41,177	SEA	71	109	85	57	---	322
09/13	W	13-10	Denver	58,513	OPP	58	140	75	115	---	388
09/20	L	10-20	at Oakland	45,725							
09/27	L	14-20	Kansas City	59,255							
10/04	L	10-24	at San Diego	51,463							
10/11	L	17-35	at Houston	42,671							
10/18	L	0-32	N.Y. Giants	56,134							
10/25	W	19-3	at N.Y. Jets	49,678							
11/01	L	24-34	at Green Bay	49,467							
11/08	W	24-21	Pittsburgh	59,058							
11/16	W	44-23	San Diego (Mon.)	58,628							
11/22	L	13-40	at Kansas City	49,002							
11/29	L	31-32	Oakland	57,147							
12/06	W	27-23	N.Y. Jets	53,105							
12/13	L	13-23	at Denver	74,527							
12/20	W	42-21	Cleveland	51,435							

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	295	371
Rushing	103	175
Passing	166	173
Penalty	26	23
3rd Down: Made/Att	76/204	107/220
3rd Down Pct.	37.3	48.6
4th Down: Made/Att	8/19	4/10
4th Down Pct.	42.1	40.0
Possession Avg.	26:59	33:01
TOTAL NET YARDS	5021	5940
Avg. Per Game	313.8	371.3
Total Plays	1001	1126
Avg. Per Play	5.0	5.3
NET YARDS RUSHING	1594	2806
Avg. Per Game	99.6	175.4
Total Rushes	440	588
NET YARDS PASSING	3427	3134
Avg. Per Game	214.2	195.9
Sacked/Yards Lost	37/300	36/260
Gross Yards	3727	3394
Att./Completions	524/307	502/294
Completion Pct.	58.6	58.6
Had Intercepted	15	21
PUNTS/AVERAGE	68/39.0	55/42.5
NET PUNTING AVG.	36.2	35.3
PENALTIES/YARDS	106/823	104/944
FUMBLES/BALL LOST	41/23	43/27
TOUCHDOWNS	40	46
Rushing	14	20
Passing	21	25
Returns	5	1
TOTAL POINTS	322	388

RUSHING	ATT	YDS	AVG	LG	TD
T. Brown	141	531	3.8	43	6
Smith	83	253	3.0	21	3
Doormink	65	194	3.0	11	1
Zorn	30	140	4.7	20	1
Hughes	47	135	2.9	15	0
SEA	440	1594	3.6	43	14
OPP	588	2806	4.8	73	20

RECEIVING	No	YDS	AVG	LG	TD
Largent	75	1224	16.3	57	9
McCullum	46	567	12.3	36	3
Smith	44	406	9.2	28	1
Hughes	35	263	7.5	22	2
Doormink	27	350	13.0	80	4
SEA	307	3727	12.1	80	21
OPP	294	3394	11.5	90	25

INTERCEPTIONS	No	YDS	AVG	LG	TD
Harris	10	155	15.5	42	2
Easley	3	155	51.7	82	1
SEA	21	397	18.9	82	3
OPP	15	257	17.1	46	1

PUNTING	No	YDS	AVG	NET	TB	120	LG	B
West	66	2578	39.1	36.1	2	16	56	0
SEA	68	2665	39.0	36.2	2	16	56	0
OPP	55	2337	42.5	35.3	5	14	63	0

PUNT RETURNS	No	FC	YDS	AVG	LG	TD
Johns	16	4	177	11.1	34	0
Lewis	15	2	100	6.7	23	0
SEA	32	6	293	9.2	34	0
OPP	33	18	153	4.6	16	0

KICKOFF RETURNS	No	YDS	AVG	LG	TD
Lewis	20	378	18.9	36	0
Ivory	15	281	18.7	32	0
SEA	69	1278	18.5	36	0
OPP	67	1177	17.6	35	0

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Zorn	397	236	2788	59.4	7.02	13	3.3	9	2.3	80	24/201	80.2
Krieg	112	64	843	57.1	7.53	7	6.3	5	4.5	57	11/85	-----
SEA	524	307	3727	58.6	7.11	21	4.0	15	2.9	80	37/300	82.0
OPP	502	294	3394	58.6	6.76	25	5.0	21	4.2	90	36/260	78.2

1982 REVIEW (4-5)

DATE	W/L	SCORE	OPPONENT	ATT
09/12	L	7-21	Cleveland	55,907
09/19	L	21-23	at Houston	43,117
09/26			at New England	Cx1
10/03			Kansas City	Cx1
10/10			at San Diego	Cx1
10/17			L.A. Raiders	Cx1
10/24			San Diego	Cx1
10/31			at Kansas City	Cx1
11/07			Denver	Cx1
11/14			at St. Louis	Cx1
11/21	W	17-10	at Denver	73,916
11/28	W	16-0	Pittsburgh	55,553
12/05	L	23-28	at L.A. Raiders	42,170
12/12	W	20-14	Chicago	52,826
12/19	L	0-16	New England	53,457
12/26	L	10-24	at Cincinnati	55,330
01/02	W	13-11	Denver	43,145

TEAM STATISTICS		SEA	OPP
TOTAL FIRST DOWNS		159	167
Rushing		51	86
Passing		89	68
Penalty		19	13
3rd Down: Made/Att		43/130	50/126
3rd Down Pct.		33.1	39.7
4th Down: Made/Att		6/12	5/8
4th Down Pct.		50.0	62.5
POSSESSION AVG.		28:04	31:56
TOTAL NET YARDS		2594	2794
Avg. Per Game		288.2	310.4
Total Plays		589	600
Avg. Per Play		4.4	4.7
NET YARDS RUSHING		795	1461
Avg. Per Game		88.3	162.3
Total Rushes		227	337
NET YARDS PASSING		1799	1333
Avg. Per Game		199.9	148.1
Sacked/Yards Lost		36/269	17/135
Gross Yards		2068	1468
Att./Completions		326/176	246/138
Completion Pct.		54.0	56.1
Had Intercepted		13	13
PUNTS/AVERAGE		49/38.6	50/40.6
NET PUNTING AVG.		35.9	34.9
PENALTIES/YARDS		59/523	44/406
FUMBLES/BALL LOST		21/11	18/9
TOUCHDOWNS		14	18
Rushing		4	12
Passing		9	4
Returns		1	2
TOTAL POINTS		127	147

PASSING	ATT	CMP	Yds	CMP%	Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Zorn	245	126	1540	51.4	6.29	7	2.9	11	4.5	50	20/152	62.1
Krieg	78	49	501	62.8	6.42	2	2.6	2	2.6	44	16/117	79.0
SEA	326	176	2068	54.0	6.34	9	2.8	13	4.0	50	36/269	66.1
OPP	246	138	1468	56.1	5.97	4	1.6	13	5.3	56	17/135	57.1

BY QUARTERS	1	2	3	4	OT	Tot
SEA	9	37	28	53	---	127
OPP	26	70	23	28	---	147

SCORING	TD	Ru	PA	Rr	PAT	FG	S	Pts
N. Johnson	0	0	0	0	0	13-14	10-14	0 43
Largent	3	0	3	0	0	0	0	18
T. Brown	2	2	0	0	0	0	0	12
Carr	2	0	2	0	0	0	0	12
Walker	2	0	2	0	0	0	0	12
SEA	14	4	9	1	13-14	10-14	0	127
OPP	18	12	4	2	17-18	6-15	0	147

RUSHING	ATT	Yds	AVG	LG	TD
Smith	63	202	3.2	19	0
Doornink	45	178	4.0	46	0
T. Brown	53	141	2.7	17	2
Zorn	15	113	7.5	35	1
Hughes	30	106	3.5	13	0
SEA	227	795	3.5	46	4
OPP	337	1461	4.3	53	12

INTERCEPTIONS	No	Yds	AVG	LG	TD
Easley	4	48	12.0	44	0
Harris	4	33	8.3	18	0
Jackson	2	29	14.5	28	0
SEA	13	160	12.3	44	1
OPP	13	88	6.8	39	1

RECEIVING	No	Yds	AVG	LG	TD
Largent	34	493	14.5	45	3
Doornink	22	176	8.0	44	0
Smith	19	196	10.3	39	0
Carr	15	265	17.7	50	2
Johns	15	234	15.6	35	1
Metzelaars	15	152	10.1	26	0
SEA	176	2068	11.8	50	9
OPP	138	1468	10.6	56	4

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
West	48	1835	38.2	36.7	3	8	52	0
SEA	49	1889	38.6	35.9	3	9	54	0
OPP	50	2032	40.6	34.9	3	10	59	0

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Johns	19	10	210	11.1	37	0
SEA	21	14	228	10.9	37	0
OPP	19	23	69	3.6	18	0

KICKOFF RETURNS	No	Yds	AVG	LG	TD
Ivory	10	224	22.4	30	0
Lane	11	172	15.6	32	0
SEA	29	544	18.8	32	0
OPP	24	361	15.0	34	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
N. Johnson	0-0	3-4	5-6	2-3	0-1
SEA	0-0	3-4	5-6	2-3	0-1
OPP	0-0	4-5	2-3	0-6	0-1
N. Johnson: () ()	(37R,41R,23R,25)	(35,48,29)	(30)	(30,34)	(52B)(43)(22,34)
OPPONENTS:	(45B,26B,42L)	(24)	(21)()	(42L)	(50R)
	(21,41B,48L,23)	(34)	(39L,44B)		

DEFENSIVE STATISTICS

PLAYER	T	S	A	Sac	PD	FF	FR
Jackson	64	40	24	0.0	5	0	1
Easley	56	49	7	1.0	3	1	1
D. Brown	51	40	11	1.0	2	0	2
Scholtz	48	36	12	1.0	3	1	1
Simpson	46	42	4	0.0	3	0	0
Butler	46	36	11	2.0	1	0	0

RECORD (FINISH): 4-5 (T8th, AFC). Season shortened to 9 games because of players' strike. Top 8 in AFC & NFC made playoffs.

HEAD COACH: Jack Patera (35-59, .372) fired on October 13 after 2 games. Mike McCormack (4-3, .571)

ASSISTANTS: Jack Christensen (DBs), Frank Lauterbur (DL), Andy MacDonald (RBs), Howard Mudd (OL), Jerry Rhome (Off. Coach/QBs/WRs/TEs), Jackie Simpson (Def. Coach/LBs), Rusty Tillman (Sp. Teams)

CAPTAINS: WR Steve Largent (Off), CB Keith Simpson (Def), S Don Dufek (Sp. Teams)

MVP: LS Kenny Easley

PRO BOWL: LS Kenny Easley (1)

NATIONAL HONORS: None

FIRST-TEAM ALL-NFL: LS Kenny Easley (PFW, NEA, Football Digest)

Pos.	OFFENSE	STARTS
WR	Paul Johns	7
	Roger Carr	2
LT	Dennis Boyd	2
	Ron Essink	7
LG	Edwin Bailey	7
C	John Yarno	9
RG	Robert Pratt	9
RT	Steve August	7
TE	Mike Tice	9
WR	Steve Largent	8
QB	Jim Zorn	7
	Dave Krieg	2
RB	Sherman Smith	8
FB	David Hughes	3
	Dan Doornink	5
DEFENSE		
LE	Jacob Green	9
LT	Robert Hardy	8
RT	Manu Tuiasopopo	8
RE	*Jeff Bryant	9
LLB	*Bruce Scholtz	9
MLB	Michael Jackson	8
RLB	Keith Butler	8
LCB	Keith Simpson	8
RCB	Dave Brown	9
LS	Kenny Easley	8
RS	John Harris	9
SPECIAL TEAMS		
K	*Norm Johnson	9
P	Jeff West	9

*Rookie or first-year player

	AFC					
	W	L	T	Pct.	Pts.	Opp.
LA Raiders	8	1	0	.889	260	200
Miami	7	2	0	.778	198	131
Cincinnati	7	2	0	.778	232	177
Pittsburgh	6	3	0	.667	204	146
San Diego	6	3	0	.667	288	221
NY Jets	6	3	0	.667	245	166
New England	5	4	0	.556	143	157
Cleveland	4	5	0	.444	140	182
Buffalo	4	5	0	.444	150	154
Seattle	4	5	0	.444	127	147
Kansas City	3	6	0	.333	176	184
Denver	2	7	0	.222	148	226
Houston	1	8	0	.111	136	245
Baltimore	0	8	1	.056	113	236

	NFC					
	W	L	T	Pct.	Pts.	Opp.
Washington	8	1	0	.889	190	128
Dallas	6	3	0	.667	226	145
Green Bay	5	3	1	.611	226	169
Minnesota	5	4	0	.556	187	198
Atlanta	5	4	0	.556	183	199
St. Louis	5	4	0	.556	135	170
Tampa Bay	5	4	0	.556	158	178
Detroit	4	5	0	.444	181	176
New Orleans	4	5	0	.444	129	160
NY Giants	4	5	0	.444	164	160
San Francisco	3	6	0	.333	209	206
Chicago	3	6	0	.333	141	174
Philadelphia	3	6	0	.333	191	195
LA Rams	2	7	0	.222	200	250

As the result of a 57-day players' strike, the 1982 NFL regular season schedule was reduced from 16 weeks to 9. At the conclusion of the regular season, the NFL conducted a 16-team postseason Super Bowl Tournament. Eight teams from each conference were seeded 1-8 based on their records during the season.

1983 REVIEW (9-7; 2-1 PLAYOFFS)

DATE	W/L	SCORE	OPPONENT	ATT
09/04	L	13-17	at Kansas City	42,531
09/11	W	17-10	at N.Y. Jets	50,066
09/18	W	34-31	San Diego	61,714
09/25	L	17-27	Washington	60,718
10/02	W	24-9	at Cleveland	75,446
10/09	L	21-28	at San Diego	49,132
10/16	W	38-36	L.A. Raiders	60,697
10/23	L	21-27	Pittsburgh	61,615
10/30	W	34-21	at L.A. Raiders	49,708
11/06	W	27-19	Denver	61,189
11/13	L	28-33	at St. Louis	33,280
11/20	L	27-38	at Denver	74,710
11/27	W	51-48	Kansas City (OT)	56,795
12/04	L	10-35	Dallas	63,352
12/11	W	17-12	at N.Y. Giants	48,942
12/18	W	24-6	New England	59,688
POSTSEASON				
12/24	W	31-7	Denver (Sat.) (AFC First-Round)	60,753
12/31	W	27-20	at Miami (Sat.) (AFC Divisional Playoff)	71,032
01/08	L	14-30	at L.A. Raiders (AFC Championship)	88,734

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	300	351
Rushing	131	128
Passing	153	195
Penalty	16	28
3rd Down: Made/Att	96/218	95/214
3rd Down Pct.	44.0	44.4
4th Down: Made/Att	4/10	4/10
4th Down Pct.	40.0	40.0
POSSESSION AVG.	29:52	30:08
TOTAL NET YARDS	5092	6029
Avg. Per Game	318.3	376.8
Total Plays	1032	1075
Avg. Per Play	4.9	5.6
NET YARDS RUSHING	2119	2198
Avg. Per Game	132.4	137.4
Total Rushes	546	511
NET YARDS PASSING	2973	3831
Avg. Per Game	185.8	239.4
Sacked/Yards Lost	47/343	43/351
Gross Yards	3316	4182
Att./Completions	449/251	521/3111
Completion Pct.	55.9	59.7
Had Intercepted	18	26
PUNTS/AVERAGE	79/39.5	68/40.2
NET PUNTING AVG.	34.6	34.2
PENALTIES/YARDS	102/890	91/725
FUMBLES/BALL LOST	36/20	44/28
TOUCHDOWNS	50	48
Rushing	19	14
Passing	25	33
Returns	6	1
TOTAL POINTS	403	397

BY QUARTERS	1	2	3	4	OT	Tot
SEA	67	99	102	132	3	403
OPP	69	134	56	138	0	397

SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Pts
N. Johnson	0	0	0	0	49-50	18-25	0	0 103
Warner	14	13	1	0	0	0	0	0 84
Largent	11	0	11	0	0	0	0	0 66
Johns	5	0	4	1	0	0	0	0 30
SEA	50	19	25	6	49-50	18-25	0	0 403
OPP	48	14	33	1	43-48	20-26	3	397

RUSHING	Att	Yds	Avg	LG	TD
Warner	335	1449	4.3	60	13
Hughes	83	313	3.8	26	1
Doornink	40	99	2.5	9	2
SEA	546	2119	3.9	60	19
OPP	511	2198	4.3	37	14

RECEIVING	No	Yds	Avg	LG	TD
Largent	72	1074	14.9	46	11
Warner	42	325	7.7	28	1
Young	36	529	14.7	47	2
Johns	34	486	14.3	30	4
SEA	251	3316	13.2	50	25
OPP	311	4182	13.4	78	33

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Johns	28	5	316	11.3	75t	1
SEA	34	6	366	10.8	75t	1
OPP	36	16	185	5.1	18	0

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Dixon	49	1148	23.4	94	1
Hughes	12	282	23.5	35	1
SEA	71	1575	22.2	94	1
OPP	59	952	16.1	45	0

INTERCEPTIONS	No	Yds	Avg	LG	TD
Easley	7	96	13.2	38	0
D. Brown	6	83	13.8	37	0
Simpson	4	39	9.7	14	0
SEA	26	353	13.6	73	2
OPP	18	279	15.5	40	1

PUNTING	No	Yds	Avg	NET	TB	I20	LG	B
West	79	3115	39.5	34.6	10	25	56	0
SEA	79	3115	39.5	34.6	10	25	56	0
OPP	68	2754	40.5	34.2	3	14	58	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
N. Johnson	1-1	4-4	4-7	8-10	1-3
SEA	1-1	4-4	4-7	8-10	1-3
OPP	2-2	5-6	6-7	7-9	0-1

PASSING	ATT	CMP	YDS	CMP%YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	243	147	2139	60.5 8.80	18	7.4	11	4.5	50	38/279	95.0
Zorn	205	103	1166	50.2 5.69	7	3.4	7	3.4	43	9/64	64.8
SEA	449	251	3316	55.9 7.38	25	5.6	18	4.0	50	47/34	81.3
OPP	521	311	4182	59.7 8.03	33	6.3	26	5.0	78	43/35	85.6

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Scholtz	104	84	20	1.5	6	3	1
Robinson	96	65	31	1.5	0	2	4
Harris	93	67	26	3.0	8	0	3
Easley	84	58	26	3.0	8	1	3
Butler	81	61	20	0.0	1	0	2

RECORD (FINISH): 9-7 (2nd, AFC). First playoff appearance. Won 2 games then lost AFC Championship Game at L.A. Raiders, 30-14.

HEAD COACH: Chuck Knox (9-7, .563)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./LBs), Ray Prochaska (Off. Coord./OL), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Steve Moore (WRs), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.)

CAPTAINS: WR Steve Largent (Off), CB Dave Brown (Def), RB Eric Lane (Sp. Teams)

MVP: RB Curt Warner

PRO BOWL: SS Kenny Easley (2), RB Curt Warner (1),
NATIONAL HONORS: Chuck Knox, NFL Coach of the Year (SGH), SS Kenny Easley, AFC Defensive Player of the Year (FB News), RB Curt Warner, AFC Offensive Player of the Year (UPI, NFLPA, WNTDC),
FIRST-TEAM ALL-NFL: SS Kenny Easley (NEA, PFWA, PFW)

Pos.	OFFENSE	STARTS
WR	Paul Johns	9
LT	Ron Essink	16
LG	Reggie McKenzie	14
C	Blair Bush	16
RG	Robert Pratt	16
RT	Steve August	15
TE	Pete Metzelaars	7
WR	Steve Largent	14
QB	Jim Zorn	8
	Dave Krieg	8
RB	*Curt Warner	16
FB	David Hughes	6
	DEFENSE	
LE	Jacob Green	16
NT	Manu Tuiaosopolo	8
	Joe Nash	8
RE	Jeff Bryant	16
LOLB	Bruce Scholtz	16
LILB	Shelton Robinson	15
RILB	Keith Butler	16
ROLB	Michael Jackson	9
	Greg Gaines	6
LCB	Kerry Justin	10
RCB	Dave Brown	16
SS	Kenny Easley	15
FS	John Harris	16
	SPECIAL TEAMS	
K	Norm Johnson	16
P	Jeff West	16

*Rookie or first-year player

AFC

EASTERN	W	L	T	PCT.	PTS.	OPP.
Miami	12	4	0	.750	389	250
New England	8	8	0	.500	274	289
Buffalo	8	8	0	.500	283	351
Baltimore	7	9	0	.438	264	354
NY Jets	7	9	0	.438	313	331

CENTRAL	W	L	T	PCT.	PTS.	OPP.
Pittsburgh	10	6	0	.625	355	303
Cleveland	9	7	0	.563	356	342
Cincinnati	7	9	0	.438	346	302
Houston	2	14	0	.125	288	460

WESTERN	W	L	T	PCT.	PTS.	OPP.
LA Raiders	12	4	0	.750	442	338
Seattle*	9	7	0	.563	403	397
Denver*	9	7	0	.563	302	327
San Diego	6	10	0	.375	358	462
Kansas City	6	10	0	.375	386	367

NFC

EASTERN	W	L	T	PCT.	PTS.	OPP.
Washington	14	2	0	.875	541	332
Dallas*	12	4	0	.750	479	360
St. Louis	8	7	1	.531	374	428
Philadelphia	5	11	0	.313	233	322
NY Giants	3	12	1	.219	267	347

CENTRAL	W	L	T	PCT.	PTS.	OPP.
Detroit	9	7	0	.563	347	286
Green Bay	8	8	0	.500	429	439
Chicago	8	8	0	.500	311	301
Minnesota	8	8	0	.500	316	348
Tampa Bay	2	14	0	.125	241	380

WESTERN	W	L	T	PCT.	PTS.	OPP.
San Francisco	10	6	0	.625	432	293
LA Rams*	9	7	0	.563	361	344
New Orleans	8	8	0	.500	319	337
Atlanta	7	9	0	.438	370	389

1984 REVIEW (12-4; 1-1 PLAYOFFS)

DATE	W/L	SCORE	OPPONENT	ATT	BY QUARTERS	1	2	3	4	OT	TOT	
09/03	W	33-0	Cleveland (Mon.)	59,540	SEA	92	135	100	91	--	418	
09/09	W	31-17	San Diego	61,314	OPP	60	86	62	74	--	282	
09/16	L	23-38	at New England	43,140								
09/23	W	38-9	Chicago	61,520								
09/30	W	20-12	at Minnesota	57,171								
10/07	L	14-28	at L.A. Raiders	77,904								
10/14	W	31-28	Buffalo	59,034								
10/21	W	28-24	Green Bay at Milwaukee	52,286								
10/29	W	24-0	at San Diego (Mon.)	53,974								
11/04	W	45-0	Kansas City	61,396								
11/12	W	17-14	L.A. Raiders (Mon.)	64,001								
11/18	W	26-6	at Cincinnati	50,280								
11/25	W	27-24	at Denver	74,922								
12/02	W	38-17	Detroit	62,441								
12/09	L	7-34	at Kansas City	34,855								
12/15	L	14-31	Denver (Sat.)	64,411								
POSTSEASON												
12/22	W	13-7	L.A. Raiders (Sat.) (AFC First-Round)	62,049								
12/29	L	10-31	at Miami (Sat.) (AFC Divisional Playoff)	73,469								
TEAM STATISTICS												
				SEA	OPP							
TOTAL FIRST DOWNS				287	288							
Rushing				94	99							
Passing				171	160							
Penalty				22	29							
3rd Down: Made/Att				84/222	73/214							
3rd Down Pct.				37.8	34.1							
4th Down: Made/Att				4/9	9/20							
4th Down Pct.				44.4	45.0							
POSSESSION AVG.				30:46	29:14							
TOTAL NET YARDS				5068	4963							
Avg. Per Game				316.8	310.2							
Total Plays				1034	1051							
Avg. Per Play				4.9	4.7							
NET YARDS RUSHING				1645	1789							
Avg. Per Game				102.8	111.8							
Total Rushes				495	475							
NET YARDS PASSING				3423	3174							
Avg. Per Game				213.9	198.4							
Sacked/Yards Lost				42/328	55/398							
Gross Yards				3751	3572							
Att./Completions				497/283	521/265							
Completion Pct.				56.9	50.9							
Had Intercepted				26	38							
PUNTS/AVERAGE				95/37.5	83/40.3							
NET PUNTING AVG.				33.3	33.0							
PENALTIES/YARDS				128/1179	114/883							
FUMBLES/BALL LOST				24/13	47/25							
TOUCHDOWNS				51	34							
Rushing				10	11							
Passing				32	18							
Returns				9	5							
TOTAL POINTS				418	282							
SCORING												
					TD	RU	PA	RT	PAT	FG	S	PTS
Johnson	0	0	0	0	50-51	20-24	0	110				
Largent	12	0	12	0	0	0	0	72				
Turner	10	0	10	0	0	0	0	60				
Lane	5	4	1	0	0	0	0	30				
SEA	51	10	32	9	50-51	20-24	1	418				
OPP	34	11	18	5	34-34	14-22	1	282				
RUSHING												
					ATT	Yds	AVG	LG	TD			
Hughes	94	327	3.5	14	1							
Lane	80	299	3.7	40	4							
Doornink	57	215	3.8	25	0							
SEA	495	1645	3.3	40	10							
OPP	475	1789	3.8	25	11							
RECEIVING												
					No	Yds	AVG	LG	TD			
Largent	74	1164	15.7	65	12							
Turner	35	715	20.4	80	10							
C. Young	33	337	10.2	31	1							
Doornink	31	365	11.8	32	2							
SEA	283	3751	13.3	80	32							
OPP	265	3572	13.5	92	18							
INTERCEPTIONS												
					No	Yds	AVG	LG	TD			
Easley	10	126	12.6	58	2							
Brown	8	179	22.4	90	2							
SEA	38	697	18.3	90	7							
OPP	26	333	12.8	42	3							
KICKOFF RETURNS												
					No	Yds	AVG	LG	TD			
Dixon	25	446	17.8	36	0							
Hughes	17	348	20.5	38	0							
SEA	54	1007	18.6	38	0							
OPP	67	1116	16.7	46	0							
PUNT RETURNS												
					No	FC	Yds	AVG	LG	TD		
Easley	16	5	194	12.1	42	0						
Skansi	16	2	145	9.1	16	0						
SEA	44	11	484	11.0	47	1						
OPP	32	39	205	6.4	65	1						
PUNTING												
					No	Yds	AVG	NET	TB	I20	LG	B
West	95	3567	37.5	33.3	10	24	60	0				
SEA	95	3567	37.5	33.3	10	24	60	0				
OPP	83	3345	40.3	33.0	6	14	63	4				
FIELD GOALS												
					1-19	20-29	30-39	40-49	50+			
Johnson	0-0	9-10	4-4	6-7	1-3							
SEA	0-0	9-10	4-4	6-7	1-3							
OPP	0-0	4-5	5-8	5-9	0-0							

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	480	276	3671	57.5	7.65	32	6.7	24	5.0	80	40/314	83.3
SEA	497	283	3751	56.9	7.55	32	6.4	26	5.2	80	42/328	80.6
OPP	521	265	3572	50.9	6.86	18	3.5	38	7.3	92	55/398	54.2

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Robinson	93	65	28	0.5	4	0	4
K. Butler	89	68	21	1.0	4	0	2
Gaines	88	61	27	3.5	3	0	2
Nash	82	58	24	7.0	1	1	3

RECORD (FINISH): 12-4 (2nd, AFC West). Lost divisional playoff at Miami 31-10.

HEAD COACH: Chuck Knox (21-11, .656)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./LBs), Ray Prochaska (Off. Coord./OL), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Steve Moore (WRs), Rusty Tillman (Sp. Tms/TEs), Joe Vitt (Sp. Assign.)

CAPTAINS: TE Charle Young (Off), CB Dave Brown (Def), RB Eric Lane (Sp. Teams)

MVP: SS Kenny Easley

PRO BOWL: CB Dave Brown (1), SS Kenny Easley (3), K Norm Johnson (1), QB Dave Krieg (1), WR Steve Largent (4), NT Joe Nash (1), Sp. Fredd Young (1)

NATIONAL HONORS: Chuck Knox, NFL Coach of the Year (AP, SN, SGH), SS Kenny Easley, NFL Def. Player of the Year (AP, PFWA)

FIRST-TEAM ALL-NFL: CB Dave Brown (Films), SS Kenny Easley (AP, SI, PFW, PFWA, SN, NEA, Films), DE Jacob Green (SN), K Norm Johnson (AP, PFWA, SN, PFW), WR Steve Largent (Films), NT Joe Nash (AP, Films, PFW), Sp. Fredd Young (Films, PFW)

POS.	OFFENSE	STARTS
WR	*Daryl Turner	8
LT	Ron Essink	16
LG	Reggie McKenzie	8
	Edwin Bailey	8
C	Blair Bush	16
RG	Robert Pratt	16
RT	Bob Cryder	10
TE	Charle Young	13
	Mike Tice	8
WR	Steve Largent	16
QB	Dave Krieg	16
RB	Curt Warner	1
	Eric Lane	7
FB	Franco Harris	6
	David Hughes	6
DEFENSE		
LE	Jacob Green	16
NT	Joe Nash	16
RE	Jeff Bryant	16
LOLB	Bruce Scholtz	16
LILB	Shelton Robinson	16
RILB	Keith Butler	16
ROLB	Greg Gaines	11
LCB	Keith Simpson	15
RCB	Dave Brown	16
SS	Kenny Easley	16
FS	John Harris	16
SPECIAL TEAMS		
K	Norm Johnson	16
P	Jeff West	16

*Rookie or first-year player

AFC

EASTERN	W		T	Pct.	Pts.	Opp.
	L	T				
Miami	14	2	0	.875	513	298
New England	9	7	0	.563	362	352
NY Jets	7	9	0	.438	332	364
Indianapolis	4	12	0	.250	239	414
Buffalo	2	14	0	.125	250	454

CENTRAL	W		T	Pct.	Pts.	Opp.
	L	T				
Pittsburgh	9	7	0	.563	387	310
Cincinnati	8	8	0	.500	339	339
Cleveland	5	11	0	.313	250	297
Houston	3	13	0	.188	240	437

WESTERN	W		T	Pct.	Pts.	Opp.
	L	T				
Denver	13	3	0	.813	353	241
Seattle*	12	4	0	.750	418	282
LA Raiders*	11	5	0	.688	368	278
Kansas City	8	8	0	.500	314	324
San Diego	7	9	0	.438	394	413

NFC

EASTERN	W		T	Pct.	Pts.	Opp.
	L	T				
Washington	11	5	0	.688	426	310
NY Giants*	9	7	0	.563	299	301
St. Louis	9	7	0	.563	423	345
Dallas	9	7	0	.563	308	308
Philadelphia	6	9	1	.406	278	320

CENTRAL	W		T	Pct.	Pts.	Opp.
	L	T				
Chicago	10	6	0	.625	325	248
Green Bay	8	8	0	.500	390	309
Tampa Bay	6	10	0	.375	335	380
Detroit	4	11	1	.281	283	408
Minnesota	3	13	0	.188	276	484

WESTERN	W		T	Pct.	Pts.	Opp.
	L	T				
San Francisco	15	1	0	.938	475	227
LA Rams*	10	6	0	.625	346	316
New Orleans	7	9	0	.438	298	361
Atlanta	4	12	0	.250	281	382

1985 REVIEW (8-8)

DATE	W/L	SCORE	OPPONENT	ATT
09/08	W	28-24	at Cincinnati	51,625
09/15	W	49-35	at San Diego	54,420
09/23	L	24-35	L.A. Rams (Mon.)	63,292
09/29	L	7-28	at Kansas City	50,485
10/06	W	26-21	San Diego	61,300
10/13	W	30-26	Atlanta	60,430
10/20	L	10-13	at Denver (OT)	74,899
10/27	L	14-17	at N.Y. Jets	69,320
11/03	W	33-3	L.A. Raiders	64,060
11/10	W	27-3	at New Orleans	47,365
11/17	L	13-20	New England	60,345
11/25	L	6-19	at SF 49ers (Mon.)	57,482
12/01	W	24-6	Kansas City	52,655
12/08	W	31-13	Cleveland	58,477
12/15	L	3-13	at L.A. Raiders	77,425
12/20	L	24-27	Denver (Fri.)	56,283

TEAM STATISTICS		SEA	OPP
TOTAL FIRST DOWNS			
Rushing		299	290
Passing		96	90
Penalty		179	179
3rd Down: Made/Att		24	21
3rd Down Pct.		96/244	72/218
4th Down: Made/Att		39.3	33.0
4th Down Pct.		10/17	9/13
POSSESSION AVG.		58.8	69.2
TOTAL NET YARDS		30:13	29:47
Avg. Per Game		5007	5160
Total Plays		312.9	322.5
Avg. Per Play		1090	1030
NET YARDS RUSHING		4.6	5.0
Avg. Per Game		1644	1837
Total Rushes		102.8	114.8
NET YARDS PASSING		462	473
Avg. Per Game		3363	3323
Sacked/Yards Lost		210.2	207.7
Gross Yards		53/457	61/464
Att./Completions		3820	3787
Completion Pct.		575/304	496/273
Had Intercepted		52.9	55.0
PUNTS/AVERAGE		23	24
NET PUNTING AVG.		91/40.3	97/42.1
PENALTIES/YARDS		33.8	34.6
FUMBLES/BALL LOST		102/827	106/840
TOUCHDOWNS		34/18	39/20
Rushing		44	35
Passing		9	12
Returns		28	22
TOTAL POINTS		7	1
		349	303

BY QUARTERS	1	2	3	4	OT	TOT
SEA	43	116	90	100	0	349
OPP	47	78	63	112	3	303

SCORING	TD	RU	PA	RT	PAT	FG	S	Pts
Johnson	0	0	0	0	40-41	14-25	0	82
Turner	13	0	13	0	0	0	0	78
Warner	9	8	1	0	0	0	0	54
Largent	6	0	6	0	1-1	0	0	37
SEA	44	9	28	7	41-44	14-25		1349
OPP	35	12	22	1	31-35	20-28		1303

RUSHING	ATT	Yds	AVG	LG	TD
Warner	291	1094	3.8	38	8
Morris	55	236	4.3	21	0
Hughes	40	128	3.2	9	0
Krieg	35	121	3.5	17	1
SEA	462	1644	3.6	38	9
OPP	473	1837	3.9	43	12

RECEIVING	No	Yds	AVG	LG	TD
Largent	79	1287	16.3	43	6
Warner	47	307	6.5	27	1
Turner	34	670	19.7	54	13
C. Young	28	351	12.5	32	2
Skansi	21	269	12.8	32	1
Walker	19	285	15.0	28	2
SEA	304	3820	12.6	54	28
OPP	273	3787	13.9	71	22

INTERCEPTIONS	No	Yds	AVG	LG	TD
Harris	7	20	2.9	17	0
Brown	6	58	9.7	28	1
Taylor	4	75	18.8	75	1
SEA	24	272	11.3	75	3
OPP	23	389	16.9	83	1

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
Finzer	68	2766	40.7	34.6	6	12	61	0
Colquitt	12	481	40.1	34.3	2	3	55	0
West	11	420	38.2	28.3	3	0	52	0
SEA	91	3667	40.3	33.8	11	15	61	0
OPP	97	4081	42.1	34.6	12	22	62	2

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Skansi	31	7	312	10.1	32	0
Easley	8	0	87	10.9	25	0
SEA	53	11	483	9.1	32	0
OPP	47	14	374	8.0	19	0

PASSING	ATT	CMP	Yds	CMP%	Yds/Att	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	532	285	3602	53.6	6.77	27	5.1	20	3.8	54	52/448	76.2
Gilbert	40	19	218	47.5	5.45	1	2.5	2	5.0	37	1/9	----
SEA	575	304	3820	52.9	6.64	28	4.9	23	4.0	54	53/457	73.4
OPP	496	273	3787	55.0	7.64	22	4.4	24	4.8	71	61/464	74.4

KICKOFF RETURNS	NO	YDS	AVG	LG	TD
Morris	31	636	20.5	58	0
Skansi	19	358	18.8	35	0
SEA	58	1166	20.1	58	0
OPP	47	918	19.5	63	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Johnson	0-0	5-5	7-9	1-8	1-3
SEA	0-0	5-5	7-9	1-8	1-3
OPP	0-0	10-11	4-7	5-7	1-3

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
F. Young	118	93	25	3.0	2	0	1
K. Butler	108	71	37	0.0	3	2	3
Green	92	60	32	13.5	1	7	2
Nash	87	67	20	9.0	0	0	2
Easley	79	62	17	2.0	7	0	3
Bryant	73	49	25	8.5	4	0	4

RECORD (FINISH): 8-8 (3rd, AFC West).
HEAD COACH: Chuck Knox (29-19, .604)
ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./LBs), Ray Prochaska (Off. Coord), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Steve Moore (WRs), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.)
CAPTAINS: WR Steve Largent (Off), CB Dave Brown (Def), RB Eric Lane (Sp. Teams)
MVP: WR Steve Largent
PRO BOWL: SS Kenny Easley (4), WR Steve Largent (5), Sp. Fredd Young (2)
NATIONAL HONORS: RB Curt Warner, Comeback Player of the Year (SI)
FIRST-TEAM ALL-NFL: SS Kenny Easley (AP, PFWA, NEA), WR Steve Largent (AP, PFWA, SI, C&PFN)

POS.	OFFENSE	STARTS
WR	Daryl Turner	12
LT	Ron Essink	12
LG	Edwin Bailey	16
C	Blair Bush	16
RG	Robert Pratt	12
RT	Steve August	6
RT	Bob Cryder	15
TE	Charle Young	14
	Dan Ross	5
QB	Dave Krieg	16
RB	Curt Warner	16
FB	David Hughes	10
	Eric Lane	3
DEFENSE		
LE	Jacob Green	16
NT	Joe Nash	16
RE	Jeff Bryant	16
LOLB	Bruce Sholtz	16
LILB	Fredd Young	13
RILB	Keith Butler	16
ROLB	Michael Jackson	16
LCB	Terry Taylor	16
RCB	Dave Brown	16
SS	Kenny Easley	13
FS	John Harris	16
SPECIAL TEAMS		
K	Norm Johnson	16
P	David Finzer	12
	Jeff West	2
	Jimmy Colquitt	2

*Rookie or first-year player

AFC

EASTERN	W	L	T	PCT.	PTS.	OPP.
Miami	12	4	0	.750	428	320
NY Jets*	11	5	0	.688	393	264
New England*	11	5	0	.688	362	290
Indianapolis	5	11	0	.313	320	386
Buffalo	2	14	0	.125	200	381

CENTRAL	W	L	T	PCT.	PTS.	OPP.
Cleveland	8	8	0	.500	287	294
Cincinnati	7	9	0	.438	441	437
Pittsburgh	7	9	0	.438	379	355
Houston	5	11	0	.313	284	412

WESTERN	W	L	T	PCT.	PTS.	OPP.
LA Raiders	12	4	0	.750	354	308
Denver	11	5	0	.688	380	329
Seattle	8	8	0	.500	349	303
San Diego	8	8	0	.500	467	435
Kansas City	6	10	0	.375	317	360

NFC

EASTERN	W	L	T	PCT.	PTS.	OPP.
Dallas	10	6	0	.625	357	333
NY Giants*	10	6	0	.625	399	283
Washington	10	6	0	.625	297	312
Philadelphia	7	9	0	.438	286	310
St. Louis	5	11	0	.313	278	414

CENTRAL	W	L	T	PCT.	PTS.	OPP.
Chicago	15	1	0	.938	456	198
Green Bay	8	8	0	.500	337	355
Minnesota	7	9	0	.438	346	359
Detroit	7	9	0	.438	307	366
Tampa Bay	2	14	0	.125	294	448

WESTERN	W	L	T	PCT.	PTS.	OPP.
LA Rams	11	5	0	.688	340	277
San Francisco*	10	6	0	.625	411	263
New Orleans	5	11	0	.313	294	401
Atlanta	4	12	0	.250	282	452

1986 REVIEW (10-6)

DATE	W/L	SCORE	OPPONENTS	ATT	BY QUARTERS	1	2	3	4	OT	TOT		
09/07	W	30-0	Pittsburgh	61,461	SEA	69	96	80	121	0	366		
09/14	W	23-17	Kansas City	61,068	OPP	60	103	52	78	0	293		
09/21	W	38-31	at New England	58,977									
09/28	L	14-19	at Washington	54,157	SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/06	W	33-7	San Diego (Mon.)	63,207	N. Johnson	0	0	0	0	42-42	22-35	0	108
10/12	L	10-14	at L.A. Raiders	70,635	Warner	13	13	0	0	0	0	0	78
10/19	W	17-12	N.Y. Giants	62,282	Largent	9	0	9	0	0	0	0	54
10/26	L	13-20	at Denver	76,089	Turner	7	0	7	0	0	0	0	42
11/02	L	7-38	N.Y. Jets	62,497	R. Butler	4	0	4	0	0	0	0	24
11/09	L	7-27	at Kansas City	53,268	SEA	43	15	24	4	42-43	22-35	0	366
11/16	L	7-34	at Cincinnati	54,410	OPP	34	12	20	2	32-34	19-28	0	293
11/23	W	24-20	Philadelphia	55,786									
11/27	W	31-14	at Dallas (Thur.)	58,020	RUSHING	ATT	Yds	AVG	LG	TD			
12/08	W	37-0	L.A. Raiders (Mon.)	62,923	Warner	319	1481	4.6	60	13			
12/14	W	34-24	at San Diego	47,096	Williams	129	538	4.2	36	0			
12/20	W	41-16	Denver (Sat.)	63,697	Morris	19	149	7.8	49	1			
					Krieg	35	122	3.5	19	1			

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	291	310
Rushing	123	93
Passing	158	192
Penalty	10	25
3rd Down: Made/Att	96/221	84/225
3rd Down Pct.	43.4	37.3
4th Down: Made/Att	0/6	6/18
4th Down Pct.	0.0	33.3
POSSESSION AVG.	29:46	30:14
TOTAL NET YARDS	5409	5341
Avg. Per Game	338.1	333.8
Total Plays	1005	1053
Avg. Per Play	5.4	5.1
NET YARDS RUSHING	2300	1759
Avg. Per Game	143.8	109.9
Total Rushes	513	471
NET YARDS PASSING	3109	3582
Avg. Per Game	194.3	223.9
Sacked/Yards Lost	39/315	47/306
Gross Yards	3424	3888
Att./Completions	453/268	535/301
Completion Pct.	59.2	56.3
Had Intercepted	14	22
PUNTS/AVERAGE	79/38.6	81/40.4
NET PUNTING AVG.	33.0	33.7
PENALTIES/YARDS	98/813	81/652
FUMBLES/BALL LOST	29/13	26/14
TOUCHDOWNS	43	34
Rushing	15	12
Passing	24	20
Returns	4	2
TOTAL POINTS	366	293

SEA	OPP
SEA	513 2300 4.5 60 15
OPP	471 1759 3.7 25 12

RECEIVING	No	Yds	AVG	LG	TD
Largent	70	1070	15.3	38	9
Warner	41	342	8.3	26	0
Franklin	33	547	16.6	49	2
Williams	33	219	6.6	23	0
Skansi	22	271	12.3	39	0
R. Butler	19	351	18.5	67	4
Turner	18	334	18.6	72	7
SEA	268	3424	12.8	72	24
OPP	301	3888	12.9	83	20

INTERCEPTIONS	No	Yds	AVG	LG	TD
Brown	5	58	11.6	24	1
Justin	4	29	7.3	18	0
Robinson	3	39	13.0	25	0
Moyer	3	38	12.7	20	0
SEA	22	216	9.8	25	1
OPP	14	216	15.4	36	1

KICKOFF RETURNS	No	Yds	AVG	LG	TD
Edmonds	34	764	22.5	46	0
Morris	23	465	20.2	38	0
SEA	64	1322	20.7	46	0
OPP	59	1002	17.0	42	0

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
Gamache	79	3048	38.6	33.0	7	10	55	0
SEA	79	3048	38.6	33.0	7	10	55	0
OPP	81	3270	40.4	33.7	4	20	60	4

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	375	225	2921	60.0	7.79	21	5.6	11	2.9	72	35/281	91.0
Gilbert	76	42	485	55.3	6.38	3	3.9	3	3.9	38	4/34	71.4
SEA	453	268	3424	59.2	7.56	24	5.3	14	3.1	72	39/315	87.7
OPP	535	301	3888	56.3	7.27	20	3.7	22	4.1	83	47/306	74.6

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Edmonds	34	14	419	12.3	75	1
SEA	39	14	457	11.7	75	1
OPP	38	21	298	7.8	28	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
N. Johnson	0-0	6-8	8-9	3-11	5-7
SEA	0-0	6-8	8-9	3-11	5-7
OPP	0-0	4-4	10-13	3-8	2-3

DEFENSIVE STATISTICS

PLAYER	T	S	A	Sac	PD	FF	FR
Young	121	93	28	6.0	0	0	0
Robinson	99	81	18	0.0	10	0	3
K. Butler	96	66	30	1.0	5	1	0
Gaines	94	71	23	5.0	1	0	1
Scholtz	79	59	20	3.0	1	4	0

RECORD (FINISH): 10-6 (3rd, AFC West)

HEAD COACH: Chuck Knox (39-25, .609)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./LBs), Steve Moore (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Russ Purnell (Sp. Assign.), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.), CAPTAINS: WR Steve Largent (Off), CB Dave Brown (Def), RB Eric Lane (Sp. Teams)

MVP: RB Curt Warner

PRO BOWL: KR Bobby Joe Edmonds (1), DE Jacob Green (1), WR Steve Largent (6), RB Curt Warner (2), LB Fredd Young (3)

NATIONAL HONORS: RB Curt Warner, AFC Player of the Year (UPI), First-Team All-NFL: KR Bobby Joe Edmonds (AP, PFWA, SN, PFW, FD)

POS.	OFFENSE	STARTS
WR	Daryl Turner	12
LT	*Ron Mattes	16
LG	Edwin Bailey	12
C	Blair Bush	7
	Will Grant	6
RG	Bryan Millard	16
RT	Mike Wilson	16
TE	Mike Tice	15
WR	Steve Largent	16
QB	Dave Krieg	14
	Gale Gilbert	2
RB	Curt Warner	16
FB	*John L. Williams	16
DEFENSE		
LE	Jacob Green	16
NT	Joe Nash	11
RE	Jeff Bryant	12
LOLB	Bruce Scholtz	16
LILB	Fredd Young	15
RILB	Keith Butler	16
ROLB	Greg Gaines	15
LCB	Terry Taylor	15
RCB	Dave Brown	16
SS	Kenny Easley	10
	Paul Moyer	6
FS	Eugene Robinson	16
SPECIAL TEAMS		
K	Norm Johnson	16
P	*Vince Gamache	16

*Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	11	5	0	.688	412	307
NY Jets*	10	6	0	.625	364	386
Miami	8	8	0	.500	430	405
Buffalo	4	12	0	.250	287	348
Indianapolis	3	13	0	.188	229	400

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	12	4	0	.750	391	310
Cincinnati	10	6	0	.625	409	394
Pittsburgh	6	10	0	.375	307	336
Houston	5	11	0	.313	274	329

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	11	5	0	.688	378	327
Kansas City*	10	6	0	.625	358	326
Seattle	10	6	0	.625	366	293
LA Raiders	8	8	0	.500	323	346
San Diego	4	12	0	.250	335	396

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
NY Giants	14	2	0	.875	371	236
Washington*	12	4	0	.750	368	296
Dallas	7	9	0	.438	346	337
Philadelphia	5	10	1	.344	256	312
St. Louis	4	11	1	.281	218	351

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	14	2	0	.875	352	187
Minnesota	9	7	0	.563	398	273
Detroit	5	11	0	.313	277	326
Green Bay	4	12	0	.250	254	418
Tampa Bay	2	14	0	.125	239	473

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	10	5	1	.656	374	247
LA Rams*	10	6	0	.625	309	267
Atlanta	7	8	1	.469	280	280
New Orleans	7	9	0	.438	288	287

1987 REVIEW (9-6; 0-1 PLAYOFFS)

DATE	W/L	SCORE	OPPONENTS	ATT	SCORING	TD	RU	PA	RT	PAT	FG	S	Pts
09/13	L	17-40	at Denver	75,999	N. Johnson	0	0	0	0	40-40	15-20	0	85
09/20	W	43-14	Kansas City	61,667	Warner	10	8	2	0	0	0	0	60
09/27			at San Diego	Cxl	Largent	8	0	8	0	0	0	0	48
10/04	W	24-20	Miami	19,448	Turner	6	0	6	0	0	0	0	36
10/11	L	10-17	Cincinnati	31,739	SEA	46	13	31	2	44-46	17-22	0	371
10/18	W	37-14	at Detroit	8,310	OPP	36	14	20	2	35-36	21-26	0	314
10/25	W	35-13	at L.A. Raiders	52,735									
11/01	W	28-17	Minnesota	61,134	RUSHING	ATT	Yds	AVG	LG	TD			
11/09	L	14-30	at N.Y. Jets (Mon.)	60,452	Warner	234	985	4.2	57	8			
11/15	W	24-13	Green Bay	60,693	J. L. Williams	113	500	4.4	48	1			
11/22	W	34-3	San Diego	62,444	Krieg	36	155	4.3	17	2			
11/30	L	14-37	L.A. Raiders (Mon.)	62,802	SEA	496	2023	4.1	57	13			
12/06	L	9-13	at Pittsburgh	48,881	OPP	472	2201	4.7	91	14			
12/13	W	28-21	Denver	61,759									
12/20	W	34-21	at Chicago	62,518	RECEIVING	No	Yds	AVG	LG	TD			
12/27	L	20-41	at Kansas City	20,370	Largent	58	912	15.7	55	8			
			POSTSEASON		J. L. Williams	38	420	11.1	75	3			
01/03	L	20-23	at Houston (OT)	49,662	R. Butler	33	465	14.1	40	5			
			(AFC First-Round)		Skansi	19	207	10.9	25	1			
					SEA	237	3028	12.8	75	31			
					OPP	255	3196	12.5	81	20			

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	301	297
Rushing	120	133
Passing	154	148
Penalty	27	16
3rd Down: Made/Att	92/189	85/196
3rd Down Pct.	48.7	43.4
4th Down: Made/Att	4/9	4/10
4th Down Pct.	44.4	40.0
POSSESSION AVG.	30:35	29:25
TOTAL NET YARDS	4735	5159
Avg. Per Game	315.7	343.9
Total Plays	937	954
Avg. Per Play	5.1	5.4
NET YARDS RUSHING	2023	2201
Avg. Per Game	134.9	146.7
Total Rushes	937	472
NET YARDS PASSING	2712	2958
Avg. Per Game	180.8	197.2
Sacked/Yards Lost	36/316	37/238
Gross Yards	3028	3196
Att./Completions	405/237	445/255
Completion Pct.	58.5	57.3
Had Intercepted	21	17
PUNTS/AVERAGE	61/38.9	63/39.1
NET PUNTING AVG.	33.1	32.7
PENALTIES/YARDS	79/668	104/890
FUMBLES/BALL LOST	32/16	38/21
TOUCHDOWNS	46	36
Rushing	13	14
Passing	31	20
Returns	2	2
TOTAL POINTS	371	314

BY QUARTERS	1	2	3	4	OT	Tot
SEA	79	132	95	65	---	371
OPP	51	110	75	78	---	314

INTERCEPTIONS	No	Yds	AVG	LG	TD
Easley	4	47	11.8	22	0
Robinson	3	75	25.0	44	0
Jenkins	3	46	15.3	34	0
SEA	17	289	17.0	53	1
OPP	21	146	7.0	32	0

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Edmonds	20	4	251	12.6	40	0
SEA	32	8	322	10.1	40	0
OPP	32	12	251	7.8	91	1

PUNTING	No	Yds	AVG	NET	TB	120	LG	B
Rodriguez	47	1880	40.0	34.0	5	17	63	0
SEA	61	2370	38.9	33.1	5	18	63	0
OPP	63	2465	39.1	32.7	4	13	60	1

KICKOFF RETURNS	No	Yds	AVG	LG	TD
Edmonds	27	564	20.9	43	0
Hollis	10	263	26.3	41	0
SEA	64	1236	19.3	43	0
OPP	67	1379	20.6	92	1

FIELD GOALS	1-19	20-29	30-39	40-49	50+
N. Johnson	0-0	7-7	4-7	4-5	0-1
Hagler	0-0	2-2	0-0	0-0	0-0
SEA	0-0	9-9	4-7	4-5	0-1
OPP	0-0	7-7	9-9	5-8	0-2

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	294	178	2131	60.5	7.25	23	7.8	15	5.1	75	27/247	87.6
Mathison	76	36	501	47.4	6.59	3	3.9	5	6.6	47	6/49	54.8
Kemp	33	23	396	69.7	12.00	5	15.2	1	3.0	55	3/20	137.1
SEA	405	237	3028	58.5	7.48	31	7.7	21	5.2	75	36/316	85.9
OPP	445	255	3196	57.3	7.18	20	4.5	17	3.8	81	37/238	78.8

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
F. Young	99	78	21	9.0	5	5	4
Bosworth	78	64	14	4.0	3	2	2
Robinson	69	49	19	0.0	3	0	1
Bryant	52	40	12	4.0	0	1	1
J. Green	48	36	12	9.5	0	3	1

RECORD (FINISH): 9-6 (2nd, AFC West). Lost wild card playoff at Houston 23-20 (OT).

HEAD COACH: Chuck Knox (48-31, .608)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./OLBs), Steve Moore (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Russ Purnell (TEs/Asst. Sp. Teams), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assgn.)

CAPTAINS: WR Steve Largent and RB Curt Warner (Off), S Kenny Easley (Def), S Paul Moyer (Sp. Teams)

MVP: WR Steve Largent

PRO BOWL: S Kenny Easley (5), DE Jacob Green (2), WR Steve Largent (7), RB Curt Warner (3), LB Fredd Young (4)

NATIONAL HONORS: None

FIRST-TEAM ALL-NFL: WR Steve Largent (PFWA), G Bryan Millard (Films), RB Curt Warner (S-I, NEA), LB Fredd Young (AP, PFWA, Films, S-I, PFW, SN, NEA)

Pos.	OFFENSE	STARTS
WR	Daryl Turner	8
LT	Ron Mattes	12
LG	Edwin Bailey	12
C	Blair Bush	11
RG	Bryan Millard	12
RT	Mike Wilson	12
TE	Mike Tice	12
WR	Steve Largent	13
QB	Dave Krieg	12
RB	Curt Warner	12
FB	John L. Williams	10

DEFENSE

LE	Jacob Green	12
NT	Joe Nash	12
RE	Jeff Bryant	12
LOLB	Bruce Scholtz	7
	*Tony Woods	5
LILB	Fredd Young	13
RILB	*Brian Bosworth	12
ROLB	Greg Gaines	10
	*Tony Woods	2
LCB	Terry Taylor	12
RCB	Patrick Hunter	11
SS	Kenny Easley	11
FS	Eugene Robinson	12
SPECIAL TEAMS		
K	Norm Johnson	13
P	Ruben Rodriguez	13
*Rookie or first-year player		

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Indianapolis	9	6	0	.600	300	238
New England	8	7	0	.533	320	293
Miami	8	7	0	.533	362	335
Buffalo	7	8	0	.467	270	305
NY Jets	6	9	0	.400	280	312

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	10	5	0	.677	390	239
Houston*	9	6	0	.600	345	349
Pittsburgh	8	7	0	.533	285	299
Cincinnati	4	11	0	.267	285	370

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	10	4	1	.700	379	288
Seattle*	9	6	0	.600	371	314
San Diego	8	7	0	.533	253	317
LA Raiders	5	10	0	.333	301	289
Kansas City	4	11	0	.267	273	388

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Washington	11	4	0	.733	379	385
Dallas	7	8	0	.467	340	348
St. Louis	7	8	0	.467	362	268
Philadelphia	7	8	0	.467	337	380
NY Giants	6	9	0	.400	280	312

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	11	4	0	.733	356	282
Minnesota*	8	7	0	.533	336	335
Green Bay	5	9	1	.367	255	300
Tampa Bay	4	11	0	.267	286	360
Detroit	4	11	0	.267	269	384

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	13	2	0	.867	459	253
New Orleans*	12	3	0	.800	422	283
LA Rams	6	9	0	.400	317	361
Atlanta	3	12	0	.200	205	436

1988 REVIEW (9-7; 0-1 PLAYOFFS)

DATE	W/L SCORE	OPPONENT	ATT	BY QUARTERS	1	2	3	4	OT	TOT
09/04	W 21-14	at Denver	75,986	SEA	58	124	83	74	----	339
09/11	W 31-10	Kansas City	61,512	OPP	75	90	72	92	----	329
09/18	L 6-17	at San Diego	44,449							
09/25	L 7-38	San Francisco	62,382							
10/02	W 31-20	at Atlanta	28,619							
10/09	W 16-10	at Cleveland	78,605							
10/16	L 19-20	New Orleans	63,569							
10/23	L 10-31	at L.A. Rams	57,033							
10/30	W 17-14	San Diego	59,641							
11/06	L 3-13	Buffalo	61,074							
11/13	W 27-24	Houston	60,446							
11/20	L 24-27	at Kansas City	33,152							
11/28	W 35-27	L.A. Raiders (Mon.)	62,641							
12/04	L 7-13	at New England	59,068							
12/11	W 42-14	Denver	62,839							
12/18	W 43-37	at L.A. Raiders	61,127							
POSTSEASON										
12/31	L 13-21	at Cincinnati (Sat.)	58,560							
(AFC Divisional Playoff)										

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	291	321
Rushing	125	134
Passing	139	171
Penalty	27	16
3rd Down: Made/Att	83/211	96/219
3rd Down Pct.	39.3	43.8
4th Down: Made/Att	7/16	10/16
4th Down Pct.	43.8	62.5
POSSESSION AVG.	28:32	31:28
TOTAL NET YARDS	4842	5639
Avg. Per Game	302.6	352.4
Total Plays	983	1040
Avg. Per Play	4.9	5.4
NET YARDS RUSHING	2086	2286
Avg. Per Game	130.4	142.9
Total Rushes	517	509
NET YARDS PASSING	2756	3353
Avg. Per Game	172.3	209.6
Sacked/Yards Lost	29/223	30/265
Gross Yards	2979	3618
Att./Completions	437/245	501/280
Completion Pct.	56.1	55.9
Had Intercepted	20	22
PUNTS/AVERAGE	70/40.8	66/42.1
NET PUNTING AVG.	36.8	35.7
PENALTIES/YARDS	89/790	111/861
FUMBLES/BALL LOST	29/14	31/18
TOUCHDOWNS	39	38
Rushing	14	14
Passing	22	21
Returns	3	3
TOTAL POINTS	339	329

SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Pts
N. Johnson	0	0	0	0	39-39	22-28	0	0105
Warner	12	10	2	0	0	0	0	72
Blades	8	0	8	0	0	0	0	48
Williams	7	4	3	0	0	0	0	42
Butler	4	0	4	0	0	0	0	24
SEA	39	14	22	3	39-39	22-28	0	0339
OPP	38	14	21	3	38-38	21-32	0	0329

RUSHING	Att	Yds	Avg	LG	TD
Warner	266	1025	3.9	29	10
Williams	189	877	4.6	44	4
SEA	517	2986	4.0	44	14
OPP	509	2286	4.5	42	14

RECEIVING	No	Yds	Avg	LG	TD
Williams	58	651	11.2	75	3
Blades	40	682	17.1	55	8
Largent	39	645	16.5	46	2
Tice	29	244	8.4	26	0
SEA	245	2979	12.2	75	22
OPP	280	3618	12.9	69	21

INTERCEPTIONS	No	Yds	Avg	LG	TD
Moyer	6	79	13.2	34	0
Taylor	5	53	10.6	27	1
Jenkins	3	41	13.7	21	0
SEA	22	280	12.7	34	1
OPP	20	195	9.8	55	1

PUNTING	No	Yds	Avg	NET	TB	I20	LG	B
Rodriguez	70	2858	40.8	36.8	4	14	68	0
SEA	70	2858	40.8	36.8	4	14	68	0
OPP	66	2778	42.1	35.7	4	22	59	0

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Edmonds	35	8	340	9.7	41	0
SEA	37	8	340	9.2	41	0
OPP	36	14	202	5.6	16	0

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Edmonds	40	900	22.5	65	0
Morris	11	218	19.8	30	0
SEA	62	1352	21.8	65	0
OPP	66	1207	18.3	95	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
N. Johnson	1-1	4-4	7-9	10-14	0-0
SEA	1-1	4-4	7-9	10-14	0-0
OPP	0-0	10-11	6-10	4-6	1-5

PASSING	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	228	134	1741	58.8	7.64	18	7.9	8	3.5	75	12/92	94.6
Stouffer	173	98	1106	56.6	6.39	4	2.3	6	3.5	53	13/110	69.2
Kemp	35	13	132	37.1	3.77	0	0.0	4	14.8	19	3/21	----
SEA	437	245	2979	56.1	6.82	22	5.0	20	4.6	75	29/233	74.9
OPP	501	280	3618	55.9	7.22	21	4.2	22	4.4	69	30/265	74.4

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Robinson	114	85	29	1.0	3	1	0
Wyman	97	71	26	2.5	0	1	2
Bosworth	82	55	27	0.0	3	1	1
Woods	80	57	23	5.0	2	0	1
Moyer	73	52	21	0.0	2	0	2

RECORD (FINISH): 9-7 (1st, AFC West). Lost divisional playoff at Cincinnati 21-13.

HEAD COACH: Chuck Knox (57-38, . 600)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./OLBs), Steve Moore (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Russ Purnell (TEs/Asst. Sp. Teams), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)

CAPTAINS: WR Steve Largent (Off), DE Jacob Green and S Eugene Robinson (Def), Game-to-Game (Sp. Teams)

MVP: FB John L. Williams

PRO BOWL: QB Dave Krieg (2), Sp. Rufus Porter (1)

NATIONAL HONORS: WR Steve Largent, NFL Man of the Year

FIRST-TEAM ALL-NFL: G Bryan Millard (S-I), Sp. Teams Rufus Porter (PFW, C&PFN)

POS.	OFFENSE	STARTS
WR	*Brian Blades	7
	Ray Butler	5
LT	Ron Mattes	16
LG	Edwin Bailey	16
C	Blair Bush	14
RG	Bryan Millard	14
RT	Mike Wilson	16
TE	Mike Tice	16
WR	Steve Largent	15
QB	Dave Krieg	9
	*Kelly Stouffer	6
	Jeff Kemp	1
RB	Curt Warner	16
FB	John L. Williams	16
	DEFENSE	
LE	Jacob Green	16
NT	Joe Nash	15
RE	Jeff Bryant	12
LOLB	Bruce Scholtz	15
LILB	Brian Bosworth	10
	Darren Comeaux	6
RILB	Dave Wyman	16
ROLB	Tony Woods	16
LCB	Terry Taylor	8
	Melvin Jenkins	8
RCB	*Patrick Hunter	8
	Melvin Jenkins	8
SS	Paul Moyer	16
FS	Eugene Robinson	16
	SPECIAL TEAMS	
K	Norm Johnson	16
P	Ruben Rodriguez	16

*Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	12	4	0	.750	329	237
Indianapolis	9	7	0	.563	354	315
New England	9	7	0	.563	250	284
NY Jets	8	7	1	.531	372	354
Miami	6	10	0	.375	319	380

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cincinnati	12	4	0	.750	448	329
Cleveland*	10	6	0	.625	304	288
Houston*	10	6	0	.625	424	365
Pittsburgh	5	11	0	.313	336	421

WESTERN	W	L	T	Pct.	Pts.	Opp.
Seattle	9	7	0	.453	339	329
Denver	8	8	0	.500	327	352
LA Raiders	7	9	0	.438	325	369
San Diego	6	10	0	.375	231	332
Kansas City	4	11	1	.281	254	320

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Philadelphia	10	6	0	.625	379	319
NY Giants	10	6	0	.625	359	304
Washington	7	9	0	.438	345	387
Phoenix	7	9	0	.438	344	398
Dallas	3	13	0	.188	265	381

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	12	4	0	.750	312	215
Minnesota*	11	5	0	.688	406	233
Tampa Bay	5	11	0	.313	261	350
Detroit	4	12	0	.250	220	313
Green Bay	4	12	0	.250	240	315

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	10	6	0	.625	369	294
LA Rams*	10	6	0	.625	407	293
New Orleans	10	6	0	.625	312	283
Atlanta	5	11	0	.313	244	315

1989 REVIEW (7-9)

DATE	W/L	SCORE	OPPONENTS	ATT
09/10	L	7-31	at Philadelphia	64,287
09/17	L	24-34	Phoenix	60,444
09/24	W	24-3	at New England	48,025
10/01	W	24-20	at L.A. Raiders	44,319
10/08	L	16-20	Kansas City	60,715
10/15	W	17-16	at San Diego	50,079
10/22	L	21-24	Denver (OT)	62,353
10/29	W	10-7	San Diego	59,691
11/05	L	10-20	at Kansas City	54,489
11/12	L	7-17	Cleveland	58,978
11/19	L	3-15	at N.Y. Giants	75,014
11/26	L	14-41	at Denver	75,117
12/04	W	17-16	Buffalo (Mon)	57,682
12/10	W	24-17	at Cincinnati	54,744
12/17	W	23-17	L.A. Raiders	61,076
12/23	L	0-29	Washington (Sat)	60,294

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	290	293
Rushing	86	119
Passing	180	158
Penalty	24	16
3rd Down: Made/Att	85/211	89/213
3rd Down Pct.	40.3	41.8
4th Down: Made/Att	8/17	5/16
4th Down Pct.	47.1	31.3
POSSESSION AVG.	29:20	30:40
TOTAL NET YARDS	4596	5215
Avg. Per Game	287.3	325.9
Total Plays	1010	997
Avg. Per Play	4.6	5.2
NET YARDS RUSHING	1392	2118
Avg. Per Game	87.0	132.4
Total Rushes	405	520
NET YARDS PASSING	3204	3097
Avg. Per Game	200.3	193.6
Sacked/Yards Lost	46/379	32/235
Gross Yards	3583	3332
Att./Completions	559/316	445/252
Completion Pct.	56.5	56.6
Had Intercepted	23	9
PUNTS/AVERAGE	76/39.4	74/39.2
NET PUNTING AVG.	32.9	33.9
PENALTIES/YARDS	79/738	118/809
FUMBLES/BALL LOST	43/14	26/13
TOUCHDOWNS	28	37
Rushing	5	11
Passing	21	13
Returns	2	3
TOTAL POINTS	241	327

BY QUARTERS	1	2	3	4	OT	Tot
SEA	72	60	41	68	0	241
OPP	81	80	86	77	3	327

SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Pts
N. Johnson	0	0	0	0	27-27	15-25	0	72
Williams	7	1	6	0	0	0	0	42
Blades	5	0	5	0	0	0	0	30
Skansi	5	0	5	0	0	0	0	30
Warner	4	3	1	0	0	0	0	24
SEA	28	5	21	2	28-28	15-25	0	241
OPP	37	11	23	3	35-37	22-32	0	2327

RUSHING	ATT	Yds	AVG	LG	TD
Warner	194	631	3.3	34	3
Williams	146	499	3.4	21	1
Krieg	40	160	4.0	18	0
SEA	405	1392	3.4	34	5
OPP	520	2118	4.1	38	11

RECEIVING	No	Yds	AVG	LG	TD
Blades	77	1063	13.8	60	5
Williams	76	657	8.6	51	6
Skansi	39	488	12.5	26	5
Largent	28	403	14.4	33	3
Clark	25	260	10.4	28	1
Warner	23	153	6.7	24	1
SEA	316	3583	11.3	60	21
OPP	252	3332	13.2	69	23

INTERCEPTIONS	No	Yds	AVG	LG	TD
Robinson	5	24	4.8	20	0
Harper	2	15	7.5	15	0
SEA	9	57	6.3	20	0
OPP	23	248	10.8	30	2

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
Rodriguez	75	2995	39.9	32.9	8	17	59	1
SEA	75	2995	39.9	32.9	8	17	59	1
OPP	74	2902	39.2	33.9	7	21	60	0

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Hollis	18	7	164	9.1	21	0
Jefferson	12	10	87	7.3	19	0
SEA	30	17	251	8.4	21	0
OPP	41	12	334	8.1	49	0

PASSING	ATT	CMP	Yds	CMP%	Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	499	286	3309	57.3	6.63	21	4.2	20	4.0	60	37/289	74.8
Stouffer	59	29	270	49.2	4.58	0	0.0	3	5.1	29	9/90	40.9
SEA	559	316	3583	56.5	6.41	21	3.8	23	4.1	60	46/379	71.3
OPP	445	252	3332	56.6	7.49	23	5.2	9	2.0	69	32/235	89.3

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Jefferson	22	511	23.2	91	1
Harris	18	334	18.6	25	0
Hollis	15	247	16.5	30	0
SEA	65	1246	19.2	97	1
OPP	44	814	18.5	37	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
N. Johnson	1-1	6-7	3-4	4-8	1-5
SEA	1-1	6-7	3-4	4-8	1-5
OPP	1-1	10-13	8-10	3-7	0-1

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Robinson	102	72	30	0.0	5	2	0
Wyman	98	72	26	0.0	1	2	0
Glasgow	97	77	20	0.0	7	0	5
Nash	92	65	27	8.0	1	3	0
Comeaux	88	64	24	0.0	1	0	1
Bryant	68	50	18	3.5	2	2	0

RECORD (FINISH): 7-9 (4th, AFC West)

HEAD COACH: Chuck Knox (64-47, .577)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./OLBs), John Becker (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ken Meyer (QBs), Rod Perry (DBs), Russ Purnell (TEs/Asst. Sp. Teams), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)

CAPTAINS: WR Steve Largent (Off), DE Jacob Green (Def), Game-to-Game (Sp. Teams)

MVP: WR Brian Blades

PRO BOWL: WR Brian Blades (1), QB Dave Krieg (3), Sp. Rufus Porter (2)

NATIONAL HONORS: None

FIRST-TEAM ALL-NFL: None

POS.	OFFENSE	STARTS
WR	Brian Blades	14
LT	*Andy Heck	8
	Ron Mattes	8
LG	Edwin Bailey	16
C	Grant Feasel	16
RG	Bryan Millard	16
RT	Mike Wilson	16
TE	*Robert Tyler	9
	*Travis McNeal	6
WR	Steve Largent	9
	Louis Clark	6
QB	Dave Krieg	14
	Kelly Stouffer	2
RB	Curt Warner	15
FB	John L. Williams	15
	DEFENSE	
LE	Jacob Green	14
NT	Joe Nash	16
RE	Jeff Bryant	15
LOLB	Rufus Porter	3
	Tony Woods	12
LILB	Brian Bosworth	2
	Daren Comeaux	13
RILB	Dave Wyman	16
ROLB	Vernon Maxwell	9
	M.L. Johnson	6
LCB	Dwayne Harper	13
RCB	Patrick Hunter	14
SS	Nesby Glasgow	16
FS	Eugene Robinson	14
	SPECIAL TEAMS	
K	Norm Johnson	16
P	Ruben Rodriguez	16

*Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	9	7	0	.563	409	317
Indianapolis	8	8	0	.500	298	301
Miami	8	8	0	.500	331	379
New England	5	11	0	.313	297	391
NY Jets	4	12	0	.250	253	411

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	9	6	1	.594	334	254
Houston*	9	7	0	.563	365	412
Pittsburgh*	9	7	0	.563	265	326
Cincinnati	8	8	0	.500	404	285

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	11	5	0	.688	362	226
Kansas City	8	7	1	.531	318	286
LA Raiders	8	8	0	.500	315	297
Seattle	7	9	0	.438	241	327
San Diego	6	10	0	.375	266	290

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
NY Giants	12	4	0	.750	348	252
Philadelphia*	11	5	0	.688	342	274
Washington	10	6	0	.625	386	308
Phoenix	5	11	0	.313	258	377
Dallas	1	15	0	.063	204	393

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	10	6	0	.625	351	275
Green Bay	10	6	0	.625	362	356
Detroit	7	9	0	.438	312	364
Chicago	6	10	0	.375	358	377
Tampa Bay	5	11	0	.313	320	419

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	14	2	0	.875	442	253
LA Rams*	11	5	0	.688	426	344
New Orleans	9	7	0	.563	386	301
Atlanta	3	13	0	.188	279	437

1990 REVIEW (9-7)

DATE	W/L	SCORE	OPPONENTS	ATT
09/09	L	0-17	at Chicago	64,400
09/16	L	13-17	L.A. Raiders	61,889
09/23	L	31-34	at Denver (OT)	75,290
10/01	W	31-16	Cincinnati (Mon.)	60,135
10/07	W	33-20	at New England	39,735
10/14	L	17-24	at L.A. Raiders	50,624
10/21	W	19-7	Kansas City	60,358
10/28			BYE	
11/04	L	14-31	San Diego	59,646
11/11	W	17-16	at Kansas City	71,285
11/18	L	21-24	Minnesota	59,735
11/25	W	13-10	at S. Diego (OT)	50,097
12/02	W	13-10	Houston (OT)	57,592
12/09	W	20-14	at Green Bay	52,015
12/16	L	17-24	at Miami	57,851
12/23	W	17-12	Denver	55,845
12/30	W	30-10	Detroit	50,681

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	284	280
Rushing	111	86
Passing	155	171
Penalty	18	23
3rd Down: Made/Att	87/200	83/207
3rd Down Pct.	43.5	40.1
4th Down: Made/Att	6/7	7/11
4th Down Pct.	85.7	63.6
POSSESSION AVG.	30:47	29:13
TOTAL NET YARDS	4583	4609
Avg. Per Game	286.4	288.1
Total Plays	945	950
Avg. Per Play	4.8	4.9
NET YARDS RUSHING	1749	1605
Avg. Per Game	109.3	100.3
Total Rushes	457	413
NET YARDS PASSING	2834	3004
Avg. Per Game	177.1	187.8
Sacked/Yards Lost	40/360	33/252
Gross Yards	3194	3256
Att./Completions	448/265	504/300
Completion Pct.	59.2	59.5
Had Intercepted	20	12
PUNTS/AVERAGE	67/40.6	77/41.9
NET PUNTING AVG.	34.4	36.2
PENALTIES/YARDS	89/746	108/766
FUMBLES/BALL LOST	32/16	32/18
TOUCHDOWNS	34	32
Rushing	18	7
Passing	15	19
Returns	1	6
TOTAL POINTS	306	286

PASSING	ATT	COMP	YDS	COMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Krieg	448	265	3194	59.2	7.13	15	3.3	20	4.5	63	40/360	73.6
SEA	448	265	3194	59.2	7.13	15	3.3	20	4.5	63	40/360	73.6
OPP	504	300	3256	59.5	6.46	19	3.8	12	2.4	46	33/252	81.3

BY QUARTERS	1	2	3	4	OT	TOT
SEA	50	94	60	96	6	306
OPP	50	112	53	68	3	286

SCORING	TDs	RU	PA	Rt	PAT	FG	S	Pts
Johnson	0	0	0	0	33-34	23-32	0	102
Fenner	15	14	1	0	0	0	0	90
Chadwick	4	0	4	0	0	0	0	24
Kane	4	0	4	0	0	0	0	24
Blades	3	0	3	0	0	0	0	18
Williams	3	3	0	0	0	0	0	18
SEA	34	18	15	1	33-34	23-32	0	306
OPP	32	7	19	6	32-32	20-27	1	286

RUSHING	ATT	Yds	AVG	LG	TD
Fenner	215	859	4.0	36	14
Williams	187	714	3.8	25	3
Krieg	32	115	3.6	25	0
SEA	457	1749	3.8	36	18
OPP	413	1605	3.9	58	7

RECEIVING	No	Yds	AVG	LG	TD
Williams	73	699	9.6	60	0
Kane	52	776	14.9	63	4
Blades	49	525	10.7	24	3
Chadwick	27	478	17.7	54	4
Skansi	22	257	11.7	25	2
Fenner	17	143	8.4	50	1
SEA	265	3194	12.1	63	15
OPP	300	3256	10.9	46	19

INTERCEPTIONS	No	Yds	AVG	LG	TD
Robinson	3	89	29.7	39	0
Harper	3	69	23.0	47	0
SEA	12	182	15.2	47	0
OPP	20	252	12.6	42	0

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
Donnelly	67	2722	40.6	34.4	8	18	54	0
SEA	67	2722	40.6	34.4	8	18	54	0
OPP	77	3225	41.9	36.2	5	22	67	0

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Warren	28	16	269	9.6	39	0
Jefferson	8	0	68	8.5	14	0
SEA	36	16	337	9.4	39	0
OPP	29	21	254	8.8	66	2

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Warren	23	478	20.8	71	0
Loville	18	359	19.9	29	0
SEA	50	985	19.7	71	0
OPP	51	910	17.8	39	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Johnson	2-2	7-7	8-14	5-6	1-3
SEA	2-2	7-7	8-14	5-6	1-3
OPP	0-0	11-11	3-5	5-8	1-3

DEFENSIVE STATISTICS

PLAYER	T	S	A	Sac	PD	FF	FR
Glasgow	83	70	13	2.0	2	3	1
Robinson	82	63	19	0.0	5	1	4
Harper	71	62	9	0.0	4	1	0
Green	60	44	16	12.5	2	3	1
Hunter	56	48	8	0.0	10	1	1
Nash	53	41	12	1.0	0	1	1

RECORD (FINISH): 9-7 (3rd, AFC West)

HEAD COACH: Chuck Knox (73-54, .575)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./OLBs), John Becker (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ken Meyer (QBs), Rod Perry (DBs), Russ Purnell (TEs/Asst. Sp. Teams), Frank Raines (Strength & Cond.), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)

CAPTAINS: QB Dave Krieg (Off), DE Jacob Green (Def), Game-to-Game (Sp. Teams)

MVP: FB John L. Williams

PRO BOWL: FB John L. Williams (1)

NATIONAL HONORS: SS Kenny Easley and WR Steve Largent, All-NFL Decade of the 1980's Team (Hall of Fame)

FIRST-TEAM ALL-NFL: None

Pos.	OFFENSE	STARTS
WR	Tommy Kane	11
LT	Andy Heck	16
LG	Edwin Bailey	11
C	Grant Feasel	16
RG	Bryan Millard	16
RT	Ron Mattes	7
	Ronnie Lee	9
TE	Travis McNeal	14
WR	Brian Blades	16
QB	Dave Krieg	16
RB	Derrick Fenner	15
FB	John L. Williams	16
	DEFENSE	
LE	Jacob Green	16
LT	Joe Nash	16
RT	Jeff Bryant	14
	*Cortez Kennedy	2
RE	Tony Woods	15
LLB	*Terry Wooden	8
MLB	Darren Comeaux	8
	Dave Wyman	8
RLB	Rufus Porter	12
LCB	Dwayne Harper	16
RCB	Patrick Hunter	16
SS	*Robert Blackmon	3
	Nesby Glasgow	13
FS	Eugene Robinson	16
	SPECIAL TEAMS	
K	Norm Johnson	16
P	Rick Donnelly	16
	* Rookie or first-year player	

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	13	3	0	.813	428	263
Miami*	12	4	0	.750	336	242
Indianapolis	7	9	0	.438	281	353
NY Jets	6	10	0	.375	295	345
New England	1	15	0	.063	181	446

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cincinnati	9	7	0	.563	360	352
Houston*	9	7	0	.563	405	307
Pittsburgh	9	7	0	.563	292	240
Cleveland	3	13	0	.188	228	462

WESTERN	W	L	T	Pct.	Pts.	Opp.
LA Raiders	12	4	0	.750	337	268
Kansas City*	11	5	0	.688	369	257
Seattle	9	7	0	.563	306	286
San Diego	6	10	0	.375	315	281
Denver	5	11	0	.313	331	374

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
NY Giants	13	3	0	.813	335	211
Philadelphia*	10	6	0	.625	396	299
Washington*	10	6	0	.625	381	301
Dallas	7	9	0	.438	244	308
Phoenix	5	11	0	.313	268	296

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	11	5	0	.688	348	280
Tampa Bay	6	10	0	.375	264	367
Detroit	6	10	0	.375	373	413
Green Bay	6	10	0	.375	271	347
Minnesota	6	10	0	.375	351	326

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	14	2	0	.875	353	239
New Orleans*	8	8	0	.500	274	275
LA Rams	5	11	0	.313	345	412
Atlanta	5	11	0	.313	348	365

1991 REVIEW (7-9)

DATE	W/L	SCORE	OPPONENTS	ATT
09/01	L	24-27	at New Orleans	68,492
09/08	W	20-13	N.Y. Jets	56,770
09/15	L	10-16	at Denver	71,152
09/22	L	13-20	at Kansas City	71,789
09/29	W	31-3	Indianapolis	56,656
10/06	W	13-7	at Cincinnati	60,010
10/13	L	20-23	L.A. Raiders (OT)	61,974
10/20	W	27-7	at Pittsburgh	54,678
10/27	W	20-9	San Diego	58,025
11/03			BYE	
11/10	L	14-17	at San Diego	43,597
11/17	L	7-31	at L.A. Raiders	49,317
11/24	W	13-10	Denver	60,430
12/01	L	6-19	Kansas City	57,248
12/08	L	22-24	San Francisco	56,711
12/15	L	13-26	at Atlanta	53,834
12/22	W	23-9	L.A. Rams	51,100

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	253	263
Rushing	80	92
Passing	159	159
Penalty	14	12
3rd Down: Made/Att	67/193	78/220
3rd Down Pct.	34.7	35.5
4th Down: Made/Att	2/9	9/20
4th Down Pct.	22.2	45.0
POSSESSION AVG.	29:27	30:33
TOTAL NET YARDS	4534	4703
Avg. Per Game	283.4	293.9
Total Plays	924	988
Avg. Per Play	4.9	4.8
NET YARDS RUSHING	1426	1684
Avg. Per Game	89.1	105.3
Total Rushes	394	435
NET YARDS PASSING	3108	3019
Avg. Per Game	194.3	188.7
Sacked/Yards Lost	42/263	36/269
Gross Yards	3371	3288
Att/Comp	488/290	517/296
Completion Pct.	59.4	57.3
Had Intercepted	26	18
PUNTS/AVERAGE	76/40.6	79/39.1
NET PUNTING AVG.	35.7	33.0
PENALTIES/YARDS	85/682	108/845
FUMBLES/BALL LOST	26/17	34/21
TOUCHDOWNS	29	25
Rushing	11	4
Passing	15	1
Returns	3	3
TOTAL POINTS	276	261

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT
Krieg	285	187	2080	65.6	7.30
Kemp	181	94	1207	51.9	6.67
Stouffer	15	6	57	40.0	3.80
McGwire	7	3	27	42.9	3.86
SEA	488	290	3371	59.4	6.91
OPP	517	296	3288	57.3	6.36

BY QUARTERS	1	2	3	4	OT	TOT
SEA	39	78	79	80	0	276
OPP	25	112	47	74	3	261

SCORING	TD	RU	PA	RT	PAT	FG	S	PIS
Kasay	0	0	0	0	27/28	25/31	0	102
Williams	5	4	1	0	0	0	0	30
Fenner	4	4	0	0	0	0	0	24
Tice	4	0	4	0	0	0	0	24
SEA	29	11	15	3	27/29	25/31	0	276
OPP	25	4	18	3	25/25	28/32	1	261

RUSHING	ATT	Yds	AVG	LG	TD
Williams	188	741	3.9	42	4
Fenner	91	267	2.9	15	4
Jones	45	154	3.4	22	3
SEA	394	1426	3.6	42	11
OPP	435	1684	3.9	32	4

RECEIVING	No	Yds	AVG	LG	TD
Blades	70	1003	14.3	52	2
Williams	61	499	8.2	35	1
Kane	50	763	15.3	60	2
Chadwick	22	255	11.6	29	3
SEA	290	3371	11.6	60	15
OPP	296	3288	11.1	t61	18

INTERCEPTIONS	No	Yds	AVG	LG	TD
Robinson	5	56	11.2	27	0
Harper	4	84	21.0	43	0
SEA	18	302	16.8	43	2
OPP	26	334	12.8	58	2

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
Tuten	49	2106	43.0	36.9	3	8	60	0
Donnelly	13	505	38.8	33.8	1	1	57	0
Waits	14	474	33.9	33.6	0	2	50	0
SEA	76	3085	40.6	35.7	4	11	60	0
OPP	79	3089	39.1	33.0	8	20	65	1

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Warren	32	19	298	9.3	t59	1
SEA	38	20	325	8.6	t59	1
OPP	40	18	289	7.2	29	0

KICKOFF RETURNS	No	Yds	AVG	LG	TD
Warren	35	792	22.6	55	0
Loville	18	412	22.9	50	0
SEA	60	1280	21.3	55	0
OPP	51	858	16.8	38	0

TD	TD%	INT	INT%	LG	SACKED	RATING
11	3.9	12	4.2	60	32/216	82.5
4	2.2	12	6.6	52	8/38	52.9
0	0.0	1	6.7	19	2/9	23.5
0	0.0	1	14.3	13	0/0	14.3
15	3.1	26	5.3	60	42/263	68.4
18	3.5	18	3.5	61t	36/269	73.4

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Kasay	1/1	5/6	11/14	6/7	2/3
OPP	1/1	7/7	9/9	6/7	5/8

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Wooden	105	80	25	2.0	9	1	4
Robinson	91	67	24	1.0	3	1	1
Porter	71	51	20	10.0	15	4	0
Comeaux	69	51	18	0.5	5	4	0
Harper	69	58	11	0.0	1	1	0
Kennedy	67	59	8	6.5	12	1	1

RECORD (FINISH): 7-9 (4th, AFC West)

HEAD COACH: Chuck Knox (80-63, .559)

ASSISTANTS: Tom Catlin (Asst. Head Coach/ Def. Coord./OLBs), John Becker (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ken Meyer (QBs), Paul Moyer (Staff Asst.), Rod Perry (DBs), Russ Purnell (TEs/Asst. Sp. Teams), Frank Raines (Strength & Cond.), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)

CAPTAINS: QB Dave Krieg (Off), DE Jacob Green (Def), Game-to-Game (Sp. Teams)

MVP: FS Eugene Robinson

PRO BOWL: DT Cortez Kennedy (1), FB John L. Williams (2)

NATIONAL HONORS: None

FIRST-TEAM ALL-NFL: CB Dwayne Harper (SI), FS Eugene Robinson (SI)

Pos.	OFFENSE	STARTS
WR	Tommy Kane	15
LT	Andy Heck	16
LG	Warren Wheat	7
	Darrick Brilz	6
C	Grant Feasel	15
RG	Bryan Millard	16
RT	Ronnie Lee	7
	Bill Hitchcock	9
TE	Mike Tice	15
WR	Brian Blades	16
QB	Dave Krieg	9
	Jeff Kemp	5
	*Dan McGwire	1
	Kelly Stouffer	1
RB	Derrick Fenner	8
	James Jones	6
FB	John L. Williams	16
	DEFENSE	
LE	Jacob Green	16
LT	Jeff Bryant	14
RT	Cortez Kennedy	16
RE	Tony Woods	14
LLB	Terry Wooden	15
MLB	Darren Comeaux	11
RLB	Rufus Porter	15
LCB	Dwayne Harper	16
RCB	Patrick Hunter	15
SS	Robert Blackmon	16
FS	Eugene Robinson	16
	SPECIAL TEAMS	
K	*John Kasay	16
P	Rick Tuten	10

* Rookie or first-year player

AFC

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Buffalo	13	3	0	.813	458	318
NY Jets*	8	8	0	.500	314	293
Miami	8	8	0	.500	343	349
New England	6	10	0	.375	211	305
Indianapolis	1	15	0	.063	143	381

	W	L	T	Pct.	Pts.	Opp.
CENTRAL						
Houston	11	5	0	.688	386	251
Pittsburgh	7	9	0	.438	292	344
Cleveland	6	10	0	.375	293	298
Cincinnati	3	13	0	.188	263	435

	W	L	T	Pct.	Pts.	Opp.
WESTERN						
Denver	12	4	0	.750	304	235
Kansas City*	10	6	0	.625	322	252
LA Raiders*	9	7	0	.563	298	297
Seattle	7	9	0	.438	276	261
San Diego	4	12	0	.250	274	342

NFC

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Washington	14	2	0	.875	485	224
Dallas*	11	5	0	.688	342	310
Philadelphia	10	6	0	.625	285	244
NY Giants	8	8	0	.500	281	297
Phoenix	4	12	0	.250	196	344

	W	L	T	Pct.	Pts.	Opp.
CENTRAL						
Detroit	12	4	0	.750	339	295
Chicago*	11	5	0	.688	299	269
Minnesota	8	8	0	.500	301	306
Green Bay	4	12	0	.250	273	313
Tampa Bay	3	13	0	.188	199	365

	W	L	T	Pct.	Pts.	Opp.
WESTERN						
New Orleans	11	5	0	.688	341	211
Atlanta*	10	6	0	.625	361	338
San Francisco	10	6	0	.625	393	239
LA Rams	3	13	0	.188	234	390

1992 REVIEW (2-14)

DATE	W/L	SCORE	OPPONENTS	ATT
09/06	L	3-21	Cincinnati	57,350
09/13	L	7-26	at Kansas City	75,125
09/20	W	10-6	at New England	42,327
09/27	L	17-19	Miami	59,374
10/04	L	6-17	at San Diego	36,783
10/11	L	0-27	at Dallas	62,311
10/18	L	0-19	L.A. Raiders	56,904
10/25	L	10-23	at N.Y. Giants	67,399
11/01			BYE	
11/08	L	3-16	Washington	53,616
11/15	L	3-20	at L.A. Raiders	46,862
11/22	L	14-24	Kansas City	49,867
11/30	W	16-13	Denver (Mon.) (OT)	51,612
12/06	L	14-20	at Pittsburgh	47,015
12/13	L	17-20	Philadelphia (OT)	47,492
12/20	L	6-10	at Denver	72,570
12/27	L	14-31	San Diego	49,324

BY QUARTERS					OT	Tot
	1	2	3	4		
SEA	20	53	34	30	3	140
OPP	63	87	74	85	3	312

SCORING	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Kane	3	0	3	0	0/0	0/0	0	18
Warren	3	3	0	0	0/0	0/0	0	18
Williams	3	1	2	0	0/0	0/0	0	18
SEA	14	4	9	1	14/14	14/22	0	140
OPP	32	14	11	7	29/32	29/36	2	312

TEAM STATISTICS	SEATTLE	OPP
TOTAL FIRST DOWNS	208	247
Rushing	77	96
Passing	114	129
Penalty	17	22
3rd Down: Made/Att	59/222	75/230
3rd Down Pct.	26.6	32.6
4th Down: Made/Att	5/17	6/9
4th Down Pct.	29.4	66.7
POSSESSION AVG.	29:01	30:59
TOTAL NET YARDS	3374	4583
Avg. Per Game	210.9	286.4
Total Plays	945	987
Avg. Per Play	3.6	4.6
NET YARDS RUSHING	1596	1922
Avg. Per Game	99.8	120.1
Total Rushes	402	513
NET YARDS PASSING	1778	2661
Avg. Per Game	111.1	166.3
Sacked/Yards Lost	67/545	46/317
Gross Yards	2323	2978
Att./Completions	476/230	428/251
Completion Pct.	48.3	58.6
Had Intercepted	23	20
PUNTS/AVERAGE	108/44.1	96/41.8
NET PUNTING AVG.	108/38.7	96/36.8
PENALTIES/YARDS	111/918	100/776
FUMBLES/BALL LOST	37/18	25/11
TOUCHDOWNS	14	32
Rushing	4	14
Passing	9	11
Returns	1	7
TOTAL POINTS	140	312

RUSHING	ATT	Yds	Avg	LG	TD
Warren	223	1017	4.6	52	3
Williams	114	339	3.0	14	1
Gelbaugh	16	79	4.9	22	0
SEA	402	1596	4.0	52	4
OPP	513	1922	3.7	66t	14

RECEIVING	No	Yds	Avg	LG	TD
Williams	74	556	7.5	27	2
Kane	27	369	13.7	31	3
J. Jones	21	190	9.0	30	0
L. Clark	20	290	14.5	33	1
Blades	19	256	13.5	37	1
SEA	230	2323	10.1	57	9
OPP	251	2978	11.9	72t	11

INTERCEPTIONS	No	Yds	Avg	LG	TD
E. Robinson	7	126	18.0	49	0
Harper	3	74	24.7	41	0
SEA	20	324	16.2	69	0
OPP	23	231	10.0	40	4

PUNTING	No	Yds	Avg	NET	TB	I20	LG	B
Tuten	108	4760	44.1	38.7	8	29	65	0
SEA	108	4760	44.1	38.7	8	29	65	0
OPP	96	4015	41.8	36.8	10	23	65	0

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Warren	34	25	252	7.4	16	0
SEA	38	27	283	7.4	16	0
OPP	56	26	416	7.4	86t	1

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Warren	28	524	18.7	34	0
Mayes	19	311	16.4	29	0
SEA	50	885	17.7	34	0
OPP	36	685	19.0	64	0

PASSING	ATT	CMP	Yds	CMP%	Yds/Att	TD	TD%	INT	INT%	LG	SACKED	RATING
Gelbaugh	255	121	1307	47.5	5.13	6	2.4	11	4.3	57	34/265	52.9
Stouffer	190	92	900	48.4	4.74	3	1.6	9	4.7	33	26/222	47.7
McGwire	30	17	116	56.7	3.87	0	0.0	3	10.0	20	7/58	25.8
SEA	476	230	2323	48.3	4.88	9	1.9	23	4.8	57	67/545	48.9
OPP	428	251	2978	58.6	6.96	11	2.6	20	4.7	72t	46/317	69.0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Kasay	0-0	4-5	8-11	2-6	0-0
SEA	0-0	4-5	8-11	2-6	0-0
OPP	0-0	5-5	14-16	7-11	3-4

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
E. Robinson	94	64	30	0.0	10	2	1
Kennedy	92	76	16	14.0	5	4	1
Porter	90	68	22	9.5	2	2	0
Wyman	83	54	29	0.0	1	2	1
P. Hunter	67	55	12	0.0	13	1	1
Nash	67	46	21	4.5	0	0	0

RECORD (FINISH): 2-14 (5th, AFC West)

HEAD COACH: Tom Flores (2-14, .125)

ASSISTANTS: Tom Catlin (Asst. HC/Def), Larry Kennan (Off. Coord./QBs), Rusty Tillman (Def. Coord./LBs), Tommy Brasher (DL), Bob Bratkowski (WRs), Dave Brown (Def), Hudson Houck (OL), Paul Moyer (DBs), Russ Purnell (TEs/Sp. Teams), Frank Raines (Strength & Cond), Clarence Shelmon (RBs)

CAPTAINS: FB John L. Williams (Off), FS Eugene Robinson (Def), TE James Jones (Sp. Teams)

MVP: DT Cortez Kennedy

PRO BOWL: DT Cortez Kennedy (2), FS Eugene Robinson (1)

NATIONAL HONORS: DT Cortez Kennedy, NFL Defensive Player of the Year (AP, PFW/ PFWA, C&PFN)

ALL-NFL: DT Cortez Kennedy (AP, S-I, SN, USAT, PFW/PFWA, C&PFN, NEA)

Pos.	OFFENSE	STARTS
WR	Tommy Kane	11
LT	*Ray Roberts	16
LG	Andy Heck	13
C	Joe Tofflemire	16
RG	Darrick Brilz	16
RT	Bill Hitchcock	11
TE	Ron Heller	11
WR	Brian Blades	5
	Louis Clark	10
QB	Kelly Stouffer	7
	Dan McGwire	1
	Stan Gelbaugh	8
RB	Chris Warren	16
FB	John L. Williams	16
DEFENSE		
LE	Jeff Bryant	15
	*Michael Sinclair	1
LT	Joe Nash	16
RT	Cortez Kennedy	16
RE	Tony Woods	15
LLB	Terry Wooden	8
	Joe Cain	8
MLB	Dave Wyman	11
RLB	Rufus Porter	16
LCB	Dwayne Harper	16
RCB	Patrick Hunter	16
SS	Robert Blackmon	15
FS	Eugene Robinson	16
SPECIAL TEAMS		
K	John Kasay	16
P	Rick Tuten	16

* Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	11	5	0	.688	340	281
Buffalo*	11	5	0	.688	381	283
Indianapolis	9	7	0	.563	216	302
NY Jets	4	12	0	.250	220	315
New England	2	14	0	.125	205	363

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	11	5	0	.688	299	225
Houston*	10	6	0	.625	352	258
Cleveland	7	9	0	.438	272	275
Cincinnati	5	11	0	.313	274	364

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	11	5	0	.688	335	241
Kansas City*	10	6	0	.625	348	282
Denver	8	8	0	.500	262	329
LA Raiders	7	9	0	.438	249	281
Seattle	2	14	0	.125	140	312

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	13	3	0	.813	409	243
Philadelphia*	11	5	0	.688	354	245
Washington*	9	7	0	.563	300	255
NY Giants	6	10	0	.375	306	367
Phoenix	4	12	0	.250	243	332

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	11	5	0	.688	374	249
Green Bay	9	7	0	.563	276	296
Tampa Bay	5	11	0	.313	267	367
Chicago	5	11	0	.313	295	361
Detroit	5	11	0	.313	273	332

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	14	2	0	.875	431	236
New Orleans*	12	4	0	.750	330	202
Atlanta	6	10	0	.375	327	414
LA Rams	6	10	0	.375	313	383

1993 REVIEW (6-10)

DATE	W/L	SCORE	OPPONENT	ATT
09/05	L	12-18	at San Diego	58,039
09/12	L	13-17	L.A. Raiders	58,836
09/19	W	17-14	at New England	50,392
09/26	W	19-10	at Cincinnati	46,880
10/03	W	31-14	San Diego	54,778
10/10			BYE	
10/17	L	10-30	at Detroit	60,801
10/24	W	10-9	New England	56,526
10/31	L	17-28	at Denver	73,644
11/07	L	14-24	at Houston	50,447
11/14	W	22-5	Cleveland	54,622
11/21			BYE	
11/28	L	9-17	Denver	57,812
12/05	L	16-31	Kansas City	58,551
12/12	L	23-27	at L.A. Raiders	38,161
12/19	L	27-30	Phoenix (OT)	45,737
12/26	W	16-6	Pittsburgh	51,814
01/02	L	24-34	at Kansas City	72,136

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	279	322
Rushing	114	106
Passing	144	193
Penalty	21	23
3rd Down: Made/Att	80/224	91/229
3rd Down Pct.	35.7	39.7
4th Down: Made/Att	6/14	6/13
4th Down Pct.	42.9	46.2
POSSESSION AVG.	29:02	30:58
TOTAL NET YARDS	4669	5313
Avg. Per Game	291.8	332.1
Total Plays	1019	1085
Avg. Per Play	4.6	4.9
NET YARDS RUSHING	2015	1660
Avg. Per Game	125.9	103.8
Total Rushes	473	452
NET YARDS PASSING	2654	3653
Avg. Per Game	165.9	228.3
Sacked/Yards Lost	48/242	38/244
Gross Yards	2896	3897
Att./Completions	498/280	595/333
Completion Pct.	56.2	56.0
Had Intercepted	18	22
PUNTS/AVERAGE	91/44.0	73/42.4
NET PUNTING AVG.	37.3	35.6
PENALTIES/YARDS	99/745	110/818
FUMBLES/BALL LOST	25/13	23/15
TOUCHDOWNS	29	32
Rushing	13	12
Passing	13	16
Returns	0	3
Defensive	3	1
SAFETIES	4	2
TOTAL POINTS	280	314

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT
Mirer	486	274	2833	56.4	5.83
SEA	498	280	2896	56.2	5.82
OPP	595	333	3897	56.0	6.55

BY QUARTERS	1	2	3	4	OT	TOT
SEA	72	64	45	99	0	280
OPP	65	104	66	76	3	314

SCORING	TD	RU	PA	Rt	PAT	FG	S	Pts
Kasay	0	0	0	0	29/29	23/28	0	98
C. Warren	7	7	0	0	0	0	0	42
Martin	5	0	5	0	0	0	0	30
Williams	4	3	1	0	0	0	0	24
SEA	29	13	13	3	29/29	23/28		4280
OPP	32	12	16	4	31/32	29/39		2314

RUSHING	ATT	Yds	Avg	LG	TD
C. Warren	273	1072	3.9	45t	7
Williams	82	371	4.5	38	3
Mirer	68	343	5.0	33	3
Vaughn	36	153	4.3	37	0
SEA	473	2015	4.3	45t	13
OPP	452	1660	3.7	30t	12

RECEIVING	No	Yds	Avg	LG	TD
Blades	80	945	11.8	41	3
Williams	58	450	7.8	25	1
Martin	57	798	14.0	53t	5
Edmunds	24	239	10.0	32	2
Green	23	178	7.7	20	1
SEA	280	2896	10.3	53t	13
OPP	333	3897	11.7	58t	16

INTERCEPTIONS	No	Yds	Avg	LG	TD
E. Robinson	9	80	8.9	28	0
Hunter	4	54	13.5	34	0
Gray	3	33	11.0	16	0
SEA	22	196	8.9	34	1
OPP	18	159	8.8	40	0

PUNTING	No	Yds	Avg	NET	TB	120	LG	B
Tuten	90	4007	44.5	37.3	7	21	64	1
SEA	91	4007	44.0	37.3	7	21	64	1
OPP	73	3097	42.4	35.6	11	19	60	0

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Martin	32	15	270	8.4	33	0
SEA	33	15	280	8.5	33	0
OPP	47	21	475	10.1	74t	1

KICKOFF RETURNS	No	FC	Yds	Avg	LG	TD
Bates	30	0	603	20.1	46	0
Vaughn	16	0	280	17.5	31	0
SEA	50	0	931	18.6	46	0
OPP	52	1	967	18.6	95t	1

TD	TD%	INT	INT%	LG	SACKED	RATING
12	2.5	17	3.5	53t	47/235	67.0
13	2.6	18	3.6	53t	48/242	66.8
16	2.7	22	3.7	58t	38/244	69.6

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Kasay	1/1	5/5	10/11	4/6	3/5
SEA	1/1	5/5	10/11	4/6	3/5
OPP	2/2	7/7	8/10	7/13	5/7

DEFENSIVE STATISTICS

PLAYER	T	S	A	Sac	PD	FF	FR
E. Robinson	111	84	27	2.0	15	3	2
Wooden	106	73	33	2.5	9	3	1
Stephens	105	75	30	2.5	1	2	1
Kennedy	77	60	17	6.5	3	1	1
Blackmon	74	55	19	0.0	11	0	1

RECORD (FINISH): 6-10 (5th, AFC West)

HEAD COACH: Tom Flores (8-24, .250)

ASSISTANTS: Tom Catlin (Asst. HC), Larry Kennan (Off. Coord./QBs), Rusty Tillman (Def. Coord./LBs), Tommy Brasher (DL), Bob Bratkowski (WRs), Dave Brown (Def), Arnie Matsumoto (Staff Asst.), Paul Moyer (DBs), Howard Mudd (OL), Russ Purnell (TEs/Sp. Teams), Frank Raines (Strength & Cond), Clarence Shelmon (RBs)

CAPTAINS: FB John L. Williams (Off), FS Eugene Robinson (Def), FB Tracy Johnson & TE Trey Junkin (Sp. Teams)

MVP: FS Eugene Robinson

PRO BOWL: DT Cortez Kennedy (3), FS Eugene Robinson (2), RB Chris Warren (1)

NATIONAL HONORS: QB Rick Mirer, NFL Offensive Rookie of the Year (NFLPA, FBD), All-NFL: DT Cortez Kennedy (AP, S-1), FS Eugene Robinson (PFWA/PFW, Films, USA TODAY)

Pos.	OFFENSE	STARTS
WR	Kelvin Martin	14
LT	Ray Roberts	16
LG	Darrick Brilz	16
C	Ray Donaldson	16
RG	Bill Hitchcock	14
RT	Andy Heck	16
TE	Ferrell Edmunds	16
	Paul Green	8
WR	Brian Blades	14
QB	*Rick Mirer	16
RB	Chris Warren	14
FB	John L. Williams	9

DEFENSE

LE	Jeff Bryant	15
LT	Joe Nash	16
RT	Cortez Kennedy	16
RE	Natu Tuatagaloa	15
RLB	Terry Wooden	16
MLB	Rod Stephens	13
RLB	Rufus Porter	6
	Kevin Murhpy	10
LCB	Dwayne Harper	14
RCB	Patrick Hunter	15
SS	Robert Blackmon	16
FS	Eugene Robinson	16

SPECIAL TEAMS

K	John Kasay	16
P	Rick Tuten	16

* Rookie or first-year player

AFC

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Buffalo	12	4	0	.750	329	242
Miami	9	7	0	.563	349	351
NY Jets	8	8	0	.500	270	247
New England	5	11	0	.313	238	286
Indianapolis	4	12	0	.250	189	378

	W	L	T	Pct.	Pts.	Opp.
CENTRAL						
Houston	12	4	0	.750	368	238
Pittsburgh*	9	7	0	.563	308	281
Cleveland	7	9	0	.438	304	307
Cincinnati	3	13	0	.188	187	319

	W	L	T	Pct.	Pts.	Opp.
WESTERN						
Kansas City	11	5	0	.688	328	291
LA Raiders*	10	6	0	.625	306	326
Denver*	9	7	0	.563	373	284
San Diego	8	8	0	.500	322	290
Seattle	6	10	0	.375	280	314

NFC

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Dallas	12	4	0	.750	376	229
NY Giants*	11	5	0	.688	288	205
Philadelphia	8	8	0	.500	293	315
Phoenix	7	9	0	.438	326	269
Washington	4	12	0	.250	230	345

	W	L	T	Pct.	Pts.	Opp.
CENTRAL						
Detroit	10	6	0	.625	298	292
Minnesota*	9	7	0	.563	277	290
Green Bay*	9	7	0	.563	340	282
Chicago	7	9	0	.438	234	230
Tampa Bay	5	11	0	.313	237	376

	W	L	T	Pct.	Pts.	Opp.
WESTERN						
San Francisco	10	6	0	.625	473	295
New Orleans	8	8	0	.500	317	343
Atlanta	6	10	0	.375	316	385
LA Rams	5	11	0	.313	221	367

1994 REVIEW (6-10)

DATE	W/L	SCORE	OPPONENTS	ATT	BY QUARTERS	1	2	3	4	OT	TOT				
09/04	W	28-7	at Washington	52,930	SEA	53	74	49	111	0	287				
09/11	W	38-9	at L.A. Raiders	47,319	OPP	48	98	65	109	3	323				
09/18	L	10-24	*San Diego	65,536											
09/25	W	30-13	*Pittsburgh	59,637											
10/02	L	15-17	at Indianapolis	49,876											
10/09	L	9-16	*Denver	63,872											
10/16			BYE												
10/23	L	23-38	at Kansas City	78,847											
10/30	L	15-35	at San Diego	59,001											
11/06	L	17-20	Cincinnati (OT)	46,630											
11/13	L	10-17	at Denver	71,290											
11/20	W	22-21	Tampa Bay	37,466											
11/27	W	10-9	Kansas City	54,120											
12/04	L	19-31	Indianapolis	39,574											
12/11	W	16-14	at Houston	31,453											
12/18	L	16-17	L.A. Raiders	53,301											
12/24	L	9-35	at Cleveland	54,180											
* at Husky Stadium															
TEAM STATISTICS				SEA	OPP										
TOTAL FIRST DOWNS				285	318										
Rushing				114	122										
Passing				143	178										
Penalty				28	18										
3rd Down: Made/Att				89/235	83/224										
3rd Down Pct.				37.9	37.1										
4th Down: Made/Att				10/19	8/20										
4th Down Pct.				52.6	40.0										
POSSESSION AVG.				28:35	31:25										
TOTAL NET YARDS				4652	5349										
Avg. Per Game				290.8	334.3										
Total Plays				1018	1077										
Avg. Per Play				4.6	5.0										
NET YARDS RUSHING				2084	1952										
Avg. Per Game				130.3	122.0										
Total Rushes				480	511										
NET YARDS PASSING				2568	3397										
Avg. Per Game				160.5	212.3										
Sacked/Yards Lost				40/241	29/206										
Gross Yards				2809	3603										
Att./Completions				498/253	537/313										
Completion Pct.				50.8	58.3										
Had Intercepted				9	19										
PUNTS/AVERAGE				91/42.9	78/40.9										
NET PUNTING AVG.				36.7	35.5										
PENALTIES/YARDS				114/898	103/773										
FUMBLES/BALL LOST				31/19	21/11										
TOUCHDOWNS				32	34										
Rushing				16	15										
Passing				13	15										
Returns				1	1										
Defensive				2	3										
TOTAL POINTS				287	323										
SCORING															
				TD	Ru	Pa	Rt	PAT	FG	S	Pts				
Kasay				0	0	0	0	25/26	20/24	0	85				
C. Warren				11	9	2	0	0	0	0	68				
Blades				4	0	4	0	0	0	0	26				
SEA				32	16	13	3	25/26	20/24	1287					
OPP				34	15	15	4	28/28	27/33	1323					
2-Point PATs: Tuten 1-2; Blades 2-2; McGwire 0-1; Vaughn 1-1; C. Warren 1-1															
SEA 4-6. OPP 4-6															
RUSHING															
				ATT	Yds	Avg	LG	TD							
C. Warren				333	1545	4.6	41	9							
Mirer				34	153	4.5	14	0							
Strong				27	114	4.2	14t	1							
SEA				480	2084	4.3	41	16							
OPP				511	1952	3.8	45t	15							
RECEIVING															
				No	Yds	Avg	LG	TD							
Blades				81	1086	13.4	45	4							
Martin				56	681	12.2	32	1							
C. Warren				41	323	7.9	51	2							
SEA				253	2809	11.1	51	13							
OPP				313	3603	11.5	99t	15							
KICKOFF RETURNS															
				No	Yds	Avg	LG	TD							
Bates				26	508	19.5	38	0							
Vaughn				18	443	24.6	93t	1							
SEA				67	1467	21.9	93t	1							
OPP				61	1229	20.1	45	0							
INTERCEPTIONS															
				No	Yds	Avg	LG	TD							
4 players with				3											
SEA				19	284	14.9	69t	2							
OPP				9	210	23.3	73t	2							
PUNTING															
				No	Yds	Avg	NET	TB	I20	LG	B				
Tuten				91	3905	42.9	36.7	7	33	64	0				
SEA				91	3905	42.9	36.7	7	33	64	0				
OPP				78	3188	40.9	35.5	4	25	64	1				
PUNT RETURNS															
				No	FC	Yds	Avg	LG	TD						
Martin				33	20	280	8.5	23	0						
SEA				37	23	337	9.1	31	0						
OPP				43	21	426	9.9	78t	1						
FIELD GOALS															
				1-19	20-29	30-39	40-49	50+							
Kasay				1/1	1/1	11/11	6/9	1/2							
SEA				1/1	1/1	11/11	6/9	1/2							
OPP				0/0	9/9	13/16	5/8	0/0							
PASSING															
				ATT	CMP	Yds	CMP%	Yds/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Mirer				381	195	2151	51.2	5.65	11	2.9	7	1.8	51	27/145	70.2
McGwire				105	51	578	48.6	5.65	1	1.0	2	1.9	36	13/96	60.7
SEA				498	253	2809	50.8	5.64	13	2.6	9	1.8	51	40/241	69.1
OPP				537	313	3603	58.3	6.71	15	2.8	19	3.5	99t	29/206	73.2

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Stephens	128	95	33	2.5	0	3	2
Wooden	127	94	33	1.5	7	1	1
E. Robinson	80	65	15	1.0	8	0	1
Porter	75	61	14	1.5	6	0	0

RECORD (FINISH): 6-10 (5th, AFC West)

HEAD COACH: Tom Flores (14-34, .292)

ASSISTANTS: Larry Kennan (Off. Coord./QBs), Rusty Tillman (Def. Coord./LBs), Tommy Brasher (DL), Bob Bratkowski (WRs), Dave Brown (Def), Tom Catlin (Quality. Control), Arnie Matsumoto (Staff Asst.), Paul Moyer (DBs), Howard Mudd (OL), Russ Purnell (TEs, Sp. Teams), Frank Raines (Strength & Cond), Clarence Shelmon (RBs)

CAPTAINS: C Ray Donaldson (Off), FS Eugene Robinson (Def), FB Tracy Johnson & TE Trey Junkin (Sp. Teams)

MVP: RB Chris Warren

PRO BOWL: DT Cortez Kennedy (4), P Rick Tuten (1), RB Chris Warren (2)

NATIONAL HONORS: WR Steve Largent (Hall of Fame inductee)

ALL-NFL: DT Cortez Kennedy (AP, SI, CPFN), P Rick Tuten (S-I)

POS.	OFFENSE	STARTS
WR	Kelvin Martin	15
LT	Ray Roberts	14
LG	Jeff Blackshear	16
C	Ray Donaldson	16
RG	*Kevin Mawae	11
RT	Howard Ballard	16
TE	Ferrell Edmunds	7
	Paul Green	11
WR	Brian Blades	16
QB	Rick Mirer	13
	Dan McGwire	3
RB	Chris Warren	15
FB	Tracy Johnson	10
	DEFENSE	
LE	Antonio Edwards	8
	*Sam Adams	6
LT	Joe Nash	15
RT	Cortez Kennedy	16
RE	Brent Williams	9
	Antonio Edwards	6
LLB	Terry Wooden	15
MLB	Rod Stephens	16
RLB	Rufus Porter	14
LCB	Carlton Gray	11
	Tony Brown	5
RCB	Patrick Hunter	5
	Terry Taylor	3
SS	Robert Blackmon	15
FS	Eugene Robinson	14
	SPECIAL TEAMS	
K	John Kasay	16
P	Rick Tuten	16

* Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	10	6	0	.625	389	327
New England*	10	6	0	.625	351	312
Indianapolis	8	8	0	.500	307	320
Buffalo	7	9	0	.438	340	356
NY Jets	6	10	0	.375	264	320

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	12	4	0	.750	316	234
Cleveland*	11	5	0	.688	340	204
Cincinnati	3	13	0	.188	276	406
Houston	2	14	0	.125	226	352

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	11	5	0	.688	381	306
Kansas City*	9	7	0	.563	319	398
LA Raiders	9	7	0	.453	303	327
Denver	7	9	0	.438	347	396
Seattle	6	10	0	.375	287	323

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	414	248
NY Giants	9	7	0	.563	279	304
Arizona	8	8	0	.500	235	267
Philadelphia	7	9	0	.438	308	308
Washington	3	13	0	.188	320	412

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	10	6	0	.625	356	314
Green Bay*	9	7	0	.563	382	287
Detroit*	9	7	0	.563	357	342
Chicago*	9	7	0	.563	271	307
Tampa Bay	6	10	0	.375	251	351

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	13	3	0	.813	505	296
New Orleans	7	9	0	.438	348	407
Atlanta	7	9	0	.438	317	385
LA Rams	4	12	0	.250	286	365

1995 REVIEW (8-8)

DATE	W/L SCORE	OPPONENT	ATT
09/03	L 10-34	Kansas City	47,564
09/10	L 10-14	at San Diego	54,420
09/17	W 24-21	Cincinnati	39,492
09/24		BYE	
10/01	W 27-10	Denver	49,914
10/08	L 14-34	at Oakland	50,213
10/15	L 21-27	at Buffalo	74,362
10/22	L 25-35	San Diego	45,821
10/29	L 14-20	at Arizona (OT)	39,600
11/05	W 30-28	New York Giants	42,100
11/12	W 47-30	at Jacksonville	71,290
11/19	W 27-20	at Washington	51,298
11/26	L 10-16	New York Jets	41,160
12/03	W 26-14	Philadelphia	39,893
12/10	W 31-27	at Denver	71,488
12/17	W 44-10	Oakland	58,428
12/24	L 3-26	at Kansas City	75,784

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	311	321
Rushing	121	116
Passing	171	181
Penalty	19	24
3rd Down: Made/Att	82/217	81/218
3rd Down Pct.	37.8	37.2
4th Down: Made/Att	9/13	10/18
4th Down Pct.	69.2	55.6
POSSESSION AVG.	28:30	31:30
TOTAL NET YARDS	5270	5669
Avg. Per Game	329.4	354.3
Total Plays	1033	1078
Avg. Per Play	5.1	5.3
NET YARDS RUSHING	2178	2130
Avg. Per Game	136.1	133.1
Total Rushes	477	496
NET YARDS PASSING	3092	3539
Avg. Per Game	193.3	221.2
Sacked/Yards Lost	45/267	28/167
Gross Yards	3359	3706
Att./Completions	511/273	554/310
Completion Pct.	53.4	56.0
Had Intercepted	23	16
PUNTS/AVERAGE	83/45.0	81/42.6
NET PUNTING AVG.	83/36.5	81/36.4
PENALTIES/YARDS	100/852	114/901
FUMBLES/BALL LOST	24/9	17/9
TOUCHDOWNS	42	43
Rushing	20	11
Passing	19	26
Returns	1	2
Defensive	2	4
TOTAL POINTS	363	366

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT
Mirer	391	209	2564	53.5	6.56
Friesz	120	64	795	53.3	6.63
SEA	511	273	3359	53.4	6.57
OPP	554	310	3706	56.0	6.69

BY QUARTERS	1	2	3	4	OT	TOT
SEA	79	77	88	119	0	363
OPP	90	128	48	94	6	366

SCORING	TD	RU	PA	Rt	PAT	FG	S	Pts
Peterson	0	0	0	0	40/40	23/28	0	109
Warren	16	15	0	0	0	0	0	96
Galloway	9	1	7	1	0	0	0	54
SEA	42	20	19	3	40/40	23/28	1	363
OPP	43	11	26	6	36/37	24/35	0	366
2-Point PATs: Mirer 0-1, Warren 0-1								
SEA 0-2, Opp 0-5.								

RUSHING	ATT	YDS	AVG	LG	TD
Warren	310	1346	4.3	52	15
Broussard	46	222	4.8	21t	1
L. Smith	36	215	6.0	68	0
SEA	477	2178	4.6	86t	20
OPP	496	2130	4.3	46	11

RECEIVING	No	YDS	AVG	LG	TD
Blades	77	1001	13.0	49	4
Galloway	67	1039	15.5	59t	7
Warren	35	247	7.1	20t	1
Crumpler	23	254	11.0	24	1
SEA	273	3359	12.3	59t	19
OPP	310	3706	12.0	88t	26

INTERCEPTIONS	No	YDS	AVG	LG	TD
Blackmon	5	46	9.2	21	0
Gray	4	45	11.3	26	0
SEA	16	127	7.9	32	0
OPP	24	384	16.7	72t	2

PUNTING	No	YDS	AVG	NET	TB	120	LG	B
Tuten	83	3735	45.0	36.5	8	21	73	0
SEA	83	3735	45.0	36.5	8	21	73	0
OPP	81	3449	42.6	36.4	6	24	62	0

PUNT RETURNS	No	FC	YDS	AVG	LG	TD
Galloway	36	12	360	10.0	89t	1
SEA	40	13	384	9.6	89t	1
OPP	48	7	549	11.4	44	0

KICKOFF RETURNS	No	YDS	AVG	LG	TD
Broussard	43	1064	24.7	70	0
SEA	72	1620	22.5	70	0
OPP	70	1669	23.8	99t	2

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Peterson	1/1	5/5	9/10	8/10	0/2
SEA	1/1	5/5	9/10	8/10	0/2
OPP	1/1	10/13	5/7	7/9	1/5

TD	TD%	INT	INT%	LG	SACKED	RATING
13	3.3	20	5.1	59t	42/255	63.7
6	5.0	3	2.5	43t	3/12	80.4
19	3.7	23	4.5	59t	45/267	67.6
26	4.7	16	2.9	88t	28/167	80.2

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Wooden	135	114	21	0.0	8	1	0
E. Robinson	105	79	26	0.0	4	0	1
Moss	88	65	23	2.0	5	1	2
C. Harris	85	77	8	0.0	12	1	1
Gray	73	68	5	0.0	19	0	0

RECORD (FINISH): 8-8, 3rd AFC West

HEAD COACH: Dennis Erickson (8-8, .500)

ASSISTANTS: Gregg Smith (Asst. HC/TEs), Bob Bratkowski (Off. Coord./WRs), Greg Mc Mackin (Def. Coord.), Dave Arnold (Sp. Teams), Tommy Brasher (DL), Dave Brown (Def), Tom Catlin (Quality Control), Ned James (Off. Asst.), Dana LeDuc (Strength & Cond.), Arnie Matsumoto (Def. Asst.), Howard Mudd (OL), Rich Olson (QB), Mike Murphy (LBs), Willy Robinson (DBs), Clarence Shelmon (RBs)

CAPTAINS: Rick Mirer (Off), Eugene Robinson (Def), Trey Junkin (Sp. Teams)

MVP: RB Chris Warren

PRO BOWL: DT Cortez Kennedy (5), RB Chris Warren (3)

NATIONAL HONORS: WR Steve Largent inducted into Pro Football Hall of Fame

POS.	OFFENSE	STARTS
WR	*Joey Galloway	16
LT	James Atkins	16
LG	*Matt Joyce	13
C	Jim Sweeney	16
RG	Kevin Mawae	16
RT	Howard Ballard	16
TE	*Christian Fauria	9
	Carlester Crumpler	7
WR	Brian Blades	16
QB	Rick Mirer	13
	John Friesz	3
RB	Chris Warren	16
FB	Steve Smith	7
	Tracy Johnson	4
	DEFENSE	
LE	Michael Sinclair	15
LT	Joe Nash	11
	Sam Adams	5
RT	Cortez Kennedy	16
RE	Brent Williams	9
	Antonio Edwards	7
SLB	Terry Wooden	16
MLB	Dean Wells	10
WLB	Winston Moss	16
LCB	Carlton Gray	16
RCB	Corey Harris	16
SS	Robert Blackmon	13
FS	Eugene Robinson	16
	SPECIAL TEAMS	
K	Todd Peterson	16
P	Rick Tuten	16

* Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	10	6	0	.625	350	335
Indianapolis*	9	7	0	.563	331	316
Miami*	9	7	0	.563	398	332
New England	6	10	0	.375	294	377
NY Jets	3	13	0	.188	233	384

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	11	5	0	.688	407	327
Cincinnati	7	9	0	.438	349	374
Houston	7	9	0	.438	348	324
Cleveland	5	11	0	.313	289	356
Jacksonville	4	12	0	.250	275	404

WESTERN	W	L	T	Pct.	Pts.	Opp.
Kansas City	13	3	0	.813	358	241
San Diego*	9	7	0	.563	321	323
Seattle	8	8	0	.500	363	366
Denver	8	8	0	.500	388	345
Oakland	8	8	0	.500	348	332

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	435	291
Philadelphia*	10	6	0	.624	318	338
Washington	6	10	0	.375	326	359
NY Giants	5	11	0	.313	290	340
Arizona	4	12	0	.250	275	422

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Green Bay	11	5	0	.688	401	314
Detroit*	10	6	0	.625	436	336
Chicago	9	7	0	.563	392	360
Tampa Bay	7	9	0	.438	238	335

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	11	5	0	.688	457	258
Atlanta*	9	7	0	.563	362	349
St. Louis	7	9	0	.438	309	418
Carolina	7	9	0	.438	289	325
New Orleans	7	9	0	.438	319	348

1996 REVIEW (7-9)

DATE	W/L	SCORE	OPPONENT	ATT
09/01	L	7-29	at San Diego	58,780
09/08	L	20-30	Denver	43,671
09/15	L	17-35	Kansas City	39,790
09/22	W	17-13	at Tampa Bay	30,212
09/22	L	10-31	Green Bay	59,973
10/06	W	22-15	at Miami	59,539
10/13			BYE	
10/17	L	16-34	at Kansas City	76,057
10/27	W	32-13	San Diego	38,143
11/03	W	23-16	Houston	36,320
11/10	W	42-23	Minnesota	50,794
11/17	L	16-17	at Detroit	51,194
11/24	L	21-27	Oakland	47,506
12/01	L	7-34	at Denver	74,982
12/08	W	26-18	Buffalo	41,373
12/15	L	13-20	at Jacksonville	66,134
12/22	W	28-21	at Oakland	33,455

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	268	325
Rushing	94	114
Passing	147	181
Penalty	27	30
3rd Down: Made/Att	64/212	80/211
3rd Down Pct.	30.2	37.9
4th Down: Made/Att	7/17	7/15
4th Down Pct.	41.2	46.7
POSSESSION AVG.	28:01	31:59
TOTAL NET YARDS	5024	5437
Avg. Per Game	314.0	339.8
Total Plays	974	1066
Avg. Per Play	5.2	5.1
NET YARDS RUSHING	1997	2098
Avg. Per Game	124.8	131.0
Total Rushes	442	506
NET YARDS PASSING	3027	3339
Avg. Per Game	189.2	208.8
Sacked/Yards Lost	38/189	48/285
Gross Yards	3216	3624
Att./Completions	494/261	512/303
Completion Pct.	52.8	59.2
Had Intercepted	17	14
PUNTS/AVG.	86/43.6	76/42.3
Net Punting Avg.	86/34.5	76/34.0
PENALTIES/YARDS	112/879	98/804
FUMBLES/ LOS	24/12	37/18
TOUCHDOWNS	33	40
Rushing	16	15
Passing	14	25
Defense	1	0

PASSING	ATT	CMP	Yds	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Friesz	211	120	1629	56.9	7.72	8	3.8	4	1.9	80t	12/77	86.4
Mirer	265	136	1546	51.3	5.83	5	1.9	12	4.5	60	22/84	56.6
SEA	494	261	3216	52.8	6.51	14	2.8	17	3.4	80t	38/189	68.3
OPP	512	303	3624	59.2	7.08	25	4.9	14	2.7	65t	48/285	85.8

Returns	2		0			
TOTAL POINTS	317		376			
BY QUARTERS	1	2	3	4	OT	Tot
SEA	53	117	57	90	--	317
OPP	85	111	64	116	--	376

SCORING	TD	RU	PA	RT	PAT	FG	S	PTS
Peterson	0	0	0	0	27/27	28/34	0	111
Smith	8	8	0	0	0	0	0	54
Galloway	8	0	7	1	0	0	0	48
Warren	5	5	0	0	0	0	0	32
SEA	33	16	14	3	27/27	28/34	0	317
OPP	40	15	25	0	35/35	31/34	1	376

RUSHING	ATT	Yds	Avg	LG	TD
Warren	203	855	4.2	51	5
Smith	153	680	4.4	29	8
Mirer	33	191	5.8	33	2
SEA	442	1997	4.5	51	16
OPP	506	2098	4.1	40	15

RECEIVING	No	Yds	Avg	LG	TD
Galloway	57	987	17.3	65t	7
Blades	43	556	12.9	80t	2
Warren	40	273	6.8	33	0
Crumpler	26	258	9.9	26	0
Proehl	23	309	13.4	56	2
SEA	261	3216	12.3	80t	14
OPP	303	3624	12.0	65t	25

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Galloway	15	5	158	10.5	88t	1
R. Harris	19	10	194	10.2	35	0
SEA	34	15	352	10.4	88t	1
OPP	52	17	640	12.3	50	0

INTERCEPTIONS	No	Yds	Avg	LG	TD
D. Williams	5	148	29.6	79t	1
2 players with 3					
SEA	14	256	18.3	79t	1
OPP	17	305	17.9	63	0

PUNTING	No	Yds	Avg	NET	TB	120	LG	B
Tuten	85	3746	44.1	34.5	7	21	66	1
SEA	86	3746	43.6	34.5	7	21	66	1
OPP	76	3214	42.3	34.0	14	23	57	0

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Broussard	43	979	22.8	86	0
SEA	71	1542	21.7	86	0
OPP	72	1642	22.8	60	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Peterson	0/0	11/13	7/7	8/11	2/3
SEA	0/0	11/13	7/7	8/11	2/3
OPP	3/3	9/9	8/11	9/9	2/2

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Wells	107	82	25	1.0	4	0	2
Moss	106	77	29	1.0	4	0	0
Blackmon	102	80	22	1.0	7	3	0
D. Williams	80	67	13	0.0	11	0	1
McCrary	76	57	19	13.5	3	1	1

RECORD (FINISH): 7-9 (T4th AFC West)
HEAD COACH: Dennis Erickson (15-17, .469)
ASSISTANTS: Gregg Smith (Asst. HC/TEs), Bob Bratkowski (Off. Coord./WRs), Greg Mc Mackin (Def. Coord.), Dave Arnold (Sp. Teams), Tommy Brasher (DL), Dave Brown (Def. Coach), Keith Gilbertson (Def. Asst.), Ned James (Off. Asst.), Dana LeDuc (Strength & Cond.), Howard Mudd (OL), Rich Olson (QBs), Mike Murphy (LBs), Willy Robinson (DBs), Clarence Shelmon (RBs)
CAPTAINS: QB Rick Mirer & RB Chris Warren (Off), LB Winston Moss & LB Terry Wooden (Def), P Rick Tuten (Sp. Teams)
MVP: DT Cortez Kennedy
PRO BOWL: DT Cortez Kennedy (6), DE Michael Sinclair (1)

POS.	OFFENSE	STARTS
WR	Joey Galloway	16
LT	James Atkins	16
LG	*Pete Kendall	11
C	Kevin Mawae	16
RG	Derrick Graham	16
RT	Howard Ballard	16
TE	Carlester Crumpler	7
	Christian Fauria	9
WR	Brian Blades	9
	Ricky Proehl	7
QB	Rick Mirer	9
	John Friesz	6
	Stan Gelbaugh	1
RB	Chris Warren	14
FB	Mack Strong	8
DEFENSE		
LE	Michael Sinclair	16
LT	Sam Adams	16
RT	Cortez Kennedy	16
RE	Michael McCrary	13
SLB	Terry Wooden	9
	Michael Barber	7
MLB	Dean Wells	15
WLB	Winston Moss	16
LCB	Carlton Gray	16
RCB	Corey Harris	16
SS	Robert Blackmon	16
FS	Darryl Williams	16
SPECIAL TEAMS		
K	Todd Peterson	16
P	Rick Tuten	16

* Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	11	5	0	.688	418	313
Buffalo*	10	6	0	.625	319	266
Indianapolis*	9	7	0	.563	317	334
Miami	8	8	0	.500	339	325
NY Jets	1	15	0	.063	279	454

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	10	6	0	.625	344	257
Jacksonville*	9	7	0	.563	325	335
Cincinnati	8	8	0	.500	372	369
Houston	8	8	0	.500	345	319
Baltimore	4	12	0	.250	371	441

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	13	3	0	.813	391	275
Kansas City	9	7	0	.563	297	300
San Diego	8	8	0	.500	310	376
Oakland	7	9	0	.438	340	293
Seattle	7	9	0	.438	317	376

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	10	6	0	.625	286	250
Philadelphia*	10	6	0	.625	363	341
Washington	9	7	0	.563	364	312
Arizona	7	9	0	.438	300	397
NY Giants	6	10	0	.375	242	297

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Green Bay	13	3	0	.813	456	210
Minnesota*	9	7	0	.563	298	315
Chicago	7	9	0	.438	283	305
Tampa Bay	6	10	0	.375	221	219
Detroit	5	11	0	.313	302	368

WESTERN	W	L	T	Pct.	Pts.	Opp.
Carolina	12	4	0	.750	367	218
San Francisco*	12	4	0	.750	398	257
St. Louis	6	10	0	.375	303	409
Atlanta	3	13	0	.188	209	461
New Orleans	3	13	0	.188	229	339

1997 REVIEW (8-8)

DATE	W/L	SCORE	OPPONENTS	ATT	BY QUARTERS	1	2	3	4	OT	TOT
08/31	L	3-41	New York Jets	53,893	SEA	44	126	92	103	0	365
09/07	L	14-35	Denver	55,859	OPP	101	111	93	51	6	362
09/14	W	31-3	at Indianapolis	49,194							
09/21	W	26-22	San Diego	51,110							
09/28	*L	17-20	at Kansas City	77,877							
10/05	W	16-13	Tennessee	49,897							
10/12			BYE								
10/19	W	17-9	at St. Louis	64,819							
10/26	W	45-34	Oakland	66,264							
11/02	L	27-30	at Denver	74,212							
11/09	W	37-31	at San Diego	64,616							
11/16	*L	17-20	at New Orleans (OT)	50,493							
11/23	L	14-19	Kansas City	66,264							
11/30	L	17-24	Atlanta	52,584							
12/07	L	24-31	at Baltimore	54,395							
12/14	W	22-21	at Oakland	40,124							
12/21	W	38-9	San Francisco	66,253							

TEAM STATISTICS	SEA	OPP	RECEIVING	No	Yds	Avg	LG	TD
TOTAL FIRST DOWNS	331	286	Galloway	72	1049	14.6	53t	12
Rushing	98	96	Pritchard	64	843	13.2	61	2
Passing	207	166	Warren	45	257	5.7	20	0
Penalty	26	24	McKnight	34	637	18.7	60t	6
3rd Down: Made/Att	91/224	66/198	Crumpler	31	361	11.6	30	1
3rd Down Pct.	40.6	33.3	Br. Blades	30	319	10.6	27	2
4th Down: Made/Att	8/16	8/16	Broussard	24	143	6.0	20t	1
4th Down Pct.	50.0	50.0	Smith	23	183	8.0	22	0
POSSESSION AVG.	30:47	29:13	SEA	359	4187	11.7	61	26
TOTAL NET YARDS	5759	4849	OPP	276	3356	12.2	92	19
Avg. Per Game	359.9	303.1						
Total Plays	1049	959						
Avg. Per Play	5.5	5.1						
NET YARDS RUSHING	1800	1731						
Avg. Per Game	112.5	108.2						
Total Rushes	404	455						
NET YARDS PASSING	3959	3118						
Avg. Per Game	247.4	194.9						
Sacked/Yards Lost	36/228	42/238						
Gross Yards	4187	3356						
Att./Completions	609/359	462/276						
Completion Pct.	58.9	59.7						
Had Intercepted	21	13						
PUNTS/AVERAGE	78/40.3	74/42.0						
Net Punting Avg.	78/32.3	74/36.8						
PENALTIES/YARDS	109/911	100/820						
FUMBLES/LOST	26/11	33/16						
TOUCHDOWNS	43	38						
Rushing	13	10						
Passing	26	19						
Defensive	4	4						
Returns	0	5						
FIELD GOALS	22/28	31/34						
TOTAL POINTS	365	362						

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Moon	528	313	3678	59.3	6.97	25	4.7	16	3.0	60t	30/192	83.7
SEA	609	359	4187	58.9	6.88	26	4.3	21	3.4	61	36/228	79.7
Opp	462	276	3356	59.7	7.26	19	4.1	13	2.8	92	42/238	84.1

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Peterson	0/0	9/9	7/10	5/7	1/2
SEA	0/0	9/9	7/10	5/7	1/2
OPP	2/2	12/13	5/5	8/10	4/4

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
C. Brown	104	75	29	6.5	3	1	4
D. Williams	93	68	25	0.0	13	1	1
Wells	92	74	18	1.0	2	1	1
Be. Blades	70	58	12	1.0	2	0	0

RECORD (FINISH): 8-8 (3rd AFC West)

HEAD COACH: Dennis Erickson (23-25, .479)

ASSISTANTS: Gregg Smith (Asst. HC/OL), Bob Bratkowski (Off. Coord./WRs), Greg Mc Mackin (Def. Coord.), Dave Arnold (Sp. Teams), Tommy Brasher (DL), Dave Brown (Def. Coach), Keith Gilbertson (TEs), Ned James (Off. Asst.), Darren Krein (Asst. Str. & Cond.), Dana LeDuc (Strength. & Cond.), Howard Mudd (OL), Rich Olson (QBs), Mike Murphy (LBs), Willy Robinson (DBs), Clarence Shelmon (RBs), Jim Zorn (Off. Asst.)

CAPTAINS: QB John Friesz (Off), LB Winston Moss (Def), S Jay Bellamy (Sp. Teams)

MVP: FS Darryl Williams

PRO BOWL: DE Michael Sinclair (2), FS Darryl Williams (1)

POS.	OFFENSE	STARTS
WR	Joey Galloway	15
LT	*Walter Jones	12
LG	Pete Kendall	16
C	Kevin Graham	16
RG	Derrick Mawae	9
RT	Howard Ballard	10
R/LT	Grant Williams	8
TE	Carlester Crumpler	12
WR	Mike Pritchard	15
QB	John Friesz	1
	Warren Moon	14
	*Jon Kitna	1
RB	Chris Warren	13
FB	Mack Strong	9
DEFENSE		
LE	Michael Sinclair	16
LT	Sam Adams	15
RT	Cortez Kennedy	8
	Dan Saleaumua	9
RE	Phillip Daniels	11
LLB	Winston Moss	14
MLB	Dean Wells	16
RLB	Chad Brown	15
LCB	Shawn Springs	10
RCB	Willie Williams	16
SS	Bennie Blades	9
	Jay Bellamy	7
FS	Darryl Williams	16
SPECIAL TEAMS		
K	Todd Peterson	16
P	Rick Tuten	10
	Rohn Stark	4

* Rookie or first-year player

AFC

EASTERN	W	L	T	PCT.	PTS.	OPP.
New England	10	6	0	.625	369	289
Miami*	9	7	0	.563	339	327
NY Jets	9	7	0	.563	348	287
Buffalo	6	10	0	.375	255	367
Indianapolis	3	13	0	.188	313	401

CENTRAL	W	L	T	PCT.	PTS.	OPP.
Pittsburgh	11	5	0	.688	372	307
Jacksonville*	11	5	0	.688	394	318
Tennessee	8	8	0	.500	333	310
Cincinnati	7	9	0	.438	355	405
Baltimore	6	9	1	.406	326	345

WESTERN	W	L	T	PCT.	PTS.	OPP.
Kansas City	13	3	0	.813	375	232
Denver*	12	4	0	.750	472	287
Seattle	8	8	0	.500	365	362
Oakland	4	12	0	.250	324	419
San Diego	4	12	0	.250	266	425

NFC

EASTERN	W	L	T	PCT.	PTS.	OPP.
NY Giants	10	5	1	.656	307	265
Washington	8	7	1	.531	327	289
Philadelphia	6	9	1	.406	317	372
Dallas	6	10	0	.375	304	314
Arizona	4	12	0	.250	283	379

CENTRAL	W	L	T	PCT.	PTS.	OPP.
Green Bay	13	3	0	.813	422	282
Tampa Bay*	10	6	0	.625	299	263
Detroit*	9	7	0	.563	379	306
Minnesota*	9	7	0	.563	354	359
Chicago	4	12	0	.250	263	421

WESTERN	W	L	T	PCT.	PTS.	OPP.
San Francisco	13	3	0	.813	375	265
Carolina	7	9	0	.438	265	314
Atlanta	7	9	0	.438	320	361
New Orleans	6	10	0	.375	237	327
St. Louis	5	11	0	.313	299	359

1998 REVIEW (8-8)

DATE	W/L	SCORE	OPPONENTS	ATT	BY QUARTERS	1	2	3	4	OT	TOT
09/06	W	38-0	at Philadelphia	66,418	SEA	107	91	75	99	0	372
09/13	W	33-14	Arizona	57,678	Opp	71	73	61	105	0	310
09/20	W	24-14	Washington	63,336							
09/27	L	10-13	at Pittsburgh	58,413							
10/04	L	6-17	at Kansas City	66,418							
10/11	L	16-21	Denver	66,258							
10/18			BYE								
10/25	W	27-20	at San Diego	58,512							
11/01	L	18-31	Oakland	66,246							
11/08	W	24-12	Kansas City	66,251							
11/15	L	17-20	at Oakland	51,527							
11/22	L	22-30	at Dallas	64,142							
11/29	W	20-18	Tennessee	59,048							
12/06	L	31-32	at NY Jets	72,200							
12/13	W	38-17	SAN Diego	62,690							
12/20	W	27-23	Indianapolis	58,703							
12/27	L	21-28	at Denver	74,057							

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	267	337
Rushing	92	111
Passing	144	197
Penalty	31	29
3rd Down: Made/Att	54/195	92/236
3rd Down Pct.	27.7	39.0
4th Down: Made/Att	6/17	8/20
4th Down Pct.	35.3	40.0
POSSESSION AVG.	27:05	32:55
TOTAL NET YARDS	4626	5689
Avg. Per Game	289.1	355.6
Total Plays	940	1137
Avg. Per Play	4.9	5.0
NET YARDS RUSHING	1626	1999
Avg. Per Game	101.6	124.9
Total Rushes	426	487
NET YARDS PASSING	3000	3690
Avg. Per Game	187.5	230.6
Sacked/Yards Lost	34/219	53/282
Gross Yards	3219	3972
Att./Completions	480/273	597/343
Completion Pct.	56.9	57.5
Had Intercepted	18	24
PUNTS/AVERAGE	81/44.1	78/43.6
Net Punting Avg.	81/36.5	78/36.0
PENALTIES/YARDS	117/914	130/1157
FUMBLES/LOST	30/16	34/18
TOUCHDOWNS	45	35
Rushing	11	13
Passing	21	18
Defensive	10	3
Returns	3	1
FIELD GOALS	19/24	23/30
TOTAL POINTS	372	310

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Moon	258	145	1632	56.2	6.33	11	4.3	8	3.1	45	22/140	76.6
Kitna	172	98	1177	57.0	6.84	7	4.1	8	4.7	70t	11/72	72.3
Friesz	49	29	409	59.2	8.35	2	4.1	2	4.1	81t	1/7	82.8
SEA	480	273	3219	56.9	6.71	21	4.4	18	3.8	81t	34/219	76.4
OPP	597	343	3972	57.5	6.65	18	3.0	24	4.0	80t	53/282	71.0

SCORING	TD	RU	PA	RT	PAT	FG	S	Pts
Peterson	0	0	0	0	41/41	19/24	0	98
Galloway	12	0	10	2	0	0	0	72
Watters	9	9	0	0	0	0	0	56
Pritchard	3	0	3	0	0	0	0	20
Springs	3	0	0	3	0	0	0	18
SEA	45	11	21	13	41/41	19/24	0	372
OPP	35	13	18	4	31/31	23/30	0	310

RUSHING	ATT	YDS	AVG	LG	TD
Watters	319	1239	3.9	39t	9
A. Green	35	209	6.0	64	1
Kitna	20	67	3.4	21	1
SEA	426	1626	3.8	64	11
OPP	487	1999	4.1	70	13

RECEIVING	No	Yds	AVG	LG	TD
Galloway	65	1047	16.1	81t	10
Pritchard	58	742	12.8	50t	3
Watters	52	373	7.2	24	0
Fauria	37	377	10.2	25	2
McKnight	21	346	16.5	59t	2
Blades	15	184	12.3	47	0
SEA	273	3219	11.8	81t	21
OPP	343	3972	11.6	80t	18

PUNTING	No	Yds	AVG	NET	TB	120	LG	B
Feagles	81	3570	44.1	36.5	12	27	59	0
SEA	81	3570	44.1	36.5	12	27	50	0
OPP	78	3397	43.6	36.0	8	23	61	0

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Galloway	25	5	251	10.0	74t	2
Joseph	15	5	182	12.1	66	0
SEA	41	10	428	10.4	74t	2
OPP	33	15	371	11.2	63t	1

INTERCEPTIONS	No	Yds	AVG	LG	TD
Springs	7	142	20.3	56t	2
D. Smith	3	56	18.7	26t	2
D. Williams	3	41	13.7	28	0
Bellamy	3	40	13.3	24	0
W. Williams	2	36	18.0	28t	1
SEA	24	455	19.0	56t	8
OPP	18	220	12.2	74t	2

KICKOFF RETURNS	No	Yds	Avg	LGTD
Broussard	29	781	26.9	90t 1
A. Green	27	620	23.0	57 0
SEA	64	1510	23.6	90t 1
OPP	68	1311	19.3	35 0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Peterson	0/0	7/7	4/5	5/5	3/7
SEA	0/0	7/7	4/5	5/5	3/7
OPP	0/0	10/10	6/7	6/11	1/2

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
C. Brown	150	119	31	7.5	8	1	1
Bellamy	98	81	17	1.0	10	2	2
D. Williams	97	71	26	0.0	11	3	3
Springs	85	61	14	0.0	23	1	1
D. Smith	80	59	21	5.0	5	2	2

RECORD (FINISH): 8-8 (3rd AFC West)

HEAD COACH: Dennis Erickson (31-33, 484)

ASSISTANTS: Pete Rodriguez (Ass. HC/Special Teams), Bob Bratkowski (Off. Coord.), Greg McMackin (Def. Coord.), Tommy Brasher (Def. Line), Dave Brown (Def. Coach), Keith Gilbertson (TEs), Milt Jackson (WRs), Jim Johnson (LBs), Darren Krein (Asst. Strength & Cond.), Tim Lappano (RBs), Dana LeDuc (Strength & Cond.), Bill Meyers (Asst. Off. Line), Rich Olson (QBs), Willy Robinson (DBs), Gregg Smith (Off Line), Eric Yarber (Off. Quality Control)

CAPTAINS: QB Warren Moon, C Kevin Glover, DE Michael Sinclair, S Darryl Williams, ST Jay Bellamy,

MVP: LB Chad Brown

PRO BOWL: LB Chad Brown (2), DE Michael Sinclair (3), CB Shawn Springs (1), Cortez Kennedy (7)

Pos.	OFFENSE	STARTS
WR	Joey Galloway	16
LT	Walter Jones	16
LG	Pete Kendall	16
C	Kevin Glover	8
	Chris Gray	8
RG	Brian Habib	16
RT	Howard Ballard	16
TE	Christian Fauria	15
WR	Mike Pritchard	16
	Brian Blades	6
QB	Warren Moon	10
	Jon Kitna	5
	John Friesz	1
RB	Ricky Watters	16
FB	Mack Strong	6
	DEFENSE	
LE	Michael Sinclair	16
LT	Sam Adams	11
RT	Cortez Kennedy	15
RE	Phillip Daniels	15
OLB	Chad Brown	16
MLB	Dean Wells	7
	*DeShone Myles	7
OLB	Darrin Smith	10
	*Anthony Simmons	4
LCB	Shawn Springs	16
RCB	Willie Williams	14
SS	Jay Bellamy	16
FS	Darryl Williams	16
	SPECIAL TEAMS	
K	Todd Peterson	16
P	Jeff Feagles	16

* Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
NY Jets	12	4	0	.750	416	266
Miami*	10	6	0	.625	321	265
Buffalo*	10	6	0	.625	400	333
New England*	9	7	0	.563	337	329
Indianapolis	3	13	0	.188	310	444

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Jacksonville	11	5	0	.688	392	338
Tennessee	8	8	0	.500	330	320
Pittsburgh	7	9	0	.438	263	303
Baltimore	6	10	0	.375	269	335
Cincinnati	3	13	0	.188	268	452

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	14	2	0	.875	501	309
Oakland	8	8	0	.500	325	378
Seattle	8	8	0	.500	372	310
Kansas City	7	9	0	.438	327	363
San Diego	5	11	0	.313	241	342

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	10	6	0	.625	381	275
Arizona*	9	7	0	.563	325	378
NY Giants	8	8	0	.500	287	309
Washington	6	10	0	.375	319	421
Philadelphia	3	13	0	.188	161	344

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	15	1	0	.938	556	296
Green Bay*	11	5	0	.688	408	319
Tampa Bay	8	8	0	.500	314	295
Detroit	5	11	0	.313	306	378
Chicago	4	12	0	.250	276	368

WESTERN	W	L	T	Pct.	Pts.	Opp.
Atlanta	14	2	0	.875	442	289
San Francisco*12	4	0	.750	479	328	
New Orleans	6	10	0	.375	305	359
Carolina	4	12	0	.250	336	413
St. Louis	4	12	0	.250	285	378

1999 REVIEW (9-7; 0-1 PLAYOFFS)

DATE	W/L SCORE	OPPONENTS	ATT	SCORING	TD	RU	PA	RT	PAT	FG	S	Pts
09/12	L 20-28	Detroit	66,238	Peterson					32/32	34/40	0	134
09/19	W 14-13	at Chicago	66,944	Mays	10	0	10	0			0	60
09/26	W 29-10	at Pittsburgh	57,881	Watters	7	5	2	0			0	42
10/03	W 22-21	Oakland	66,400	Dawkins	7	0	7	0			0	42
10/17	L 10-13	at San Diego	59,432	Pritchard	2	0	2	0			0	12
10/24	W 26-16	Buffalo	66,301	SEA	34	5	25	4	32/32	34/40	0	338
11/01	W 27-7	at Green Bay	59,869	OPP	30	9	19	2	26/27	20/38	1	298
11/07	W 37-20	Cincinnati	66,303									
11/14	W 20-17	Denver	66,314									
11/21	W 31-19	at Kansas City	78,714									
11/28	L 3-16	Tampa Bay	66,314									
12/05	L 21-30	at Oakland	44,716									
12/12	L 16-19	San Diego	66,318									
12/19	L 30-36	at Denver (OT)	65,987									
12/26	W 23-14	Kansas City	66,332									
01/02	L 9-19	at New York	78,154									

POSTSEASON

01/09	L 17-20	Miami	66,170									
(AFC Wild Card Playoff)												

TEAM STATISTICS

	SEA	OPP
TOTAL FIRST DOWNS	276	313
Rushing	65	107
Passing	179	183
Penalty	32	23
3rd Down: Made/Att	68/210	89/239
3rd Down Pct.	32.4	37.2
4th Down: Made/Att	2/8	8/18
4th Down Pct.	25.0	44.4
POSSESSION AVG.	27:48	32:12
TOTAL NET YARDS	4805	5426
Avg. Per Game	300.3	339.1
Total Plays	971	1104
Avg. Per Play	4.9	4.9
NET YARDS RUSHING	1408	1934
Avg. Per Game	88.0	120.9
Total Rushes	408	484
NET YARDS PASSING	3397	3492
Avg. Per Game	212.3	218.3
Sacked/Yards Lost	38/232	38/252
Gross Yards	3629	3744
Att./Completions	525/288	582/320
Completion Pct.	54.9	55.0
Had Intercepted	16	30
PUNTS/AVERAGE	84/40.8	81/42.0
Net Punting Avg.	84/35.2	81/34.3
PENALTIES/YARDS	98/883	128/985
FUMBLES/LOST	31/17	17/6
TOUCHDOWNS	34	30
Rushing	5	9
Passing	25	19
Defensive	3	1
Returns	1	1
FIELD GOALS	19/24	23/30
TOTAL POINTS	372	310

BY QUARTERS

	1	2	3	4	OT	Tot
SEA	86	104	70	78	0	338
Opp	53	109	59	71	6	298

RUSHING	ATT	Yds	AVG	LG	TD
Watters	325	1210	3.7	45	5
Green	26	120	4.6	21	0
Kitna	35	56	1.6	10	0
R. Brown	14	38	2.7	0	0
SEA	408	1408	3.5	45	5
OPP	484	1934	4.0	71	9

RECEIVING	No	Yds	AVG	LG	TD
Mays	65	829	13.4	54t	10
Dawkins	58	992	17.1	45t	7
Watters	40	387	9.7	25	2
Fauria	35	376	10.7	25	0
R. Brown	34	228	6.7	26	1
Pritchard	26	375	14.4	51	2
Galloway	22	335	15.2	48	1
Mili	5	28	5.6	8	1
Bownes	4	68	17.0	49t	1
SEA	273	3219	11.8	81t	21
OPP	343	3972	11.6	80t	18

PUNTING	No	Yds	AVG	NET	TB	I20	LG	B
Feagles	84	3425	40.8	35.2	5	34	59	0
SEA	84	3425	40.8	35.2	5	34	59	0
OPP	81	3398	42.0	34.3	10	23	68	0

PUNT RETURNS	No	FC	Yds	AVG	LG	TD
Rogers	22	18	318	14.5	94t	1
SEA	30	24	419	14.0	94t	1
OPP	36	18	370	10.3	81t	1

INTERCEPTIONS	No	Yds	AVG	LG	TD
Springs	5	77	15.4	42	0
W. Williams	5	43	8.6	40t	1
D. Williams	4	41	10.3	21	0
Bellamy	4	4	1.0	7	0
Joseph	3	82	27.3	40	0
Hanks	2	30	15.0	23t	1
SEA	*30	336	11.2	42	2
OPP	16	210	13.1	43	0

KICKOFF RETURNS	No	Yds	AVG	LG	TD
Green	36	818	22.7	54	0
Rogers	18	465	25.8	49	0
SEA	68	1547	22.8	61	0
OPP	81	1500	18.5	39	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Peterson	1/1	10/10	8/11	14/16	1/2
SEA	1/1	10/10	8/11	14/16	1/2
OPP	1/1	9/9	8/8	9/12	3/8

PASSING	ATT	CMP	YDS	CMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Kitna	495	270	3346	54.5	6.76	23	4.6	16	3.2	51	32/198	77.7
Foley	30	18	283	60.0	9.43	2	6.7	0	0.0	49t	6/34	113.6
SEA	525	288	3629	54.9	6.91	25	4.8	16	3.0	51	38/232	79.8
OPP	582	320	3744	55.0	6.43	19	3.3	30	5.2	76t	38/252	64.1

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAc	PD	FF	FR
C. Brown	117	87	30	5.5	6	2	1
Bellamy	96	85	11	0.0	8	0	0
D. Smith	90	65	25	1.0	3	0	0
Simmons	90	55	35	0.0	2	0	0
D. Williams	78	63	15	0.0	11	0	1
Springs	74	64	10	0.0	15	0	1
Kennedy	73	61	12	6.5	15	0	1
W. Williams	72	66	6	0.0	16	0	0
Daniels	45	38	7	9.0	2	1	0

RECORD (FINISH): 9-7 (1st AFC West)

HEAD COACH: Mike Holmgren (9-7, .563)

ASSISTANTS: Mike Sherman (Offensive Coordinator/Tight Ends), Larry Brooks (Defensive Line), Jerry Colquitt (Off. Quality Control), Nolan Cromwell (Wide Receivers), Ken Flajole (Defensive Backs), Kent Johnston (Strength & Cond.), Jim Lind (Linebackers), Clayton Lopez (Def. Quality Control), Tom Lovat (Asst. Head Coach/Offensive Line), Stump Mitchell (Running Backs), Dick Roach (Def. Assistant), Pete Rodriguez (Special Teams), Mike Sheppard (Quarterbacks), Rod Springer (Asst. Strength & Cond.), Bob Zeman (Def. Assistant)

CAPTAINS: Game-to-Game

MVP: LB Chad Brown

PRO BOWL: LB Chad Brown (3), T Walter Jones (1), DT Cortez Kennedy (8)

Pos.	OFFENSE	STARTS
WR	Sean Dawkins	13
LT	Walter Jones	16
LG	Pete Kendall	16
C	Kevin Glover	6
	Chris Gray	10
RG	Brian Habib	16
RT	Grant Williams	15
TE	Christian Fauria	15
WR	Derrick Mayes	15
QB	Jon Kitna	15
RB	Ricky Watters	16
FB	Reggie Brown	8

	DEFENSE	
LE	Michael Sinclair	15
LT	Sam Adams	13
RT	Cortez Kennedy	16
RE	Phillip Daniels	16
OLB	Chad Brown	15
MLB	Anthony Simmons	16
OLB	Darrin Smith	14
LCB	Shawn Springs	16
RCB	Willie Williams	14
SS	Darryl Williams	12
FS	Jay Bellamy	16

	SPECIAL TEAMS	
K	Todd Peterson	16
P	Jeff Feagles	16

* Rookie or first-year player

AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Indianapolis	13	3	0	.813	423	333
*Buffalo	11	5	0	.688	320	229
*Miami	9	7	0	.563	326	336
NY Jets	8	8	0	.500	308	309
New England	8	8	0	.500	299	284

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Jacksonville	14	2	0	.875	396	217
*Tennessee	13	3	0	.813	392	324
Baltimore	8	8	0	.500	324	277
Pittsburgh	6	10	0	.375	317	320
Cincinnati	4	12	0	.250	283	460
Cleveland	2	14	0	.125	217	437

WESTERN	W	L	T	Pct.	Pts.	Opp.
Seattle	9	7	0	.563	338	298
Kansas City	9	7	0	.563	390	322
San Diego	8	8	0	.500	269	316
Oakland	8	8	0	.500	390	329
Denver	6	10	0	.375	314	318

NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Washington	10	6	0	.625	443	377
*Dallas	8	8	0	.500	352	276
NY Giants	7	9	0	.438	299	358
Arizona	6	10	0	.375	245	382
Philadelphia	5	11	0	.313	272	357

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Tampa Bay	11	5	0	.688	270	235
*Minnesota	10	6	0	.625	399	335
*Detroit	8	8	0	.500	322	323
Green Bay	8	8	0	.500	357	341
Chicago	6	10	0	.375	272	341

WESTERN	W	L	T	Pct.	Pts.	Opp.
St. Louis	13	3	0	.813	526	242
Carolina	8	8	0	.500	421	381
Atlanta	5	11	0	.313	285	380
San Francisco	4	12	0	.250	295	453
New Orleans	3	13	0	.188	260	434

2000 REVIEW (6-10)

DATE	W/L	SCORE	OPPONENTS	ATT	SCORING	TD	RU	PA	Rt	PAT	FG	S	Pts
09/03	L	0-23	at Miami	72,949	Lindell					25/25	15/17	0	70
09/10	L	34-37	St. Louis	64,869	Watters	9	7	2	0			0	54
09/17	W	20-10	New Orleans	59,513	Jackson	6	0	6	0			0	36
09/24	W	20-12	at San Diego	47,233	Dawkins	5	0	5	0			0	30
10/02	L	17-24	at Kansas City	82,893	Heppner TM	0	0	0	0	8/8	6/9	0	26
10/08	L	3-26	at Carolina	72,192	SEA	37	10	21	6	33/33	21/26	1	1320
10/15	L	24-37	Indianapolis	63,593	OPP	46	20	23	3	45/45	28/33	0	405
10/22	L	3-31	at Oakland	57,490									
10/29	L	19-24	Kansas City	62,141									
11/05	W	17-15	San Diego	59,884									
11/12	W	28-21	at Jacksonville	68,063									
11/26	L	31-38	Denver	68,661									
12/03	W	30-10	at Atlanta	44,680									
12/10	L	24-31	at Denver	75,218									
12/16	W	27-24	Oakland	68,681									
12/23	L	23-42	Buffalo	61,025									

TEAM STATISTICS	SEA	OPP
TOTAL FIRST DOWNS	281	331
Rushing	98	126
Passing	168	185
Penalty	15	20
3rd Down: Made/Att	83/205	89/201
3rd Down Pct.	40.5	44.3
4th Down: Made/Att	7/14	1/7
4th Down Pct.	50.0	14.3
POSSESSION AVG.	27:31	32:29
TOTAL NET YARDS	4680	6391
Avg. Per Game	292.5	399.4
Total Plays	956	1019
Avg. Per Play	4.9	6.3
NET YARDS RUSHING	1720	2454
Avg. Per Game	107.5	153.4
Total Rushes	403	503
NET YARDS PASSING	2960	3937
Avg. Per Game	185.0	246.1
Sacked/Yards Lost	46/238	27/152
Gross Yards	3198	4089
Att./Completions	507/308	489/309
Completion Pct.	60.7	63.2
Had Intercepted	21	17
PUNTS/AVERAGE	75/39.5	62/41.5
Net Punting Avg.	75/36.9	62/33.3
PENALTIES/YARDS	89/728	96/694
FUMBLES/LOST	35/17	28/12
TOUCHDOWNS	37	46
Rushing	10	20
Passing	21	23
Defensive	5	3
Returns	1	0
FIELD GOALS	21/26	28/33
TOTAL POINTS	320	405

BY QUARTERS	1	2	3	4	OT	TOT
SEA	70	100	59	91	0	320
Opp	96	140	71	98	0	405

RUSHING	ATT	Yds	Avg	LG	TD
Watters	278	1242	4.5	55	7
Alexander	64	313	4.9	50	2
Kitna	48	127	2.6	13	1
Huard	5	29	5.8	10	0
SEA	403	1720	4.3	55	10
OPP	503	2454	4.9	80t	20

RECEIVING	No	Yds	Avg	LG	TD
Dawkins	63	731	11.6	40	5
Watters	63	613	9.7	59	2
Jackson	53	713	13.5	71	6
Mayes	29	264	9.1	40	1
Mili	28	288	10.3	34	3
Fauria	28	237	8.5	16	2
Strong	23	141	6.1	24	1
J. Williams	8	99	12.4	18	0
Bailey	6	62	10.3	22	1
Alexander	5	41	8.2	18	0
SEA	308	3198	10.4	71	21
OPP	309	4089	13.2	73	23

PUNTING	No	Yds	Avg	NET	TB	120	LG	B
Feagles	74	2960	40.0	36.9	2	24	57	1
SEA	75	2960	39.5	36.9	2	24	57	1
OPP	62	2571	41.5	33.3	6	21	69	0

PUNT RETURNS	No	FC	Yds	Avg	LG	TD
Rogers	26	12	363	14.0	43	0
SEA	30	14	384	12.8	43	0
OPP	32	18	151	4.7	22	0

INTERCEPTIONS	No	Yds	Avg	LG	TD
Bellamy	4	132	33.0	84t	1
W. Williams	4	74	18.5	69t	1
Simmons	2	15	7.5	8	0
Springs	2	8	4.0	8	0
Koonce	1	27	27.0	27t	1
SEA	17	300	17.6	84t	3
OPP	21	191	9.1	79t	2

KICKOFF RETURNS	No	Yds	Avg	LG	TD
Rogers	66	1629	24.7	81t	1
SEA	80	1932	24.2	81t	1
OPP	64	1236	19.3	39	0

FIELD GOALS	1-19	20-29	30-39	40-49	50+
Lindell	0/0	4/5	1/1	7/8	3/3
Heppner TM	1/1	2/2	1/3	2/2	0/1
SEA	1/1	6/7	2/4	9/10	3/4
OPP	1/1	11/12	7/9	9/9	0/2

PASSING	ATT	COMP	YDS	COMP%	YDS/ATT	TD	TD%	INT	INT%	LG	SACKED	RATING
Kitna	418	259	2658	62.0	6.36	18	4.3	19	4.5	71	33/168	75.6
Huard	87	49	540	56.3	6.21	3	3.4	2	2.3	45	13/72	76.8
SEA	507	308	3198	60.7	6.31	21	4.1	21	4.1	71	46/238	75.5
OPP	489	309	4089	63.2	8.36	23	4.7	17	3.5	73	27/152	90.8

DEFENSIVE STATISTICS

PLAYER	T	S	A	SAC	PD	FF	FR
Simmons	147	119	28	4.0	2	2	0
Koonce	97	73	24	1.5	5	0	1
C. Brown	94	71	23	6.0	3	2	3
Bellamy	87	69	18	2.0	8	2	0
Springs	85	72	13	0.0	14	1	0
W. Williams	60	51	9	1.0	11	1	1
Joseph	58	45	13	0.0	4	0	0
Kennedy	50	32	18	1.0	9	0	0
King	48	42	6	6.0	3	0	0

RECORD (FINISH): 6-10 (4th AFC West)

HEAD COACH: Mike Holmgren (15-17, .469)

ASSISTANTS: Gil Haskell (Offensive Coordinator), Steve Sidwell (Defensive Coordinator), Larry Brooks (DL), Jerry Colquitt (Off. Quality Control), Nolan Cromwell (Wide Receivers), Ken Flajole (Linebackers), Johnny Holland (Asst. Special Teams/Stength & Cond.), Kent Johnston (Strength & Cond.), Jim Lind (Tight Ends), Clayton Lopez (Def. Quality Control), Tom Lovat (Asst. Head Coach/Offensive Line), Stump Mitchell (Running Backs), Dick Roach (Defensive Backs), Pete Rodriguez (Special Teams), Mike Sheppard (Quarterbacks), Rod Springer (Asst. Strength & Cond.)

CAPTAINS: Game-to-Game

LARGENT AWARD: RB Ricky Watters

PRO BOWL: None

POS.	OFFENSE	STARTS
WR	Sean Dawkins	16
LT	Walter Jones	16
LG	Pete Kendall	16
C	Chris Gray	16
RG	Floyd Wedderburn	16
RT	Chris McIntosh	10
TE	Christian Fauria	10
WR	Darrell Jackson*	10
	Derrick Mayes	8
QB	Jon Kitna	12
	Brock Huard	4
RB	Ricky Watters	16
FB	Mack Strong	12

	DEFENSE	
LE	Michael Sinclair	16
LT	Riddick Parker	16
RT	Cortez Kennedy	16
RE	Lamar King	16
OLB	Chad Brown	16
MLB	George Koonce	16
OLB	Anthony Simmons	16
LCB	Shawn Springs	16
RCB	Willie Williams	15
SS	Kerry Joseph	10
	Reggie Tongue	6
FS	Jay Bellamy	16
	SPECIAL TEAMS	
K	Rian Lindell*	12
P	Jeff Feagles	16

* Rookie or first-year player

AFC

	W	L	T	Pct.	Pts.	Opp.
*Miami	11	5	0	.588	323	226
*Indianapolis	10	6	0	.625	429	326
NY Jets	9	7	0	.563	321	321
Buffalo	8	8	0	.500	315	350
New England	5	11	0	.312	276	338

	W	L	T	Pct.	Pts.	Opp.
*Tennessee	13	3	0	.812	346	191
*Baltimore	12	4	0	.750	333	165
Pittsburgh	9	7	0	.563	321	255
Jacksonville	7	9	0	.438	367	327
Cincinnati	4	12	0	.250	185	359
Cleveland	3	13	0	.188	161	419

	W	L	T	Pct.	Pts.	Opp.
*Oakland	12	4	0	.750	479	299
*Denver	11	5	0	.688	485	369
Kansas City	7	9	0	.438	355	354
Seattle	6	10	0	.375	320	405
San Diego	1	15	0	.062	269	440

NFC

	W	L	T	Pct.	Pts.	Opp.
*NY Giants	12	4	0	.750	328	246
*Philadelphia	11	5	0	.688	351	245
Washington	8	8	0	.500	281	269
Dallas	5	11	0	.312	294	361
Arizona	3	13	0	.188	210	443

	W	L	T	Pct.	Pts.	Opp.
*Minnesota	11	5	0	.688	397	371
*Tampa Bay	10	6	0	.625	388	269
Green Bay	9	7	0	.562	353	323
Detroit	9	7	0	.562	307	307
Chicago	5	11	0	.312	216	355

	W	L	T	Pct.	Pts.	Opp.
*New Orleans	10	6	0	.625	354	305
*St. Louis	10	6	0	.625	540	471
Carolina	7	9	0	.438	310	310
San Francisco	6	10	0	.375	388	422
Atlanta	4	12	0	.250	252	413

COACHES ALL-TIME ROSTER

<u>NAME</u>	<u>RESPONSIBILITY</u>	<u>YEARS</u>	<u>COLLEGE</u>
Arnold, Dave	Special Teams	1995-97	Drake
Becker, John	Off. Coord./WRs	1989-91	Cal State-Northridge
Boghosian, Sam	Off. Coord./OL	1976-77	UCLA
Brasher, Tommy	Defensive Line	1992-98	Arkansas
Bratkowski, Bob	Wide Receivers	1992-94	Washington State
	Offensive Coord./WRs	1995-97	
	Offensive Coordinator	1998	
Brooks, Larry	Defensive Line	1999-	Virginia State
Brown, Dave	Defensive Coach	1992-98	Michigan
Catlin, Tom	Asst. Head Coach/LBs/Def. Coord.	1983-91	Oklahoma
	Assistant Head Coach/Defense	1992	
	Assistant Head Coach	1993	
	Quality Control	1994-95	
Christensen, Jack	Defensive Backs	1978-82	Colorado State
Colquitt, Jerry	Offensive Quality Control	1999-	Tennessee
Cromwell, Nolan	Wide Receivers	1999-	Kansas
Dyer, George	Defensive Line	1983-91	Cal-Santa Barbara
Erickson, Dennis	Head Coach	1995-98	Montana State
Flajole, Ken	Defensive Backs	1999, 2001-	Pacific Lutheran
	Linebackers	2000	
Flores, Tom	Head Coach	1992-94	Pacific
Gilbertson, Keith	Defensive Assistant	1996	Cent. Washington
	Tight Ends	1997-98	
Harris, Chick	Running Backs	1983-91	Northern Arizona
Haskell, Gil	Offensive Coordinator	2000-	San Francisco State
Hawkins, Ralph	Defensive Backs	1983-88	Maryland
Holland, Johnny	Asst. Special Teams & Strength	2000	Texas A&M
	Linebackers	2001-	
Hollway, Bob	Defensive Coordinator/DBs	1976-77	Michigan
Houck, Hudson	Offensive Line	1992	Southern California
Jackson, Milt	Wide Receivers	1998	Tulsa
James, Ned	Offensive Assistant	1995-96	New Mexico
	Defensive Assistant	1997	
	Linebackers	1998	
Johnson, Jim			Missouri
Johnston, Kent	Strength & Conditioning	1999-	Stephen F. Austin
Kenan, Larry	Offensive Coordinator/QBs	1992-94	LaVerne
Knox, Chuck	Head Coach	1983-91	Juniata
Krein, Darren	Assistant Strength & Cond.	1997-98	Miami
Lappano, Tim	Running Backs	1998	Idaho
Lauterbur, Frank	Defensive Line	1982	Mt. Union
LeDuc, Dana	Strength & Conditioning	1995-98	Texas
Leggett, Earl	Defensive Line	1976-77	Louisiana State
Lind, Jim	Linebackers	1999	Bemidji (Minn.) State
	Tight Ends	2000-	
Lopez, Clayton	Defensive Quality Control	1999-	Nevada
Lovat, Tom	Offensive Line	1999-	Utah
MacDonald, Andy	Running Backs	1976-82	Central Michigan
Matsumoto, Arnie	Staff Assistant	1989-95	Lewis and Clark
McCormack, Mike	Head Coach	1982	Kansas
McMackin, Greg	Defensive Coordinator	1995-98	So. Oregon State
Meyer, Ken	Quarterbacks	1983-91	Denison
Meyers, Bill	Assistant Offensive Line	1998	Stanford
Michaels, Mark	Asst. Special Teams	2001-	Connecticut
Mitchell, Stump	Running Backs	1999-	Citadel
Moore, Steve	Wide Receivers	1983-85	Cal-Santa Barbara
	Offensive Coordinator/WRs	1986-88	
	Defensive Line	1978-81	
Mora, Jim	Special Assignments	1990-91	Occidental
Moyer, Paul	DBs/Asst. Special Teams	1992-94	Arizona State
	Offensive Line	1978-82	
		1993-97	
Mudd, Howard		1995-97	Hillsdale
	Linebackers	1995-97	
Murphy, Mike	Quarterbacks	1995-98	Huron
Olson, Rich	Quarterbacks	1995-98	Washington State
Patera, Jack	Head Coach	1976-82	Oregon

<u>NAME</u>	<u>RESPONSIBILITY</u>	<u>YEARS</u>	<u>COLLEGE</u>
Peccatiello, Larry	Linebackers	1976-77	William and Mary
	Defensive Coordinator/LBs	1978-80	
Perry, Rod	Defensive Backs	1989-91	Colorado
Prochaska, Ray	Offensive Coordinator/OL	1983-85	Nebraska
Purnell, Russ	Special Assignments	1986	Whittier
	TEs/Asst. Special Teams	1987-91	
	TEs/Special Teams	1992-94	
Raines, Frank	Strength & Conditioning	1990-94	George Mason
Rhyme, Jerry	QB's/WR's/TEs	1976-77	Tulsa
	Offensive Coord./QB's/WR's/TEs	1978-79	
	Offensive Coord./QB's/WR's	1979-82	
Roach, Dick	Defensive Assistant	1999-2000	Black Hills State
Robinson, Willy	Defensive Backs	1995-98	Fresno State
Rodriguez, Pete	Asst. Head Coach/Special Teams	1998	Western St. (Colorado)
	Special Teams Coordinator	1999-	
Shelmon, Clarence	Running Backs	1992-97	Houston
Sheppard, Mike	Quarterbacks	1999-2000	California Lutheran
Sherman, Mike	Offensive Coordinator	1999	Central Connecticut State
Shurmur, Fritz	Defensive Coordinator	1999	Albion College (Michigan)
Sidwell, Steve	Defensive Coordinator	2000-	Colorado
Simpson, Jackie	Defensive Coord./LBs	1981-82	Mississippi
Smith, Gregg	Assistant Head Coach/TEs	1995-96	Idaho
	Asst. Head Coach/Offensive Line	1997	
	Offensive Line	1998	
Springer, Rod	Assistant Strength & Cond.	1999-	Tarleton State
Stephenson, Kent	Offensive Line	1985-91	Northern Iowa
Tillman, Rusty	Special Teams	1979-82	Northern Arizona
	Special Teams/TEs	1983-86	
	Special Teams/LBs	1987-91	
	Defensive Coordinator./LBs	1992-94	
	Special Assignments	1982-91	Towson State
Vitt, Joe	Offensive Quality Control	1998	Idaho
Yarber, Eric	Offensive Assistant	1997	Cal Poly-Pomona
Zorn, Jim	Quarterbacks Coach	2001	

ALL-TIME ROSTER

A

<u>PLAYER</u>	<u>POSITION</u>	<u>YEARS</u>	<u>GP</u>	<u>GS</u>	<u>COLLEGE</u>
Abramowitz, Sid	T	1984	4	0	Tulsa
Adams, Sam	DT-DE	1994-99	89	66	Texas A&M
Adams, Theo	T	1992	10	0	Hawaii
Adkins, Sam	QB	1977-82	10	0	Wichita State
Agee, Tommie	FB	1988	16	0	Auburn
Ahrens, Dave	LB	1990	10	3	Wisconsin
Aiu, Charlie	G	1978	1	0	Hawaii
Alexander, Shaun	RB	2000-	16	1	Alabama
Allen, Harvey	S	1987	2	2	Nevada-Las Vegas
Allert, Ty	LB	1990	1	0	Texas
Allred, Brian	CB	1993-94	4	0	Sacramento State
Alvarez, Wilson	K	1981	4	0	S.E. Louisiana
Anderson, Eddie	S	1986	5	0	Fort Valley State
Anderson, Fredell	DE	1980-82	22	6	Prairie View
Andrews, Ricky	LB	1990	15	0	Washington
Andrews, Tom	C-G	1987	2	2	Louisville
Atkins, James	T-G	1994-97	49	37	S.W. Louisiana
August, Steve	T	1977-84	97	90	Tulsa

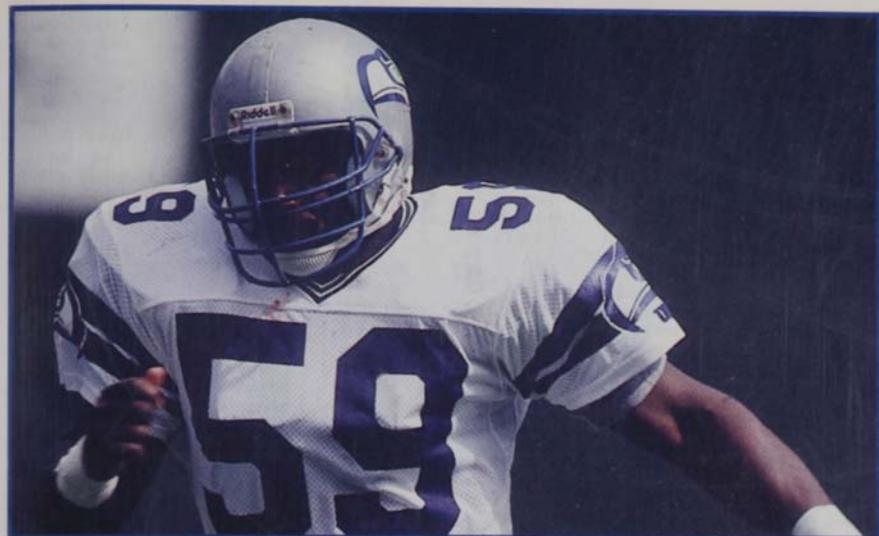
B

Bachman, Ted	CB	1976	5	0	New Mexico State
Baham, Curtis	CB	1987	3	0	Tulane
Bailey, Edwin	G-T	1981-91	139	120	South Carolina State
Bailey, Karsten	WR	1999-	11	0	Auburn
Ballard, Howard	T	1994-98	74	74	Alabama A&M
Barbay, Roland	NT	1987	5	0	Louisiana State
Barber, Michael	LB	1995-97	21	9	Clemson
Barisich, Carl	DE	1976	14	7	Princeton
Barr, Robert	T	1996	*0	0	Rutgers
Bates, Michael	WR	1993-94	31	1	Arizona

Beamon, Austry	S	1977-79	45	39	East Texas State
Bebout, Nick	T	1976-79	56	55	Wyoming
Beede, Frank	G	1996-	46	8	Panhandle State
Beeson, Terry	LB	1977-81	77	67	Kansas
Bell, Coleman	TE	1996	*0	0	Miami
Bell, Marcus	LB	2000-	16	0	Arizona
Bell, Mark	TE-DE	1979-80, 82	41	2	Colorado State
Bellamy, Jay	S	1994-2000	98	55	Rutgers
Bengen, Brant	WR	1987	3	0	Idaho
Benjamin, Tony	FB	1977-79	28	1	Duke
Berry, Ray	LB	1993	8	2	Baylor
Berti, Tony	G-T	1998	*0	0	Colorado
Bickett, Duane	LB	1994-95	22	1	Southern California
Bitterlich, Don	K	1976	3	0	Temple
Blackmon, Robert	S	1990-96	106	96	Baylor
Blackshear, Jeff	G	1993-95	47	21	Northeast Louisiana
Blackwood, Lyle	S	1976	11	0	Texas Christian
Blades, Bennie	S	1997	10	9	Miami
Blades, Brian	WR	1988-98	156	122	Miami
Bloedorn, Greg	G	1997-99	12	0	Cornell
Blue, Anthony	CB	1987	3	0	Nevada-Las Vegas
Bolcar, Ned	LB	1990	5	0	Notre Dame
Bolton, Andrew	RB	1976	5	2	Fisk
Borchardt, Jon	G-T	1985-87	42	4	Montana State
Bosworth, Brian	LB	1987-89	24	24	Oklahoma
Bouyer, Willie	WR	1989-90	1	0	Michigan State
Bowman, Barry	P	1987	1	0	Louisiana Tech
Bownes, Fabien	WR	1999-	31	0	Western Illinois
Boyd, Dennis	DE-DT-T	1977-79, 81-82	59	27	Oregon State
Boyd, Jerome	LB	1983	5	0	Oregon State
Bradley, Ed	LB	1976	14	14	Wake Forest
Brandon, David	LB	1993-94	20	0	Memphis State
Brizl, Darrick	G-C	1989-93	78	44	Oregon State
Brinson, Larry	RB	1980	8	0	Florida
Brock, Lou	CB	1988	1	0	Southern California
Broussard, Steve	RB	1995-98	58	2	Washington State
Brown, Arnold	CB	1987	2	0	No. Carolina Central
Brown, Chad	LB	1997-	62	62	Colorado
Brown, Dave	S-CB	1976-86	159	159	Michigan
Brown, Reggie	FB	1996-	62	10	Fresno State
Brown, Theotis	RB	1981-83	22	7	UCLA
Brown, Tony	CB	1994-95	29	5	Fresno State
Brown, Travis	QB	2000-	1	0	Northern Arizona
Bryant, Beno	RB	1994	2	0	Washington
Bryant, Cullen	FB	1983-84	19	5	Colorado
Bryant, Jeff	DE-DT	1982-93	175	167	Clemson
Bullard, Louis	T	1978-80	36	15	Jackson State
Burnham, Tim	T	1987-88	3	3	Washington
Burse, Tony	FB	1987	12	0	Middle Tennessee St.
Bush, Blair	C	1983-88	82	78	Washington
Butler, Chuck	LB	1984	8	0	Boise State
Butler, Hillary	LB	1998	7	0	Washington
Butler, Keith	WR	1978-87	146	132	Memphis State
Butler, Ray	WR	1985-88	41	8	Southern California

C

Cain, Joe	LB	1989-92, 97	68	13	Oregon Tech
Caldwell, Tony	LB	1987	1	1	Washington
Campbell, Jack	T	1982	1	0	Utah
Canty, Chris	CB	1999-2000	26	2	Kansas State
Carr, Roger	WR	1982	9	2	Louisiana Tech
Castor, Chris	WR	1983-84	23	0	Duke
Chadwick, Jeff	WR	1989-91	39	0	Grand Valley State
Charlton, Ike	CB	2000-	16	0	Virginia Tech
Childs, Jason	G	1993	*0	0	North Dakota
Clancy, Sam	DE	1983	13	0	Pittsburgh
Clark, Bernard	LB	1991	2	0	Miami
Clark, Greg	LB	1992	12	0	Arizona State
Clark, Louis	WR	1987-92	55	15	Mississippi State
Clarke, Ken	NT	1988	16	1	Syracuse
Clune, Don	WR	1976	9	1	Penn
Cochran, Antonio	DT	1999-	20	0	Georgia
Coder, Ron	G	1976-77, 79	43	19	Penn State
Coffield, Randy	LB	1976	13	0	Florida State
Collins, Greg	LB	1976	13	0	Notre Dame
Collins, Mark	S	1998	9	0	Cal State Fullerton
Coleman, Andre	WR	1997	2	0	Kansas State
Colquitt, Jimmy	P	1985	2	0	Tennessee



Linebacker Joe Cain enjoyed two stints with the Seahawks, 1989-92 and 1997.

Comeaux, Darren	LB	1988-91	50	39	Arizona State
Cooke, Bill	DE-DT	1978-80	34	3	Massachusetts
Corley, Chris	TE	1987	1	0	South Carolina
Cortes, Julio	LB	1987	3	3	Miami
Cotton, Marcus	LB	1991	3	0	Southern California
Covington, Tony	S	1995	11	0	Virginia
Cowlings, Al	DE	1976	1	0	Southern California
Crawford, Rufus	RB	1978	16	0	Virginia State
Croel, Mike	DE	1998	11	0	Nebraska
Cronan, Peter	LB	1977-79, 81	50	3	Boston College
Crumpler, Carlester	TE	1994-98	69	31	East Carolina
Cryder, Bob	T	1984-86	32	25	Alabama
Cunningham, Ed	C	1996	11	3	Washington
Cunningham, T.J.	S	1996	9	0	Colorado
Curtis, Mike	LB	1976	14	14	Duke

D

Daniels, David	WR	1991-92	29	1	Penn State
Daniels, Phillip	DE	1996-99	60	41	Georgia
Darby, Alvis	TE	1976	1	0	Florida
Darche, Jean-Philippe	LS	2000-	16	0	McGill (Canada)
Davis, Anthony	LB	1993	10	0	Utah
Davis, Brian	CB	1991-92	29	2	Nebraska
Davis, Fred	CB	1987	1	1	Western Carolina
Davis, Harlan	CB	1991	0	0	Tennessee
Davis, Tyree	WR	1997	14	1	Central Arkansas
Dawkins, Sean	WR	1999-2000	32	29	California
Dean, Vernon	S	1988	16	0	San Diego State
Dee, Donnie	TE	1989	3	3	Tulsa
Demarie, John	G	1976	9	8	Louisiana State
DeVita, Rob	LB	1987	1	0	Illinois Benedictine
Dion, Terry	DE	1980	9	2	Oregon
Dixon, Zachary	RB	1983-84	26	2	Temple
Dodge, Dedrick	S	1991-92	25	0	Florida State
Donaldson, Ray	C	1993-94	32	32	Georgia
Donnelly, Rick	P	1990-91	19	0	Wyoming
Doornink, Dan	FB-RB	1979-85	92	44	Washington State
Dorning, Dale	DE	1987	3	3	Oregon
Dorris, Andy	DE	1977	4	1	New Mexico State
Dove, Wes	DE	1987	2	0	Syracuse
Duckett, Forey	S	1994	2	0	Nevada
Dufek, Don	S	1976-77, 79-84	95	6	Michigan
Dugan, Bill	G	1981-83	40	5	Penn State

E

Easley, Kenny	S	1981-87	89	87	UCLA
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East, Ron	DT	1977	14	14	Montana State
Edmonds, Bobby Joe	RB	1986-88	42	0	Arkansas
Edmunds, Ferrell	TE	1993-94	23	23	Maryland
Edwards, Antonio	DE	1993-97	51	24	Valdosta State
Edwards, Randy	DE-NT	1984-87	52	4	Alabama
Eisenhooth, John	NT	1987	1	0	Lock Haven
Eisenhooth, Stan	C	1987-88	13	0	Towson State
Eller, Carl	DE	1979	16	8	Minnesota
Eloms, Joey	CB	1998-99	6	0	Indiana
Engles, Rick	P	1976-77	15	0	Tulsa
Essink, Ron	T	1980-85	83	70	Grand Valley State
Evans, Norm	T	1976-78	38	25	Texas Christian
Evans, Russell	WR	1987	1	0	N.E. Missouri State

F

Fairbanks, Don	DE	1987	3	3	Colorado
Fanning, Mike	DE	1984	16	0	Notre Dame
Farrell, Sean	G	1992	6	0	Penn State
Fauria, Christian	TE	1995-	89	61	Colorado
Feagles, Jeff	P	1998-	48	0	Miami
Feasel, Grant	C	1987-93	91	51	Abilene Christian
Fenner, Derrick	RB	1989-91	32	23	North Carolina
Ferguson, Duke	WR	1977-79	33	8	San Diego State
Fifer, Bill	T	1979	*0	0	West Texas State
Fields, Scott	LB	1999	2	0	Southern California
Finzer, Dave	P	1985	12	0	DePauw
Flones, Brian	LB	1981-82	13	0	Washington State
Foley, Glenn	QB	1999	2	1	Boston College
Frank, Malcolm	CB	1992	15	0	Baylor
Franklin, Byron	WR	1985-87	33	1	Auburn
Franklin, Jethro	DE	1989	7	1	Fresno State
French, Rufus	TE	1999-	0	0	Mississippi
Frier, Mike	DT	1994	2	0	Appalachian State
Friesz, John	QB	1995-98	21	11	Idaho
Fuller, Randy	CB	1999	2	0	Tennessee State

G

Gaines, Greg	LB	1981, 83-88	88	43	Tennessee
Galloway, Joey	WR	1995-99	71	67	Ohio State
Gamache, Vince	P	1986	16	0	Cal State-Fullerton
Garcia, Frank	P	1981	1	0	Arizona
Geddes, Ken	LB	1976-78	36	25	Nebraska
Gelbaugh, Stan	QB	1992-96	13	9	Maryland
Gilbert, Gale	QB	1985-86	25	2	California
Glasgow, Nesby	S	1988-92	77	30	Washington
Glaze, Charles	CB	1987	3	2	South Carolina State
Glover, Kevin	C	1998-99	14	14	Maryland
Godfrey, Chris	G	1988	9	2	Michigan
Graff, Neil	QB	1976	*0	0	Wisconsin
Graham, David	DE-NT	1982, 1987	6	2	Morehouse
Graham, Derrick	G	1996-97	25	25	Appalachian State
Graham, Jeff	QB	1993-94	*0	0	Long Beach State
Grant, Will	C	1986	7	6	Kentucky
Gray, Carlton	CB	1993-96	53	45	UCLA
Gray, Chris	G/C	1998-	47	34	Auburn
Gray, Oscar	FB	1996-97	9	0	Arkansas
Green, Ahman	RB	1998-99	30	0	Nebraska
Green, Boyce	RB	1987	2	2	Carson-Newman
Green, Jacob	DE	1980-91	178	176	Texas A&M
Green, Jessie	WR	1979-80	23	0	Tulsa
Green, Paul	TE	1992-94	35	23	Southern California
Green, Sammy	LB	1976-79	60	44	Florida
Green, Tony	KR	1979	11	0	Florida
Greene, Andrew	G	1998	4	0	Indiana
Greene, Danny	WR	1985	4	0	Washington
Gregory, Bill	DE-DT	1978-80	47	43	Wisconsin
Griffith, Russell	P	1987	2	0	Weber State

H

Habib, Brian	G	1998-99	32	32	Washington
Hackett, Dino	LB	1993	3	0	Appalachian State
Hagen, Mike	FB	1987	2	1	Montana
Hagler, Scott	K	1987	2	0	South Carolina
Hanks, Merton	S	1999	12	2	Iowa
Hanousek, Matt	T-G	1987	3	3	Utah State
Hansen, Don	LB	1976	2	0	Illinois

Hardy, Andre	FB	1985	3	1	St. Mary's
Hardy, Darryl	LB	1997	2	0	Tennessee
Hardy, Robert	DT	1979-82	54	53	Jackson State
Harmon, Kevin	RB	1988-89	9	0	Iowa
Harper, Dwayne	CB	1988-93	94	76	South Carolina State
Harris, Corey	CB	1995-96	32	32	Vanderbilt
Harris, Elroy	RB	1989	14	0	Eastern Kentucky
Harris, Franco	FB	1984	8	6	Penn State
Harris, John	S	1978-85	119	112	Arizona State
Harris, Richard	DE-DT	1976-77	28	24	Grambling
Harris, Ronnie	WR	1994-98	44	0	Oregon
Harrison, Martin	DE	1997	8	0	Washington
Hart, Roy	NT	1988-89	16	1	South Carolina
Hauck, Tim	S	1997	16	0	Montana
Hayes, Eric	DT	1990-91	21	3	Florida State
Heck, Andy	T-G	1989-93	77	70	Notre Dame
Heller, Ron	TE	1990, 1992	32	16	Oregon State
Heppner, Kris	K	2000	4	0	Montana
Hernandez, Matt	T	1983	8	1	Purdue
Herrera, Efren	K	1978-81	60	0	UCLA
Hicks, Mark	LB	1983	10	1	Arizona State
Hill, James	TE	2000-	10	0	Abilene Christian
Hilliard, John	DE	2000-	5	0	Mississippi State
Hines, Andre	T	1980	9	0	Stanford
Hire, Doug	C	1987	3	1	Linfield
Hitchcock, Bill	T-G	1991-94	51	39	Purdue
Hoaglin, Fred	C	1976	13	7	Pittsburgh
Hobbs, Daryl	WR	1997	10	0	Pacific
Hollie, Doug	DE	1987-88	5	0	Southern Methodist
Hollis, David	CB-S	1987-89	27	0	Nevada-Las Vegas
Howard, Ron	TE	1976-78	42	36	Seattle
Huard, Brock	QB	1999-	5	4	Washington
Hudson, Gordon	TE	1986	16	4	Brigham Young
Hughes, David	FB	1981-85	69	27	Boise State
Hughes, Van D	T	1987	1	1	Southwest Texas State
Hunter, Al	RB-FB	1977-80	53	5	Notre Dame
Hunter, John	G	1992	5	3	Brigham Young
Hunter, Patrick	CB	1986-94	120	99	Nevada-Reno
Hyde, Glenn	C	1986	3	0	Pittsburgh

I

Innocent, Dou	WR	1996	4	0	Mississippi
Irvin, Darrell	DE	1983	16	0	Oklahoma
Ivory, Horace	RB	1981-82	12	0	Oklahoma

J

Jackson, Darrell	WR	2000-	16	10	Florida
Jackson, Harold	WR	1983	15	6	Jackson State
Jackson, Joe	LB	1987	3	0	San Francisco State
Jackson, Michael	LB	1979-86	105	78	Washington
Jackson, Terry	CB	1984-85	32	0	San Diego State
James, Toran	LB	1998	#0	0	North Carolina A&T
Jefferson, James	CB	1989-93	58	3	Texas A&I
Jenkins, Marcus	G	2000	#0	0	Central Florida
Jenkins, Melvin	CB	1987-90	60	20	Cincinnati
Jodan, Jim	FB	1980-81	28	18	Carthage
Johns, Paul	WR	1981-84	40	18	Tulsa
Johnson, Dustin	FB	1999	1	0	Brigham Young
Johnson, Gregory	CB	1981-83, 86	56	3	Oklahoma State
Johnson, Johnnie	S	1989	3	1	Texas
Johnson, M.L.	LB	1987-89	37	9	Hawaii
Johnson, Norm	K	1982-90	134	0	UCLA
Johnson, Tracy	FB	1992-95	63	15	Clemson
Jolley, Gordon	G-T	1976-77	26	15	Utah
Jones, Ernie	CB	1976	9	3	Miami
Jones, Horace	DE	1977	1	0	Louisville
Jones, James	FB	1989-92	50	7	Florida
Jones, Mike	LB	1977	12	0	Jackson State
Jones, Mike	TE	1992	4	1	Texas A&M
Jones, Rod	TE	1989	4	0	Washington
Jones, Selwyn	CB	1995-96	31	1	Colorado State
Jones, Walter	T	1997-	60	60	Florida State
Jordan, Charles	WR	1999	4	1	Long Beach City
Joseph, Kerry	S	1998-	48	14	McNeese State
Joyce, Matt	G	1995	16	13	Richmond
Juma, Kevin	WR	1987	3	2	Idaho
Junior, E.J.	LB	1992-93	9	0	Alabama

Junkin, Trey	TE	1990-95	92	2	Louisiana Tech
Justin, Kerry	CB	1978-83, 86-87	105	35	Oregon State

K

Kacyvenski, Isaiah	LB	2000-	16	0	Harvard
Kaiser, John	LB	1984-86	48	0	Arizona
Kane, Tommy	WR	1988-92	46	26	Syracuse
Kasay, John	K	1991-94	64	0	Georgia
Kauahi, Kani	C	1982-86	60	5	Hawaii
Kaumeyer, Thom	S	1989-90	8	0	Oregon
Keel, Mark	TE	1987	3	3	Arizona
Keim, Mike	T	1992-95	27	0	Brigham Young
Kelly, Maurice	S	2000-	16	0	East Tennessee St.
Kemp, Jeff	QB	1987-91	55	7	Dartmouth
Kendall, Pete	G	1996-2000	76	75	Boston College
Kennedy, Cortez	DT	1990-2000	167	153	Miami
King, Lamar	DE	1999-	29	14	Saginaw Valley State
Kinlaw, Reggie	NT	1985-86	30	5	Oklahoma
Kitna, Jon	QB	1997-2000	29	33	Central Washington
Koonce, George	LB	2000	16	16	East Carolina
Kraayeveld, Dave	DE-DT	1978	12	0	Milton
Krieg, Dave	QB	1980-91	129	116	Milton
Kuehn, Art	C-G	1976-82	98	33	UCLA
Kyle, Jason	LB	1995-98	48	0	Arizona

L

LaBounty, Matt	DE	1996-	63	9	Oregon
Lambert, Dion	S	1994-95	1	1	UCLA
Lane, Eric	FB-RB	1981-87	97	12	Brigham Young
Largent, Steve	WR	1976-89	200	197	Tulsa
Laughton, Jim	TE	1986	6	0	San Diego State
Lavine, Paul	LB	1987	3	1	Utah State
Le Bel, Harper	TE	1989	16	0	Colorado State
Lee, Ronnie	T	1990-92	34	21	Baylor
Lewis, Will	CB	1980-81	26	0	Millersville State
Leypoldt, John	K	1976-78	25	0	No College
Lincoln, Jeremy	CB	1997	12	3	Tennessee
Lindell, Rian	K	2000-	12	0	Washington State
Lindley, David	QB	1987	*0	0	Linfield
Logan, James	LB	1995-2000	63	4	Memphis
Long, Doug	WR	1977-78	16	0	Whitworth
Loville, Derek	RB	1990-91	27	1	Oregon
Lurtsema, Bob	DE-DT	1976-77	27	25	Western Michigan



Running back Eric Lane (1981-87) was a special teams standout.

Lynch, Tom	G	1977-80	60	48	Boston College
Lytle, Matt	QB	2000	1	0	Pittsburgh

M

McAlister, Ken	S	1982-83	11	0	San Francisco
McCloughan, Dave	CB-S	1993-94	28	12	Colorado
McCrary, Michael	DE	1993-96	58	13	Wake Forest
McCullum, Sam	WR	1976-81	91	78	Montana State
McCutcheon, Lawrence	FB	1980	8	1	Colorado State
McDaniel, Terry	CB	1998	9	0	Tennessee
McElroy, Vann	S	1990	10	0	Baylor
McEndoo, Jason	C	1998	1	0	Washington State
McGrath, Mark	WR	1981	6	0	Montana State
McGwire, Dan	QB	1991-94	12	5	San Diego State
McIntosh, Chris	T	2000-	14	10	Wisconsin
McKenzie, Reggie	G	1983-84	24	22	Michigan
McKinnis, Hugh	FB	1976	11	5	Arizona State
McKnight, James	WR	1994-98	60	7	Liberty
McMakin, John	TE	1976	12	1	Clemson
McMillan, Eddie	CB	1976-77	28	28	Florida State
McMillian, Henry	DE	1995-96	4	0	Florida
McNeal, Travis	TE	1989-91	48	24	Tenn-Chattanooga
McShane, Charles	LB	1977-79	29	0	Cal Lutheran
McVeigh, John	LB	1987	3	3	Miami
Mack, Kim	S	1987	1	0	Florida State
Mangiero, Dino	NT	1984	15	0	Rutgers
Marinaro, Ed	FB	1977	2	0	Cornell
Martin, Amos	LB	1977	2	0	Louisville
Martin, Kelvin	WR	1993-94	32	29	Boston College
Mathison, Bruce	QB	1987	3	2	Nebraska
Mattes, Ron	T	1986-90	75	59	Virginia
Matthews, Al	S	1976	14	14	Texas A&I
Mawae, Kevin	C-G	1994-97	62	59	Louisiana State
Maxwell, Vernon	LB	1989	9	7	Arizona State
May, Deems	TE	1997-99	47	0	North Carolina
Mayes, Derrick	WR	1999-2000	28	23	Notre Dame
Mayes, Rueben	RB	1992-93	17	0	Washington State
Merriman, Sam	LB	1983-87	71	1	Idaho
Metzelaars, Pete	TE	1982-84	34	13	Wabash
Mili, Itula	TE	1998-	39	8	BYU
Millard, Bryan	G-T	1984-91	121	99	Texas
Millard, Keith	DT	1992	2	0	Washington State
Miller, Darrin	LB	1988-89	32	0	Tennessee
Miller, Donald	LB	1990	7	0	Idaho State
Miller, Terry	RB	1981	1	0	Oklahoma State
Milne, Brian	FB	1999	10	0	Penn State
Minor, Vic	S	1980-81	20	0	Northeast Louisiana
Miranda, Paul	CB	2000-	4	0	Central Florida
Mirer, Rick	QB	1993-96	55	51	Notre Dame
Mitz, Alonzo	DE	1986-89	40	7	Florida
Montgomery, Glenn	DT	1996	7	1	Houston
Moody, Michael	T	1994	*0	0	Southern California
Moon, Warren	QB	1997-98	25	24	Washington
Moore, Alvin	RB	1987	1	0	Arizona State
Moore, Jeff	RB	1979-81	32	3	Jackson State
Moore, Mark	S	1987	5	0	Oklahoma State
Morris, Michael	LS	1990	4	0	N.E. Missouri State
Morris, Randall	RB	1984-88	61	2	Tennessee
Morton, Michael	RB	1987	2	0	Nevada-Las Vegas
Moss, Winston	LB	1995-97	46	46	Miami
Moyer, Paul	S	1983-89	98	30	Arizona State
Munson, Bill	QB	1976	6	0	Utah State
Murphy, Kevin	LB	1993	14	10	Oklahoma
Myer, Steve	QB	1976-79	13	4	New Mexico
Myles, DeShone	LB	1998-2000	16	7	Nevada

N

Nash, Joe	DT-NT	1982-96	218	169	Boston College
Nelson, Ralph	RB	1976	7	3	No College
Newbill, Richard	LB	1990-92	10	0	Miami
Newton, Bob	G	1976-81	82	66	Nebraska
Niehaus, Steve	DE-DT	1976-78	36	20	Notre Dame
Norman, Joe	LB	1979-81, 83	50	10	Indiana
Norman, Todd	G	1995	*0	0	Notre Dame

O'Brien, Mike	S	1979	3	0	California
O'Callaghan, John	TE	1987	1	0	San Diego State
Olds, Bill	FB	1976	1	1	Nebraska
Orns, Fred	LB	1987	2	0	Chapman College
Overhauser, Chad	G	2000-	*0	0	UCLA

O

P

Packer, Walter	CB-KR	1977	10	0	Mississippi State
Pardridge, Curt	WR	1987	3	0	Northern Illinois
Parker, Riddick	DT	1997-2000	51	19	North Carolina
Parros, Rick	FB-RB	1985, 1987	5	1	Utah State
Peets, Brian	TE	1978-79	25	14	Pacific
Penchion, Bob	G	1976	13	13	Alcorn A&M
Perryman, Dean	C	1987	1	0	Washington
Peterson, Todd	K	1995-99	80	0	Georgia
Polowski, Larry	LB	1979	14	0	Boise State
Porter, Rufus	LB	1988-94	98	67	Southern
Powell, Alvin	G	1987-88	18	0	Winston-Salem State
Pratt, Robert	G	1982-85	52	52	North Carolina
Preece, Steve	S	1977	14	14	Oregon State
Price, Ernie	DE	1978-79	16	15	Texas A&I
Pritchard, Mike	WR	1996-99	62	41	Colorado
Proehl, Ricky	WR	1995-96	24	7	Wake Forest

R

Raible, Steve	WR	1976-81	83	8	Georgia Tech
Ramsey, Greg	DE	1987	2	0	Fresno State
Rayhle, Fred	TE	1977	2	0	Tenn-Chattanooga
Reece, Geoff	C	1977	5	0	Washington State
Rennaker, Terry	LB	1980	15	0	Stanford
Richards, Howard	T	1987	2	2	Missouri
Richardson, C.J.	S	1997	15	0	Miami
Richardson, Kyle	P	1997	2	0	Arkansas State
Ridge, Elston	DE	1989	2	0	Nevada-Reno
Riley, Patrick	DT	1996	*0	0	Miami
Roberts, Ray	T	1992-95	57	46	Virginia
Robinson, Eugene	S	1985-95	170	152	Colgate
Robinson, Rafael	S	1992-95	51	5	Wisconsin
Robinson, Shelton	LB	1982-85	56	35	North Carolina
Roche, Alden	DE	1977-78	21	12	Southern
Rodenhauser, Mark	LS	1999	8	0	Illinois State
Rodgers, Tyrone	DT	1992-94	37	0	Washington
Rodriguez, Ruben	P	1987-89	44	0	Arizona
Rogers, Charlie	RB-KR	1999-	28	0	Georgia Tech
Romes, Charles	CB	1987	#0	0	No. Carolina Central
Ross, Dan	TE	1985	10	5	Northeastern
Ross, Oliver	RB	1976	14	10	Alabama A&M
Rusk, Reggie	CB	1997-98	2	0	Kentucky

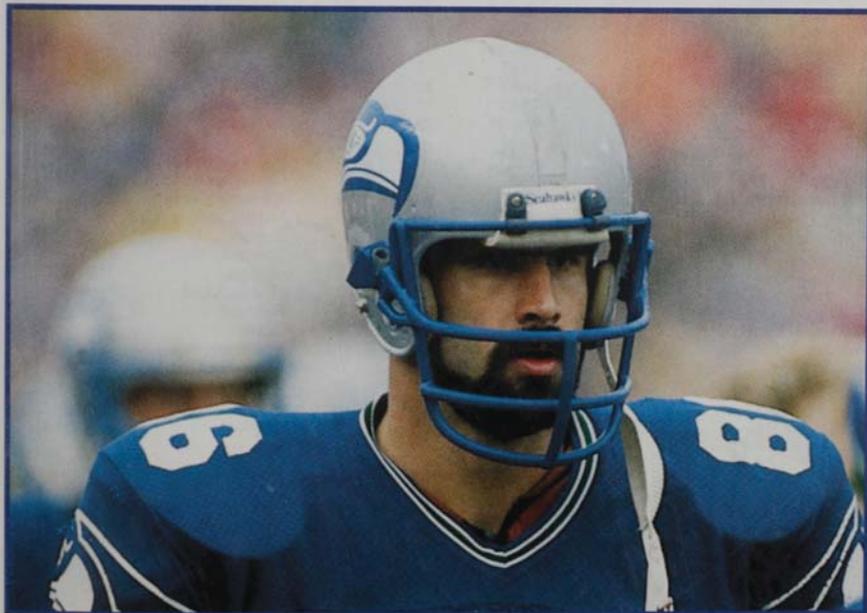
S

Sager, Ken	TE	1987	3	1	Western Washington
Saleaumua, Dan	DT	1997-98	27	15	Arizona State
Salisbury, Sean	QB	1986	0	0	Southern California
Sandifer, Bill	DT	1977-78	16	15	UCLA
Sanford, Rick	S	1985	5	0	South Carolina
Sawyer, John	TE	1977-78, 80-82	65	39	Southern Mississippi
Scales, Dwight	WR	1984	4	0	Grambling
Scholtz, Bruce	LB	1982-88	96	95	Texas
Schreiber, Adam	G	1984	6	0	Texas
Scoggins, Ron	T	1987	3	0	Nevada-Las Vegas
Seigler, Dexter	CB	1996-97	14	0	Miami
Sevy, Jeff	G-T	1979-80	19	5	California
Shaw, Bobby	WR	1998	1	0	California
Shaw, Rickie	T	1993	*0	0	North Carolina
Simmons, Anthony	LB	1998-	44	36	Clenson
Simonson, Dave	T	1976	5	0	Minnesota
Simpson, Keith	CB-S	1978-85	108	70	Memphis State
Sims, David	FB-RB	1977-79	29	12	Georgia Tech
Sims, Jack	G	1987	3	2	Hawaii
Sinclair, Michael	DE	1991-	128	88	Eastern New Mexico
Singer, Curt	T	1986, 90-91	24	0	Tennessee
Skansi, Paul	WR	1984-91	100	2	Washington
Skow, Jim	DE	1991	11	1	Nebraska

Smith, Dallis	S	1987	3	3	Valdosta State
Smith, Darrin	LB	1998-99	28	27	Miami
Smith, Lamar	RB	1994-97	43	4	Houston
Smith, Sherman	RB	1976-82	82	68	Miami, Ohio
Smith, Steve	FB	1994-95	25	7	Penn State
Snell, Donald	WR	1987	1	0	Virginia Tech
Spagnola, John	TE	1988	16	4	Yale
Speer, Del	S	1994	1	0	Florida
Springs, Shawn	CB	1997-	58	58	Ohio State
Sputilski, Bob	LB	1992-94	26	1	Central Florida
Stark, Chad	FB	1987	2	0	North Dakota State
Stark, Rohn	P	1997	4	0	Florida State
Stephens, Rod	LB	1989-94	75	34	Georgia Tech
Stokes, Eric	S	1997-98	11	0	Nebraska
Stowe, Tyronne	LB	1995	6	6	Rutgers
Streater, Rahmaan	DE	2000	*0	0	Richmond
Strong, Mack	FB	1994-	100	43	Georgia
Stouffer, Kelly	QB	1988-92	22	16	Colorado State
Strozier, Wilbur	TE	1987	12	3	Georgia
Sutherland, Doug	DT	1981	16	6	Wisconsin-Superior
Sweeney, Jim	C	1995	16	16	Pittsburgh

T

Taylor, Cordell	CB	1999	2	0	Hampton
Taylor, Terry	CB	1984-88, 94	79	55	Southern Illinois
Teal, Jimmy	WR	1987-88	6	2	Texas A&M
Terry, Joe	LB	1987	2	0	Cal State-Hayward
Terry, Tim	LB	2000-	6	0	Temple
Testerman, Don	FB	1976-78	44	26	Clemson
Thomas, Doug	WR	1991-93	39	4	Clemson
Thomas, Fred	CB	1996-99	45	5	Tennessee-Martin
Thomas, Garth	G	1987	1	1	Washington
Thomas, Ricky	S	1987	1	1	Alabama
Thomas, Robb	WR	1992-95	62	3	Oregon State
Thomas, Rodell	LB	1981-82	19	1	Alabama State
Tice, Mike	TE	1981-88, 90-91	130	83	Maryland
Tipton, Dave	DE	1976	12	12	Stanford
Tipton, Rico	LB	1987	3	2	Washington State
Tobeck, Robbie	C	2000-	4	0	Washington State
Tofflemire, Joe	C	1989-94	33	16	Arizona
Tongue, Reggie	S	2000-	16	6	Oregon State
Torretta, Gino	QB	1996-97	1	0	Miami



Tight end Mike Tice (1981-88, 90-91) is now a Minnesota Vikings assistant coach.

Treggs, Brian	WR	1992	2	0	California
Tuatagaloa, Natu	DE	1992-93	30	15	California
Tuiasosopo, Manu	DT-DE-NT	1979-83	73	64	UCLA
Turner, Daryl	WR	1984-87	59	40	Michigan State
Turner, Kevin	LB	1981	8	0	Pacific
Tuten, Rick	P	1991-97	101	0	Florida State
Tyler, Robert	TE	1989	9	9	South Carolina State

U

Unverzagt, Eric	LB	1996-97	9	0	Wisconsin
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V

Vaughn, Jon	RB	1993-94	26	2	Michigan
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W

Wagner, Vince	K	1981	*0	0	Northwestern, Minn.
Waits, Alex	P	1991	3	0	Texas
Walker, Brian	S	1999	5	0	Washington State
Walker, Byron	WR	1982-86	58	3	Citadel
Walker, Tim	LB	1980	16	0	Savannah State
Walsh, Jim	FB	1980	4	0	San Jose State
Warner, Curt	RB	1983-89	93	92	Penn State
Warren, Chris	RB	1990-97	123	89	Ferrum
Warren, Terrence	WR	1993-94	16	0	Hampton University
Watson, Tim	DT	2000-	*0	0	Rowan
Watters, Orlando	CB	1994	16	8	Arkansas
Watters, Ricky	RB	1998-	48	48	Notre Dame
Weaver, Herman	P	1977-80	61	0	Tulsa
Weber, Roger	G	1987	*0	0	Kent State
Webster, Cornell	CB	1977-80	52	33	Tulsa
Wedderburn, Floyd	T/G	1999-	16	16	Penn State
Weiner, Todd	T	1998-	32	7	Kansas State
Wells, Dean	LB	1993-98	84	50	Kentucky
Werner, Matt	DE	1994	*0	0	UCLA
West, Jeff	P	1981-85	58	0	Cincinnati
Wheat, Warren	G	1989-91	16	7	Brigham Young
White, Chris	S	1987	1	0	Tennessee
White, Jim	DE	1976	2	0	Colorado State
White, Mike	DT	1981-82	20	8	Albany State
Wiley, Charles	DT	1987	1	1	Nevada-Las Vegas
Williams, Brent	DE	1994-95	21	19	Toledo
Williams, Darryl	S	1996-99	61	60	Miami
Williams, Eugene	LB	1982-83	13	1	Tulsa
Williams, Grant	T	1996-99	56	23	Louisiana Tech
Williams, James	FB	1987	1	0	Fresno State
Williams, James	WR	2000-	10	0	Marshall
Williams, John	FB	1985	2	0	Wisconsin
Williams, John L.	FB	1986-93	123	115	Florida
Williams, Lester	NT	1987	2	0	Miami
Williams, Robert	CB	1999	1	0	North Carolina
Williams, Ronnie	TE	1996	13	3	Oklahoma State
Williams, Willie	CB	1997-	61	60	Western Carolina
Willis, Donald	G	1995	*0	0	North Carolina A&T
Willis, James	LB	1999	16	0	Auburn
Wilmer, Ray	S	1984	3	0	Louisiana Tech
Wilson, Mike	T	1986-89	60	60	Georgia
Wilson, Robert	WR	1997-99	18	0	Florida A&M
Wimmer, Gary	LB	1983	3	0	Stanford
Woodard, Cedric	DT	2000	*0	0	Texas
Wooden, Terry	LB	1990-96	89	87	Syracuse
Woods, Larry	DT	1976	6	0	Tennessee State
Woods, Tony	LB-DE	1987-92	89	79	Pittsburgh
Woolsey, Rolly	CB	1976	14	11	Boise State
Wyman, David	LB	1987-92	61	56	Stanford

Y

Yarno, John	C	1977-82	74	62	Idaho
Young, Charle	TE	1983-85	45	43	Southern California
Young, Fredd	LB	1984-87	60	41	New Mexico State
Young, Renard	CB	1987	3	3	Nevada-Las Vegas

Z

Zorn, Jim	QB	1976-84	126	100	Cal Poly-Pomona
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* on active roster, but did not play in a game

NEW ALIGNMENT FOR 2002

AFC

EAST



NORTH



SOUTH



WEST



NFC

EAST



NORTH



SOUTH



WEST



SERIES BREAKDOWN

AFC WEST (75-107)

DENVER BRONCOS (16-31)

10/2/77	—	L	13-24	53,108
10/7/78	—	L	@ 7-28	74,989
10/29/78	—	*L	17-20	62,948
9/23/79	—	L	@ 34-37	74,879
12/8/79	—	W	28-23	60,038
11/23/80	—	L	@ 20-36	73,274
12/21/80	—	L	17-25	51,853
9/13/81	—	W	13-10	58,513
12/13/81	—	L	@ 13-23	74,527
11/21/82	—	W	@ 17-10	73,916
1/2/83	—	W	13-11	43,145
11/6/83	—	W	27-19	61,189
11/20/83	—	L	@ 27-38	74,710
11/25/84	—	W	@ 27-24	74,922
12/15/84	—	L	14-31	64,411
10/20/85	—	*L	@ 10-13	74,899
12/20/85	—	L	24-27	56,283
10/26/86	—	L	@ 13-20	76,089
12/20/86	—	W	41-16	63,697
9/13/87	—	L	@ 17-40	75,999
12/13/87	—	W	28-21	61,759
9/4/88	—	W	@ 21-14	75,986
12/11/88	—	W	42-14	62,839
10/22/89	—	*L	21-24	62,353
11/26/89	—	L	@ 14-41	75,117
9/23/90	—	*L	@ 31-34	75,290
12/23/90	—	W	17-12	55,845
9/15/91	—	L	@ 10-16	74,152
11/24/91	—	W	13-10	60,430
11/30/92	—	*W	16-13	51,612
12/20/92	—	L	@ 6-10	72,570
10/31/93	—	L	@ 17-28	73,644
11/28/93	—	L	9-17	57,812
10/9/94	—	L	+	9-16 63,872
11/13/94	—	L	@ 10-17	71,290
10/1/95	—	W	27-10	49,914
12/10/95	—	W	@ 31-27	71,488
9/8/96	—	L	20-30	43,671
12/1/96	—	L	@ 7-34	74,982
9/7/97	—	L	14-35	55,859
11/2/97	—	L	@ 27-30	74,212
10/11/98	—	L	16-21	66,258
12/27/98	—	L	@ 21-28	74,057
11/14/99	—	W	20-17	66,314
12/19/99	—	*L	@ 30-36	65,987
11/26/00	---	L	31-38	68,661
12/10/00	---	L	@ 24-31	75,218

KANSAS CITY CHIEFS (16-29)

12/11/77	—	W	@ 34-31	22,562
11/19/78	—	W	@ 13-10	32,252
12/17/78	—	W	23-19	58,490
9/30/79	—	L	6-24	61,169
12/2/79	—	L	@ 21-37	42,160
9/14/80	—	W	@ 17-16	42,403
11/9/80	—	L	30-31	58,976
9/27/81	—	L	14-20	59,255
11/22/81	—	L	@ 13-40	49,002
9/4/83	—	L	@ 13-17	42,531
11/27/83	—	*W	51-48	56,795
11/4/84	—	W	45-0	61,396
12/9/84	—	L	@ 7-34	34,855
9/29/85	—	L	@ 7-28	50,485
12/1/85	—	W	26-6	52,655
9/14/86	—	W	23-17	61,068
11/9/86	—	L	@ 7-27	53,268
9/20/87	—	W	43-14	61,667
12/27/87	—	L	@ 20-41	20,370
9/11/88	—	W	31-10	61,512
11/20/88	—	L	@ 24-27	33,152
10/8/89	—	L	16-20	60,715
11/5/89	—	L	@ 10-20	54,489
10/21/90	—	W	19-7	60,358
11/11/90	—	W	@ 17-16	71,285
9/22/91	—	L	@ 13-20	71,789
12/1/91	—	L	6-19	57,248
9/13/92	—	L	@ 7-26	75,125
11/22/92	—	L	14-24	49,867
12/5/93	—	L	16-31	58,551
1/2/94	—	L	@ 24-34	72,136
10/23/94	—	L	@ 23-38	78,847
11/27/94	—	W	10-9	54,120
9/3/95	—	L	10-34	47,564
12/24/95	—	L	@ 3-26	75,784
9/15/96	—	L	17-35	39,970
10/17/96	—	L	@ 16-34	76,057
9/28/97	—	*L	@ 17-20	77,877
11/23/97	—	L	14-19	66,264
10/4/98	—	L	@ 6-17	66,418
11/8/98	—	W	24-12	66,251
11/21/99	—	W	@ 31-19	78,714
12/26/99	—	W	23-14	66,332
10/02/00	---	L	@ 17-24	82,893
10/29/00	---	L	19-24	62,141

* Overtime

Points: Kansas City 1039 (23.1),
Seattle 838 (18.6)

* Overtime
+ at Husky Stadium

Points: Denver 1099 (23.4),
Seattle 1.024 (21.8)

OAKLAND RAIDERS (21-25)

11/6/77	—	L	@	7-44	50,929
10/22/78	—	W		27-7	62,529
11/26/78	—	W	@	17-16	52,978
9/16/79	—	W		27-10	61,602
12/16/79	—	W	@	29-24	53,177
10/26/80	—	L	@	14-33	50,185
11/17/80	—	L		17-19	60,480
9/20/81	—	L	@	10-20	45,725
11/29/81	—	L		31-32	57,147
12/5/82	—	L	@	23-28	42,170
10/16/83	—	W		38-36	60,697
10/30/83	—	W	@	34-21	49,708
10/7/84	—	L	@	14-28	77,904
11/12/84	—	W		17-14	64,011
11/3/85	—	W		33-3	64,060
12/15/85	—	L	@	3-13	77,425
10/12/86	—	L	@	10-14	70,635
12/8/86	—	W		37-0	62,923
10/25/87	—	W	@	35-13	52,735
11/30/87	—	L		14-37	62,802
11/28/88	—	W		35-27	62,641
12/18/88	—	W	@	43-37	61,127
10/1/89	—	W	@	24-20	44,319
12/17/89	—	W		23-17	61,076
9/16/90	—	L		13-17	61,889
10/14/90	—	L	@	17-24	50,624
10/13/91	—	*L		20-23	61,974
11/17/91	—	L	@	7-31	49,317
10/18/92	—	L		0-19	56,904
11/15/92	—	L	@	3-20	46,862
9/12/93	—	L		13-17	58,836
12/12/93	—	L	@	23-27	38,161
9/11/94	—	W	@	38-9	47,319
12/11/94	—	L		16-17	53,301
10/8/95	—	L	@	14-34	50,213
12/17/95	—	W		44-10	58,428
11/24/96	—	L		21-27	47,506
12/22/96	—	W	@	28-21	33,455
10/26/97	—	W		45-34	66,264
12/14/97	—	W	@	22-21	40,124
11/1/98	—	L		18-31	66,246
11/15/98	—	L	@	17-20	51,527
10/3/99	—	W		22-21	66,400
12/5/99	—	L	@	21-30	44,716
10/22/00	---	L	@	3-31	57,490
12/16/00	---	W		27-24	68,681

Franchise transferred from Oakland to Los Angeles in 1982. Transferred back to Oakland in 1995.

* Overtime

Points: Oakland 1021 (22.2),
Seattle 974 (21.2)

SAN DIEGO CHARGERS (22-22)

11/27/77	—	L		28-30	55,338
9/3/78	—	L		20-24	55,778
12/10/78	—	L	@	10-37	49,975
9/2/79	—	L		16-33	62,287
10/14/79	—	L	@	10-20	50,077
9/7/80	—	L		13-34	62,042
12/13/80	—	L	@	14-21	49,980
10/4/81	—	L	@	10-24	51,463
11/16/81	—	W		44-23	58,628
9/18/83	—	W		34-31	61,714
10/9/83	—	L	@	21-28	49,132
9/9/84	—	W		31-17	61,314
10/29/84	—	W	@	24-0	53,974
9/15/85	—	W	@	49-35	54,420
10/6/85	—	W		26-21	61,300
10/6/86	—	W		33-7	63,207
12/14/86	—	W	@	34-24	47,096
11/22/87	—	W		34-3	62,444
9/18/88	—	L	@	6-17	44,449
10/30/88	—	W		17-14	59,641
10/15/89	—	W	@	17-16	50,079
10/29/89	—	W		10-7	59,961
11/4/90	—	L		14-31	59,646
11/25/90	—	*W	@	13-10	50,097
10/27/91	—	W		20-9	58,025
11/10/91	—	L	@	14-17	43,597
10/4/92	—	L	@	6-17	36,783
12/27/92	—	L	@	14-31	49,324
9/5/93	—	L	@	12-18	58,039
10/3/93	—	W		31-14	54,778
09/18/94	—	L	+	10-24	65,536
10/30/94	—	L	@	15-35	59,001
9/10/95	—	L	@	10-14	54,420
10/22/95	—	L		25-35	45,821
9/1/96	—	L	@	7-29	58,780
10/27/96	—	W		32-13	38,143
9/21/97	—	W		26-22	51,110
11/9/97	—	W	@	37-31	64,616
10/25/98	—	W	@	27-20	58,512
12/13/98	—	W		38-17	62,690
10/17/99	—	L	@	10-13	59,432
12/12/99	—	L		16-19	66,318
9/24/00	---	W	@	20-12	47,233
11/05/00	---	W		17-15	59,884

* Overtime

+ at Husky Stadium

Points: Seattle 915 (20.8),
San Diego 912 (20.7)

AFC CENTRAL (34-23)

BALTIMORE RAVENS (0-1)

12/7/97 — L @ 24-31 54,395

CLEVELAND BROWNS (9-4)

12/18/77 — W 20-19 61,583
 12/3/78 — W 47-24 62,262
 11/11/79 — W @ 29-24 72,440
 10/12/80 — L 3-27 61,366
 12/20/81 — W 42-21 51,435
 9/12/82 — L 7-21 55,907
 10/2/83 — W @ 24-9 75,446
 9/3/84 — W 33-0 59,540
 12/8/85 — W 31-13 58,477
 10/9/88 — W @ 16-10 78,605
 11/12/89 — L 7-17 58,978
 11/14/93 — W 22-5 54,622
 12/24/94 — L @ 9-35 54,180

Franchise suspended in 1996.

Points: Seattle 290 (22.2),

Cleveland 225 (17.3)

CINCINNATI BENGALS (8-7)

9/25/77 — L @ 20-42 45,579
 9/6/81 — L @ 21-27 41,177
 12/26/82 — L @ 10-24 55,330
 11/18/84 — W @ 26-6 50,280
 9/8/85 — W @ 28-24 51,625
 11/16/86 — L @ 7-34 54,410
 10/11/87 — L 10-17 31,739
 12/10/89 — W @ 24-17 54,744
 10/1/90 — W 31-16 60,135
 10/6/91 — W @ 13-7 60,010
 9/6/92 — L 3-21 57,350
 9/26/93 — W @ 19-10 46,880
 11/06/94 — *L 17-20 46,630
 9/17/95 — W 24-21 39,492
 11/7/99 — W 37-20 66,303

Points: Cincinnati 306 (20.4),

Seattle 290 (19.3)

JACKSONVILLE JAGUARS (2-1)

11/12/95 — W @ 47-30 71,290
 12/15/96 — L @ 13-20 66,134
 11/12/00 --- W @ 28-21 68,063

Points: Seattle 88 (29.3),

Jacksonville 71 (23.7)

PITTSBURGH STEELERS (7-6)

12/4/77 — L @ 20-30 45,429
 9/10/78 — L @ 10-21 48,277
 11/8/81 — W 24-21 59,058
 11/28/82 — W 16-0 55,553
 10/23/83 — L 21-27 61,615
 9/7/86 — W 30-0 61,146
 12/6/87 — L @ 9-13 48,881
 10/20/91 — W @ 27-7 54,678
 12/6/92 — L @ 14-20 47,015
 12/26/93 — W 16-6 51,814
 9/25/94 — W + 30-13 59,637
 9/27/98 — L @ 10-13 58,413
 9/26/99 — W @ 29-10 57,881

* Overtime

+ at Husky Stadium

Points: Seattle 256 (19.7),

Pittsburgh 181 (13.9)

TENNESSEE TITANS (8-4)

11/20/77 — L 10-22 61,519
 10/21/79 — W 34-14 60,705
 10/5/80 — W @ 26-7 46,860
 10/11/81 — L @ 17-35 42,671
 9/19/82 — L @ 21-23 43,117
 11/13/88 — W 27-24 60,446
 12/2/90 — *W 13-10 57,592
 11/7/93 — L @ 14-24 50,447
 12/11/94 — W @ 16-14 31,453
 11/3/96 — W 23-16 36,320
 10/5/97 — W 16-13 49,897
 11/29/98 — W 20-18 59,048

Franchise transferred from Houston in 1997 and changed name from Oilers to Titans in 1999.

* Overtime

Points: Seattle 237 (19.8),

Tennessee 220 (18.3)

AFC EAST (25-26)

BUFFALO BILLS (5-3)

10/30/77 — W 56-17 61,180
 10/14/84 — W 31-28 59,034
 11/6/88 — L 3-13 61,074
 12/4/89 — W 17-16 57,682
 10/15/95 — L @ 21-27 74,362
 12/1/96 — W 26-18 41,373
 10/24/99 — W 26-16 66,301
 12/23/00 --- L 23-42 61,025

Points: Seattle 203 (25.4),

Buffalo 177 (22.1)

INDIANAPOLIS COLTS (3-5)

9/18/77	—	L	14-29	58,991
11/12/78	—	L	14-17	61,905
9/29/91	—	W	31-3	56,656
10/2/94	—	L @	15-17	49,876
12/4/94	—	L	19-31	39,574
9/14/97	—	W @	31-3	49,194
12/20/98	—	W	27-23	58,703
10/15/00	---	L	24-37	63,593

Franchise transferred from Baltimore in 1984.

Points: Seattle 175 (21.9),
Indianapolis 160 (20.0)

MIAMI DOLPHINS (2-5)

10/23/77	—	L @	13-31	29,855
9/9/79	—	L @	10-19	56,233
10/4/87	—	W	24-20	19,448
12/16/90	—	L @	17-24	57,851
9/27/92	—	L	17-19	59,374
10/6/96	—	W @	22-15	59,539
9/03/00	---	L @	0-23	72,949

Moved from the Orange Bowl into Joe Robbie Stadium in 1987.

Points: Miami 151 (21.6),
Seattle 103 (14.7)

NEW ENGLAND PATRIOTS (7-6)

10/9/77	—	L @	0-31	45,929
9/21/80	—	L	31-37	61,035
12/19/82	—	L	0-16	53,457
12/18/83	—	W	24-6	59,688
9/16/84	—	L @	23-38	43,140
11/17/85	—	L	13-20	60,345
9/21/86	—	W @	38-31	58,977
12/4/88	—	L @	7-13	59,068
9/24/89	—	W @	24-3	48,025
10/7/90	—	W @	33-20	39,735
9/20/92	—	W @	10-6	42,327
9/19/93	—	W @	17-14	50,392
10/24/93	—	W	10-9	56,526

Points: New England 244 (18.8),
Seattle 230 (17.7)

NEW YORK JETS (8-7)

11/13/77	—	W @	17-0	43,973
9/17/78	—	W @	24-17	46,911
11/26/79	—	W	30-7	59,977
10/19/80	—	W @	27-17	52,496
10/25/81	—	W @	19-3	49,678
12/6/81	—	W	27-23	53,105
9/11/83	—	W @	17-10	50,066
10/27/85	—	L @	14-17	69,320
11/28/86	—	L	7-38	62,497
11/9/87	—	L @	14-30	60,452
9/8/91	—	W	20-13	56,770
11/26/95	—	L	10-16	41,160
8/31/97	—	L	3-41	53,893
12/6/98	—	L @	31-32	72,200

1/2/00 — L @ 9-19 78,154

Moved from Shea Stadium into Giants Stadium in 1984.

Points: New York 283 (18.7),
Seattle 269 (17.9)

NFC WEST (12-15)**ATLANTA FALCONS (5-2)**

11/7/76	—	W	30-13	57,985
10/29/79	—	W @	31-28	52,566
10/13/85	—	W	30-26	60,430
10/2/88	—	W @	31-20	28,619
12/15/91	—	L @	13-26	53,834
11/30/97	—	L	17-24	52,584
12/03/00	---	W @	30-10	44,680

Played at Atlanta-Fulton County Stadium from 1966-91. Moved into Georgia Dome in 1992.

Points: Seattle 182 (26.0),
Atlanta 147 (21.0)

CAROLINA PANTHERS (0-1)

10/08/00	—	L @	3-26	72,192
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Points: Carolina 26 (26.0),
Seattle 3 (3.0)

NEW ORLEANS SAINTS (3-4)

11/21/76	—	L	27-51	61,865
11/18/79	—	W	38-24	60,055
11/10/85	—	W @	27-3	47,365
10/16/88	—	L	19-20	63,569
9/1/91	—	L @	24-27	68,492
11/16/97	—	*L @	17-20	50,493
9/17/00	---	W	20-10	59,513

*Overtime

Points: Seattle 172 (24.6),
New Orleans 155 (22.1)

ST. LOUIS RAMS (2-5)

10/31/76	—	L @	6-45	52,035
11/4/79	—	L	0-24	62,048
9/23/85	—	L	24-35	63,292
10/23/88	—	L @	10-31	57,033
12/22/91	—	W	23-9	51,100
10/19/97	—	W @	17-9	64,819
9/10/00	---	L	34-37	64,869

Moved from L.A. Coliseum to Anaheim Stadium in 1980. Moved from Anaheim to St. Louis in 1995.

Points: St. Louis 190 (27.1),
Seattle 114 (16.3)

SAN FRANCISCO 49ERS (2-4)

9/26/76	—	L	21-37	59,108
10/7/79	—	W @	35-24	44,592
11/25/85	—	L @	6-19	57,482
9/25/88	—	L	7-38	63,382
12/8/91	—	L	22-24	56,711
12/21/97	—	W	38-9	66,253

Points: San Francisco 151 (25.2),
Seattle 129 (21.5)

NFC CENTRAL (21-13)

CHICAGO BEARS (5-2)

12/5/76	—	L	7-34	60,510
11/5/78	—	W @	31-29	50,697
12/12/82	—	W	20-14	52,826
9/23/84	—	W	38-9	61,520
12/20/87	—	W @	34-21	62,518
9/9/90	—	L @	0-17	64,400
9/19/99	—	W @	14-13	66,944

Points: Seattle 144 (20.6),
Chicago 137 (19.6)

DETROIT LIONS (4-4)

10/24/76	—	L	14-41	61,280
9/24/78	—	W	28-16	56,781
12/2/84	—	W	38-17	62,441
10/18/87	—	W @	37-14	8,310
12/30/90	—	W	30-10	50,681
10/17/93	—	L @	10-30	60,801
10/17/96	—	L @	16-17	51,194
9/12/99	—	L	20-28	66,238

Points: Seattle 193 (24.1),
Detroit 173 (21.6)

GREEN BAY PACKERS (4-4)

10/10/76	—	L @	20-27	54,983
10/15/78	—	L @	28-45	52,712
11/1/81	—	L @	24-34	49,467
10/21/84	—	W @	30-24	52,286
11/15/87	—	W	24-13	60,963
12/9/90	—	W @	20-14	52,015
9/29/96	—	L	10-31	59,973
11/1/99	—	W @	27-7	59,869

1981 & 1999 games played at Green Bay. 1976,
1978 & 1990 played in Milwaukee.

Points: Green Bay 195 (24.4),
Seattle 183 (22.9)

MINNESOTA VIKINGS (4-2)

11/14/76	—	L @	21-27	45,087
10/8/78	—	W	29-28	62,031
9/30/84	—	W @	20-12	57,171
11/1/87	—	W	28-17	61,134
11/18/90	—	L	21-24	59,735
11/10/96	—	W	42-23	50,794

Played in Metropolitan Stadium from 1961-81.
Moved into the Metrodome in 1982.

Points: Seattle 161 (26.8),
Minnesota 131 (21.8)

TAMPA BAY BUCCANEERS (4-1)

10/17/76	—	W @	13-10	43,812
10/16/77	—	W	30-23	54,783
11/20/94	—	W	22-21	37,466
9/22/96	—	W @	17-13	30,212
11/28/99	—	L	3-16	66,314

Points: Seattle 85 (17.0),
Tampa Bay 83 (16.6)

NFC EAST (12-24)

ARIZONA CARDINALS (1-5)

9/12/76	—	L	24-30	58,441
11/13/83	—	L @	28-33	33,280
9/17/89	—	L	24-34	60,444
12/19/93	—	*L	27-30	45,737
10/29/95	—	*L @	14-20	39,600
9/13/98	—	W	33-14	57,678

Franchise transferred from St. Louis in 1988.

Points: Arizona 147 (29.4),
Seattle 117 (23.4)

DALLAS COWBOYS (1-5)

10/3/76	—	L	13-28	62,027
11/27/80	—	L @	7-51	57,540
12/4/83	—	L	10-35	63,352
11/27/86	—	W @	31-14	58,020
10/11/92	—	L @	0-27	62,311
11/22/98	—	L @	22-30	64,142

Points: Dallas 188 (31.3),
Seattle 83 (13.8)

NEW YORK GIANTS (3-5)

11/28/76	—	L @	16-28	65,111
12/7/80	—	L	21-27	51,617
10/18/81	—	L	0-32	56,134
12/11/83	—	W @	17-12	48,942
10/19/86	—	W	17-12	62,282
11/19/89	—	L @	3-15	75,014
10/25/92	—	L @	10-23	67,399
11/5/95	—	W	30-28	42,100

Points: New York 177 (22.1),
Seattle 114 (14.3)

PHILADELPHIA EAGLES (3-4)

12/12/76	—	L @	10-27	37,949
11/2/80	—	L	20-27	61,047
11/23/86	—	W	24-20	55,786
9/10/89	—	L @	7-31	64,287
12/13/92	—	*L	17-20	47,492
12/3/95	—	W	26-14	39,893
9/6/98	—	W @	38-0	66,418

Points: Seattle 142 (20.3),
Philadelphia 135 (19.3)

WASHINGTON REDSKINS (4-5)

9/19/76	—	L @	7-31	53,174
9/28/80	—	W @	14-0	53,263
9/25/83	—	L	17-27	60,718
9/28/86	—	L @	14-19	54,157
12/23/89	—	L	0-29	60,294
11/8/92	—	L	3-16	53,616
9/4/94	—	W @	28-7	52,930
11/19/95	—	W @	27-20	51,298
9/20/98	—	W	24-14	63,336

Points: Washington 149 (18.6),
Seattle 110 (13.8)

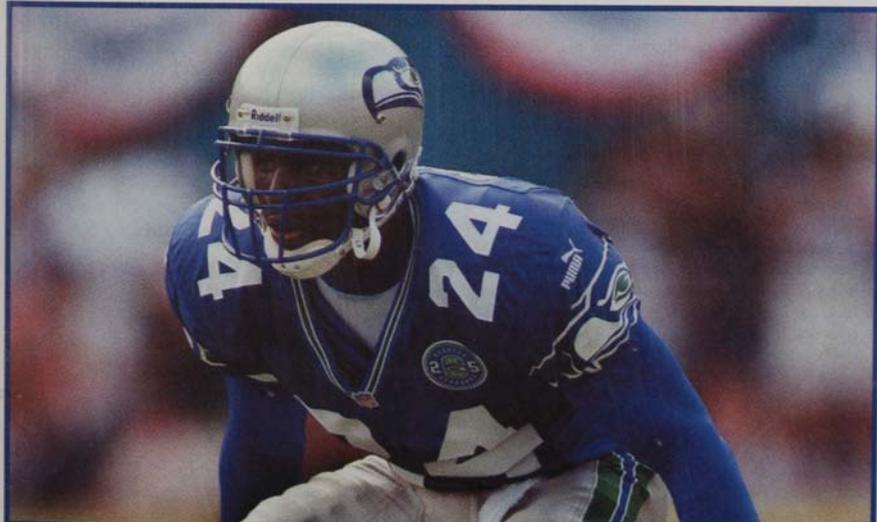
YEARLY RESULTS

YEAR	W	L	T	PCT.	PTS	OPP	FINISH	HOME	ROAD	Div.	AFC	NFC	Post.
1976	2	12	0	.143	229	429	*5th	1-6-0	1-6-0	0-4-0	1-0-0	1-12-0	---
1977	5	9	0	.357	282	373	*4th	3-4-0	2-5-0	1-3-0	4-9-0	1-0-0	---
1978	9	7	0	.563	345	358	3rd	5-3-0	4-4-0	4-4-0	6-6-0	3-1-0	---
1979	9	7	0	.563	378	372	3rd	5-3-0	4-4-0	3-5-0	6-6-0	3-1-0	---
1980	4	12	0	.250	291	408	5th	0-8-0	4-4-0	1-7-0	3-9-0	1-3-0	---
1981	6	10	0	.375	322	388	5th	5-3-0	1-7-0	2-6-0	6-8-0	0-2-0	---
1982	4	5	0	.444	127	147	+10th	3-2-0	1-3-0	2-1-0	3-5-0	1-0-0	---
1983	9	7	0	.563	403	397	2nd	5-3-0	4-4-0	5-3-0	8-4-0	1-3-0	2-1-0
1984	12	4	0	.750	418	282	2nd	7-1-0	5-3-0	6-2-0	8-4-0	4-0-0	1-1-0
1985	8	8	0	.500	349	303	3rd	5-3-0	3-5-0	4-4-0	6-6-0	2-2-0	---
1986	10	6	0	.625	366	293	3rd	7-1-0	3-5-0	5-3-0	7-5-0	3-1-0	---
1987	9	6	0	.600	371	314	^2nd	6-2-0	3-4-0	4-3-0	5-6-0	4-0-0	0-1-0
1988	9	7	0	.563	339	329	1st	5-3-0	4-4-0	6-2-0	8-4-0	1-3-0	0-1-0
1989	7	9	0	.438	241	327	4th	3-5-0	4-4-0	4-4-0	7-5-0	0-4-0	---
1990	9	7	0	.563	306	286	3rd	5-3-0	4-4-0	4-4-0	7-5-0	2-2-0	---
1991	7	9	0	.438	276	261	4th	5-3-0	2-6-0	2-6-0	6-6-0	1-3-0	---
1992	2	14	0	.125	140	312	5th	1-7-0	1-7-0	1-7-0	2-10-0	0-4-0	---
1993	6	10	0	.375	280	314	5th	4-4-0	2-6-0	1-7-0	6-8-0	0-2-0	---
1994	6	10	0	.375	287	323	5th	3-5-0	3-5-0	2-6-0	4-10-0	2-0-0	---
1995	8	8	0	.500	363	366	3rd	5-3-0	3-5-0	3-5-0	5-7-0	3-1-0	---
1996	7	9	0	.438	317	376	5th	4-4-0	3-5-0	2-6-0	5-7-0	2-2-0	---
1997	8	8	0	.500	365	362	3rd	4-4-0	4-4-0	4-4-0	6-6-0	2-2-0	---
1998	8	8	0	.500	372	310	3rd	6-2-0	2-6-0	3-5-0	5-7-0	3-1-0	---
1999	9	7	0	.563	338	298	1st	5-3-0	4-4-0	4-4-0	7-5-0	2-2-0	0-1-0
2000	6	10	0	.375	320	405	4th	3-5-0	3-5-0	3-5-0	4-8-0	2-2-0	---
179	209	0	.461	7825	8333			105-90-0	74-119-0	76-110-0	135-156-0	44-45-0	3-5-0

*Seahawks were placed in the NFC West for scheduling purposes in 1976 and played every NFC team and the Tampa Bay Buccaneers. In 1977, Seattle was in the AFC West and played every AFC team and Tampa Bay.

+Conference finish. Scheduled shortened to 9 games because of players' strike.

^Schedule shortened to 15 games because of players' strike. Game 2 (at San Diego) was cancelled and games 3-5 were played with replacement players.



Shawn Springs has 15 interceptions in four seasons with the Seahawks.

VERSUS THE NFL

	REGULAR SEASON				POST-SEASON	PRE-SEASON
	TOTAL	HOME	ROAD	OT		
* Arizona	1-5	1-3	0-2	0-2	0-0	9-4
Arizona	1-3	1-2	0-1	0-2	0-0	7-2
St. Louis	0-2	0-1	0-1	0-0	0-0	2-2
Atlanta	5-2	2-1	3-1	0-0	0-0	2-0
^ Baltimore	0-1	0-0	0-1	0-0	0-0	0-0
Buffalo	5-3	5-2	0-1	0-0	0-0	2-0
Carolina	0-1	0-0	0-1	0-0	0-0	0-0
Chicago	5-2	2-1	3-1	0-0	0-0	1-1
Cincinnati	8-7	3-3	5-4	0-1	0-1	1-0
Cleveland	9-4	6-3	3-1	0-0	0-0	0-0
Dallas	1-5	0-2	1-3	0-0	0-0	3-0
Denver	16-31	12-12	4-19	1-5	1-0	0-4
Detroit	4-4	3-2	1-2	0-0	0-0	5-2
+ Green Bay	4-4	1-1	3-3	0-0	0-0	1-0
# Indianapolis	3-5	2-4	1-1	0-0	0-0	7-6
Indianapolis	3-3	2-2	1-1	0-0	0-0	6-6
Baltimore	0-2	0-2	0-0	0-0	0-0	1-0
Jacksonville	2-1	0-0	2-1	0-0	0-0	0-0
Kansas City	16-29	11-11	5-18	1-1	0-0	0-0
Miami	2-5	1-1	1-4	0-0	1-2	0-1
Minnesota	4-2	3-1	1-1	0-0	0-0	4-4
New England	7-6	2-3	5-3	0-0	0-0	1-1
New Orleans	3-4	2-2	1-2	0-1	0-0	1-0
N.Y. Giants	3-5	2-2	1-3	0-0	0-0	0-0
N.Y. Jets	8-7	3-3	5-4	0-0	0-0	0-0
@ Oakland	21-25	12-10	9-15	0-1	1-1	3-2
Oakland	10-11	6-4	4-7	0-0	0-0	3-2
Los Angeles	11-14	6-6	5-8	0-1	1-1	0-0
Philadelphia	3-4	2-2	1-2	0-1	0-0	0-0
Pittsburgh	7-6	5-1	2-5	0-0	0-0	0-0
% St. Louis	2-5	1-3	1-2	0-0	0-0	2-6
St. Louis	1-1	0-1	1-0	0-0	0-0	0-0
Los Angeles	1-4	1-2	0-2	0-0	0-0	2-6
San Diego	22-22	14-9	8-13	1-0	0-0	2-1
San Francisco	2-4	1-3	1-1	0-0	0-0	12-15
Tampa Bay	4-1	2-1	2-0	0-0	0-0	3-0
= Tennessee	8-4	6-1	2-3	1-0	0-1	1-0
Tennessee	2-0	2-0	0-0	0-0	0-0	0-0
Houston	6-4	4-1	2-3	1-0	0-1	1-0
Washington	4-5	1-3	3-2	0-0	0-0	0-0
TOTALS	179-209	105-90	74-119	4-12	3-5	61-47

* Includes 2 games while franchise was located in St. Louis (0-2)

^ Relocated from Cleveland in 1996. All records remain in Cleveland.

+ Includes 5 games at Milwaukee's County Stadium (3-2)

Includes 2 games while franchise was located in Baltimore (0-2)

@ Includes 25 games (11-14) while franchise was located in Los Angeles

% Includes 5 games while franchise was located in Los Angeles (1-4)

= Includes 10 games while franchise was located in Houston (6-4)

OVERTIME GAMES

OVERTIME RESULTS (4-12)

10/29/78	L	17-20	Denver Broncos	62,948
11/27/83	W	51-48	Kansas City Chiefs	56,795
10/20/85	L	10-13	at Denver Broncos	74,899
10/22/89	L	21-24	Denver Broncos	62,353
09/23/90	L	31-34	at Denver Broncos	75,290
11/25/90	W	13-10	at San Diego Chargers	50,097
12/02/90	W	13-10	Houston Oilers	57,592
10/13/91	L	20-23	Los Angeles Raiders	61,974
11/30/92	W	16-13	Denver Broncos	51,612
12/13/92	L	17-20	Philadelphia Eagles	47,492
12/19/93	L	27-30	Phoenix Cardinals	45,737
11/06/94	L	17-20	Cincinnati Bengals	46,630
10/29/95	L	14-20	at Arizona Cardinals	39,600
09/28/97	L	17-20	at Kansas City Chiefs	77,877
11/16/97	L	17-20	at New Orleans Saints	50,493
12/19/99	L	30-36	at Denver Broncos	65,987

Denver 20, at Seattle 17 — Sunday, October 29, 1978

The Broncos Jim Turner kicked a second-chance 18-yard field goal 12:59 into overtime for the win. Turner missed an 18-yarder the play before but the Seahawks were penalized for 12 men on the field. Denver's Steve Foley intercepted a pass at the Seattle 36 to set up the drive. The Broncos had three possessions in the overtime and Seattle two.

at Seattle 51, Kansas City 48 — Sunday, November 27, 1983

Norm Johnson's third 42-yard field goal of the day, with 1:46 gone, gave the Seahawks the win in the highest-scoring game in Seattle history and the third-highest in NFL history. Seattle had the only possession in overtime, driving 24 yards in four plays. Zachary Dixon's 47-yard kickoff return to the Chiefs 48 started the drive, which featured four Curt Warner runs to the Kansas City 24 before Johnson kicked his field goal on third down. Warner set team records with 32 rushes, 207 rushing yards, and scored three touchdowns. Johnson had tied the game with two seconds left in regulation with a 42-yarder.

at Denver 13, Seattle 10 — Sunday, October 20, 1985

Rich Karlis booted a 24-yard field goal 9:19 into overtime for the win. Each team had three possessions, with the first two ending in punts. Seattle's third drive ended in Daniel Hunter's interception and 20-yard return to the Seahawks 15. Karlis booted his field goal four plays later.

Denver 24, at Seattle 21 — Sunday, October 22, 1989

David Treadwell kicked a 27-yard field goal 7:46 into overtime. Seattle won the toss and drove to the Broncos 22 where Norm Johnson's 40-yard field goal was wide left. After a Denver punt, Denver's Dennis Smith intercepted a Dave Krieg pass and returned it 28 yards to the Seattle 10, where Treadwell kicked a field goal on the next play.

at Denver 34, Seattle 31 — Sunday, September 23, 1990

David Treadwell's 25-yard field goal 9:14 into overtime capped Denver's first overtime possession. Seattle won the toss and drove to the Denver 26 where Johnson's 44-yard field goal was wide right. The Broncos then moved from their own 26 to the Seattle 8 setting up the kick.

Seattle 13, at San Diego 10 — Sunday, November 25, 1990

Norm Johnson's 40-yard field goal came 3:01 into overtime and was set up by Rufus Porter's recovery of a Nesby Glasgow forced fumble at the Chargers 23.

at Seattle 13, Houston 10 — Sunday, December 2, 1990

De ja vu. Norm Johnson's 42-yard field goal 4:25 into overtime was set up by David Wyman's recovery of a Tony Woods forced fumble at the Houston 27.

L.A. Raiders 23, at Seattle 20 — Sunday, October 13, 1991

Jeff Jaeger's 37-yard field goal 6:37 into overtime was the winner. After both team's punted on their first possession, Los Angeles' Ronnie Lott intercepted Jeff Kemp at the Seattle 19 and Jaeger kicked the game-winner on the next play.

at Seattle 16, Denver 13 — Sunday, November 30, 1992

John Kasay redeemed himself with a 32-yard field goal 11:10 into overtime as Seattle snapped an eight-game losing streak. Kasay had missed a 33-yarder on Seattle's second overtime possession. Denver had three possessions and Seattle four. The Seahawks special teams and defense set up the game-winning drive by downing a punt at the Denver 4 and holding the Broncos to no yards on three plays. Seattle drove 24 yards in four plays for the winner.

Philadelphia 20, at Seattle 17 — Sunday, December 13, 1992

Roger Ruzek's 44-yard field goal as the gun sounded ended the longest game in Seattle history (75:00). The Eagles gained 101 yards and controlled the ball for 10:02 on three overtime possessions, while holding the Seahawks to 20 yards on two.

Phoenix 30, at Seattle 27 — Sunday, December 19, 1993

Greg Davis kicked a club record and personal best 55-yard field goal on the last play of regulation and added a 41-yarder on the Cardinals only overtime possession for the win. Davis' 55-yard kick capped a 27-yard, 7-play drive after Seattle took a 27-24 lead on Rick Mirer's one-yard run with 1:22 left. Steve Beuerlein hit 5-of-6 passes on Phoenix's 57-yard, 13-play game-winning drive. It was the only possession in overtime by either team.

Cincinnati 20, at Seattle 17 — Sunday, November 6, 1994

Doug Pelfrey kicked his Cincinnati record sixth field goal of the game, a 26-yarder, 8:14 into overtime to give the winless Bengals (0-8) their first victory of the season. Pelfrey's kick came one play after quarterback Jeff Blake connected on a 76-yard pass to Darnay Scott to the Seattle 7. Each team had two possessions in the overtime. The game marked the Seahawks first game in the Kingdome, which had been undergoing ceiling tile repairs since mid-July.

at Arizona 20, Seattle 14 — Sunday, October 29, 1995

Lorenzo Lynch returned a deflected pass 72 yards for a touchdown with 3:33 left in overtime. His return ended a game that had a combined 11 turnovers, seven by Seattle, including a team record eight fumbles. Each team had chances to win late, but Seattle lost a fumble into the Cardinals end zone and had a field goal blocked while Arizona had a field goal blocked. After the block, the Seahawks moved to the Cardinals 33 where a second-and-six pass was deflected into Lynch's hand.

at Kansas City 20, Seattle 17 — Sunday, September 28, 1997

Pete Stoyanovich's 41-yard field goal with 1:56 left in overtime gave the Chiefs the win. Safety James Woods picked off a Seahawks pass and return it to midfield setting up the Chiefs game-winning drive. Marcus Allen, who'd scored two touchdowns, ran four times for eight yards on the drive, including a two-yard drive on a third-and-one play. Each team had two possessions in overtime.

at New Orleans 20, Seattle 17 — Sunday, November 16, 1997

Doug Brien's 48-yard field goal one play after Winfred Tubbs' interception gave the Saints the win 17 seconds into overtime. Tubbs picked off his pass on Seattle's first play and returned it to the Seahawks 20 setting up Brien. Both teams had chances to win late in regulation after Seattle had tied the game with 1:40 left. New Orleans drove to the Seahawks 29 with 51 seconds left, but lost a fumble. Seattle then moved to the Saints 27, but missed a 45-yard field goal with 19 seconds left.

at Denver 36, Seattle 30 — Sunday, December 19, 1999

After falling behind 30-20, with 1:47 remaining, the Seahawks scored on a Jon Kitna to Derrick Mayes pass play with :54 left. Trailing by three points, the Seahawks' Kerry Joseph recovered an onside kick and Todd Peterson booted a 45-yard field goal to send the game into overtime. The Seahawks defense forced a punt on the first possession of overtime, but a sack and fumble was returned by Broncos' linebacker Glenn Cadrez 37 yards for the winning score.

PLAYOFF GAMES

AFC WILD CARD PLAYOFFS

Seattle Seahawks 31, Denver Broncos 7

Saturday, December 24, 1983 — Kingdome

Dave Krieg threw three touchdown passes to lead the Seahawks to a win in the first playoff game in their history. Krieg, who completed 12-of-13 passes, increased a 10-7 Seahawks halftime lead with touchdown passes on Seattle's first two second half possessions. Seattle scored on the game's opening drive on a Krieg touchdown pass. After a Denver touchdown, Seattle took the lead for good with a field goal. Krieg then opened the second half by throwing two touchdown passes. Seattle recorded three takeaways, all deep in Seahawks territory. Of Denver's 360 total yards, 140 were gained on their last two drives. Steve DeBerg, who was activated two days before the game after missing nine games with a shoulder injury, was 14-of-19 for 131 yards, before being replaced midway through the fourth quarter by rookie John Elway. Both teams had 9-7 records in the regular season with Seattle gaining the home field advantage by virtue of their win on the season's last week and Denver's loss at Kansas City.

Denver	7	0	0	0	—	7
Seattle	7	3	7	14	—	31
SEA 1	4:42	0-7	Largent 17 pass Krieg (N. Johnson kick) [8-62, 4:33]			
DEN 1	11:22	7-7	Myles 13 pass DeBerg (Karlis kick) [9-76, 4:08]			
SEA 2	5:35	7-10	N. Johnson 37 FG [9-32, 4:33]			
SEA 3	7:02	7-17	Metzelaars 5 pass Krieg (N. Johnson kick) [5-73, 3:19]			
SEA 4	0:04	7-24	Johns 18 pass Krieg (N. Johnson kick) [9-61, 4:17]			
SEA 4	5:26	7-31	Hughes 2 run (N. Johnson kick) [9-64, 4:43]			
Att.	—	60,752				

STARTERS

OFFENSE

TE	- Metzelaars
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- August
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- C. Bryant
K	- N. Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Norman
RILB	- Butler
ROLB	- Gaines
LCB	- Justin
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

INDIVIDUAL STATISTICS

RUSHING

Denver	Att	Yds	LG	TD
Winder	16	59	35	0
Poole	7	25	7	0
TOTAL	33	125	35	0
Seattle	Att	Yds	LG	TD
Warner	23	99	15	0
Hughes	3	16	9	1
TOTAL	38	145	15	1

PASSING

Denver	A	C	Yds	TD	I
DeBerg	19	14	131	1	1
Elway	15	10	123	0	1
TOTAL	34	24	254	1	2
Seattle	A	C	Yds	TD	I
Krieg	13	12	200	3	0
TOTAL	13	12	200	3	0

PASS RECEIVING

Denver	No	Yds	LG	TD
Myles	7	73	18	1
Watson	4	51	22	0
Poole	4	17	8	0
Simpson	3	52	31	0
TOTAL	24	254	31	1
Seattle	No	Yds	LG	TD
Largent	4	76	34	1
Warner	3	22	9	0
Johns	2	59	41	1
Young	2	38	28	0
Metzelaars	1	5	5	1
TOTAL	12	200	41	3

TEAM STATISTICS

	Denver	Seattle
Total First Downs	21	17
Rush/Pass/Penalty	5/14/2	8/9/0
Third Down Eff.	9/17 52.9%	5/10 50.0%
Fourth Down Eff.	1/2 50.0%	1/1 100.0%
Total Net Yards	360	324
Total Off. Plays	69	53
Avg. Per Play	5.2	6.1
Net Yards Rushing	125	145
Total Rushing Plays	33	38
Avg. Gain Per Rush	3.8	3.8
Net Yards Passing	235	179
Times Sacked/Yards Lost	2-19	2-21
Pass Atts-Comps-Ints	34-24-2	13-12-0
Avg. Gain Per Pass Play	6.5	11.9
Punts-No. and Avg.	4-47.8	3-41.7
Had Blocked	0	0
Penalties-No. and Yards	5-35	3-34
Return Yardage	128	146
Fumbles-No. and Lost	1-1	1-0
Touchdowns	1	4
Rush/Pass/Return	0/1/0	1/3/0
Extra Points Made-Atts	1-1	4-4
Field Goals Made-Att	0-0	1-1
Time Of Possession	30:57	29:03

DEFENSE

Denver — Tackles: Ryan 7. Sacks: Manor 1.0, Woodard 1.0.
 Interceptions: None. Forced Fumbles: None. Fumble Recoveries: None.
 Seattle — Tackles: Easley 11. Sacks: Clancy 1.0, Easley 1.0.
 Interceptions: G. Johnson 1, Justin 1. Forced Fumbles: Robinson 1.
 Fumble Recoveries: Moyer 1.

AFC DIVISIONAL PLAYOFFS

Seattle Seahawks 27, Miami Dolphins 20

Saturday, December 31, 1983 — Orange Bowl

Seattle scored 10 points in a 33 second span late in the fourth quarter to upset the highly favored and defending AFC Champion Dolphins at home. Trailing 20-17 with 3:43 left, Dave Krieg connected twice with Steve Largent for 16 and 40 yards to put the ball at the Dolphins two where Curt Warner scored. Sam Merriman recovered a Fulton Walker fumble on the ensuing kickoff to set up Norm Johnson's field goal. When Walker fumble the kickoff again, Seattle recovered and ran out the clock. Miami scored first, but missed the point after allowing Seattle to take a 7-6 lead on Krieg's pass to Cullen Bryant. Zachary Dixon set the score up with a 59-yard kickoff return. Dan Marino's second touchdown pass of the first half gave the Dolphins a 13-7 halftime lead. Seattle regained the lead on Warner's one yard run which was set up by John Harris' fumble recovery. Johnson then added a field goal for a 17-13 lead after Kerry Justin's interception. Krieg was intercepted off with 4:34 left setting up the Dolphins go-ahead touchdown before rebounding with his completions to Largent, who had been held without a reception. The Seattle defense forced five turnovers 70 set up 13 points. Dave Brown had 10 tackles and Keith Butler nine for Seattle. Harris had four tackles, an interception and a fumble recovery. Miami entered the game 12-4 and winners of the AFC East, while Seattle qualified as a wild card with a 9-7 mark.

Seattle	0	7	7	13	—	27
Miami	0	13	0	7	—	20
MIA 2	2:23	0-6	D. Johnson 19 pass Marino (kick blocked) [12-80, 5:44]			
SEA 2	5:41	7-6	C. Bryant 6 pass Krieg (N. Johnson kick) [6-38, 3:16]			
MIA 2	9:17	7-13	Duper 32 pass Marino (von Schamann kick) [7-74, 3:36]			
SEA 3	8:34	14-13	Warner 1 run (N. Johnson kick) [8-55, 3:53]			
SEA 4	4:18	17-13	N. Johnson 27 FG [9-40, 4:18]			
MIA 4	11:17	17-20	Bennett 2 run (von Schamann kick) [3-16, 0:51]			
SEA 4	13:12	24-20	Warner 2 run (N. Johnson kick) [5-66, 1:55]			
SEA 4	13:34	27-20	N. Johnson 37 FG [4-8, 0:24]			
Att.	—	71.032				

STARTERS

OFFENSE

TE	- Metzelaars
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- August
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- C.Bryant
K	- N.Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J.Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Justin
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

INDIVIDUAL STATISTICS

RUSHING

	Att	Yds	LG	TD
Seattle				
Warner	29	113	11	2
Bryant	5	22	6	0
TOTAL	42	151	12	2
Miami				
Nathan	8	19	9	0
Franklin	6	28	9	0
TOTAL	30	128	10	1

PASSING

	A	C	Yds	TD	I
Seattle					
Krieg	28	15	192	1	1
Zorn	1	0	0	0	0
TOTAL	29	15	192	1	1
Miami					
Marino	25	15	193	2	2
Clayton	1	0	0	0	0
TOTAL	26	15	193	2	2

PASS RECEIVING

	No	Yds	LG	TD
Seattle				
Warner	5	38	10	0
Johns	4	60	28	0
Largent	2	56	40	0
Doornink	2	26	16	0
C.Bryant	2	12	6	1
TOTAL	15	192	40	1
Miami				
Duper	9	117	32	1
D. Johnson	2	29	19	1
Moore	2	26	13	0
TOTAL	15	193	32	2

TEAM STATISTICS

	Seattle	Miami
Total First Downs	21	21
Rush/Pass/Penalty	122/9/0	9/11/1
Third Down Eff.	8/17 47.1%	6/10 60.0%
Fourth Down Eff.	1/1 100.0%	0/0 0.0%
Total Net Yards	334	321
Total Off. Plays	72	56
Avg. Per Play	4.6	5.7
Net Yards Rushing	151	128
Total Rushing Plays	42	30
Avg. Gain Per Rush	3.6	4.3
Net Yards Passing	192	193
Times Sacked/Yards Lost	1/9	0/0
Pass Atts-Comps-Ints	29-15-1	26-15-2
Avg. Gain Per Pass Play	6.1	7.4
Punts-No. And Avg.	4-38.0	4-35.5
Had Blocked	0	0
Penalties-No. And Yards	2-15	5-30
Return Yardage	130	154
Fumbles-No. And Lost	0-0	3-3
Touchdowns	3	3
Rush/Pass/Return	2/1/0	1/2/0
Extra Points Made-Atts	3/3	3/3
Field Goals Made-Att	2-3	0-0
Time Of Possession	34:58	25:02

DEFENSE

Seattle — Tackles: Brown 10. Sacks: None. Interceptions: Harris 1, Justin 1. Forced Fumbles: Doornink 1, Gaines 1. Fumble Recoveries: Doornink 1, Harris 1, Merriman 1.
Miami — Tackles: Baumhower 13. Sacks: Baumhower 1.0. Interceptions: Small 1. Forced Fumbles: None. Fumble Recoveries: None.

AFC CHAMPIONSHIP GAME

Los Angeles Raiders 30, Seattle Seahawks 14
 Sunday, January 8, 1984 — Memorial Coliseum

The Raiders stopped the Seahawks dream of a trip to the Super Bowl with a convincing 30-14 win in Seattle's first appearance in the AFC Championship Game. The Raiders, who compiled an AFC-best 12-4 record during the regular season, jumped to a 27-0 lead and were never threatened. Frank Hawkins rushed for a pair of touchdowns and Chris Bahr had two field goals in the first half, which saw Los Angeles score 17 points in the last 4:17 of the second quarter. Key was a 49-yard Malcolm Barnwell pass reception setting up a touchdown and a Mike Davis interception which led to a Bahr field goal. The Raiders held a 226-16 yard advantage at halftime, including holding Seattle to a -9 yards passing. The Raiders had run 36 plays to Seattle's 23. Marcus Allen extended the Raiders lead to 27-7 with a third quarter touchdown reception. The Seahawks scored two late touchdowns sandwiched around another Bahr field goal for the final margin. Los Angeles controlled the ball for 37:06 and out-gained Seattle 401 yards to 167. Seattle suffered five interceptions and allowed four sacks. Allen accounted for 216 total yards from scrimmage, rushing for 154 and catching seven passes for 62. The Raiders were playing in their 11th AFL/AFC title game and won for the fourth time to earn a berth in Super Bowl XVIII. Los Angeles went on to defeat the defending world champion Washington Redskins, 38-9, in the Super Bowl.

Seattle	0	0	7	7	—	14
Los Angeles	3	17	7	3	—	30
LA 1	6:13	0-3	Bahr 20 FG [6-23, 2:43]			
LA 2	10:43	0-10	Hawkins 1 run (Bahr kick) [9-61, 4:40]			
LA 2	13:54	0-17	Hawkins 5 run (Bahr kick) [4-60, 1:26]			
LA 2	14:57	0-20	Bahr 45 FG [5-33, 0:38]			
LA 3	8:11	0-27	Allen 3 pass Plunkett (Bahr kick) [2-46, 1:09]			
SEA 3	10:59	7-27	Doormink 11 pass Zorn (N. Johnson kick) [10-74, 4:01]			
LA 4	11:03	7-30	Bahr 35 FG [7-19, 3:49]			
SEA 4	13:44	14-30	Young 9 pass Zorn (N. Johnson kick) [9-71, 2:41]			
Att.	— 88,734					

STARTERS

OFFENSE	
TE	- Metzelaars
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- August
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- C.Bryant
K	- N.Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J.Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Justin
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD
Warner	11	26	7	0
Hughes	3	14	8	0
TOTAL	18	65	10	0
Los Angeles	Att	Yds	LG	TD
Allen	25	154	43	0
Hawkins	10	24	8	2
Plunkett	7	26	10	0
TOTAL	46	205	43	2

PASSING

Seattle	A	C	Yds	TD	I
Krieg	9	3	12	0	3
Zorn	27	14	134	2	2
TOTAL	36	17	146	2	5
Los Angeles	A	C	Yds	TD	I
Plunkett	24	17	214	1	2
TOTAL	24	17	214	1	2

PASS RECEIVING

Seattle	No	Yds	LG	TD
Doormink	6	48	12	1
Johns	5	49	14	0
Largent	2	25	14	0
Warner	2	10	12	0
TOTAL	17	146	14	2
Los Angeles	No	Yds	LG	TD
Allen	7	62	16	1
Barnwell	5	116	49	0
Christensen	3	14	6	0
Branch	2	22	11	0
TOTAL	17	214	49	1

TEAM STATISTICS

	Seattle	Los Angeles
Total First Downs	16	21
Rush/Pass/Penalty	4/10/2	10/11/0
Third Down Eff.	2/12 16.7%	9/16 56.3%
Fourth Down Eff.	1/2 50.0%	0/1 0.0%
Total Net Yards	167	401
Total Off. Plays	58	72
Avg. Per Play	2.9	5.6
Net Yards Rushing	65	205
Total Rushing Plays	18	46
Avg. Gain Per Rush	2.9	5.6
Net Yards Passing	102	196
Times Sacked/Yards Lost	4/44	2/18
Pass Atts-Comps-Ints	37-17-5	24-17-2
Avg. Gain Per Pass Play	2.6	7.5
Punts-No. And Avg.	5-32.0	2-34.0
Penalties-No. And Yards	2-20	7-53
Return Yardage	144	100
Fumbles-No. And Lost	1-0	3-2
Touchdowns	2	3
Rush/Pass/Return	0/2/0	2/1/0
Extra Points Made-Atts	2/2	3/3
Field Goals Made-Att	0-0	3-3
Time Of Possession	22:54	37:06

DEFENSE

Seattle — Tackles: Nash 11, Butler 10. **Sacks:** Dufek 1.0, Gaines 1.0. **Interceptions:** G.Johnson 1, Scholtz 1. **Forced Fumbles:** Green 1, Scholtz 1. **Fumble Recoveries:** Bryant 2.

Los Angeles — Tackles: Squirek 7. **Sacks:** Townsend 2.0, Martin 1.0, Pickel 1.0. **Interceptions:** M.Davis 2, Hayes 1, McElroy 1, Millen 1. **Forced Fumbles:** Millen 1. **Fumble Recoveries:** None.

AFC WILD CARD PLAYOFFS
Seattle Seahawks 13, Los Angeles Raiders 7
Sunday, December 22, 1984 — Kingdome

Dan Doornink rushed for a career-high 123 yards to help the Seahawks eliminate the defending Super Bowl champion Raiders. Seattle took a 7-0 lead into halftime on Dave Krieg's 26-yard second quarter touchdown pass to Daryl Turner. Seattle rushed for 34 yards on the 93-yard drive, which was keyed by a 23-yard pass interference penalty on Los Angeles' Lester Hayes putting the ball at the Raiders 33. Doornink contributed 18 yards on a third quarter drive to Norm Johnson's 35-yard field goal. That drive was set up by Keith Simpson's recovery of a Bruce Scholtz forced fumble at the Raiders 38. Johnson upped the lead to 13-0 with a 44-yard fourth quarter field goal. The Raiders broke into the scoring column on Jim Plunkett's 46-yard touchdown pass to Marcus Allen with 5:05 left. Seattle ran the clock down to 45 seconds on their next drive behind the running of Doornink, who carried four times for 13 yards, including a five-yard run on a third-and-two. He also contributed a 14-yard reception. The Raiders last drive ended with Kenny Easley's interception with four seconds left. Doornink, a seven-year veteran, had started only three times in the regular season and rushed for 215 yards. He contributed 82 of his total in the second half. The Seattle defense limited Los Angeles to 240 total yards, recorded six sacks, and forced three turnovers. Jacob Green had 2.5 of the sacks. Keith Butler had nine tackles, including a sack. Bill Pickel had 15 tackles and Vann McElroy 11 for the Raiders. Seattle played the game without starting left tackle Ron Essink (flu) and started Sid Abramowitz, who had one career start, in his place. Seattle's reliance on the run caused the Raiders to switch to a 4-4 defense for most of the second half, removing Hayes for an extra linebacker.

Los Angeles	0	0	0	7	—	7
Seattle	0	7	3	3	—	13
SEA 2	10:41	0-7	Turner 26 pass Krieg (Johnson kick) [9-93, 5:05]			
SEA 3	13:31	0-10	Johnson 35 FG [7-21, 2:33]			
SEA 4	4:10	0-13	Johnson 44 FG [5-23, 2:27]			
LA 4	9:55	7-13	Allen 46 pass Plunkett (Bahr kick) [7-78, 1:17]			
Att.	—	62,049				

STARTERS**OFFENSE**

TE	- Tice
LT	- Abramowitz
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- Cryder
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Doornink
FB	- Hughes
K	- N.Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J.Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Simpson
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

INDIVIDUAL STATISTICS**RUSHING**

Los Angeles	Att	Yds	LG	TD
Allen	17	61	15	0
Hawkins	6	34	11	0
TOTAL	25	105	15	0
Seattle	Att	Yds	LG	TD
Doornink	27	123	14	0
Hughes	14	54	12	0
Lane	4	17	8	0
Krieg	3	10	13	0
TOTAL	49	202	14	0

PASSING

Los Angeles	A	C	Yds	TD	I
Plunkett	27	14	184	1	2
TOTAL	27	14	184	1	2
Seattle	A	C	Yds	TD	I
Krieg	10	4	70	1	0
TOTAL	10	4	70	1	0

PASS RECEIVING

Los Angeles	No	Yds	LG	TD
Allen	5	90	46	1
Hawkins	6	27	12	0
Barnwell	3	34	18	0
2 players with	1			
TOTAL	25	105	15	1
Seattle	No	Yds	LG	TD
Turner	1	26	26	1
Tice	1	20	20	0
Doornink	1	14	14	0
Hughes	1	10	10	0
TOTAL	4	70	26	1

TEAM STATISTICS

	Los Angeles	Seattle
Total First Downs	14	17
Rush/Pass/Penalty	5/8/1	12/4/1
Third Down Eff.	4/13 30.8%	2/13 15.4%
Fourth Down Eff.	0/0 0.0%	0/0 0.0%
Total Net Yards	240	248
Total Off. Plays	58	61
Avg. Per Play	4.1	4.1
Net Yards Rushing	105	202
Total Rushing Plays	25	51
Avg. Gain Per Rush	4.2	4.1
Net Yards Passing	135	46
Times Sacked/Yards Lost	6/49	2/24
Pass Atts-Comps-Ints	27-14-2	10-4-0
Avg. Gain Per Pass Play	4.1	3.8
Punts-No. And Avg.	8-41.9	8-37.8
Penalties-No. And Yards	8-68	7-55
Return Yardage	33	111
Fumbles-No. And Lost	2-1	0-0
Touchdowns	1	1
Rush/Pass/Return	0/1/0	0/1/0
Extra Points Made-Atts	1/1	1/1
Field Goals Made-Att	0-0	2-2
Time Of Possession	25:41	34:19

DEFENSE

Los Angeles — Tackles: McElroy 11. Sacks: Alzado 2.0. Interceptions: None. Forced Fumbles: None. Fumble Recoveries: None.
Seattle — Tackles: Butler 9, Green 9. Sacks: Green 2.5, Butler 1.0. Fanning: 1.0, Mangiero 1.0, Bryant 0.5. Interceptions: Easley 1, Harris 1. Forced Fumbles: Butler 1, Scholtz 1. Fumble Recoveries: Simpson 1.

AFC DIVISIONAL PLAYOFFS

Miami Dolphins 31, Seattle Seahawks 10

Saturday, December 29, 1984 — Orange Bowl

Dan Marino threw three touchdown passes to lead the Dolphins to a divisional playoff win in the Orange Bowl. Miami, which had the AFC's best regular season record, 14-2, would host the AFC Championship Game. Seattle, which finished the regular season a franchise best 12-4, was eliminated. The win also avenged a 27-20 Seahawks win in the divisional round of the 1983 AFC playoffs. Marino threw two of his scoring passes in the third quarter to break open what had been a 14-10 Miami halftime lead. Marino, who set an NFL record with 48 touchdown passes during the season, was 7-of-8 for 50 yards on the first scoring drive. On the second, he found Mark Clayton two plays after a short punt gave Miami the ball at the Seattle 33. Uwe von Schamann closed out the scoring with a fourth quarter field goal. Miami struck first on their second possession as Tony Nathan scored on a 14-yard run. After Seattle closed to 7-3, Marino found Jimmy Cefalo for a 34-yard touchdown on the Dolphins' next possession, one play after a Seattle interception was nullified by an offside penalty. Seattle closed to 14-10 on Dave Krieg's 56-yard touchdown pass to Steve Largent with 3:23 left in the half. Miami gained 405 yards as Marino passed for 262. Seattle's John Harris, a Miami native, picked off two passes in the first half. His 32-yard return with the first set up a field goal. He returned the second 13 yards to the Miami 45, but the Dolphins held, forcing a punt.

Seattle	0	10	0	0	—	10
Miami	7	7	14	3	—	31
MIA 1	10:51	0-7	Nathan 14 run (von Schamann kick)	[8-68, 4:01]		
SEA 2	1:24	3-7	Johnson 27 FG [7-29, 3:08]			
MIA 2	4:07	3-14	Cefalo 34 pass Marino (von Schamann kick)	[4-60, 2:43]		
SEA 2	11:37	10-14	Largent 56 pass Krieg (Johnson kick)	[4-70, 1:47]		
MIA 3	10:35	10-21	Hardy 3 pass Marino (von Schamann kick)	[13-76, 5:40]		
MIA 3	12:35	10-28	Clayton 33 Pass Marino (von Schamann kick)	[2-33, 0:46]		
MIA 4	3:32	10-31	von Schamann 37 FG (8-69, 3:55)			
Att.	—	73,469				

STARTERS

OFFENSE

TE	- Tice
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- Cryder
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Doornink
FB	- Hughes
K	- N.Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J.Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Simpson
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD
Doornink	10	35	8	0
Hughes	7	14	7	0
TOTAL	18	51	8	0
Miami	Att	Yds	LG	TD
Nathan	18	76	14	1
Bennett	11	41	14	0
P. Johnson	6	22	11	0
TOTAL	36	143	14	1

PASSING

Seattle	A	C	Yds	TD	I
Krieg	35	20	234	1	0
TOTAL	35	20	234	1	0
Miami	A	C	Yds	TD	I
Marino	34	21	262	3	2
TOTAL	34	21	262	3	2

PASS RECEIVING

Seattle	No	Yds	LG	TD
Largent	6	128	56	1
Doornink	6	23	9	0
Turner	3	38	21	0
Skansi	2	31	24	0
TOTAL	4	70	26	1
Miami	No	Yds	LG	TD
Clayton	5	75	33	1
Nathan	4	20	12	0
Hardy	3	48	32	1
Duper	3	32	15	0
2 players with	2			
TOTAL	21	262	34	3

TEAM STATISTICS

	Seattle	Miami
Total First Downs	8	22
Rush/Pass/Penalty	2/6/0	8/12/2
Third Down Eff.	5/15 33.3%	4/13 30.8%
Fourth Down Eff.	0/1 0.0%	1/1 100.0%
Total Net Yards	267	405
Total Off. Plays	55	70
Avg. Per Play	4.9	5.8
Net Yards Rushing	51	143
Total Rushing Plays	18	36
Avg. Gain Per Rush	4.9	5.8
Net Yards Passing	216	262
Times Sacked/Yards Lost	2/18	0/0
Pass Atts-Comps-Ints	35-20-0	34-21-2
Avg. Gain Per Pass Play	5.8	7.7
Punts-No. And Avg.	7-37.0	3-37.0
Had Blocked	0	0
Penalties-No. And Yards	4-20	1-5
Return Yardage	127	81
Fumbles-No. And Lost	1-1	0-0
Touchdowns	1	4
Rush/Pass/Return	0/1/0	1/3/0
Extra Points Made-Atts	1/1	4/4
Field Goals Made-Att	1-2	1-3
Time Of Possession	24:12	35:48

DEFENSE

Seattle — Tackles: Butler 8, Easley 8. Sacks: None. Interceptions: Harris 2. Forced Fumbles: None. Fumble Recoveries: None.
Miami — Tackles: M. Brown 10. Sacks: Brudzinski 1.0, Betters 1.0. Interceptions: None. Forced Fumbles: McNeil 1. Fumble Recoveries: Benson 1.

AFC WILD CARD PLAYOFFS

Houston Oilers 23, Seattle Seahawks 20 (overtime)

Sunday, January 3, 1988 — Astrodome

Tony Zendejas' 42-yard field goal 8:05 into overtime gave the Oilers the win over the Seahawks in Houston's first playoff game since 1980. The win puts the Oilers in the divisional playoffs at the Denver Broncos. Zendejas' kick capped a 61-yard drive on the Oilers first overtime possession. Warren Moon completed 3-of-4 passes on the drive's first five plays, for 37 yards, before Mike Rozier ran six times for 27 yards setting up Zendejas. Seattle forced overtime with an 80-yard drive that ended with Steve Largent's touchdown reception from Dave Krieg with 26 seconds left. The drive, which was set up a miss by Zendejas from 29 yards, featured a fourth-and-10 and third-and-10 conversions from Krieg, was only 4-of-10 on the drive, but accounted for all 80 yards. Seattle won the overtime coin toss, but was forced to punt after three plays. Playing without Curt Warner (ankle), the NFL's third-leading rusher, Seattle was out-gained 437-250, including 178-29 on the ground. Houston held the ball for 47:44 compared to Seattle's 20:21. Despite this, the Seahawks grabbed a 7-0 lead just 3:16 into the game. Melvin Jenkins picked off a pass on Houston's third play setting up a Krieg touchdown pass. Zendejas had a pair of field goals around a Rozier touchdown. After two Johnson field goals tied the score, Moon threw a touchdown pass to Willie Drewrey, the first of his career, for a 20-13 lead.

Seattle	7	3	3	7	0	—	20
Houston	3	10	7	0	3	—	23
SEA 1	3:16	7-0	Largent 20 pass Krieg (Johnson kick) [3-54, 1:38]				
HOU 1	10:16	7-3	Zendejas 47 FG [11-51, 7:00]				
HOU 2	1:43	7-10	Rozier 1 run (Zendejas kick) [9-48, 4:20]				
HOU 2	8:11	7-13	Zendejas 49 FG [7-27, 4:33]				
SEA 2	11:50	10-13	Johnson 33 FG [4-4, 0:48]				
SEA 3	6:37	13-13	Johnson 41 FG [6-16, 2:16]				
HOU 3	12:26	13-20	Drewrey 29 pass Moon (Zendejas kick) [9-84, 5:49]				
SEA 4	14:34	20-20	Largent 12 pass Krieg (Johnson kick) [10-80, 1:21]				
HOU 5	8:05	20-23	Zendejas 42 FG (12-61, 6:53)				
Att.	—	49,622					

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD
Williams	7	27	10	0
Morris	4	2	4	0
TOTAL	11	29	10	0
Houston	Att	Yds	LG	TD
Highsmith	12	74	16	0
Rozier	21	66	11	1
Pinkett	11	29	5	0
TOTAL	50	178	16	1

PASSING

Seattle	A	C	Yds	TD	I
Krieg	38	16	237	2	0
Williams	1	0	0	0	0
TOTAL	39	16	237	2	0
Houston	A	C	Yds	TD	I
Moon	32	21	273	1	1
TOTAL	32	21	273	1	1

PASS RECEIVING

Seattle	No	Yds	LG	TD
Largent	7	132	33	2
Butler	3	73	32	0
Williams	2	5	3	0
Skansi	2	13	7	0
TOTAL	16	237	33	2
Houston	No	Yds	LG	TD
Givins	7	89	19	0
D. Hill	6	84	15	0
Drewrey	3	62	29	1
Highsmith	2	17	11	0
TOTAL	21	273	29	1

TEAM STATISTICS

	Seattle	Houston
Total First Downs	11	27
Rush/Pass/Penalty	1/10/0	9/18/0
Third Down Eff.	2/12 16.7%	10/18 55.6%
Fourth Down Eff.	1/1 100.0%	0/0 0.0%
Total Net Yards	250	437
Total Off. Plays	52	84
Avg. Per Play	4.8	5.2
Net Yards Rushing	29	178
Total Rushing Plays	11	50
Avg. Gain Per Rush	2.6	3.6
Net Yards Passing	221	259
Times Sacked/Yards Lost	2/16	2/14
Pass Atts-Comps-Ints	39-16-0	32-21-1
Avg. Gain Per Pass Play	5.3	7.6
Punts-No. And Avg.	7-44.3	3-35.0
Penalties-No. And Yards	3-20	4-25
Return Yardage	226	92
Fumbles-No. And Lost	1-1	2-1
Touchdowns	2	2
Rush/Pass/Return	0/2/0	1/10/0
Extra Points Made-Atts	2/2	2/2
Field Goals Made-Att	2-2	3-5
Time Of Possession	20:21	47:44

DEFENSE

Seattle — Tackles: Bosworth 17, Robinson 15, Easley 12, Jenkins 12, Young 12. **Sacks:** Bryant 1.0, Gaines 1.0. **Interceptions:** Jenkins 1. **Forced Fumbles:** Young 1. **Fumble Recoveries:** Young 1.

Houston — Tackles: Bostic 5, Childress 5, Meads 5. **Sacks:** Childress 1.0, Lyles 0.5, Meads 0.5. **Interceptions:** None. **Forced Fumbles:** None. **Fumble Recoveries:** Bostic 1.

STARTERS

OFFENSE

WR	- Butler
LT	- Mattes
LG	- Bailey
C	- Feasel
RG	- Millard
RT	- Wilson
TE	- Tice
WR	- Largent
QB	- Krieg
RB	- Williams
FB	- Burse
K	- N.Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J.Bryant
LOLB	- Scholtz
LILB	- Young
RILB	- Bosworth
ROLB	- Gaines
LCB	- Jenkins
RCB	- Hunter
SS	- Easley
FS	- Robinson
P	- West

AFC DIVISIONAL PLAYOFFS

Cincinnati Bengals 21, Seattle Seahawks 13

Saturday, December 31, 1988 — Riverfront Stadium

In a matchup of division winners, the Bengals used the running of rookie Ickey Woods to defeat the Seahawks in Riverfront Stadium. With the win, Cincinnati earned the right to host the AFC Championship Game. Woods rushed for 126 of the Bengals 254 yards helping set up two short Stanley Wilson touchdown runs. Woods scored on third short run to give the Bengals a 21-0 halftime lead. Cincinnati rushed for 165 yards in the half, 70 by Woods and 60 by James Brooks, and controlled the ball for 20:35. The Seahawks scored first in the fourth quarter after Joe Nash recovered a Jacob Green forced fumble on the Bengals 31. Dave Krieg passed seven yards to John L. Williams for the score. After a punt, Seattle drove 69 yards capped by Krieg's one-yard run, but missed the extra point, to trail by eight. Seattle out-gained the Bengals 245-116 in the second half. Williams caught 11 passes for 137 yards for the Seahawks, both team postseason records. The 11 receptions was also the third most in a post-season game in NFL history. The Seahawks were hampered by an ankle injury suffered by Curt Warner in the season finale at the Los Angeles Raiders, which held him to 11 yards on eight carries. The Bengals earned the right to host the game after posting an AFC-best 12-4 record. Seattle was 9-7 and won their first AFC West title. Cincinnati went on to defeat the Buffalo Bills and represented the AFC in Super Bowl XXIII.

Seattle	0	0	0	13	—	13
Cincinnati	7	14	0	0	—	21
CIN 1	5:59	0-7	Wilson 3 run (Breech kick) [11-85, 5:41]			
CIN 2	3:25	0-14	Wilson 3 run (Breech kick) [7-75, 5:32]			
CIN 2	7:20	0-21	Woods 1 run (Breech kick) [5-56, 3:00]			
SEA 4	3:20	7-21	Williams 7 pass Krieg (Johnson kick) [5-31, 1:44]			
SEA 4	8:55	13-21	Krieg 1 run (kick wide right) [9-69, 3:33]			
Att. —	58,560					

STARTERS

OFFENSE

WR	- Blades
LT	- Mattes
LG	- Bailey
C	- Bush
RG	- Millard
RT	- Wilson
TE	- Tice
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- Williams
K	- Johnson

DEFENSE

LE	- Green
NT	- Nash
RE	- J Bryant
L OLB	- Scholtz
L ILB	- Comeaux
R ILB	- Wyman
R OLB	- Woods
LCB	- Taylor
RCB	- Jenkins
SS	- Moyer
FS	- Robinson
P	- West

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD
Warner	8	11	8	0
Williams	7	10	3	0
TOTAL	16	22	8	1
Cincinnati	Att	Yds	LG	TD
Woods	23	126	30	1
Brooks	13	72	26	0
Wilson	7	45	20	2
TOTAL	47	254	30	3

PASSING

Seattle	A	C	Yds	TD	I
Krieg	50	24	297	1	2
TOTAL	50	24	297	1	2
Cincinnati	A	C	Yds	TD	I
Esiason	19	7	108	0	0
TOTAL	19	7	108	0	0

PASS RECEIVING

Seattle	No	Yds	LG	TD
Williams	11	137	37	1
Blades	5	78	24	0
Butler	2	40	32	0
Largent	2	17	12	0
TOTAL	24	297	37	1
Cincinnati	No	Yds	LG	TD
Holman	3	44	24	0
Collinsworth	1	30	30	0
Brown	1	23	23	0
Brooks	1	9	9	0
Riggs	1	2	2	0
TOTAL	7	108	30	0

TEAM STATISTICS

	Seattle	Cincinnati
Total First Downs	19	22
Rush/Pass/Penalty	1/16/2	17/5/0
Third Down Eff.	2/12 16.7%	6/13 46.2%
Fourth Down Eff.	2/4 50.0%	0/1 0.0%
Total Net Yards	294	345
Total Off. Plays	69	68
Avg. Per Play	4.3	5.1
Net Yards Rushing	22	254
Total Rushing Plays	16	47
Avg. Gain Per Rush	1.4	5.4
Net Yards Passing	297	108
Times Sacked/Yards Lost	3/25	2/17
Pass Atts-Comps-Ints	50-24-2	19-7-0
Avg. Gain Per Pass Play	5.3	4.3
Punts-No. And Avg.	6-44.1	6-46.0
Had Blocked	0	0
Penalties-No. And Yards	5-45	2-29
Return Yardage	96	73
Fumbles-No. And Lost	1-1	3-2
Touchdowns	2	3
Rush/Pass/Return	1/1/0	3/0/0
Extra Points Made-Atts	2-3	4-4
Field Goals Made-Att	0-0	0-0
Time Of Possession	24:41	35:19

DEFENSE

Seattle — Tackles: Robinson 11. Sacks: Clarke 1.0, Green 1.0. Interceptions: None. Forced Fumbles: Clarke 1, Green 1. Fumble Recoveries: Jenkins 1, Nash 1.
 Cincinnati — Tackles: Krumrie 7. Sacks: Buck 1.0, Skow 1.0, Williams 1.0. Interceptions: Thomas 1, Wilcoits 1. Forced Fumbles: Krumrie 1. Fumble Recoveries: Skow 1.

AFC WILD CARD PLAYOFFS

Miami Dolphins 20, Seattle Seahawks 17

Sunday, January 9, 2000 — Kingdome

Charlie Rogers' 85-yard kickoff return touchdown proved not to be enough as the Seattle Seahawks lost to the Miami Dolphins at the Kingdome, 20-17, in their first playoff appearance since 1988. Seattle held a 17-13 lead in the fourth quarter, but Dan Marino led an 85-yard touchdown drive with 4:48 remaining which proved to be the game-winner. The Seahawks jumped to a 7-0 lead when Jon Kitna connected with Sean Dawkins on a 9-yard scoring pass. Dolphins' Orlando Mare put the Dolphins on the board in the first quarter with a 32-yard field goal.

Seattle countered with a 50-yard Todd Peterson field goal with 50 seconds remaining in the half for a 10-3 Seahawks halftime lead. Miami came right out of the gates to open the second half trying to work their way back into the game. Marino connected with Orande Gadsden on a 1-yard touchdown pass, which tied the game at 10-10. However, on the ensuing kickoff, Rogers bobbled the kick, but was able to retain possession and returned it 85 yards for an electrifying touchdown giving Seattle a 17-10 lead. Following an exchange of punts, Miami crept to within 17-13 on a 50-yard Mare field goal in the third quarter.

Trying to catch Seattle by surprise, the Dolphins attempted an onside kick and recovered, but Seattle's defense held and forced the Dolphins to punt. The Dolphins scored the go-ahead touchdown on a JJ Johnson 2-yard touchdown run with 4:48 remaining. The Seahawks would have two opportunities to catch up, but were forced to punt on the first and an interception with 23 seconds left in the game sealed the victory for the Dolphins.

Miami	3	0	10	7	—	20
Seattle	7	3	7	0	—	17
SEA 1	6:18	0-7	Dawkins 9 pass Kitna (Peterson kick) [8-47, 3:35]			
MIA 1	2:05	3-7	Mare 32 FG [7-37, 4:13]			
SEA 2	0:45	3-10	Peterson 50 FG [8-49, 3:45]			
MIA 3	8:55	10-10	Gadsden 1 pass Marino (Mare kick) [10-60, 6:05]			
SEA 3	8:37	10-17	Rogers 85 kickoff return (Peterson kick)			
MIA 3	2:22	13-17	Mare 50 FG [6:32, 3:12]			
MIA 4	4:48	20-17	Johnson 2 run (Mare kick) [11-85, 4:21]			

INDIVIDUAL STATISTICS

RUSHING

Miami	Att	Yds	LG	TD	Total First Downs
Johnson	27	86	18	1	Rush/Pass/Penalty
Denson	7	19	17	0	Third Down Eff.
2 Others	3	3	4	0	Fourth Down Eff.
TOTAL	37	108	18	1	Total Net Yards
Seattle	Att	Yds	LG	TD	Total Off. Plays
Watters	19	40	8	0	Avg. Per Play
Kitna	1	1	1	0	Net Yards Rushing
TOTAL	20	41	8	0	Total Rushing Plays

PASSING

Miami	A	C	Yds	TD	I	Net Yards Passing
Marino	30	17	196	1	0	Times Sacked/Yards Lost
TOTAL	30	17	196	1	0	Pass Atts-Comps-Ints
Seattle	A	C	Yds	TD	I	Avg. Gain Per Pass Play
Kitna	30	14	162	1	2	Punts-No. And Avg.
TOTAL	30	14	162	1	2	Had Blocked

PASS RECEIVING

Miami	No	Yds	LG	TD	Penalties-No. And Yards
McDuffie	5	82	27	0	Return Yardage
Martin	5	70	23	0	Fumbles-No. And Lost
Gadsden	2	25	24	1	Touchdowns
Johnson	2	3	6	0	Rush/Pass/Return
4 Others	3	16	7	0	Extra Points Made-Atts
TOTAL	17	196	27	1	Field Goals Made-Att
Seattle	No	Yds	LG	TD	Time Of Possession

Dawkins	3	35	17	1
Pritchard	3	34	17	0
Fauria	3	31	14	0
Watters	2	22	14	0
3 Others	3	40	22	0
TOTAL	7	108	30	0

TEAM STATISTICS

Miami	Seattle
18	12
7/10/1	0/10/2
6/16 37.5%	5/15 33.3%
0/0 0.0%	1/1 100.0%
299	171
68	56
4.4	3.1
108	41
37	20
2.9	2.1
191	130
1/5	6/32
30-17-0	30-14-2
6.2	3.6
8-41.3	7-47.9
0	0
6-67	2-10
100	24
0-0	0-0
2	2
1/1/0	0/1/1
2-2	2-2
2-2	1-1
34:38	25:12

DEFENSE

Miami — Tackles: Thomas 9. **Sacks:** Armstrong 3.0, Owens, Thomas, Williams 1.0. **Interceptions:** Buckley, Marion 1. **Forced Fumbles:** None. **Fumble Recoveries:** None.

Seattle — Tackles: Brown 10. **Sacks:** Adams 1.0. **Interceptions:** None. **Forced Fumbles:** None. **Fumble Recoveries:** None.

STARTERS

OFFENSE

WR	- Dawkins
LT	- Jones
LG	- Kendall
C	- Gray
RG	- Habib
RT	- Williams
TE	- Fauria
WR	- Mayes
QB	- Kitna
RB	- Watters
FB	- Brown
K	- Peterson

DEFENSE

LE	- Sinclair
DT	- Adams
RE	- Daniels
OLB	- Brown
ILB	- Simmons
ILB	- Willis
CB	- Canty
LCB	- Springs
RCB	- W. Williams
SS	- D. Williams
FS	- Bellamy
P	- Feagles

PRESEASON RESULTS

1976

Preseason (1-5)

Sun.	8/1	L	20-27	San Francisco 49ers	60,825
Sat.	8/7	L	16-27	Chicago Bears (Spokane, Washington)	14,484
Sat.	8/14	L	13-16	L.A. Rams	62,532
Sat.	8/21	L	7-52	at Denver Broncos	22,887
Sun.	8/29	W	17-16	San Diego Chargers	59,092
Sat.	9/4	L	28-45	at Oakland Raiders	51,487

1977

Preseason (3-3)

Sun.	8/7	W	34-24	at San Francisco 49ers	38,024
Sat.	8/13	W	23-17 (ot)	Dallas Cowboys	58,789
Thur.	8/18	W	12-10	Oakland Raiders	62,187
Sat.	8/27	L	14-16	Detroit Lions	56,345
Fri.	9/2	L	10-27	Denver Broncos	54,916
Sun.	9/11	L	20-38	at San Diego Chargers	27,505

1978

Preseason (3-1)

Fri.	8/4	W	17-9	San Diego Chargers	58,853
Sat.	8/12	W	20-6	at San Francisco 49ers	36,069
Thur.	8/17	L	7-26	L.A. Rams	63,235
Thur.	8/24	W	16-7	Chicago Bears	54,844

1979

Preseason (3-1)

Thur.	8/2	W	12-9 (ot)	Minnesota Vikings	60,881
Sun.	8/12	W	27-17	Dallas Cowboys	59,960
Sat.	8/18	L	17-21	at L.A. Rams	46,083
Fri.	8/24	W	55-20	San Francisco 49ers	59,941

1980

Preseason (3-1)

Thur.	8/7	W	14-10	Atlanta Falcons	59,555
Mon.	8/18	L	7-24	Miami Dolphins	59,550
Sat.	8/23	W	10-7	at San Francisco 49ers	41,841
Fri.	8/29	W	30-23	New England Patriots	56,947

1981

Preseason (1-3)

Wed.	8/5	L	24-27 (ot)	San Francisco 49ers	56,958
Fri.	8/14	L	21-30	St. Louis Cardinals	55,520
Sat.	8/22	L	17-24	at San Francisco 49ers	37,563
Fri.	8/28	W	31-17	Baltimore Colts	55,794

1982

Preseason (1-3)

Fri.	8/13	W	14-0	St. Louis Cardinals	55,575
Sat.	8/21	L	3-7	at Minnesota Vikings	57,880
Sat.	8/28	L	13-23	at L.A. Rams	54,537
Fri.	9/3	L	13-17	San Francisco 49ers	57,839

1983

Preseason (2-2)

Fri.	8/5	L	7-10	at Denver Broncos	53,887
Fri.	8/12	W	38-21	Green Bay Packers	54,443
Fri.	8/19	L	17-19	Minnesota Vikings	54,402
Sat.	8/27	W	20-6	at San Francisco 49ers	47,074

1984

Preseason (4-1)

Sat.	7/28	W	38-0	Tampa Bay Buccaneers (Hall of Fame Game)	22,250
Sat.	8/4	W	7-3	Buffalo Bills	53,360
Sat.	8/11	W	28-24	at Detroit Lions	41,414
Fri.	8/17	W	17-7	St. Louis Cardinals	53,772
Fri.	8/24	L	7-17	at San Francisco 49ers	49,219

1985

Preseason (2-2)

Sat.	8/10	L	7-19	at Indianapolis Colts	60,014
Fri.	8/16	W	28-3	Detroit Lions	57,751
Sat.	8/24	W	27-10	at Minnesota Vikings	56,562
Fri.	8/30	L	21-23	San Francisco 49ers	60,403

1986

Preseason (2-2)

Fri.	8/8	W	21-14	Indianapolis Colts	55,443
Fri.	8/15	L	27-30 (ot)	at Detroit Lions	37,875
Fri.	8/22	W	27-17	Minnesota Vikings	57,730
Fri.	8/29	L	10-21	at San Francisco 49ers	52,419

1987

Preseason (2-2)

Thur.	8/13	L	14-23	at L.A. Rams	57,772
Sat.	8/22	L	21-28	at St. Louis Cardinals	25,309
Fri.	8/28	W	38-10	Detroit Lions	59,695
Fri.	9/4	W	34-10	San Francisco 49ers	59,653

1988

Preseason (3-1)

Thur.	8/4	W	21-14	Phoenix Cardinals	54,778
Thur.	8/11	W	16-13 (ot)	at Detroit Lions	37,993
Fri.	8/19	W	30-13	Buffalo Bills	57,000
Fri.	8/26	L	21-27	at San Francisco 49ers	53,357

1989

Preseason (3-1)

Fri.	8/11	W	16-10 (ot)	at Phoenix Cardinals	37,158
Sat.	8/19	L	12-17	New England Patriots at St. Louis, Missouri	48,746
Fri.	8/25	W	13-7	Detroit Lions	55,829
Fri.	9/1	W	28-17	San Francisco 49ers	58,641

1990

Preseason (4-1)

Sat.	8/4	L	7-10	Denver Broncos (American Bowl at Tokyo)	48,827
Sat.	8/11	W	34-9	at Phoenix Cardinals	31,316
Fri.	8/17	W	13-10	Indianapolis Colts	52,475
Fri.	8/24	W	10-3	Tampa Bay Buccaneers	52,301
Fri.	8/31	W	30-10	at San Francisco 49ers	55,269

1991

Preseason (2-2)

Sat.	8/3	L	13-31	Phoenix Cardinals	49,448
Sat.	8/10	W	17-7	at Indianapolis Colts	47,943
Sat.	8/17	W	23-7	at L.A. Rams	47,834
Fri.	8/23	L	16-28	San Francisco 49ers	54,111

1992

Preseason (2-2)

Thur.	8/6	L	7-21	L.A. Rams	52,360
Sat.	8/15	W	27-10	at Indianapolis Colts	43,272
Sat.	8/22	W	17-10	Phoenix Cardinals	51,007
Fri.	8/29	L	17-24	at San Francisco 49ers	52,822

1993

Preseason (2-2)

Sat.	8/7	L	13-16 (ot)	Indianapolis Colts	45,055
Sat.	8/14	L	10-23	at Minnesota Vikings	42,240
Sat.	8/21	W	30-0	San Francisco 49ers	51,086
Sat.	8/28	W	20-10	at Houston Oilers	43,678

1994

Preseason (2-2)

Fri.	8/5	L	9-13	at Indianapolis Colts	40,469
Sat.	8/13	W	29-6	*Tampa Bay Buccaneers	43,633
Sat.	8/20	W	30-19	*Minnesota Vikings	45,497
Fri.	8/26	L	9-13	at San Francisco 49ers	54,004

*home games played at Husky Stadium

1995

Preseason (2-2)

Sat.	8/5	W	34-20	St. Louis Rams	35,607
Sat.	8/12	L	17-20	Indianapolis Colts	38,006
Sun.	8/20	W	24-19	at New Orleans Saints	38,228
Fri.	8/26	L	7-17	at San Francisco 49ers	53,280

1996

Preseason (3-1)

Sat.	8/3	W	19-17	Atlanta Falcons	30,284
Thur.	8/8	W	24-19	at Oakland Raiders	38,219
Sat.	8/17	L	13-15	at Indianapolis Colts	38,930
Fri.	8/23	W	20-3	San Francisco 49ers	38,144

1997

Preseason (3-2)

Sat.	7/26	L	26-28	Minnesota Vikings	23,846
Sat.	8/2	W	34-6	Arizona Cardinals	49,445
Sat.	8/9	L	17-21	at San Francisco	50,153
Sat.	8/16	W	45-3	Indianapolis Colts	52,844
Fri.	8/22	W	31-28	at Cincinnati Bengals (Hall of Fame Game)	43,637

1998

Preseason (4-1)

Sat.	7/31	W	20-19	at Dallas Cowboys	59,357
Sat.	8/8	W	24-21	Indianapolis Colts	52,645
Sat.	8/15	L	21-24	San Francisco 49ers (American Bowl, Vancouver, B.C.)	45,202
Sat.	8/22	W	31-24	at Arizona Cardinals	32,683
Fri.	8/28	W	21-20	San Francisco 49ers	57,014

1999

Preseason (1-3)

Sat.	8/14	L	10-24	Buffalo Bills	66,285
Thur.	8/19	L	23-24	at San Francisco 49ers	66,193
Sat.	8/28	W	41-7	Arizona Cardinals	66,277
Thur.	9/2	L	28-31	at Indianapolis Colts	41,074

2000

Preseason (2-2)

Sat.	8/5	W	28-16	Indianapolis Colts	68,578
Sat.	8/12	L	21-3	at Arizona Cardinals	34,774
Sat.	8/19	W	25-21	San Francisco 49ers	68,579
Thur.	8/24	L	20-0	at Oakland Raiders	32,012



Eugene Robinson is one of five undrafted free agent Seahawks selected to play in the Pro Bowl.

FREE AGENT PRO BOWLERS

The Seahawks have had five players who were originally signed as free agents, selected to play in the annual AFC-NFC Pro Bowl.

Quarterback Dave Krieg, who signed with the Seahawks in 1980 out of Milton College, was chosen to play in the game after the 1984, 1988 and 1989 seasons.

Kicker Norm Johnson, who signed with the Seahawks in 1982 out of UCLA, was picked to play in the Pro Bowl after the 1984 season.

Defensive lineman Joe Nash, who signed with the Seahawks as a free agent in 1982 out of Boston College, started in the Pro Bowl following the 1984 season.

Linebacker Rufus Porter, who signed with Seattle in 1988 out of Southern, was selected for the Pro Bowl after the 1988 and 1989 season as a special teams performer.

Safety Eugene Robinson, who ranks as the team's all-time leading tackler with 984 career stops, originally signed with the Seahawks as a free agent out of Colgate in 1985. He was chosen to play in the game after the 1992 and 1993 seasons.

FRANCHISE HISTORY

1972 — 6/15 Seattle Professional Football, a group of business and community leaders, announces their intention to attempt to secure a National Football League franchise for the City of Seattle. Herman Sarkowsky serves as spokesman for the group. **11/2** Construction begins on The Kingdome.

1974 — 6/4 The National Football League announces that Seattle will have a franchise for the 1976 season. **12/5** The National Football League announces that it has voted membership to Seattle Professional Football, Inc., headed by Lloyd W. Nordstrom with partners Herman Sarkowsky, D.E. "Ned" Skinner, Howard S. Wright, M. Lamont Bean, and Lynn P. Himmelman.

1975 — 3/6 John Thompson, Executive Director of the NFL Management Council, named General Manager. **6/17** Nickname "Seahawks" selected from 20,365 entries and 1,741 different names. One hundred fifty-one suggest "Seahawks." **7/25** Season ticket applications mailed. **7/28** Season ticket applications accepted — 24,168 received the first day. **8/23** Season ticket sales closed after target of 59,000 reached. **12/18** Seahawks agree to a 20-year lease agreement to play all games in the Kingdome.

1976 — 1/3 Jack Patera, defensive line coach of the Minnesota Vikings, named head coach. **1/20** Lloyd W. Nordstrom, spokesman for the Nordstrom family, the Seahawks' majority owner, dies of a heart attack while vacationing in Mexico. **3/30** Veteran Allocation held in New York City. Seahawks select 39 NFL veterans. **4/8-9** Seahawks select 25 collegians in their first college draft. Notre Dame's Steve Niehaus is the first choice and he flies to Seattle for evening news conference on April 8. **7/9** Seahawks open training camp at Eastern Washington University in Cheney. **8/1** Seahawks play first game before 60,825 fans in the Kingdome. San Francisco holds on to defeat Seattle, 27-20, as Jim Zorn is tackled on the 49ers' two-yard line when the gun sounds. **8/29** Seahawks capture first victory, a 17-16 preseason win over San Diego, as Ron Howard catches a three-yard Jim Zorn pass for the winning touchdown with only 13 seconds remaining in the contest. **9/12** Seattle opens regular season play with a near miss against St. Louis, 30-24. The game ends with the Cardinals intercepting a pass in the end zone. **10/17** Seahawks win Expansion Bowl with 13-10 victory over host Tampa Bay. Linebacker Mike Curtis blocks a Tampa Bay field goal attempt with 42 seconds remaining to preserve the victory. **11/7** Seahawks capture their first regular season victory at home with a 30-13 win over Atlanta. Sherman Smith becomes the first Seattle back to rush for over 100 yards with 124 yards on 14 carries.

1977 — 1/17 Seahawks host the Pro Bowl and it is the first sellout in the 27-year history of the game and is the largest crowd under the AFC vs. NFC format. AFC scores a 24-14 win before 63,214 fans. **5/3** Seattle trades its first-round draft choice, the second player in the draft, to Dallas for the Cowboys' first-round selection and three second-round picks. The Seahawks select Steve August, offensive guard from Tulsa, on the first round. **10/30** After missing four games with an injury, Jim Zorn returns to lead Seattle to a 56-17 triumph over Buffalo. The Seahawks set 15 club records and equal six, including Zorn's four TD passes. **11/13** Seattle defense blanks the New York Jets, 17-0, in Shea Stadium, the first time an established team is shutout by a second-year team. **12/18** Seahawks win their fifth game of the year, a 20-19 decision over Cleveland before 61,583 fans in the Kingdome, to establish a record for most wins ever by a second-year expansion team.

1978 — 5/3 Keith Simpson, cornerback from Memphis State, is selected as Seattle's first-round draft choice followed by his college teammate Keith Butler, a linebacker, on the second round. **10/8** Efen Herrera kicks a 19-yard field goal on the final play of the game to give Seattle a 29-28 win over the Minnesota Vikings. **11/26** Seattle becomes the first team since 1965 to beat Oakland twice during the regular season with a 17-16 win on Efen Herrera's 46-yard field goal with just three seconds remaining. **12/17** Seahawks end their third season with a 9-7 record and finish one game behind Denver in the AFC West standings following a 23-19 win over Kansas City. Al Hunter rushes for 133 yards on 27 carries as Seahawks perform before sixth-straight home

sellout crowd.

1979 — **1/29** Steve Largent catches a record-equaling five passes as Seattle's first representative to the Pro Bowl. National Football Conference defeats Largent and his AFC teammates, 13-7, in the Los Angeles Memorial Coliseum. **5/3** Manu Tuiaosopo, defensive tackle from UCLA, becomes Seattle's first-round draft choice. **10/29** After trailing 14-0, the Seahawks rebound for a 31-28 win over Atlanta in Seattle's first appearance on ABC's Monday Night Football. Dan Doornink rushes for 122 yards on 21 carries and scores twice. **12/16** The Seahawks close out their second straight 9-7 season with a 29-24 win over Oakland. Sam McCullum sets a club record with 173 yards receiving on eight catches.

1980 — **4/29** Seattle trades its first-round draft choice (#16) and a third-round pick to Buffalo for the Bills' first-round choice, the tenth player in the draft. The Seahawks then select defensive end Jacob Green of Texas A&M on the first round. **9/28** Seahawks score second shutout in the club's history with a 14-0 win over Washington Redskins in Robert F. Kennedy Memorial Stadium. **10/5** Sam McCullum catches two touchdown passes and Efren Herrera kicks four field goals in 26-7 win over Houston at the Astrodome. The win would prove to be Seattle's last of the season.

1981 — **4/28** Seahawks select UCLA safety Kenny Easley on the first round of the NFL draft. **11/8** Seattle holds the Pittsburgh Steelers scoreless in the second half and rallies for a pair of fourth quarter touchdowns to capture a 24-21 victory at the Kingdome. **11/16** The Seahawks score on their last eight possessions to defeat the San Diego Chargers, 44-23, on Monday Night Football. It is the Seahawks' first regular season victory over the Chargers after eight straight losses.

1982 — **3/11** Mike McCormack, former head coach with the Philadelphia Eagles and Baltimore Colts, is named Director of Football Operations. **4/27** Seahawks select Clemson defensive end Jeff Bryant in the first round of the college draft. **9/21** Players go on strike for 57 days. **10/13** Mike McCormack named interim head coach after the firing of head coach Jack Patera and general manager John Thompson. **11/21** Seahawks capture 17-10 victory over the host Denver Broncos in Mike McCormack's first game as head coach following the players' strike. Steve Largent catches a 34-yard touchdown pass from Jim Zorn with 49 seconds left for the victory. **11/28** Seahawks shutout the Pittsburgh Steelers, 16-0, for the club's third shutout in history and first at the Kingdome.

1983 — **1/2** Seahawks conclude nine-game season with a 13-11 win over the Denver Broncos as Dave Krieg throws a 19-yard touchdown pass to Roger Carr with 47 seconds left. The Seahawks drive 87 yards in 10 plays with no timeouts to score the winning touchdown. Seattle finishes the season 4-5 but were 4-3 under Mike McCormack. **1/3** Mike McCormack named President and General Manager after previously serving as Director of Football Operations since March 11, 1982, and interim head coach since October 13, 1982. **1/26** Chuck Knox named head coach. Knox previously had served as head coach of the Los Angeles Rams (1973-77) and the Buffalo Bills (1978-82). He guided seven-of-his-ten teams to the playoffs, while winning six division championships. **3/15** Chuck Allen, who joined the Seahawks staff in June of 1975 as Director of Pro Scouting, named Assistant General Manager. **4/26** Seattle selects Penn State running back Curt Warner in the NFL draft. Warner is the third player taken on the first round. To be able to get Warner, the Seahawks trade their first, second and third-round selections to the Houston Oilers for the Oilers first-round pick. **9/11** Seahawks win first game under Chuck Knox, 17-10, over the New York Jets, as the club sets a team record with 57 rushing attempts and Curt Warner gains 128 yards on 24 carries. **10/16** Seahawks force eight turnovers and register eight sacks in 38-36 victory over the Los Angeles Raiders. **10/30** Seahawks make it two straight over Raiders with 34-21 win. **12/18** Seahawks clinch first playoff berth with 24-6 win over New England. **12/24** Dave Krieg throws three touchdown passes and Curt Warner rushes for 99 yards in 31-7 win over Denver in the AFC Wild Card Game before 60,752 fans in Kingdome. **12/31** Seahawks drive 66 yards in five plays late in the fourth quarter to capture divisional playoff win over Miami, 27-20, before 71,032 fans at the Orange Bowl.

1984 — **1/8** Los Angeles Raiders defeat the Seahawks, 30-14, in the AFC Championship Game at the Los Angeles Memorial Coliseum before 88,734 fans. **5/1** Seahawks select cornerback Terry

Taylor of Southern Illinois as their first-round choice in the annual NFL draft. **9/3** Seahawks win regular season opener for the first time in franchise history, 33-0 over the Cleveland Browns. The enthusiasm is dampened by a knee injury to Curt Warner which will keep him out for the rest of the season. **10/29** Seahawks post their second shutout of the season with a 24-0 victory over the San Diego Chargers on Monday Night Football. Kenny Easley intercepts a club record three passes and Steve Largent catches three touchdown passes. **11/4** Seahawks set an NFL record by returning four interceptions for touchdowns, including two by Dave Brown, in a 45-0 win over the Kansas City Chiefs. Kenny Easley and Keith Simpson had the other two interception returns for touchdowns. **11/25** Dave Krieg throws for 406 yards and three touchdowns, including an 80-yarder to Daryl Turner on the first play of the game, to lead the Seahawks past Denver, 27-24. Steve Largent catches 12 passes for 191 yards and one score. **12/2** Seahawks clinch playoff berth with a 38-17 win over Detroit as Dave Krieg throws a team record five touchdown passes. **12/15** Seahawks officially retire jersey #12 in honor of their fans, the 12th Man. Seattle becomes the first professional sports franchise to retire a jersey in honor of their fans. **12/22** Seattle eliminates the defending Super Bowl Champion Los Angeles Raiders, 13-7, from the playoffs in the AFC Wild Card Game at the Kingdome. Seahawks rush for 205 yards and force three turnovers, along with registering six sacks, in the victory. **12/29** Miami defeats the Seahawks, 31-10, in an AFC Divisional Playoff Game at the Orange Bowl.

1985 — 6/18 Seahawks and Northwest College agree to a long-term lease for a new practice and office complex for the club in Kirkland. The facility will be built on 12 acres adjacent to Northwest College. A 36,000-square foot building will house the club's administrative offices, locker room and training facilities. **7/20** Seahawks open their tenth and final training camp at Eastern Washington University in Cheney. **9/8** Curt Warner returns to the Seattle lineup after missing all but the 1984 opener as the Seahawks defeat Cincinnati, 28-24, at Riverfront Stadium. Warner gains 66 yards on 17 carries and scores the game-winning touchdown on an 11-yard run with 7:07 remaining. **9/15** Daryl Turner sets a club record with four touchdown catches and Dave Krieg equals another with five touchdown passes in Seattle's 49-35 victory over the San Diego Chargers at Jack Murphy Stadium. **10/13** Dave Krieg passes for 405 yards and four touchdowns, including a 12-yarder to Paul Skansi for the winning touchdown with 35 seconds remaining, as Seahawks defeat Atlanta, 30-26. Krieg directs the Seahawks 86 yards in 16 plays on the winning drive. **10/21** Ceremonial ground-breaking is held for team's new headquarters. **11/3** Terry Taylor returns an interception 75 yards for a touchdown and blocks a field goal attempt that is recovered by Byron Walker and returned 56 yards for a touchdown in Seattle's 33-3 win over the Los Angeles Raiders at the Kingdome.

1986 — 4/29 Seahawks select Florida fullback John L. Williams as their first-round draft choice. Williams is the 15th player picked overall. **6/18** Seahawks move into new headquarters on a 12-acre site adjacent to Northwest College in Kirkland. **7/16** Seahawks open their 11th training camp and first in Kirkland. **9/7** Seahawks kickoff their 1986 regular season schedule with a 30-0 victory over the Pittsburgh Steelers at the Kingdome. **10/6** Seahawks defeat San Diego Chargers, 33-7, on Monday Night Football as Steve Largent breaks NFL record for most consecutive games with a pass reception. Largent catches a pass in the 128th straight game in which he participated. **10/19** Jacob Green registers four sacks and Dave Brown intercepts two passes in leading Seattle to a 17-12 win over the eventual Super Bowl champion New York Giants. **11/27** Seahawks defeat the Dallas Cowboys, 31-14, on Thanksgiving Day as Curt Warner runs for 122 yards and Dave Krieg completes 16-of-24 passes for 214 yards and two touchdowns. **12/8** Seattle hands the Los Angeles Raiders their biggest defeat since 1962, 37-0, as Curt Warner gains 116 yards and Dave Krieg passes for 243 yards and two touchdowns. Seattle gains 407 yards in total offense, while the defense holds the Raiders to 138 yards. **12/20** Seahawks close out five-game winning streak and a 10-6 season by defeating eventual AFC Champion Denver, 41-16. The Seahawks gain a season high 536 yards, including a club record 298 yards rushing, led by Curt Warner's 192 yards and three touchdowns on 24 carries.

1987 — 4/28 Seahawks select University of Pittsburgh linebacker Tony Woods in the first round of the NFL draft. Woods is the 18th player picked. **6/12** Seahawks win lottery for first choice in supplemental draft and select University of Oklahoma linebacker Brian Bosworth. **9/13** After first two regular season games, NFL Players Association calls a strike that will last four weeks.

Games for Sunday, September 18, are cancelled. **10/25** Seahawks defeat the Los Angeles Raiders, 35-13, in first game with regulars following the strike. Seattle builds up a 28-0 halftime lead and wins in Los Angeles for the first time since 1983. **12/13** Dave Krieg completes 23-of-33 passes for 238 yards and Ray Butler catches six passes for 107 yards and two touchdowns in leading Seattle past Denver, 28-21, at the Kingdome. **12/20** Seahawks clinch playoff berth with a 34-21 win over the Chicago Bears at Soldier Field. John L. Williams sparks the offense with a 75-yard touchdown on a screen pass from Dave Krieg and the defense contributes five takeaways. **12/27** Steve Largent catches six passes in a 41-20 loss at Kansas City and becomes the NFL's all-time leading receiver with 751. Largent breaks the previous record of 750 by Charlie Joiner.

1988 — **1/3** Seahawks close out the 1987 season with a 23-20 overtime loss to the Houston Oilers at the Astrodome in the AFC First-Round Playoff Game. **4/24** Seahawks use their second-round choice in the draft to select University of Miami wide receiver Brian Blades. The Seahawks first-round pick had been exercised in the June 1987 supplemental draft. **8/30** Ken Behring and Ken Hofmann complete their purchase of the Seahawks from the Nordstrom family. **9/4** Seahawks open 13th season with a 21-14 win at Denver over the two-time defending AFC Champion Broncos. Curt Warner scores twice and John L. Williams accounts for 161 yards from scrimmage. It is Seattle's first win in Denver since 1984. **9/18** Steve Largent becomes the NFL's all-time leader in pass receiving yards with 12,167 at San Diego, but the Seahawks lose to the Chargers, 17-6. Largent breaks Charlie Joiner's record of 12,146 yards. **10/2** Rookie quarterback Kelly Stouffer makes his first NFL start for an injured Dave Krieg and leads the Seahawks to a 31-20 win over the Atlanta Falcons in Atlanta. John L. Williams ties a team record with three rushing touchdowns. **11/13** Seahawks defeat the Houston Oilers, 27-24, as Dave Krieg returns after missing seven games with a shoulder separation. Krieg engineers a 10-play drive to set up Norm Johnson's game-winning field goal with less than one second left. **11/28** Dave Krieg equals his own team record with five touchdown passes as Seahawks defeat the Los Angeles Raiders, 35-27, on Monday night in the Kingdome. Curt Warner (130) and John L. Williams (105) become the first pair of Seahawks to each gain over 100 yards rushing in the same game. **12/11** Seahawks score touchdowns on their first six possessions in a 42-17 win over Denver. Curt Warner establishes a team record with four rushing touchdowns. Warner (126) and John L. Williams (109) each top 100 yards rushing. **12/18** John L. Williams accounts for 239 yards of offense, including 180 receiving, and Dave Krieg throws for 410 yards and four scores, as the Seahawks defeat the Los Angeles Raiders, 43-37, in Los Angeles to clinch the first AFC Western Division title in franchise history. **12/31** Seahawks are eliminated from the playoffs by the eventual AFC Champion Cincinnati Bengals, 21-13, in Riverfront Stadium.

1989 — **2/22** Tom Flores named President/General Manager, replacing Mike McCormack. Flores guided the Los Angeles Raiders to an 83-53 regular season record and two Super Bowl titles in nine seasons, 1979-87, as their head coach. **4/23** Seahawks select Notre Dame tackle Andy Heck with the fifteenth pick of the first round of the draft. **9/10** Seahawks lose regular season opener in Philadelphia, 31-7, and also lose wide receiver Steve Largent for six weeks with a broken elbow. Largent, however, scores Seattle's only touchdown. **10/29** Dave Krieg and Brian Blades combine on a 21-yard touchdown pass with 40 seconds left in a 10-7 win over the San Diego Chargers. The win is the 100th in regular season play for the Seahawks. Blades catches a career high 10 passes for 117 yards. **11/26** Steve Largent ties Don Hutson's NFL record of 99 career receiving touchdowns in the Seahawks 41-14 loss at Denver. **12/4** Dave Krieg ignites a three-game winning streak with 298 yards passing and the game-winning touchdown pass in a 17-16 Monday night win over Buffalo. **12/10** Seahawks win 24-17 at Cincinnati as Dave Krieg throws three touchdown passes. One goes to Steve Largent, the NFL record 100th of his career. **12/17** John L. Williams catches a career high 12 passes for 129 yards as the Seahawks defeat the Los Angeles Raiders, 23-17. **12/23** Seahawks close out the season with a 29-0 loss to the Washington Redskins. In pregame ceremonies, retiring wide receiver Steve Largent is honored and his is the first name inducted in the Seahawks Ring of Honor.

1990 — **4/22** Seahawks trade four draft choices to the New England Patriots, including two first-round choices, to move up and select University of Miami defensive tackle Cortez Kennedy with the third overall choice. Seahawks also receive a second-round choice from the Patriots which they use to select Syracuse University linebacker Terry Wooden. **8/4** Seahawks play their first-ever

international game as they drop a 10-7 preseason decision to the Denver Broncos in Tokyo, Japan.

10/1 Seahawks defeat the Cincinnati Bengals, 31-16, for their first win after opening the season with three consecutive losses. Derrick Fenner scores three touchdowns for the second straight week. **11/11** Seahawks score their first win in Kansas City's Arrowhead Stadium since 1980 as Dave Krieg throws a 25-yard touchdown pass to Paul Skansi as time expires. The PAT gives Seattle a 17-16 win and starts a four-game streak of games decided on the last play. The win is the 159th of Chuck Knox's career, moving him into seventh place all-time. **11/25** Norm Johnson's 40-yard field goal 3:01 into overtime gives the Seahawks a 13-10 win at San Diego. Seattle forces and recovers a pair of fumbles, the first with 48 seconds left in regulation and the second with 1:34 gone in overtime. **12/2** In almost a replay from the week before, Seattle defeats the Houston Oilers 13-10 in overtime after recovering a fumble. Norm Johnson connects from 42 yards out after David Wyman recovers a Tony Woods-forced fumble. Seahawks become only the third team in NFL history to win back-to-back overtime games. **12/9** The Seahawks defense sets single-game records for fewest rushing first downs (0) and rushing yards allowed (13) in a game in a 20-14 win over the Green Bay Packers in Milwaukee. **12/23** Seattle moves over the .500 mark with a 17-12 win over the Denver Broncos. The Broncos are penalized on the game's last play, negating what would have been a game-winning touchdown pass. **12/30** Derrick Fenner scores two touchdowns for the fourth time as Seattle defeats the Detroit Lions 30-10 in the Kingdome, to finish at 9-7 after an 0-3 start. Fenner ends the season equalling team records for total touchdowns (15) and rushing touchdowns (14), totals that lead the AFC.

1991 — 4/21 Seahawks select San Diego State quarterback Dan McGwire with the 16th pick on the first round of the 1991 NFL Draft. The 6-8, 243-pound McGwire is the first quarterback ever selected on the first round by Seattle. **4/25** Head Coach Chuck Knox agrees to a two-year contract extension. **8/3** Quarterback Jim Zorn (1976-84) becomes the second person inducted into the Seahawks Ring of Honor. **9/1** Seahawks drop season opener, 27-24, at New Orleans and lose starting quarterback Dave Krieg for six weeks with a broken thumb in the process. Wide receiver Brian Blades sets career highs with 12 receptions, 160 yards, and two touchdowns. **9/8** Jeff Kemp makes his first start since September 25, 1988, and throws two touchdown passes in a 20-13 win over the New York Jets. One goes to Travis McNeal, the first of his career. **9/29** Chris Warren's 59-yard punt return touchdown, the first by a Seahawks player since 1986, sparks a 31-3 win over the visiting Indianapolis Colts. The defense limits the Colts to 137 yards and records five sacks. Rookie first-round draft choice Dan McGwire starts and plays the first half, engineering a 50-yard touchdown drive on his first possession. **10/6** The Seahawks defense stops the Cincinnati Bengals on a 4th-and-four inches short with 29 seconds left to preserve a 13-7 win at Riverfront Stadium. Dwayne Harper and Nesby Glasgow combine for the tackle, which comes at the Seattle 22. **10/20** Dave Krieg returns from missing six games on injured reserve to lead Seattle to a 27-7 win at Pittsburgh. Krieg throws for 266 yards, completing 25-of-31 passes, and two scores. **10/27** John Kasay equals an NFL record with two field goals of 50-or-more yards in a 20-9 win over the San Diego Chargers. Kasay connects from 54 and 51 yards. The 54-yarder equals the team record. **11/24** The defense forces four turnovers and has five sacks, three by Rufus Porter, in a 13-10 win over the eventual AFC West Champion Denver Broncos in the Kingdome. Additionally, the defense twice holds on downs inside Seahawks territory in the game's last 4:49. **12/22** Seattle finishes their 16th season with a 7-9 record after defeating the Los Angeles Rams, 23-9, in the Kingdome. It was the first win by the Seahawks over the Rams in five regular season games. James Jones rushes for a pair of scores, while the defense keeps their third 1991 opponent out of the end zone. **12/27** The Seahawks and head coach Chuck Knox agree to mutually end Knox's nine-year tenure as Head Coach. Knox leaves having compiled an 80-63-0 (55.9%) regular season record. He guided the Seahawks to four playoff appearances, including an AFC West title in 1988 and a berth in the AFC Championship Game in 1983.

1992 — 1/6 Seahawks President/General Manager Tom Flores is named President/Head Coach. Flores coached nine seasons, 1979-87, with the Oakland/Los Angeles Raiders and compiled an 83-53-0 (61.0%) regular season record. He led the Raiders to two Super Bowl Championships, XV and XVIII, the only Super Bowls won by the AFC in the decade of the 1980's. **1/8** Larry Kennan, Coach of the Year in the World League of American Football in 1991, is named Offensive Coordinator/Quarterbacks Coach. Kennan guided the London Monarchs to an 11-1 record and WLAFF Championship in the league's first season. Kennan served as an NFL assistant with the Los

Angeles Raiders (1982-87), Denver Broncos (1988) and Indianapolis Colts (1989-90). **1/9** Seahawks defensive assistants George Dyer (line), Rod Perry (secondary), and Joe Vitt (special assignments), along with John Becker (offensive coordinator/wide receivers) and Chick Harris (running backs) leave the Seahawks to join Chuck Knox with the Los Angeles Rams. **1/11** Seahawks Assistant Head Coach Tom Catlin announces he will stay with the Seahawks as assistant head coach/defense. In addition, Rusty Tillman is promoted from special teams coach to defensive coordinator, Russ Purnell from tight ends and assistant special teams to special teams and tight ends coach, and Paul Moyer from staff assistant to defensive backfield coach. **1/21** Offensive Line Coach Hudson Houck and Running Backs Coach Clarence Shelton are added to Tom Flores' staff. Both coaches come to the Seahawks from the Los Angeles Rams. **1/22** Bob Bratkowski, offensive coordinator at the University of Miami for the past three seasons, is named wide receivers coach. Bratkowski's father Zeke, is a former NFL quarterback and current NFL assistant coach. **1/23** Tommy Brasher is named defensive line coach. Brasher has coached nine seasons in the NFL and 12 in college. **1/24** Former Seahawks cornerback Dave Brown (1976-86) returns to the club as a defensive assistant. An original member of the Seahawks, Brown still holds career records with 50 interceptions and four interception return touchdowns. **8/22** Dave Brown becomes the third inductee into the Seahawks Ring of Honor around the 200 Level of the Kingdome. **9/6** Cincinnati Bengals spoil Tom Flores' Seahawks coaching debut with a 21-3 Kingdome win. **9/20** Flores gains first win as Seahawks head coach, 10-6 at New England. Cortez Kennedy has four-and-a-half tackles for loss, including three sacks, to lead the defense while Chris Warren rushes for 122 yards and one score on 24 carries to lead the offense. It's Warren's first career 100-yard game. **11/8** Chris Warren's 103 yards aren't enough as the Washington Redskins post a 16-3 Kingdome win. **11/22** Chris Warren rushes for a career-high 154 yards, including a touchdown, but the Kansas City Chiefs take a 24-14 win. **11/30** In pregame ceremonies, play-by-play broadcaster Pete Gross is inducted into the Seahawks Ring of Honor. The Seahawks then defeat the Denver Broncos 16-13 in overtime, snapping an eight-game losing streak. Brian Blades makes his first appearance since injuring his shoulder on opening day and catches the game-tying touchdown pass on the game's last play. John Kasa's 32-yard field goal 11:10 into overtime is the winner. The game also is the team record third straight that the Seahawks defense held the opposition to under 200 total yards. **12/2** KIRO Newsradio 710's Pete Gross, the only play-by-play broadcaster in the Seahawks 17-year history, dies after a four-year battle with cancer. **12/6** The Pittsburgh Steelers take a 20-14 comeback win in Pittsburgh, despite Eugene Robinson's record-equalling three interceptions. **12/13** Roger Ruzek's 44-yard field goal as time expires in overtime gives the visiting Philadelphia Eagles a 16-13 win. The game is the longest in Seattle's history (75:00). **12/27** Seattle closes out the regular season with a 31-14 Kingdome loss to the AFC West Champion San Diego Chargers. Chris Warren becomes only the second player in franchise history to rush for 1,000 yards, finishing the season with 1,017.

1993 — **1/19** David Behring, son of majority owner Ken Behring, is named team President. Tom Flores is named General Manager/Head Coach, while Player Personnel Director Mike Allman is placed in charge of both professional and college personnel. **1/28** Howard Mudd is named offensive line coach replacing Hudson Houck, who joined the Dallas Cowboys. Mudd is an eight-year NFL veteran guard and a 19-year NFL assistant, including a stint with the Seahawks from 1978-82. **2/5** Phil Neri, a Seahawks scout since 1985, is named College Scouting Director. **3/12** Ferrell Edmunds, two-time Pro Bowl tight end with the Miami Dolphins, signs as an unrestricted free agent. Edmunds, a five-year veteran, is the first free agent to sign with the Seahawks under the NFL new free agency system. **4/1** Wide receiver Kelvin Martin of the Super Bowl champion Dallas Cowboys is signed as an unrestricted free agent. **4/14** Linebacker Kevin Murphy signs with Seattle. **4/20** Four-time Pro Bowl center Ray Donaldson signs with the Seahawks as a free agent. **4/22** Buffalo guard Mitch Frerotte signs with the Seahawks as an unrestricted free agent. **4/25** University of Notre Dame quarterback Rick Mirer is selected by the Seahawks on the first round of the NFL draft. Mirer is the second player chosen overall. **9/19** Chris Warren rushes a club record 36 times for a personal best 174 yards in a 17-14 win over the Patriots in New England, Seattle's first win after two losses. **9/26** Rod Stephens' fumble recovery in the end zone provides the winning touchdown in a 19-10 win at Cincinnati. **10/3** Seattle makes it three straight with a 31-14 win over the San Diego Chargers in the Kingdome. Rookie Rick Mirer passes for 282 yards and a score and also rushes for a touchdown. The three-game winning streak is the Seahawks longest since 1990. **10/24** Rick Mirer throws the game-winning touchdown pass to Brian Blades

with 25 seconds left in a 10-9 win over New England in the Kingdome. **11/14** Eugene Robinson records 11 tackles, two interceptions, two forced fumble, and one fumble recovery to spark a 22-5 win over the visiting Cleveland Browns. In all, the Seahawks defense forces seven turnovers and accounts for a touchdown and a safety. **12/26** Chris Warren rushes for 168 yards to become the second Seattle player to have back-to-back 1,000-yard seasons, but the Phoenix Cardinals tie the game on the last play of regulation and go on to a 30-27 overtime win in the Kingdome. **12/26** Jon Vaughn, who learned during warmups that he would start for an injured Chris Warren (abdominal muscle), rushes for a career-high 131 yards in a 16-6 win over the Pittsburgh Steelers. Seattle gains 267 yards rushing, giving them back-to-back 200-yard rushing games for the first time in franchise history.

1994 — 1/2 The Seahawks finish the season 6-10 after dropping a 34-24 decision to the AFC West Champion Kansas City Chiefs in Arrowhead Stadium. John L. Williams rushes for 102 yards, to give the Seahawks three straight games with an individual over 100 yards, a franchise first. Rick Mirer becomes the first rookie quarterback since 1973 to start all his team's games and only the third since the 1970 merger. Mirer ends the season with NFL rookie passing records for attempts (486), completions (274), and yards (2,833), while helping to improve Seattle's win total by four games. **2/24** Nate Odomes, two-time Pro Bowl cornerback of the Buffalo Bills signs as a free agent. **2/28** Odomes' Buffalo teammate and fellow two-time Pro Bowler, tackle Howard Ballard signs as a free agent. **4/24** Texas A&M University defensive tackle Sam Adams is the Seahawks first-round draft choice. Adams is the eighth player picked on the first round. **7/19** Kingdome ceiling tiles fall from roof forcing closure of the building until November 5. Seahawks play both preseason games and first three regular season games in the University of Washington's 72,500 seat Husky Stadium. **8/13** Seahawks play first-ever outdoor game in Seattle defeating Tampa Bay Buccaneers, 29-6, in Husky Stadium. **9/4** Seahawks capture season opener for first time since 1988 with a 28-7 win at the Washington Redskins, as Chris Warren rushes for 100 yards and two touchdowns. The win is the 100th in the career of Head Coach Tom Flores. **9/11** Chris Warren scores two touchdowns for the second straight week as Seahawks go 2-0 with a 38-9 win over the Raiders in Los Angeles. Rick Mirer tosses three touchdown passes. **9/18** San Diego Chargers stop Seahawks two-game winning streak, 24-10, before Seahawks record crowd of 65,536 in Husky Stadium. **9/25** Chris Warren earns AFC Offensive Player of the Week honors in a 30-13 win over the visiting Pittsburgh Steelers. Warren rushes for 125 yards and a touchdown, while the Seahawks defense intercepts four passes. **11/6** Cincinnati Bengals spoil Seahawks return to Kingdome with a 20-17 overtime win. Doug Pelfrey kicks six field goals, including a 26-yarder 8:14 into overtime for the win. **11/20** Mack Strong's seven-yard touchdown run with 42 seconds left gives Seahawks a 22-21 win over the visiting Tampa Bay Buccaneers, breaking a six-game losing streak. **11/27** Seahawks defeat Kansas City 10-9 behind John Kasay's 32-yard field goal with 1:42 left. The back-to-back one-point wins are a franchise first. Chris Warren surpasses the 1,000-yard mark in the 12th game, the earliest in team history. **12/11** Chris Warren rushes for a personal best 185 yards on 30 carries, including a touchdown in a 16-14 win at Houston. Warren, playing with cracked ribs, had 183 of his yards in the first three quarters. **12/18** Chris Warren tops 100 yards for the seventh time with 122, but the Los Angeles Raiders escape with a 17-16 Kingdome win. **12/24** Cleveland Browns defeat the Seahawks 35-9 in Cleveland Stadium, closing out a 6-10 season. Chris Warren finishes the season with a franchise record 1,545 rushing yards, a total that leads the AFC. **12/29** Tom Flores, Seahawks general manager/head coach from 1992-94, is relieved of his duties. Flores, who joined the organization in 1989 as president/general manager, compiled a 14-34 regular season record. All 12 of Flores' assistants were also fired.

1995 — 1/12 Dennis Erickson, head coach at the University of Miami, is named head coach. In six seasons at Miami, Erickson compiled a 63-9-0 record and won national championships in 1989 and 1991. A native of Everett, Washington, Erickson posted a 113-40-1 record in 13 seasons as a college head coach at the University of Idaho, University of Wyoming, Washington State University, and Miami. Erickson brings six coaches with him from Miami, Gregg Smith (Assistant Head Coach/Tight Ends), Greg McMackin (Defensive Coordinator), Dave Arnold (Special Teams), Dana LeDuc (Strength and Conditioning), Rich Olson (Quarterbacks), and Willy Robinson (Defensive Backs). In addition he retains Bob Bratkowski (Offensive Coordinator/Wide Receivers), Tommy Brasher (Defensive Line), Tom Catlin (Quality Control), Dave Brown

(Defensive Coach), Arnie Matsumoto (Staff Assistant), Howard Mudd (Offensive Line), and Clarence Shelton (Running Backs) from the previous staff. **1/28** Wide Receiver Steve Largent becomes the first Seahawks player to be elected into the Pro Football Hall of Fame. Largent was elected in his first year of eligibility. He played his entire NFL career with Seattle from 1976-89, and retired in possession of six NFL receiving marks, including most receptions (819), yards (13,089), touchdowns (100), and consecutive games with a reception (177). Largent's presenter for induction is Seahawks' Vice President Gary Wright. **2/9** Mike Murphy, a nine-season NFL coaching veteran, is named linebackers coach. Murphy coached with the Detroit Lions and Arizona Cardinals, prior to serving one year in the Pro Personnel Department of the Carolina Panthers. **4/22** Seahawks select Ohio State University wide receiver Joey Galloway with the eighth pick in the first round of the NFL draft. Galloway is the second wide receiver chosen overall and the first ever picked by the Seahawks on the first round of the draft. **7/29** Steve Largent is formally inducted into the Pro Football Hall of Fame. **8/12** Seahawks officially retire Largent's #80 jersey. **9/3** Seahawks lose NFL debut of Head Coach Dennis Erickson, 34-10, to the Kansas City Chiefs in the Kingdom. **9/17** Erickson gains first career win, 24-21, over the Cincinnati Bengals in the Kingdom. Chris Warren rushes for 109 yards. **11/5** Rookie Joey Galloway returns a punt a club record 89 yards for a touchdown to spark a 30-28 win over the visiting New York Giants. Brian Blades has two first quarter touchdown receptions. The win snaps a four-game losing streak and ignites a streak of six wins in seven games. **11/12** Galloway strikes again, this time on an 86-yard run from scrimmage in a 47-30 win over the Jaguars in Jacksonville. His run is a club record and is an NFL-long for 1995, as was his punt return. Galloway accounts for 237 all-purpose yards and three touchdowns, including five receptions for 114 yards and two scores receiving. **11/19** Seattle posts a 27-20 win over the Redskins in Washington, D.C., completing a two-game, 10-day road trip. Chris Warren rushes for a season-high 136 yards and one score, quarterback Rick Mirer throws two touchdown passes and Robert Blackmon has two interceptions. The Seahawks stayed in Jacksonville between games. **12/3** Todd Peterson kicks four field goals in a 26-14 win over the Philadelphia Eagles. **12/10** Quarterback John Friesz engineers three fourth quarter touchdown drives in a 31-27 win over the Broncos in Denver. Seattle rallies from a 20-0 second quarter deficit for the win, the greatest comeback in franchise history. Friesz throws for two touchdowns, including the game-winner to Chris Warren with 49 seconds left. Antonio Edwards' club record 83-yard return of a Robert Blackmon-forced fumble in the third quarter, ignites the rally. **12/17** Chris Warren scores three touchdowns in a 44-10 win over the Oakland Raiders. The win is Seattle's eighth of the year, their most since 1990. **12/24** AFC Western Division champion Kansas City Chiefs end the Seahawks postseason bid with a 26-3 win in Arrowhead Stadium.

1996 — **2/2** Team owner Ken Behring announces that he is moving the franchise. **4/20** Ken Behring and Seattle native Paul Allen enter into an exclusive 14-month option for Allen to purchase the Seahawks. Allen can exercise the option at anytime until July 1, 1997. Allen is named Chairman of Football Northwest, Inc., with Bert Kolde serving as Vice Chairman and Bob Whitsitt as President. Seahawks select Boston College tackle Pete Kendall on the first round with the 21st overall pick. Seattle had traded down twice in the first round, acquiring defensive tackle Glenn Montgomery from the Houston Oilers in the first deal and adding an extra third round pick from the Detroit Lions in the second. **9/1** Seahawks start 21st season with 29-7 loss at San Diego. **9/22** Lamar Smith's 14-yard run with 31 seconds left gives Seahawks a 17-13 win at Tampa Bay, their first win after three losses. **10/6** John Friesz throws touchdown passes of 51, 65 and 80 yards, the latter with 2:03 left to Brian Blades, for a 22-15 win at Miami. **11/3** Michael McCrary blocks Houston's game-winning field goal with 16 seconds left, recovers it, and laterals to Robert Blackmon to complete a 68-yard touchdown return to give Seattle a 23-16 win. John Friesz throws for 323 yards, Seattle's first 300-yard passing game since 1990. **11/10** Seattle completes three wins in three home games by defeating the Minnesota Vikings, 42-23. **11/17** Seattle misses a last play field goal in 17-16 loss at the Detroit Lions. Lamar Smith rushes for a career high 148 yards in his first career start. Seahawks also lose quarterback John Friesz for remainder of the season with a broken leg. **12/8** Seahawks snap three-game losing streak with 26-18 win over visiting Buffalo Bills. Chris Warren rushes for 116 yards, his franchise record 24th career 100-yard game. **12/22** Seahawks close season with 28-21 win at Oakland. Seattle forces seven turnovers and wins with backup quarterbacks Stan Gelbaugh and Gino Torretta playing for John Friesz (broken leg) and Rick Mirer (quadiceps). Torretta passes 32 yards to Joey Galloway for his first career

touchdown. Lamar Smith rushes for two touchdowns.

1997 — **2/14** Seahawks make first strike in free agency signing Steelers Pro Bowl linebacker Chad Brown. Brown's signing is followed two days later with that of Pittsburgh teammate cornerback Willie Williams. **2/18** Quarterback Rick Mirer is traded to the Chicago Bears for a first-round draft choice. Seattle now has the 11th and 12th picks overall in the April 19-20 NFL draft. **3/5** Seahawks announce a return of their training camp to Eastern Washington University in Cheney, Washington. Seattle trained at Eastern from 1976-85, before training year-around at their Kirkland Headquarters. **3/6** Detroit Lions safety Bennie Blades is signed as a free agent reuniting him with his brother, Brian. **3/7** Former University of Washington quarterback Warren Moon signs as a free agent after 13 seasons with the Houston Oilers (1984-93) and Minnesota Vikings (1994-96). Moon ranks fourth in league history in attempts (6,000), completions (3,514), and yards (43,787), and is tied for seventh in touchdowns (254). **3/28** Seattle trades their first-round pick obtained from the Bears, to Atlanta for the Falcons first-round pick, the third overall. Seattle also sends second and fourth rounders to Atlanta and the Falcons flip-flop their third round choices. **4/19** After selecting Ohio State cornerback Shawn Springs with the third overall choice, Seattle sends the 12th overall choice and a third-round pick to the Tampa Bay Buccaneers for the sixth overall choice. That pick is used on Florida State University tackle Walter Jones. It is the first time in their history that the Seahawks have utilized two first-round draft choices. **4/25** Washington State Legislature passes Seahawks Stadium Funding Plan, Referendum 48. The bill sets a statewide vote for June 17. **6/17** Washington state voters approve Proposition 48 by a 51.1 percent to 48.9 percent margin (820,354 yes, 783,584 no), including a 56.4 percent margin (275,358 yes, 213,092 no) in King County. **6/23** Metropolitan King County Council votes 9-3 to approve a new football stadium for the Seahawks. **6/30** Bob Whitsitt, President of Football Northwest, signs paperwork to purchase Seahawks from Ken Behring. **7/15** Seahawks open training camp at Eastern Washington University in Cheney, returning after an 11-year absence. **8/19** Football Northwest is approved as the Seahawks owners by the member clubs of the NFL. **8/31** Seattle loses season opener to New York Jets, 41-3, in the Kingdome and quarterback John Friesz for nine weeks with a broken right thumb. **9/14** Seahawks hold Indianapolis Colts to a franchise low 118 yards for their first win, 31-3, in Indianapolis. The 28-point margin of victory is the largest for Seattle on the road. **10/5** Seattle embarks on three-game winning streak by beating the Tennessee Oilers, 16-13, in Kingdome. Steve Broussard scores on 77 and 43 yard runs within three second half carries overcoming a 10-0 deficit. Broussard rushes for 138 yards on just 6 carries. **10/26** Warren Moon throws a team record-equalling five touchdown passes, including three to Joey Galloway, in a 45-34 win over the Oakland Raiders. His 409 yards is third in team history for a single game and is an NFL high for 1997. **11/9** Moon connects with Galloway on a game-winning 40-yard touchdown pass at San Diego with 2:20 left. The 37-31 win is marred by a season-ending broken ankle suffered by six-time Pro Bowl defensive tackle Cortez Kennedy. **11/28** Seahawks open their first retail store, the Seahawks EndZone Store, in Seattle's Pioneer Square area, two blocks from the Kingdome. **12/14** Quarterback Jon Kitna makes his first career start and guides Seattle to a 22-21 win at Oakland, overcoming a 21-3 halftime deficit. Kitna throws for 283 yards and one score in becoming the sixth first-time quarterback starter in team history to win his debut. Todd Peterson's 49-yard field goal with 2:20 left is the winner. Seattle's win was their fifth of the season after overcoming a 10-point deficit, equalling the most in the NFL since 1970. **12/21** Seattle closes out season with a 38-9 win over the San Francisco 49ers. Warren Moon throws four touchdown passes and sets single season records for completions (313) and yards (3,378). Pro Bowl free safety Darryl Williams co-leads the AFC in interceptions with 8, while Pro Bowl defensive end Michael Sinclair has 12 sacks.

1998 — **1/16** Seahawks announce ticket restructure, increasing the number of \$10 tickets, the lowest ticket price in the NFL, to slightly more than 10,000. **2/1** Warren Moon named MVP of Pro Bowl while leading AFC to 29-24 win. **1/16** Offensive Line Coach Howard Mudd leaves the Seahawks for Indianapolis Colts. **1/17** Linebackers Coach Mike Murphy also joins the Colts staff. **1/30** Coaches Clarence Shelton (running backs) joins Dallas and Ned James (defensive assistant) joins the New Orleans Saints. **2/2** Offensive assistant Jim Zorn leaves for the Detroit Lions. **2/4** Seattle names Jim Johnson linebackers coach. **2/6** Hired Bill Meyers as assistant offensive line coach and announced the club had agreed to terms with Washington Redskins' special teams coach Pete Rodriguez. **2/10** Named Milt Jackson receivers coach. **2/24** Seattle signs

three-time Pro Bowl center, Kevin Glover. **2/26** Seahawks name Tim Lappano running backs coach and Eric Yarber to the position of offensive quality control. **3/4** Seahawks make one of the biggest off-season splashes in free agency when the club signs Philadelphia Eagles running back Ricky Watters to a free agency contract. **3/6** The club agrees to terms with unrestricted free agent guard Brian Habib of the Super Bowl Champion Denver Broncos. **4/18** Linebacker Anthony Simmons from Clemson is the team's first-round pick, 15th overall, in the draft. **9/6** The Seahawks open the 1998 season with a 36-0 shutout over the Philadelphia Eagles at Veterans Stadium. The Seahawks would go on to one of the team's best starts ever, with three straight victories to open the year. **12/28** A day after completing its second consecutive 8-8 season, the club relieves Dennis Erickson of his coaching duties.

1999 — **1/8** Team President Bob Whitsitt appoints Mike Holmgren to the position of Executive Vice President of Football Operations/General Manager & Head Coach. The Seahawks surrender a second-round choice in the 1999 draft to the Green Bay Packers as compensation. **1/14** Holmgren hires Mike Sherman (Offensive Coordinator/Tight Ends), Fritz Shurmur (Defensive Coordinator), Tom Lovat (Offensive Line), Larry Brooks (Defensive Line), Nolan Cromwell (Wide Receivers), Jim Lind (Linebackers), Ken Flajole (Defensive Backs), Kent Johnston (Strength & Conditioning), and the retention of Pete Rodriguez (Special Teams). **1/19** Mike Sheppard named Quarterbacks coach. **1/26** Mike Reinfeldt named Senior Vice President. **1/28** Stump Mitchell named Running Backs coach. **1/29** Rod Springer named assistant Strength & Conditioning coach. **2/5** Jerry Colquitt (Offensive Quality Control) and Clayton Lopez (Defensive Quality Control) named to coaching staff. **2/14** Sign unrestricted free agent WR Sean Dawkins. **4/17** Select DE Lamar King (Saginaw Valley State) with the 22nd pick in the first round of the 1999 NFL Draft. **5/26** Defensive Coordinator Fritz Shurmur takes a leave of absence for health reasons. **6/7** Holmgren hires former Buffalo Bills' Assistant Coach Dick Roach to the position of defensive assistant. Linebackers coach Jim Lind is given the added responsibility of coordinating the defense. **8/30** Seahawks defensive coordinator Fritz Shurmur succumbs to liver cancer. **11/28** The Seahawks defeat the Kansas City Chiefs in Arrowhead Stadium to cap a five-game winning streak and take the season record to 8-2.

2000 — **1/2** The Seahawks finish the 1999 season with a 19-9 loss at the New York Jets, but reach the playoffs for the first time since 1988 with the team's second AFC West Championship. The team's 9-7 record is the best mark since 1990. DT Cortez Kennedy is voted to a team-record eighth Pro Bowl along with teammates LB Chad Brown and T Walter Jones. **1/9** Seahawks lose their first playoff game in 11 years when they fall to the Miami Dolphins, 20-17, in the final game played at Seattle's Kingdome. **1/12** Mike Holmgren names Steve Sidwell defensive coordinator. Defensive Assistant Bob Zeman announces his retirement from coaching. **1/20** Holmgren names Gil Haskell offensive coordinator. **1/21** Holmgren names Johnny Holland assistant special teams/assistant strength and conditioning coach. **1/28** Holmgren names Ted Thompson vice president/football operations. **2/12** WR Joey Galloway is traded to the Dallas Cowboys for first-round draft choices in 2000 and 2001. **3/26** Seattle's Kingdome is imploded, to make space for the new football/soccer stadium and exhibition hall, which will be located on the same site. **4/15** Seahawks select Alabama running back Shaun Alexander and Wisconsin tackle Chris McIntosh in the first round of the NFL draft. **4/28** Seattle names John Schneider director of player personnel. **5/10** Scot McCloughan appointed as director of college scouting. **5/15** Bucky Brooks and Mike Murphy named area scouts. **6/1** Former Seahawks safety Eric Stokes and Matt Malaspina named area scouts. **7/5** Seahawks hire Brian Davis for radio play-by-play. **9/3** Seattle loses to Miami in season opener, 23-0, marking the first time the Seahawks were shut out in seven years. **9/10** Seattle opens a two-year stint at Husky Stadium with a loss to the defending Super Bowl Champion St. Louis Rams in a 37-34 shootout. **10/15** Seahawks return man Charlie Rogers sets team single-game record with 198 kickoff return yards and 215 combined return yards versus Indianapolis. **11/12** QB Jon Kitna earns AFC Offensive Player of the Week for 22 of 33, 231-yard, three-touchdown performance at Jacksonville. **12/23** Charlie Rogers returns four kickoffs for 171 yards, which included an 81-yard touchdown, versus Buffalo to establish an AFC single-season record with 2,094 combined return yards (punt and kickoff).

2001 — 1/2 Mike Holmgren names Mark Michaels assistant special teams coach. 2/16 Former Seahawks QB Jim Zorn is named quarterbacks coach. 2/28 A 6.8 magnitude earthquake hit the Seattle area damaging the Seahawks marketing headquarters at Palmer Court, forcing them to move out of the building. The new stadium was not damaged and workers resumed construction less than one week later. 3/2 Seattle trades a third-round draft choice and switches first-round picks with Green Bay for QB Matt Hasselbeck. 3/3 Seattle signs free agent DT John Randle. 3/8 DT Cortez Kennedy is released. 3/9 Seattle signs free agent DT Chad Eaton. 3/16 Seattle names Lance Lopes to serve as General Counsel. 4/9 Seattle signs free agent LB Levon Kirkland. 4/12 Seahawks sign a three-year extension with Eastern Washington University to continue its training camp in Cheney. 4/21 Seattle takes North Carolina State wide receiver Koren Robinson with its first overall selection (No. 9) and Steve Hutchinson (No. 17). Selects 12 college players, the most since drafting 11 in 1992, during the two-day draft. 5/22 Seahawks switch conferences from the AFC West to the NFC West, joining the Arizona Cardinals, San Francisco 49ers and the St. Louis Rams following realignment. The Seahawks were a member of the NFC West in their inaugural season in 1976 before moving to the AFC West in 1977.



The **Seattle Seahawks** returned to the site of their first 10 training camps in 1997, when the team opened camp at Eastern Washington University in Cheney.

From the team's inception in 1976 through 1985, the Seahawks traveled across the Cascade Mountain Range to hold their summer training camp at EWU.

Training camp moved to the current site of the team's headquarters in Kirkland, when the facility opened in 1986. While training at the Kirkland complex the team occupied the dorms and eating hall at Northwest College, adjacent to the team's complex.

The remote campus in **Cheney**, will once again host the Seahawks in 2001 with the team reporting on July 27. The team signed an extension with the University through the 2003 season.

SEAHAWKS.COM

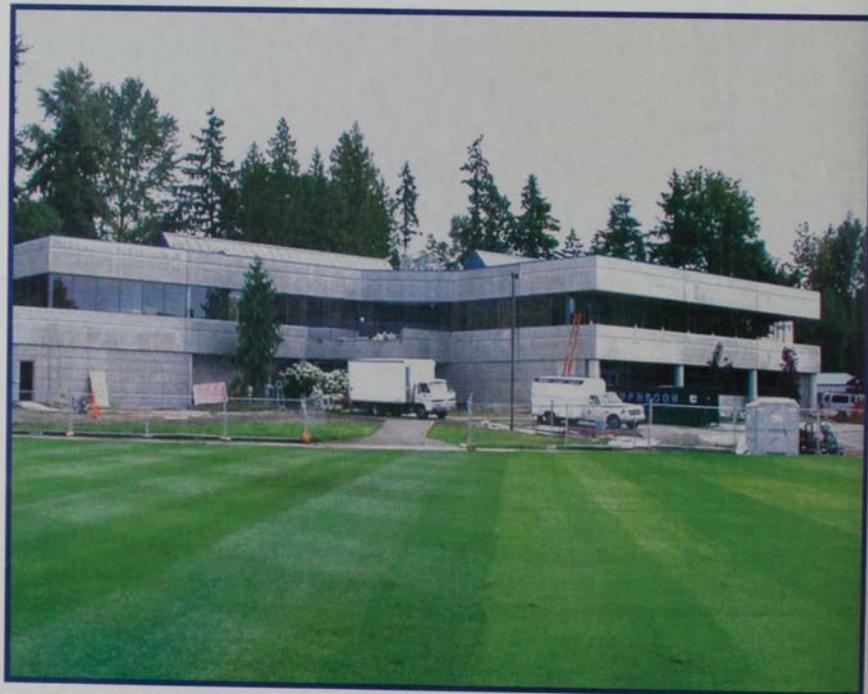
On-line fans all over the world have the opportunity to stay up-to-date with Seahawks news by logging on to *www.Seahawks.com*, the official web site for the Seattle Seahawks.

Fans have the opportunity to have live, real-time chats with players and coaches, online games, online message-board where fans can sound-off and sing praises to Seahawks and special drawings and prize giveaways.

The site is updated daily with practice updates and photos along with comments from Mike Holmgren. The site also includes exclusive game-day coverage with inside photos and scoring updates. There's a distribution e-mail list that notifies our on-line users of news, upcoming events, and changes to the site and numerous downloadable screen-savers of photos from game day action each month.

An expanded kids section with information on special contests and games awaits users in 2001, along with a customized Seattle Seahawks Microsoft Internet Explorer web browser that is now downloadable.

The format of the front page makes Seahawks.com easy to view for all computer screen sizes and this season, fans will have the opportunity to view footage from press conference and Seahawks Saturday TV Show.



The team's Kirkland Headquarters was completely renovated in 1999.

CAREER TOP TEN

GAMES PLAYED

PLAYER, SEASONS	NO
1 Joe Nash, 1982-96	218
2 Steve Largent, 1976-89	200
3 Jacob Green, 1980-91	178
4 Jeff Bryant, 1982-93	175
5 Eugene Robinson, 1985-95	170
6 Cortez Kennedy, 1990-00	167
7 Dave Brown, 1976-86	159
8 Brian Blades, 1988-98	156
9 Keith Butler, 1978-87	146
10 Edwin Bailey, 1981-91	139

GAMES STARTED

PLAYER, SEASONS	NO
1 Steve Largent, 1976-89	197
2 Jacob Green, 1980-91	176
3 Joe Nash, 1982-96	169
4 Jeff Bryant, 1982-93	167
5 Dave Brown, 1976-86	159
6 Cortez Kennedy, 1990-00	153
7 Eugene Robinson, 1985-95	152
8 Keith Butler, 1978-87	132
9 Brian Blades, 1988-98	122
10 Edwin Bailey, 1981-91	120

POINTS SCORED

PLAYER, SEASONS	NO
1 Norm Johnson, 1982-90	810
2 Steve Largent, 1976-89	608
3 Todd Peterson, 1995-99	555
4 Curt Warner, 1983-89	372
5 John Kasay, 1991-94	341
6 Efen Herrera, 1978-81	331
7 Chris Warren, 1990-97	292
8 Joey Galloway, 1995-99	252
9 Sherman Smith, 1976-82	228
10 Daryl Turner, 1984-87	216

TOTAL TOUCHDOWNS

PLAYER, SEASONS	NO
1 Steve Largent, 1976-89	101
2 Curt Warner, 1983-89	62
3 Chris Warren, 1990-97	48
4 Joey Galloway, 1995-99	42
5 Sherman Smith, 1976-82	38
6 Daryl Turner, 1984-87	36
7 Brian Blades, 1988-98	34
8 John L. Williams, 1986-93	33
9 Dan Doornink, 1979-85	25
10 David Sims, 1977-79	23

FIELD GOALS

PLAYER, SEASONS	NO
1 Norm Johnson, 1982-90	159
2 Todd Peterson, 1995-99	126
3 John Kasay, 1991-94	82
4 Efen Herrera, 1978-81	64
5 John Leyboldt, 1976-77	17
6 Rian Lindell, 2000-	15
7 Kris Heppner, 2000	6
8 Wilson Alvarez, 1981	3
9 Scott Hagler, 1987	2
10 Don Bitterlich, 1976	1

FIELD GOAL ATTEMPTS

PLAYER, SEASONS	NO
1 Norm Johnson, 1982-90	228
2 Todd Peterson, 1995-99	154
3 John Kasay, 1991-94	105
4 Efen Herrera, 1978-81	92
5 John Leyboldt, 1976-77	30
6 Rian Lindell, 2000-	17
7 Kris Heppner, 2000	9
8 Wilson Alvarez, 1981	7
9 Don Bitterlich, 1976	4
10 Scott Hagler, 1987	2

POINT AFTER TOUCHDOWNS

PLAYER, SEASONS	NO
1 Norm Johnson, 1982-90	333
2 Todd Peterson, 1995-99	177
3 Efen Herrera, 1978-81	139
4 John Kasay, 1991-94	95
5 John Leyboldt, 1976-77	52
6 Rian Lindell, 2000-	25
7 Wilson Alvarez, 1981	14
8 Kris Heppner, 2000	8
9 Don Bitterlich, 1976	7
10 Scott Hagler, 1987	4

PAT ATTEMPTS

PLAYER, SEASONS	NO
1 Norm Johnson, 1982-90	338
2 Todd Peterson, 1995-99	177
3 Efen Herrera, 1978-81	148
4 John Kasay, 1991-94	97
5 John Leyboldt, 1976-77	59
6 Rian Lindell, 2000-	25
7 Wilson Alvarez, 1981	15
8 Kris Heppner, 2000	8
9 Don Bitterlich, 1976	7
10 Scott Hagler, 1987	4

RUSHING ATTEMPTS

PLAYER, SEASONS	No
1 Curt Warner, 1983-89	1,649
2 Chris Warren, 1990-97	1,559
3 John L. Williams, 86-93	1,148
4 Ricky Watters, 1998-00	922
5 Sherman Smith, 1976-82	810
6 Dan Doornink, 1979-85	463
7 Derrick Fenner, 1989-91	317
8 Jim Zorn, 1976-84	307
9 David Hughes, 1981-85	294
Dave Krieg, 1980-91	294

RUSHING YARDS

PLAYER, SEASONS	No
1 Chris Warren, 1990-97	6,706
2 Curt Warner, 1983-89	6,705
3 John L. Williams, 86-93	4,579
4 Ricky Watters, 1998-00	3,691
5 Sherman Smith, 1976-82	3,429
6 Dan Doornink, 1979-85	1,530
7 Jim Zorn, 1976-84	1,494
8 Lamar Smith, 1994-97	1,286
9 David Sims, 1977-79	1,174
10 Derrick Fenner, 1989-91	1,117

RUSHING TOUCHDOWNS

PLAYER, SEASONS	No
1 Curt Warner, 1983-89	55
2 Chris Warren, 1990-97	44
3 Sherman Smith, 1976-82	28
4 Ricky Watters, 1998-00	21
5 Derrick Fenner, 1989-91	19
David Sims, 1977-79	19
7 Jim Zorn, 1976-84	17
John L. Williams, 1986-93	17
9 Dan Doornink, 1979-85	14
10 Dave Krieg, 1980-91	10
Lamar Smith, 1994-97	10

PASSING ATTEMPTS

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	3,576
2 Jim Zorn, 1976-84	2,992
3 Rick Mirer, 1993-96	1,523
4 Jon Kitna, 1997-00	1,130
5 Warren Moon, 1997-98	786
6 Kelly Stouffer, 1988-92	437
7 John Friesz, 1995-98	416
8 Stan Gelbaugh, 1992-96	273
9 Jeff Kemp, 1987-91	249
10 Steve Myer, 1976-79	160

PASSING COMPLETIONS

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	2,096
2 Jim Zorn, 1976-84	1,593
3 Rick Mirer, 1993-96	814
4 Jon Kitna, 1997-00	658
5 Warren Moon, 1997-98	458
6 John Friesz, 1995-98	228

PLAYER, SEASONS

PLAYER, SEASONS	No
7 Kelly Stouffer, 1988-92	225
8 Stan Gelbaugh, 1992-95	131
9 Jeff Kemp, 1987-91	130
10 Brock Huard, 2000-	87

PASSING YARDS

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	26,132
2 Jim Zorn, 1976-84	20,122
3 Rick Mirer, 1993-96	9,094
4 Jon Kitna, 1997-00	7,552
5 Warren Moon, 1997-98	5,310
6 John Friesz, 1995-98	2,971
7 Kelly Stouffer, 1988-92	2,333
8 Jeff Kemp, 1987-91	1,735
9 Stan Gelbaugh, 1992-96	1,426
10 Steve Myer, 1976-79	851

TOUCHDOWN PASSES

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	195
2 Jim Zorn, 1976-84	107
3 Jon Kitna, 1997-00	49
4 Rick Mirer, 1993-96	41
5 Warren Moon, 1997-98	36
6 John Friesz, 1995-98	16
7 Jeff Kemp, 1987-91	9
8 Kelly Stouffer, 1988-92	7
Stan Gelbaugh, 1992-96	7
10 Steve Myer, 1976-79	6

PASSES HAD INTERCEPTED

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	148
2 Jim Zorn, 1976-84	133
3 Rick Mirer, 1993-96	56
4 Jon Kitna, 1997-00	45
5 Warren Moon, 1997-98	24
6 Kelly Stouffer, 1988-92	19
7 Jeff Kemp, 1987-91	18
8 Steve Myer, 1976-79	14
9 Stan Gelbaugh, 1992-96	12
John Friesz, 1995-98	12

TIMES SACKED

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	341
2 Jim Zorn, 1976-84	200
3 Rick Mirer, 1993-96	138
4 Jon Kitna, 1997-00	79
5 Warren Moon, 1997-98	52
6 Kelly Stouffer, 1988-92	50
7 Stan Gelbaugh, 1992-96	36
8 Dan McGwire, 1991-94	20
9 John Friesz, 1995-98	18
10 Jeff Kemp, 1987-91	14

QUARTERBACK RATING (MINIMUM 100 ATTEMPTS)

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	82.3
2 Warren Moon, 1997-98	81.3
3 John Friesz, 1995-98	78.3
4 Jon Kitna, 1997-00	76.3
5 Jim Zorn, 1976-84	67.8
6 Rick Mirer, 1993-96	65.2
7 Gale Gilbert, 1985-86	64.7
8 Jeff Kemp, 1987-91	56.6
9 Kelly Stouffer, 1988-92	54.5
Dan McGwire, 1991-94	54.5

PASS RECEPTIONS

PLAYER, SEASONS	No
1 Steve Largent, 1976-89	819
2 Brian Blades, 1988-98	581
3 John L. Williams, 1986-93	471
4 Joey Galloway, 1995-99	283
5 Sam McCullum, 1976-81	232
6 Sherman Smith, 1976-82	211
7 Dan Doornink, 1979-85	197
8 Chris Warren, 1990-97	194
9 Curt Warner, 1983-89	193
10 Mike Pritchard, 1996-99	169

RECEIVING YARDS

PLAYER, SEASONS	No
1 Steve Largent, 1976-89	13,089
2 Brian Blades, 1988-98	7,620
3 Joey Galloway, 1995-99	4,457
4 John L. Williams, 1986-93	4,151
5 Sam McCullum, 1976-81	3,409
6 Sherman Smith, 1976-82	2,342
7 Mike Pritchard, 1996-99	2,288
8 Tommy Kane, 1988-92	2,034
9 Dan Doornink, 1979-85	1,940
10 Paul Skansi, 1984-91	1,911

RECEIVING TOUCHDOWNS

PLAYER, SEASONS	No
1 Steve Largent, 1976-89	100
2 Daryl Turner, 1984-87	36
Joey Galloway, 1995-98	36
4 Brian Blades, 1988-98	34
5 Sam McCullum, 1976-81	21
6 John L. Williams, 1986-93	16
7 Ray Butler, 1985-88	13
8 Sean Dawkins, 1999-00	12
9 Dan Doornink, 1979-85	11
Derrick Mayes, 1999-00	11

INTERCEPTIONS

PLAYER, SEASONS	No
1 Dave Brown, 1976-86	50
2 Eugene Robinson, 1985-95	42
3 John Harris, 1978-85	41
4 Kenny Easley, 1981-87	32



Curt Warner (1983-89)

PLAYER, SEASONS	No
5 Darryl Williams, 1996-99	20
6 Keith Simpson, 1978-85	19
7 Terry Taylor, 1984-88, 1994	16
8 Robert Blackmon, 1990-96	15
Jay Bellamy, 1994-00	15
Shawn Springs, 1997-	15

INTERCEPTION RETURN YARDS

PLAYER, SEASONS	No
1 Dave Brown, 1976-86	643
2 Eugene Robinson, 1985-95	586
3 Kenny Easley, 1981-87	528
4 John Harris, 1978-85	425
5 Darryl Williams, 1996-99	402
6 Keith Simpson, 1978-85	338
7 Robert Blackmon, 1990-96	246
8 Dwayne Harper, 1988-93	242
9 Shawn Springs, 1997-	227
10 Terry Taylor, 1984-88, 1994	202

INT. RETURN TOUCHDOWNS

PLAYER, SEASONS	No
1 Dave Brown, 1976-86	5
2 Keith Simpson, 1978-85	3
Kenny Easley, 1981-87	3
Willie Williams, 1997-	3
5 John Harris, 1978-85	2
Jacob Green, 1980-91	2
Terry Taylor, 1984-88, 1994	2
Darryl Williams, 1996-99	2
Shawn Springs, 1997-	2
Darrin Smith, 1998-99	2

PUNTS

PLAYER, SEASONS	No
1 Rick Tuten, 1991-97	554
2 Jeff West, 1981-85	299
3 Herman Weaver, 1977-80	257
4 Jeff Feagles, 1998-	239
5 Ruben Rodriguez, 1987-89	192
6 Rick Engles, 1976-77	84
7 Rick Donnelly, 1990-91	80
8 Vince Gamache, 1986	79
9 David Finzer, 1985	68
10 Rohn Stark, 1997	20

PUNTING YARDS

PLAYER, SEASONS	No
1 Rick Tuten, 1991-97	24,266
2 Jeff West, 1981-85	11,511
3 Herman Weaver, 1977-80	10,182
4 Jeff Feagles, 1998-	9,955
5 Ruben Rodriguez, 1987-89	7,733
6 Rick Donnelly, 1990-91	3,227
7 Rick Engles, 1976-77	3,204
8 Vince Gamache, 1986	3,048
9 David Finzer, 1985	2,766
10 Rohn Stark, 1997	813

INSIDE THE 20

PLAYER, SEASONS	No
1 Rick Tuten, 1991-97	147
2 Jeff Feagles, 1998-	85
3 Jeff West, 1981-85	73
4 Herman Weaver, 1977-80	49
5 Ruben Rodriguez, 1987-89	48
6 Rick Donnelly, 1990-91	19
7 Rick Engles, 1976-77	13
8 David Finzer, 1985	12
9 Vince Gamache, 1986	10
10 Rohn Stark, 1997	7

TOUCHBACKS

PLAYER, SEASONS	No
1 Rick Tuten, 1991-97	45
2 Jeff West, 1981-85	28
3 Herman Weaver, 1977-80	19
Jeff Feagles, 1998-	19
5 Ruben Rodriguez, 1987-89	17
6 Rick Donnelly, 1990-91	9
7 Vince Gamache, 1986	7
8 David Finzer, 1985	6
9 Rick Engles, 1976-77	4
10 2 players tied with	2

HAD BLOCKED

PLAYER, SEASONS	No
1 Herman Weaver, 1977-80	5
2 Rick Engles, 1976-77	3
3 Kyle Richardson, 1997	2
Rick Tuten, 1991-97	2
5 Ruben Rodriguez, 1987-89	1
Jeff Feagles, 1998-	1

PUNT RETURNS

PLAYER, SEASONS	No
1 Chris Warren, 1990-97	94
2 Bobby Joe Edmonds, 1986-88	89
3 Joey Galloway, 1995-99	79
4 Paul Johns, 1981-84	74
5 Kelvin Martin, 1993-94	65
6 Will Lewis, 1980-81	57
7 Paul Skansi, 1984-91	53
8 Charlie Rogers, 1999-	48
9 Ronnie Harris, 1994-98	44
10 Rufus Crawford, 1978	34

FAIR CATCHES

PLAYER, SEASONS	No
1 Chris Warren, 1990-97	60
2 Kelvin Martin, 1993-94	35
3 Charlie Rogers, 1999-	30
4 Bobby Joe Edmonds, 1986-88	26
5 Paul Johns, 1981-84	23
Joey Galloway, 1995-99	23
7 Ronnie Harris, 1994-98	22
8 Will Lewis, 1980-81	10
James Jefferson, 1989-93	10
10 Paul Skansi, 1984-91	9

PUNT RETURN YARDS

PLAYER, SEASONS	No
1 Bobby Joe Edmonds, 1986-88	1,010
2 Paul Johns, 1981-84	843
3 Joey Galloway, 1995-99	823
4 Chris Warren, 1990-97	819
5 Charlie Rogers, 1999-	681
6 Kelvin Martin, 1993	550
7 Paul Skansi, 1984-91	500
8 Will Lewis, 1980-81	449
9 Ronnie Harris, 1994-98	360
10 Kenny Easley, 1981-87	302

PUNT RETURN TD'S

PLAYER, SEASONS	No
1 Joey Galloway, 1995-99	4
2 Paul Johns, 1981-84	2
3 Will Lewis, 1980-81	1
Bobby Joe Edmonds, 1986-88	1
Chris Warren, 1990-97	1
Charlie Rogers, 1999-	1

KICKOFF RETURNS

PLAYER, SEASONS	No
1 Steve Broussard, 1995-98	165
2 Bobby Joe Edmonds, 1986-88	101
3 Chris Warren, 1990-97	86
4 Charlie Rogers, 1999-	84
5 Randall Morris, 1984-88	82
6 Al Hunter, 1977-80	78
7 Zachary Dixon, 1983-84	74
8 Ahman Green, 1998-99	63
9 Michael Bates, 1993-94	56
10 Will Lewis, 1980-81	45

KICKOFF RETURN YARDS

PLAYER, SEASONS	No
1 Steve Broussard, 1995-98	3,900
2 Bobby Joe Edmonds, 1986-88	2,228
3 Charlie Rogers, 1999-	2,094
4 Chris Warren, 1990-97	1,794
5 Al Hunter, 1977-80	1,717
6 Randall Morris, 1984-88	1,621
7 Zachary Dixon, 1983-84	1,594
8 Ahman Green, 1998-99	1,438
9 Michael Bates, 1993-94	1,111
10 Will Lewis, 1980-81	963

KICKOFF RETURN TD'S

PLAYER, SEASONS	No
1 Zachary Dixon, 1983-84	1
James Jefferson, 1989-93	1
Jon Vaughn, 1993-94	1
Steve Broussard, 1995-98	1
Charlie Rogers, 1999-	1

FUMBLES

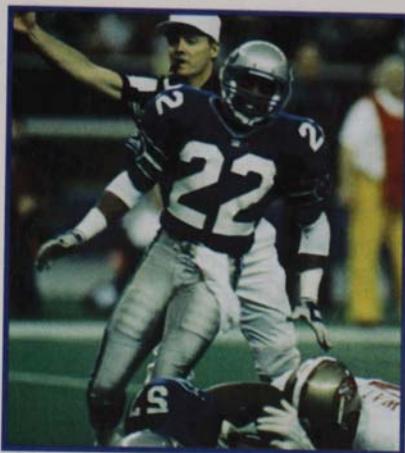
PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	108
2 Jim Zorn, 1976-84	49
3 Curt Warner, 1983-89	38
Jon Kitna, 1997-00	38
5 Chris Warren, 1990-97	26
6 Rick Mirer, 1993-96	24
7 Sherman Smith, 1976-82	22
8 Kelly Stouffer, 1988-92	20
9 John L. Williams, 1986-93	18
10 Steve Largent, 1976-89	17

FUMBLE RECOVERIES

PLAYER, SEASONS	No
1 Jacob Green, 1980-91	17
2 Eugene Robinson, 1985-95	14
3 Dave Brown, 1976-86	11
Jeff Bryant, 1982-93	11
John Harris, 1978-85	11
6 Kenny Easley, 1981-87	9
Greg Gaines, 1981, 83-88	9
Shelton Robinson, 1982-85	9
Terry Wooden, 1990-96	9
10 4 players tied with	8

FUMBLE RETURN YARDS

PLAYER, SEASONS	No
1 Corey Harris, 1995-96	85
2 Antonio Edwards, 1993-97	83
3 Michael Sinclair, 1991-	82
4 Jacob Green, 1980-91	79
5 Chad Brown, 1997-	78
6 Carlton Gray, 1993-96	62
John Harris, 1978-85	62
8 Fredd Young, 1984-87	58
9 Nesby Glasgow, 1988-92	56
10 Cornell Webster, 1977-80	54



Nesby Glasgow (1988-92)

FUMBLE RETURN TD'S

PLAYER, SEASONS	No
1 Chad Brown, 1997-	3
2 Jacob Green, 1980-91	2
Shelton Robinson, 1982-85	2
Michael Sinclair, 1991-	2
5 14 tied with	1

OWN FUMBLE RECOVERIES

PLAYER, SEASONS	No
1 Dave Krieg, 1980-91	27
2 Jon Kitna, 1997-00	20
3 Curt Warner, 1983-89	13
4 Jim Zorn, 1976-84	12
5 Chris Warren, 1990-97	10
6 John L. Williams, 1986-93	9
7 Edwin Bailey, 1981-91	7
Sherman Smith, 1976-82	7
Rick Mirer, 1993-96	7
10 Bryan Millard, 1984-91	6
Kelly Stouffer, 1988-92	6

TACKLES

PLAYER, SEASONS	No
1 Eugene Robinson, 1985-95	984
2 Keith Butler, 1978-87	813
3 Joe Nash, 1982-96	779
4 Jacob Green, 1980-91	718
5 Jeff Bryant, 1982-93	689
6 Dave Brown, 1976-86	684
7 Cortez Kennedy, 1990-00	668
8 John Harris, 1978-85	649
9 Michael Jackson, 1979-86	574
10 Terry Wooden, 1990-96	568

QUARTERBACK SACKS

PLAYER, SEASONS	No
1 Jacob Green, 1980-91	116.0
2 Michael Sinclair, 1991-	70.0
3 Jeff Bryant, 1982-93	63.0

PLAYER, SEASONS	NO
4 Cortez Kennedy, 1990-00	58.0
5 Joe Nash, 1982-96	47.5
6 Rufus Porter, 1988-94	37.5
7 Chad Brown, 1997-	25.5
8 Sam Adams, 1994-99	22.0
9 Phillip Daniels, 1996-99	21.5
10 Manu Tuiasosopo, 1979-83	21.0

YARDS LOST ON SACKS

PLAYER, SEASONS	NO
1 Jacob Green, 1980-91	753
2 Jeff Bryant, 1982-93	469
3 Cortez Kennedy, 1990-00	390.5
4 Michael Sinclair, 1991-	388.5
5 Joe Nash, 1982-96	312
Rufus Porter, 1988-94	312
7 Bill Gregory, 1978-80	177
8 Sam Adams, 1994-99	157
9 Manu Tuiasosopo, 1979-83	156
10 Fredd Young, 1984-87	151

FORCED FUMBLES

PLAYER, SEASONS	NO
1 Jacob Green, 1980-91	28
2 Michael Sinclair, 1991-	23
3 Rufus Porter, 1988-94	14
4 Joe Nash, 1982-96	13
Bruce Scholtz, 1982-88	13
6 Jeff Bryant, 1982-93	12
7 Keith Butler, 1978-87	11
Keith Simpson, 1978-85	11
9 4 players tied with	10

BLOCKED PUNTS

PLAYER, SEASONS	NO
1 Kerry Justin, 1978-83, 1986-87	3
2 Don Dufek, 1976-77, 1979	2
Patrick Hunter, 1986-94	2
Sam Merriman, 1983-87	2
Fredd Young, 1984-87	2
6 Michael Bates, 1993-94	1
Aтры Beamon, 1977-79	1
Tony Burse, 1987	1
Peter Cronan, 1977-79, 1981	1
Greg Gaines, 1981, 1983-88	1
Sam McCullum, 1976-81	1
Steve Raible, 1976-81	1
Terry Taylor, 1984-88, 1994	1
Byron Walker, 1982-86	1

BLOCKED PUNTS RETURNED FOR TOUCHDOWNS

PLAYER, SEASONS	NO
1 Aтры Beamon, 1977-79	1
Jessie Green, 1979-80	1
Eric Lane, 1981-87	1
Sam Merriman, 1983-87	1
Paul Moyer, 1983-89	1
Steve Raible, 1976-81	1
Eugene Robinson, 1985-95	1
Terry Taylor, 1984-88, 1994	1

BLOCKED PAT'S

PLAYER, SEASONS	NO
1 Mike White, 1981-82	3
2 Jeff Bryant, 1982-93	2
Jacob Green, 1980-91	2
Joe Nash, 1982-96	2
5 Dennis Boyd, 1977-79, 1981-82	1
Brian Flores, 1981-82	1
Terry Wooden, 1990-96	1

BLOCKED FIELD GOALS

PLAYER, SEASONS	NO
1 Joe Nash, 1982-96	8
2 Jeff Bryant, 1982-93	3
3 Dennis Boyd, 1977-79, 1981-82	2
Jacob Green, 1980-91	2
Mike White, 1981-82	2
6 16 players tied with	1

BLOCKED FIELD GOALS RETURNED FOR TOUCHDOWN

PLAYER, SEASONS	NO
1 Robert Blackmon, 1990-96	1
Vernon Dean, 1988	1
Byron Walker, 1982-86	1
Shawn Springs, 1997-	1

RETURN TOUCHDOWNS

(TOUCHDOWNS SCORED VIA INTERCEPTION, FUMBLE, KICKOFF, PUNT, BLOCKED PUNT, OR BLOCKED FIELD GOAL)

PLAYER, SEASONS	NO
1 Dave Brown, 1976-86	5
2 Jacob Green, 1980-91	4
Joey Galloway, 1995-99	4
Shawn Springs, 1997-	4
5 Kenny Easley, 1981-87	3
Keith Simpson, 1978-86	3
Terry Taylor, 1984-88, 1994	3
Chad Brown, 1997-	3
Willie Williams, 1997-	3
10 11 players tied with	2



Don Dufek (1976-77, 1979)

YEARLY LEADERS

TOUCHDOWNS

	G	TOT	RUSH	REC	RET	PAT	Pts
1976 Sherman Smith	12	5	4	1	0	0/0	30
1977 Steve Largent	14	10	0	10	0	0/0	60
1978 David Sims	12	15*	14*	1	0	0/0	90*
1979 Sherman Smith	16	15	11	4	0	0/0	90
1980 Jim Jodat	16	6	5	1	0	0/0	36
1981 Steve Largent	16	10	1	9	0	0/0	60
1982 Steve Largent	8	3	0	3	0	0/0	18
1983 Curt Warner	16	14 ⁺	13	1	0	0/0	84
1984 Steve Largent	16	12	0	12	0	0/0	72
1985 Daryl Turner	16	13	0	13*	0	0/0	78
1986 Curt Warner	16	13	13 ⁺	0	0	0/0	78
1987 Curt Warner	12	10	8	2	0	0/0	60
1988 Curt Warner	16	12	10	2	0	0/0	72
1989 John L. Williams	15	7	1	6	0	0/0	42
1990 Derrick Fenner	16	15 ⁺	14 ⁺	1	0	0/0	90
1991 John L. Williams	16	5	4	1	0	0/0	30
1992 Tommy Kane	11	3	0	3	0	0/0	18
Chris Warren	16	3	3	0	0	0/0	18
John L. Williams	16	3	1	2	0	0/0	18
1993 Chris Warren	14	7	7	0	0	0/0	42
1994 Chris Warren	16	11	9	2	0	1/1	68
1995 Chris Warren	16	16	15 ⁺	1	0	0/1	96
1996 Lamar Smith	16	8	8	0	0	3/3	54
Joey Galloway	16	8	0	7	1	0/0	48
1997 Joey Galloway	15	12	0	12 ⁺	0	0/0	72
1998 Joey Galloway	16	12	0	10*	2	0/0	72
1999 Derrick Mayes	16	10	0	10	0	0/0	60
2000 Ricky Watters	16	9	7	2	0	0/0	54

KICK SCORING

	G	PATs	FGs	Pts.
1976 John Leypoldt	11	19-22	8-12	43
1977 John Leypoldt	14	33-37	9-18	60
1978 Efen Herrera	16	40-44	13-21	79
1979 Efen Herrera	16	43-46	19-23	100
1980 Efen Herrera	16	33-33	20-31	93
1981 Efen Herrera	12	23-25	12-17	59
1982 Norm Johnson	9	13-14	10-14	43
1983 Norm Johnson	16	49-50	18-25	103
1984 Norm Johnson	16	50-51	20-24	110
1985 Norm Johnson	16	40-41	14-25	82
1986 Norm Johnson	16	42-42	22-35*	108
1987 Norm Johnson	13	40-40	15-20	85
1988 Norm Johnson	16	39-39	22-28	105
1989 Norm Johnson	16	27-27	15-25	72
1990 Norm Johnson	16	33-34	23-32	102
1991 John Kasay	16	27-28	25-31	102
1992 John Kasay	16	14-14	14-22	56
1993 John Kasay	16	29-29	23-28	98
1994 John Kasay	16	25-26	20-24	85
1995 Todd Peterson	16	40-40	23-28	109
1996 Todd Peterson	16	27-27	28-34	111
1997 Todd Peterson	16	37-37	22-28	103
1998 Todd Peterson	16	41-41	19-24	98
1999 Todd Peterson	16	32-32	34-40	134
2000 Rian Lindell	12	25-25	15-17	70

* Led NFL; + Led AFC; # Tied AFC

RUSHING

	G	Att	Yds	Avg	LG	TD	
1976	Sherman Smith	12	119	537	4.5	53	4
1977	Sherman Smith	14	163	763	4.7	39	4
1978	Sherman Smith	12	165	805	4.9	67	6
1979	Sherman Smith	16	194	775	4.0	31	11
1980	Jim Jodat	16	155	632	4.1	26	5
1981	Theotis Brown	10	141	531	3.8	43	6
1982	Sherman Smith	9	63	202	3.2	19	0
1983	Curt Warner	16	335 ⁺	1449 ⁺	4.3	60	13
1984	David Hughes	16	94	327	3.3	14	1
1985	Curt Warner	16	291	1094	3.8	38	8
1986	Curt Warner	16	319 ⁺	1481 ⁺	4.6	60	13 ⁺
1987	Curt Warner	12	234	985	4.2	57	8
1988	Curt Warner	16	266	1025	3.9	29	10
1989	Curt Warner	16	194	631	3.3	34	3
1990	Derrick Fenner	16	215	859	4.0	36	14*
1991	John L. Williams	16	188	741	3.9	42	4
1992	Chris Warren	16	223	1017	4.6	52	3
1993	Chris Warren	14	273	1072	3.9	45	7
1994	Chris Warren	16	333	1545 ⁺	4.6 ⁺	41	9
1995	Chris Warren	16	310	1346	4.3	52	15 ⁺
1996	Chris Warren	14	203	885	4.2	51	5
1997	Chris Warren	15	200	847	4.2	36	4
1998	Ricky Watters	16	319	1239	3.9	39t	9
1999	Ricky Watters	16	325	1210	3.7	45	5
2000	Ricky Watters	16	278	1242	4.5	55	7

* Led NFL; + Led AFC

PASSING

	G/S	Att	Cmp	Yds	Pct	TD	Int	Rate	
1976	Jim Zorn	14/14	439*	208	2571	47.3	12	27	49.5
1977	Jim Zorn	10/10	251	104	1683	41.4	16	19	54.3
1978	Jim Zorn	16/16	443 ⁺	248 ⁺	3283 ⁺	56.0	15	20	72.2
1979	Jim Zorn	16/16	505	285	3661	56.4	20	18	77.7
1980	Jim Zorn	16/16	488	276	3346	56.6	17	20	72.3
1981	Jim Zorn	13/13	397	236	2788	59.4	13	9	82.3
1982	Jim Zorn	9/7	245	126	1540	51.4	7	11	62.0
1983	Dave Krieg	9/8	243	147	2139	60.5	18	11	95.0
1984	Dave Krieg	16/16	480	276	3671	57.5	32	24	83.3
1985	Dave Krieg	16/16	532	285	3602	53.6	27	20	76.2
1986	Dave Krieg	15/15	375	225	2921	60.0	21	11	91.0
1987	Dave Krieg	12/12	294	178	2131	60.5	23	15	87.6
1988	Dave Krieg	9/9	228	134	1741	58.8	18	8*	94.6
1989	Dave Krieg	15/14	499	286	3309	57.3	21	20	74.8
1990	Dave Krieg	16/16	448	265	3194	59.2	15	20	73.6
1991	Dave Krieg	10/9	285	187	2080	65.6*	11	12	82.5
1992	Stan Gelbaugh	10/8	255	121	1307	47.5	6	11	52.9
1993	Rick Mirer	16/16	486	274	2833	56.4	12	17	67.0
1994	Rick Mirer	13/13	381	195	2151	51.2	11	7*	70.2
1995	Rick Mirer	15/13	391	209	2564	53.5	13	20+	63.7
1996	John Friesz	8/6	211	120	1629	56.9	8	4	86.4
1997	Warren Moon	15/14	528	313	3678	59.3	25	16	83.7
1998	Warren Moon	10/10	258	145	1632	56.2	11	8	76.6
1999	Jon Kitna	15/15	495	270	3346	54.5	23	16	77.7
2000	Jon Kitna	15/12	418	259	2658	62.0	18	19	75.6

* Led NFL; + Led AFC

RECEIVING

	G	No	Yds	Avg	LG	TD
1976 Steve Largent	14	54	705	13.0	45	4
1977 Steve Largent	14	33	643	19.4	74	10
1978 Steve Largent	16	71 ⁺	1168	16.5	57	8
1979 Steve Largent	15	66	1237 ⁺	18.7	55	9
1980 Steve Largent	16	66	1064	16.1	67	6
1981 Steve Largent	16	75	1224	16.3	57	9
1982 Steve Largent	8	34	493	14.5	45	3
1983 Steve Largent	15	72	1074	14.9	46	11
1984 Steve Largent	16	74	1164	15.7	65	12
1985 Steve Largent	16	79	1287 ⁺	16.3	43	6
1986 Steve Largent	16	70	1070	15.3	38	9
1987 Steve Largent	13	58	912	15.7	55	8
1988 John L. Williams	16	58	651	11.2	75	3
1989 Brian Blades	16	77	1063	13.8	60	5
1990 John L. Williams	16	73	699	9.6	60	0
1991 Brian Blades	16	70	1003	14.3	52	2
1992 John L. Williams	16	74	556	7.5	27	2
1993 Brian Blades	16	80	945	11.8	41	3
1994 Brian Blades	16	81	1086	13.4	45	4
1995 Brian Blades	16	77	1001	13.0	49	4
1996 Joey Galloway	16	57	987	17.3	65	7
1997 Joey Galloway	15	72	1049	14.6	53	12 ⁺
1998 Joey Galloway	16	65	1047	16.1	81t	10#
1999 Derrick Mayes	16	62	829	13.4	43t	10
2000 Sean Dawkins	16	63	731	11.6	40	5
Ricky Watters	16	63	613	9.7	59	2

* Led NFL; + Led AFC; # Tied AFC

RECEIVING YARDS

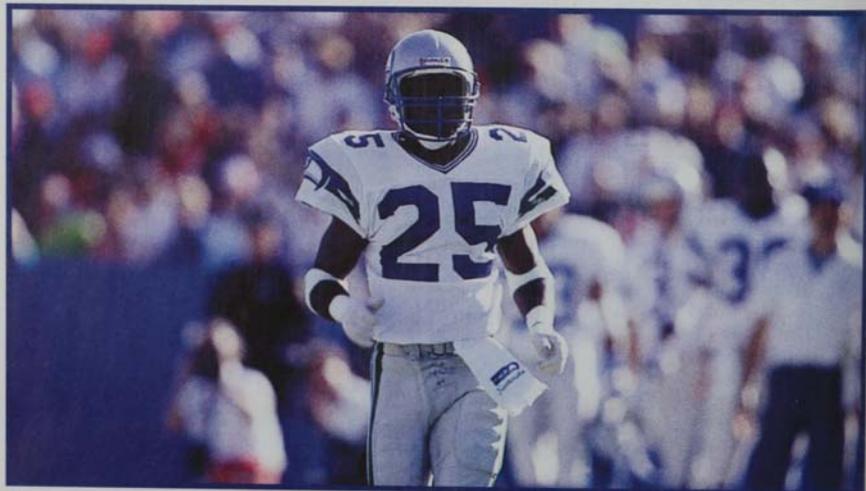
	G	Yds	No	Avg	LG	TD
1976 Steve Largent	14	705	54	13.0	45	4
1977 Steve Largent	14	643	33	19.4	74	10
1978 Steve Largent	16	1168	71 ⁺	16.5	57	8
1979 Steve Largent	15	1237 ⁺	66	18.7	55	9
1980 Steve Largent	16	1064	66	16.1	67	6
1981 Steve Largent	16	1224	75	16.3	57	9
1982 Steve Largent	8	493	34	14.5	45	3
1983 Steve Largent	15	1074	72	14.9	46	11
1984 Steve Largent	16	1164	74	15.7	65	12
1985 Steve Largent	16	1287 ⁺	79	16.3	43	6
1986 Steve Largent	16	1070	70	15.3	38	9
1987 Steve Largent	13	912	58	15.7	55	8
1988 Brian Blades	16	682	40	17.1	55	8
1989 Brian Blades	16	1063	77	13.8	60	5
1990 Tommy Kane	16	776	52	14.9	63	4
1991 Brian Blades	16	1003	70	14.3	52	2
1992 John L. Williams	16	556	74	7.5	27	2
1993 Brian Blades	16	945	80	11.8	41	3
1994 Brian Blades	16	1086	81	13.4	45	4
1995 Joey Galloway	16	1037	67	15.5	59	7
1996 Joey Galloway	16	987	57	17.3	65	7
1997 Joey Galloway	15	1049	72	14.6	53	12 ⁺
1998 Joey Galloway	16	1047	65	16.1	81t	10#
1999 Sean Dawkins	16	992	58	17.1	45t	7
2000 Sean Dawkins	16	731	63	11.6	40	5

* Led NFL; + Led AFC; # Tied AFC

INTERCEPTIONS

		G	No	Yds	Avg	LG	TD
1976	Dave Brown	14	4	70	17.5	33	0
	Rolly Woolsey	14	4	19	4.7	13	0
1977	Autry Beamon	14	6	36	6.0	16	0
1978	Cornell Webster	15	5	9	1.8	14	0
1979	Dave Brown	16	5	46	9.2	23	0
1980	Dave Brown	16	6	32	5.3	24	0
	John Harris	16	6	28	4.7	15	0
1981	John Harris	16	10 ⁺	155	15.5	42	2 ⁺
1982	Kenny Easley	8	4	48	12.0	44	0
	John Harris	9	4	33	8.3	18	0
1983	Kenny Easley	16	7	96	13.2	38	0
1984	Kenny Easley	16	10 ⁺	126	12.6	58	2*
1985	John Harris	16	7	20	2.9	17	0
1986	Dave Brown	16	5	58	11.6	24	1
1987	Kenny Easley	12	4	47	11.8	22	0
1988	Paul Moyer	16	6	79	13.2	34	0
1989	Eugene Robinson	16	5	24	4.8	20	0
1990	Eugene Robinson	16	3	89	29.7	39	0
	Dwayne Harper	16	3	69	23.0	47	0
1991	Eugene Robinson	16	5	56	11.2	27	0
1992	Eugene Robinson	16	7	126	18.0	49	0
1993	Eugene Robinson	16	9*	80	8.9	28	0
1994	Patrick Hunter	5	3	85	28.3	51	0
	Terry Wooden	16	3	78	26.0	69t	1
	Orlando Watters	16	3	39	13.0	18	1
	Eugene Robinson	13	3	18	6.0	18	0
1995	Robert Blackmon	13	5	46	9.2	21	0
1996	Darryl Williams	16	5	148	29.6	79	1
1997	Darryl Williams	16	8 ⁺	172	21.5	44	1
1998	Shawn Springs	16	7	142	20.3	56t	2#
1999	Shawn Springs	16	5	77	15.4	42	0
	Willie Williams	16	5	43	8.6	40t	1
2000	Jay Bellamy	16	4	132	33.0	84t	1
	Willie Williams	16	4	74	18.5	69t	1

* Led NFL; + Led AFC; # Tied AFC



Robert Blackmon (1990-96)

PUNTING

	G	No	Yds	Avg	NET	LG	TB	I20	BLK
1976 Rick Engles	14	80	3067	38.3	29.9	55	3	13	2
1977 Herman Weaver	13	58	2293	39.5	31.8	59	4	10	1
1978 Herman Weaver	16	66	2440	37.0	29.5	59	6	13	0
1979 Herman Weaver	16	66	2651	40.2	33.4	60	3	11	3
1980 Herman Weaver	16	67	2798	41.8	31.6	62	7	14	2
1981 Jeff West	15	66	2578	39.1	36.1+	56	2	16	0
1982 Jeff West	9	48	1835	38.2	36.7	52	3	8	0
1983 Jeff West	16	79	3115	39.5	34.6	56	10	25	0
1984 Jeff West	16	95	3567	37.5	33.3	60	10	24	0
1985 Dave Finzer	12	68	2766	40.7	34.6	61	6	12	0
1986 Vince Gamache	16	79	3048	38.6	33.0	55	7	10	0
1987 Ruben Rodriguez	12	47	1880	40.0	34.0	63	5	17	0
1988 Ruben Rodriguez	16	70	2858	40.8	36.8	68	4	14	0
1989 Ruben Rodriguez	16	75	2995	39.9	32.9	59	8	17	1
1990 Rick Donnelly	16	67	2722	40.6	34.4	54	8	18	0
1991 Rick Tuten	10	49	2106	43.0	36.9	60	3	8	0
1992 Rick Tuten	16	108*	4760*	44.1	38.7	65	8	29*	0
1993 Rick Tuten	16	90	4007	44.5	37.3	64	7	21	1
1994 Rick Tuten	16	91	3905	42.9	36.7	64	7	33	0
1995 Rick Tuten	16	83	3735	45.0*	36.5	73*	8	21	0
1996 Rick Tuten	16	85	3746	44.1	34.5	66	7	21	1
1997 Rick Tuten	11	48	2007	41.8	36.4	65	5	15	0
1998 Jeff Feagles	16	81	3570	44.1	36.5	59	12	27	0
1999 Jeff Feagles	16	84	3425	40.8	35.2	59	5	34	0
2000 Jeff Feagles	16	74	2960	40.0	36.9	57	2	24	1

* Led NFL; + Led AFC

PUNT RETURNS

	G	No	FC	Yds	Avg	LG	TD
1976 Lyle Blackwood	11	19	2	132	6.9	26	0
1977 Walter Packer	10	20	0	131	6.5	31	0
1978 Rufus Crawford	16	34	4	284	8.4	22	0
1979 Tony Green	11	16	3	121	7.6	30	0
1980 Will Lewis	16	41	9	349	8.5	75	1
1981 Paul Johns	16	16	4	177	11.1	34	0
1982 Paul Johns	9	19	10	210	11.1	37	0
1983 Paul Johns	11	28	5	316	11.3	75	1*
1984 Kenny Easley	16	16	5	194	12.1	42	0
1985 Paul Skansi	12	31	7	312	10.1	32	0
1986 Bobby Joe Edmonds	15	34	14	419	12.3*	75	1+
1987 Bobby Joe Edmonds	11	20	4	251	12.6+	40	0
1988 Bobby Joe Edmonds	16	35	8	340	9.7	41	0
1989 David Hollis	10	18	7	164	9.1	21	0
1990 Chris Warren	16	28	16	269	9.6	39	0
1991 Chris Warren	16	32	19	298	9.3	59	1*
1992 Chris Warren	16	34	25	252	7.4	16	0
1993 Kelvin Martin	16	32	15	270	8.4	33	0
1994 Kelvin Martin	16	33	20	280	8.5	23	0
1995 Joey Galloway	16	36	12	360	10.0	89*	1
1996 Joey Galloway	16	15	5	158	10.5	88+	1+
1997 Ronnie Harris	13	21	12	144	6.9	19	0
1998 Joey Galloway	16	25	5	251	10.0	74t	2@
1999 Charlie Rogers	12	22	18	318	14.5*	94t*	1
2000 Charlie Rogers	15	26	12	363	14.0	43	0

* Led NFL; + Led AFC; @ Tied NFL; # Tied AFC

KICKOFF RETURNS

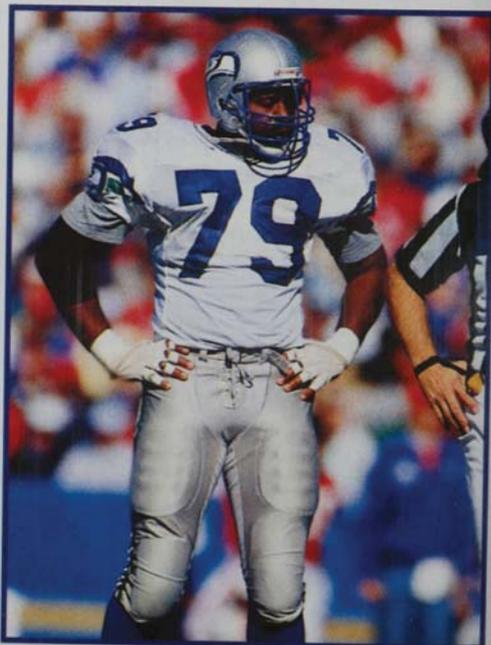
	G	No	Yds	Avg	LG	TD	
1976	Oliver Ross	10	30	655	21.8	45	0
1977	Al Hunter	12	36	820	22.7	41	0
1978	Al Hunter	16	16	385	24.1	38	0
1979	Tony Green	11	20	437	21.9	31	0
1980	Will Lewis	16	25	585	23.4	54	0
1981	Will Lewis	10	20	378	18.9	36	0
1982	Horace Ivory	6	10	224	22.4	30	0
1983	Zachary Dixon	13	49*	1448*	23.4	94	1*
1984	David Hughes	16	17	348	20.5	38	0
1985	Randall Morris	16	31	636	20.5	58	0
1986	Bobby Joe Edmonds	15	34	764	22.5	46	0
1987	Bobby Joe Edmonds	11	27	564	20.9	43	0
1988	Bobby Joe Edmonds	16	40	900	22.5	65	0
1989	James Jefferson	16	22	511	23.2	97+	1*
1990	Chris Warren	16	23	478	20.8	71	0
1991	Chris Warren	16	35	792	22.6	55	0
1992	Chris Warren	16	28	524	18.7	34	0
1993	Michael Bates	16	30	602	20.1	46	0
1994	Michael Bates	15	26	508	19.5	38	0
1995	Steve Broussard	15	43	1062	24.7	70	0
1996	Steve Broussard	12	43	979	22.8	86	0
1997	Steve Broussard	16	50	1076	21.5	43	0
1998	Steve Broussard	15	29	781	26.9	90t	1
1999	Ahman Green	14	36	818	22.7	54	0
2000	Charlie Rogers	15	66	1629	24.7	81t	1

* Led NFL; + Led AFC

SACKS

	G	No
1976	Steve Niehaus	14 9.5
1977	Alden Roche	12 3.5
1978	Bill Gregory	16 9.0
1979	Manu Tuiasosopo	16 8.0
1980	Jacob Green	14 6.5
1981	Jacob Green	16 12.0
1982	Jeff Bryant	9 3.0
	Jacob Green	9 3.0
1983	Jacob Green	16 16.0
1984	Jeff Bryant	16 14.5
1985	Jacob Green	16 13.5
1986	Jacob Green	16 12.0
1987	Jacob Green	12 9.5
1988	Jacob Green	16 9.0
1989	Rufus Porter	16 10.5
1990	Jacob Green	16 12.5
1991	Rufus Porter	15 10.0
1992	Cortez Kennedy	16 14.0
1993	Michael Sinclair	9 8.0
1994	Michael Sinclair	12 4.5
1995	Antonio Edwards	13 6.5
	Cortez Kennedy	16 6.5
1996	Michael McCrary	16 13.5+
1997	Michael Sinclair	16 12.0
1998	Michael Sinclair	16 16.5*
1999	Phillip Daniels	16 9.0
2000	Chad Brown	16 6.0
	Lamar King	14 6.0

* Led NFL; + Led AFC



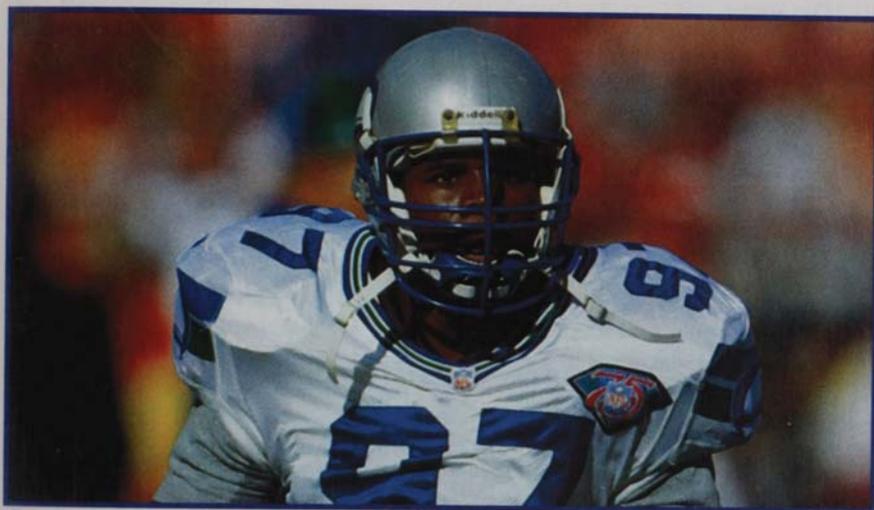
Jacob Green is Seattle's all-time sack leader.

DEFENSIVE STATISTICS

TACKLES

Includes solo and assists

		G	No			G	No
1976	Dave Brown	14	111	1989	Eugene Robinson	16	102
1977	Terry Beeson	14	134	1990	Nesby Glasgow	16	83
1978	Terry Beeson	16	153	1991	Terry Wooden	16	100
1979	Terry Beeson	16	114	1992	Eugene Robinson	16	94
1980	Michael Jackson	15	136	1993	Eugene Robinson	16	111
1981	Michael Jackson	16	140	1994	Rod Stephens	16	128
1982	Michael Jackson	8	64	1995	Terry Wooden	16	135
1983	Bruce Scholtz	16	104	1996	Dean Wells	16	107
1984	Shelton Robinson	16	93	1997	Chad Brown	15	104
1985	Fredd Young	16	118	1998	Chad Brown	16	150
1986	Fredd Young	15	121	1999	Chad Brown	15	117
1987	Fredd Young	13	101	2000	Anthony Simmons	16	147
1988	Eugene Robinson	16	114				



Rufus Porter (1988-94)

SPECIAL TEAMS TACKLES

		G	No			G	No
1976	Don Dufek	14	15	1989	Rufus Porter	16	13
1977	Peter Cronan	14	11	1990	James Jones	16	15
	Charles McShane	14	11	1991	David Daniels	16	12
1978	Cornell Webster	15	12		Rod Stephens	16	12
1979	Don Dufek	13	18		Chris Warren	16	12
1980	Don Dufek	8	13	1992	Tracy Johnson	16	18
1981	Mike Tice	16	11	1993	Michael Bates	16	22
1982	Eric Lane	9	6	1994	Dean Wells	15	16
	Ken McAlister	9	6	1995	Mack Strong	16	19
1983	Don Dufek	14	18	1996	Jay Bellamy	16	34
1984	Sam Merriman	16	21	1997	Tim Hauck	16	22
1985	John Kaiser	16	14	1998	Kerry Joseph	16	14
1986	Eric Lane	15	16	1999	James Logan	16	18
1987	David Hollis	11	10	2000	Isaiah Kacyvenski	16	15
1988	Rufus Porter	16	16				

TOP SINGLE-GAME PERFORMANCES

(CHRONOLOGICAL)

100 YARDS RUSHING

PLAYER	OPPONENT	ATT	Yds	AVG.	LG	TD
1 *Sherman Smith	vs. Atlanta 11/7/76	14	124	8.9	53t	1
2 David Sims	at N.Y. Jets 9/17/78	23	121	5.3	25	3
3 David Sims	at Green Bay 10/15/78	22	104	4.7	12	1
4 Sherman Smith	at Chicago 11/5/78	23	152	6.6	67t	2
5 David Sims	vs. Baltimore 11/12/78	14	106	7.6	44t	2
6 Al Hunter	vs. Kansas City 12/17/78	27	133	4.9	55t	2
7 Dan Doornink	at Atlanta 10/29/79	21	122	5.8	26t	2
8 Jim Jodat	at Washington 9/28/80	22	117	5.3	12	0
9 Theotis Brown	at N.Y. Jets 10/25/81	14	104	7.4	43	0
10 *Curt Warner	at N.Y. Jets 9/11/83	25	128	5.1	31	2
11 *Curt Warner	vs. San Diego 9/18/83	22	109	5.9	23	2
12 *Curt Warner	at L.A. Raiders 10/30/83	23	101	4.4	24	1
13 *Curt Warner	vs. Denver 11/6/83	24	135	5.6	23	0
14 *Curt Warner	vs. Kansas City 11/27/83 (OT)	32	207	6.5	28	3
15 *Curt Warner	vs. New England 12/18/83	26	116	4.5	14	0
16 Eric Lane	at Minnesota 9/30/84	14	113	8.1	40t	1
17 Curt Warner	at San Diego 9/15/85	28	169	6.0	21	2
18 Curt Warner	at Denver 10/20/85 (OT)	27	136	5.0	19	0
19 Curt Warner	vs. New England 11/17/85	24	105	4.4	24	0
20 Curt Warner	vs. Pittsburgh 9/7/86	21	114	5.4	31	0
21 Curt Warner	at Washington 9/28/86	16	106	6.6	29	1
22 Curt Warner	vs. San Diego 10/6/86	28	142	5.1	21	0
23 Curt Warner	at Denver 10/26/86	21	139	6.6	14	0
24 Curt Warner	at Dallas 11/27/86	22	122	5.5	19	1
25 Curt Warner	vs. L.A. Raiders 12/8/86	23	116	5.0	18	2
26 Curt Warner	vs. Denver 12/20/86	24	192	8.0	60t	3
27 John L. Williams	vs. Kansas City 9/20/87	15	112	7.5	48	1
28 Curt Warner	at L.A. Raiders 10/25/87	29	112	3.9	9	2
29 Curt Warner	vs. Green Bay 11/15/87	25	123	4.9	57	1
30 Curt Warner	vs. San Diego 11/22/87	23	119	5.2	27	1
31 Curt Warner	at Atlanta 10/2/88	22	110	5.0	21	1
32 John L. Williams	vs. Houston 11/13/88	13	102	7.8	44t	1
33 Curt Warner	vs. L.A. Raiders 11/28/88	27	130	4.8	26	0
John L. Williams	vs. L.A. Raiders 11/28/88	17	105	6.2	24	0
35 Curt Warner	vs. Denver 12/11/88	23	126	5.5	18	4
John L. Williams	vs. Denver 12/11/88	20	109	5.5	18	0
37 Curt Warner	at L.A. Raiders 10/1/89	21	102	4.8	21	1
38 Derrick Fenner	at Denver 9/23/90 (OT)	22	144	6.5	28	3
39 Derrick Fenner	at Green Bay 12/9/90	20	112	5.5	36	1
40 John L. Williams	vs. Denver 11/24/91	17	109	6.4	42	0
41 Chris Warren	at New England 9/20/92	24	122	5.1	33	1
42 Chris Warren	vs. Washington 11/8/92	19	103	5.4	36	0
43 Chris Warren	vs. Kansas City 11/22/92	20	154	7.7	35	1
44 Chris Warren	at New England 9/19/93	36	174	4.5	17	1
45 Chris Warren	vs. Cleveland 11/14/93	24	112	4.7	20	0
46 Chris Warren	vs. Phoenix 12/19/93 (OT)	27	168	6.2	45	1
47 Jon Vaughn	vs. Pittsburgh 12/26/93	26	131	5.0	37	0
48 Chris Warren	at Washington 9/4/94	22	100	4.5	13	2
49 Chris Warren	vs. Pittsburgh 9/25/94	26	126	4.8	28	1
50 Chris Warren	at Kansas City 10/23/94	19	117	6.2	41	0
51 Chris Warren	at Denver 11/13/94	18	122	6.8	23	1
52 Chris Warren	vs. Tampa Bay 11/20/94	16	116	7.3	31	0
53 Chris Warren	at Houston 12/11/94	30	185	6.2	33	1

PLAYER	OPPONENT	ATT	YDS	AVG.	LG	TD
54 Chris Warren	vs. L.A. Raiders 12/18/94	24	122	5.1	33	1
55 John L. Williams	at Kansas City 1/2/94	16	102	6.4	38	1
56 Chris Warren	vs. Cincinnati 9/17/95	24	109	4.5	30	1
57 Chris Warren	vs. Denver 10/1/95	24	115	4.8	18	3
58 Chris Warren	vs. San Diego 10/22/95	18	112	6.2	17	2
59 Chris Warren	at Arizona 10/29/95 (OT)	23	127	5.5	52	0
60 Chris Warren	at Jacksonville 11/12/95	27	121	4.5	29	1
61 Chris Warren	at Washington 11/19/95	29	136	4.7	14	1
62 Chris Warren	at Denver 12/10/95	18	101	5.6	24	1
63 Chris Warren	vs. Oakland 12/17/95	17	105	6.2	35	3
64 Chris Warren	vs. Green Bay 9/29/96	18	103	5.7	37	1
65 Lamar Smith	at Detroit 10/17/96	33	148	4.5	18	1
66 Chris Warren	vs. San Diego 10/27/96	19	146	7.7	50	1
67 Chris Warren	vs. Buffalo 12/8/96	21	116	5.5	51	0
68 Steve Broussard	vs. Tennessee 10/5/97	6	138	23.0	77	2
69 *Ahman Green	at Philadelphia 9/6/98	6	100	16.7	64	1
70 Ricky Watters	vs. Arizona 9/13/98	22	105	4.8	17	0
71 Ricky Watters	vs. Washington 9/20/98	24	136	5.7	33	1
72 Ricky Watters	vs. Kansas City 11/8/98	24	105	4.4	13	2
73 Ricky Watters	vs. Indianapolis 12/20/98	32	178	4.2	38	1
74 Ricky Watters	at Green Bay 11/1/99	31	125	4.0	45	0
75 Ricky Watters	vs. Cincinnati 11/7/99	27	133	4.9	19t	1
76 Ricky Watters	at Kansas City 11/21/99	24	107	4.5	45	2
77 Ricky Watters	at Denver 12/19/99	16	115	7.2	26	1
78 Ricky Watters	vs. New Orleans 9/17/00	22	105	4.8	16	1
79 Ricky Watters	vs. Oakland 12/16/00	26	168	6.5	53	0

100 YARDS: Warren 24, Warner 23, Watters 10, Williams 6, Sims 3, Fenner 2, S. Smith 2, Broussard 1, Brown 1, Doornink 1, Hunter 1, Jodat 1, Lane 1, L. Smith 1, Vaughn 1, Green 1.

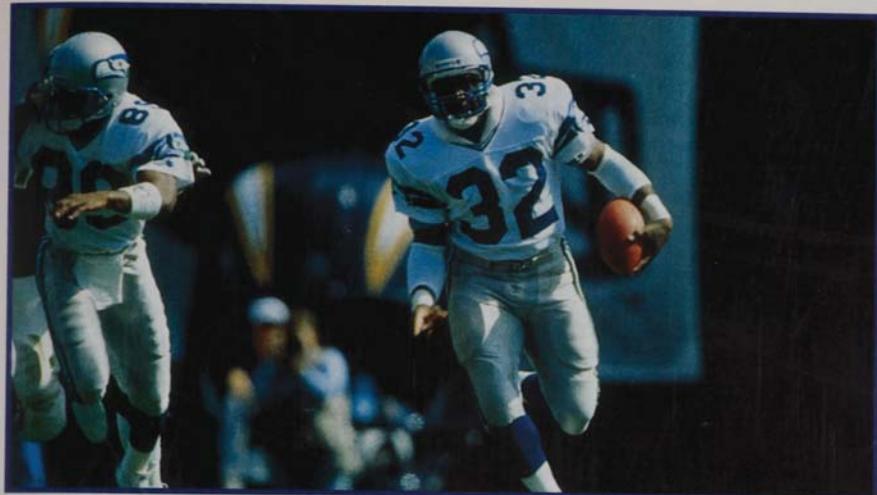
300 YARDS PASSING (CHRONOLOGICAL)

PLAYER	OPPONENT	ATT	CMP	YDS	LG	TD	INT
1 Jim Zorn	vs. San Diego 9/3/78	32	21	329	64t	2	1
2 Jim Zorn	at Green Bay 10/15/78	32	17	308	48t	1	2
3 Jim Zorn	vs. New Orleans 11/18/79	33	24	384	51t	4	0
4 Jim Zorn	vs. Denver 12/8/79	39	22	308	58	2	2
5 Jim Zorn	at Oakland 12/16/79	35	23	314	65t	2	1
6 Jim Zorn	vs. New England 9/21/80	36	20	312	40	4	1
7 Jim Zorn	vs. Kansas City 9/27/81	47	31	308	23	1	0
8 Jim Zorn	at Oakland 9/20/81	43	24	327	36t	1	1
9 Jim Zorn	at Denver 11/21/82	41	22	318	35t	1	1
10 Dave Krieg	at Denver 11/20/83	42	31	418	50t	3	4
11 Dave Krieg	at Green Bay 10/21/84	35	22	310	31	2	2
12 Dave Krieg	at Denver 11/25/84	44	30	406	80t	3	0
13 Dave Krieg	vs. Denver 12/15/84	50	30	334	30	2	2
14 Dave Krieg	at San Diego 9/15/85	32	22	307	40	5	0
15 Dave Krieg	vs. Atlanta 10/13/85	51	33	405	54	4	1
16 Dave Krieg	at San Diego 12/14/86	21	15	305	72t	4	0
17 Bruce Mathison	vs. Miami 10/4/87	42	20	326	47	2	3
18 Jeff Kemp	at Detroit 10/18/87	27	20	344	55	4	1
19 *Kelly Stouffer	vs. New Orleans 10/16/88	46	27	370	52	1	1
20 Dave Krieg	at L.A. Raiders 12/18/88	32	19	410	75t	4	1
21 Dave Krieg	vs. San Diego 10/29/89	49	27	311	24	1	2
22 Dave Krieg	at Kansas City 11/11/90	23	16	306	54t	2	0
23 Jeff Kemp	at Denver 9/15/91	50	21	322	47	0	2
24 Dave Krieg	at San Diego 11/10/91	39	29	379	49	2	1
25 John Friesz	vs. Houston 11/3/96	38	24	323	44	1	2
26 Warren Moon	vs. Oakland 10/26/97	44	28	409	45	5	0

300 Yards: Krieg 11, Zorn 9, Kemp 2, Friesz 1, Mathison 1, Moon 1, Stouffer 1.

100 YARDS RECEIVING (CHRONOLOGICAL)

PLAYER	OPPONENT	No	Yds	Avg.	LG	TD
1 Sam McCullum	vs. St. Louis 9/12/76	4	112	28.0	72t	2
2 * Steve Largent	vs. San Francisco 9/26/76	7	128	18.3	41	1
3 Steve Raible	at Minnesota 11/14/76	3	112	37.7	80t	1
4 * Steve Largent	vs. New Orleans 11/21/76	6	101	16.8	22	1
5 * David Sims	at Cincinnati 9/25/77	4	105	26.3	82t	1
6 Steve Largent	vs. Buffalo 10/30/77	4	134	33.5	48t	2
7 Duke Ferguson	vs. Buffalo 10/30/77	4	113	28.3	45	1
8 Steve Largent	vs. San Diego 11/27/77	4	116	29.0	74t	2
9 Steve Largent	vs. San Diego 9/3/78	6	127	21.2	33t	1
10 Steve Largent	at Green Bay 10/15/78	6	127	21.2	48t	1
11 Steve Largent	at Chicago 11/5/78	6	126	21.0	31	2
12 Steve Largent	vs. Cleveland 12/3/78	8	108	13.5	27	1
13 Steve Largent	vs. L.A. Raiders 9/16/79	5	139	27.8	40t	2
14 Steve Largent	at Denver 9/23/79	6	110	18.3	42	0
15 Steve Largent	vs. Houston 10/21/79	6	135	22.5	55t	2
16 Steve Largent	vs. New Orleans 11/18/79	9	146	16.2	34t	2
17 Steve Largent	at Atlanta 10/29/79	6	127	21.2	53	0
18 Steve Largent	at Kansas City 12/2/79	9	120	13.3	28	2
19 Sam McCullum	vs. Denver 12/8/79	5	102	20.4	58	0
20 Sam McCullum	at Oakland 12/16/79	8	173	21.6	65t	1
21 Steve Largent	vs. New England 9/21/80	6	127	21.2	31t	2
22 Sam McCullum	at N.Y. Jets 10/19/80	5	107	21.4	58	0
23 Steve Largent	at Oakland 10/26/80	4	142	35.5	67t	1
24 Steve Largent	vs. Philadelphia 11/02/80	6	101	16.8	27	1
25 Steve Largent	vs. N.Y. Giants 12/7/80	8	139	17.4	34t	1
26 Steve Largent	at Cincinnati 9/6/81	8	114	14.3	36	1
27 Sam McCullum	at Oakland 9/20/81	6	122	20.3	36t	1
28 +*David Hughes	vs. Kansas City 9/27/81	12	103	8.6	22	0
29 Steve Largent	vs. San Diego 10/4/81	5	118	23.6	34	1
30 Steve Largent	vs. N.Y. Jets 12/6/81	7	169	24.1	57	1
31 Paul Johns	at Denver 11/21/82	5	103	20.6	35	0
32 Steve Largent	vs. Pittsburgh 11/28/82	5	109	21.8	45	0
33 Steve Largent	vs. Chicago 12/12/82	8	111	13.9	34	0
34 Steve Largent	vs. San Diego 9/18/83	8	116	14.5	41t	2
35 Steve Largent	vs. Washington 9/25/83	8	130	19.3	45	2
36 Charle Young	at San Diego 10/9/83	7	140	20.0	43	0
37 Paul Johns	vs. Pittsburgh 10/23/83	6	118	19.7	28t	1
38 Steve Largent	at St. Louis 11/13/83	8	155	19.4	45	3
39 Paul Johns	at Denver 11/20/83	9	116	12.9	20	0
40 Steve Largent	vs. New England 12/18/83	7	133	19.0	46	1
41 Paul Johns	at New England 9/16/84	8	105	13.1	25	0
42 Steve Largent	at Minnesota 9/30/84	8	130	16.3	30	1
43 Steve Largent	vs. Buffalo 10/14/84	5	106	21.2	51t	2
44 Steve Largent	at Green Bay 10/21/84	7	129	18.4	31	1
45 Steve Largent	at Denver 11/25/84	12	191	15.9	65	1
46 Steve Largent	vs. Detroit 12/2/84	8	104	13.0	22	2
47 Daryl Turner	at San Diego 9/15/85	7	121	17.3	34	4
48 Steve Largent	at New Orleans 11/10/85	5	110	22.0	43	0
49 Steve Largent	vs. New England 11/17/85	8	138	17.3	27	0
50 Steve Largent	vs. Kansas City 12/01/85	7	101	14.4	31	1
51 Steve Largent	vs. Atlanta 10/13/85	8	103	12.9	27	1
52 Ray Butler	at New England 9/21/86	3	128	42.7	67t	2
53 Byron Franklin	vs. San Diego 10/6/86	5	118	23.6	46t	1
54 Steve Largent	vs. N.Y. Jets 11/2/86	7	108	15.4	30	1
55 Steve Largent	at Cincinnati 11/16/86	7	102	14.6	28	0
56 Steve Largent	vs. Denver 12/20/86	6	101	16.8	27	0
57 Jimmy Teal	vs. Miami 10/4/87	9	137	15.2	47	0
58 Steve Largent	at Detroit 10/18/87	15	261	17.4	55	3
59 Ray Butler	vs. Denver 12/13/87	6	107	17.8	40t	2



John L. Williams (1986-93)

PLAYER	OPPONENT	No	Yds	Avg.	LG	TD
60 +John L. Williams	at Chicago 12/20/87	8	117	14.6	75t	1
61 *Brian Blades	vs. New Orleans 10/16/88	8	145	18.1	52	1
62 Brian Blades	at L.A. Raiders 12/11/88	4	123	30.8	55	2
63 +John L. Williams	at L.A. Raiders 12/18/88	7	180	25.7	75t	1
64 Brian Blades	vs. Phoenix 9/17/89	9	146	16.2	28	1
65 Brian Blades	at L.A. Raiders 10/1/89	7	113	16.1	32	1
66 Brian Blades	vs. San Diego 10/29/89	10	117	11.7	21	1
67 Brian Blades	at Denver 11/26/89	8	122	15.3	29	0
68 Brian Blades	at Cincinnati 12/10/89	6	107	17.8	60t	1
69 +John L. Williams	vs. L.A. Raiders 12/17/89	12	129	10.8	36	1
70 +John L. Williams	at San Diego 11/25/90	9	110	12.2	60	0
71 Tommy Kane	at Miami 12/16/90	10	162	16.2	25	0
72 Brian Blades	at New Orleans 9/1/91	12	160	13.3	31	2
73 Brian Blades	at Denver 9/15/91	5	107	21.4	47	1
74 Tommy Kane	at Denver 9/15/91	6	122	20.3	38	0
75 Tommy Kane	at Pittsburgh 10/20/91	6	102	17.0	60t	0
76 Brian Blades	at San Diego 11/10/91	8	131	16.4	39	0
77 Brian Blades	vs. San Diego 12/27/92	6	103	17.2	37	0
78 Brian Blades	vs. San Diego 10/3/93	10	132	13.2	20	1
79 Brian Blades	vs. Kansas City 12/5/93	7	134	19.1	41	0
80 Kelvin Martin	at Indianapolis 10/2/94	8	104	13.0	30t	1
81 Brian Blades	vs. Kansas City 11/27/94	7	141	20.1	34	0
82 Brian Blades	vs. Kansas City 9/3/95	8	107	13.4	23	1
83 *Joey Galloway	at Buffalo 10/15/95	5	102	20.4	54t	1
84 Brian Blades	vs. N.Y. Giants 11/5/95	6	153	25.5	44	2
85 *Joey Galloway	at Jacksonville 11/12/95	5	114	22.8	38	2
86 Brian Blades	at Denver 12/10/95	7	127	18.1	49	0
87 *Joey Galloway	vs. Oakland 12/17/95	5	108	21.6	43	1
88 Joey Galloway	at Miami 10/6/96	5	137	27.4	65t	2
89 Joey Galloway	at Denver 12/1/96	5	108	21.6	43	0
90 Joey Galloway	vs. San Diego 9/21/97	5	106	21.2	53	1
91 James McKnight	vs. Oakland 10/26/97	4	100	25.0	42t	1
92 Joey Galloway	vs. Oakland 10/26/97	7	117	16.7	45	3
93 Joey Galloway	vs. San Francisco 12/21/97	6	101	16.8	37	2
94 Joey Galloway	at Philadelphia 9/6/98	6	142	23.7	35t	2
95 Joey Galloway	at Pittsburgh 9/27/98	7	139	19.9	40	0
96 Joey Galloway	at San Diego 10/25/98	4	130	32.5	81t	1

PLAYER	OPPONENT	No	Yds	Avg.	LG	TD
97 James McKnight	vs Tennessee 11/29/98	5	113	22.6	59t	1
98 Joey Galloway	at New York Jets 12/6/98	2	127	63.5	70t	2
99 Derrick Mayes	at Chicago 9/19/99	7	137	19.6	34t	1
100 Sean Dawkins	at Pittsburgh 9/26/99	5	105	21.0	43	0
101 Derrick Mayes	vs. Buffalo 10/24/99	6	105	17.5	43	2
102 Sean Dawkins	at Kansas City	5	114	22.8	45	1
103 Sean Dawkins	vs. Indianapolis 10/15/00	6	118	19.7	40	0
104 +Ricky Watters	vs. Denver 11/26/00	9	126	14.0	59	0

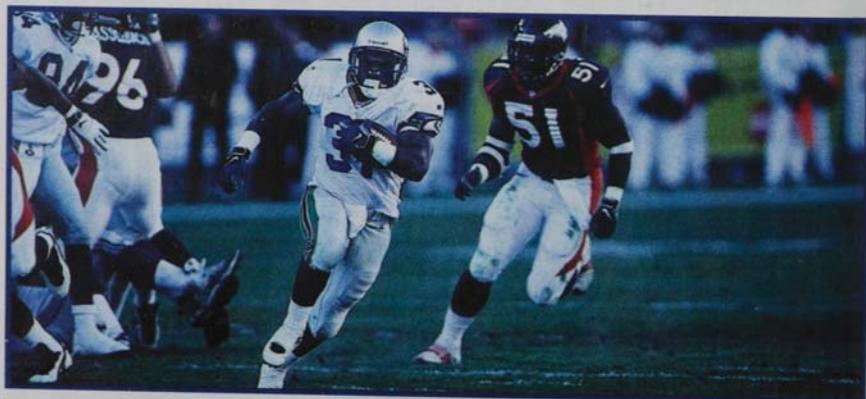
* Rookie; + Running Back

100 Yards: Largent 40, Blades 17, Galloway 12, McCullum 5, Johns 4, J. Williams 4, Dawkins 3, Kane 3, Butler 2, Mayes 2, McKnight 2, Fergerson 1, Franklin 1, Hughes 1, Martin 1, Raible 1, Sims 1, Teal 1, Turner 1, Watters 1, C. Young 1.

3.0 SACKS (CHRONOLOGICAL)

PLAYER	OPPONENT	SACKS	YARDS
1. Bill Gregory	vs. Denver 10/29/78	3.0	10.0
2. Jacob Green	vs. L.A. Raiders 10/16/83	3.5	24.5
3. Jacob Green	vs. New England 12/18/83	3.0	29.0
4. Jacob Green	vs. Cleveland 9/3/84	3.0	24.0
5. Jeff Bryant	vs. Detroit 12/2/84	3.0	19.0
6. Jacob Green	vs. Cleveland 12/8/85	3.0	15.0
7. Jacob Green	vs. N.Y. Giants 10/19/86	4.0	29.0
8. Jacob Green	vs. Philadelphia 11/23/86	3.0	12.0
9. Fredd Young	vs. Philadelphia 11/23/86	3.0	17.0
10. Jacob Green	vs. Kansas City 9/11/88	3.0	28.0
11. Rufus Porter	vs. San Diego 10/15/89	3.0	20.0
12. Jacob Green	vs. Detroit 12/30/90	3.0	14.0
13. Rufus Porter	vs. Denver 11/24/91	3.0	16.0
14. Cortez Kennedy	at New England 9/20/92	3.0	23.0
15. Michael Sinclair	vs. San Diego 10/3/93	3.0	23.0
16. Michael Sinclair	vs. Denver 9/8/96	3.0	19.0
17. Michael Sinclair	vs. Kansas City 9/15/96	4.0	13.0
18. Michael Sinclair	vs. Buffalo 12/8/96	3.0	15.0
19. Michael McCrary	at Jacksonville 12/15/96	3.0	13.0
20. Michael McCrary	at Oakland 12/22/96	4.0	15.0
21. Chad Brown	at Indianapolis 9/14/97	3.0	27.0
22. Cortez Kennedy	at Green Bay 11/1/99	3.0	30.0

3.0 or More: Green 8, Sinclair 4, Kennedy 2, McCrary 2, Porter 2, Brown 1, Bryant 1, Gregory 1, Young 1.



Steve Broussard (1995-98)

TOP SINGLE-GAME

PERFORMANCES

100 YARDS RUSHING

PLAYER	OPPONENT	ATT	Yds	AVG.	LG	TD
1 *Curt Warner	vs. Kansas City 11/27/83 (OT)	32	207	6.5	28	3
2 Curt Warner	vs. Denver 12/20/86	24	192	8.0	60t	3
3 Chris Warren	at Houston 12/11/94	30	185	6.2	33	1
4 Ricky Watters	vs. Indianapolis 12/20/98	32	178	4.2	38	1
5 Chris Warren	at New England 9/19/93	36	174	4.5	17	1
6 Curt Warner	at San Diego 9/15/85	28	169	6.0	21	2
7 Chris Warren	vs. Phoenix 12/19/93 (OT)	27	168	6.2	45	1
	Ricky Watters	26	168	6.5	53	0
9 Chris Warren	vs. Kansas City 11/22/92	20	154	7.7	35	1
10 Sherman Smith	at Chicago 11/5/78	23	152	6.6	67t	2
11 Lamar Smith	at Detroit 10/17/96	33	148	4.5	18	1
12 Chris Warren	vs. San Diego 10/27/96	19	146	7.7	50	1
13 Derrick Fenner	at Denver 9/23/90 (OT)	22	144	6.5	28	3
14 Curt Warner	vs. San Diego 10/6/86	28	142	5.1	21	0
15 Curt Warner	at Denver 10/26/86	21	139	6.6	14	0
16 Steve Broussard	vs. Tennessee 10/5/97	6	138	23.0	77	2
17 Curt Warner	at Denver 10/20/85 (OT)	27	136	5.0	19	0
	Chris Warren	29	136	4.7	14	1
	Ricky Watters	24	136	5.7	33	1
20 *Curt Warner	vs. Denver 11/6/83	24	135	5.6	23	0
21 Ricky Watters	vs. Cincinnati 11/8/99	27	133	4.9	19t	1
	Al Hunter	27	133	4.9	55t	2
23 Jon Vaughn	vs. Pittsburgh 12/26/93	26	131	5.0	37	0
24 Curt Warner	vs. L.A. Raiders 11/28/88	27	130	4.8	26	0
25 *Curt Warner	at N.Y. Jets 9/11/83	25	128	5.1	31	2
26 Chris Warren	at Arizona 10/29/95 (OT)	23	127	5.5	52	0
27 Curt Warner	vs. Denver 12/11/88	23	126	5.5	18	4
	Chris Warren	26	126	4.8	28	1
29 Ricky Watters	at Green Bay 11/1/99	31	125	4.0	45	2
30 *Sherman Smith	vs. Atlanta 11/7/76	14	124	8.9	53t	1
31 Curt Warner	vs. Green Bay 11/15/87	25	123	4.9	57	1
32 Dan Doornink	at Atlanta 10/29/79	21	122	5.8	26t	2
	Curt Warner	22	122	5.5	19	1
	Chris Warren	24	122	5.1	24	1
	Chris Warren	24	122	5.1	33	1
	Chris Warren	18	122	6.8	23	1
37 David Sims	at N.Y. Jets 9/17/78	23	121	5.3	25	3
	Chris Warren	27	121	4.5	29	1
39 Curt Warner	vs. San Diego 11/22/87	23	119	5.2	27	1
40 Jim Jodat	at Washington 9/28/80	22	117	5.3	12	0
	Chris Warren	19	117	6.2	41	0
42 *Curt Warner	vs. New England 12/18/83	26	116	4.5	14	0
	Curt Warner	23	116	5.0	18	2
	Chris Warren	16	116	7.3	31	0
	Chris Warren	21	116	5.5	51	0
46 Ricky Watters	at Denver 12/19/99	15	115	7.2	26	1
	Chris Warren	24	115	4.8	18	3
48 Curt Warner	vs. Pittsburgh 9/7/86	21	114	5.4	31	0
49 Eric Lane	at Minnesota 9/30/84	14	113	8.1	40t	1
50 John L. Williams	vs. Kansas City 9/20/87	15	112	7.5	48	1
	Curt Warner	29	112	3.9	9	2
	Derrick Fenner	20	112	5.5	36	1
	Chris Warren	24	112	4.7	20	0

	PLAYER	OPPONENT	ATT	Yds	AVG.	LG	TD
	Chris Warren	vs. San Diego 10/22/95	18	112	6.2	17	2
55	Curt Warner	at Atlanta 10/2/88	22	110	5.0	21	1
56	*Curt Warner	vs. San Diego 9/18/83	22	109	5.9	23	2
	John L. Williams	vs. Denver 12/11/88	20	109	5.5	18	0
	John L. Williams	vs. Denver 11/24/91	17	109	6.4	42	0
	Chris Warren	vs. Cincinnati 9/17/95	24	109	4.5	30	1
60	Ricky Watters	at Kansas City 11/21/99	24	107	4.5	45	2
61	David Sims	vs. Baltimore 11/12/78	14	106	7.6	44t	2
	Curt Warner	at Washington 9/28/86	16	106	6.6	29	1
63	Curt Warner	vs. New England 11/17/85	24	105	4.4	24	0
	John L. Williams	vs. L.A. Raiders 11/28/88	17	105	6.2	24	0
	Chris Warren	vs. Oakland 12/17/95	17	105	6.2	35	3
	Ricky Watters	vs. Arizona 9/13/98	22	105	4.8	17	0
	Ricky Watters	vs. Kansas City 11/8/98	24	105	4.4	13	2
	Ricky Watters	vs. New Orleans 9/17/00	22	105	4.8	16	1
69	David Sims	at Green Bay 10/15/78	22	104	4.7	12	1
	Theotis Brown	at N.Y. Jets 10/25/81	14	104	7.4	43	0
71	Chris Warren	vs. Washington 11/8/92	19	103	5.4	36	0
	Chris Warren	vs. Green Bay 9/29/96	18	103	5.7	37	1
73	John L. Williams	vs. Houston 11/13/88	13	102	7.8	44t	1
	Curt Warner	at L.A. Raiders 10/1/89	21	102	4.8	21	1
	John L. Williams	at Kansas City 1/2/94	16	102	6.4	38	1
76	*Curt Warner	at L.A. Raiders 10/30/83	23	101	4.4	24	1
	Chris Warren	at Denver 12/10/95	18	101	5.6	24	1
78	Chris Warren	at Washington 9/4/94	22	100	4.5	13	2
	*Ahman Green	at Philadelphia 9/6/98	6	100	16.7	64	1
	*Rookie						

100 YARDS: Warren 24, Warner 23, Watters 10, Williams 6, Sims 3, Fenner 2, S. Smith 2, Broussard 1, Brown 1, Doornink 1, Green 1, Hunter 1, Jodat 1, Lane 1, L. Smith 1, Vaughn 1.

300 YARDS PASSING

	PLAYER	OPPONENT	ATT	CMP	Yds	LG	TD	INT
1	Dave Krieg	at Denver 11/20/83	42	31	418	50 t	3	4
2	Dave Krieg	at L.A. Raiders 12/18/88	32	19	410	75 t	4	1
3	Warren Moon	vs. Oakland 10/26/97	44	28	409	45	5	0
4	Dave Krieg	at Denver 11/25/84	44	30	406	80 t	3	0
5	Dave Krieg	vs. Atlanta 10/13/85	51	33	405	54	4	1
6	Jim Zorn	vs. New Orleans 11/18/79	33	24	384	51 t	4	0
7	Dave Krieg	at San Diego 11/10/91	39	29	379	49	2	1
8	*Kelly Stouffer	vs. New Orleans 10/16/88	46	27	370	52	1	1
9	Jeff Kemp	at Detroit 10/18/87	27	20	344	55	4	1
10	Dave Krieg	vs. Denver 12/15/84	50	30	334	30	2	2
11	Jim Zorn	vs. San Diego 9/3/78	32	21	329	64 t	2	1
12	Jim Zorn	at Oakland 9/20/81	43	24	327	36 t	1	1
13	Bruce Mathison	vs. Miami 10/4/87	42	20	326	47	2	3
14	John Friesz	vs. Houston 11/3/96	38	24	323	44	1	2
15	Jeff Kemp	at Denver 9/15/91	50	21	322	47	0	2
16	Jim Zorn	at Denver 11/21/82	41	22	318	35 t	1	1
17	Jim Zorn	at Oakland 12/16/79	35	23	314	65 t	2	1
18	Jim Zorn	vs. New England 9/21/80	36	20	312	40	4	1
19	Dave Krieg	vs. San Diego 10/29/89	49	27	311	24	1	2
20	Dave Krieg	at Green Bay 10/21/84	35	22	310	31	2	2
21	Jim Zorn	at Green Bay 10/15/78	32	17	308	48 t	1	2
	Jim Zorn	vs. Denver 12/8/79	39	22	308	58	2	2
	Jim Zorn	vs. Kansas City 9/27/81	47	31	308	23	1	0
24	Dave Krieg	at San Diego 9/15/85	32	22	307	40	5	0
25	Dave Krieg	at Kansas City 11/11/90	23	16	306	54 t	2	0
26	Dave Krieg	at San Diego 12/14/86	21	15	305	72 t	4	0
	*Rookie							

300 Yards: Krieg 11, Zorn 9, Kemp 2, Friesz 1, Mathison 1, Moon 1, Stouffer 1.

100 YARDS RECEIVING

PLAYER	OPPONENT	No	Yds	Avg.	LG	TD	
1	Steve Largent	at Detroit 10/18/87	15	261	17.4	55	3
2	Steve Largent	at Denver 11/25/84	12	191	15.9	65	1
3	+John L. Williams	at L.A. Raiders 12/18/88	7	180	25.7	75t	1
4	Sam McCullum	at Oakland 12/16/79	8	173	21.6	65t	1
5	Steve Largent	vs. N.Y. Jets 12/6/81	7	169	24.1	57	1
6	Tommy Kane	at Miami 12/16/90	10	162	16.2	25	0
7	Brian Blades	at New Orleans 9/1/91	12	160	13.3	31	2
8	Steve Largent	at St. Louis 11/13/83	8	155	19.4	45	3
9	Brian Blades	vs. N.Y. Giants 11/5/95	6	153	25.5	44	2
10	Steve Largent	vs. New Orleans 11/18/79	9	146	16.2	34t	2
	Brian Blades	vs. Phoenix 9/17/89	9	146	16.2	28	1
12	*Brian Blades	vs. New Orleans 10/16/88	8	145	18.1	52	1
13	Steve Largent	at Oakland 10/26/80	4	142	35.5	67t	1
	Joey Galloway	at Philadelphia 9/6/98	6	142	23.7	35t	2
15	Brian Blades	vs. Kansas City 11/27/94	7	141	20.1	34	0
16	Charle Young	at San Diego 10/9/83	7	140	20.0	43	0
17	Steve Largent	vs. L.A. Raiders 9/16/79	5	139	27.8	40t	2
	Steve Largent	vs. N.Y. Giants 12/7/80	8	139	17.4	34t	1
	Joey Galloway	at Pittsburgh 9/27/98	7	139	19.9	40	0
20	Steve Largent	vs. New England 11/17/85	8	138	17.3	27	0
21	Derrick Mayes	at Chicago 9/19/99	7	137	19.6	34t	1
	Jimmy Teal	vs. Miami 10/4/87	9	137	15.2	47	0
	Joey Galloway	at Miami 10/6/96	5	137	27.4	65t	2
24	Steve Largent	vs. Houston 10/21/79	6	135	22.5	55t	2
25	Steve Largent	vs. Buffalo 10/30/77	4	134	33.5	48t	2
	Brian Blades	vs. Kansas City 12/5/93	7	134	19.1	41	0
27	Steve Largent	vs. New England 12/18/83	7	133	19.0	46	1
28	Brian Blades	vs. San Diego 10/3/93	10	132	13.2	20	1
29	Brian Blades	at San Diego 11/10/91	8	131	16.4	39	0
30	Steve Largent	vs. Washington 9/25/83	8	130	19.3	45	2
	Steve Largent	at Minnesota 9/30/84	8	130	16.3	30	1
	Joey Galloway	at San Diego 10/25/98	4	130	32.5	81t	1
33	Steve Largent	at Green Bay 10/21/84	7	129	18.4	31	1
	+John L. Williams	vs. L.A. Raiders 12/17/89	12	129	10.8	36	1
35	*Steve Largent	vs. San Francisco 9/26/76	7	128	18.3	41	1
	Ray Butler	at New England 9/21/86	3	128	42.7	67t	2
37	Steve Largent	vs. San Diego 9/3/78	6	127	21.2	33t	1
	Steve Largent	at Green Bay 10/15/78	6	127	21.2	48t	1
	Steve Largent	at Atlanta 10/29/79	6	127	21.2	53	0
	Steve Largent	vs. New England 9/21/80	6	127	21.2	31t	2
	Brian Blades	at Denver 12/10/95	7	127	18.1	49	0
	Joey Galloway	at New York Jets 12/6/98	2	127	63.5	70t	2
43	Steve Largent	at Chicago 11/5/78	6	126	21.0	31	2
	+Ricky Watters	vs. Denver 11/26/00	9	126	14.0	59	0
45	Brian Blades	at L.A. Raiders 12/11/88	4	123	30.8	55	2
46	Sam McCullum	at Oakland 9/20/81	6	122	20.3	36t	1
	Brian Blades	at Denver 11/26/89	8	122	15.3	29	0
	Tommy Kane	at Denver 9/15/91	6	122	20.3	38	0
49	Daryl Turner	at San Diego 9/15/85	7	121	17.3	34	4
50	Steve Largent	at Kansas City 12/2/79	9	120	13.3	28	2
51	Steve Largent	vs. San Diego 10/4/81	5	118	23.6	34	1
	Paul Johns	vs. Pittsburgh 10/23/83	6	118	19.7	28t	1
	Byron Franklin	vs. San Diego 10/6/86	5	118	23.6	46t	1
	Sean Dawkins	vs. Indianapolis 10/15/00	6	118	19.7	40	0
55	+John L. Williams	at Chicago 12/20/87	8	117	14.6	75t	1
	Brian Blades	vs. San Diego 10/29/89	10	117	11.7	21	1
	Joey Galloway	vs. Oakland 10/26/97	7	117	16.7	45	3
58	Steve Largent	vs. San Diego 11/27/77	4	116	29.0	74t	2



Edwin Bailey (1981-91) & Steve Largent (1976-89)

	PLAYER	OPPONENT	No	Yds	Avg.	LG	TD
	Steve Largent	vs. San Diego 9/18/83	8	116	14.5	41t	2
	Paul Johns	at Denver 11/20/83	9	116	12.9	20	0
61	Sean Dawkins	at Kansas City 11/21/99	5	114	22.8	45t	1
	Steve Largent	at Cincinnati 9/6/81	8	114	14.3	36	1
	*Joey Galloway	at Jacksonville 11/12/95	5	114	22.8	38	2
64	Duke Ferguson	vs. Buffalo 10/30/77	4	113	28.3	45	1
	Brian Blades	at L.A. Raiders 10/1/89	7	113	16.1	32	1
	James McKnight	vs. Tennessee 11/29/98	5	113	22.6	59t	1
67	Sam McCullum	vs. St. Louis 9/12/76	4	112	28.0	72t	2
	Steve Raible	at Minnesota 11/14/76	3	112	37.7	80t	1
69	Steve Largent	vs. Chicago 12/12/82	8	111	13.9	34	0
70	Steve Largent	at Denver 9/23/79	6	110	18.3	42	0
	Steve Largent	at New Orleans 11/10/85	5	110	22.0	43	0
	+John L. Williams	at San Diego 11/25/90	9	110	12.2	60	0
73	Steve Largent	vs. Pittsburgh 11/28/82	5	109	21.8	45	0
74	Steve Largent	vs. Cleveland 12/3/78	8	108	13.5	27	1
	Steve Largent	vs. N.Y. Jets 11/2/86	7	108	15.4	30	1
	*Joey Galloway	vs. Oakland 12/17/95	5	108	21.6	43	1
	Joey Galloway	at Denver 12/1/96	5	108	21.6	43	0
78	Sam McCullum	at N.Y. Jets 10/19/80	5	107	21.4	58	0
	Ray Butler	vs. Denver 12/13/87	6	107	17.8	40t	2
	Brian Blades	at Cincinnati 12/10/89	6	107	17.8	60t	1
	Brian Blades	at Denver 9/15/91	5	107	21.4	47	1
	Brian Blades	vs. Kansas City 9/3/95	8	107	13.4	23	1
83	Steve Largent	vs. Buffalo 10/14/84	5	106	21.2	51t	2
	Joey Galloway	vs. San Diego 9/21/97	5	106	21.2	53	1
85	Sean Dawkins	at Pittsburgh 9/26/99	5	105	21.0	43	0
	Derrick Mayes	vs. Buffalo 10/24/99	6	105	17.5	43t	2
	*David Sims	at Cincinnati 9/25/77	4	105	26.3	82t	1
	Paul Johns	at New England 9/16/84	8	105	13.1	25	0
89	Steve Largent	vs. Detroit 12/2/84	8	104	13.0	22	2
	Kelvin Martin	at Indianapolis 10/2/94	8	104	13.0	30t	1
91	+*David Hughes	vs. Kansas City 9/27/81	12	103	8.6	22	0
	Paul Johns	at Denver 11/21/82	5	103	20.6	35	0

	Steve Largent	vs. Atlanta 10/13/85	8	103	12.9	27	1
	Brian Blades	vs. San Diego 12/27/92	6	103	17.2	37	0
95	Sam McCullum	vs. Denver 12/8/79	5	102	20.4	58	0
	Steve Largent	at Cincinnati 11/16/86	7	102	14.6	28	0
	Tommy Kane	at Pittsburgh 10/20/91	6	102	17.0	60t	0
	*Joey Galloway	at Buffalo 10/15/95	5	102	20.4	54t	1
99	*Steve Largent	vs. New Orleans 11/21/76	6	101	16.8	22	1
	Steve Largent	vs. Philadelphia 11/02/80	6	101	16.8	27	1
	Steve Largent	vs. Kansas City 12/01/85	7	101	14.4	31	1
	Steve Largent	vs. Denver 12/20/86	6	101	16.8	27	0
	Joey Galloway	vs. San Francisco 12/21/97	6	101	16.8	37	2
104	James McKnight	vs. Oakland 10/26/97	4	100	25.0	42t	1
	* Rookie; + Running Back						

100 Yards: Largent 40, Blades 17, Galloway 12, McCullum 5, Johns 4, J. Williams 4, Dawkins 3, Kane 3, Butler 2, Mayes 2, McKnight 2, Ferguson 1, Franklin 1, Hughes 1, Martin 1, Raible 1, Sims 1, Teal 1, Turner 1, Watters 1, C. Young 1.

3.0 SACKS

PLAYER	OPPONENT	SACKS	YARDS
1. Jacob Green	vs. N.Y. Giants 10/19/86	4.0	29.0
Michael Sinclair	vs. Kansas City 9/15/96	4.0	13.0
Michael McCrary	at Oakland 12/22/96	4.0	15.0
4. Jacob Green	vs. L.A. Raiders 10/16/83	3.5	24.5
5. Bill Gregory	vs. Denver 10/29/78	3.0	10.0
Jacob Green	vs. New England 12/18/83	3.0	29.0
Jacob Green	vs. Cleveland 9/3/84	3.0	24.0
Jeff Bryant	vs. Detroit 12/2/84	3.0	19.0
Jacob Green	vs. Cleveland 12/8/85	3.0	15.0
Jacob Green	vs. Philadelphia 11/23/86	3.0	12.0
Fredd Young	vs. Philadelphia 11/23/86	3.0	17.0
Jacob Green	vs. Kansas City 9/11/88	3.0	28.0
Rufus Porter	vs. San Diego 10/15/89	3.0	20.0
Jacob Green	vs. Detroit 12/30/90	3.0	14.0
Rufus Porter	vs. Denver 11/24/91	3.0	16.0
Cortez Kennedy	at New England 9/20/92	3.0	23.0
Michael Sinclair	vs. San Diego 10/3/93	3.0	23.0
Michael Sinclair	vs. Denver 9/8/96	3.0	19.0
Michael Sinclair	vs. Buffalo 12/8/96	3.0	15.0
Michael McCrary	at Jacksonville 12/15/96	3.0	13.0
Chad Brown	at Indianapolis 9/14/97	3.0	27.0
22. Cortez Kennedy	at Green Bay 11/1/99	3.0	30.0
	* Rookie		

3.0 or More: Green 8, Sinclair 4, Kennedy 2, McCrary 2, Porter 2, Brown 1, Bryant 1, Gregory 1, Young 1.



Seahawks' defenders swarm to the ball.

TOP SINGLE-GAME OPONENT PERFORMANCES

(CHRONOLOGICAL)

100 YARDS RUSHING

PLAYER	TEAM, DATE	ATT	Yds	AVG.	LG	TD
1 Terry Metcalf	St. Louis 9/12/76	16	113	7.1	36	0
Jim Otis	St. Louis 9/12/76	27	140	5.2	18	1
3 Mike Thomas	Washington 9/19/76	27	143	5.3	24	1
4 Robert Newhouse	Dallas 10/3/76	19	120	6.3	24	1
5 Sonny Collins	Atlanta 11/7/76	17	100	5.9	47	0
6 Chuck Foreman	Minnesota 11/14/76	17	100	5.9	36	0
7 Walter Payton	Chicago 12/5/76	27	183	6.8	44	0
8 Tom Sullivan	at Philadelphia 12/12/76	23	121	5.3	26	2
9 Lydell Mitchell	Baltimore 9/18/77	32	114	3.6	14	0
10 Sam Cunningham	at New England 10/9/77	31	101	3.3	26	0
11 Clarence Davis	at Oakland 11/6/77	18	100	5.6	24	1
12 Franco Harris	at Pittsburgh 12/4/77	23	103	4.5	11	0
13 Greg Pruitt	Cleveland 12/18/77	22	127	5.8	18	1
14 Dexter Bussey	Detroit 9/24/78	20	120	6.0	29t	1
15 Terry Middleton	at Green Bay 10/15/78	23	121	5.3	25	4
16 Walter Payton	at Chicago 11/5/78	18	109	6.1	12	1
17 Greg Pruitt	Cleveland 12/3/78	12	113	9.4	44	0
18 Tony Reed	Kansas City 12/17/78	11	121	11.0	62t	1
19 Ted McKnight	Kansas City 9/30/79	12	147	12.3	84t	2
20 Mike Pruitt	at Cleveland 11/11/79	15	141	9.4	65t	2
21 John Cappelletti	San Diego 9/7/80	16	112	7.0	46	0
22 Mike Pruitt	Cleveland 10/12/80	24	116	4.8	22t	2
23 Tony Dorsett	at Dallas 11/27/80	24	107	4.5	16	2
24 Billy Taylor	N.Y. Giants 12/7/80	19	103	5.4	30t	1
25 Earl Campbell	Houston 10/11/81	39	186	4.8	27	2
26 Rob Carpenter	N.Y. Giants 10/18/81	21	116	5.5	22	1
27 Gerry Ellis	at Green Bay 11/1/81	23	127	5.5	19	0
28 Chuck Muncie	San Diego 11/16/81	20	151	7.6	73t	2
29 James Hadnot	at Kansas City 11/22/81	10	106	10.6	24	0
30 Mike Pruitt	Cleveland 9/12/82	30	136	4.5	10	2
31 Earl Campbell	at Houston 9/19/82	30	142	4.7	19	1
32 Marcus Allen	L.A. Raiders 12/5/82	24	156	6.5	53	2
33 Tony Collins	New England 12/19/82	32	103	3.2	11	0
34 Freeman McNeil	at N.Y. Jets 9/11/83	22	146	6.4	19	0
35 Mike Pruitt	at Cleveland 10/2/83	24	107	4.5	10	0
36 Franco Harris	Pittsburgh 10/23/83	31	132	4.3	11	1
37 Otis Anderson	at St. Louis 11/13/83	29	130	4.5	16	0
38 Tony Dorsett	Dallas 12/4/83	26	117	4.5	17	2
39 Tony Collins	at New England 9/16/84	20	107	5.4	21	0
40 Walter Payton	Chicago 9/23/84	24	116	4.8	25	0
41 Greg Bell	Buffalo 10/14/84	28	113	4.0	22	0
42 Larry Kinnebrew	at Cincinnati 11/18/84	22	119	5.4	12	0
43 Larry Kinnebrew	at Cincinnati 9/8/85	18	101	5.6	16	1
44 Eric Dickerson	L.A. Rams 9/23/85	31	151	4.8	43	3
45 Gerald Riggs	Atlanta 10/13/85	23	139	6.0	30	0
46 Freeman McNeil	N.Y. Jets 10/27/85	22	151	6.8	30	0
47 Marcus Allen	L.A. Raiders 11/3/85	19	101	5.3	12	0
48 Marcus Allen	at L.A. Raiders 12/15/85	27	109	4.0	14	1
49 George Rogers	at Washington 9/28/86	25	115	4.6	24	2
50 Joe Morris	N.Y. Giants 10/19/86	24	116	4.8	16	0
51 Marc Logan	Cincinnati 10/11/87	16	103	6.4	30	1
52 Bo Jackson	L.A. Raiders 11/30/87	18	221	12.3	91t	2

PLAYER	TEAM, DATE	ATT	Yds	Avg.	LG	TD
53 Frank Pollard	at Pittsburgh 12/6/87	22	106	4.8	15	1
54 Gary Anderson	at San Diego 9/18/88	19	120	6.3	25t	1
55 Roger Craig	San Francisco 9/25/88	21	107	5.1	24	0
56 John Settle	at Atlanta 10/2/88	21	115	5.5	20	0
57 John Stephens	at New England 12/4/88	31	121	3.9	21	0
58 Christian Okoye	Kansas City 10/8/89	30	156	5.2	21	1
59 Christian Okoye	at Kansas City 11/5/89	37	126	3.4	16	1
60 Neil Anderson	at Chicago 9/9/90	20	101	5.1	17	2
61 Bobby Humphrey	at Denver 9/23/90 (OT)	25	129	5.2	26	0
62 Marion Butts	at San Diego 11/25/90	28	128	4.6	19	0
63 Harold Green	Cincinnati 9/6/92	21	123	5.9	52	0
64 Barry Foster	at Pittsburgh 12/6/92	33	125	3.8	12	1
65 Hershal Walker	Philidelphia 12/13/92	23	111	4.8	18	1
66 Barry Sanders	at Detroit 10/17/93	22	101	4.6	29	0
67 Leonard Russell	Denver 10/9/94	22	103	4.7	22	0
68 Natrone Means	at San Diego 10/30/94	26	104	4.0	20	1
69 Leonard Russell	at Denver 11/13/94	19	109	5.7	22	1
70 Eric Rhett	Tampa Bay 11/20/94	24	111	4.6	27	0
71 Marshall Faulk	Indianapolis 12/4/94	27	129	4.8	45t	1
72 Greg Hill	Kansas City 9/3/95	15	109	7.3	27	0
73 Natrone Means	at San Diego 9/10/95	26	115	4.4	9	0
74 Harvey Williams	at Oakland 10/8/95	19	160	8.4	37	0
75 Adrian Murrell	N.Y. Jets 11/26/95	24	116	4.8	21	1
76 Glyn Milburn	at Denver 12/10/95	18	131	7.3	23	0
77 Greg Hill	at Kansas City 12/24/95	15	109	7.3	27	0
78 Terrell Davis	Denver 9/8/96	28	111	3.9	17	0
79 Barry Sanders	at Detroit 11/17/96	16	134	8.4	40	1
80 Napoleon Kaufman	Oakland 11/24/96	15	104	6.9	21	0
81 Terrell Davis	at Denver 12/1/96	26	106	4.1	16	1
82 Adrian Murrell	N.Y. Jets 8/31/97	24	131	5.5	15	0
83 Terrell Davis	Denver 9/7/97	21	107	5.1	14	1
84 Eddie George	Tennessee 10/5/97	26	116	4.5	22	0
85 Napoleon Kaufman	Oakland 10/26/97	17	112	6.6	55	1
86 Terrell Davis	at Denver 11/2/97	21	101	4.8	19	0
87 Jerome Bettis	at Pittsburgh 9/27/98	28	138	4.9	23	0
88 Terrell Davis	Denver 10/11/98	30	208	6.9	70	1
89 Terrell Davis	at Denver 12/27/98	29	178	6.1	21	0
90 Tyrone Wheatley	Oakland 10/3/99	20	100	5.0	23	1
91 Dorsey Levens	at Green Bay 11/1/99	24	104	4.3	15	0
92 Olandis Gary	at Denver 12/19/99	22	183	8.3	71	0
93 Curtis Martin	at N.Y. Jets 1/2/00	34	158	4.6	50	1
94 Lamar Smith	at Miami 9/3/00	27	145	5.4	36	1
95 Ricky Williams	New Orleans 9/17/00	23	107	4.7	15	0
96 Tim Biakabutuka	at Carolina 10/8/00	23	103	4.5	43	0
97 Edgerrin James	Indianapolis 10/15/00	38	219	5.8	26	3
98 Tyrone Wheatley	at Oakland 10/22/00	15	156	10.4	80	1
99 Fred Taylor	at Jacksonville 11/12/00	21	103	4.9	19	1
100 Mike Anderson	Denver 11/26/00	30	195	6.5	80	2
101 Mike Anderson	at Denver 12/10/00	29	131	4.5	19	2
102 Tyrone Wheatley	Oakland 12/16/00	26	146	5.6	67	0
103 Antowain Smith	Buffalo 12/23/00	17	147	8.6	59	3

300 YARDS PASSING (CHRONOLOGICAL)

PLAYER	TEAM, DATE	ATT	CMP	YDS	TD	INT
1 Ken Stabler	Oakland 9/16/79	37	25	343	1	2
2 Steve DeBerg	at San Francisco 10/7/79	40	31	306	1	1
3 Dan Fouts	at San Diego 10/14/79	35	28	318	3	0
4 Ken Stabler	at Oakland 12/16/79	47	31	342	1	2
5 Dan Fouts	at San Diego 12/13/80	42	29	339	1	2
6 Dan Fouts	at San Diego 10/4/81	41	30	302	3	0
7 Dan Fouts	San Diego 9/18/83	41	21	338	4	3
8 Sipe Brian	at Cleveland 10/2/83	40	25	310	1	3
9 Dan Fouts	at San Diego 10/9/83	36	28	331	1	2
10 Kenney Bill	Kansas City 11/27/83	38	21	311	4	0
11 Jeff Rutledge	at N.Y. Giants 12/11/83	52	29	349	0	2
12 Dan Fouts	San Diego 9/9/84	40	23	332	2	4
13 Wilson Wade	at L.A. Raiders 10/7/84	19	12	309	2	0
14 Lynn Dickey	Green Bay 10/21/84	38	24	364	3	3
15 Kenney Bill	at Kansas City 12/9/84	37	18	312	2	0
16 Dan Fouts	at San Diego 9/15/85	43	29	440	4	1
17 Mark Herrmann	San Diego 10/6/85	35	26	344	3	3
18 John Elway	Denver 12/20/85	42	24	432	1	0
19 Tony Eason	at New England 9/21/86	45	26	424	3	0
20 John Elway	at Denver 10/26/86	32	18	321	1	1
21 Ken O'Brien	N.Y. Jets 11/2/86	32	26	431	4	0
22 Boomer Esiason	at Cincinnati 11/16/86	33	22	334	1	1
23 John Elway	at Denver 9/13/87	32	22	338	4	1
24 John Elway	Denver 12/13/87	42	21	335	1	2
25 Kenney Bill	at Kansas City 12/27/87	35	23	320	3	0
26 Joe Montana	San Francisco 9/25/88	29	20	302	4	1
27 Jim Everett	at L.A. Rams 10/23/88	27	20	311	3	0
28 Jay Schroeder	L.A. Raiders 12/18/88	49	22	354	3	1
29 John Elway	Denver 10/22/89	35	18	344	2	0
30 Randall Cunningham	Philadelphia 12/13/92 (OT)	44	27	365	0	1
31 Warren Moon	at Houston 11/7/93	55	36	369	2	2
32 Steve Beuerlein	Phoenix 12/19/93 (OT)	53	34	431	3	2
33 Jeff Blake	Cincinnati 11/6/94	43	31	387	0	1
34 Jeff Hostetler	at Oakland 10/8/95	33	20	333	2	0
35 Jim Kelley	Buffalo 12/8/96	41	24	324	1	2
36 Eric Zeier	at Baltimore 12/8/97	28	17	302	1	0
37 Trent Green	Washington 9/20/98	54	27	383	0	1
38 Vinny Testaverde	at N.Y. Jets 12/6/98	63	42	418	2	1
39 Peyton Manning	Indianapolis 12/20/98	39	23	335	1	1
40 John Elway	at Denver 12/27/98	36	26	338	4	0
41 Elvis Grbac	at Kansas City 11/21/99	49	30	322	0	1
42 Kurt Warner	St. Louis 9/10/00	47	35	386	1	1
43 Steve Beuerlein	at Carolina 10/8/00	39	27	332	2	1
44 Elvis Grbac	Kansas City 10/29/00	35	22	342	3	3
45 Mark Brunell	at Jacksonville 11/12/00	34	24	340	1	0
46 Doug Flutie	Buffalo 12/23/00	25	20	366	3	0

100 YARDS RECEIVING (CHRONOLOGICAL)

PLAYER	TEAM, DATE	Yds.	No.	Avg.	LG	TD
1 Willie McGee	San Francisco 9/26/76	104	5	20.8	52t	2
2 James Scott	Chicago 12/5/76	106	3	35.3	63t	1
3 Isaac Curtis	at Cincinnati 9/25/77	100	3	33.3	54	1
4 Morris Owens	Tampa Bay 10/16/77	166	9	18.4	67t	1
5 Duriel Harris	at Miami 9/9/79	117	5	23.4	51	0
6 Cliff Branch	Oakland 9/16/79	156	7	22.3	47	0
7 Riley Odoms	at Denver 9/23/79	125	5	25.0	45	0
8 John Jefferson	at San Diego 10/14/79	137	9	15.2	49t	2
9 Henry Childs	New Orleans 11/18/79	121	6	20.2	34	0
10 Jerome Barkum	N.Y. Jets 11/26/79	103	6	17.2	40	0
11 Cliff Branch	at Oakland 12/16/79	109	10	10.9	15	0
12 John Jefferson	San Diego 9/7/80	103	6	17.2	23t	2
13 Stanley Morgan	New England 9/21/80	108	2	54.0	68t	2
14 Charles Smith	Philadelphia 11/2/80	109	5	21.8	38	1
15 Earnest Gray	N.Y. Giants 12/7/80	114	3	38.0	50t	2
16 John Jefferson	at San Diego 12/13/80	113	8	14.1	19t	1
17 Kellen Winslow	San Diego 11/16/81	106	7	15.1	31	0
18 Dave Logan	Cleveland 12/20/81	101	5	20.2	26	1
19 Carlos Carson	at Kansas City 9/4/83	104	7	14.9	48	1
20 Wesley Walker	at N.Y. Jets 9/11/83	116	3	38.7	48t	1
21 Eric Sievers	San Diego 9/18/83	115	6	19.2	27t	2
22 Todd Christensen	L.A. Raiders 10/16/83	152	11	13.8	22t	3
23 Marcus Allen	at L.A. Raiders 10/30/83	104	8	13.0	36	0
24 Steve Watson	Denver 11/6/83	110	7	15.7	25t	1
25 Steve Watson	at Denver 11/20/83	119	4	29.8	78t	1
26 Carlos Carson	Kansas City 11/27/83 (OT)	149	7	21.3	35	1
27 Byron Williams	at N.Y. Giants 12/11/83	103	7	14.7	24	0
28 Pete Holohan	San Diego 9/9/84	133	6	22.2	51	0
29 Marcus Allen	at L.A. Raiders 10/7/84	173	4	32.3	92	1
30 James Lofton	at Green Bay 10/21/84	162	5	32.4	79t	2
31 Henry Marshall	at Kansas City 12/9/84	166	8	20.8	36	1
32 Cris Collinsworth	at Cincinnati 9/8/85	101	4	25.3	71	0
33 Wes Chandler	at San Diego 9/15/85	243	13	18.7	45	1
34 Wes Chandler	San Diego 10/6/85	150	9	16.7	59	2
35 Stanley Morgan	at New England 9/21/86	161	7	23.0	44t	3
36 Art Monk	at Washington 9/28/86	103	5	20.6	69	0
37 Al Toon	N.Y. Jets 11/2/86	195	9	21.7	50t	2
Wesley Walker	N.Y. Jets 11/2/86	161	6	26.8	83t	1
39 Kellen Winslow	at San Diego 12/14/86	105	8	13.1	28	1
40 Todd Christensen	at L.A. Raiders 10/25/87	124	8	15.5	20	1
41 Stephon Paige	at Kansas City 12/27/87	100	7	14.3	46t	1
Carlos Carson	at Kansas City 12/27/87	120	4	30.0	81t	1
43 Paul Palmer	Kansas City 9/11/88	105	8	13.1	27	0
44 Jerry Rice	San Francisco 9/25/88	163	6	27.2	69t	3
45 Henry Ellard	at L.A. Rams 10/23/88	101	7	14.4	20	0
46 Drew Hill	Houston 11/13/88	139	8	17.4	57t	1
47 Stephon Paige	at Kansas City 11/20/88	106	5	21.2	49	0
48 Tim Brown	L.A. Raiders 11/28/88	114	4	28.5	49t	1
49 Tom Jackson	Denver 12/11/88	137	7	19.6	35	1
50 Mervyn Fernandez	at L.A. Raiders 12/18/88	113	4	28.3	54t	1
Willie Gault	at L.A. Raiders 12/18/88	108	2	54.0	57	1
52 Mike Quick	at Philadelphia 9/10/89	140	6	23.3	40	1
53 Roy Green	Phoenix 9/17/89	166	8	20.8	59t	3
J.T. Smith	Phoenix 9/17/89	104	7	14.9	25t	1
55 Mervyn Fernandez	at L.A. Raiders 10/1/89	113	7	16.1	36t	1
56 Anthony Miller	at San Diego 10/15/89	116	7	16.6	44	0
57 Michael Young	Denver 10/22/89	137	6	22.8	47	0
58 Vance Johnson	at Denver 11/26/89	154	6	25.7	69	2

OPPONENT TOP PERFORMANCES

PLAYER	TEAM, DATE	Yds.	No.	Avg.	LG	TD
59 Tony McGee	at Cincinnati 12/10/89	109	7	15.6	23	1
60 Gary Clark	Washington 12/23/89	149	9	16.6	44t	1
61 Vance Johnson	at Denver 9/23/90	120	9	13.3	22	0
62 Hart Lee Dykes	at New England 10/7/90	103	5	20.6	35t	1
63 Eddie Brown	at Cincinnati 10/6/91	117	7	16.7	43	0
64 Anthony Miller	at San Diego 11/10/91	124	5	24.8	58	0
65 Melvyn Horton	at L.A. Raiders 11/17/91	123	7	17.6	51t	1
66 John Taylor	San Francisco 12/8/91	113	7	16.1	41	1
67 Irving Fryar	at New England 9/20/92	101	6	16.8	36t	1
68 Anthony Miller	at San Diego 10/4/92	142	9	15.8	67t	2
69 Michael Irvin	at Dallas 10/11/92	113	6	18.8	24	0
70 Fred Barnett	Philadelphia 12/13/92 (OT)	161	9	17.9	53	1
71 Tony McGee	at Cincinnati 9/26/93	102	7	14.6	37	0
72 Anthony Miller	San Diego 10/3/93	123	10	12.3	20	1
73 Webster Slaughter	at Houston 11/7/93	135	9	15.0	36	1
74 Gary Clark	Phoenix 12/19/93 (OT)	152	12	12.7	28	1
75 Eric Green	Pittsburgh 12/26/93	119	7	17.0	41	0
76 Henry Ellard	at Washington 9/4/94	105	7	15.0	25	0
77 Tony Martin	San Diego 9/18/94	152	6	25.3	99t	1
78 Darnay Scott	Cincinnati 11/6/94 (OT)	157	7	22.4	76	0
79 Tim Brown	L.A. Raiders 1/18/94	107	4	26.8	77t	1
80 Willie Davis	Kansas City 9/3/95	155	6	25.8	60t	2
81 Tony Martin	at San Diego 9/10/95	163	13	12.5	24	0
82 Tim Brown	at Oakland 10/8/95	143	5	28.6	80t	1
83 Bill Brooks	at Buffalo 10/15/95	109	6	18.2	30	2
84 Calvin Sherrard	N.Y. Giants 11/5/95	128	6	21.3	30	1
85 Antonio Freeman	Green Bay 9/29/96	108	7	15.4	28	2
86 Cris Carter	Minnesota 11/10/96	142	7	20.3	40	0
87 Jimmy Smith	at Jacksonville 12/15/96	124	8	15.5	39	2
88 Jeff Graham	N.Y. Jets 8/31/97	100	3	33.3	47	2
89 Tim Brown	Oakland 10/26/97	107	7	15.3	24	0
90 Rod Smith	at Denver 11/2/97	114	5	22.8	59	1
91 Tony Martin	at San Diego 11/9/97	100	5	20.0	61	2
92 Derrick Alexander	at Baltimore 12/7/97	150	6	25.0	92	0
93 Michael Westbrook	Washington 9/20/98	132	7	18.9	36	2
94 Rod Smith	at Denver 10/11/98	136	8	17.0	50	1
95 Keyshawn Johnson	N.Y. Jets 12/6/98	114	9	12.7	20	1
96 Torrance Small	Indianapolis 12/20/98	120	3	40.0	53	0
97 Rod Smith	at Denver 12/27/98	158	9	17.6	36	1
98 Germaine Crowell	Detroit 9/12/99	141	7	20.1	41t	2
99 Pearlless Price	Buffalo 10/24/99	106	5	21.2	45	1
100 Corey Bradford	at Green Bay 11/1/99	106	3	35.3	74t	1
101 Carl Pickens	Cincinnati 11/7/99	104	4	26.0	75t	1
102 Ed McCaffrey	Denver 11/14/99	125	6	20.8	42	1
103 Derrick Alexander	at Kansas City 11/21/99	101	8	12.6	25	0
104 Jeff Graham	San Diego 12/12/99	114	9	12.7	26	0
105 Torry Holt	St. Louis 9/10/00	101	6	16.8	41	0
106 Derrick Alexander	at Kansas City 10/2/00	153	5	30.6	73	1
107 Wesley Walls	at Carolina 10/8/00	102	7	14.6	26	0
108 Marvin Harrison	Indianapolis 10/15/00	134	7	19.1	39	0
109 Derrick Alexander	Kansas City 10/29/00	137	4	34.6	59t	2
Tony Gonzalez	Kansas City 10/29/00	101	8	12.6	22	0
111 Keenan McCardell	at Jacksonville 11/12/00	156	6	26.0	67t	1
Jimmy Smith	at Jacksonville 11/12/00	117	10	11.7	34	0
113 Ed McCaffrey	at Denver 12/10/00	112	8	14.0	41	1
114 Peerless Price	Buffalo 12/23/00	132	8	16.5	34	1
Eric Moulds	Buffalo 12/23/00	101	4	25.3	48	0

OPPONENT SINGLE-GAME

PERFORMANCES

100 YARDS RUSHING

PLAYER	TEAM, DATE	ATT	Yds	AVG.	LG	TD	
1 Bo Jackson	L.A. Raiders 11/30/87	18	221	12.3	91t	2	
2 Edgerrin James	Indianapolis 10/15/00	38	219	5.8	26t	3	
3 Terrell Davis	Denver 10/11/98	30	208	6.9	70	1	
4 Mike Anderson	Denver 11/26/00	30	195	6.5	80t	2	
5 Earl Campbell	Houston 10/11/81	39	186	4.8	27	2	
6 Walter Payton	Chicago 12/5/76	27	183	6.8	44	0	
	at Denver 12/19/99	22	183	8.3	71	0	
8 Terrell Davis	at Denver 12/27/98	29	178	6.1	21	0	
9 Curtis Martin	at N.Y. Jets 1/2/00	34	158	4.6	50	1	
10 Marcus Allen	L.A. Raiders 12/5/82	24	156	6.5	53	2	
	Christian Okoye	Kansas City 10/8/89	30	156	5.2	21	1
	Tyrone Wheatley	at Oakland 10/22/00	15	156	10.4	80t	1
13 Chuck Muncie	San Diego 11/16/81	20	151	7.6	73t	2	
	Freeman McNeil	N.Y. Jets 10/27/85	22	151	6.8	30	0
15 Eric Dickerson	L.A. Rams 9/23/85	31	150	4.8	43	3	
16 Ted McKnight	Kansas City 9/30/79	12	147	12.3	84t	2	
	Antowain Smith	Buffalo 12/23/00	17	147	8.6	59	3
18 Tyrone Wheatley	Oakland 12/16/00	26	146	5.6	67	0	
19 Lamar Smith	at Miami 9/3/00	27	145	5.4	36	1	
20 Mike Thomas	Washington 9/19/76	27	143	5.3	24	1	
21 Earl Campbell	at Houston 9/19/82	30	142	4.7	19	1	
22 Mike Pruitt	at Cleveland 11/11/79	15	141	9.4	65t	2	
23 Jim Otis	St. Louis 9/12/76	27	140	5.2	18	1	
	Freeman McNeil	at N.Y. Jets 9/11/83	22	140	6.4	19	0
25 Gerald Riggs	Atlanta 10/13/85	23	139	6.0	30	0	
26 Jerome Bettis	at Pittsburgh 9/27/98	28	138	4.9	23	0	
27 Mike Pruitt	Cleveland 9/12/82	30	136	4.5	10	2	
28 Barry Sanders	at Detroit 11/17/96	16	134	8.4	40	1	
29 Franco Harris	Pittsburgh 10/23/83	31	132	4.3	11	1	
30 Glyn Milburn	at Denver 12/10/95	18	131	7.3	29	0	
	Adrian Murrell	N.Y. Jets 8/31/97	24	131	5.5	15	0
	Mike Anderson	at Denver 12/10/00	29	131	4.5	19	2
33 Otis Anderson	at St. Louis 11/13/83	29	130	4.5	16	0	
34 Bobby Humphrey	at Denver 9/23/90 (OT)	25	129	5.2	26	0	
	Marshall Faulk	Indianapolis 12/4/94	27	129	4.8	45t	1
36 Marion Butts	at San Diego 11/25/90	28	128	4.6	19	0	
37 Ellis Gerry	at Green Bay 11/1/81	23	127	5.5	19	0	
	Mike Pruitt	Cleveland 12/18/77	22	127	5.8	18	1
39 Christian Okoye	at Kansas City 11/5/89	37	126	3.4	16	1	
40 Barry Foster	at Pittsburgh 12/6/92	33	125	3.8	12	1	
41 Harold Green	Cincinnati 9/6/92	21	123	5.9	52	0	
42 Tom Sullivan	at Philadelphia 12/12/76	23	121	5.3	26	2	
	Terry Middleton	at Green Bay 10/15/78	23	121	5.3	25	4
	Tony Reed	Kansas City 12/17/78	11	121	11.0	62t	1
	John Stephens	at New England 12/4/88	31	121	3.9	21	0
46 Robert Newhouse	Dallas 10/3/76	19	120	6.3	24	1	
	Dexter Bussey	Detroit 9/24/78	20	120	6.0	29t	1
	Gary Anderson	at San Diego 9/18/88	19	120	6.3	25t	1
49 Larry Kinnebrew	at Cincinnati 11/18/84	22	119	5.4	12	0	
50 Tony Dorsett	Dallas 12/4/83	26	117	4.5	17	2	
51 Rob Carpenter	N.Y. Giants 10/18/81	21	116	5.5	22	1	
	Mike Pruitt	Cleveland 10/12/80	24	116	4.8	22t	2

OPPONENT TOP PERFORMANCES

	PLAYER	TEAM, DATE	ATT	YDS	AVG.	LG	TD
	Walter Payton	Chicago 9/23/84	24	116	4.8	25	0
	Joe Morris	N.Y. Giants 10/19/86	24	116	4.8	16	0
	Adrian Murrell	N.Y. Jets 11/26/95	24	116	4.8	21	1
	Eddie George	Tennessee 10/5/97	26	116	4.5	22	0
57	George Rogers	at Washington 9/28/86	25	115	4.6	24	2
	John Settle	at Atlanta 10/2/88	21	115	5.5	20	0
	Natrone Means	at San Diego 9/10/95	26	115	4.4	9	0
60	Lydell Mitchell	Baltimore 9/18/77	32	114	3.6	14	0
61	Terry Metcalf	St. Louis 9/12/76	16	113	7.1	36	0
	Mike Pruitt	Cleveland 12/3/78	12	113	9.4	44	0
	Greg Bell	Buffalo 10/14/84	28	113	4.0	22	0
	Greg Hill	at Kansas City 12/24/95	21	113	5.4	16	0
65	John Cappelletti	San Diego 9/7/80	16	112	7.0	46	0
	Napolean Kaufman	Oakland 10/26/97	17	112	6.6	55	1
67	Hershal Walker	Philadelphia 12/13/92	23	111	4.8	18	1
	Eric Rhett	Tampa Bay 11/20/94	24	111	4.6	27	0
	Terrell Davis	Denver 9/8/96	28	111	3.9	17	0
70	Walter Payton	at Chicago 11/5/78	18	109	6.1	12	1
	Marcus Allen	at L.A. Raiders 12/15/85	27	109	4.0	14	1
	Leonard Russell	at Denver 11/13/94	19	109	5.7	22	1
	Greg Hill	Kansas City 9/3/95	15	109	7.3	27	0
74	Tony Dorsett	at Dallas 11/27/80	24	107	4.5	16	2
	Mike Pruitt	at Cleveland 10/2/83	24	107	4.5	10	0
	Tony Collins	at New England 9/16/84	20	107	5.4	21	0
	Roger Craig	San Francisco 9/25/88	21	107	5.1	24	0
	Terrell Davis	Denver 9/7/97	21	107	5.1	14	1
	Ricky Williams	New Orleans 9/17/00	23	107	4.7	15	0
80	James Hadnot	at Kansas City 11/22/81	10	106	10.6	24	0
	Frank Pollard	at Pittsburgh 12/6/87	22	106	4.8	15	1
	Terrell Davis	at Denver 12/1/96	26	106	4.1	16	1
83	Natrone Means	at San Diego 10/30/94	26	104	4.0	20	1
	Napolean Kaufman	Oakland 11/24/96	15	104	6.9	21	0
	Dorsey Levens	at Green Bay 11/1/99	24	104	4.3	15	0
86	Franco Harris	at Pittsburgh 12/4/77	23	103	4.5	11	0
	Billy Taylor	N.Y. Giants 12/7/80	19	103	5.4	30t	1
	Tony Collins	New England 12/19/82	32	103	3.2	11	0
	Marc Logan	Cincinnati 10/11/87	16	103	6.4	30	1
	Leonard Russell	Denver 10/9/94	22	103	4.7	22	0
	Tim Biakabutuka	at Carolina 10/8/00	23	103	4.5	43	0
	Fred Taylor	at Jacksonville 11/12/00	21	103	4.9	19	1
93	Sam Cunningham	at New England 10/9/77	31	101	3.3	26	0
	Larry Kinnebrew	at Cincinnati 9/8/85	18	101	5.6	16	1
	Marcus Allen	L.A. Raiders 12/15/85	19	101	5.3	14	0
	Neil Anderson	at Chicago 9/9/90	20	101	5.1	17	2
	Barry Sanders	at Detroit 10/17/93	22	101	4.6	29	0
	Terrell Davis	at Denver 11/2/97	21	101	4.8	19	0
99	Sonny Collins	Atlanta 11/7/76	17	100	5.9	47	0
	Chuck Foreman	Minnesota 11/14/76	17	100	5.9	36	0
	Clarence Davis	at Oakland 11/6/77	18	100	5.6	24	1
	Tyrone Wheatley	Oakland 10/3/99	20	100	5.0	23	1

300 YARDS PASSING

PLAYER	TEAM, DATE	ATT	CMP	Yds	TD	INT
1 Dan Fouts	at San Diego 9/15/85	43	29	440	4	1
2 John Elway	Denver 12/20/85	42	24	432	1	0
3 Ken O'Brien	N.Y. Jets 11/2/86	32	26	431	4	0
Steve Beuerlein	Phoenix 12/19/93 (OT)	53	34	431	3	2
5 Vinny Testaverde	at N.Y. Jets 12/6/98	63	42	418	2	1
6 Tony Eason	at New England 9/21/86	45	26	414	3	0
7 Jeff Blake	Cincinnati 11/6/94 (OT)	43	31	387	0	1
8 Kurt Warner	St. Louis 9/10/00	47	35	386	1	1
9 Trent Green	Washington 9/20/98	54	27	383	2	2
10 Warren Moon	at Houston 11/7/93	55	36	369	2	2
11 Doug Flutie	Buffalo 12/23/00	25	20	366	3	0
12 Randall Cunningham	Philadelphia 12/13/92 (OT)	44	27	365	0	1
13 Lynn Dickey	Green Bay 10/21/84	38	24	364	3	3
14 Jay Schroeder	L.A. Raiders 12/18/88	49	22	354	3	1
15 Jeff Rutledge	at NY Giants 12/11/83	52	29	349	0	2
16 John Elway	Denver 10/22/89	35	18	344	2	0
Mark Herrmann	San Diego 10/6/85	35	26	344	3	3
18 Ken Stabler	Oakland 9/16/79	37	25	343	1	2
19 Ken Stabler	at Oakland 12/16/79	47	31	342	1	2
Elvis Grbac	Kansas City 10/29/00	35	22	342	3	3
21 Mark Brunell	at Jacksonville 11/12/00	34	24	340	1	0
22 Dan Fouts	at San Diego 12/13/80	42	29	339	1	2
23 John Elway	at Denver 9/13/87	32	22	338	4	1
Dan Fouts	San Diego 9/18/83	41	21	338	4	3
John Elway	at Denver 12/27/98	36	26	338	4	0
26 John Elway	Denver 12/13/87	42	21	335	1	2
Peyton Manning	Indianapolis 12/20/98	39	23	335	1	1
28 Boomer Esiason	at Cincinnati 11/16/86	33	22	334	1	1
29 Jeff Hostetler	at Oakland 10/8/95	33	20	333	2	0
30 Steve Beuerlein	at Carolina 10/8/00	39	27	332	2	1

100 YARDS RECEIVING

PLAYER	TEAM, DATE	Yds	No	Avg.	LG	TD
1 Wes Chandler	at San Diego 9/15/85	243	13	18.7	45	1
2 Al Toon	N.Y. Jets 11/2/86	195	9	21.7	50t	2
3 Marcus Allen	at L.A. Raiders 10/7/84	173	4	32.3	92	1
4 Morris Owens	Tampa Bay 10/16/77	166	9	18.4	67t	1
Henry Marshall	at Kansas City 12/9/84	166	8	20.8	36	1
Roy Green	Phoenix 9/17/89	166	8	20.8	59t	3
7 Jerry Rice	San Francisco 9/25/88	163	6	27.2	69t	3
Tony Martin	at San Diego 9/10/95	163	13	12.5	24	0
9 James Lofton	at Green Bay 10/21/84	162	5	32.4	79t	2
10 Stanley Morgan	at New England 9/21/86	161	7	23.0	44t	3
Wesley Walker	N.Y. Jets 11/2/86	161	6	26.8	83t	1
Fred Barnett	Philadelphia 12/13/92 (OT)	161	9	17.9	53	1
13 Rod Smith	at Denver 12/27/98	158	9	17.6	36	1
14 Darnay Scott	Cincinnati 11/6/94 (OT)	157	7	22.4	76	0
15 Cliff Branch	Oakland 9/16/79	156	7	22.3	47	0
Keenan McCardell	at Jacksonville 11/12/00	156	6	26.0	67t	1
17 Willie Davis	Kansas City 9/3/95	155	6	25.8	60t	2
18 Vance Johnson	at Denver 11/26/89	154	6	25.7	69	2
19 Derrick Alexander	at Kansas City 10/2/00	153	5	30.6	73	1
20 Todd Christensen	L.A. Raiders 10/16/83	152	11	13.8	22t	3
Gary Clark	Phoenix 12/19/93 (OT)	152	12	12.7	28	1
Tony Martin	San Diego 9/18/94	152	6	25.3	99t	1
23 Wes Chandler	San Diego 10/6/85	150	9	16.7	59	2
Derrick Alexander	at Baltimore 12/7/97	150	6	25.0	92	0
25 Carlos Carson	Kansas City 11/27/83 (OT)	149	7	21.3	35	1

	PLAYER	TEAM, DATE	Yds.	No.	AVG.	LG	TD
	Gary Clark	Washington 12/23/89	149	9	16.6	44t	1
27	Tim Brown	at Oakland 10/8/95	143	5	28.6	80t	1
28	Anthony Miller	at San Diego 10/4/92	142	9	15.8	67t	2
	Cris Carter	Minnesota 11/10/96	142	7	20.3	40	0
30	Germaine Crowell	Detroit 9/12/99	141	7	20.1	41t	2
31	Mike Quick	at Philadelphia 9/10/89	140	6	23.3	40	1
32	Drew Hill	Houston 11/13/88	139	8	17.4	57t	1
33	John Jefferson	San Diego 9/7/80	137	9	15.2	49t	2
	Tom Jackson	Denver 12/11/88	137	7	19.6	35	1
	Michael Young	Denver 10/22/89	137	6	22.8	47	0
	Derrick Alexander	Kansas City 10/29/00	137	4	34.6	59t	2
37	Rod Smith	at Denver 10/11/98	136	8	17.0	50	1
38	Webster Slaughter	at Houston 11/7/93	135	9	15.0	36	1
39	Marvin Harrison	Indianapolis 10/15/00	134	7	19.1	39	0
40	Pete Holohan	San Diego 9/9/84	133	6	22.2	51	0
41	Michael Westbrook	Washington 9/20/98	132	7	18.9	36	2
	Peerless Price	Buffalo 12/23/00	132	8	16.5	34	1
43	Calvin Sherrard	N.Y. Giants 11/5/95	128	6	21.3	30	1
44	Riley Odoms	at Denver 9/23/79	125	5	25.0	45	0
	Ed McCaffrey	Denver 11/14/99	125	6	20.8	42	1
46	Todd Christensen	at L.A. Raiders 10/25/87	124	8	15.5	20	1
	Anthony Miller	at San Diego 11/10/91	124	5	24.8	58	0
	Jimmy Smith	at Jacksonville 12/15/96	124	8	15.5	39	2
49	Melvyn Horton	at L.A. Raiders 11/17/91	123	7	17.6	51t	1
	Anthony Miller	San Diego 10/3/93	123	10	12.3	20	1
51	Henry Childs	New Orleans 11/18/79	121	6	20.2	34	0
52	Carlos Carson	at Kansas City 12/27/87	120	4	30.0	81t	1
	Vance Johnson	at Denver 9/23/90	120	9	13.3	22	0
	Torrance Small	Indianapolis 12/20/98	120	3	40.0	53	0
55	Steve Watson	at Denver 11/20/83	119	4	29.8	78t	1
	Eric Green	Pittsburgh 12/26/93	119	7	17.0	41	0
57	Duriel Harris	at Miami 9/9/79	117	5	23.4	51	0
	Eddie Brown	at Cincinnati 10/6/91	117	7	16.7	43	0
	Jimmy Smith	at Jacksonville 11/12/00	117	10	11.7	34	0
60	Wesley Walker	at N.Y. Jets 9/11/83	116	3	38.7	48t	1
	Anthony Miller	at San Diego 10/15/89	116	7	16.6	44	0
62	Eric Sievers	San Diego 9/18/83	115	6	19.2	27t	2
63	Earnest Gray	N.Y. Giants 12/7/80	114	3	38.0	50t	2
	Tim Brown	L.A. Raiders 11/28/88	114	4	28.5	49t	1
	Rod Smith	at Denver 11/2/97	114	5	22.8	59	1
	Keyshawn Johnson	N.Y. Jets 12/6/98	114	9	12.7	20	1
	Jeff Graham	San Diego 12/12/99	114	9	12.7	26	0
68	John Jefferson	at San Diego 12/13/80	113	8	14.1	19t	1
	Mervyn Fernandez	at L.A. Raiders 12/18/88	113	4	28.3	54t	1
	Mervyn Fernandez	at L.A. Raiders 10/1/89	113	7	16.1	36t	1
	John Taylor	San Francisco 12/8/91	113	7	16.1	41	1
	Michael Irvin	at Dallas 10/11/92	113	6	18.8	24	0
73	Ed McCaffrey	at Denver 12/10/00	112	8	14.0	41	1
74	Steve Watson	Denver 11/6/83	110	7	15.7	25t	1
75	Cliff Branch	at Oakland 12/16/79	109	10	10.9	15	0
	Charles Smith	Philadelphia 11/2/80	109	5	21.8	38	1
	Tony McGee	at Cincinnati 12/10/89	109	7	15.6	23	1
	Bill Brooks	at Buffalo 10/15/95	109	6	18.2	30	2
79	Stanley Morgan	New England 9/21/80	108	2	54.0	68t	2
	Willie Gault	at L.A. Raiders 12/18/88	108	2	54.0	57	1
	Antonio Freeman	Green Bay 9/29/96	108	7	15.4	28	2
82	Tim Brown	L.A. Raiders 1/18/94	107	4	26.8	77t	1
	Tim Brown	Oakland 10/26/97	107	7	15.3	24	0
84	James Scott	Chicago 12/5/76	106	3	35.3	63t	2
	Kellen Winslow	San Diego 11/16/81	106	7	15.1	31	0
	Stephon Paige	at Kansas City 11/20/88	106	5	21.2	49	0

PLAYER	TEAM, DATE	Yds.	No.	Avg.	LG	TD
Peerless Price	Buffalo 10/24/99	106	5	21.2	45	1
Corey Bradford	at Green Bay 11/1/99	106	3	35.3	74t	1
89 Kellen Winslow	at San Diego 12/14/86	105	8	13.1	28	1
Paul Primer	Kansas City 9/11/88	105	8	13.1	27	0
Henry Ellard	at Washington 9/4/94	105	7	15.0	25	0
92 Willie McGee	San Francisco 9/26/76	104	5	20.8	52t	1
Carlos Carson	at Kansas City 9/4/83	104	7	14.9	48	1
Marcus Allen	at L.A. Raiders 10/30/83	104	8	13.0	36	0
J.T. Smith	Phoenix 9/17/89	104	7	14.9	25t	1
Carl Pickens	Cincinnati 11/7/99	104	4	26.0	75t	1
97 Jerome Barkum	N.Y. Jets 11/26/79	103	6	17.2	40	0
John Jefferson	San Diego 9/7/80	103	6	17.2	23t	2
Byron Williams	at N.Y. Giants	103	7	14.7	24	0
Art Monk	at Washington 9/28/86	103	5	20.6	69	0
Hart Lee Dykes	at New England 10/7/90	103	5	20.6	35t	1
102 Tony McGee	at Cincinnati 9/26/93	102	7	14.6	37	0
Wesley Walls	at Carolina 10/8/00	102	7	14.6	26	0
104 Dave Logan	Cleveland 12/20/81	101	5	20.2	26	1
Cris Collinsworth	at Cincinnati 9/8/85	101	4	25.3	71	0
Henry Ellard	at L.A. Rams 10/23/88	101	7	14.4	20	0
Irving Fryar	at New England 9/20/92	101	6	16.8	36t	1
Derrick Alexander	at Kansas City 11/21/99	101	8	12.6	25	0
Torry Holt	St. Louis 9/10/00	101	6	16.8	41	0
Tony Gonzalez	Kansas City 10/29/00	101	8	12.6	22	0
Eric Moulds	Buffalo 12/23/00	101	4	25.3	48	0
112 Isaac Curtis	at Cincinnati 9/25/77	100	3	33.3	54	1
Stephon Paige	at Kansas City 12/27/87	100	7	14.3	46t	1
Jeff Graham	N.Y. Jets 8/31/97	100	3	33.3	47	2
Tony Martin	at San Diego 11/9/97	100	5	20.0	61	2

RECEPTIONS

PLAYER	TEAM, DATE	No.	Yds.	Avg.	LG	TD
1 Wes Chandler	at San Diego 9/15/85	13	243	18.7	45	1
Tony Martin	at San Diego 9/10/95	13	163	12.5	24	0
3 Gary Clark	Phoenix 12/19/93 (OT)	12	152	12.7	28	1
4 Todd Christensen	L.A. Raiders 10/16/83	11	152	13.8	22t	3
5 Don McCauley	Baltimore 11/12/78	10	88	8.8	19	0
Cliff Branch	at Oakland 12/16/79	10	109	10.9	15	0
Clarence Williams	at San Diego 10/4/81	10	89	8.9	15	0
Anthony Miller	San Diego 10/3/93	10	123	12.3	20	1
Jimmy Smith	at Jacksonville 11/12/00	10	117	11.7	67t	1
10 21 players tied with		9				
* NFL record						

3.0 SACKS

PLAYER	TEAM, DATE	SACKS	YARDS
1 Derrick Thomas	at Kansas City 11/11/90	*7.0	60.0
2 Barney Chavous	Denver 12/21/80	4.0	47.0
Anthony Smith	L.A. Raiders 10/18/92	4.0	29.0
Anthony Smith	L.A. Raiders 9/12/93	4.0	21.0
Leslie O'Neal	San Diego 10/22/95	4.0	26.0
6 Keith Willis	Pittsburgh 10/23/83	3.5	15.0
Randy White	Dallas 12/4/83	3.5	30.0
Simon Fletcher	Denver 11/30/92 (OT)	3.5	23.5
9 12 players tied with		3.0	
* NFL record			

MISCELLANEOUS TOP 10

HOME ATTENDANCE

	ATT	OPPONENT	STADIUM	DATE	W/L	SCORE
1	68,681	Oakland	Husky Stadium	December 16, 2000	W	27-24
2	68,661	Denver	Husky Stadium	November 26, 2000	L	38-31
3	66,400	Oakland	Kingdome	October 10, 1999	W	22-21
4	66,332	Kansas City	Kingdome	December 26, 1999	W	23-14
5	66,318	San Diego	Kingdome	December 12, 1999	L	19-16
6	66,314	Denver	Kingdome	November 14, 1999	W	20-17
	66,314	Tampa Bay	Kingdome	November 28, 1999	L	16-3
8	66,303	Cincinnati	Kingdome	November 7, 1999	W	37-20
9	66,301	Buffalo	Kingdome	October 24, 1999	W	26-16
10	66,264	Oakland	Kingdome	October 26, 1997	W	45-34
	66,264	Kansas City	Kingdome	November 23, 1997	L	19-14

ROAD ATTENDANCE

	ATT	OPPONENT	STADIUM	DATE	W/L	SCORE
1	88,734*	L.A. Raiders	Coliseum	January 8, 1983	L	30-14
2	82,893	Kansas City	Arrowhead	October 2, 2000	L	24-17
3	78,847	Kansas City	Arrowhead	October 23, 1994	L	38-23
4	78,605	Cleveland	Municipal	October 9, 1988	W	16-10
5	77,904	L.A. Raiders	Coliseum	October 7, 1984	L	28-14
6	77,425	L.A. Raiders	Coliseum	December 15, 1985	L	13-3
7	75,446	Cleveland	Municipal	October 2, 1983	W	24-9
8	75,218	Denver	Mile High	December 10, 2000	L	31-24
9	74,899	Denver	Mile High	October 20, 1985	L	13-10
10	74,527	Denver	Mile High	December 13, 1981	L	23-13

* Playoff Game

COLDEST GAMES

	TEMP	OPPONENT	DATE	W/L	SCORE
1	22	at Denver	December 10, 2000	L	31-24
2	26	at Pittsburgh	December 6, 1992	L	20-14
3	27	at Denver	December 19, 1999	L	(OT) 36-30
4	30	at Cincinnati	December 10, 1989	W	24-17
5	31	at New England	December 4, 1988	L	13-7
	31	at Kansas City	December 24, 1995	L	26-3
7	32	at Kansas City	December 2, 1979	L	37-21
8	34	at Pittsburgh	December 4, 1977	L	30-20
	34	at Denver	November 23, 1980	L	36-20
	34	at Cincinnati	November 18, 1984	W	26-6
	34	at Kansas City	November 20, 1988	L	27-24

WARMEST GAMES

	TEMP	OPPONENT	DATE	W/L	SCORE
1	95	at NY Jets	September 11, 1983	W	17-10
2	94	at Kansas City	September 4, 1987	L	17-13
3	93	at Philadelphia	September 10, 1989	L	31-7
4	89	at Miami	September 3, 2000	L	23-0
5	88	at Cincinnati	September 8, 1985	W	28-24
6	85	at Denver	September 13, 1987	L	40-17
7	84	at San Diego	September 1, 1996	L	29-7
8	83	at Denver	October 1, 1978	L	28-7
9	82	at Miami	September 9, 1979	L	19-10
	82	at Arizona	October 29, 1995	L	20-14

RECORD BY MONTH

REGULAR SEASON

YEAR	AUG	SEPT	OCT	NOV	DEC	JAN	RECORD
1976		0-3	1-4	1-3	0-2		2-12
1977		0-2	2-3	1-3	2-1		5-9
1978		2-2	2-3	3-1	2-1		9-7
1979		1-4	3-1	3-1	2-1		9-7
1980		2-2	2-2	0-5	0-3		4-12
1981		1-3	1-3	2-3	2-1		6-10
1982		0-2		2-0	1-3	1-0	4-5
1983		2-2	3-2	2-2	2-1		9-7
1984		4-1	3-1	4-0	1-2		12-4
1985		2-2	2-2	2-2	2-2		8-8
1986		3-1	2-2	2-3	3-0		10-6
1987		1-1	3-1	3-2	2-2		9-6
1988		2-2	3-2	2-2	2-1		9-7
1989		1-2	3-2	0-4	3-1		7-9
1990		0-3	3-1	2-2	4-1		9-7
1991		2-3	3-1	1-2	1-3		7-9
1992		1-3	0-4	1-3	0-4		2-14
1993		2-2	2-2	1-2	1-3	0-1	6-10
1994		3-1	0-4	2-2	1-3		6-10
1995		1-2	1-4	3-1	3-1		8-8
1996		1-4	2-1	2-2	2-2		7-9
1997	0-1	2-2	3-0	1-4	2-1		8-8
1998		3-1	1-2	2-3	2-2		8-8
1999		2-1	2-1	4-1	1-3	0-1	9-7
2000		2-2	0-5	2-1	2-2		6-10
Total	0-1	40-53	47-53	48-54	43-46	1-2	179-209

INCLUDING PLAYOFFS

YEAR	AUG	SEPT	OCT	NOV	DEC	JAN	RECORD	PLAYOFFS
1976		0-3	1-4	1-3	0-2		2-12	
1977		0-2	2-3	1-3	2-1		5-9	
1978		2-2	2-3	3-1	2-1		9-7	
1979		1-4	3-1	3-1	2-1		9-7	
1980		2-2	2-2	0-5	0-3		4-12	
1981		1-3	1-3	2-3	2-1		6-10	
1982		0-2		2-0	1-3	1-0	4-5	
1983		2-2	3-2	2-2	4-1 *	0-1 *	9-8 *	2-1
1984		4-1	3-1	4-0	2-3 *		13-5 *	1-1
1985		2-2	2-2	2-2	2-2		8-8	
1986		3-1	2-2	2-3	3-0		10-6	
1987		1-1	3-1	3-2	2-2	0-1 *	9-7 *	0-1
1988		2-2	3-2	2-2	2-2 *		9-8 *	0-1
1989		1-2	3-2	0-4	3-1		7-9	
1990		0-3	3-1	2-2	4-1		9-7	
1991		2-3	3-1	1-2	1-3		7-9	
1992		1-3	0-4	1-3	0-4		2-14	
1993		2-2	2-2	1-2	1-3	0-1	6-10	
1994		3-1	0-4	2-2	1-3		6-10	
1995		1-2	1-4	3-1	3-1		8-8	
1996		1-4	2-1	2-2	2-2		7-9	
1997	0-1	2-2	3-0	1-4	2-1		8-8	
1998		3-1	1-2	2-3	2-2		8-8	
1999		2-1	2-1	4-1	1-3	0-2 *	9-8 *	0-1
2000		2-2	0-5	2-1	2-2		6-10	
Total	0-1	40-53	47-53	48-54	46-48	1-5	182-214	3-5

* includes playoffs

PRIME-TIME RECORD

(23-16)

ABC'S MONDAY NIGHT FOOTBALL (12-6)

DATE	W/L	SCORE	OPPONENT
October 29, 1979	W	31-28	at Atlanta
November 26, 1979	W	30-7	New York Jets
November 17, 1980	L	19-17	Oakland
November 16, 1981	W	44-23	San Diego
October 29, 1984	W	24-0	at San Diego
November 12, 1984	W	17-14	at L.A. Raiders
September 23, 1985	L	35-24	L.A. Rams
November 25, 1985	L	19-6	at San Francisco
October 6, 1986	W	33-7	San Diego
December 8, 1986	W	37-0	L.A. Raiders
November 9, 1987	L	30-14	at New York Jets
November 30, 1987	L	37-14	at L.A. Raiders
November 28, 1988	W	35-27	L.A. Raiders
December 4, 1989	W	17-16	Buffalo
October 1, 1990	W	31-16	Cincinnati
November 30, 1992	W	16-13(OT)	Denver
November 1, 1999	W	27-7	at Green Bay
October 2, 2000	L	24-17	at Kansas City

THURSDAY-SUNDAY NIGHT (11-10)

DATE	NETWORK	W/L	SCORE	OPPONENT
Friday, December 20, 1985	ABC	L	27-24	Denver
Thursday, November 27, 1986*	NBC	W	31-14	at Dallas
Sunday, December 13, 1987	ESPN	W	28-21	Denver
Sunday, December 11, 1988	ESPN	W	42-14	Denver
Sunday, December 17, 1989	ESPN	W	23-17	L.A. Raiders
Sunday, November 25, 1990	ESPN	W	13-10	at San Diego
Sunday, December 23, 1990	ESPN	W	17-12	Denver
Sunday, October, 13, 1991	ESPN	L	23-20	L.A. Raiders
Sunday, December 22, 1991	ESPN	W	23-9	L.A. Rams
Sunday, November 22, 1992	ESPN	L	24-14	Kansas City
Sunday, September 12, 1993	TNT	L	17-13	L.A. Raiders
Sunday, December 18, 1994	ESPN	L	17-16	L.A. Raiders
Sunday, December 17, 1995	ESPN	W	44-10	L.A. Raiders
Thursday, October 17, 1996	TNT	L	34-16	at Kansas City
Sunday, December 15, 1996	ESPN	L	20-13	at Jacksonville
Sunday, December 21, 1997	ESPN	W	38-9	San Francisco
Sunday, October 4, 1998	ESPN	L	17-6	at Kansas City
Sunday, November 1, 1998	ESPN	L	31-18	Oakland
Sunday, October 2, 1999	ESPN	W	22-21	Oakland
Sunday, November 14, 1999	ESPN	W	20-17	Denver
Saturday, December 23, 2000	ESPN	L	42-23	Buffalo

*Thanksgiving Day Game

RECORDS BY TELEVISION NETWORK**ABC (12-7)****ESPN (10-7)****NBC (1-0)****TNT (0-2)**

ALL-TIME HONORS

CAPTAINS

OFFENSE

DEFENSE

SPECIAL TEAMS

1976	Norm Evans, T
1977	Norm Evans, T
1978	Norm Evans, T
1979	Steve Largent, WR
1980	Steve Largent, WR
1981	Steve Largent, WR
1982	Steve Largent, WR
1983	Steve Largent, WR
1984	Charle Young, TE
1985	Steve Largent, WR
1986	Steve Largent, WR
1987	Steve Largent, WR Curt Warner, RB
1988	Steve Largent, WR
1989	Steve Largent, WR
1990	Dave Krieg, QB
1991	Dave Krieg, QB
1992	John L. Williams, FB
1993	John L. Williams, FB
1994	Ray Donaldson, C
1995	Rick Mirer, QB
1996	Rick Mirer, QB Chris Warren, RB
1997	John Friesz, QB
1998	Warren Moon, QB Kevin Glover, C
1999*	Jon Kitna, QB Ricky Watters, RB

Mike Curtis, LB
Eddie McMillan, S
Dennis Boyd, DT
Dennis Boyd, DE
Keith Simpson, S
Keith Simpson, CB
Keith Simpson, CB
Dave Brown, CB
Dave Brown, CB
Dave Brown, CB
Dave Brown, CB
Kenny Easley, S
Jacob Green, DE
Eugene Robinson, S
Jacob Green, DE
Jacob Green, DE
Jacob Green, DE
Eugene Robinson, S
Eugene Robinson, S
Eugene Robinson, S
Winston Moss, LB
Terry Wooden, LB
Winston Moss, LB
Darryl Williams, S
Michael Sinclair, DE
Chad Brown, LB
Cortez Kennedy, DT

Ed Bradley, LB
Steve Preece, S
Autry Beamon, S
Autry Beamon, S
Don Dufek, S
Don Dufek, S
Eric Lane, RB
Eric Lane, RB
Eric Lane, RB
Eric Lane, FB
Paul Moyer, S
Game-to-Game
Game-to-Game
Game-to-Game
Game-to-Game
James Jones, TE
Tracy Johnson, FB
Trey Junkin, TE
Tracy Johnson, FB
Trey Junkin, TE
Trey Junkin, TE
Rick Tuten, P
Jay Bellamy, S
Jay Bellamy, S
Fabien Bownes, WR
James Logan, LB

* playoff captains - season captains discontinued in 1999

RING OF HONOR

1989	Steve Largent	WR	1992	Pete Gross	broadcaster
1991	Jim Zorn	QB	1994	Curt Warner	RB
1992	Dave Brown	CB	1995	Jacob Green	DE

STEVE LARGENT AWARD

(presented to the player who best exemplifies the spirit, dedication, and integrity of the Seahawks)

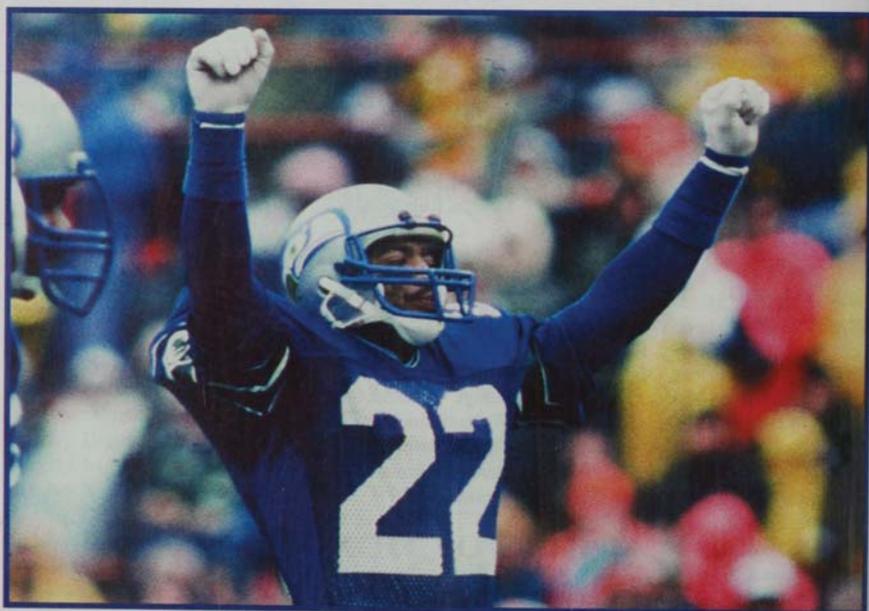
1989	Steve Largent	WR	1995	Terry Wooden	LB
1990	Jacob Green	DE	1996	Cortez Kennedy	DT
1991	Rufus Porter	LB	1997	Winston Moss	LB
1992	Jeff Bryant	DE	1998	Michael Sinclair	DE
	Joe Nash	DT	1999	Chad Brown	LB
1993	Eugene Robinson	S	2000	Ricky Watters	RB
1994	Brian Blades	WR			

MARCUS NALLEY TROPHY

(Most Valuable Player as voted by teammates)

1976	Jim Zorn	QB	1988	John L. Williams	FB
1977	Steve Largent	WR	1989	Brian Blades	WR
1978	Jim Zorn	QB	1990	John L. Williams	FB
1979	Steve Largent	WR	1991	Eugene Robinson	S
1980	Sam McCullum	WR	1992	Cortez Kennedy	DT
1981	Steve Largent	WR	1993	Eugene Robinson	S
1982	Kenny Easley	S	1994	Chris Warren	RB
1983	Curt Warner	RB	1995	Chris Warren	RB
1984	Kenny Easley	S	1996	Cortez Kennedy	DT
1985	Steve Largent	WR	1997	Darryl Williams	S
1986	Curt Warner	RB	1998	Chad Brown	LB
1987	Steve Largent	WR			

Discontinued in 1999



Dave Brown (1976-86)

MAN OF THE YEAR

1976	Norm Evans	T	1990	Jacob Green	DE
1980	Jim Zorn	QB	1991	Eugene Robinson	S
1981	Manu Tuiasosopo	DT	1992	Eugene Robinson	S
1982	Dave Brown	CB	1993	Eugene Robinson	S
1983	Paul Johns	WR	1994	Brian Blades	WR
1984	Jeff West	P	1995	Eugene Robinson	S
1985	Mike Tice	TE	1996	Todd Peterson	K
1986	Mike Tice	TE	1997	Rick Tuten	P
1987	Mike Tice	TE	1998	Sam Adams	DT
1988	Steve Largent	WR	1999	Jon Kitna	QB
1989	Norm Johnson	K	2000	Jon Kitna	QB

PRO BOWL

- 1978 Steve Largent, WR (1)
 1979 Steve Largent, WR (2)
 1981 Steve Largent, WR (3)
 1982 Kenny Easley, S (1)
 1983 Kenny Easley, S (2) (starter); Curt Warner, RB (1) (starter)
 1984 Dave Brown, CB (1); Kenny Easley, S (3) (unanimous selection); Norm Johnson, K (1) (starter); Dave Krieg, QB (1); Steve Largent, WR (4); Joe Nash, NT (1) (starter); Fredd Young, Special Teams (1).
 1985 Kenny Easley, S (4) (starter); Steve Largent, WR (5) (starter); Fredd Young, Special Teams (2).
 1986 Bobby Joe Edmonds, Kick Returner (1); Jacob Green, DE (1); Steve Largent, WR (6) (starter); Curt Warner, RB (2) (starter); Fredd Young, LB (3) (starter)
 1987 Kenny Easley, S (5) (starter); Jacob Green, DE (2); Steve Largent, WR (7) (starter); Curt Warner, RB (3) (starter); Fredd Young, LB (4) (starter)
 1988 Dave Krieg, QB (2); Rufus Porter, Special Teams (1).
 1989 Brian Blades, WR (1); Dave Krieg, QB (3); Rufus Porter, Special Teams (2).
 1990 John L. Williams, FB (1)
 1991 Cortez Kennedy, DT (1); John L. Williams, FB (2)
 1992 Cortez Kennedy, DT (2) (starter); Eugene Robinson, S (1)
 1993 Cortez Kennedy, DT (3) (starter); Eugene Robinson, S (2); Chris Warren, RB (1)
 1994 Cortez Kennedy, DT (4) (starter); Rick Tuten, P (1); Chris Warren, RB (2)
 1995 Cortez Kennedy, DT (5); Chris Warren, RB (3) (starter)
 1996 Cortez Kennedy, DT (6) (starter); Michael Sinclair, DE (1)
 1997 Darryl Williams, S (1) (starter); Michael Sinclair, DE (2); Warren Moon, QB (1)
 1998 Cortez Kennedy, DT (7); Michael Sinclair, DE (3); Chad Brown, LB (3) (starter); Shawn Springs, CB (1)
 1999 Cortez Kennedy, DT (8); Chad Brown, LB (4); Walter Jones, T (1)

RETIRED JERSEYS

#12 Seattle's fans, the 12th Man (1984)

#80 Steve Largent (1995)

NFL COACH OF THE YEAR

- 1978 Jack Patera (AP, The Sporting News, Washington DC Touchdown Club, Seattle Gold Helmet Committee)
 1983 Chuck Knox (Vince Lombardi Committee, Seattle Gold Helmet Committee, Football News)
 1984 Chuck Knox (AP, The Sporting News, Seattle Gold Helmet Committee)
 1992 Tom Catlin, Assistant Head Coach/Defense (Sports Illustrated)

NFL DEFENSIVE PLAYER OF THE YEAR

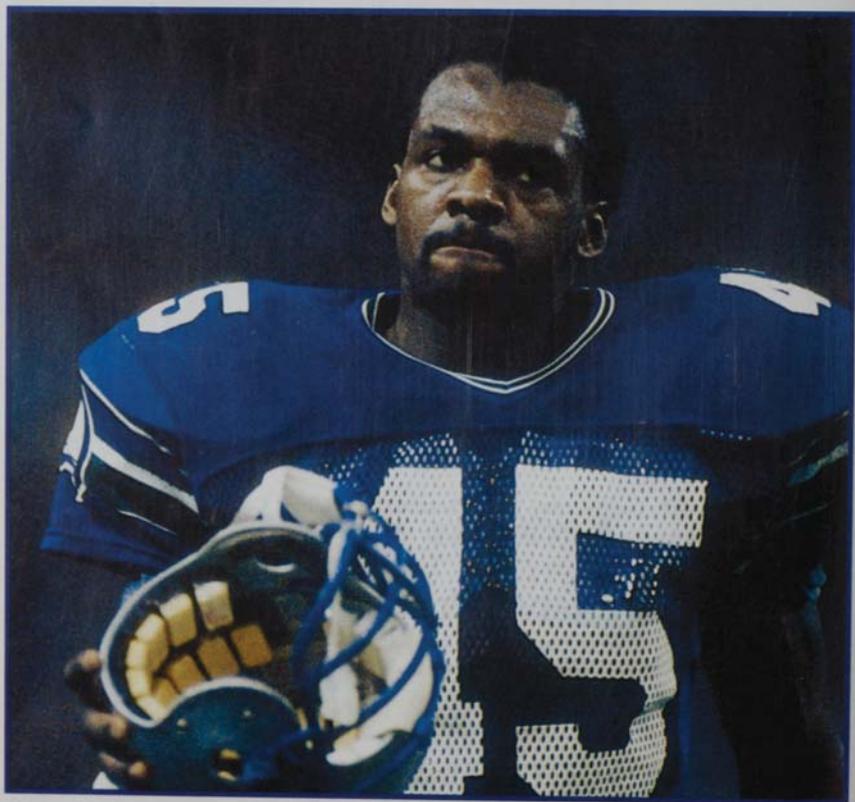
- 1984 Kenny Easley, S (AP, Pro Football Weekly, Kansas City 101 Club)
 1992 Cortez Kennedy, DT (AP, Pro Football Writers, NEA, College & Pro Football Newsweekly)

PRO FOOTBALL HALL OF FAME

- 1995 Steve Largent, WR (elected in first year of eligibility)

NATIONAL HONORS

- 1976 Steve Niehaus, DT (NFC Defensive Rookie of the Year); Jim Zorn, QB (NFC Offensive Rookie of the Year)
- 1978 John Thompson, General Manager (The Sporting News NFL Executive of the Year)
- 1981 Kenny Easley, S (AFC Defensive Rookie of the Year)
- 1983 Kenny Easley, S (Football News AFC Defensive Player of the Year); Chuck Knox, Head Coach (UPI AFC Coach of the Year, Football News NFL Coach of the Year); Curt Warner, RB (UPI AFC Offensive Player of the Year, UPI AFC Rookie of the Year)
- 1984 Kenny Easley, S (AP & Pro Football Weekly NFL Defensive Player of the Year, NFL Alumni Association Defensive Back of the Year); Chuck Knox, Head Coach (Football Digest NFL Coach of the Year, UPI & PFWA AFC Coach of the Year); Fredd Young, Special Teams (AFC Special Teams Player of the Year)
- 1985 Steve Largent, WR (NFL Alumni Association Wide Receiver of the Year); Fredd Young, LB (NFL Alumni Association Special Teams Player of the Year); Curt Warner, RB (Sports Illustrated Comeback Player of the Year)
- 1986 Bobby Joe Edmonds, KR (AFC Special Teams Player of the Year); Steve Largent, WR (All-Madden Team); Curt Warner (UPI AFC Offensive Player of the Year)
- 1987 Curt Warner, RB (NFL Alumni Association Running Back of the Year)
- 1988 Steve Largent, WR (NFL Man of the Year)
- 1993 Rick Mirer, QB (NFL Offensive Rookie of the Year, UPI AFC Offensive Rookie of the Year)
- 1995 Eugene Robinson, S (Henry P. Iba Citizenship Award from the Tulsa Oklahoma Rotary Club)



Kenny Easley was named NFL Defensive Player of the Year in 1984.

NFL PLAYER OF THE WEEK

- 1984 Joe Nash, NT (Week 4), Kenny Easley, S (Week 9), Dave Brown, CB (Week 10),
Dave Krieg, QB (Week 13)
- 1985 Dave Krieg, QB & Daryl Turner, WR (Week 2), Terry Taylor, CB (Week 9)
- 1986 Steve Largent, WR (Week 5), Jacob Green, DE (Week 12)
- 1987 Freddie Young, LB (Week 2), Steve Largent, WR (Week 6), Brian Bosworth, LB (Week
15)
- 1988 Jacob Green, DE (Week 2), Dave Krieg, QB (Week 16)
- 1989 Steve Largent, WR (Week 14)
- 1990 Dave Krieg, QB (Week 10), Nesby Glasgow, S (Week 12), DE Jacob Green (Week 17)
- 1991 Rufus Porter, LB (Week 13)
- 1992 Cortez Kennedy, DT (Week 3)
- 1993 Chris Warren, RB (Week 3), *Rick Mirer, QB and P Rick Tuten (Week 5),
Eugene Robinson (Week 11)
- 1994 Chris Warren, RB (Week 5), Robert Blackmon, S (Week 13)
- 1995 *Joey Galloway, WR (Week 11), Robert Blackmon, S (Week 12),
Todd Peterson, K (Week 14), Robert Blackmon, S (Week 15), Rick Tuten, P (Week
16)
- 1996 Cortez Kennedy, DT (Week 6), Darryl Williams, S (Week 9), Michael McCrary,
Special Teams (Week 10), Rick Tuten, P (Week 15), Michael McCrary, DE (Week 17)
- 1997 Chad Brown, LB (Week 3), Darryl Williams, S (Week 4),
Warren Moon, QB (Week 9 & Week 11)
- 1998 Jon Kitna, QB (Week 13)
- 1999 *Charlie Rogers, PR, Special Teams (Week 3), Shawn Springs, CB (Week 8)
- 2000 Jon Kitna, QB (Week 11)

NFL PLAYER OF THE MONTH

- 1986 Curt Warner, RB (October), Dave Krieg, QB (December)
- 1989 John L. Williams, FB (December)
- 1996 Michael McCrary, DE (December)
- 1998 Chad Brown, LB (November)
- 1999 Jon Kitna, QB (October), Jeff Feagles, P (December)

NFL ROOKIE OF THE MONTH

- 1997 Walter Jones, T (October)



Walter Jones earned NFL Rookie of the Month for October in 1997.

HALL OF FAME



STEVE LARGENT

WR 1976-89

PRO FOOTBALL HALL OF FAME: Steve Largent became the first Seahawks player to be elected to the Pro Football Hall of Fame on Saturday, January 28, 1995. Largent was formally inducted in Canton, Ohio, on Saturday, July 29, along with Jim Finks, Henry Jordan, Lee Roy Selmon, and Kellen Winslow. He was presented into the Hall of Fame by Seahawks' Vice President Gary Wright. Largent was the 23rd player to be elected in his first year of eligibility.

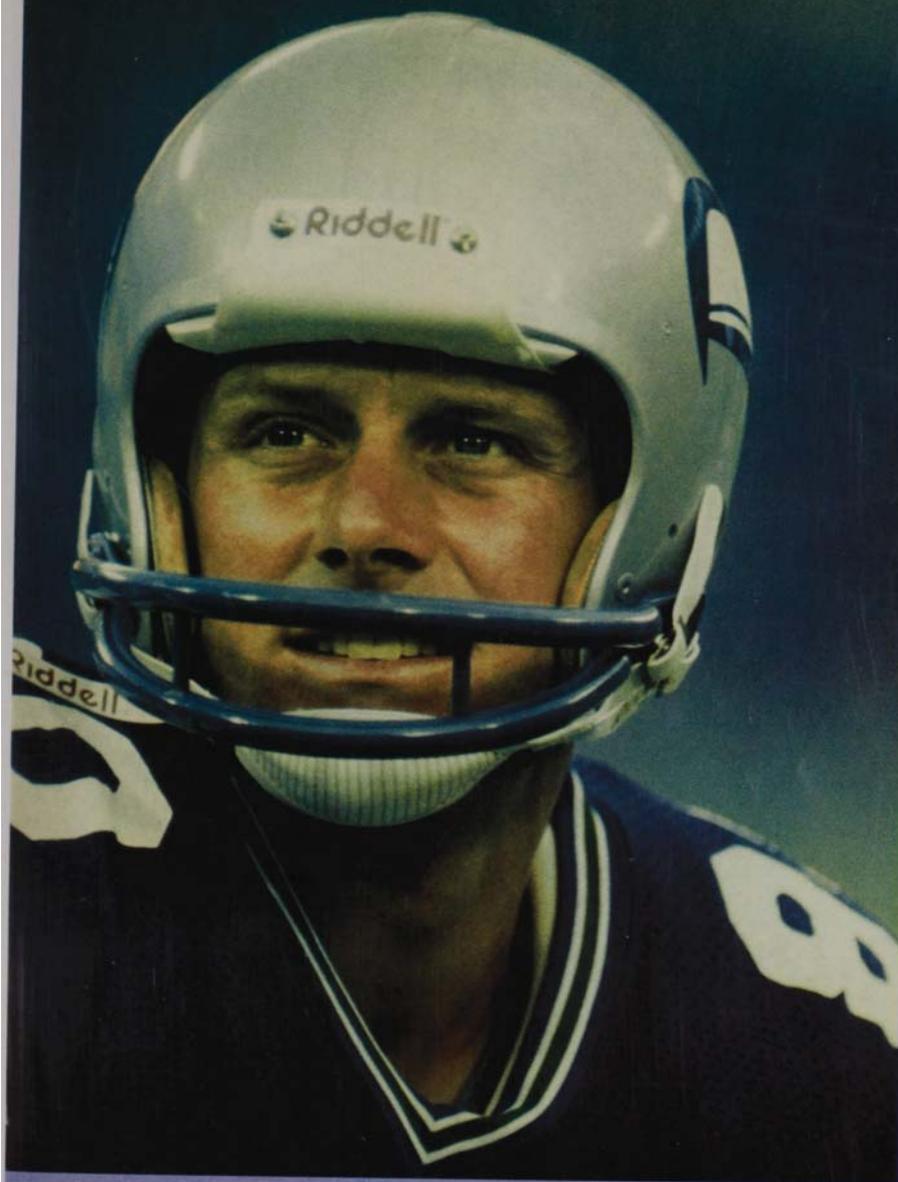
NFL RECORDS: Concluded his 14 National Football League seasons with league career records for receptions, 819; yards, 13,089; touchdowns, 100, since broken by Rice (154); consecutive games with a reception,

177; 50-catch seasons, 10; and 1,000-yard seasons, 8. Became only the second player in NFL history to have the career lead in receptions, yards, and touchdowns all at the same time joining Green Bay's Don Hutson (1945). Ranked third all-time at the time of his retirement with 40 career 100-yard games, trailing Don Maynard (50) and Lance Alworth (41). Still ranks ninth in total touchdowns with 101 (has one rushing), fifth with 40 100-yard games, and is 13th in combined yards with 13,396.

PRO CAREER: Finished in the AFC's (or NFC's in 1976) top 10 in receptions ten times in his first 12 seasons, failing only in 1977 and 1982, and in the top five seven times. Led the AFC in receptions in 1978 with 71 and finished second in 1981 (75) and 1987 (58), and was third in the NFC in 1976 (54). The only NFC wide receiver to catch more passes than Largent in 1976 was Dallas' Drew Pearson (58). Largent's total did lead all rookie wide receivers. Finished in the NFL's top 10 in receiving yards seven times, including a first place finish in 1985, and a second in 1978, missing the lead by one yard. Missed only 10 games in his career due to injury, including six in 1989 with a broken elbow. Selected to play in the AFC-NFC Pro Bowl game seven times, after the 1978, 1979, 1981, 1984, 1985, 1986, and 1987 seasons. Unable to play in the 1979 game because of a wrist injury. Set the Pro Bowl career yardage record with 236, since surpassed by Jerry Rice with 317, and ranks third in receptions with 17, trailing Walter Payton (18) and Rice (28). Originally drafted on the fourth round in 1976 by the Houston Oilers. Was waived by the Oilers on August 24, recalled, and traded to the Seahawks for an eighth-round 1977 draft choice on August 26. The Oilers used that choice to select wide receiver Steve Davis from the University of Georgia.

SEAHAWKS RECORDS: Led the team in both receptions and yards in each of the team's first 12 seasons. Voted by his teammates as the Seahawks Most Valuable Player after the 1977, 1979, 1981, 1985, and 1987 seasons. Was also elected Offensive Captain from 1979-83 and 1985-89. Played in more games (200) with more starts (197) than any other player in team history. He was the first player voted into the team's Ring of Honor in 1989.

PERSONAL: Currently represents the 1st District of the State of Oklahoma. Was elected to the United States House of Representatives on November 8, 1994, and sworn in on November 29. Re-elected to a second two-year term in 1996, and is currently in his first-year of his fourth-term. He plans to resign from the House to run for the governor of Oklahoma. Attended Putnam City High School in Oklahoma City, Oklahoma, where he lettered in football and baseball. Steve and his wife, Terry, have three sons, Kyle, Kelly, and Kramer, and a daughter, Casie.



STEVE LARGENT

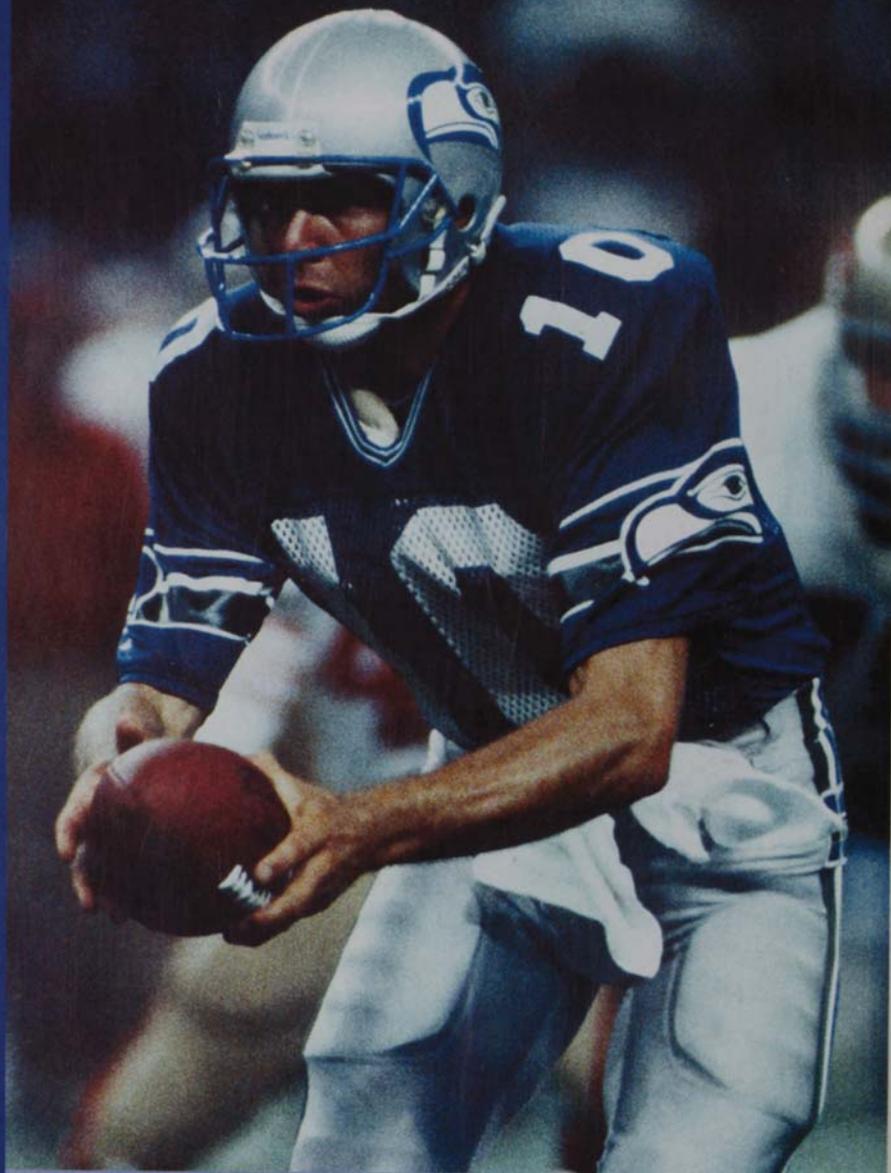
Entered in 1989

(Tulsa)

Wide Receiver

1976-1989

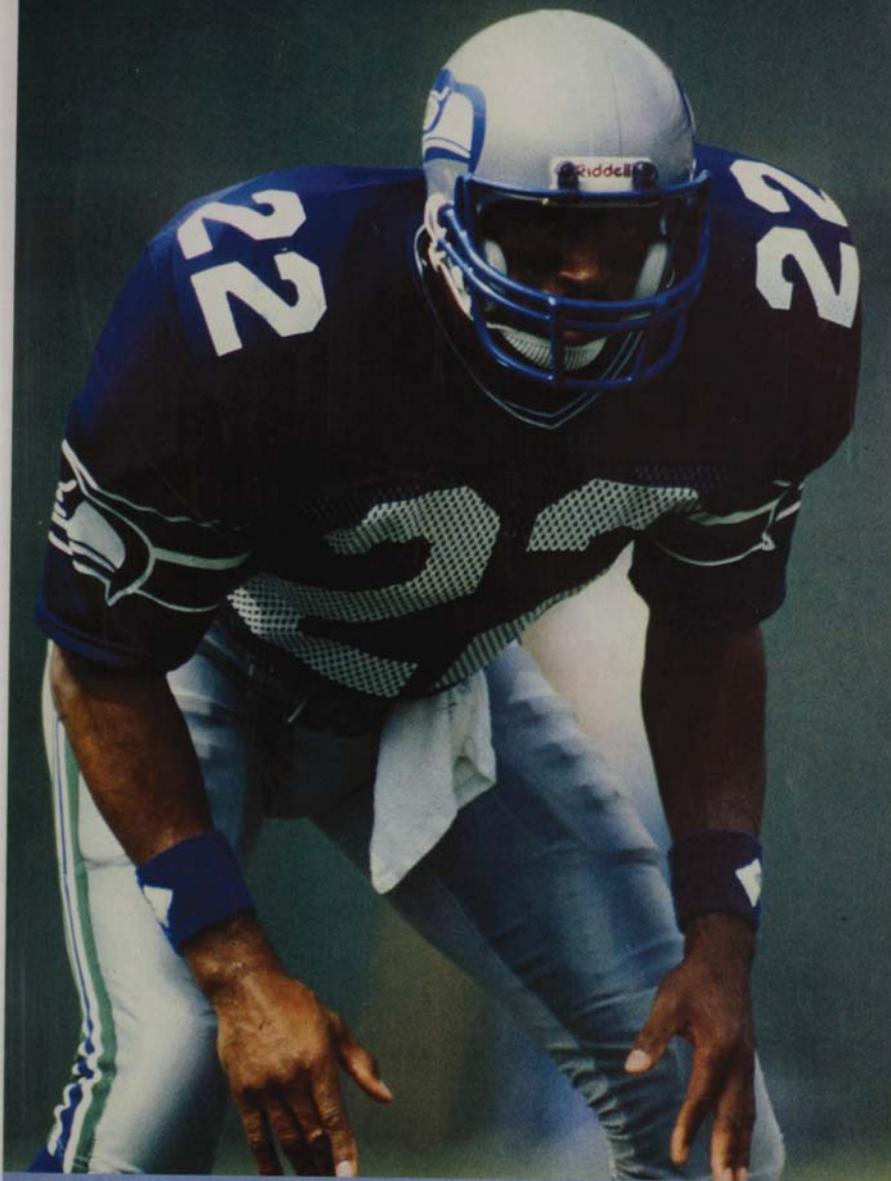
The first inductee in 1989, he is the only Seahawks player represented in the Pro Football Hall of Fame, and is the Seahawks career leader in receptions, yards and touchdowns .



JIM ZORN

Entered in 1991
(Cal Poly-Pomona)
Quarterback
1976-1984

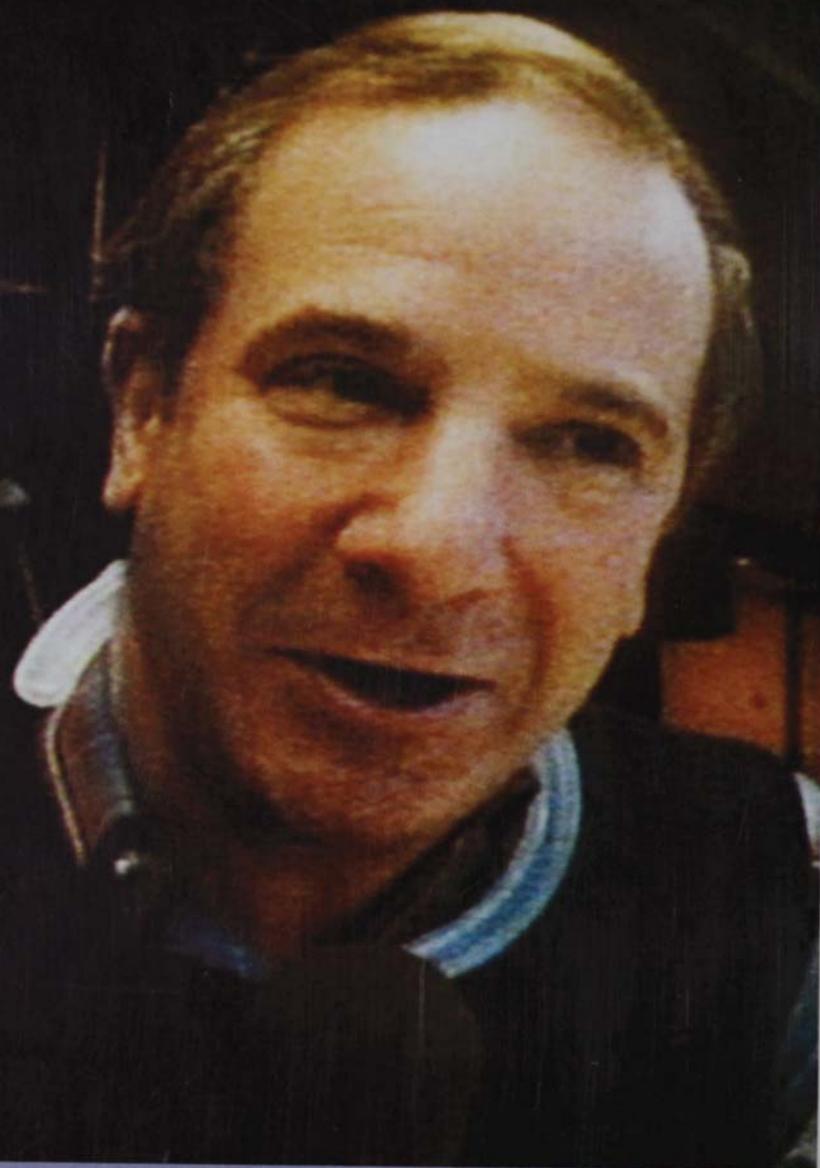
Zorn started the first game for the Seahawks in 1976. He ranks second all-time for Seattle in attempts, completions, yards and touchdowns. He was the second player inducted in 1991.



DAVE BROWN

Entered in 1992
(Michigan)
Defensive Back
1976-1986

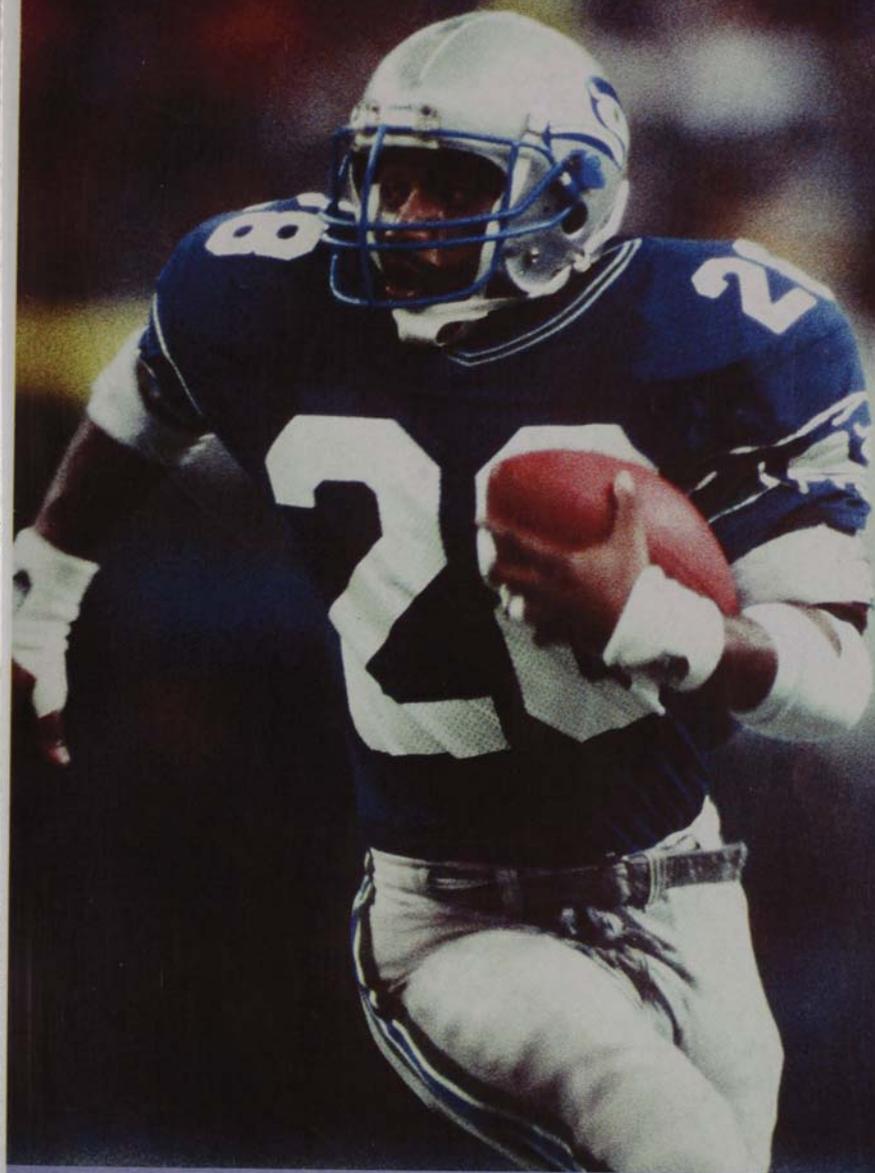
Brown is the Seahawks all-time leader in interceptions with 50. His five interception returns for touchdowns and 643 return yards also rank first in team history.



PETE GROSS

Entered in 1992
Broadcaster
1976-1992

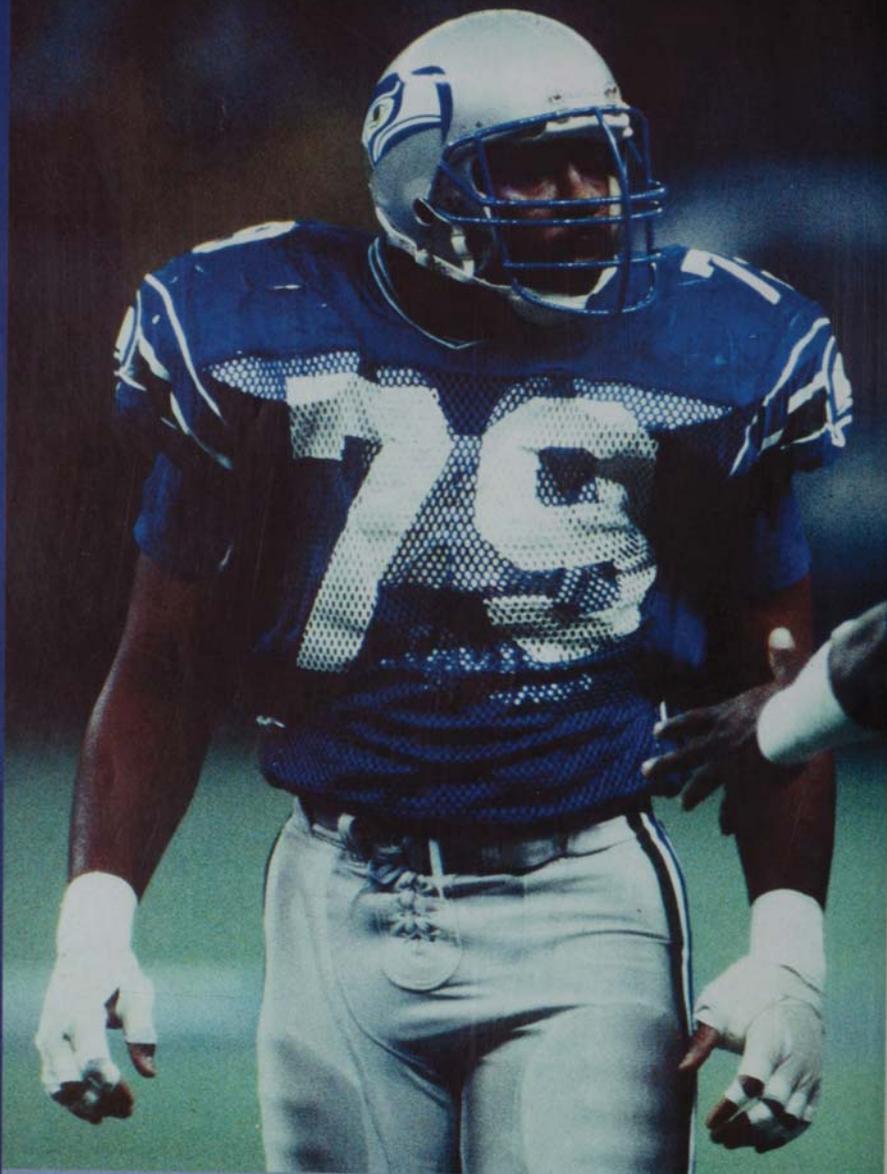
Radio play-by-play broadcaster Pete Gross announced Seahawks games from the team's inception in 1976, until he succumbed to cancer in 1992.



CURT WARNER

Entered in 1994
(Penn State)
Running Back
1983-1989

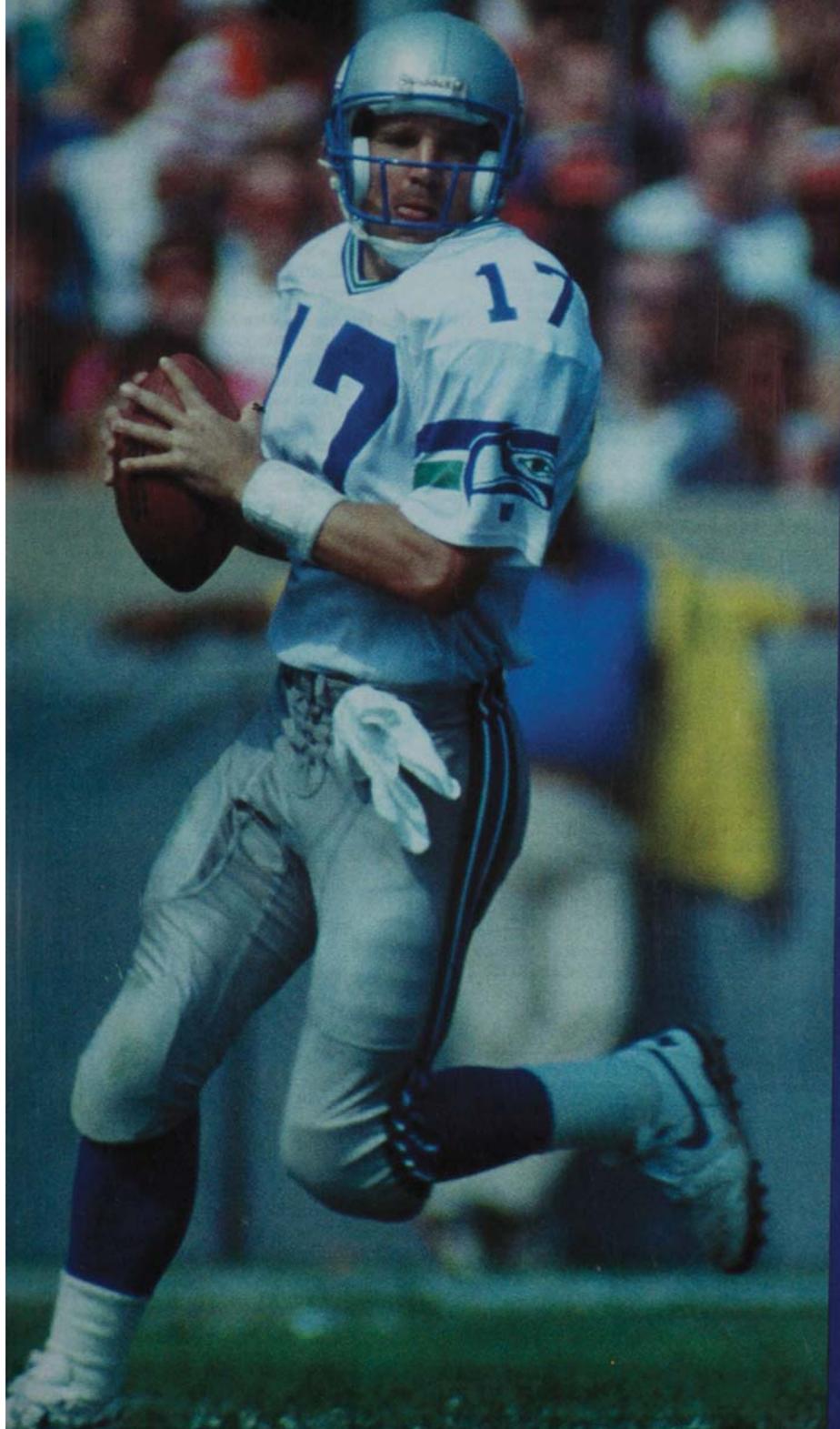
Warner's name is etched all throughout the team's record book. He is Seattle's all-time leader in career attempts and rushing touchdowns. He is second in career rushing yards.



JACOB GREEN

Entered in 1995
(Texas A&M)
Defensive End
1980-1991

Green is Seattle's all-time leader with 116.0 career sacks. He is also tops in forced fumbles with 28. Green is the only player to be inducted in the last six seasons.



INDIVIDUAL RECORDS

SERVICE

Most Seasons

- 15 Joe Nash, 1982-96
- 14 Steve Largent, 1976-89
- 12 Jacob Green, 1980-91
- Dave Krieg, 1980-91
- Jeff Bryant, 1982-93

Most Games Played

- 218 Joe Nash, 1982-96
- 200 Steve Largent, 1976-89
- 178 Jacob Green, 1980-91

Most Consecutive Games Played

- 125 Joe Nash, 1988-95
- 120 Eugene Robinson, 1985-94
- 116 Cortez Kennedy, 1990-97

Most Games Started

- 197 Steve Largent, 1976-89
- 176 Jacob Green, 1980-91
- 169 Joe Nash, 1982-96

Most Consecutive Games Started

- 100 Cortez Kennedy, 1990-97
- 92 Jacob Green, 1980-87
- Eugene Robinson, 1985-94

SCORING

POINTS

Most Points, Career

- 810 Norm Johnson, 1982-90 (159 FG, 333 PAT)
- 608 Steve Largent, 1976-89 (101 TDs: 1-R, 100-P, 2 PAT)
- 555 Todd Peterson, 1995-98 (126 FG, 177 PAT)

Most Points, Season

- 134 Todd Peterson, 1999 (34 FG, 32 PAT)
- 111 Todd Peterson, 1996 (28 FG, 27 PAT)
- 110 Norm Johnson, 1984 (20 FG, 50 PAT)
- 109 Todd Peterson, 1995 (23 FG, 40 PAT)

Most Points, Rookie, Season

- 102 John Kasay, 1991 (25 FG, 27 PAT)
- 84 Curt Warner, 1983 (14 TDs: 13-R, 1-P)
- 70 Rian Lindell, 2000 (15 FG, 25 PAT)

Most Points, Game

- 24 Daryl Turner, vs. San Diego 9/15/85 (4-P)
- Curt Warner, vs. Denver 12/11/88 (4-R)
- 19 By Norm Johnson, 2 Times (Last: vs. L.A. Raiders 12/18/88 [5 FG, 4 PAT])

Most Consecutive Games Scoring

- 80 Todd Peterson, 1995-1999
- 48 Norm Johnson, 1985-89
- 45 Norm Johnson, 1982-85

TOUCHDOWNS

Most Touchdowns, Career

- 101 Steve Largent, 1976-89 (1-R, 100-P)
- 62 Curt Warner, 1983-89 (55-R, 7-P)
- 48 Chris Warren, 1990-97 (44-R, 3-P, 1-PR)

Most Touchdowns, Season

- 16 Chris Warren, 1995 (15-R, 1-P)
- 15 David Sims, 1978 (14-R, 1-P)
- Sherman Smith, 1979 (11-R, 4-P)
- Derrick Fennel, 1990 (14-R, 1-P)

Most Touchdowns, Rookie, Season

- 14 Curt Warner, 1983 (13-R, 1-P)
- 10 Daryl Turner, 1984 (10-P)
- 9 Joey Galloway, 1995 (1-R, 7-P, 1-PR)

Most Touchdowns, Game

- 4 Daryl Turner, vs. San Diego 9/15/84 (4-P)
- Curt Warner, vs. Denver 12/11/88 (4-R)
- 3 By 16 Players (Last: Ricky Watters, at Kansas City 11/21/99 [2-R, 1-P])

Most Consecutive Games Scoring Touchdowns

- 7 David Sims, 1978
- Chris Warren, 1993-94
- 6 Joey Galloway, 1998
- 5 Curt Warner, 1983
- Steve Largent, 1984

POINTS AFTER TOUCHDOWNS

Most Points After Touchdown Attempted, Career

- 338 Norm Johnson, 1982-90
- 177 Todd Peterson, 1995-99
- 148 Efen Herrera, 1978-81

Most Points After Touchdown Attempted, Season

- 51 Norm Johnson, 1984
- 50 Norm Johnson, 1983
- 46 Efen Herrera, 1979



Curt Warner (1983-89)

Most Points After Touchdown Attempted, Game

- 8 John Leypoldt, vs. Buffalo 10/20/77
- 7 Norm Johnson, vs. San Diego 9/15/85
- 6 By 4 Players (Last: Todd Peterson, at Jacksonville 11/12/95)

Most Points After Touchdown, Career

- 333 Norm Johnson, 1982-90
- 177 Todd Peterson, 1995-99
- 139 Efen Herrera, 1978-81

Most Points After Touchdown, Season

- 50 Norm Johnson, 1984
- 49 Norm Johnson, 1983
- 43 Efen Herrera, 1979

Most Points After Touchdown, Game

- 8 John Leypoldt, vs. Buffalo 10/20/77
- 7 Norm Johnson, vs. San Diego 9/15/85
- 6 By 4 Players (Last: Todd Peterson, at Jacksonville 11/12/95)

Most Consecutive Points After Touchdown

- 177 Todd Peterson, 1995-99
- 165 Norm Johnson, 1985-90
- 72 Norm Johnson, 1984-85

Highest Points After Touchdown % (100 or more PATs)

- 100.00 Todd Peterson, 1995-99 (177-177)
- 98.52 Norm Johnson 1982-89 (333-338)
- 93.92 Efen Herrera 1978-81 (139-148)

Most Points After Touchdown, No Misses, Season

- 42 Norm Johnson, 1986
- 41 Todd Peterson, 1998
- 40 Norm Johnson, 1987
- Todd Peterson, 1995

Most Points After Touchdown, No Misses, Game

- 8 John Leypoldt, vs. Buffalo 10/20/77
- 7 Norm Johnson, vs. San Diego 9/15/85
- 6 By 4 Players
(Last: Todd Peterson, at Jacksonville 11/12/95)

TWO-POINT CONVERSIONS*(Two-point conversion rule was adopted in 1994)***Most Two-Point Conversion Attempts, Career**

- 5 Chris Warren, 1990-97
- 4 Lamar Smith, 1994-97
- 3 Rick Tuten, 1991-97
- Warren Moon, 1997

Most Two-Point Conversion Attempts, Season

- 3 Lamar Smith, 1996
- Chris Warren, 1996
- Warren Moon, 1997

Most Two-Point Conversion Attempts, Game

- 2 Warren Moon, vs. Oakland 10/26/97
- 1 By 20 Players

Most Two-Point Conversions Made, Career

- 4 Lamar Smith, 1994-97
- 2 Chris Warren, 1990-97
- 1 By 3 Players

Most Two-Point Conversions Made, Season

- 3 Lamar Smith, 1996
- 1 By 6 Players
(Last: Lamar Smith, at Baltimore 12/7/97 [pass])

Most Two-Point Conversions Made, Game

- 1 By 11 Players (Last: Mike Pritchard, vs. Oakland, 11/1/98)

FIELD GOALS**Most Field Goals Attempted, Career**

- 228 Norm Johnson, 1982-90
- 154 Todd Peterson, 1995-99
- 105 John Kasay, 1991-94
- 92 Efen Herrera, 1978-81

Most Field Goals Attempted, Season

- 40 Todd Peterson, 1999
- 35 Norm Johnson, 1986
- 34 Todd Peterson, 1996

Most Field Goals Attempted, Game

- 6 Norm Johnson, vs. Kansas City 9/20/87
- Todd Peterson, vs. San Diego, 12/12/99
- Todd Peterson, at Pittsburgh, 9/26/99
- 5 By 5 Players (Last: Todd Peterson, vs. Buffalo 12/8/96)

Most Field Goals, Career

- 159 Norm Johnson, 1982-90
- 126 Todd Peterson, 1995-99
- 82 John Kasay, 1991-94

Most Field Goals, Season

- 34 Todd Peterson, 1999
- 28 Todd Peterson, 1996
- 25 John Kasay, 1991

Most Field Goals, Rookie, Season

- 25 John Kasay, 1991
- 23 Todd Peterson, 1995
- 15 Rian Lindell, 2000

Most Field Goals, Game

- 5 Norm Johnson, vs. Kansas City 9/20/87
(6 attempts)
- Norm Johnson, vs. L.A. Raiders 12/18/88
(5 attempts)
- Todd Peterson, at Pittsburgh 9/26/99
(6 attempts)
- 4 11 Times
(Last: Todd Peterson, vs. Buffalo 10/24/99)

Most Field Goals, One Quarter

- 3 Norm Johnson, vs. L.A. Raiders 12/18/88
(2nd)
- Norm Johnson, vs. Kansas City 10/8/89
(2nd)
- 2 27 Times
(Last: Rian Lindell, at Atlanta 12/3/00 3rd)

Most Consecutive Games Scoring Field Goals

- 13 Todd Peterson, 1996-97
- 11 Todd Peterson, 1995-96
- 10 Efen Herrera, 1978-79
- 9 Norm Johnson, 1983-84
- John Kasay, 1991
- Todd Peterson, 1997
- Todd Peterson, 1999

Most Consecutive Field Goals

- 16 Todd Peterson, 1999
- 14 Todd Peterson, 1996
- 13 Efen Herrera, 1979-80
- John Kasay, 1991
- Todd Peterson, 1996-97

Longest Field Goal

- 55 John Kasay, at Kansas City 1/2/94
 54 By 5 Players
 (Last: Todd Peterson, vs. Minnesota
 11/10/96)

Longest Field Goal Attempted

- 60 Efen Herrera, vs. Kansas City 11/9/80
 58 Todd Peterson, at Kansas City 9/28/97
 (OT)
 56 John Kasay, at Denver 11/13/94

Highest Field Goal %, Career (Minimum 25 Atts)

- 81.81 Todd Peterson, 1995-99 (154-126)
 78.10 John Kasay, 1991-94 (105-82)
 69.74 Norm Johnson, 1982-90 (228-159)

Highest FG %, Season (Minimum 1 att per game)

- 88.24 Rian Lindell, 2000 (17-15)
 85.00 Todd Peterson, 1999 (40-34)
 83.33 Norm Johnson, 1984 (24-20)
 83.33 John Kasay, 1994 (24-20)

Most Field Goals, No Misses, Game

- 5 Norm Johnson, vs. L.A. Raiders 12/18/88
 4 By 10 Players
 (Last: Todd Peterson, vs. Buffalo
 10/24/99)

Most FG Attempts, 50 or More Yards, Career

- 26 Norm Johnson, 1982-90
 15 Todd Peterson, 1995-99
 10 John Kasay, 1991-94
 9 Efen Herrera, 1978-81

Most Field Goals, 50 or More Yards, Career

- 10 Norm Johnson, 1982-90
 7 Todd Peterson, 1995-99
 6 John Kasay, 1991-94

Most Field Goals, 50 or More Yards, Season

- 5 Norm Johnson, 1986
 3 John Kasay, 1993
 Todd Peterson, 1998
 Rian Lindell, 2000

Most Field Goals, 50 or More Yards, Game

- 2 Norm Johnson, vs. L.A. Raiders 12/8/86
 John Kasay, vs. San Diego 10/23/91
 1 22 Times
 (Last: Rian Lindell, vs. Oakland
 12/16/00)

SAFETIES**Most Safeties, Career**

- 2 Rod Stephens, 1989-94
 1 By 8 Players

Most Safeties, Season

- 2 Rod Stephens, 1993
 (ties NFL record)
 1 By 8 Players
 (Last: James Williams, 2000)

Most Safeties, Game

- 1 By 10 Players
 (Last: James Williams, vs. Oakland
 12/16/00)

RUSHING**ATTEMPTS****Most Attempts, Career**

- 1,649 Curt Warner, 1983-89
 1,559 Chris Warren, 1990-97
 1,148 John L. Williams, 1986-93

Most Attempts, Season

- 335 Curt Warner, 1983
 333 Chris Warren, 1994
 325 Ricky Watters, 1999
 319 Curt Warner, 1986
 Ricky Watters, 1998

Most Attempts, Rookie, Season

- 335 Curt Warner, 1983
 129 John L. Williams, 1986
 119 Sherman Smith, 1976

Most Attempts, Game

- 36 Chris Warren, at New England 9/19/93
 33 Lamar Smith, at Detroit 11/17/96
 32 Curt Warner, vs. Kansas City 11/27/83 (OT)
 Ricky Watters, vs. Indianapolis 12/20/98

YARDS GAINED**Most Yards Gained, Career**

- 6,706 Chris Warren, 1990-97
 6,705 Curt Warner, 1983-89
 4,579 John L. Williams, 1986-93

Most Seasons, 1,000 or More Yards Rushing

- 4 Curt Warner, 1983, 1985, 1986, 1988
 Chris Warren, 1992, 1993, 1994, 1995

Most Yards Gained, Season

- 1,545 Chris Warren, 1994
 1,481 Curt Warner, 1986
 1,449 Curt Warner, 1983

Most Yards Gained, Rookie, Season

- 1,449 Curt Warner, 1983
 538 John L. Williams, 1986
 537 Sherman Smith, 1976

Most Yards Gained, Game

- 207 Curt Warner, vs. Kansas City 11/27/83 (OT)
 192 Curt Warner, vs. Denver 12/20/86
 185 Chris Warren, at Houston 12/11/94

Most Games, 100 or More Yards Rushing, Career

- 24 Chris Warren, 1990-97
 23 Curt Warner, 1983-89
 11 Ricky Watters, 1998-2000
 6 John L. Williams, 1986-93

Most Games, 100 or More Yards Rushing, Season

- 8 Chris Warren, 1995
 7 Curt Warner, 1986
 Chris Warren, 1994

Most Consecutive Games, 100 or More Yards, Rushing

- 2 Curt Warner, 1983 (2 times)
 Curt Warner, 1986
 Chris Warren, 1993-94
 Chris Warren, 1994 (2 times)
 Chris Warren, 1995 (4 times)
 Ricky Watters, 1998
 Ricky Watters, 1999

Most Games, 2 or More Players with 100 or More Yards Rushing

- vs. L.A. Raiders 11/28/88
 (Curt Warner 130 and John L. Williams 106)

vs. Denver 12/11/88
(Curt Warner 126 and John L. Williams 109)

Longest Run From Scrimmage

- 86 Joey Galloway, at Jacksonville 11/12/95 (TD)
- 77 Steve Broussard, vs. Tennessee 10/5 (TD)
- 68 Lamar Smith, at Arizona 10/22/95 (OT)

AVERAGE GAIN

Highest Average Gain, Career (100 or More Attempts)

- 4.87 Jim Zorn, 1976-84 (307-1,494)
- 4.56 Lamar Smith, 1994-97 (282-1,286)
- 4.30 Chris Warren, 1990-97 (1,559-6,706)

Highest Average Gain, Season (100 or More Attempts)

- 4.87 Sherman Smith, 1978 (165-805)
- 4.68 Sherman Smith, 1977 (163-763)
- 4.64 Curt Warner, 1986 (319-1,481)

Highest Average Gain, Game (10 or More Attempts)

- 13.80 Steve Broussard, vs. Tennessee 10/5/97
- 8.86 Sherman Smith, vs. Atlanta 11/7/76 (14-124)
- 8.64 Lawrence McCutcheon, vs. Dallas 11/27/80 (11-95)

TOUCHDOWNS

Most Touchdowns, Career

- 55 Curt Warner, 1983-89
- 44 Chris Warren, 1990-97
- 28 Sherman Smith, 1976-82

Most Touchdowns, Season

- 15 Chris Warren, 1995
- 14 David Sims, 1978
- Derrick Fenner, 1990

Most Touchdowns, Rookie, Season

- 13 Curt Warner, 1983
- 5 David Sims, 1977
- 4 Sherman Smith, 1976
- Jim Zorn, 1976

Most Touchdowns, Game

- 4 Curt Warner, vs. Denver 12/11/88
- 3 By 9 Players
(Last: Chris Warren, vs. Oakland 12/17/95)

Most Consecutive Games Rushing for Touchdown

- 6 Chris Warren, 1993-94
- 5 Curt Warner, 1983
- 4 David Sims, 1978
- Derrick Fenner, 1990
- Ricky Watters, 1998

PASSING

PASS RATING

Highest Pass Rating, Career (Minimum 500 Attempts)

- 82.3 Dave Krieg, 1980-91
- 81.3 Warren Moon, 1997-98
- 76.3 Jon Kitna, 1997-99
- 67.8 Jim Zorn, 1976-84

Highest Pass Rating, Season (Minimum 160 Attempts)

- 95.0 Dave Krieg, 1983
- 94.6 Dave Krieg, 1988
- 91.0 Dave Krieg, 1986

Highest Pass Rating, Rookie, Season (100 attempts)

- 67.0 Rick Mirer, 1993
- 49.5 Jim Zorn, 1976

ATTEMPTS

Most Passes Attempted, Career

- 3,576 Dave Krieg, 1980-91
- 2,992 Jim Zorn, 1976-84
- 1,523 Rick Mirer, 1993-96

Most Passes Attempted, Season

- 532 Dave Krieg, 1985
- 528 Warren Moon, 1997
- 505 Jim Zorn, 1979

Most Passes Attempted, Rookie, Season

- 486 Rick Mirer, 1993
- 436 Jim Zorn, 1976
- 173 Kelly Stouffer, 1988

Most Passes Attempted, Game

- 51 Dave Krieg, vs. Atlanta 10/13/85
- 50 Dave Krieg, vs. Denver 12/15/84
- Jeff Kemp, at Denver 9/15/91

COMPLETIONS

Most Passes Completed, Career

- 2,096 Dave Krieg, 1980-91
- 1,593 Jim Zorn, 1976-84
- 814 Rick Mirer, 1993-96

Most Passes Completed, Season

- 313 Warren Moon, 1997
- 286 Dave Krieg, 1989
- 285 Jim Zorn, 1979
- Dave Krieg, 1985

Most Passes Completed, Rookie, Season

- 274 Rick Mirer, 1993
- 208 Jim Zorn, 1976
- 98 Kelly Stouffer, 1988

Most Passes Completed, Game

- 33 Dave Krieg, vs. Atlanta 10/13/85
- 31 Jim Zorn, vs. Kansas City 9/27/81
- Dave Krieg, vs. Denver 11/20/83

Most Consecutive Passes Completed

- 17 Warren Moon, vs. Oakland 11/1/98
- 15 Jim Zorn, vs. Cleveland 10/12/80
- 14 Jim Zorn, vs. N.Y. Jets 11/26/79
- Dave Krieg, vs. L.A. Raiders 9/16/90

COMPLETION PERCENTAGE

Highest Completion %, Career (100 Attempts)

- 59.45 Jon Kitna, 1997-98 (217-129)
- 58.61 Dave Krieg, 1980-91 (3,576-2,096)
- 58.27 Warren Moon, 1997-98 (786-458)
- 56.04 Jon Kitna, 1997-99 (712-399)
- 54.81 John Friesz, 1995-98 (367-199)

Highest Completion Percentage, Season (100Att.)

- 65.61 Dave Krieg, 1991 (285-187)
- 60.54 Dave Krieg, 1987 (294-178)
- 60.49 Dave Krieg, 1983 (243-147)

Highest Completion %, Rookie, Season (Qualifiers)

- 56.38 Rick Mirer, 1993 (486-274)
- 47.38 Jim Zorn, 1976 (439-208)

Highest Completion %, Game (20 Attempts)

- 86.36 Dave Krieg, vs. Denver 12/11/88 (22-19)
 80.65 Dave Krieg, vs. Pittsburgh 10/20/91 (31-25)
 79.31 Jim Zorn, vs. Cleveland 10/12/80 (29-23)
 Dave Krieg, vs. San Diego 10/29/84 (29-23)

YARDS GAINED**Most Yards Gained, Career**

- 26,132 Dave Krieg, 1980-91
 20,122 Jim Zorn, 1976-84
 9,094 Rick Mirer, 1993-96

Most Seasons, 3,000 or More Yards Passing

- 4 Dave Krieg, 1984, 1985, 1989, 1990
 3 Jim Zorn, 1978-80
 1 Warren Moon, 1997; Jon Kitna, 1999

Most Consecutive Seasons, 3,000 or More Yards Passing

- 3 Jim Zorn, 1978-80
 2 Dave Krieg, 1984-85
 Dave Krieg, 1989-90

Most Yards Gained, Season

- 3,678 Warren Moon, 1997
 3,671 Dave Krieg, 1984
 3,661 Jim Zorn, 1979

Most Yards Gained, Rookie, Season

- 2,833 Rick Mirer, 1993
 2,571 Jim Zorn, 1976
 1,106 Kelly Stouffer, 1988

Most Yards Gained, Game

- 418 Dave Krieg, vs. Denver 11/20/83
 410 Dave Krieg, vs. L.A. Raiders 12/18/88
 409 Warren Moon, vs. Oakland 10/26/97

Most Games, 400 or More Yards Passing, Career

- 4 Dave Krieg, 1980-91
 1 Warren Moon, 1997

Most Games, 300 or More Yards Passing, Career

- 11 Dave Krieg, 1980-91
 9 Jim Zorn, 1976-84
 2 Jeff Kemp, 1987-91

Most Games, 300 or More Yards Passing, Season

- 3 Jim Zorn, 1979
 Dave Krieg, 1984
 2 By 3 Players
 (Last: Dave Krieg, 1985)

Most Consecutive Games, 300 or More Yards Passing,

- 2 Jim Zorn, 1979
 Jim Zorn, 1981

Longest Pass Completion

- 82 Jim Zorn (to David Sims) vs. Cincinnati 9/25/77 (TD)
 81 John Friesz (to Joey Galloway) at San Diego 10/25/98
 80 4 Times
 (Last: John Friesz (to Brian Blades) at Miami 10/6/96 [TD])

AVERAGE GAIN**Highest Average Gain, Career (100 Attempts)**

- 7.31 Dave Krieg, 1980-91 (3,576-26,132)
 7.14 John Friesz, 1995-98 (416-2,971)
 6.97 Jeff Kemp, 1987-91 (249-1,735)

Highest Average Gain, Season (Qualifiers)

- 8.80 Dave Krieg, 1983 (243-2,139)
 7.79 Dave Krieg, 1986 (375-2,921)
 7.65 Dave Krieg, 1984 (480-3,761)

Highest Average Gain, Rookie, Season (Qualifiers)

- 5.85 Jim Zorn, 1976 (439-2,571)
 5.83 Rick Mirer, 1993 (486-2,833)

Highest Average Gain, Game (20 Attempts)

- 14.52 Dave Krieg, vs. San Diego 12/14/86 (21-305)
 13.30 Dave Krieg, vs. Kansas City 11/11/90 (23-306)
 12.87 Jim Zorn, vs. Buffalo 10/30/77 (23-296)

TOUCHDOWNS**Most Touchdown Passes, Career**

- 195 Dave Krieg, 1980-91
 107 Jim Zorn, 1976-84
 49 Jon Kitna, 1997-2000

Most Touchdown Passes, Season

- 32 Dave Krieg, 1984
 27 Dave Krieg, 1985
 25 Warren Moon, 1997

Most Touchdown Passes, Game

- 5 By 4 Players
 (Last: Warren Moon, vs. Oakland 10/26/97)

Most Games, 5 or More TD Passes, Career

- 3 Dave Krieg, 1980-91
 1 Warren Moon, 1997

Most Games, 4 or More TD Passes, Career

- 7 Dave Krieg, 1980-91
 4 Jim Zorn, 1976-84
 2 Warren Moon, 1997

Most Games, 5 or More TD Passes, Season

- 1 By 4 Players
 (Last: Warren Moon, 1997)

Most Games, 4 or More TD Passes, Season

- 2 Warren Moon, 1997

Most Consecutive Games, 4 or More TD Passes

- 1 14 Times
 (Last: Warren Moon, vs. San Francisco 12/21/97)

Most Consecutive Games, Touchdown Passes

- 28 Dave Krieg, 1983-85
 (3rd in NFL history)
 13 Warren Moon, 1997-98
 10 By 3 Players
 (Last: Dave Krieg, 1988-89)

HIGHEST PERCENTAGE, TOUCHDOWN PASSES**Highest %, TD Passes, Career (100 Attempts)**

- 5.45 Dave Krieg, 1980-91 (3,576-195)
 4.58 Warren Moon, 1997 (786-36)
 4.34 Jon Kitna, 1997-2000 (1,130-49)

Highest %, TD Passes Season (Qualifiers)

- 7.89 Dave Krieg, 1988 (228-18)
 7.82 Dave Krieg, 1987 (294-23)
 7.41 Dave Krieg, 1983 (243-18)

Highest %, TD Passes, Rookie, Season (Qualifiers)

- 2.73 Jim Zorn, 1976 (439-12)
2.47 Rick Mirer, 1993 (486-12)

HAD INTERCEPTED**Most Consecutive Passes Attempted, None Intercepted**

- 153 Jim Zorn, 1979
137 Dave Krieg, 1988
132 Rick Mirer, 1994

Most Passes Had Intercepted, Career

- 148 Dave Krieg, 1980-91
133 Jim Zorn, 1976-84
56 Rick Mirer, 1993-96

Most Passes Had Intercepted, Season

- 27 Jim Zorn, 1976
24 Dave Krieg, 1984
20 By 6 Players
(Last: Rick Mirer, 1995)

Most Passes Had Intercepted, Game

- 6 Jim Zorn, vs. Detroit 10/24/76
5 Jim Zorn, vs. Kansas City 11/9/80
Dave Krieg, at Kansas City 12/9/84
Jon Kitna, vs. Tampa Bay 11/28/99

Most Attempts, No Interceptions, Game

- 47 Jim Zorn, vs. Kansas City 9/27/81
46 Warren Moon, vs. Oakland 10/26/97
44 Dave Krieg, vs. Denver 11/25/84

LOWEST PERCENTAGE, PASSES HAD INTERCEPTED**Lowest %, Passes Had Intercepted, Career (100 Att)**

- 2.88 John Friesz, 1995-98 (416-12)
3.05 Warren Moon, 1997-98 (786-24)
3.68 Rick Mirer, 1993-96 (1,523-56)

Lowest %, Passes Had Intercepted, Season (Qualifiers)

- 1.84 Rick Mirer, 1994 (381-7)
2.27 Jim Zorn, 1981 (397-9)
2.93 Dave Krieg, 1986 (375-11)

Lowest %, Passes Had Intercepted, Rookie Season

- 3.50 Rick Mirer, 1993 (486-17)
6.15 Jim Zorn, 1976 (439-27)

RECEIVING**Most Pass Receptions, Career**

- 819 Steve Largent, 1976-89 (3rd in NFL history)
581 Brian Blades, 1988-98
471 John L. Williams, 1986-93

Most Seasons, 80 or More Pass Receptions

- 2 Brian Blades, 1993-94

Most Seasons, 70 or More Pass Receptions

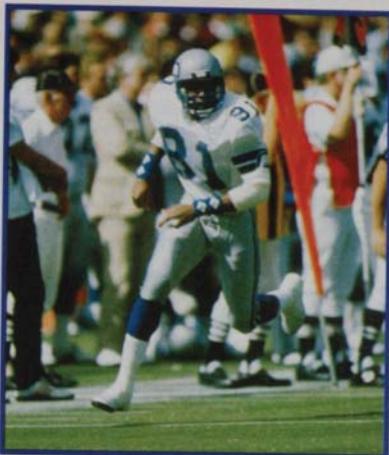
- 6 Steve Largent, 1978, 1981, 1983-86
5 Brian Blades, 1989, 1991, 1993-95
3 John L. Williams, 1989-90, 1992

Most Seasons, 50 or More Pass Receptions

- 10 Steve Largent, 1976, 1978-81, 1983-87
6 John L. Williams, 1988-93
5 Brian Blades, 1989, 1991, 1993-95

Most Pass Receptions, Season

- 81 Brian Blades, 1994
80 Brian Blades, 1993
79 Steve Largent, 1985

**Daryl Turner (1984-87)****Most Pass Receptions, Rookie, Season**

- 67 Joey Galloway, 1995
54 Steve Largent, 1976
42 Curt Warner, 1983

Most Pass Receptions, Game

- 15 Steve Largent, vs. Detroit 10/18/87
12 By 4 Players (Last: Brian Blades, vs. New Orleans 9/1/91)

Most Consecutive Games, Pass Receptions

- 177 Steve Largent, 1977-89
71 Joey Galloway, 1995-99
52 Brian Blades, 1992-95
41 Sherman Smith, 1976-79

YARDS GAINED**Most Yards Gained, Career**

- 13,089 Steve Largent, 1976-89 (4th in NFL history)
7,623 Brian Blades, 1988-98
4,457 Joey Galloway, 1995-99
4,151 John L. Williams, 1986-93

Most Yards Gained, Season

- 1,287 Steve Largent, 1985
1,237 Steve Largent, 1979
1,224 Steve Largent, 1981

Most Yards, Rookie, Season

- 1,039 Joey Galloway, 1995
715 Daryl Turner, 1984
705 Steve Largent, 1976

Most Yards Gained, Game

- 261 Steve Largent, vs. Detroit 10/18/87
191 Steve Largent, vs. Denver 11/25/84
180 John L. Williams, at L.A. Raiders 12/18/88

Most Games, 100+ Yards, Receiving, Career

- 40 Steve Largent, 1976-89
17 Brian Blades, 1988-98
12 Joey Galloway, 1995-98

Most Games, 100+ Yards, Receiving, Season

- 6 Steve Largent, 1979
- 5 Steve Largent, 1984
- Brian Blades, 1989

Most Consecutive Games, 100+ Yards Receiving

- 2 By 7 Players (Last: Joey Galloway 1997-98)

Longest Pass Reception

- 82 David Sims (from Jim Zorn) vs. Cincinnati 9/25/77 (TD)
- 81 Joey Galloway (from John Friesz) at San Diego 10/25/98 (TD)
- 80 By 4 Players
(Last: Brian Blades [from John Friesz] at Miami 10/6/96 (TD))

AVERAGE PER RECEPTION**Highest Avg. Per Reception, Career (100 Receptions)**

- 18.53 Daryl Turner, 1984-87 (101-1,872)
- 15.98 Steve Largent, 1976-89 (819-13,089)
- 15.75 Joey Galloway, 1995-99 (283-4,457)

Highest Avg. Per Reception, Season (50 Receptions)

- 18.74 Steve Largent, 1979 (66-1,237)
- 17.31 Joey Galloway, 1996 (57-987)
- 17.10 Sean Dawkins, 1999 (58-992)
- 16.45 Steve Largent, 1978 (71-1,168)

Highest Avg. Per Reception, Game (5 Receptions)

- 27.80 Steve Largent, vs. Oakland 9/16/79 (5-139)
- 25.71 John L. Williams, vs. L.A. Raiders 12/18/88 (7-180)
- 23.67 Joey Galloway, at Philadelphia 9/6/98 (6-142)

TOUCHDOWNS**Most Touchdowns, Career**

- 100 Steve Largent, 1976-89
- 37 Joey Galloway, 1995-99
- 36 Daryl Turner, 1984-87
- 34 Brian Blades, 1988-97

Most Touchdowns, Season

- 13 Daryl Turner, 1985
- 12 Steve Largent, 1984
- Joey Galloway, 1997

Most Touchdowns, Rookie, Season

- 10 Daryl Turner, 1984
- 8 Brian Blades, 1988
- 7 Joey Galloway, 1995

Most Touchdowns, Game

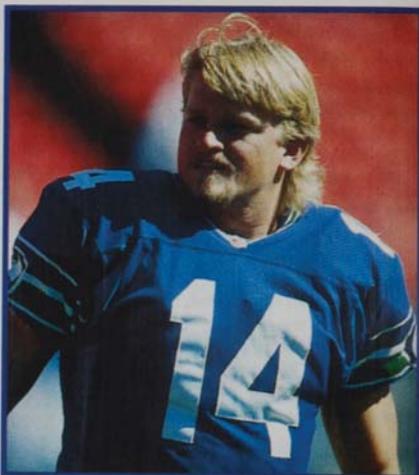
- 4 Daryl Turner, vs. San Diego 9/15/85
- 3 By 4 Players
(Last: Joey Galloway, vs. Oakland 10/26/97)

Most Consecutive Games, Touchdowns

- 5 Steve Largent, 1984
- Joey Galloway, 1998
- 4 By 3 Players
(Last: Daryl Turner, 1985)

INTERCEPTIONS**Most Interceptions By, Career**

- 50 Dave Brown, 1976-86
- 42 Eugene Robinson, 1985-95

**Rick Tuten (1991-97)**

- 41 John Harris, 1978-85

Most Interceptions By, Season

- 10 John Harris, 1981
- Kenny Easley, 1984
- 9 Eugene Robinson, 1993

Most Interceptions By, Rookie, Season

- 4 John Harris, 1978
- 3 By 4 Players
(Last: Carlton Gray, 1993)

Most Interceptions By, Game

- 3 Kenny Easley, vs. San Diego 10/29/84
- Eugene Robinson, at Pittsburgh 12/6/92
- Darryl Williams, vs. San Diego 9/21/97

Most Consecutive Games, Passes Intercepted

- 4 John Harris, 1980
- Eugene Robinson, 1991
- 3 By 6 Players (Last: Darryl Williams 1997)

YARDS RETURNED**Most Yards Returned, Career**

- 643 Dave Brown, 1976-86
- 586 Eugene Robinson, 1985-95
- 528 Kenny Easley, 1981-87

Most Yards Returned, Season

- 179 Dave Brown, 1984
- 172 Darryl Williams, 1997
- 157 Eddie McMillan, 1977

Most Yards Returned, Game

- 148 Dave Brown, vs. Kansas City 11/4/84
- 125 Kenny Easley, vs. Cleveland 12/20/81
- 91 Sammy Green, vs. San Francisco 10/7/79

Longest Return

- 91 Sammy Green, vs. San Francisco 10/7/79 (TD)
- 90 Dave Brown, vs. Kansas City 11/4/84 (TD)
- 84 Jay Bellamy, vs. St. Louis 9/10/2000 (TD)

TOUCHDOWNS

Most Touchdowns, Career

- 5 Dave Brown, 1976-86
- 3 Keith Simpson, 1978-85
- Kenny Easley, 1981-87

Most Touchdowns, Season

- 2 By 6 Players
(Last: Shawn Springs, Darrin Smith 1998)

Most Touchdowns, Game

- 2 Dave Brown, vs. Kansas City 11/4/84 (Ties NFL record)
- 41 Times
(Last: George Koonce, at Atlanta 12/3/00)

PUNTING

Most Punts, Career

- 554 Rick Tuten, 1991-97
- 299 Jeff West, 1981-85
- 257 Herman Weaver, 1977-80

Most Punts, Season

- 108 Rick Tuten, 1992
(Tied for 3rd in NFL history)
- 95 Jeff West, 1984
- 91 Rick Tuten, 1994

Most Punts, Rookie, Season

- 80 Rick Engles, 1976
- 79 Vince Gamache, 1986
- 47 Ruben Rodriguez, 1987
- Jimmy Colquitt, 1985

Most Punts, Game

- 12 Rick Tuten, vs. Denver 11/28/93
- 11 By 3 Players (Last: Rick Tuten, vs. Philadelphia 12/13/92 [OT])

Longest Punt

- 73 Rick Tuten, at Buffalo 10/15/95
- 68 Ruben Rodriguez, vs. Denver 9/4/88
- 66 Rick Tuten, vs. Buffalo 12/8/96

AVERAGE YARDAGE

Highest Average, Punting, Career (100 Punts)

- 43.81 Rick Tuten, 1991-97 (554-224,268)
- 41.65 Jeff Feagles, 1998-00 (239-9,955)
- 40.28 Ruben Rodriguez, 1987-89 (192-7,733)

Highest Average, Punting, Season

- 45.00 Rick Tuten, 1995 (83-3,735)
- 44.52 Rick Tuten, 1993 (90-4,007)
- 44.07 Rick Tuten, 1992 (108-4,760)
- Jeff Feagles, 1998 (81-3,570)

Highest Average, Punting, Rookie, Season

- 40.00 Ruben Rodriguez, 1987 (47-1,880)
- 38.58 Vince Gamache, 1986 (79-3,048)
- 38.34 Rick Engles, 1976 (80-3,067)

Highest Average Punting, Game (Minimum 4 Punts)

- 55.20 Rick Tuten, vs. Buffalo 12/8/96 (5-276)
- 52.83 Rick Tuten, at Buffalo 10/15/95 (6-317)
- 52.50 Rick Tuten, at San Diego 10/4/92 (6-315)

Highest Net Punting Average, Season

- 38.74 Rick Tuten, 1992
- 37.27 Rick Tuten, 1993
- 36.90 Rick Tuten, 1991

INSIDE THE 20

Most Punts Inside the 20, Career

- 147 Rick Tuten, 1991-97
- 85 Jeff Feagles 1998-00
- 73 Jeff West, 1981-85
- 49 Herman Weaver, 1977-80

Most Punts Inside the 20, Season

- 34 Jeff Feagles, 1999
- 33 Rick Tuten, 1994
- 29 Rick Tuten, 1992
- 27 Jeff Feagles, 1998

Most Punts Inside the 20, Game

- 6 Rick Tuten, vs. Minnesota 11/10/96
- Jeff Feagles, vs. Kansas City 12/26/99
- 5 3 Times
(Last: Rick Tuten, at Washington 9/4/94)

TOUCHBACKS

Most Touchbacks, Career

- 45 Rick Tuten, 1991-97
- 28 Jeff West, 1981-85
- 19 Herman Weaver, 1977-80
- Jeff Feagles, 1998-00

Most Touchbacks, Season

- 12 Jeff Feagles, 1998
- 10 Jeff West, 1983
- 8 By 4 Players (Last: Rick Tuten, 1995)

Most Touchbacks, Game

- 3 By 4 Players
(Last: Ruben Rodriguez, vs. S.D. 10/29/89)

HAD BLOCKED

Most Punts Had Blocked, Career

- 6 Herman Weaver, 1977-80
- 3 Rick Engles, 1976-77
- 2 By 2 Players
(Last: Kyle Richardson, 1997)

Most Punts Had Blocked, Season

- 3 Herman Weaver, 1979
- 2 By 3 Players
(Last: Kyle Richardson, 1997)

Most Punts Had Blocked, Game

- 2 Herman Weaver vs. Kansas City 9/30/79
- 1 By 13 Players
(Last: Jeff Feagles vs. Oakland 12/16/00)

PUNT RETURNS

Most Punt Returns, Career

- 94 Chris Warren, 1990-97
- 89 Bobby Joe Edmonds, 1986-88
- 76 Joey Galloway, 1995-98

Most Punt Returns, Season

- 41 Will Lewis, 1980
- 36 Joey Galloway, 1995
- 35 Bobby Joe Edmonds, 1988

Most Punt Returns, Rookie, Season

- 36 Joey Galloway, 1995
- 34 Rufus Crawford, 1978
- Bobby Joe Edmonds, 1986

Most Punt Returns, Game

- 7 Walter Packer, vs. N.Y. Jets 11/13/77
 6 Bobby Joe Edmonds, vs. L.A. Raiders
 12/8/86
 5 By 13 Players
 (Last: Charlie Rogers, at San Diego
 9/24/00)

FAIR CATCHES**Most Fair Catches, Career**

- 60 Chris Warren, 1990-97
 35 Kelvin Martin, 1993-94
 30 Charlie Rogers, 1999-00

Most Fair Catches, Season

- 25 Chris Warren, 1992
 20 Kelvin Martin, 1994
 19 Chris Warren, 1991

Most Fair Catches, Game

- 5 James Jefferson, vs. Denver 10/22/89
 Chris Warren, vs. Pittsburgh 10/20/91
 Chris Warren, vs. Denver 11/30/92 (OT)

YARDS GAINED**Most Yards Gained, Career**

- 1,010 Bobby Joe Edmonds, 1986-88
 843 Paul Johns, 1981-84
 819 Chris Warren, 1990-97

Most Yards Gained, Season

- 419 Bobby Joe Edmonds, 1986
 363 Charlie Rogers, 2000
 360 Joey Galloway, 1995

Most Yards Gained, Rookie, Season

- 419 Bobby Joe Edmonds, 1986
 360 Joey Galloway, 1995
 349 Will Lewis, 1980

Most Yards Gained, Game

- 106 Charlie Rogers, at Pittsburgh 9/26/99
 105 Joey Galloway, vs. N.Y. Giants 11/5/95
 103 Bobby Joe Edmonds, vs. Philadelphia
 11/23/86
 101 Bobby Joe Edmonds, vs. Pittsburgh 9/7/86

Longest Punt Return

- 94 Charlie Rogers, at Pittsburgh 9/26/99 (TD)
 89 Joey Galloway, vs. N.Y. Giants 11/5/95
 (TD)
 88 Joey Galloway, vs. Denver 9/8/96 (TD)
 75 Will Lewis, at Denver 11/23/80 (TD)
 Paul Johns, vs. L.A. Raiders 10/16/83 (TD)
 Bobby Joe Edmonds, vs. Philadelphia
 11/23/86 (TD)

AVERAGE YARDAGE**Highest Average, Career (Minimum 50 Returns)**

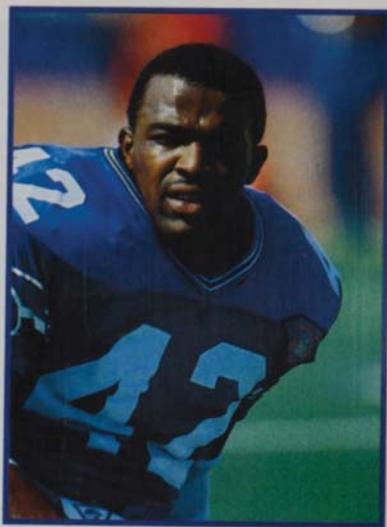
- 11.39 Paul Johns, 1981-84 (74-843)
 11.35 Bobby Joe Edmonds, 1986-88 (89-1,010)
 10.42 Joey Galloway, 1995-99 (79-823)

Highest Average, Season (min. 1 per game)

- 14.45 Charlie Rogers, 1999 (22-318)
 12.55 Bobby Joe Edmonds, 1987 (20-251)
 12.32 Bobby Joe Edmonds, 1986 (34-419)
 11.29 Paul Johns, 1983 (28-316)

Highest Average, Rookie, Season (Qualifiers)

- 14.45 Charlie Rogers, 1999 (22-318)
 13.96 Charlie Rogers, 2000 (26-363)

**Chris Warren (1990-97)**

- 12.32 Bobby Joe Edmonds, 1986 (34-419)
 11.06 Paul Johns, 1981 (16-177)

Highest Average, Game (Minimum 3 Returns)

- 32.00 Paul Johns, vs. L.A. Raiders 10/16/83
 (3-96)
 29.33 Joey Galloway, vs. Denver
 9/8/96 (3-88)
 26.33 Paul Johns, vs. New England 9/16/84
 (3-79)

TOUCHDOWNS**Most Touchdowns, Career**

- 4 Joey Galloway, 1995-98
 2 Paul Johns, 1981-84
 1 By 4 Players

Most Touchdowns, Season

- 2 Joey Galloway, 1998
 1 By 8 Players (Last: Charlie Rogers, 1999)

Most Touchdowns, Rookie, Season

- 1 Will Lewis, 1980
 Bobby Joe Edmonds, 1986
 Joey Galloway, 1995
 Charlie Rogers, 1999

Most Touchdowns, Game

- 1 By 8 Players
 (Last: Charlie Rogers, at Pittsburgh
 9/26/99)

KICKOFF RETURNS**Most Kickoff Returns, Career**

- 175 Steve Broussard, 1995-98
 101 Bobby Joe Edmonds, 1986-88
 86 Chris Warren, 1990-97

Most Kickoff Returns, Season

- 66 Charlie Rogers, 2000
 50 Steve Broussard, 1997
 49 Zachary Dixon, 1983

Most Kickoff Returns, Game

- 8 Bobby Joe Edmonds, vs. L.A. Raiders
11/30/87
7 By 6 Players
(Last: Charlie Rogers, vs. Denver 11/26/00)

YARDS GAINED**Most Yards Gained, Career**

- 4,060 Steve Broussard, 1995-98
2,228 Bobby Joe Edmonds, 1986-88
2,094 Charlie Rogers, 1999-00

Most Yards Gained, Season

- 1,629 Charlie Rogers, 2000
1,148 Zachary Dixon, 1983
1,076 Steve Broussard, 1997

Most Yards Gained, Rookie, Season

- 829 Rufus Crawford, 1978
820 Al Hunter, 1977
764 Bobby Joe Edmonds, 1986

Most Yards Gained, Game

- 198 Charlie Rogers, vs. Indianapolis 10/15/00
196 Jon Vaughn, at San Diego 10/30/94
192 Charlie Rogers, vs. St. Louis 9/10/00

Longest Kickoff Return

- 97 James Jefferson, vs. K.C. 10/8/89 (TD)
94 Zachary Dixon, vs. St. Louis 11/13/83 (TD)
93 Jon Vaughn, at San Diego 10/30/94 (TD)
90 Steve Broussard, vs. Wash 9/20/98 (TD)

HIGHEST YARDAGE**Highest Average, Career (50 Returns)**

- 24.92 Charlie Rogers, 1999-00 (84-2,094)
23.20 Steve Broussard, 1995-98 (175-4,060)
22.06 Bobby Joe Edmonds, 1986-88 (101-2,228)

Highest Average, Season (1 per game)

- 25.83 Charlie Rogers, 1999 (18-465)
24.74 Steve Broussard, 1995 (43-1,064)
24.68 Charlie Rogers, 2000 (66-1,629)

Highest Average, Game (Minimum 3 Returns)

- 42.74 Charlie Rogers, vs. Buffalo 12/23/00 (4-171)
34.60 Zachary Dixon, vs. St. Louis 11/13/83 (5-173)
34.33 David Hollis, vs. K.C. 12/27/87 (3-103)

TOUCHDOWNS**Most Touchdowns, Career**

- 1 Zachary Dixon, 1983-84
James Jefferson, 1989-93
Jon Vaughn, 1993-94
Steve Broussard, 1995-98
Charlie Rogers, 1999-00

Most Touchdowns, Season

- 1 Zachary Dixon, 1983
James Jefferson, 1989
Jon Vaughn, 1994
Steve Broussard, 1998
Charlie Rogers, 2000

Most Touchdowns, Rookie, Season

- 1 James Jefferson, 1989

- 1 Zachary Dixon, vs. St. Louis 11/13/83
James Jefferson, vs. Kansas City 10/8/89
Jon Vaughn, at San Diego 10/30/94
Steve Broussard, vs. Washington 9/20/98
Charlie Rogers, vs. Buffalo 12/23/00

COMBINED KICK RETURNS**Most Combined Kick Returns, Career**

- 190 Bobby Joe Edmonds, 1986-88 (89-P, 101-K)
180 Chris Warren, 1990-97 (94-P, 86-K)
175 Steve Broussard, 1995-97 (175-K)

Most Combined Kick Returns, Season

- 92 Charlie Rogers, 2000 (26-P, 66-K)
75 Bobby Joe Edmonds, 1988 (35-P, 40-K)
69 Rufus Crawford, 1978 (34-P, 35-K)

Most Combined Kick Returns, Game

- 10 Ronnie Harris, vs. Oakland 10/26/97
Charlie Rogers, at Miami 9/3/00 (4-P, 6-K)
9 By 4 Players
(Last: Charlie Roger, vs. Denver 11/26/00)

YARDS GAINED**Most Yards Returned, Career**

- 4,060 Steve Broussard, 1995-98 (4,060-K)
3,238 Bobby J. Edmonds, 1986-88 (1,010-P, 2,228-K)
2,775 Charlie Rogers, 1999-00 (681-P, 2,094-K)

Most Yards Gained, Season

- 1,992 Charlie Rogers, 2000 (363-P, 1,629-P)
1,240 Bobby Joe Edmonds, 1988 (340-P, 900-K)
1,183 Bobby Joe Edmonds, 1986 (419-P, 764-K)

Most Yards Returned, Game

- 215 Charlie Rogers, vs. Indianapolis 10/15/00
(17-P, 198-K)
206 Charlie Rogers, at NY Jets 1/2/00
(16-P, 190-K)
205 Charlie Rogers, vs. St. Louis 9/10/00
(13-P, 192-K)

TOUCHDOWNS**Most Touchdowns, Career**

- 4 Joey Galloway, 1995-98 (4-P)
2 Paul Johns, 1981-84 (2-P)
Charlie Rogers, 1999-00 (1-P, 1-K)
1 By 10 Players

Most Touchdowns, Season

- 2 Joey Galloway, 1998 (2-P)
1 By 11 Players
(Last: Charlie Rogers, 2000 [1-K])

Most Touchdowns, Game

- 1 By 13 Players
(Last: Charlie Rogers, vs. Buffalo 12/23/00)

FUMBLES**Most Fumbles, Career**

- 108 Dave Krieg, 1980-91
49 Jim Zorn, 1976-84
38 Curt Warner, 1983-89

Most Fumbles, Season

- 18 Dave Krieg, 1989
16 Dave Krieg, 1990
13 Rick Mirer, 1993

Most Fumbles, Game

- 6 Dave Krieg, vs. Kansas City 11/5/89
- 5 Dave Krieg, vs. San Diego 11/25/90 (OT)
- 4 By 2 Players
(Last: Dan McGwire, vs. Indianapolis 12/4/94)

FUMBLES RECOVERED**Most Fumbles Recovered, Career, Own and Opponents**

- 27 Dave Krieg, 1980-91 (27-own)
- 17 Jacob Green, 1980-91 (17-opponent)
- 15 Eugene Robinson, 1985-95 (14-opp, 1-own)

Most Fumbles Recovered, Season, Own and Opponents

- 9 Dave Krieg, 1989 (9-own)
- 5 By 4 Players
(Last: Rick Mirer, 1993 [5-own])

Most Fumbles Rec., Game, Own and Opponents

- 3 Dave Krieg, vs. Chicago 12/20/87 (3-own)
- Dave Krieg, vs. Kansas City 11/5/89 (3-own)
- Rick Mirer, at Detroit 10/17/93 (3-own)

OWN FUMBLES RECOVERED**Most Own Fumbles Recovered, Career**

- 27 Dave Krieg, 1980-91
- 13 Curt Warner, 1983-89
- 12 Jim Zorn, 1976-84

Most Own Fumbles Recovered, Season

- 9 Dave Krieg, 1989
- 5 By 3 Players (Last: Rick Mirer, 1993)

Most Own Fumbles Recovered, Game

- 3 Dave Krieg, vs. Chicago 12/20/87 (3-own)
- Dave Krieg, vs. Kansas City 11/5/89 (3-own)
- Rick Mirer, at Detroit 10/17/93 (3-own)

OPPONENTS FUMBLES RECOVERED**Most Opponents' Fumbles Recovered, Career**

- 17 Jacob Green, 1980-91
- 14 Eugene Robinson, 1985-95
- 11 By 3 Players

Most Opponents' Fumbles Recovered, Season

- 5 Nesby Glasgow, 1989
- 4 By 12 Players (Last: Chad Brown, 1997)

Most Opponents' Fumbles Recovered, Game

- 3 Darryl Williams, at Kansas City, 10/4/98
- 2 By 14 Players (Last: Chad Brown, at New Orleans 11/16/97)

YARDS RETURNING FUMBLES**Longest Fumble Return**

- 82 Antonio Edwards, at Denver 12/10/95 (TD)
- 79 Jacob Green, vs. N.Y. Jets 10/27/85 (TD)
- 62 John Harris, at N.Y. Jets 9/11/83
- Carlton Gray, vs. San Diego 10/27/96

TOUCHDOWNS**Most Touchdowns, Career (Total)**

- 2 Jacob Green, 1980-91 (2-opp)
- Shelton Robinson, 1982-85 (2-opp)
- Chad Brown, 1997 (2-opp)

Most Touchdowns, Season (Total)

- 2 Shelton Robinson, 1983 (2-opp)

Chad Brown, 1997 (2-opp)

- 1 By 14 Players

(Last: Cortez Kennedy, 1998 [1-opp])

Most Touchdowns, Game (Total)

- 1 By 19 Players

(Last: Cortez Kennedy, 1998)

COMBINED NET YARDS

Yards Gained Via Rushing, Receiving, Interception Return, Punt Return, Kickoff Return, and Fumble Return

ATTEMPTS**Most Attempts, Career**

- | | |
|-------|---------------------------|
| 1,943 | Chris Warren, 1990-97 |
| 1,854 | Curt Warner, 1983-89 |
| 1,628 | John L. Williams, 1986-93 |

Most Attempts, Season

- | | |
|-----|---------------------|
| 379 | Curt Warner, 1983 |
| 374 | Chris Warren, 1994 |
| 371 | Ricky Watters, 1998 |

Most Attempts, Rookie, Season

- | | |
|-----|------------------------|
| 379 | Curt Warner, 1983 |
| 162 | Sherman Smith, 1976 |
| | John L. Williams, 1986 |

Most Attempts, Game

- | | |
|----|------------------------------------------|
| 36 | Chris Warren, at New England 9/19/93 |
| 35 | Lamar Smith, at Detroit 10/17/96 |
| | Ricky Watters, vs. Indianapolis 12/20/98 |
| 34 | Curt Warner, vs. San Diego 9/15/85 |

YARDS GAINED**Most Yards Gained, Career**

- | | |
|--------|---------------------------|
| 13,396 | Steve Largent, 1976-89 |
| 10,663 | Chris Warren, 1990-97 |
| 8,673 | John L. Williams, 1986-93 |



Jacob Green (1980-91)

Most Yards Gained, Season

- 1,925 Chris Warren, 1992
 1,868 Chris Warren, 1994
 1,855 Ricky Watters, 2000

Most Yards Gained, Rookie, Season

- 1,774 Curt Warner, 1983
 1,583 Joey Galloway, 1995
 1,172 Bobby Joe Edmonds, 1986

Most Yards Gained, Game

- 261 Steve Largent, vs. Detroit 10/18/87
 239 John L. Williams, at L.A. Raiders 12/18/88
 237 Joey Galloway, at Jacksonville 11/12/95

TACKLES**Most Tackles, Career**

- 984 Eugene Robinson, 1985-95
 813 Keith Butler, 1978-87
 779 Joe Nash, 1982-96

Most Tackles, Season

- 153 Terry Beeson, 1978
 150 Chad Brown, 1998
 147 Anthony Simmons, 2000

Most Tackles, Game

- 18 Terry Beeson, vs. Houston 11/2/77
 Sammy Green, vs. Minnesota 10/8/78
 16 By 9 Players (Last: Dean Wells, vs. G.B.
 9/29/96)

SACKS**Most Sacks, Career**

- 116.0 Jacob Green, 1980-91
 70.0 Michael Sinclair, 1991-99
 63.0 Jeff Bryant, 1982-93
 58.0 Cortez Kennedy, 1990-99

Most Sacks, Season

- 16.5 Michael Sinclair, 1998
 16.0 Jacob Green, 1983
 14.5 Jeff Bryant, 1984
 14.0 Cortez Kennedy, 1992

Most Sacks, Game

- 4.0 Jacob Green, vs. N.Y. Giants 10/19/86
 Michael Sinclair, vs. Denver 9/8/96
 Michael McCrary, at Oakland 12/22/96

FORCED FUMBLES**Most Forced Fumbles, Career**

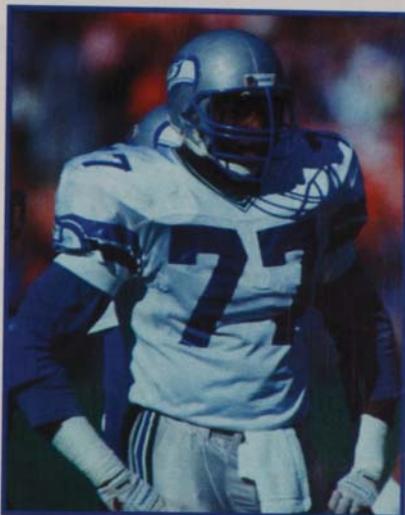
- 28 Jacob Green, 1980-91
 23 Michael Sinclair, 1991-99
 14 Rufus Porter, 1988-94
 13 Joe Nash, 1982-96
 Bruce Scholtz, 1982-88

Most Forced Fumbles, Season

- 7 Jacob Green, 1985
 Michael Sinclair, 1998
 6 By 3 Players (Last: Michael Sinclair, 1997)

Most Forced Fumbles, Game

- 2 By 14 Players (Last: Michael Sinclair, vs.
 Denver 10/1/95)

**Jeff Bryant (1982-93)****BLOCKED KICKS****Most Blocked Punts, Career**

- 3 Kerry Justin, 1978-83, 1986-87
 2 By 4 Players

Most Blocked Punts, Season

- 2 By 4 Players (Last: Kerry Justin, 1986)

Most Blocked Punts, Game

- 1 By 20 Players
 (Last: Michael Bates, at Indianapolis
 10/2/94)

Most Blocked Field Goals, Career

- 8 Joe Nash, 1982-96
 2 By 4 Players

Most Blocked Field Goals, Season

- 3 Joe Nash, 1989
 2 Mike White, 1982
 Joe Nash, 1984

Most Blocked Field Goals, Game

- 1 By 28 Players
 (Last: Lamar King at Green Bay 11/1/99)

Most Blocked PATs, Career

- 3 Mike White, 1981-82
 2 By 3 Players

Most Blocked PATs, Season

- 2 Mike White, 1981
 1 By 11 Players
 (Last: Terry Wooden, 1995)

Most Blocked PATs, Game

- 1 By 12 Players
 (Last: Terry Wooden, vs. San Diego
 10/22/95)

Most Blocked Kicks (Field Goals and PATs), Career

- 10 Joe Nash, 1982-96 (8 FG, 2 PAT)
 5 Mike White, 1981-82 (2 FG, 3 PAT)
 Jeff Bryant, 1982-93 (3 FG, 2 PAT)

Most Blocked Kicks (Field Goals and PATs),**Season**

- 3 Mike White, 1982 (2 FG, 1 PAT)
- Joe Nash, 1989 (3 FG)
- 2 By 4 Players
(Last: Jeff Bryant and Joe Nash, 1985)

Most Blocked Kicks (Field Goals and PATs),**Game**

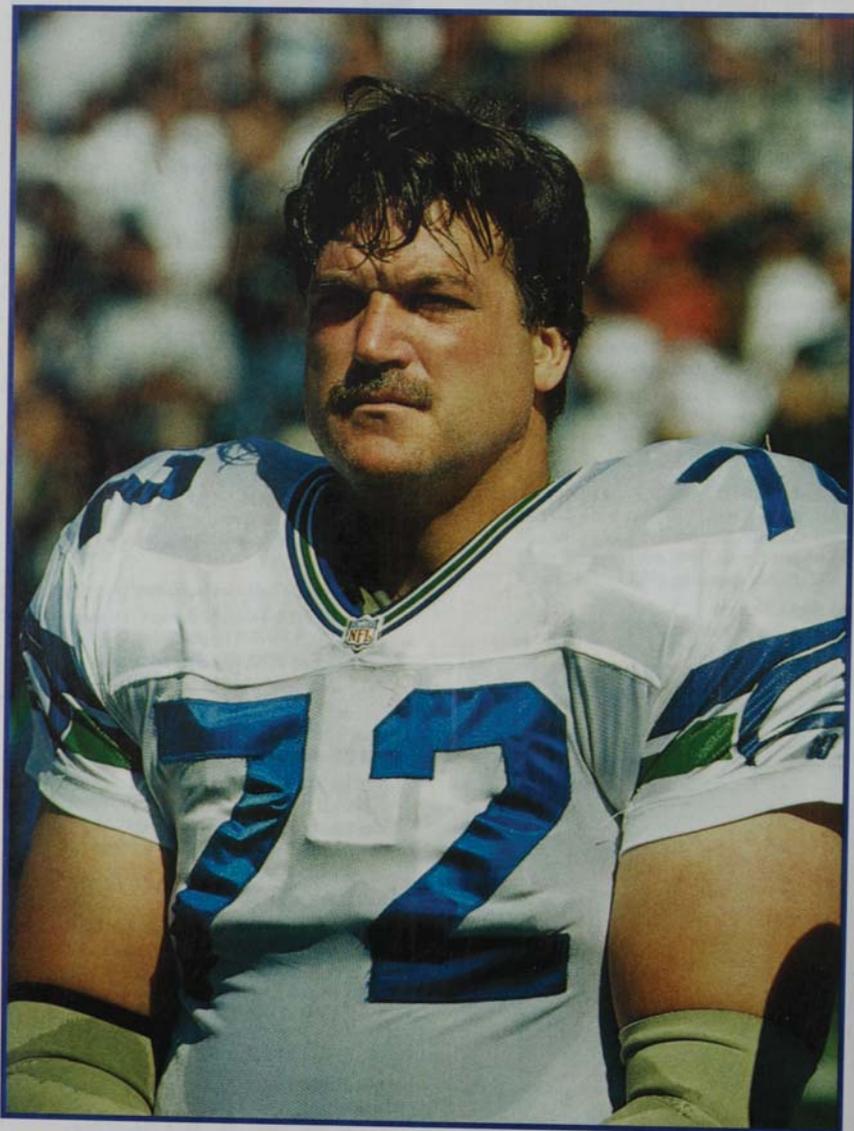
- 1 By 41 Players
(Last: Lamar King at Green Bay 11/1/99 [FG])

Longest Return of Blocked Punt

- 32 Jessie Green, vs. N.Y. Jets 10/19/80
- 26 Steve Raible, vs. Green Bay 10/10/76
- 17 Autry Beamon, vs. Baltimore 9/18/77

Longest Return of Blocked Field Goal

- 62 Paul Moyer, vs. Cleveland 10/9/88 (no TD)
- Vernon Dean, vs. L.A. Rams 10/23/88 (TD)
- 61 Robert Blackmon, vs. Houston 11/3/96 (TD)
- Shawn Springs, at Green Bay 11/1/99 (TD)



Joe Nash (1982-96)

TEAM RECORDS

ATTENDANCE

Largest Single Season Regular Season Home Attendance

- 530,520 1999 (66,315)
- 508,367 2000 (63,545)
- 500,210 1998 (62,526)
- 494,104 1988 (61,763)
- 493,657 1984 (61,707)

Largest Single Game Regular Season Home Attendance

- 68,681 vs. Oakland 12/16/00 (at Husky Stadium)
- 68,661 vs. Denver 11/26/00 (at Husky Stadium)
- 66,400 vs. Oakland 10/3/99
- 66,332 vs. Kansas City 12/26/99
- 66,238 vs. Detroit 9/12/99
- 66,318 vs. San Diego 12/12/99
- 66,314 vs. Denver 11/14/99
- 66,314 vs. Tampa Bay 11/28/99
- 66,303 vs. Cincinnati 11/7/99
- 66,301 vs. Buffalo 10/24/99
- 65,536 vs. San Diego 9/18/94 (at Husky Stadium)

Largest Single Game Regular Season Road Attendance

- *82,893 at Kansas City 10/2/00
- 81,201 at L.A. Raiders 12/15/85
- 78,847 at Kansas City 10/23/94
- 78,714 at Kansas City 11/21/99
- 78,605 at Cleveland 10/9/88
- 78,154 at NY Jets 1/2/00

GAMES WON

REGULAR SEASON

Most Consecutive Games Won

- 8 1984
- 5 1986
- 1997-98
- 1999
- 4 1983-84

Most Consecutive Games Without Defeat

- 8 1984
- 5 1986
- 1997-98
- 1999
- 4 1983-84

Most Games Won, Season

- 12 1984
- 10 1986
- 9 6 Times (Last: 1999)

Most Consecutive Games Won, One Season

- 8 1984
- 5 1986
- 1999
- 3 12 Times (Last: 1998)

Most Consecutive Games Won, Start of Season

- 3 1986
- 1998
- 2 1984, 1985, 1988, 1994

Most Consecutive Games Won, End of Season

- 5 1986
- 2 6 Times (Last: 1997)

Most Consecutive Home Games Won

- 8 1983-84
- 5 1987
- 1990-91

Most Consecutive Road Games, Won

- 5 1979-80
- 4 1984
- 3 5 Times (Last: 1997)

Most Shutout Games Won or Tied, Season

- 3 1984
- 2 1986
- 1 4 Times (Last: 1998)

Most Consec. Shutout Games Won or Tied, Season

- 2 1984
- 1 7 Times (Last: 1998)

Most Consecutive Overtime Games Won, Season

- 2 1990 (Ties NFL record)
- 1 2 Times (Last: 1992)

GAMES LOST

Most Consecutive Games Lost

- 10 1980-81
- 9 1976-77
- 8 1992

Most Games Lost, Season

- 14 1992
- 12 1976, 1980
- 10 1981, 1993, 1994, 2000

Most Consecutive Games Lost, One Season

- 9 1980
- 8 1992
- 6 1994

Most Consecutive Games Lost, Start of Season

- 5 1976
- 4 1977
- 3 1990, 1996

Most Consecutive Games Lost, End of Season

- 9 1980
- 5 1976
- 4 1992

Most Consecutive Home Games Lost

- 8 1980
- 5 1992
- 4 1976, 1976-77, 1992, 1996

Most Consecutive Road Games Lost

- 8 1976-77, 1980-81
- 7 1992-93
- 5 1986, 1993, 1994-95

Most Shutout Games Lost or Tied, Season

- 2 1992
- 1 6 Times (Last: 2000)

Most Consec. Shutout Games, Lost or Tied, Season

- 2 1992
- 1 6 Times (Last: 2000)

* Combined attendance from Arrowhead (79,451) and Kaufmann Stadium adjacent to Arrowhead (3,442).



Sherman Smith (1976-82)

Most Consecutive Overtime Games Lost, Season

1 9 Times (Last: 1999)

SCORING

POINTS

Most Points, Season

418 1984
403 1983
378 1979

Fewest Points, Season

127 1982 (9 games)
140 1992 (NFL record for 16 game season)
229 1976 (14 games)

Most Points, Game

56 vs. Buffalo 10/30/77
51 vs. Kansas City 11/27/83 (OT)
49 vs. San Diego 9/15/85

Fewest Points, Game

0 9 Times (Last: at Miami 9/3/00)

Most Points, Both Teams, Game

99 Seattle (51) vs. Kansas City (48) 11/27/83 (OT)
84 Seattle (49) vs. San Diego (35) 9/15/85
80 Seattle (43) at L.A. Raiders (37) 12/18/88

Fewest Points, Both Teams, Game

14 Seattle (14) vs. Washington (0) 9/28/80
16 4 Times (Last: Seattle [6] at Den [10] 12/20/92)

Most Points, Shutout Victory, Game

45 vs. Kansas City 11/4/84
38 at Philadelphia, 9/6/98
37 vs. L.A. Raiders 12/8/86
33 vs. Cleveland 9/3/84

Fewest Points, Shutout Victory, Game

14 vs. Washington 9/28/80
16 vs. Pittsburgh 11/28/82
17 vs. N.Y. Jets 11/13/77

Most Points Overcome to Win Game

20 at Denver 12/10/95 (Trailed 0-20, Won 31-27)
18 vs. Pittsburgh 11/8/81 (Trailed 3-21, Won 24-21)
at Oakland 12/14/97 (Trailed 3-21, Won 22-21)

Most Points, Each Half

1st: 42 vs. Buffalo 10/30/77
34 vs. Kansas City 12/11/77
31 vs. Kansas City 11/4/84
vs. Kansas City 9/11/88
2nd: 37 vs. Kansas City 11/27/83 (OT)
(Includes 3 points in overtime)
35 vs. San Diego 9/15/85
31 vs. L.A. Raiders 10/16/83
vs. New England 9/21/86

Most Points, One Quarter

28 4 Times (Last: vs. Kansas City 9/11/88 [2nd])

Most Points, Each Quarter

1st: 21 vs. Cincinnati 9/6/81
vs. Detroit 10/18/87
vs. N.Y. Giants 11/5/95
2nd: 28 vs. Buffalo 10/30/77
vs. Kansas City 11/4/84
vs. Kansas City 9/11/88
3rd: 28 vs. San Diego 9/15/85
24 vs. Chicago 11/5/78
20 vs. Kansas City 9/20/87
vs. Chicago 12/20/87
4th: 24 vs. New England 9/21/86
21 vs. Detroit 9/24/78
at Denver 12/10/95
OT: 3 4 Times (Last: vs. Denver 11/30/92)

GAMES

Most Consecutive Games

Scoring

121 1992-99
112 1982-89
36 1990-92

TOUCHDOWNS

Most Touchdowns, Season

51 1984
50 1983
46 1979, 1987

Fewest Touchdowns, Season

14 1982 (9 games)
1992
27 1996

Most Touchdowns, Game

8 vs. Buffalo 10/30/77
7 vs. San Diego 9/15/85
6 5 Times (Last: vs. Denver 12/11/88)

Most Touchdowns, Both Teams, Game

13 Seattle (6) vs. Kansas City (7) 11/27/83 (OT)
12 Seattle (7) vs. San Diego (5) 9/15/85
10 3 Times (Last: Seattle [4] vs. Green Bay [6] 10/15/78)

Most Consecutive Games Scoring Touchdowns

48 1982-85
34 1985-88
30 1977-79

POINTS AFTER TOUCHDOWN

Most Points After Touchdown, Season

50 1984
49 1983
44 1987

Fewest Points After Touchdown, Season

- 13 1982 (9 games)
- 14 1992
- 25 1994

Most Points After Touchdown, Game

- 8 vs. Buffalo 10/30/77
- 7 vs. San Diego 9/15/85
- 6 6 Times (Last: at Jacksonville 11/12/95)

Most Points After Touchdown, Both Teams, Game

- 12 Seattle (6) vs. Kansas City (6) 11/27/83 (OT)
- 10 2 Times (Last: Seattle [4] vs. Green Bay [6] 10/15/78)

TWO-POINT CONVERSIONS

(Two-point conversion rule was adopted in 1994)

Most Two-Point Conversion Attempts, Season

- 6 1994, 1996, 1997
- 4 1998, 2000
- 2 1995, 1999

Most Two-Point Conversion Attempts, Game

- 2 at Kansas City 10/23/94 vs. San Diego 10/22/95 vs. Oakland 12/16/00
- 1 18 Times (Last: vs. Buffalo 12/23/00)

Most Two-Point Conversions Made, Season

- 4 1994, 1996
- 2 1998

Most Two-Point Conversions Made, Game

- 2 at Kansas City 10/23/94
- 1 11 Times

FIELD GOALS**Most Field Goals Attempted, Season**

- 40 1999
- 35 1986
- 34 1996
- 32 1990

Fewest Field Goals Attempted, Season

- 14 1982 (9 games)
- 16 1976
- 18 1977

Most Field Goals Attempted, Game

- 6 vs. Kansas City 9/20/87 vs. San Diego 12/12/99
- 5 4 Times (Last: vs. Houston 11/3/96)

Most Field Goals Attempted, Both Teams, Game

- 10 Seattle (6) vs. San Diego (4) 12/12/99
- 9 at Seattle (5) vs. Houston (4) 11/3/96
- 8 Seattle (5) vs. L.A. Raiders (3) 12/18/88
- Seattle (2) at San Diego (6) 9/5/93

Most Field Goals, Season

- 34 1999
- 28 1996
- 25 1991
- 23 1990, 1993, 1995

Fewest Field Goals, Season

- 9 1976
- 1977
- 10 1982 (9 games)

Most Field Goals, Game

- 5 vs. Kansas City 9/20/87 vs. L.A. Raiders 12/18/88
- 4 10 Times (Last: vs. Buffalo 10/24/99)

Most Field Goals, Both Teams, Game

- 8 Seattle (5) vs. L.A. Raiders (3) 12/18/88
- 7 4 Times (Last: Seattle (3) vs. San Diego (4) 12/12/99)

Most Consecutive Games Scoring Field Goals

- 15 1990-91
- 10 1978-79
- 9 4 Times (Last: 2000)

SAFETIES**Most Safeties, Season**

- 4 1993 (ties NFL record)
- 1 9 Times (Last: 2000)

Most Safeties, Game

- 1 13 Times (Last: vs. Oakland 12/16/00)

Most Safeties, Both Teams, Game

- 2 Seattle (0) vs. Denver (2) 1/2/83
- Seattle (1) vs. Cleveland (1) 11/14/93
- 1 33 Times (Last: Seattle [0] vs. Oakland [1] 12/23/00)

FIRST DOWNS**Most Seasons Leading League**

- 1 1978

Most First Downs, Season

- 345 1978
- 331 1997
- 315 1979

Fewest First Downs, Season

- 159 1982 (9 games)
- 207 1992
- 237 1976

Most First Downs, Game

- 34 vs. San Diego 11/22/87
- 33 vs. Kansas City 11/27/83 (OT)
- 30 3 Times (Last: vs. Denver 12/11/88)

Fewest First Downs, Game

- 1 vs. L.A. Rams 11/4/79
- 2 vs. New England 12/4/88
- 6 3 Times (Last: at Dallas 10/11/92)

Most First Downs, Rushing, Season

- 150 1978
- 131 1983
- 125 1988

Fewest First Downs, Rushing, Season

- 51 1982 (9 games)
- 75 1976
- 76 1992

Most First Downs, Rushing, Game

- 19 vs. San Diego 11/22/87
- 18 vs. Kansas City 11/27/83 (OT)
- 16 vs. Denver 12/11/88

Fewest First Downs, Rushing, Game

- 0 vs. L.A. Rams 11/4/79 vs. New England 12/4/88 vs. L.A. Raiders 10/18/92

Most First Downs, Passing, Season

- 207 1997
- 180 1989
- 179 1985

Fewest First Downs, Passing, Season

- 89 1982 (9 games)
- 114 1992
- 116 1977

Most First Downs, Passing, Game

- 21 vs. Denver 11/20/83
- 20 vs. Denver 12/15/84
- 19 vs. Oakland 10/26/97

Fewest First Downs, Passing, Game

- 1 vs. L.A. Rams 11/4/79
- 2 4 Times (Last: at Chicago 9/9/90)

Most First Downs, Penalty, Season

- 39 1978
- 31 1998
- 28 1994

Fewest First Downs, Penalty, Season

- 10 1986
- 14 1991
- 15 2000

Most First Downs, Penalty, Game

- 6 vs. N.Y. Jets 9/17/78
- vs. San Diego 11/16/81
- vs. San Diego 9/18/94

**NET YARDS GAINED
RUSHING & PASSING**

Most Plays, Season

- 1090 1985
- 1072 1978
- 1049 1997

Fewest Plays, Season

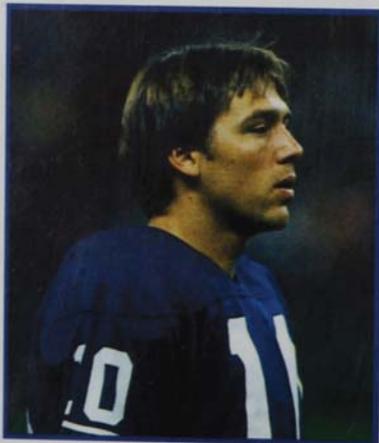
- 589 1982 (9 games)
- 869 1977
- 882 1976

Most Plays, Game

- 85 vs. Kansas City 11/27/83 (OT)
- 84 vs. Kansas City 9/29/85
- vs. San Diego 11/22/87

Fewest Plays, Game

- 35 vs. L.A. Rams 11/4/79
- 41 vs. New England 12/4/88
- 42 vs. Washington 12/23/89
- 43 at San Diego 10/25/98



Jim Zorn (1976-84)

Most Net Yards Gained, Season

- 5759 1997
- 5557 1979
- 5511 1978

Fewest Net Yards Gained, Season

- 2594 1982 (9 games)
- 3374 1992
- 4062 1976

Most Net Yards Gained, Game

- 559 vs. Buffalo 10/30/77
- 554 vs. Oakland 10/26/97
- 536 vs. Denver 12/20/86

Fewest Net Yards Gained, Game

- 7 vs. L.A. Rams 11/4/79 (NFL record)
- 62 at Dallas 10/11/92
- 65 vs. New England 12/4/88

Most Consecutive Games, 400 or More Yards Gained

- 4 1986
- 2 5 Times (Last: 1997-98)

Most Consecutive Games, 300 or More Yards Gained

- 9 1997
- 7 1978-79
- 6 1980, 1986, 2000

Highest Average Gain, Season

- 5.38 1986 (1,005-5,409)
- 5.31 1979 (1,046-5,557)
- 5.16 1996 (974-5,024)

Lowest Average Gain, Season

- 4.40 1982 (589-2,594 (9 games))
- 4.55 1989 (1,010-4,596)
- 4.57 1994 (1,018-4,652)

RUSHING

ATTEMPTS

Most Rushing Attempts, Season

- 561 1978
- 546 1983
- 517 1988

Fewest Rushing Attempts, Season

- 227 1982 (9 games)
- 374 1976
- 394 1991

Most Rushing Attempts, Game

- 57 vs. N.Y. Jets 9/11/83
- 56 vs. San Diego 9/18/83
- 54 vs. San Diego 11/22/87

Fewest Rushing Attempts, Game

- 7 vs. L.A. Raiders 11/17/91
- 9 vs. Washington 12/23/89
- 11 at Carolina 10/8/00

YARDS GAINED

Most Yards Gained Rushing, Season

- 2,394 1978
- 2,300 1986
- 2,178 1995

Fewest Yards Gained Rushing, Season

- 795 1982 (9 games)
- 1,392 1989
- 1,413 1976

Most Yards Gained Rushing, Game

- 298 vs. Denver 12/20/86
 280 vs. Kansas City 11/27/83 (OT)
 277 vs. San Diego 11/22/87

Fewest Yards Gained Rushing, Game

- 20 vs. New England 12/4/88
 23 vs. L.A. Rams 11/4/79
 vs. L.A. Raiders 11/17/91
 24 at Denver 12/27/98

AVERAGE GAIN**Highest Average Gain, Rushing, Season**

- 4.57 1995 (477-2,178)
 4.52 1996 (442-1,997)
 4.48 1986 (513-2,300)

Lowest Average Gain, Rushing, Season

- 3.32 1984 (495-1,645)
 3.44 1989 (405-1,392)
 3.45 1999 (408-1,408)
 3.50 1982 (227-795) (9 games)

TOUCHDOWNS**Most Touchdowns, Rushing, Season**

- 28 1978
 24 1979
 20 1995

Fewest Touchdowns, Rushing, Season

- 4 1982 (9 games)
 1992
 5 1989
 1999

Most Touchdowns, Rushing, Game

- 4 7 Times (Last: at Jacksonville 11/12/95)

PASSING**ATTEMPTS****Most Passes Attempted, Season**

- 609 1997
 575 1985
 559 1989

Fewest Passes Attempted, Season

- 326 1982 (9 games)
 387 1977
 405 1987

Most Passes Attempted, Game

- 61 vs. Kansas City 9/29/85
 51 3 Times (Last: vs. L.A. Rams 9/23/85)

Fewest Passes Attempted, Game

- 14 vs. Kansas City 12/11/77
 15 vs. Pittsburgh 12/6/87
 16 3 Times (Last: vs. Cincinnati 11/18/84)

Most Passes Attempted, Both Teams, Game

- 87 Seattle (24) at NY Jets (63) 12/6/98
 84 Seattle (42) vs. San Diego (42) 12/14/80
 Seattle (46) vs. Kansas City (38) 12/9/84
 Seattle (31) vs. Phoenix (53) 12/19/93 (OT)

Fewest Passes Attempted, Both Teams, Game

- 30 Seattle (20) vs. New England (10) 12/4/88
 33 Seattle (15) vs. Pittsburgh (18) 12/6/87
 38 Seattle (23) vs. New England (15) 10/9/77

COMPLETIONS**Most Passes Completed, Season**

- 359 1997
 316 1989
 308 2000

Fewest Passes Completed, Season

- 175 1977
 176 1982 (9 games)
 229 1976

Most Passes Completed, Game

- 33 vs. Atlanta 10/13/85
 31 vs. Kansas City 9/27/81
 vs. Denver 11/20/83

Fewest Passes Completed, Game

- 2 vs. L.A. Rams 11/4/79
 4 vs. L.A. Raiders 10/16/83
 5 vs. New England 10/9/77
 at Oakland 12/22/96

Most Passes Completed, Both Teams, Game

- 59 Seattle (17) at NY Jets (42) 12/6/98
 56 Seattle (22) vs. San Diego (34) 9/15/85
 55 Seattle (20) vs. St. Louis (35) 9/10/00

Fewest Passes Completed, Both Teams, Game

- 14 Seattle (5) vs. New England (9) 10/9/77
 Seattle (9) vs. New England (5) 12/4/88
 17 Seattle (10) vs. Cleveland (7) 12/18/77

YARDS GAINED**Most Net Yards Gained, Passing, Season**

- 3,959 1997
 3,590 1979
 3,427 1981

Fewest Net Yards Gained, Passing, Season

- 1,778 1992
 1,799 1982 (9 games)
 2,328 1977

Most Net Yards Gained, Passing, Game

- 409 vs. Oakland 10/26/97
 406 vs. Denver 11/25/84
 391 vs. New Orleans 11/18/79

Fewest Net Yards, Gained Passing, Game

- 30 vs. L.A. Rams 11/4/79
 2 vs. L.A. Raiders 10/16/83
 13 at Oakland 12/22/96

TIMES SACKED**Most Times Sacked, Season**

- 67 1992
 53 1985
 51 1980

Fewest Times Sacked, Season

- 21 1977
 23 1979
 28 1976

Most Times Sacked, Game

- 9 vs. Kansas City 11/11/90
 8 vs. Cleveland 9/12/82
 vs. Dallas 12/4/83
 at Denver 12/20/92

COMPLETION PERCENTAGE

Highest Completion Percentage, Season

60.75 2000 (507-308)
59.42 1991 (488-290)
59.16 1986 (453-268)

Lowest Completion Percentage, Season

45.22 1977 (387-175)
47.71 1976 (480-229)
48.32 1992 (476-230)

TOUCHDOWNS

Most Touchdowns, Passing, Season

32 1984
31 1987
28 1985

Fewest Touchdowns, Passing, Season

9 1982 (9 games)
1992
13 1976, 1993, 1994

Most Touchdowns, Passing, Game

5 vs. Detroit 12/2/84
vs. San Diego 9/15/85
vs. L.A. Raiders 11/28/88
vs. Oakland 10/26/97

Most Touchdowns, Passing, Both Teams, Game

10 Seattle (5) vs. San Diego (5) 9/15/85
7 6 Times (Last: Seattle [5] vs. Oakland [2]
10/26/97)

PASSES HAD INTERCEPTED

Most Passes Had Intercepted, Season

32 1977
30 1976
26 1984, 1991

Fewest Passes Had Intercepted, Season

9 1994
13 1982 (9 games)
14 1986

Most Passes Had Intercepted, Game

6 vs. Detroit 10/24/76
vs. Kansas City 12/9/84
5 2 Times (Last: vs. Kansas City 9/29/85)

PUNTING

Most Punts, Season

108 1992
95 1984
91 1985, 1993, 1994

Fewest Punts, Season

49 1982 (9 games)
61 1987
64 1977

Most Punts, Game

12 vs. Denver 11/28/93
11 3 Times (Last: vs. Philadelphia 12/13/92
[OT])

Fewest Punts, Game

1 9 Times (Last: at Oakland, 12/5/99)

AVERAGE YARDAGE

Highest Average Distance, Punting, Season

45.00 1995 (83-3,735)
44.07 1992 (108-4,760)
1998 (81-3,570)
44.03 1993 (91-4,007)

Lowest Average Distance, Punting, Season

36.89 1978 (69-2,543)
37.40 1976 (82-3,067)
37.55 1984 (95-3,567)

HAD BLOCKED

Most Punts Had Blocked, Season

3 1979
2 1977
1980
1997

Most Punts Had Blocked, Game

2 vs. Kansas City 9/30/79
1 12 Times (Last: vs. Oakland 12/16/00)

Most Consecutive Punts Without A Block

612 1980-88
521 1989-93
254 1993-96
1997-2000

INSIDE THE 20

Most Punts Inside the Opponents' 20 Yard Line, Season

34 1999
33 1994
29 1992
27 1998
25 1983

Fewest Punts Inside the Opponents' 20 Yard Line, Season

9 1982 (9 games)
10 1986
11 1977
1979
1991

Most Punts Inside the Opponents' 20 Yard Line, Game

6 vs. Minnesota 11/10/96
vs. Kansas City 12/26/99
5 vs. New England 12/18/83
vs. Denver 11/30/92 (OT)
at Washington 9/4/94

PUNT RETURNS

Most Punt Returns, Season

53 1985
44 1984
41 1981
1998

Fewest Punt Returns, Season

21 1982 (9 games)
30 1989, 1999, 2000
31 1977

Most Punt Returns, Game

7 vs. Tampa Bay 10/17/76
vs. N.Y. Jets 11/13/77
6 3 Times (Last: vs. L.A. Raiders 12/8/86)

Fewest Punt Returns, Game

0 31 Times (Last: at Denver 12/10/00)

FAIR CATCHES**Most Fair Catches, Season**27 1992
24 1999
23 1994
20 1991**Fewest Fair Catches, Season**4 1977
5 1978
6 4 Times (Last: 1983)**Most Fair Catches, Game**

5 4 Times (Last: vs. Denver 11/30/92 [OT])

YARDS GAINED**Most Yards, Punt Returns, Season**484 1984
483 1985
457 1986**Fewest Yards, Punt Returns, Season**217 1977
228 1982 (9 games)
246 1976**Most Yards, Punt Returns, Game**106 at Pittsburgh 9/26/99
105 vs. N.Y. Giants 11/5/95
103 vs. Philadelphia 11/23/86
101 vs. Pittsburgh 9/7/86**Fewest Yards, Punt Returns, Game**-2 vs. Washington 9/19/76
at N.Y. Giants 10/25/92
at Kansas City 9/15/96**AVERAGE YARDS RETURNING PUNTS****Highest Average, Punt Returns, Season**13.97 1999 (30-419)
12.80 2000 (30-384)
11.72 1986 (39-457)**Lowest Average, Punt Returns, Season**6.31 1976 (39-246)
6.70 1997 (37-248)
7.00 1977 (31-217)**TOUCHDOWNS RETURNING PUNTS****Most Touchdowns, Punt Returns, Season**2 1998
1 8 Times (Last: 1999)**Most Touchdowns, Punt Returns, Game**

1 10 Times (Last: at Pittsburgh 9/26/99)

KICKOFF RETURNS**Most Kickoff Returns, Season**80 2000
79 1976
76 1997**Fewest Kickoff Returns, Season**29 1982 (9 games)
50 1990, 1992, 1993**Most Kickoff Returns, Game**9 vs. New Orleans 11/21/76
vs. Kansas City 11/27/83 (OT)
8 10 Times (Last: vs. Indianapolis 10/15/00)**Fewest Kickoff Returns, Game**

0 4 Times (Last: at Detroit 10/17/93)

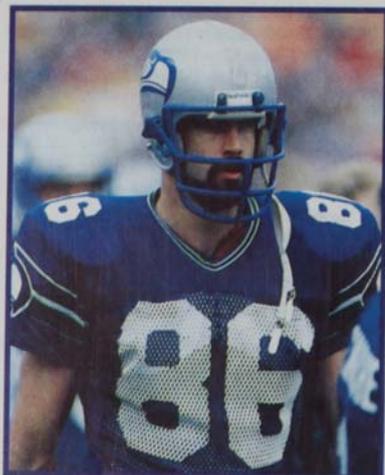
YARDS GAINED**Most Yards, Kickoff Returns, Season**1,932 2000
1,620 1995
1,605 1976**Fewest Yards, Kickoff Returns, Season**544 1982 (9 games)
885 1992
931 1993**Most Yards, Kickoff Returns, Game**268 vs. Indianapolis 10/15/00
251 vs. New Orleans 11/21/76
209 vs. Kansas City 11/27/83 (OT)**Fewest Yards, Kickoff Returns, Game**

0 4 Times (Last: at Detroit 10/17/93)

AVERAGE YARDAGE**Highest Average, Kickoff Returns, Season**24.15 2000 (80-1,932)
23.59 1998 (64-1,510)
22.75 1999 (68-1,547)**Lowest Average, Kickoff Returns, Season**17.70 1992 (50-885)
18.52 1981 (69-1,278)
18.62 1993 (50-931)**TOUCHDOWNS****Most Touchdowns, Kickoff Returns, Season**

1 5 Times (Last: 2000)

Most Touchdowns, Kickoff Returns, Game1 at St. Louis 11/13/83
vs. Kansas City 10/8/89
at San Diego 10/30/94
vs. Washington 9/20/98
vs. Buffalo 12/23/00**FUMBLES****Most Fumbles, Season**43 1989
41 1981
38 1980**Fewest Fumbles, Season**21 1982 (9 games)
24 1984, 1995, 1996**Most Fumbles, Game**8 vs. Houston 11/20/77
vs. Kansas City 11/5/89
at Arizona 10/29/95 (OT)**FUMBLES LOST****Most Fumbles Lost, Season**23 1981
20 1983
19 1978, 1994



Mike Tice (1981-88, 1990-91)

Fewest Fumbles Lost, Season

- 9 1995
- 11 1982 (9 games)
- 1997

Most Fumbles Lost, Game

- 5 vs. Green Bay 10/15/78
- vs. Denver 12/13/81
- 4 5 Times (Last: vs. Oakland 11/1/98)

FUMBLES RECOVERED

Most Fumbles Rec., Season, Own and Opponents

- 44 1983 (16 own, 28 opp)
- 42 1989 (29 own, 13 opp)
- 41 1981 (14 own, 27 opp)

Fewest Fumbles Rec., Season, Own & Opponents

- 19 1982 (10 own, 9 opp) (9 games)
- 20 1995 (11 own, 9 opp)
- 21 1977 (10 own, 11 opp)
- 1986 (7 own, 14 opp)

Most Fumbles Rec., Game, Own & Opponents

- 8 vs. Cleveland 12/20/81 (1 own, 7 opp)
- 7 vs. Chicago 12/20/87 (4 own, 3 opp)
- vs. San Diego 11/25/90 (4 own, 3 opp)

Most Own Fumbles Recovered, Season

- 29 1989
- 22 1980
- 18 1992

Fewest Own Fumbles Recovered, Season

- 7 1986
- 8 1984
- 9 1976
- 1991

Most Opponents Fumbles Recovered, Season

- 28 1983
- 27 1981
- 25 1984

Fewest Opponents Fumbles Recovered, Season

- 9 1982 (9 games)
- 1995
- 11 3 Times (Last: 1994)

Most Opponents Fumbles Recovered, Game

- 7 vs. Cleveland 12/20/81
- 6 at Oakland 12/22/96
- 5 vs. L.A. Raiders 10/16/83
- vs. Cleveland 11/14/93

TOUCHDOWNS

Most Touchdowns, Opponent Fumbles Recovered, Season

- 3 1997
- 2 6 Times (Last: 2000)

Most TDs, Fumbles Recovered, Game, Own and Opponents

- 2 vs. Denver 11/25/00 (Seattle-2)
- 1 18 Times (Last: at Baltimore 12/7/97 [opp])

TURNOVERS

(Number of times losing the ball on interceptions and fumbles)

Most Turnovers, Season

- 48 1976 (30 ints, 18 fums)
- 45 1977 (32 ints, 13 fums)
- 43 1991 (26 ints, 17 fums)

Fewest Turnovers, Season

- 24 1982 (13 ints, 11 fums) (9 games)
- 27 1986 (14 ints, 13 fums)
- 28 1994 (9 ints, 19 fums)

Most Turnovers, Game

- 8 vs. Detroit 10/24/76 (6 ints, 2 fums)
- vs. Denver 11/20/83 (4 ints, 4 fums)
- 7 3 Times (Last: at Arizona 10/29/95 [OT])
- [4 ints, 3 fums])

Most Turnovers, Both Teams, Game

- 14 Seattle (4) vs. Cleveland (10) 12/20/81
- 11 Seattle (7) vs. Kansas City (4) 9/29/85
- Seattle (8) at Arizona (3) 10/29/95 (OT)

Fewest Turnovers, Both Teams, Game

- 0 Seattle (0) vs. L.A. Raiders (0) 12/18/94
- Seattle (0) at San Diego (0) 10/25/98
- 1 17 Times (Last: Seattle [0] at Jacksonville [1] 11/12/00)

PENALTIES

Fewest Penalties, Season

- 59 1982 (9 games)
- 76 1977
- 79 1987, 1989

Most Penalties, Season

- 128 1984
- 117 1998
- 114 1994
- 112 1996

Fewest Penalties, Game

- 0 vs. Pittsburgh 12/6/87
- 1 vs. St. Louis 9/12/76
- vs. L.A. Raiders 12/18/88
- vs. St. Louis 9/10/00

Most Penalties, Game

- 17 vs. Green Bay 10/21/84
- 15 vs. Tampa Bay 10/17/76
- vs. San Diego 10/9/83

Fewest Penalties, Both Teams, Game

- 5 Seattle (3) vs. Detroit (2) 12/2/84
- Seattle (5) vs. New Orleans (0) 11/10/85
- Seattle (3) vs. Kansas City (2) 12/1/91
- Seattle (1) vs. St. Louis (4) 9/10/00

Most Penalties, Both Teams, Game

- 35 Seattle (15) vs. Tampa Bay (20) 10/17/76
- 30 Seattle (13) vs. Kansas City (17) 11/8/98
- 28 Seattle (17) vs. Green Bay (11) 10/21/84
- 24 Seattle (10) vs. L.A. Raiders (14) 11/3/85

YARDS PENALIZED**Fewest Yards Penalized, Season**

- 523 1982 (9 games)
- 666 1977
- 668 1987

Most Yards Penalized, Season

- 1,179 1984
- 918 1992
- 914 1998
- 911 1997

Fewest Yards Penalized, Game

- 0 vs. Pittsburgh 12/6/87
- 10 4 Times (Last: vs. St. Louis 9/10/00)

Most Yards Penalized, Game

- 145 vs. Denver 12/8/79
- 141 at Oakland 11/15/98
- 134 vs. Denver 9/7/97
- 129 at Jacksonville 11/12/95

Fewest Yards Penalized, Both Teams, Game

- 26 Seattle (10) vs. St. Louis (16) 9/10/00
- 27 Seattle (20) vs. Kansas City (7) 12/1/91
- 30 Seattle (20) vs. Detroit (10) 12/2/84

Most Yards Penalized, Both Teams, Game

- 310 Seattle (120) vs. Tampa Bay (190) 10/17/76
- 273 Seattle (145) vs. Denver (128) 12/8/79
- 248 Seattle (96) vs. Kansas City (152) 11/8/98
- 236 Seattle (45) vs. Philadelphia (191) 12/13/92 (OT)

TIME OF POSSESSION**Highest Average Time of Possession, Season**

- 30:47 1990
- 30:47 1997
- 30:46 1984

Lowest Average Time of Possession, Season

- 27:05 1998
- 27:31 2000
- 27:48 1999
- 28:01 1996
- 28:04 1982

Highest Time of Possession, Game

- 41:35 vs. San Diego 11/22/87
- 40:21 vs. Denver 10/22/89 (OT)
- 39:55 vs. Pittsburgh 10/20/91

Lowest Time of Possession, Game

- 14:28 vs. L.A. Rams 11/4/79
- 17:10 vs. San Francisco 9/25/88
- 17:58 vs. New England 12/19/82

**Kenny Easley (1981-87)**

DEFENSIVE RECORDS

SCORING

Fewest Points Allowed, Season

147 1982 (9 games)
261 1991
282 1984

Most Points Allowed, Season

429 1976
408 1980
405 2000

Fewest Points Allowed, Game

0 9 Times (Last: at Philadelphia 9/6/98)

Most Points Allowed, Game

51 vs. New Orleans 11/21/76
vs. Dallas 11/27/80
48 vs. Kansas City 11/27/83 (OT)

Fewest Touchdowns Allowed, Season

18 1982 (9 games)
25 1991
32 1990, 1992, 1993

Most Touchdowns Allowed, Season

53 1976
48 1983
47 1980

Fewest Touchdowns Allowed, Game

0 30 Times (Last: at San Diego 9/24/00)

Most Touchdowns Allowed, Game

7 vs. Dallas 11/27/80
vs. Kansas City 11/27/83
6 5 Times (Last: vs. Buffalo 12/23/00)

FIRST DOWNS

Fewest First Downs Allowed, Season

167 1982 (9 games)
247 1992
263 1991

Most First Downs Allowed, Season

371 1981
351 1983
350 1979

Fewest First Downs Allowed, Game

6 vs. San Diego 11/22/87
8 at N.Y. Jets 11/13/77
9 vs. Pittsburgh 9/7/86
vs. Indianapolis 9/29/91

Most First Downs Allowed, Game

32 at San Diego 9/15/85
31 at Chicago 12/20/87
at Denver 12/1/96
at NY Jets 12/6/98

Fewest First Downs Allowed, Rushing, Season

86 1982 (9 games)
1990
90 1985

Most First Downs Allowed, Rushing, Season

175 1981
166 1976
153 1978

Fewest First Downs Allowed, Rushing, Game

0 at Green Bay 12/9/90
1 6 Times (Last: at Oakland 12/14/97)

Most First Downs Allowed, Rushing, Game

19 vs. New Orleans 11/21/76
18 3 Times (Last: at Kansas City 11/22/81)

Fewest First Downs Allowed, Passing, Season

68 1982 (9 games)
125 1977
129 1992

Most First Downs Allowed, Passing, Season

197 1998
195 1983
193 1993

Fewest First Downs Allowed, Passing, Game

2 4 Times (Last: at Indianapolis 9/14/97)

Most First Downs Allowed, Passing, Game

27 at San Diego 9/15/85
21 at NY Jets 12/6/98
20 at Oakland 12/16/79
vs. Washington 9/20/98
at San Diego 10/25/98
vs. St. Louis 9/10/00

Fewest First Downs Allowed, Penalty, Season

12 1991
13 1982 (9 games)
16 1987, 1988, 1989

Most First Downs Allowed, Penalty, Season

33 1979
30 1996
29 1984
1998

Most First Downs Allowed, Penalty, Game

7 at Kansas City 10/17/96
5 4 Times (Last: at NY Jets 12/6/98)

OFFENSIVE PLAYS

Fewest Opponents Plays Allowed, Season

600 1982 (9 games)
950 1990
954 1987

Most Opponents Plays Allowed, Season

1137 1998
1126 1981
1085 1993
1078 1979, 1995

Fewest Opponents Plays Allowed, Game

39 vs. San Diego 11/22/87
41 vs. Pittsburgh 10/20/91
43 vs. L.A. Raiders 9/16/90

Most Opponents Plays Allowed, Game

95 vs. L.A. Rams 11/4/79
vs. Philadelphia 12/13/92 (OT)
88 vs. Denver 10/29/78 (OT)

Fewest Opponents Plays Allowed, Rushing, Season

337 1982 (9 games)
413 1990
435 1991

Most Opponents Plays Allowed, Rushing, Season

614 1976
596 1977
588 1981

Fewest Opponents Plays Allowed, Rushing, Game

10 vs. Green Bay 12/9/90
12 vs. San Diego 11/22/87
vs. Minnesota 11/10/96

Most Opponents Plays Allowed, Rushing, Game

63 vs. L.A. Rams 11/4/79
61 vs. Cincinnati 10/11/87
60 2 Times (Last: vs. Pittsburgh 10/23/83)

Fewest Opponents Plays Allowed, Passing, Season

253 1982 (9 games)
367 1977
394 1976

Most Opponents Plays Allowed, Passing, Season

650 1998
633 1993
582 1986
1995

Fewest Opponents Attempts Allowed, Passing, Game

9 at N.Y. Giants 10/25/92
10 vs. New England 12/4/88
11 vs. Cincinnati 10/11/87

Most Opponents Attempts Allowed, Passing, Game

63 at NY Jets 12/6/98
59 vs. Kansas City 9/11/88
55 vs. Kansas City 11/4/84
at Houston 11/7/93

NET YARDS ALLOWED RUSHING & PASSING

Fewest Yards Allowed, Season

2794 1982 (9 games)
4583 1992
4606 1990

Most Yards Allowed, Season

6391 2000
6029 1983
5940 1981

Fewest Yards Allowed, Game

118 at Indianapolis 9/14/97
120 vs. Cleveland 9/3/84
124 vs. N.Y. Jets 11/13/77

Most Net Yards Allowed, Game

580 vs. San Francisco 9/25/88
579 vs. Buffalo 12/23/00
557 vs. San Diego 9/15/85

RUSHING

Fewest Yards Allowed, Rushing, Season

1461 1982 (9 games)
1606 1990
1660 1993

Most Yards Allowed Rushing, Season

2881 1976
2806 1981
2517 1978

Fewest Yards Allowed, Rushing, Game

13 vs. Green Bay 12/9/90
15 vs. Minnesota 11/10/96
17 vs. San Diego 11/22/87

Most Yards Allowed, Rushing, Game

356 vs. L.A. Raiders 11/30/87
303 vs. L.A. Rams 11/4/79
301 vs. Denver 11/26/00

Fewest Touchdowns Allowed, Rushing, Season

4 1991
7 1990
10 1997

Most Touchdowns Allowed, Rushing, Season

23 1979
21 1977
20 1976, 1978, 1981, 2000

Most Touchdowns Allowed, Rushing, Game

4 3 Times (Last: vs. Dallas 11/27/80)

PASSING

Fewest Net Yards Allowed, Passing, Season

1333 1982 (9 games)
2333 1977
2524 1976

Most Net Yards Allowed, Passing, Season

3972 1998
3937 2000
3831 1983
3653 1993

Fewest Net Yards Allowed, Passing, Game

12 at Philadelphia 12/6/98
15 vs. Kansas City 9/30/79
23 at Indianapolis 9/21/97
25 vs. N.Y. Jets 11/13/77

Most Net Yards Allowed, Passing, Game

494 vs. San Diego 9/15/85
427 vs. NY Jets 11/2/86
418 at NY Jets 12/6/98
405 vs. Phoenix 12/19/93 (OT)

Fewest Touchdowns Allowed, Passing, Season

4 1982 (9 games)
11 1992
15 1994

Most Touchdowns Allowed, Passing, Season

33 1983
28 1980
27 1976

Most Touchdowns Allowed, Passing, Game

5 vs. San Diego 9/15/85
vs. San Francisco 9/25/88
4 10 Times (Last: vs. Denver 11/26/89)

SACKS

Most Sacks, Season

61 1985
55 1984
53 1998
48 1996

Fewest Sacks, Season

17 1982 (9 games)
18 1977
25 1978

Most Sacks, Game

- 11 vs. L.A. Raiders 12/8/86
- 10 vs. Philadelphia 12/13/92 (OT)
- 9 vs. Philadelphia 11/23/86
- vs. Buffalo 12/8/96
- at Philadelphia 9/6/98

Most Opp. Yards Lost Attempting to Pass, Season

- 464 1985
- 398 1984
- 351 1983

Fewest Opp. Yards Lost Att. to Pass, Season

- 131 1977
- 135 1982 (9 games)
- 152 2000

Most Opp. Yards Lost Attempting to Pass, Game

- 89 vs. Philadelphia 12/13/92 (OT)
- 68 vs. L.A. Raiders 12/8/86
- 65 vs. L.A. Raiders 10/16/83

INTERCEPTIONS**Most Seasons Leading League**

- 1 1984
- 1999

Most Passes Intercepted By, Season

- 38 1984
- 30 1999
- 26 1983
- 25 1977
- 24 1998

Fewest Passes Intercepted By, Season

- 9 1989
- 12 1990
- 13 1982 (9 games)
- 1997

Most Passes Intercepted By, Game

- 7 vs. San Diego 12/13/98
- 6 vs. Kansas City 11/4/84
- 5 vs. Houston 10/5/80
- at Pittsburgh 12/6/92
- at Pittsburgh 9/26/99

Most Consecutive Games, One or More Interceptions By

- 17 1983-84
- 11 1993
- 8 1990-91
- 1999

Most Yards, Returning Interceptions, Season

- 697 1984 (3rd in NFL history)
- 455 1998
- 397 1981
- 356 1977

Fewest Yards Returning Interceptions, Season

- 57 1989
- 95 1980
- 127 1995

Most Yards Returning Interceptions, Game

- 325 vs. Kansas City 11/4/84 (NFL record)
- 146 vs. Cincinnati 9/25/77
- 125 vs. Cleveland 12/20/81

Most TDs Returning Interceptions, Season

- 8 1998 (2nd in NFL history)
- 7 1984 (3rd in NFL history)
- 3 1981, 1985

Most Touchdowns Returning Interceptions, Game

- 4 vs. Kansas City 11/4/84 (NFL record)
- 2 vs. Chicago 9/23/83
- vs. Arizona 9/13/98
- 1 34 Times (Last: at Atlanta 12/3/00)

Most TDs Returning Interceptions, Both Teams, Game

- 4 Seattle (4) vs. K.C. (0) 11/4/84 (NFL record)
- 2 7 Times
- (Last: Seattle [2] vs. Arizona [0] 9/13/98)

PUNTING**Fewest Opponent Punts, Season**

- 50 1982 (9 games)
- 54 1977
- 55 1981

Most Opponent Punts, Season

- 97 1985
- 96 1992
- 83 1984

Fewest Opponent Punts, Game

- 0 at Oakland 12/16/79
- 1 18 Times (Last: vs Buffalo 12/23/00)

Most Opponent Punts, Game

- 11 at Denver 10/25/85 (OT)
- vs. Denver 11/30/92 (OT)
- 10 2 Times (Last: vs. Philadelphia 12/13/92 (OT))

AVERAGE YARDAGE**Highest Opponent Average, Punting, Season**

- 45.00 1995 (83-3735)
- 43.55 1998 (78-3,397)
- 42.49 1981 (55-2337)
- 42.09 1988 (66-2778)

Lowest Opponent Average, Punting, Season

- 35.00 1976 (65-2275)
- 35.96 1977 (54-1942)
- 37.91 1979 (69-2616)

Highest Opponent Average, Punting, Game (Min. 3)

- 56.6 at Denver 11/25/84 (5-283)
- 56.0 at Pittsburgh 9/26/99 (5-280)
- 53.0 vs. Pittsburgh 11/8/81 (3-156)
- 50.5 at San Diego 9/18/88 (4-202)

Lowest Opponent Average, Punting, Game (Min. 3)

- 17.0 vs. Buffalo 10/14/84 (4-69)
- 24.0 vs. San Diego 9/4/78 (4-72)
- vs. Philadelphia 11/2/80 (3-72)

HAD BLOCKED**Most Opponent Punts Blocked, Season**

- 4 1984, 1986
- 2 1976, 1977, 1980, 1985

Most Opponent Punts Blocked, Game

- 2 vs. Buffalo 10/14/84
- at New England 9/21/86
- 1 16 Times (Last: at Indianapolis 10/2/94)

Most Consecutive Opponent Punts Without A Block

- 512 1994-2000
- 258 1987-91
- 228 1991-94

INSIDE THE 20

Most Opponent Punts Inside the Opponents' 20, Season

- 25 1994
- 24 1995
- 23 1992, 1996, 1998, 1999

Fewest Opponent Punts Inside the Opponents' 20, Season

- 10 1976
- 1982 (9 games)
- 11 1977

Most Opponent Punts Inside the Opponents' 20, Game

- 4 8 Times (Last: vs. Philadelphia 12/13/92 (OT))

PUNT RETURNS

Fewest Opponents Punt Returns, Season

- 19 1982 (9 games)
- 29 1990
- 32 1984, 1987, 2000

Most Opponents Punt Returns, Season

- 56 1976
- 1992
- 52 1996

Fewest Yards Allowed, Punt Returns, Season

- 69 1982 (9 games)
- 151 2000
- 153 1981

Most Yards Allowed, Punt Returns, Season

- 640 1996
- 549 1995
- 534 1976

Fewest Yards Allowed, Punt Returns, Game

- 12 vs. L.A. Rams 10/23/88
- 4 vs. Denver 11/30/92 (OT)
- 3 vs. Chicago 12/12/82

Most Yards Allowed, Punt Returns, Game

- 184 at Baltimore 12/7/97
- 110 at L.A. Raiders 12/12/93
- 110 at Denver 12/5/99
- 100 vs. Kansas City 11/22/92

Most Seasons Leading League, Lowest Average Allowed, Punt Returns

- 1 1981
- 1983
- 1988

Lowest Average Allowed, Punt Returns, Season

- 3.63 1982 (19-69) (9 games)
- 4.64 1981 (33-153) (Led NFL)
- 4.72 2000 (32-151) (Led AFC)

Highest Average Allowed, Punt Returns, Season

- 12.31 1996 (52-640)
- 12.18 1997 (38-463)
- 11.44 1995 (48-549)

Longest Return Allowed, Game

- 95 vs. N.Y. Jets 11/9/87 (TD)
- 89 at Baltimore 12/7/97 (TD)
- 86 vs. Kansas City 11/22/92 (TD)

Most Touchdowns Allowed, Punt Returns, Season

- 2 1990
- 1997
- 1 7 Times (Last: 1999)

Most Touchdowns Allowed, Punt Return, Game

- 2 at Baltimore 12/7/97

KICKOFF RETURNS

Fewest Opponent Kickoff Returns, Season

- 24 1982 (9 games)
- 36 1992
- 44 1989

Most Opponent Kickoff Returns, Season

- 81 1999
- 77 1997
- 72 1996
- 70 1979, 1995

Fewest Opponent Kickoff Returns, Game

- 0 7 Times (Last: vs. Denver 11/28/93)

Most Opponent Kickoff Returns, Game

- 10 vs. Kansas City 9/20/87
- 9 3 Times (Last: vs. San Diego 11/16/81)

Fewest Yards Allowed, Kickoff Returns, Season

- 361 1982 (9 games)
- 685 1992
- 814 1989

Most Yards Allowed, Kickoff Returns, Season

- 1779 1997
- 1669 1995
- 1642 1996

Fewest Yards Allowed, Kickoff Returns, Game

- 0 6 Times (Last: at Denver 11/28/93)

Most Yards Allowed, Kickoff Returns, Game

- 230 vs. Kansas City 9/20/87
- 223 vs. Oakland 10/26/97
- 217 vs. Buffalo 10/30/77

Most Seasons Leading League, Lowest Average Allowed, Kickoff Returns

- 1982, 1983

Lowest Average Allowed, Kickoff Returns, Season

- 15.04 1982 (24-36) (Led NFL) (9 games)
- 16.14 1983 (59-952) (Led NFL)
- 16.66 1984 (67-1,116)

Highest Avg. Allowed, Kickoff Returns, Season

- 24.80 1977 (50-1,240)
- 23.84 1995 (70-1,669)
- 23.10 1997 (77-1,779)

Longest Return Allowed, Game

- 99 vs. Kansas City 9/3/95
- 95 vs. Green Bay 11/15/78 (TD)
- vs. L.A. Raiders 11/28/88
- at Detroit 10/19/93 (TD)

Most TDs Allowed, Kickoff Returns, Season

- 2 1995
- 1 1978
- 1987
- 1993
- 1997

Most TDs Allowed, Kickoff Returns, Game

- 1 vs. Green Bay 11/15/78 (95 yards) at Kansas City 12/27/87 (92 yards) at Detroit 10/19/93 (95 yards) vs. Kansas City 9/3/95 (99 yards) at Kansas City 12/24/95 (89 yards) vs. Atlanta 11/30/97 (93 yards)

FUMBLES

Fewest Opponent Fumbles, Season

- 17 1995
- 18 1982 (9 games)
- 20 1977



Ring of Honor member Pete Gross (Radio Play-by-Play, 1976-92).

Most Opponent Fumbles, Season

- 47 1984
- 44 1983
- 43 1981

Most Opponent Fumbles, Game

- 9 vs. Cleveland 12/20/81
at Oakland 12/22/96
- 7 3 Times (Last: vs. Cincinnati 10/11/87)

TAKEAWAYS

(Number of times taking ball from opponent on interceptions and fumbles)

Most Seasons Leading League in Most Takeaways

- 1 1984

Fewest Opponent Turnovers, Season

- 22 1982 (13 ints, 9 fums) (9 games)
1989 (9 ints, 13 fums)
- 25 1995 (16 ints, 9 fums)

Most Opponent Turnovers, Season

- 63 1984 (38 ints, 25 fums) (2nd in NFL history)
- 54 1983 (26 ints, 28 fums)
- 48 1981 (21 ints, 27 fums)

Most Opponent Turnovers, Game

- 10 vs. Cleveland 12/20/81 (3 ints, 7 fums)
- 8 3 Times (Last: vs. San Diego 12/13/98
(7 int, 2 fumbles))

TIME OF POSSESSION

Lowest Average Time of Possession Allowed, Season

- 29:13 1990
- 1997
- 29:14 1984

Highest Average Time of Possession Allowed, Season

- 32:55 1998
- 32:29 2000
- 32:12 1999

Least Time of Possession Allowed, Game

- 18:25 vs. San Diego 11/22/87
- 20:05 vs. Pittsburgh 10/20/91
- 20:56 vs. San Diego 9/18/83

Most Time of Possession Allowed, Game

- 46:47 vs. Philadelphia 12/13/92 (OT)
- 45:32 vs. L.A. Rams 11/4/79
- 42:50 vs. San Francisco 9/25/88

OPPONENT RECORDS

SCORING

POINTS

Most Points, Game

- 24 Terrell Middleton, Green Bay, at Milwaukee 10/15/78 (4 TDs)
- Roy Green, at St. Louis 11/13/83 (4 TDs)
- 20 Joe Danelo, N.Y. Giants 10/18/81 (6 FGs, 2 PATs)

TOUCHDOWNS

Most Touchdowns, Game

- 4 Terrell Middleton, Green Bay, at Milwaukee 10/15/78 (4 Rush)
- Roy Green, at St. Louis 11/13/83 (4 Rec)
- 3 Eric Dickerson, L.A. Rams 9/23/85 (3 Rush)
- Bo Jackson, L.A. Raiders 11/30/87 (2 Rush, 1 Rec)
- Marcus Allen, Kansas City 12/5/93 (3 Rush)
- Antowain Smith, Buffalo 12/23/00 (3 Rush)

POINTS AFTER TOUCHDOWN

Most Points After Touchdown Attempted, Game

- 7 Rafael Septien, at Dallas 11/27/80
- 6 6 Times (Last: Steve Christie, vs. Buffalo 12/23/00)

Most Points After Touchdown, Game

- 7 Rafael Septien, at Dallas 11/27/80 (7 attempts)
- 6 5 Times (Last: Steve Christie, vs. Buffalo 12/23/00 [6 attempts])

Most Points After Touchdown, No Misses, Game

- 7 Rafael Septien, at Dallas 11/27/80
- 6 5 Times (Last: Steve Christie vs. Buffalo 12/23/00)

FIELD GOALS

Most Field Goals Attempted, Game

- 6 Joe Danelo, N.Y. Giants 10/18/81
- John Carney, at San Diego 9/5/93
- Doug Pelfrey, Cincinnati 11/6/94 (OT)

Most Field Goals, Game

- 6 Joe Danelo, N.Y. Giants 10/18/81
- John Carney, at San Diego 9/5/93
- Doug Pelfrey, Cincinnati 11/6/94 (OT)

Most Field Goals, One Quarter

- 3 Rich Karlis, at Denver 11/20/83 (4th)
- Al Del Greco, at Houston 11/7/93 (2nd)

Longest Field Goal

- 57 Nick Lowery, at Kansas City 9/14/80
- Steve Cox, at Washington 9/28/86
- 55 Fred Steinfort, Denver 12/21/80

Longest Field Goal Attempted

- 66 Jason Elam, at Denver 12/10/95
- 64 Jason Elam, at Denver 12/5/99
- 61 Ali Haji-Sheikh, at N.Y. Giants 12/11/83
- 57 3 Times (Last: Kevin Butler, at Chicago 9/9/90)

Most Field Goals, No Misses, Game

- 6 Joe Danelo, N.Y. Giants 10/18/81
- John Carney, at San Diego 9/5/93
- Doug Pelfrey, Cincinnati 11/6/94 (OT)

Most Field Goals, 50 or More Yards, Game

- 2 By 5 Players (Last: John Carney, at San Diego 9/1/96)

SAFETIES

Most Safeties, Game

- 1 25 Times (Last: Team, vs. Detroit 9/12/99)

RUSHING

ATTEMPTS

Most Attempts, Game

- 39 Earl Campbell, at Houston 10/11/81
- 38 Edgerrin James, Indianapolis 10/15/00
- 37 Christian Okoye, at Kansas City 11/5/89

YARDS GAINED

Most Yards Gained, Game

- 221 Bo Jackson, L.A. Raiders 11/30/87
- 219 Edgerrin James, Indianapolis 10/15/00
- 208 Terrell Davis, Denver 10/8/98
- 195 Mike Anderson, Denver 11/26/00
- 186 Earl Campbell, at Houston 10/11/81
- 183 Walter Payton, Chicago 12/5/76
- 183 Olandis Gary, at Denver 12/19/99
- 178 Terrell Davis, at Denver 12/27/98

Most Games, 2 or More Players with 100 or More Yards Rushing

- 1 Jim Otis (140) and Terry Metcalf (113), St. Louis 9/12/76
- Tom Sullivan (121) and Mike Hogan (104), at Philadelphia 12/12/76

Longest Run From Scrimmage

- 91 Bo Jackson, L.A. Raiders 11/30/87 (TD)
- 84 Ted McKnight, Kansas City 9/30/79 (TD)
- 80 Tyrone Wheatley, at Oakland 10/22/00 (TD)
- Mike Anderson, Denver 11/26/00 (TD)

AVERAGE GAIN

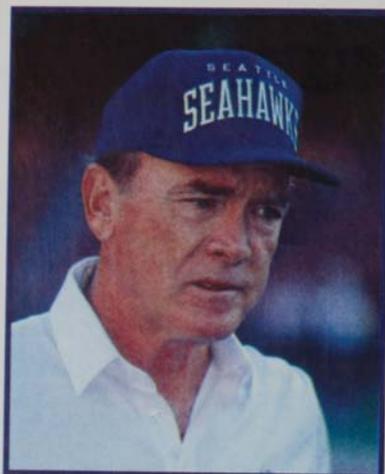
Highest Average Gain, Game (10 or More Attempts)

- 12.28 Bo Jackson, L.A. Raiders 11/30/87 (18-221)
- 12.25 Ted McKnight, Kansas City 9/30/79 (12-147)
- 11.00 Tony Reed, at Kansas City 12/17/78 (11-121)

TOUCHDOWNS

Most Touchdowns, Game

- 4 Terrell Middleton, Green Bay, at Milwaukee 10/15/78
- 3 Eric Dickerson, L.A. Rams 9/23/85
- Marcus Allen, Kansas City 12/5/93
- Antowain Smith, Buffalo 12/23/00



Chuck Knox, Head Coach (1983-91)

PASSING

ATTEMPTS

Most Passes Attempted, Game

- 63 Vinny Testaverde, at NY Jets 12/6/98
- 55 Warren Moon, at Houston 11/7/93
- 53 Steve Beuerlein, Phoenix 12/19/93 (OT)
- 52 By 2 Players (Last: Jay Schroeder, L.A. Raiders 10/13/91)

COMPLETIONS

Most Passes Completed, Game

- 42 Vinny Testaverde, at NY Jets 12/6/98
- 36 Warren Moon, at Houston 11/7/93
- 35 Kurt Warner, St. Louis 9/10/00

COMPLETION PERCENTAGE

Highest Completion %, Game (Min. 20 Attempts)

- 83.87 Fran Tarkenton, at Minnesota 11/14/76 (31-26)
- 81.25 Ken O'Brien, N.Y. Jets 11/2/86 (32-26)
- 80.10 Pat Haden, L.A. Rams 11/4/79 (21-17)

YARDS GAINED

Most Yards Gained, Game

- 440 Dan Fouts, at San Diego 9/15/85
- 432 John Elway, Denver 12/20/85
- 431 By 2 Players (Last: Steve Beuerlein, Phoenix 12/19/93 (OT))

Longest Pass Completion

- 99 Stan Humphries, to Tony Martin, San Diego 9/18/94 (TD) (ties NFL record)
- 92 Marc Wilson, to Marcus Allen, at L.A. Raiders 10/7/84
- Eric Zeier, to Derrick Alexander, at Baltimore 12/7/97

AVERAGE GAIN

Highest Average Gain, Game (20 Attempts)

- 16.26 Marc Wilson, at L.A. Raiders 10/7/84 (19-309)
- 14.64 Doug Flutie, Buffalo 12/23/00 (25-366)
- 13.47 Ken O'Brien, N.Y. Jets 11/2/86 (32-431)

TOUCHDOWNS

Most Touchdown Passes, Game

- 5 Neil O'Donnell, N.Y. Jets 8/31/97
- 4 9 Times (Last: John Elway, at Denver 12/27/98)

HAD INTERCEPTED

Most Passes Had Intercepted, Game

- 5 Ken Stabler, at Houston 10/5/80
- Craig Whelihan, San Diego 12/13/98
- 4 10 Times (Last: Sean Salisbury, San Diego 10/27/96)

Most Attempts, No Interceptions, Game

- 45 Tony Eason, at New England 9/21/86
- 43 John Elway, at Denver 10/20/85 (OT)
- 42 John Elway, Denver 12/20/85
- Boomer Esiason, at Cincinnati 12/10/89
- Shane Matthews, at Chicago 9/19/99

RECEIVING

Most Pass Receptions, Game

- 13 Wes Chandler, at San Diego 9/15/85
- Tony Martin, at San Diego 9/10/95
- 12 Gary Clark, Phoenix 12/19/93 (OT)

YARDS GAINED

Most Yards Gained, Game

- 243 Wes Chandler, at San Diego 9/15/85
- 195 Al Toon, N.Y. Jets 11/2/86
- 173 Marcus Allen, at L.A. Raiders 10/7/84

Longest Pass Reception

- 99 Tony Martin, from Stan Humphries, San Diego 9/18/94 (TD) (ties NFL record)
- 92 Marcus Allen, from Marc Wilson, at L.A. Raiders 10/7/84
- Derrick Alexander, from Eric Zeier, at Baltimore 12/7/97

Most Games, 2 or More Players with 100 or More Yards Receiving

- 8 Times (Last: Peerless Price (132) and Eric Moulds (101), Buffalo 12/23/00)

AVERAGE PER RECEPTION

Highest Average Per Reception, Game (5 Receptions)

- 34.60 Marcus Allen, at L.A. Raiders 10/7/84 (4-173) (pro-rated)
- 32.40 James Lofton, Green Bay, at Milwaukee 10/21/84 (5-162)
- 30.60 Derrick Alexander, Kansas City 10/02/00 (5-153)

TOUCHDOWNS

Most Touchdowns, Game

- 4 Roy Green, at St. Louis 11/13/83
- 3 4 Times (Last: Roy Green, Phoenix 9/17/89)

INTERCEPTIONS

Most Interceptions By, Game

- 4 Deron Cherry, at Kansas City 9/29/85 (ties NFL record)
- 3 Tony Greene, Buffalo 10/30/77
- Steve Wilson, at Denver 11/20/83

YARDS RETURNED

Most Yards Returned, Game

- 115 Fred Marion, New England 11/17/85
- 102 Gary Barbaro, at Kansas City 12/11/77
- 93 Levi Johnson, Detroit 10/24/76

Longest Return

- 102 Gary Barbaro, at Kansas City 12/11/77
(T3rd in NFL history)
- 83 Fred Marion, New England 11/17/85
- 82 Carlton Williamson, at San Francisco 11/25/85

TOUCHDOWNS

Most Touchdowns, Game

- 1 35 Times (Last: Jimmy Spencer, at Denver 12/10/00)

PUNTING

Most Punts, Game

- 11 Chris Norman, at Denver 10/20/85 (OT)
- Ruben Rodriguez, Denver 11/30/92 (OT)
- 10 Jeff Gossett, L.A. Raiders 10/18/92
- Jeff Feagles, Philadelphia 12/13/92 (OT)

Longest Punt

- 69 Shane Lechler, at Oakland 10/22/00
- 68 Josh Miller, at Pittsburgh 9/26/99
- 67 David Lee, Baltimore 11/12/78
- Brian Hansen, at New England 10/7/90

AVERAGE YARDAGE

Highest Average Punting, Game (Minimum 4 Punts)

- 56.00 Josh Miller, Pittsburgh 9/26/99 (5-280)
- 52.25 Lee Johnson, Cincinnati 11/6/94 (4-209) (OT)
- 50.50 Ralf Mojsiejenko, at San Diego 9/18/88 (4-202)
- 50.17 Darren Bennett, San Diego 10/27/96 (6-301)

INSIDE THE 20

Most Punts Inside the 20, Game

- 4 9 Times (Last: Louie Aguiar @ Green Bay 11/1/99)

TOUCHBACKS

Most Touchbacks, Game

- 3 George Roberts, at Miami 9/9/79
- Max Runager, at San Francisco 11/25/85
- 2 15 Times (Last: Matt Turk, at Miami 9/3/00)

HAD BLOCKED

Most Punts Had Blocked, Game

- 2 John Kidd, Buffalo 10/14/84
- Rich Camarillo, at New England 9/21/86
- 1 15 Times (Last: Rohn Stark, at Indianapolis 10/2/94)

PUNT RETURNS

Most Punt Returns, Game

- 8 Vai Sikahema, Philadelphia 12/13/92 (OT)
- 7 Rolland Lawrence, Atlanta 11/7/76
- Pete Shaw, at N.Y. Giants 12/11/83

FAIR CATCHES

Most Fair Catches, Game

- 6 Greg Pruitt, at L.A. Raiders 10/7/84
- 5 Greg Pruitt, L.A. Raiders 11/12/84
- Emile Harry, at Kansas City 11/9/86

YARDS GAINED

Most Yards Gained, Game

- 184 Jermaine Lewis, at Baltimore 12/7/97
- 133 Desmond Howard, at Oakland 11/15/98
- 110 Tim Brown, at L.A. Raiders 12/12/93
- 110 Tim Watson, at Denver 12/19/99
- 100 Dale Carter, Kansas City 11/22/92

Longest Punt Return

- 91 JoJo Townsell, N.Y. Jets 11/9/87 (TD)
- 89 Jermaine Lewis, at Baltimore 12/7/97 (TD)
- 86 Dale Carter, Kansas City 11/22/92 (TD)

AVERAGE YARDAGE

Highest Average, Game (Minimum 3 Returns)

- 36.80 Jermaine Lewis, at Baltimore 12/7/97 (5-184)
- 32.67 David Meggett, at N.Y. Giants 11/19/89 (3-98)
- 31.67 JoJo Townsell, at N.Y. Jets 11/9/87 (3-95)

TOUCHDOWNS

- 2 Jermaine Lewis, at Baltimore 12/7/97
- 1 10 Times (Last: Chris Watson 12/19/99)

KICKOFF RETURNS

Most Kickoff Returns, Game

- 10 Desmond Howard, Oakland 10/26/97
- 9 Paul Palmer, at Kansas City 9/20/87
- 8 By 2 Player (Last: Andre Coleman, San Diego 10/27/96)

YARDS GAINED

Most Yards Gained, Game

- 223 Desmond Howard, Oakland 10/26/97
- 221 Paul Palmer, at Kansas City 9/20/87
- 206 Andre Coleman, San Diego 10/27/96

Longest Kickoff Return

- 95 Steve Odom, Green Bay, at Milwaukee 10/15/78 (TD)
- Tim Brown, L.A. Raiders 11/28/88
- Mel Gray, at Detroit 10/17/93 (TD)



Tom Flores, Head Coach (1992-94)

HIGHEST YARDAGE

- Highest Average, Game (Minimum 3 Returns)
 48.33 Byron Hanspard, Atlanta 11/30/97 (3-145)
 44.33 Paul Palmer, at Kansas City 12/27/87 (3-133)
 35.60 Tim Brown, L.A. Raiders 11/28/88 (5-178)

TOUCHDOWNS

Most Touchdowns, Game

- 1 By 6 Players (Last: Byron Hanspard, Atlanta 11/30/97 [93 yards])

COMBINED KICK RETURNS

Most Combined Kick Returns, Game

- 11 Vai Sihakema, Philadelphia 12/13/92 (OT) (8-P, 3-K)
 Desmond Howard, Oakland 10/26/97 (1-P, 10-K)
 10 Rolland Lawrence, Atlanta 11/7/76 (7-P, 3-K)
 Glyn Milburn, at Denver 12/10/95 (5-P, 5-K)

YARDS GAINED

Most Yards Returned, Game

- 228 Glyn Milburn, at Denver 12/10/95 (95-P, 133-K)
 223 Desmond Howard, Oakland 10/26/97 (223-K)
 221 Paul Palmer, Kansas City 9/20/87 (221-K)

TOUCHDOWNS

Most Touchdowns, Game

- 2 Jermaine Lewis, at Baltimore 12/7/97
 1 16 Times (Last: Chris Watson, at Denver 12/19/99)

COMBINED NET YARDS GAINED

Yards Gained Via Rushing, Receiving, Interception Return, Punt Return, Kickoff Return, and Fumble Return

ATTEMPTS

Most Attempts, Game

- 42 Earl Campbell, at Houston 10/11/81
 39 Barry Foster, at Pittsburgh 12/6/92
 38 Edgerrin James, Indianapolis 10/15/00

YARDS GAINED

Most Yards Gained, Game

- 404 Glyn Milburn, at Denver 12/10/95 (NFL record)
 306 Tim Brown, L.A. Raiders 11/28/88
 290 Lionel James, at San Diego 9/15/85

TACKLES

Most Tackles, Game

- 19 Randy Gradishar, Denver 10/29/78
 16 5 Times (Last: Dino Hackett, at K.C. 9/20/87)

SACKS

Most Sacks, Game

- 7.0 Derrick Thomas, at Kansas City 11/11/90 (NFL record)
 4.0 By 3 Players (Last: Anthony Smith, L.A. Raiders 9/12/93)

FORCED FUMBLES

Most Forced Fumbles, Game

- 2 15 Times (Last: Charles Woodson, Oakland 12/16/00)

FUMBLES

Most Fumbles, Game

- 5 Dave Walter, Cincinnati 10/11/87
 4 3 Times (Last: Paul McDonald, Cleveland 12/20/81)

Most Own Fumbles Recovered, Game

- 3 Craig Erickson, at Miami 10/6/96
 2 12 Times (Last: John Elway, Denver 11/28/93)

Most Opponents' Fumbles Recovered, Game

- 2 9 Times (Last: Bill Romanowski, Denver 9/8/96)

Longest Fumble Return

- 86 Derrick Thomas, Kansas City 12/5/93 (TD)
 75 Ray Bentley, Cincinnati 9/6/92 (TD)
 46 Lucius Sanford, Buffalo 10/14/84 (TD)

TOUCHDOWNS

Most Touchdowns, Game (Opponents' Recovered)

- 1 17 Times (Last: 15 yards, Devin Bush, St. Louis 9/3/00)

Most Touchdowns, Game (Own Recovered)

- 1 Tim Brown, at L.A. Raiders 12/18/88

BLOCKED KICKS

Most Blocked Punts, Game

- 1 13 Times (Last: Bobby Brooks, Oakland 12/16/00)

Most Blocked Field Goals, Game

- 1 10 Times (Last: Eric Swann, at Arizona 10/29/95)

Most Blocked PATs, Game

- 1 7 Times (Last: Michael Carter, at San Francisco 11/25/85)

Most Blocked Kicks (Field Goals and PATs), Game

- 1 18 Times (Rob Holmberg, at Oakland 12/22/96)

Longest Return of Blocked Punt

- 23 Frank Duncan, San Diego 9/7/80
 0 6 Times (Last: Jessie Small, Philadelphia 9/10/89)

Longest Return of Blocked Field Goal

- 58 Dave Waymer, New Orleans 10/16/88 (TD)
 0 7 Times (Last: Albert Lewis, at Kansas City 1/2/94 [TD])

Touchdowns with Blocked Kick Recovery

- 1 Dave Waymer, N.O. 10/16/88 (FG, 58 yds)
 Albert Lewis, at Kansas City 1/2/94 (punt, 0)

INDIVIDUAL POSTSEASON RECORDS

SERVICE

Most Games, Career

- 7 Edwin Bailey, 1983-84, 1987-88
- Jeff Bryant, 1983-84, 1987-88
- Greg Gaines, 1983-84, 1987-88
- Jacob Green, 1983-84, 1987-88
- Norm Johnson, 1983-84, 1987-88
- Dave Krieg, 1983-84, 1987-88
- Steve Largent, 1983-84, 1987-88
- Paul Moyer, 1983-84, 1988
- Joe Nash, 1983-84, 1987-88
- Bruce Scholtz, 1983-84, 1987-88
- Mike Tice, 1983-84, 1987-88

6 5 players

Most Starts, Career

- 7 Edwin Bailey, 1983-84, 1987-88
- Jeff Bryant, 1983-84, 1987-88
- Jacob Green, 1983-84, 1987-88
- Dave Krieg, 1983-84, 1987-88
- Steve Largent, 1983-84, 1987-88
- Joe Nash, 1983-84, 1987-88
- Bruce Scholtz, 1983-84, 1987-88

6 3 players

SCORING

POINTS

Most Points, Career

- 38 Norm Johnson, 1983-84, 1987-88
(8 FG, 14 PAT) 7 games
- 24 Steve Largent, 1983-84, 1987-88 (4 TD) 7 games
- 12 Curt Warner, 1983, 1988 (2 TD) 4 games

Most Points, Game

- 12 Curt Warner, at Miami 12/31/83 (2 TD)
- Steve Largent, at Houston 1/3/88 (2 TD) (OT)
- 8 2 players
(Last: Norm Johnson, at Houston 1/3/88
(2FG, 2 PAT)) (OT)

TOUCHDOWNS

Most Touchdowns, Career

- 4 Steve Largent, 1983-84, 1987-88 7 games (4-P)
- 2 Curt Warner, 1983, 1988 4 games (2-R)
- 1 11 players

Most Touchdowns, Game

- 2 Curt Warner, at Miami 12/31/83 (2-R)
- Steve Largent, at Houston 1/3/88 (2-P) (OT)
- 1 By 13 players

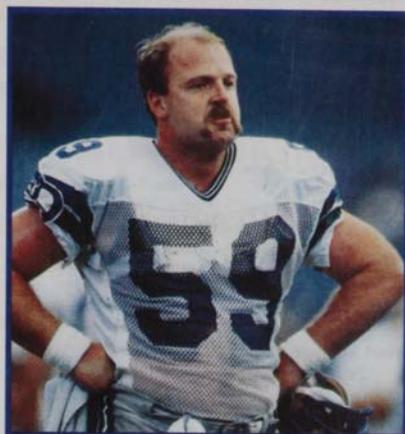
Most Consecutive Games Scoring Touchdown

- 2 Steve Largent, 1984, 1987
- 1 12 Times (Last: John L. Williams and
Dave Krieg, at Cincinnati 12/31/88)

POINTS AFTER TOUCHDOWN

Most Points After Touchdown, Career

- 14 Norm Johnson, 1983-84, 1987-88, 7 games (15 att)
- 2 Todd Peterson, 1999 1 game (2 att.)



Blair Bush (1983-88)

Most Points After Touchdown, Game

- 4 Norm Johnson, vs. Denver 12/24/83 (4 att)
- 3 Norm Johnson, at Miami 12/31/83 (3 att)
- 2 By three times (Last: Todd Peterson, vs.
Miami, 1/9/00)

FIELD GOALS

Most Field Goals Attempted, Career

- 10 Norm Johnson, 1983-84, 1987-88 (7 games)

Most Field Goals Attempted, Game

- 3 Norm Johnson, at Miami 12/31/83 (D)
- 2 3 Times (Last: Norm Johnson, at Houston
1/3/88 [OT])
- 1 Todd Peterson, vs. Miami 1/9/00

Longest Field Goal Attempted

- (all successful unless otherwise noted)
- 50 Todd Peterson, vs. Miami 1/9/00
- 48 Norm Johnson, at Miami 12/31/83
(blocked)
- 44 Norm Johnson, vs. L.A. Raiders 12/22/84
- 41 2 Times (Last: Norm Johnson, at Houston 1/3/88)

Most Field Goals, Career

- 8 Norm Johnson, 1983-84, 1987-88 7 games
(10 att)
- 1 Todd Peterson, 1999 1 game (1 att.)

Most Field Goals, Game

- 2 Norm Johnson, at Miami 12/31/83 (3 att)
- Norm Johnson, vs. L.A. Raiders 12/22/84 (2 att)
- Norm Johnson, at Houston 1/3/88 (2 att)

Most Consecutive Field Goals

- 5 Norm Johnson, 1983-84
- 2 Norm Johnson, 1987-88 (current)

Longest Field Goal

- 50 Todd Peterson, vs. Miami 1/9/00
- 44 Norm Johnson, vs. L.A. Raiders 12/22/84
- 41 Norm Johnson, at Houston 1/3/88 (OT)
- 37 By 2 players (Last: N. Johnson, at Mia 12/31/83)

Highest Field Goal Percentage, Career

- 80.0 Norm Johnson, 1983-84, 1987-88, 7 games (8-10)

SAFETIES**Most Safeties, Career**

None

Most Safeties, Game

None

RUSHING**Most Attempts, Career**

- 71 Curt Warner, 1983, 1988 4 Games
- 39 Dan Doornink, 1983-84, 5 Games
- 31 David Hughes, 1983-84, 5 Games

Most Attempts, Game

- 29 Curt Warner, at Miami 12/31/83
- Dan Doornink, vs. L.A. Raiders 12/22/84
- 23 Curt Warner, vs. Denver 12/24/83

YARDS GAINED**Most Yards Gained, Career**

- 249 Curt Warner, 1983, 1988 4 Games
- 161 Dan Doornink, 1983-84, 5 Games
- 119 David Hughes, 1983-84, 5 Games

Most Yards Gained, Game

- 126 Dan Doornink, vs. L.A. Raiders 12/22/84
- 113 Curt Warner, at Miami 12/31/83
- 99 Curt Warner, vs. Denver 12/24/83

Most Games, 100 or More Yards Rushing, Career

- 1 Dan Doornink, 1983-84
- Curt Warner, 1983, 1988

Most Consecutive Games, 100 or More Yards Rushing

- 1 Dan Doornink, 1984
- Curt Warner, 1983, 1988

Longest Run From Scrimmage

- 15 Curt Warner, vs. Denver 12/24/83
- 14 Dan Doornink, vs. L.A. Raiders 12/22/84
- 13 Dave Krieg, vs. L.A. Raiders 12/22/84

AVERAGE GAIN**Highest Average Gain, Career (Min. 30 Attempts)**

- 4.13 Dan Doornink, 1983-84, 5 games (39-161)
- 3.84 David Hughes, 1983-84, 5 games (31-119)
- 3.51 Curt Warner, 1983, 1988 4 games (71-249)

Highest Average Gain, Game (Min. 20 attempts)

- 4.34 Dan Doornink, vs. L.A. Raiders 12/22/84 (29-126)
- 4.30 Curt Warner, vs. Denver 12/24/83 (23-99)
- 3.90 Curt Warner, at Miami 12/31/83 (29-113)

TOUCHDOWNS**Most Touchdowns, Career**

- 2 Curt Warner, 1983, 1988 4 games
- 1 David Hughes, 1983-84, 5 games
- Dave Krieg, 1983-84, 1987-88, 7 games

Most Touchdowns, Game

- 2 Curt Warner, at Miami 12/31/83
- 1 David Hughes, vs. Denver 12/24/83
- Dave Krieg, at Cincinnati 12/31/88

Most Consecutive Games Rushing for Touchdowns

- 1 David Hughes, 1983
- Curt Warner, 1983
- Dave Krieg, 1988

PASSING**PASS RATING****Highest Pass Rating, Career (Min. 100 attempts)**

- 76.1 Dave Krieg, 1983-84, 1987-88, 7 games

ATTEMPTS**Most Passes Attempted, Career**

- 183 Dave Krieg, 1983-84, 1987-88, 7 games
- 30 Jon Kitna, 1999 1 game
- 28 Jim Zorn, 1983-84, 5 games
- 1 John L. Williams, 1987-88, 2 games

Most Passes Attempted, Game

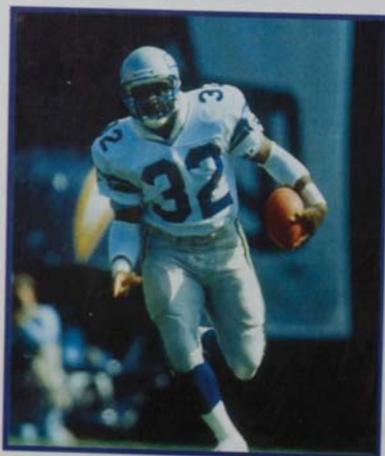
- 50 Dave Krieg, at Cincinnati 12/31/88
- 38 Dave Krieg, at Houston 1/3/88 (OT)
- 35 Dave Krieg, at Miami 12/29/84

COMPLETIONS**Most Passes Completed, Career**

- 94 Dave Krieg, 1983-84, 1987-88, 7 games
- 14 Jim Zorn, 1983-84, 5 games
- 14 Jon Kitna, 1999 1 game

Most Passes Completed, Game

- 24 Dave Krieg, at Cincinnati 12/31/88
- 20 Dave Krieg, at Miami 12/29/84
- 16 Dave Krieg, at Houston 1/3/88 (OT)
- 14 Jon Kitna, vs. Miami 1/9/00



John L. Williams (1986-93)

COMPLETION PERCENTAGE**Highest Completion %, Career (Min. 100 attempts)**

51.37 Dave Krieg, 1983-84, 1987-88, 7 games (183-94)

Highest Completion %, Game (15 Completions)

57.1 Dave Krieg, at Miami 12/29/84 (35-20)

53.6 Dave Krieg, at Miami 12/31/83 (28-15)

48.0 Jim Zorn, at Cincinnati 12/31/88 (50-24)

YARDS GAINED**Most Yards Gained, Career**

1,252 Dave Krieg, 1983-84, 1987-88, 7 games

162 Jon Kitna, 1999 1 game

134 Jim Zorn, 1983-84, 5 games

Most Yards Gained, Game

297 Dave Krieg, at Cincinnati 12/31/88

237 Dave Krieg, at Houston 1/3/88 (OT)

234 Dave Krieg, at Miami 12/29/84

Most games, 300 or More Yards Passing, Career

None

Most Consecutive Games, 300 or More Yards Passing

None

Longest Pass Completion56 Dave Krieg (to Steve Largent) at Miami
12/29/84 (TD)

41 Dave Krieg (to Paul Johns) vs. Denver 12/24/83

40 Dave Krieg (to Steve Largent) at Miami 12/31/83

AVERAGE GAIN**Highest Average Gain, Career (Min. 100 attempts)**6.84 Dave Krieg, 1983-84, 1987-88, 7 games
(183-1,252)**Highest Average Gain, Game (20 Attempts)**

6.86 Dave Krieg, at Miami 12/31/83 (28-192)

6.69 Dave Krieg, at Miami 12/29/84 (35-234)

6.24 Dave Krieg, at Houston 1/3/88 (38-237) (OT)

TOUCHDOWNS**Most Touchdown Passes, Career**

9 Dave Krieg, 1983-84, 1987-88, 7 games

2 Jim Zorn, 1983-84, 5 games

Most Touchdown Passes, Game

3 Dave Krieg, vs. Denver 12/24/83

2 Jim Zorn, at L.A. Raiders 1/8/84

Dave Krieg, at Houston 1/3/88 (OT)

Most Consecutive Games, Touchdown Pass

4 Dave Krieg, 1984, 1987-88

2 Dave Krieg, 1983

HAD INTERCEPTED**Lowest %, Passes Had Intercepted, Career (Min. 100 att)**

3.28 Dave Krieg, 1987-88, 7 games (6-183)

Most Attempts Without Interception, Game

38 Dave Krieg, at Houston 1/3/88 (OT)

35 Dave Krieg, at Miami 12/29/84

13 Dave Krieg, vs. Denver 12/24/83

Most Passes Had Intercepted, Career

6 Dave Krieg, 1983-84, 1987-88, 7 games

2 Jim Zorn, 1983-84, 5 games

Jon Kitna, 1999 1 game

Most Passes Had Intercepted, Game

3 Dave Krieg, at L.A. Raiders 1/8/84

2 Jim Zorn, at L.A. Raiders 1/8/84

Dave Krieg, at Cincinnati 12/31/88

Jon Kitna, vs. Miami 1/9/00

Most Consecutive Passes Without Interception

87 Dave Krieg, 1984, 1987-88

PASS RECEIVING**RECEPTIONS****Most Receptions, Career**

23 Steve Largent, 1983-84, 1987-88, 7 games

15 Dan Doornink, 1983-84, 5 games

13 John L. Williams, 1987-88, 2 games

Most Receptions, Game

11 John L. Williams, at Cincinnati 12/31/88

7 Steve Largent, at Houston 1/3/88 (OT)

6 Dan Doornink, at L.A. Raiders 1/8/84

Steve Largent, at Miami 12/29/84

Dan Doornink, at Miami 12/29/84

Most Consecutive Games, Pass Reception

4 Dan Doornink, 1983-84

Curt Warner, 1983, 1988

3 By 4 players

YARDS GAINED**Most Yards Gained, Career**

434 Steve Largent, 1983-84, 1987-88, 7 games

168 Paul Johns, 1983, 3 games

142 John L. Williams, 1987-88, 2 games

Most Yards Gained, Game

137 John L. Williams, at Cincinnati 12/31/88

132 Steve Largent, at Houston 1/3/88 (OT)

128 Steve Largent, at Miami 12/29/84

Most Games, 100 or More Yards Receiving, Career

2 Steve Largent, 1983-84, 1987-88, 7 games

1 John L. Williams, 1987-88, 2 games

Most Consecutive Games, 100 or More Yards Receiving, Career

2 Steve Largent, 1984, 1987

1 John L. Williams, 1988

Longest Reception56 Steve Largent, (from Dave Krieg) at
Miami 12/29/84 (TD)41 Paul Johns, (from Dave Krieg) at Miami
12/31/8340 Steve Largent, (from Dave Krieg) at Miami
12/31/83**AVERAGE GAIN****Highest Average Gain, Career (Min. 10 Receptions)**18.87 Steve Largent, 1983-84, 1987-88, 7 games
(23-434)

15.27 Paul Johns, 1983, 3 games (11-168)

10.92 John L. Williams, 1987-88, 2 games (13-
142)**Highest Average Gain, Game (Min. 3 Receptions)**

21.33 Steve Largent, at Miami 12/29/84 (6-128)

19.00 Steve Largent, vs. Denver 12/24/83 (4-76)

18.86 Steve Largent, at Houston 1/3/88 (7-132)(OT)

TOUCHDOWNS**Most Touchdowns, Career**

- 4 Steve Largent, 1983-84, 1987-88, 7 games
- 1 By 8 players

Most Touchdowns, Game

- 2 Steve Largent, at Houston 1/3/88 (OT)
- 1 By 10 (Last: Sean Dawkins, vs. Miami 1/9/00)

Most Consecutive Games, Touchdown Passes Caught

- 2 Steve Largent, 1984, 1987
- 1 By 9 players

INTERCEPTIONS BY**Most Interceptions, Career**

- 4 John Harris, 1983-84, 5 games
- 2 Greggory Johnson, 1983, 3 games
- Kerry Justin, 1983, 3 games

Most Interceptions, Game

- 2 John Harris, at Miami 12/29/84
- 1 By 9 (Last: Melvin Jenkins, at Hou. 1/3/88-OT)

YARDS GAINED**Most Yards Gained, Career**

- 45 John Harris, 1983-84, 5 games
- Kerry Justin, 1983, 3 games
- 28 Melvin Jenkins, 1987-88, 1 games

Most Yards Gained, Game

- 45 Kerry Justin, vs. Denver 12/24/83
- John Harris, at Miami 12/29/84
- 28 Melvin Jenkins, at Houston 1/3/88 (OT)

Longest Return

- 45 Kerry Justin, vs. Denver 12/24/83
- 32 John Harris, at Miami 12/29/84
- 28 Melvin Jenkins, at Houston 1/3/88 (OT)

TOUCHDOWNS**Most Touchdowns, Career**

None

Most Touchdowns, Game

None

PUNTING**Most Punts, Career**

- 27 Jeff West, 1983-84, 5 games
- 13 Ruben Rodriguez, 1987-88, 2 games

Most Punts, Game

- 8 Jeff West, vs. L.A. Raiders 12/22/84
- 7 Jeff West, at Miami 12/29/84
- Ruben Rodriguez, at Houston 1/3/88 (OT)
- Jeff Feagles, vs. Miami 1/9/00

Longest Punt

- 58 Jeff West, at Miami 12/29/84
- 56 Ruben Rodriguez, at Houston 1/3/88 (OT)
- 54 Ruben Rodriguez, at Cincinnati 12/31/88
- Jeff Feagles, vs. Miami 1/9/00

AVERAGE YARDAGE**Highest Average, Career (20 Punts)**

- 36.96 Jeff West, 1983-84, 5 games (27-998)

Highest Average, Game (4 Punts)

- 47.86 Jeff Feagles, vs. Miami 1/9/00 (7-335)

- 44.25 Ruben Rodriguez, at Houston 1/3/88 (7-310) (OT)

- 44.17 Ruben Rodriguez, at Cincinnati 12/31/88 (6-265)

- 38.00 Jeff West, at Miami 12/31/83 (4-152)

PUNT RETURNS**Most Punt Returns, Career**

- 7 Bobby Joe Edmonds, 1987-88, 2 games
- 6 Kenny Easley, 1983-84, 1987, 6 games
- 4 Paul Johns, 1983, 3 games

Most Punt Returns, Game

- 5 Kenny Easley, vs. L.A. Raiders 12/22/84
- Bobby Joe Edmonds, at Cin. 12/31/88
- 4 Paul Johns, vs. Denver 12/24/83

YARDS GAINED**Most Yards Gained, Career**

- 96 Bobby Joe Edmonds, 1987-88, 2 games
- 58 Paul Johns, 1983, 3 games
- 57 Kenny Easley, 1983-84, 1987, 6 games

Most Yards Gained, Game

- 66 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 58 Paul Johns, vs. Denver 12/24/83
- 52 Kenny Easley, vs. L.A. Raiders 12/22/84

**John Harris (1978-85)****Longest Return**

- 54 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 19 Paul Johns, vs. Denver 12/24/83
- 17 By 2 (Last: Kenny Easley, vs. L.A. Raiders 12/22/84)

AVERAGE YARDAGE**Highest Average, Career (Minimum 4 Returns)**

- 14.50 Paul Johns, 1983, 3 games (4-58)
- 13.71 Bobby Joe Edmonds, 1987-88, 2 games (7-96)
- 9.50 Kenny Easley, 1983-84, 5 games (6-57)

Highest Average Gain, Game (Minimum 3 Returns)

- 14.5 Paul Johns, vs. Denver 12/24/83 (4-58)
- 10.4 Kenny Easley, vs. L.A. Raiders 12/22/84 (5-52)

TOUCHDOWNS

Most Touchdowns, Career
None

Most Touchdowns, Game
None

KICKOFF RETURNS

Most Kickoff Returns, Career

- 7 Zachary Dixon, 1983, 3 games
- Bobby Joe Edmonds, 1987-88, 2 games
- David Hughes, 1983-84, 5 games

Most Kickoff Returns, Game

- 5 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 4 Charlie Rogers, vs. Miami 1/9/00
- 3 Zachary Dixon, at L.A. Raiders 1/8/84
- 2 By 6 (Last: Bobby Joe Edmonds, at Cincinnati 12/31/88)

YARDS GAINED

Most Yards Gained, Career

- 183 Zachary Dixon, 1983, 3 games
- 163 David Hughes, 1983-84, 5 games
- 159 Charlie Rogers, 1999 1 game
- 149 Bobby Joe Edmonds, 1987-88, 2 games

Most Yards Gained, Game

- 159 Charlie Rogers, vs. Miami 1/9/00
- 109 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 86 Zachary Dixon, at Miami 12/31/83
- 60 David Hughes, at L.A. Raiders 1/8/84

Longest Return

- 85t Charlie Rogers, vs. Miami 1/9/00
- 59 Zachary Dixon, at Miami 12/31/83
- 35 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 34 David Hughes, at L.A. Raiders 1/8/84

AVERAGE YARDAGE

Highest Average, Career (Minimum 5 Returns)

- 26.14 Zachary Dixon, 1983, 3 games (7-183)
- 23.29 David Hughes, 1983-84, 5 games (7-163)
- 21.29 Bobby Joe Edmonds, 1987-88, 2 games (7-149)

Highest Average, Game (Minimum 3 Returns)

- 39.75 Charlie Rogers, vs. Miami 1/9/00
- 21.80 Bobby Joe Edmonds, vs Houston 1/3/88 (5-109) (OT)
- 18.00 Zachary Dixon, at L.A. Raiders 1/8/84 (3-54)

TOUCHDOWNS

Most Touchdowns, Career

- 1 Charlie Rogers 1999, 1 game

Most Touchdowns, Game

- 1 Charlie Rogers, vs. Miami 1/9/00

FUMBLES

Most Fumbles, Career

- 2 John L. Williams, 1987-88, 2 games
- 1 By 3 players

Most Fumbles, Game

- 1 By 5 (Last: John L. Williams, at Cincinnati 12/31/88)

RECOVERIES

Most Own Fumbles Recovered, Career

- 1 Ron Essink, 1983-84, 5 games
- Pete Metzelaars, 1983-84, 5 games

Most Opponents Fumbles Recovered, Career

- 2 Jeff Bryant, 1983-84, 1987-88, 7 games
- 1 By 8 players

Most Fumbles Recovered, Game, Own and Opponents

- 2 Jeff Bryant, at L.A. Raiders 1/8/84 (2-Opp)
- 1 By 10 (Last: Melvin Jenkins [opp] and Joe Nash [opp], at Cincinnati 12/31/88 (D))

YARDS GAINED

Longest Return

- 0 14 Times (Last: Joe Nash, at Cin. 12/31/88)

TOUCHDOWNS

Most Touchdowns

None

TACKLES

Most Tackles, Career

- 48 Keith Butler, 1983-84, 1987, 6 games
- 46 Kenny Easley, 1983-84, 1987, 6 games
- 36 Jacob Green, 1983-84, 1987-88, 7 games

Most Tackles, Game

- 17 Brian Bosworth, at Houston 1/3/88 (OT)
- 15 Eugene Robinson, at Houston 1/3/88 (OT)
- 12 Kenny Easley, at Houston 1/3/88 (OT)

SACKS

Most Sacks, Career

- 3.5 Jacob Green, 1983-84, 1987-88, 7 games
- 2.0 Greg Gaines, 1983-84, 1987-88, 7 games
- 1.5 Jeff Bryant, 1983-84, 1987-88, 7 games

Most Sacks, Game

- 2.5 Jacob Green, vs. L.A. Raiders 12/22/84
- 1.0 By 11 (Last: Jacob Green, at Cin. 12/31/88)

FUMBLES

Most Forced Fumbles, Career

- 2 Jacob Green, 1983-84, 1987-88, 7 games
- Bruce Scholtz, 1983-84, 1987-88, 7 games
- 1 By 7 players

Most Forced Fumbles, Game

- 1 By 11 (Last: Jacob Green, at Cincinnati 2/31/88)

BLOCKED KICKS

Most Blocked Punts, Career

None

Most Blocked Punts, Game

None

Most Blocked Field Goals, Career

None

Most Blocked Field Goals, Game

None

Most Blocked PATs, Career

None

TEAM POSTSEASON RECORDS

Most Blocked PATs, Game

None

Most Blocked Placekicks, Career

None

Most Blocked Placekicks, Game

None

GAMES

Most Consecutive Seasons Participating in Postseason Games

- 2 1983-84
- 1987-88

Most Games

- 3 1983
- 2 1984
- 1 1987
- 1988
- 1999

Most Games Won

- 2 1983
- 1 1984

Most Consecutive Games Won

- 2 1983
- 1 1984

Most Consecutive Games Lost

- 3 1987-99
- 1 1983, 1984

SCORING

Most Points, Game

- 31 vs. Denver 12/24/83
- 27 at Miami 12/31/83
- 20 at Houston 1/3/88 (OT)
- 20 vs. Miami 1/9/00

Fewest Points, Game

- 10 at Miami 12/29/84
- 13 vs. L.A. Raiders 12/22/84
- at Cincinnati 12/31/88

Most Points, Both Teams, Game

- 47 (27) at Miami (20) 12/31/83
- 44 (14) at L.A. Raiders (30) 1/8/84
- 43 (20) at Houston (23) 1/3/88 (OT)

Fewest Points, Both Teams, Game

- 20 (13) at L.A. Raiders (7) 12/22/84
- 34 (13) at Cincinnati (21) 12/31/88
- 37 (17) vs. Miami (20) 1/9/00
- 38 (31) vs. Denver (7) 12/24/83

Largest Margin of Victory, Game

- 24 (31) vs. Denver (7) 12/24/83
- 7 (27) at Miami (20) 12/31/83
- 6 (13) at L.A. Raiders (7) 12/22/84

Most Points, Shutout Victory, Game

None

Most Points Overcome to Win Game

- 6 at Miami 12/31/83 (Trailed 7-13, Won 27-20)
- 3 at Miami 12/31/83 (Trailed 17-20, Won 27-

Most Points, Each Half

- 1st:** 10 vs. Denver 12/24/83
- at Miami 12/29/84
- at Houston 1/3/88
- vs. Miami 1/9/00
- 2nd:** 21 vs. Denver 12/24/83
- 20 at Miami 12/31/83
- 14 at L.A. Raiders 1/8/84
- 13 at Cincinnati 12/31/88

Most Points, Each Quarter

- 1st:** 7 vs. Denver 12/24/83
- at Houston 1/3/88 (
- vs. Miami 1/9/00
- 2nd:** 10 at Miami 12/29/84
- 7 at Miami 12/31/83
- vs. L.A. Raiders 12/22/84
- 3 vs. Denver 12/24/83
- at Houston 1/3/88
- 3rd:** 7 vs. Denver 12/24/83
- at Miami 12/31/83
- at L.A. Raiders 1/8/84
- vs. Miami 1/9/00
- 4th:** 14 vs. Denver 12/24/83
- 13 at Miami 12/31/83
- at Cincinnati 12/31/88
- 7 at L.A. Raiders 1/8/84
- at Houston 1/3/88
- OT:** 0 at Houston 1/3/88

TOUCHDOWNS

Most Touchdowns, Game

- 4 vs. Denver 12/24/83
- 3 at Miami 12/31/83
- 2 at L.A. Raiders 1/8/84
- at Houston 1/3/88 (OT)
- at Cincinnati 12/31/88
- vs. Miami 1/9/00

Fewest Touchdowns, Game

- 1 vs. L.A. Raiders 12/22/84
- at Miami 12/29/84
- 2 4 Times (Last: vs. Miami 1/9/00)

Most Touchdowns, Both Teams, Game

- 6 Seattle (3) at Miami (3) 12/31/83
- 5 4 Times
- (Last: Seattle [2] at Cincinnati [3] 12/31/88)

Fewest Touchdowns Both Teams, Game

- 2 Seattle (1) at L.A. Raiders (1) 12/22/84
- 4 Seattle (2) at Houston (2) 1/3/88 (OT)
- Seattle (2) vs. Miami (2) 1/9/00
- 5 4 Times (Last: Seattle [2] at Cincinnati [3] 12/31/88)

POINTS AFTER TOUCHDOWN

Most Points After Touchdown, Game

- 4 vs. Denver 12/24/83
- 3 at Miami 12/31/83
- 2 at L.A. Raiders 1/8/84
at Houston 1/3/88 (OT)
vs. Miami 1/9/00

Fewest Points After Touchdown, Game

- 1 vs. L.A. Raiders 12/22/84
at Miami 12/29/84
at Cincinnati 12/31/88

Most Points After Touchdown, Both Teams, Game

- 5 4 Times (Last: Seattle [1] at Miami [4] 12/29/84)

Fewest Points After Touchdown, Both Teams, Game

- 2 Seattle (1) at L.A. Raiders (1) 12/22/84
- 4 Seattle (2) at Houston (2) 1/3/88 (OT)
Seattle (1) at Cincinnati (3) 12/31/88
Seattle (2) vs. Miami (2) 1/9/00

FIELD GOALS

Most Field Goals, Game

- 2 at Miami 12/31/83
vs. L.A. Raiders 12/22/84
at Houston 1/3/88 (OT)

Most Field Goals, Both Teams, Game

- 5 Seattle (2) at Houston (3) 1/3/88 (OT)
- 3 Seattle (0) at L.A. Raiders (3) 1/8/84
Seattle (1) vs. Miami (2) 1/9/00
- 2 2 Times (Last: Seattle [2] at L.A. Raiders [0] 12/22/84)

Most Field Goals Attempted, Game

- 3 at Miami 12/31/83
- 2 vs. L.A. Raiders 12/22/84
at Miami 12/29/84
at Houston 1/3/88 (OT)

Most Field Goals Attempted, Both Teams, Game

- 7 Seattle (2) at Houston (5) 1/3/88 (OT)
- 5 Seattle (2) at Miami (3) 12/29/84
- 3 Seattle (3) at Miami (0) 12/31/83
Seattle (0) at L.A. Raiders (3) 1/8/84
Seattle (1) vs. Miami (2) 1/9/00

FIRST DOWNS

Most First Downs, Game

- 21 at Miami 12/31/83
- 19 at Cincinnati 12/31/88
- 17 vs. Denver 12/24/83
vs. L.A. Raiders 12/22/84

Fewest First Downs, Game

- 8 at Miami 12/29/84
- 11 at Houston 1/3/88 (OT)
- 12 vs. Miami 1/9/00
- 16 at L.A. Raiders 1/8/84

Most First Downs, Both Teams, Game

- 42 Seattle (21) at Miami (21) 12/31/83
- 41 Seattle (19) at Cincinnati (22) 12/31/88
- 38 2 Times (Last: Seattle [11] at Houston [27] 1/3/88 [OT])

Fewest First Downs, Both Teams, Game

- 30 Seattle (8) at Miami (22) 12/29/84
Seattle (12) vs. Miami (18) 1/9/00
- 31 Seattle (17) at L.A. Raiders (14) 12/22/84
- 37 Seattle (16) at L.A. Raiders (21) 1/8/84

RUSHING

Most First Downs, Rushing, Game

- 12 at Miami 12/31/83
vs. L.A. Raiders 12/22/84
- 8 vs. Denver 12/24/83

Fewest First Downs, Rushing, Game

- 0 vs. Miami 1/9/00
- 1 at Houston 1/3/88 (OT)
at Cincinnati 12/31/88
- 2 at Miami 12/29/84

Most First Downs, Rushing, Both Teams, Game

- 21 Seattle (12) at Miami (9) 12/31/83
- 18 Seattle (1) at Cincinnati (17) 12/31/88
- 17 Seattle (12) at L.A. Raiders (5) 12/22/84

Fewest First Downs Rushing, Both Teams, Game

- 7 Seattle (0) vs. Miami (7) 1/9/00
- 10 Seattle (2) at Miami (8) 12/29/84
Seattle (1) at Houston (9) 1/3/88 (OT)
- 13 Seattle (8) vs. Denver (5) 12/24/83

PASSING

Most First Downs, Passing, Game

- 16 at Cincinnati 12/31/88
- 10 at L.A. Raiders 1/8/84
at Houston 1/3/88 (OT)
vs. Miami 1/9/00

Fewest First Downs, Passing, Game

- 4 vs. L.A. Raiders 12/22/84
- 6 at Miami 12/29/84
- 9 vs. Denver 12/24/83
at Miami 12/31/83



Kerry Justin (1978-83, 1986-87)

Most First Downs, Passing, Both Teams, Game

- 28 Seattle (10) at Houston (18) 1/3/88 (OT)
- 23 Seattle (9) vs. Denver (14) 12/24/83
- 21 2 Times (Last: Seattle [16] at Cincinnati [5] 12/31/88)

Fewest First Downs Passing, Both Teams, Game

- 12 Seattle (4) at L.A. Raiders (8) 12/22/84
- 18 Seattle (6) at Miami (12) 12/29/84
- 20 Seattle (9) at Miami (11) 12/31/83
- Seattle (10) vs. Miami (10) 1/9/00

PENALTY

Most First Downs, Penalty, Game

- 2 at L.A. Raiders 1/8/84
- at Cincinnati 12/31/88
- vs. Miami 1/9/00
- 1 vs. L.A. Raiders 12/22/84

Most First Downs, Penalty, Both Teams, Game

- 3 Seattle (2) vs. Miami (1) 1/9/00
- 2 5 Times (Last: Seattle [2] at Cincinnati [0] 12/31/88)

**NET YARDS GAINED
RUSHING & PASSING**

Most Net Yards Gained, Game

- 334 at Miami 12/31/83
- 324 vs. Denver 12/24/83
- 294 at Cincinnati 12/31/88

Fewest Net Yards Gained, Game

- 167 at L.A. Raiders 1/8/84
- 171 vs. Miami 1/9/00
- 251 vs. L.A. Raiders 12/22/84
- 250 at Houston 1/3/88 (OT)

Most Yards Gained, Both Teams, Game

- 687 Seattle (250) at Houston (437) 1/3/88 (OT)
- 684 Seattle (324) vs. Denver (360) 12/24/83
- 672 Seattle (267) at Miami (405) 12/29/84

Fewest Yards Gained, Both Teams, Game

- 470 Seattle (171) vs. Miami (299) 1/9/00
- 491 Seattle (251) at L.A. Raiders (240) 12/22/84
- 568 Seattle (167) at L.A. Raiders (401) 1/8/84
- 639 Seattle (294) at Cincinnati (345) 12/31/88

RUSHING

ATTEMPTS

Most Attempts, Game

- 51 vs. L.A. Raiders 12/22/84
- 42 at Miami 12/31/83
- 38 vs. Denver 12/24/83

Fewest Attempts, Game

- 11 at Houston 1/3/88 (OT)
- 17 at Cincinnati 12/31/88
- 18 at L.A. Raiders 1/8/84
- at Miami 12/29/84

Most Attempts, Both Teams, Game

- 76 Seattle (51) at L.A. Raiders (25) 12/22/84
- 72 Seattle (42) at Miami (30) 12/31/83
- 71 Seattle (38) vs. Denver (33) 12/24/83

Fewest Attempts, Both Teams, Game

- 54 Seattle (18) at Miami (36) 12/29/84
- 57 Seattle (20) vs. Miami (37) 1/9/00
- 61 Seattle (11) at Houston (50) 1/3/88 (OT)
- 64 Seattle (18) at L.A. Raiders (46) 1/8/84

YARDS GAINED

Most Yards Gained, Game

- 205 vs. L.A. Raiders 12/22/84
- 151 at Miami 12/31/83
- 145 vs. Denver 12/24/83

Fewest Yards Gained, Game

- 18 at Cincinnati 12/31/88
- 29 at Houston 1/3/88 (OT)
- 41 vs. Miami 1/9/00
- 51 at Miami 12/29/84

Most Yards Gained, Both Teams, Game

- 310 Seattle (205) at L.A. Raiders (105) 12/22/84
- 279 Seattle (151) at Miami (128) 12/31/83
- 272 Seattle (18) at Cincinnati (254) 12/31/88

Fewest Yards Gained, Both Teams, Game

- 149 Seattle (41) vs. Miami (108) 1/9/00
- 194 Seattle (51) at Miami (143) 12/29/84
- 207 Seattle (29) at Houston (178) 1/3/88 (OT)
- 270 Seattle (145) vs. Denver (125) 12/24/83

AVERAGE GAIN

Highest Average Gain, Game

- 4.02 vs. L.A. Raiders 12/22/84 (51-205)
- 3.82 vs. Denver 12/24/83 (38-145)
- 3.61 at L.A. Raiders 1/8/84 (18-65)

Lowest Average Gain, Game

- 1.06 at Cincinnati 12/31/88 ((17-18)
- 2.05 vs. Miami 1/9/00 (20-41)
- 2.64 at Houston 1/3/88 (11-29) (OT)
- 2.83 at Miami 12/29/84 (18-51)

TOUCHDOWNS

Fewest Touchdowns, Game

- 0 5 Times (Last: vs. Miami 1/9/00)

Most Touchdowns, Game

- 2 at Miami 12/31/83
- 1 vs. Denver 12/24/83
- at Cincinnati 12/31/88

Most Touchdowns, Both Teams, Game

- 4 Seattle (1) at Cincinnati (3) 12/31/88
- 3 Seattle (2) at Miami (1) 12/31/83
- 2 Seattle (0) at L.A. Raiders (2) 1/8/84

Fewest Touchdowns, Both Teams, Game

- 0 Seattle (0) at L.A. Raiders (0) 12/22/84
- 1 4 Times (Last: Seattle [0] vs. Miami [1] 1/9/00)

PASSING

ATTEMPTS

Most Attempts, Game

- 50 at Cincinnati 12/31/88
- 39 at Houston 1/3/88 (OT)
- 36 at L.A. Raiders 1/8/84

Fewest Attempts, Game

- 10 vs. L.A. Raiders 12/22/84
- 13 vs. Denver 12/24/83
- 29 at Miami 12/31/83

Most Attempts, Both Teams, Game

- 71 Seattle (39) at Houston (32) 1/3/88 (OT)
- 69 Seattle (35) at Miami (34) 12/29/84
- Seattle (50) at Cincinnati (19) 12/31/88

Fewest Attempts, Both Teams, Game

- 37 Seattle (13) vs. Denver (24) 12/24/83
- Seattle (10) at L.A. Raiders (27) 12/22/84
- 55 Seattle (29) at Miami (26) 12/31/83

COMPLETIONS**Most Completions, Game**

- 24 at Cincinnati 12/31/88
- 20 at Miami 12/29/84
- 17 at L.A. Raiders 1/8/84

Fewest Completions, Game

- 4 vs. L.A. Raiders 12/22/84
- 12 vs. Denver 12/24/83
- 14 vs. Miami 1/9/00
- 16 at Houston 1/3/88 (OT)

Most Completions, Both Teams, Game

- 41 Seattle (20) at Miami (21) 12/29/84
- 37 Seattle (16) at Houston (21) 1/3/88 (OT)
- 36 Seattle (12) vs. Denver (24) 12/24/83

Fewest Completions, Both Teams, Game

- 18 Seattle (4) at L.A. Raiders (14) 12/22/84
- 30 Seattle (15) at Miami (15) 12/31/83
- 31 Seattle (24) at Cincinnati (7) 12/31/88
- Seattle (14) vs. Miami (17) 1/9/00

Highest Completion %, Game (Min. 20 Attempts)

- 57.14 at Miami 12/29/83 (20-35)
- 51.72 at Miami 12/31/83 (15-29)
- 48.00 at Cincinnati 12/31/88

Lowest Completion %, Game (Min. 20 Attempts)

- 41.03 at Houston 1/3/88 (16-39) (OT)
- 47.22 at L.A. Raiders 1/8/84 (17-36)
- 48.00 at Cincinnati 12/31/88

NET YARDS GAINED**Most Yards Gained, Game**

- 276 at Cincinnati 12/31/88
- 221 at Houston 1/3/88 (OT)
- 216 at Miami 12/29/84

Fewest Yards Gained, Game

- 46 vs. L.A. Raiders 12/22/84
- 102 at L.A. Raiders 1/8/84
- 179 vs. Denver 12/24/83

Most Yards Gained, Both Teams, Game

- 480 Seattle (221) at Houston (259) 1/3/88 (OT)
- 478 Seattle (216) at Miami (262) 12/29/84
- 414 Seattle (179) vs. Denver (235) 12/24/83

Fewest Yards Gained, Both Teams, Game

- 181 Seattle (46) at L.A. Raiders (135) 12/22/84
- 298 Seattle (102) at L.A. Raiders (196) 1/8/84
- 376 Seattle (183) at Miami (193) 12/31/83

TIMES SACKED**Most Times Sacked, Game**

- 4 at L.A. Raiders 1/8/84
- 2 5 Times (Last: at Cincinnati 12/31/88)

Fewest Times Sacked, Game

- 1 at Miami 12/31/83
- 2 5 Times (Last: at Cincinnati 12/31/88)

Most Times Sacked, Both Teams, Game

- 8 Seattle (2) at L.A. Raiders (6) 12/22/84
- 6 Seattle (4) at L.A. Raiders (2) 1/8/84
- 4 3 Times (Last: Seattle [2] at Cincinnati [2] 12/31/88)

Fewest Times Sacked, Both Teams, Game

- 1 Seattle (1) at Miami (0) 12/31/83
- 2 Seattle (2) at Miami (0) 12/29/84
- 4 3 Times (Last: Seattle [2] at Cincinnati [2] 12/31/88)

TOUCHDOWNS**Most Touchdowns, Game**

- 3 vs. Denver 12/24/83
- 2 at L.A. Raiders 1/8/84
- at Houston 1/3/88 (OT)

**Keith Butler (1978-87)**



Norm Evans (1976-78)

Most Touchdowns, Both Teams, Game

- 4 Seattle (3) vs. Denver (1) 12/24/83
Seattle (1) at Miami (3) 12/29/84
- 3 3 Times (Last: Seattle [2] at Houston [1] 1/3/88[OT])

INTERCEPTIONS BY

Most Interceptions By, Game

- 2 5 Times (Last: at Miami 12/29/84)

Most Interceptions By, Both Teams, Game

- 7 Seattle (2) at L.A. Raiders (5) 1/8/84
- 3 Seattle (2) at Miami (1) 12/31/83
- 2 5 Times (Last: Seattle [0] vs. Miami (2) 1/9/00)

YARDS GAINED

Most Yards Gained, Game

- 45 vs. Denver 12/24/83
at Miami 12/29/84
- 28 at Houston 1/3/88 (OT)

Most Yards Gained, Both Teams, Game

- 61 Seattle (8) at L.A. Raiders (53) 1/8/84
- 45 Seattle (45) vs. Denver (0) 12/24/83
Seattle (45) at Miami (0) 12/29/84

TOUCHDOWNS

Most Touchdowns, Game

None

PUNTING

Most Punts, Game

- 8 vs. L.A. Raiders 12/22/84
- 7 at Miami 12/29/84
at Houston 1/3/88 (OT)
vs. Miami 1/9/00

Fewest Punts, Game

- 3 vs. Denver 12/24/83
- 4 at Miami 12/31/83
- 5 at L.A. Raiders 1/8/84

Most Punts, Both Teams, Game

- 16 Seattle (8) at L.A. Raiders (8) 12/22/84
- 15 Seattle (7) vs. Miami (8) 1/9/00
- 12 Seattle (6) at Cincinnati (6) 12/31/88
- 10 Seattle (7) at Miami (3) 12/29/84
Seattle (7) at Houston (3) 1/3/88 (OT)

Fewest Punts, Both Teams, Game

- 7 Seattle (3) vs. Denver (4) 12/24/83
Seattle (5) at L.A. Raiders (2) 1/8/84
- 8 Seattle (4) at Miami (4) 12/31/83

AVERAGE YARDAGE

Highest Average, Punting, Game (4 Punts)

- 47.86 vs. Miami 1/9/00
- 44.29 at Houston 1/3/88 (7-310) (OT)
- 44.17 at Cincinnati 12/31/88 (6-265)

Lowest Average, Punting, Game (4 Punts)

- 32.00 at L.A. Raiders 1/8/84 (5-160)
- 37.00 at Miami 12/29/84 (7-259)
- 37.75 vs. L.A. Raiders 12/22/84 (8-302)

PUNT RETURNS

Most Punt Returns, Game

- 5 vs. L.A. Raiders 12/22/84
at Cincinnati 12/31/88
- 4 vs. Denver 12/24/83

Fewest Punt Returns, Game

- 0 at L.A. Raiders 1/8/84
at Miami 12/31/83
- 1 at Miami 12/29/84

Most Punt Returns, Both Teams, Game

- 8 Seattle (5) at L.A. Raiders (3) 12/22/84
Seattle (5) at Cincinnati (3) 12/31/88
Seattle (3) vs. Miami (5) 1/9/00
- 7 Seattle (4) vs. Denver (3) 12/24/83

Fewest Punt Returns, Both Teams, Game

- 1 Seattle (0) at L.A. Raiders (1) 1/8/84
- 2 Seattle (0) at Miami (2) 12/31/83
- 4 Seattle (1) at Miami (3) 12/29/84

YARDS GAINED

Most Yards Gained, Game

- 66 at Houston 1/3/88 (OT)
- 58 vs. Denver 12/24/83
- 52 vs. L.A. Raiders 12/22/84

Fewest Yards Gained, Game

- 0 at Miami 12/31/83
at L.A. Raiders 1/8/84
- 2 at Miami 12/29/84

Most Yards Gained, Both Teams, Game

- 93 Seattle (66) at Houston (27) 1/3/88 (OT)
- 87 Seattle (24) vs. Miami (63) 1/9/00
- 68 Seattle (58) vs. Denver (10) 12/24/83
- 57 Seattle (52) at L.A. Raiders (5) 12/22/84

Fewest Yards, Gained, Both Teams, Game

- 1 Seattle (0) at L.A. Raiders (1) 1/8/84
- 32 Seattle (0) at Miami (32) 12/31/83
- 35 Seattle (5) at Miami (30) 12/29/84

TOUCHDOWNS

Most Touchdowns, Game

None

KICKOFF RETURNS

Most Kickoff Returns, Game

- 7 at L.A. Raiders 1/8/84
- 6 at Houston 1/3/88 (OT)
- 4 at Miami 12/31/83
- at Miami 12/29/83
- vs. Miami 1/9/00

Fewest Kickoff Returns, Game

- 2 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 3 at Cincinnati 12/31/88

Most Kickoff Returns, Both Teams, Game

- 10 Seattle (4) at Miami (6) 12/31/83
- Seattle (6) at Houston (4) 1/3/88 (OT)
- 9 Seattle (7) at L.A. Raiders (2) 1/8/84

Fewest Kickoff Returns, Both Teams, Game

- 4 Seattle (2) at L.A. Raiders (2) 12/22/84
- 6 Seattle (3) at Cincinnati (3) 12/31/88
- 7 Seattle (4) at Miami (3) 12/29/84
- Seattle (4) vs. Miami (3) 1/9/00

YARDS GAINED

Most Yards Gained, Game

- 159 vs. Miami 1/9/00
- 136 at L.A. Raiders 1/8/84
- 132 at Houston 1/3/88 (OT)
- 130 at Miami 12/31/83

Fewest Yards Gained, Game

- 28 vs. L.A. Raiders 12/22/84
- 43 vs. Denver 12/24/83
- 66 at Cincinnati 12/31/88

Most Yards Gained, Both Teams, Game

- 247 Seattle (159) vs. Miami (88) 1/9/00
- 234 Seattle (130) at Miami (104) 12/31/83
- 197 Seattle (132) at Houston (65) 1/3/88 (OT)
- 182 Seattle (136) at L.A. Raiders (46) 1/8/84

Fewest Yards Gained, Both Teams, Game

- 66 Seattle (38) at L.A. Raiders (28) 12/22/84
- 120 Seattle (66) at Cincinnati (54) 12/31/88
- 128 Seattle (77) at Miami (51) 12/29/84

TOUCHDOWNS

Most Touchdowns, Game

- 1 vs. Miami 1/9/00

PENALTIES

Most Penalties, Game

- 7 vs. L.A. Raiders 12/22/84
- 5 at Cincinnati 12/31/88
- 4 at Miami 12/29/84

Fewest Penalties, Game

- 2 at Miami 12/31/83
- at L.A. Raiders 1/8/84
- vs. Miami 1/9/00
- 3 vs. Denver 12/24/83
- at Houston 1/3/88 (OT)

Most Penalties, Both Teams, Game

- 15 Seattle (7) at L.A. Raiders (8) 12/22/84
- 9 Seattle (2) at L.A. Raiders (7) 1/8/84
- 8 Seattle (3) vs. Denver (5) 12/24/83
- Seattle (2) vs. Miami (6) 1/9/00

Fewest Penalties, Both Teams, Game

- 5 Seattle (4) at Miami (1) 12/29/84
- 7 3 Times (Last: Seattle [5] at Cin. [2] 12/31/88)

YARDS PENALIZED

Most Yards Penalized, Game

- 55 vs. L.A. Raiders 12/22/84
- 45 at Cincinnati 12/31/88
- 34 vs. Denver 12/24/83

Fewest Yards Penalized, Game

- 10 vs. Miami 1/9/00
- 15 at Miami 12/31/83
- 20 at L.A. Raiders 1/8/84
- at Miami 12/29/84
- at Houston 1/3/88 (OT)

Most Yards Penalized, Both Teams, Game

- 123 Seattle (55) at L.A. Raiders (68) 12/22/84
- 77 Seattle (10) vs. Miami (67) 1/9/00
- 74 Seattle (45) at Cincinnati (29) 12/31/88
- 73 Seattle (20) at L.A. Raiders (53) 1/8/84

Fewest Yards Penalized, Both Teams, Game

- 25 Seattle (20) at Miami (5) 12/29/84
- 45 Seattle (15) at Miami (30) 12/31/83
- Seattle (20) at Houston (25) 1/3/88 (OT)

FUMBLES

Most Fumbles, Game

- 1 5 Times (Last: at Cincinnati 12/31/88)

Fewest Fumbles, Game

- 0 vs. Denver 12/24/83
- at Miami 12/31/83
- vs. Miami 1/9/00
- 1 vs. Denver 12/24/83

Most Fumbles, Both Teams, Game

- 4 Seattle (1) at L.A. Raiders (3) 1/8/84
- Seattle (1) at Cincinnati (3) 12/31/88
- 3 Seattle (0) at Miami (3) 12/31/83
- Seattle (1) at Houston (2) 1/3/88 (OT)

Fewest Fumbles, Both Teams, Game

- 0 Seattle (0) vs. Miami (0) 1/9/00
- 1 Seattle (1) at Miami (0) 12/29/84
- 2 Seattle (1) vs. Denver (1) 12/24/83
- Seattle (0) at L.A. Raiders (2) 12/22/84

Most Fumbles Lost, Game

- 1 3 Times (Last: at Cincinnati 12/31/88)

Fewest Fumbles Lost, Game

- 0 5 Times (Last: vs. Miami 1/9/00)

RECOVERIES

Most Total Fumbles Recovered, Game

- 3 vs. Miami 12/31/83 (3-Opp)
- at L.A. Raiders 1/8/84 (2-Opp, 1-Own)
- 2 2 Times (Last: at Cincinnati 12/31/88-2-opp)

Most Own Fumbles Recovered, Game

- 1 6 Times (Last: at Houston 1/3/88 [OT])

POSTSEASON DEFENSE

TURNOVERS

Most Turnovers, Game

- 5 at L.A. Raiders 1/8/84 (5-Ints)
- 3 at Cincinnati 12/31/88 (2-Ints, 1-Fum)
- 1 3 Times
(Last: at Houston 1/3/88 [1-Fum] [OT])

Fewest Turnovers, Game

- 0 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- vs. Miami 1/9/00
- 1 3 Times (Last: at Houston 1/3/88[1-Fum] [OT])

Most Turnovers, Both Teams, Game

- 9 Seattle (5) at L.A. Raiders (4) 1/8/84
(7-Ints, 2-Fums)

Fewest Turnovers, Both Teams, Game

- 2 Seattle (2) vs. Miami (0) 1/9/00
- 3 4 Times (Last: Seattle [1] at Houston [2] 1/3/88 [OT] [1-Int, 2-Fum])

SCORING

Fewest Points Allowed, Game

- 7 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 20 at Miami 12/29/83
- vs. Miami 1/9/00

Most Points Allowed, Game

- 31 at Miami 12/29/84
- 30 at L.A. Raiders 1/8/84
- 23 at Houston 1/3/88 (OT)

Fewest Touchdowns Allowed, Game

- 1 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 2 at Houston 1/3/88 (OT)
- vs. Miami 1/9/00

Most Touchdowns Allowed, Game

- 4 at Miami 12/29/84
- 3 3 Times (Last: at Cincinnati 12/31/88)

FIRST DOWNS

Fewest First Downs Allowed, Game

- 14 vs. L.A. Raiders 12/22/84
- 18 vs. Miami 1/9/00
- 21 3 Times (Last: at L.A. Raiders 1/8/84)

Most First Downs Allowed, Game

- 27 at Houston 1/3/88 (OT)
- 22 at Miami 12/29/84
- at Cincinnati 12/31/88

Fewest First Downs Allowed, Rushing, Game

- 5 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 7 vs. Miami 1/9/00
- 8 at Miami 12/29/84

Most First Downs Allowed, Rushing, Game

- 17 at Cincinnati 12/31/88
- 10 at L.A. Raiders 1/8/84
- 9 at Miami 12/31/83

Fewest First Downs Allowed, Passing, Game

- 5 at Cincinnati 12/31/88
- 8 vs. L.A. Raiders 12/22/84
- 9 at Miami 12/31/83

Most First Downs Allowed, Passing, Game

- 18 at Houston 1/3/88 (OT)
- 14 vs. Denver 12/24/83 (W)
- 12 at Miami 12/29/84

Most First Downs Allowed, Penalty, Game

- 2 vs. Denver 12/24/83
- at Miami 12/29/84
- 3 2 Times (Last: L.A. Raiders 12/22/84)

OFFENSIVE PLAYS

Fewest Opponent Plays Allowed, Game

- 56 at Miami 12/31/83
- 58 vs. L.A. Raiders 12/22/84
- 68 at Cincinnati 12/31/88
- vs. Miami 1/9/00

Most Opponent Plays Allowed, Game

- 84 at Houston 1/3/88 (OT)
- 72 at L.A. Raiders 1/8/84
- 70 at Miami 12/29/84

Fewest Opponent Plays Allowed, Rushing, Game

- 25 vs. L.A. Raiders 12/22/84
- 30 at Miami 12/31/83
- 33 vs. Denver 12/24/83

Most Opponent Plays Allowed, Rushing, Game

- 50 at Houston 1/3/88 (OT)
- 47 at Cincinnati 12/31/88
- 46 at L.A. Raiders 1/8/84

Fewest Opponent Plays Allowed, Passing, Game

- 21 at Cincinnati 12/31/88
- 26 at Miami 12/31/83
- at L.A. Raiders 1/8/84

Most Opponent Plays Allowed, Passing, Game

- 36 vs. Denver 12/24/83
- 34 at Miami 12/29/84
- at Houston 1/3/88 (OT)

NET YARDS ALLOWED GAME

Fewest Yards Allowed, Game

- 240 vs. L.A. Raiders 12/22/84
- 299 vs. Miami 1/9/00
- 321 at Miami 12/31/83
- 345 at Cincinnati 12/31/88

Most Net Yards Allowed, Game

- 437 at Houston 1/3/88 (OT)
- 405 at Miami 12/29/84
- 401 at L.A. Raiders 1/8/84

RUSHING

Fewest Yards Allowed, Rushing, Game

- 105 vs. L.A. Raiders 12/22/84
- 108 vs. Miami 1/9/00
- 125 vs. Denver 12/24/83
- 128 at Miami 12/31/83

Most Yards Allowed, Rushing, Game

- 254 at Cincinnati 12/31/88
- 205 at L.A. Raiders 1/8/84
- 178 at Houston 1/3/88 (OT)

Most Touchdowns Allowed, Rushing, Game

- 3 at Cincinnati 12/31/88
- 2 at L.A. Raiders 1/8/84
- 1 4 Times (Last: vs. Miami 1/9/00)

Fewest Touchdowns Allowed, Rushing, Game

- 0 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 1 4 Times (Last: vs. Miami 1/9/00)

PASSING

Fewest Net Yards Allowed, Passing, Game

- 91 at Cincinnati 12/31/88
- 135 vs. L.A. Raiders 12/22/84
- 191 vs. Miami 1/9/00
- 193 at Miami 12/31/83

Most Yards Allowed, Passing, Game

- 262 at Miami 12/29/84
- 259 at Houston 1/3/88 (OT)
- 235 vs. Denver 12/24/83

Fewest Touchdowns Allowed, Passing, Game

- 0 at Cincinnati 12/31/88
- 1 5 Times (Last: vs. Miami 1/9/00)

Most Touchdowns Allowed, Passing, Game

- 3 at Miami 12/29/84
- 2 at Miami 12/31/83
- 1 5 Times (Last: vs. Miami 1/9/00)

SACKS

Most Sacks, Game

- 6 vs. L.A. Raiders 12/22/84
- 2 4 Times (Last: at Cincinnati 12/31/88)

Fewest Sacks, Game

- 0 at Miami 12/31/83
- at Miami 12/29/84
- 1 vs. Miami 1/9/00
- 2 4 Times (Last: at Cincinnati 12/31/88)

Most Opponents Yards Lost Attempting to Pass, Game

- 49 vs. L.A. Raiders 12/22/84
- 19 vs. Denver 12/24/83
- 18 at L.A. Raiders 1/8/84

Fewest Opponent Yards Lost Attempting to Pass, Game

- 0 at Miami 12/31/83
- at Miami 12/29/84
- 5 vs. Miami 1/9/00
- 14 at Houston 1/3/88 (OT)

INTERCEPTIONS BY

Most Passes Intercepted By, Game

- 2 5 Times (Last: at Miami 12/29/84)

Fewest Passes Intercepted By, Game

- 0 at Cincinnati 12/31/88
- 1 at Houston 1/3/88 (OT)
- 2 5 Times (Last: at Miami 12/29/84)

Most Consec. Games, One or More Interceptions By

- 6 1983-84, 1987

Most Yards Returning Interceptions, Game

- 45 vs. Denver 12/24/83
- at Miami 12/29/84
- 28 at Houston 1/3/88 (OT)

Fewest Yards Returning Interceptions, Game

- 0 at Miami 12/31/83
- at Cincinnati 12/31/88
- 8 at L.A. Raiders 1/8/84

Most Touchdowns Returning Interceptions, Game

- None

Most TDs Returning Interceptions, Both Teams, Game

- None

PUNT RETURNS

Fewest Opponent Punt Returns, Game

- 1 at L.A. Raiders 1/8/84
- 2 at Miami 12/31/83
- 3 vs. Denver 12/24/83

Most Opponent Punt Returns, Game

- 6 vs. Miami 1/9/00
- 4 at Houston 1/3/88 (OT)
- 3 4 Times (Last: at Cincinnati 12/31/88)

Most Yards Allowed, Punt Returns, Game

- 63 vs. Miami 1/9/00
- 32 at Miami 12/31/83
- 30 at Miami 12/29/84
- 28 vs. L.A. Raiders 12/22/84

Fewest Yards Allowed, Punt Returns, Game

- 1 at L.A. Raiders 1/8/84
- 10 vs. Denver 12/24/83
- 19 at Cincinnati 12/31/88



Steve Raible (1976-81)

Longest Return, Allowed, Game

- 25 vs. Miami 1/9/00
 24 at Miami 12/31/83
 16 at Cincinnati 12/31/88
 12 at Miami 12/29/84

Most Touchdowns Allowed, Punt Return, Game
None**KICKOFF RETURNS****Fewest Opponent Kickoff Returns, Game**

- 2 at L.A. Raiders 1/8/84
 vs. L.A. Raiders 12/22/84
 3 at Miami 12/29/84
 at Cincinnati 12/31/88
 Miami 1/9/00

Most Opponent Kickoff Returns, Game

- 6 vs. Denver 12/24/83
 at Miami 12/31/83
 4 at Houston 1/3/88 (OT)

Fewest Yards Allowed, Kickoff Returns, Game

- 28 vs. L.A. Raiders 12/22/84
 46 at L.A. Raiders 1/8/84
 51 at Miami 12/29/84

Most Yards Allowed, Kickoff Returns, Game

- 118 vs. Denver 12/24/83
 104 at Miami 12/31/83
 88 vs. Miami 1/9/00

Longest Return Allowed, Game

- 47 vs. Miami 1/9/00
 27 at L.A. Raiders 1/8/84
 23 at Miami 12/29/84
 at Cincinnati 12/31/88

Most Touchdowns Allowed, Kickoff Returns, Game
None**FUMBLES****Most Opponent Fumbles, Game**

- 3 at Miami 12/31/83
 at L.A. Raiders 1/8/84
 at Cincinnati 12/31/88

Fewest Opponent Fumbles, Game

- 0 at Miami 12/29/84
 1 vs. Denver 12/24/83
 2 at L.A. Raiders 1/8/84
 at Houston 1/3/88 (OT)

FUMBLES RECOVERED**Most Opponent Fumbles Recovered, Game**

- 3 at Miami 12/31/84
 2 at L.A. Raiders 1/8/84
 at Cincinnati 12/31/88

Fewest Opponent Fumbles Recovered, Game

- 0 at Miami 12/29/84
 1 vs. Denver 12/24/83
 vs. L.A. Raiders 12/22/84
 at Houston 1/3/88 (OT)

TURNOVERS

Number of times losing ball on interceptions and fumbles

Most Opponents' Turnovers, Game

- 5 at Miami 12/31/83
 4 at L.A. Raiders 1/8/84
 3 vs. Denver 12/24/83
 vs. L.A. Raiders 12/22/84

Fewest Opponents' Turnovers, Game

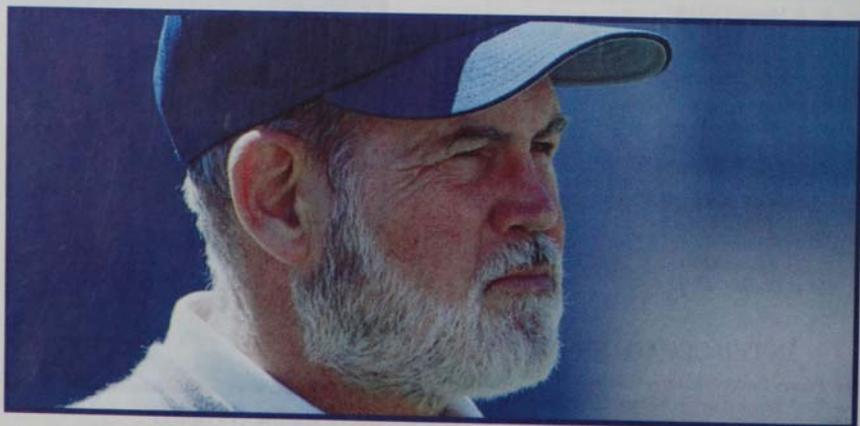
- 2 at Miami 12/29/84 (2-Ints)
 at Houston 1/3/88 (OT) (1-Int, 1-Fum)
 at Cincinnati 12/31/88 (2-Fums)

TIME OF POSSESSION**Least Time of Possession Allowed, Game**

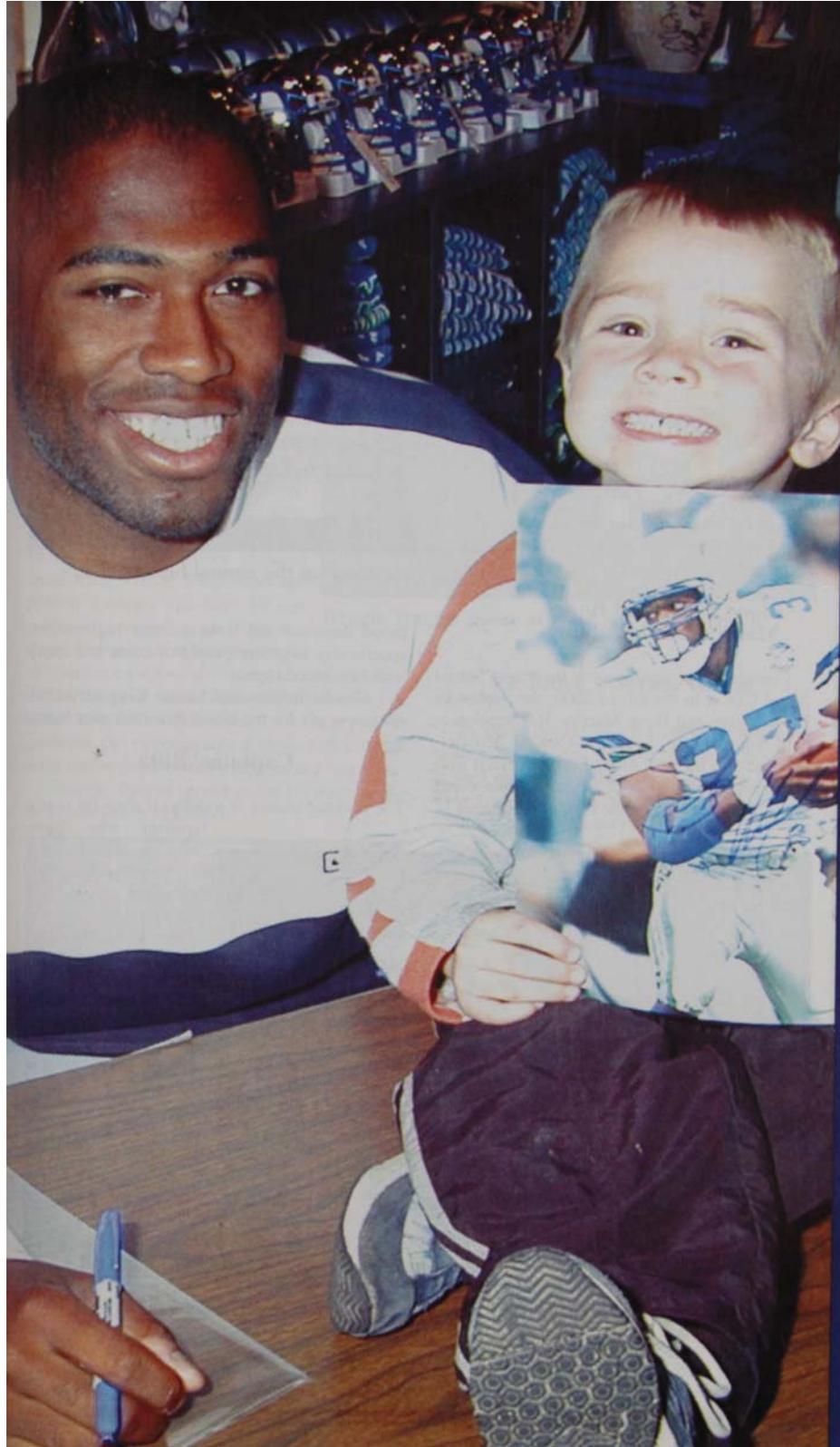
- 25:02 at Miami 12/31/83
 25:41 vs. L.A. Raiders 12/22/84
 30:57 vs. Denver 12/24/83

Most Time of Possession Allowed, Game

- 47:44 at Houston 1/3/88 (OT)
 37:06 at L.A. Raiders 1/8/84
 35:48 at Miami 12/29/84



Tom Catlin, Assistant Coach (1983-95)



COMMUNITY OUTREACH

BIG MEN, BIG HEARTS

The Seattle Seahawks hard driving dedication to succeed on the football field is indicative of the attitude taken towards work in the community.

The goal of the organization is to have an impact on those who are less fortunate, focusing in particular on developmental programs for youth, especially academic and athletic programs.

Following are some of the team programs developed by the Seahawks, all which have the intent of creating a positive impact in the community.

Blood Drive and Bone Marrow Registration

Created in partnership with the Puget Sound Blood Center in the fall of 2000, the Seahawks Blood Drive and Bone Marrow Registration is held annually in Seattle's Central District. Inspired by a member of the Seahawks staff who had been diagnosed with Leukemia, the event seeks to educate the public on the importance of



Sea Gals gave blood at the annual blood drive.

blood donation and bone marrow registration, specifically targeting people of color and those with rare blood types.

Charlie Rogers and Lamar King served as spokespeople for the blood drive this past June.

Captains' Blitz

The holiday season is a difficult time for many families who have children or loved ones in the hospital. Seahawks players and Sea Gals help to put smiles on the faces of those who are hospitalized by visiting them and spreading holiday cheer. This past year, the Seahawks visited patients at Children's Hospital and University Hospital in Seattle and Mary Bridge Children's Hospital in Tacoma.

Players participating in last year's events included Mack Strong, Rian Lindell, Shawn Springs and Itula Mili.



Mack Strong participated in Captains' Blitz.

COMMUNITY OUTREACH

PLAYERS EVENTS, PSA'S AND MORE

Communities in Schools 'First & Goal' Luncheon

Setting goals in school is easy, but actually achieving those goals is a challenge in itself. To motivate students, the Seahawks have teamed up for the past seven years with Communities in Schools to host a lunch for 1,000 school children from King, Pierce, Snohomish and Mason counties who have set and achieved personal goals. The students demonstrate at least six weeks of continuous improvement and success in attendance, behavior and/or academic achievement in order to attend the luncheon, which gives the students the opportunity to meet and interact with numerous Seahawks players and Sea Gals.

Reggie Tongue served as the keynote speaker as last year's luncheon.



Reggie Tongue spoke at First & Goal luncheon.

Ed Block Courage House

In 1999, the Ed Block Courage Foundation named Childhaven, an agency that works with abused children, as their ninth Courage House. This foundation has a goal of establishing a Courage House in every NFL city and initially donates \$10,000 to the recipient. The Seahawks and Childhaven hold a fundraiser each year to raise funds for the Courage House.

Football 101 for Women

Five years ago, the Seahawks realized that there was an entire group of women who are football fans or potential fans who did not understand the game of football.

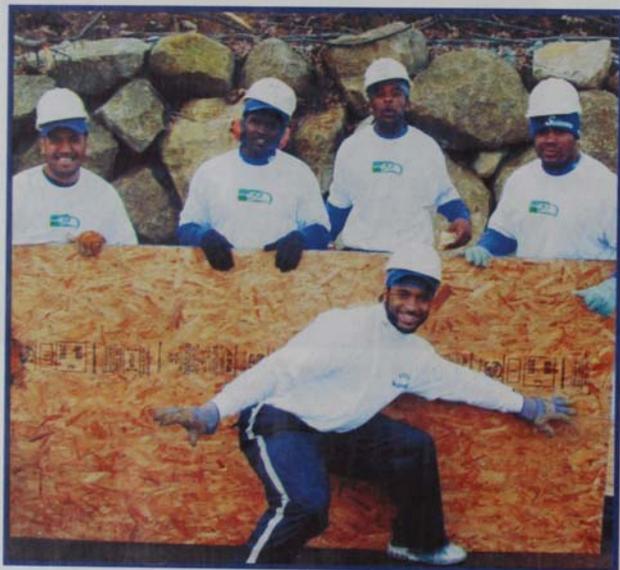
A day long clinic was developed which teaches the basics of football to women with little or no knowledge of the game. Seahawks alumni and coaches are brought in to teach classes on offense, defense and special teams and then the women head to the field to participate in some drills.



Blitz visited Childhaven.

COMMUNITY OUTREACH

THE SEAHAWKS ORGANIZATION GETS INVOLVED



Mili, Bailey, Rogers, Brown, and Simmons took a break from working for this photo at Habitat for Humanity in April.

Game Day Drives

* Book Drive

Held in cooperation with the Washington State Lottery, this drive collects new children's books for Page Ahead, a non-profit organization that puts books in the hands of needy school children. Participating fans receive a lottery ticket in exchange for their donation.

* Food Drive

The 'Tackle Hunger' Food Drive held in partnership with Costco Wholesale, takes place at a home game in November. Food and cash donations are collected for Northwest Harvest Food Bank at the game and also during a month long drive at area Costco stores.

* Toy Drive

The United States Marine Corps 'Toys for Tots' Drive collects new, unwrapped toys and cash donations at a home game in December. Toys are distributed to needy children during the holiday season.

Habitat for Humanity

During the past year, various Seahawks players, alumni, Sea Gals and staff took part in their first Habitat for Humanity project. Habitat for Humanity, an organization founded in 1976 has a two fold mission: making the need for shelter a matter of conscience and action, and eliminating substandard housing worldwide.

The organization participated in the completion of a low-income housing project in the Newcastle area outside of Seattle that will become the home for 12 families.

Seahawks players including Charlie Rogers, Billy Woodard, Karsten Bailey, Anthony Simmons, Itula Mili, Travis Brown, Matt LaBounty, Reggie Brown, and John Hilliard participated in this grass roots community effort. The event started at 9:00 a.m. in the morning and concluded at 4:40 p.m. Another project is scheduled in Redmond.



COMMUNITY OUTREACH

High School Coach of the Week & Coach of the Year

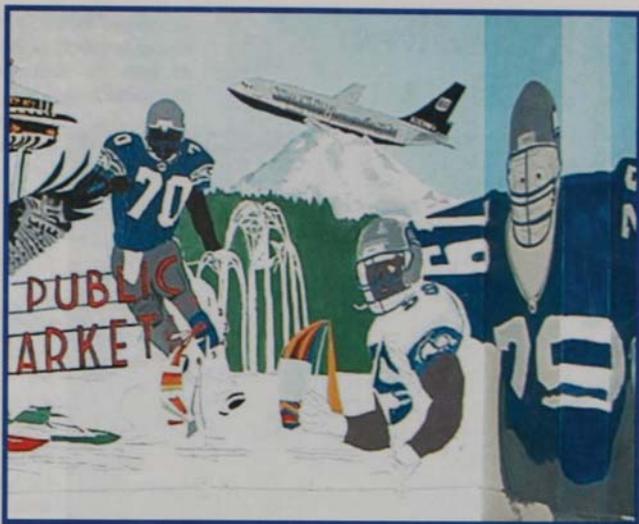
In a program supported by the NFL, the Seahawks honor a local high school football coach each week during the football season. The coaches are selected by the WIAA (Washington Interscholastic Athletic Association) and winners are honored in a pregame ceremony at a home game at the end of the season. Each coach receives \$500 from the NFL for their school's athletic program, as well as a hat, plaque and t-shirts for members of the high school football team. The Coach of the Year receives \$1,000 for their school's athletic program, as well as the Jim Ennis Award.

This past season, Steve Gervais, of Skyline High School in Issaquah, was named the Seahawks High School Coach of the Year after his team went 12-0 and won the State 3A Championship.

Hometown Huddle

In a league-wide day of community service called Hometown Huddle, all 31 NFL teams participate in a project that benefits a local United Way agency. During this past season, the Seahawks went to the Seahawks Academy to beautify the

school and paint a mural on the wall of a new recreation room. The mural, designed by internationally renowned artist Michael Reagan, featured several Seattle landmarks, including the Space Needle, a ferry boat and hydroplanes, as well as a number of former and present Seahawks players. Seahawks players, Sea Gals



The finished painted mural at the Seahawks Academy.

and staff members all had a hand in the painting project. Among the 16 players who participated were Christian Fauria, Darrell Jackson, J.P. Darche, Mack Strong, Charlie Rogers, Maurice Kelly, Lamar King, Riddick Parker, James Logan, and Willie Williams.

Junior Football Camps

The Seahawks have made a commitment to the athletic improvement and life skills development of the youth of the Pacific Northwest by

holding football camps at a number of locations throughout the region. These day-long camps, free to all boys and girls ages 6-16, feature numerous Seahawks alumni and coaches who teach basic football skills to all participants.

Twelve camps are scheduled during the Summer months each year beginning in May and ending in August. There have been camps in Seattle and various cities in Eastern Washington.

Former Seahawks player and Director of Player Programs, Nesby Glasgow, serves as camp director.



COMMUNITY OUTREACH

EVERY EVENT IS SPECIAL



Gil Haskell eyes a putt at the annual golf tournament.

Seahawks Celebrity Golf Classic

Held for the past 13 years, this annual golf tournament draws numerous Seahawks players, alumni and other area celebrities.

Participants golf with a celebrity and all proceeds raised during the tournament benefit the Seahawks Charitable Foundation which distributes funds to various children's causes throughout the Pacific Northwest.

For the past two years, Mike Holmgren has served as the Honorary Chairman.

Pete Gross House

The Pete Gross House, which opened in November of 1999, is a 69-unit apartment complex providing housing for families undergoing treatment at the Fred Hutchinson Cancer Research Center. The Pete Gross House is also the location of the Hutch School, a fully accredited K through 12 school for cancer patients and their siblings.

This housing project is named after Pete Gross, the Seahawks play-by-play

announcer from 1978-92, who succumbed to cancer in 1992 just three days after being inducted into the Seahawks Ring of Honor. The Seahawks took a very active roll in seeing this project through to completion and annually hold the "Pete Gross House Luncheon" to raise funds for the continued upkeep of the facility. The apartments have been at capacity since this housing development opened.

Seattle Emergency Housing Shelter Birthday Party

The Seattle Emergency Housing Shelter is a service set up to provide temporary housing for homeless families with children.

Each year, the Seahawks hold a birthday party for 50-60 children residing at the housing facility.

The children are bused to the party, held last year at the Don James Center at the University of Washington's Husky Stadium, where they play birthday games and are provided with dinner and gifts by Seahawks players and Sea Gals.

Brock Huard, Isaiah Kacyvenski, J.P. Darche, Rufus French, and DeShone Myles spent time with the kids last year.



Bev Gross with Seahawks President Bob Whitsitt.

COMMUNITY OUTREACH

Shawn Springs' First Place Christmas Party

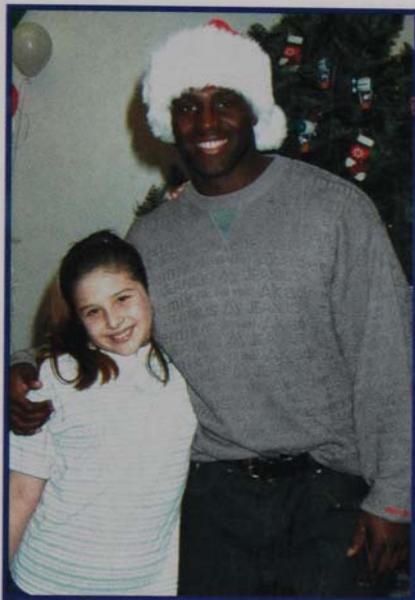
The First Place School provides education for homeless K-6 students. During the holiday season, defensive back Shawn Springs and a number of his teammates and Sea Gals hold a Christmas party for the students who attend the school.

By providing them with gifts and lunch, the players and Sea Gals give the students a special afternoon during which they can forget about their living situations for awhile.

The event was started in 1991 by wide receiver Brian Blades. Among the players who joined Shawn last year were Anthony Simmons, Karsten Bailey, Antonio Cochran, John Hilliard, Darrell Jackson, J.P. Darche, and Maurice Kelly.

Special Olympics Football Clinic

"Let me win; but if I cannot win, let me be brave in the attempt." This is the oath of the Special Olympics athletes and one which 100 hard-working and fiercely competitive athletes who are mentally and physically disabled take to heart when they participate in a football camp held by the Seahawks. During the one-hour clinic held at the Seahawks practice facility, these



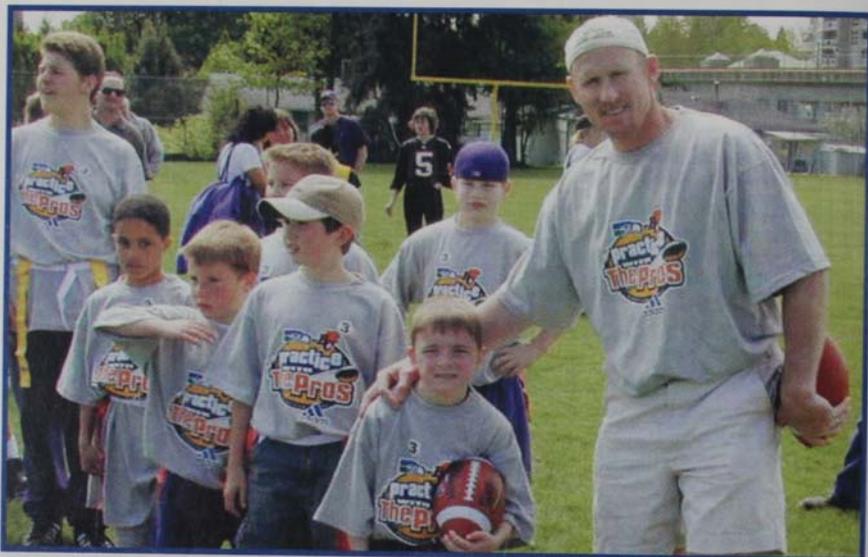
Shawn Springs at his Christmas party.

athletes test their skills against Seahawks players who serve as coaches and mentors. Last year's camp was hosted by honorary coach, offensive guard Frank Beede.



Frank Beede had a busy day working with a few Special Olympian athletes.

COMMUNITY OUTREACH



Jeff Feagles shared his football knowledge last year at Practice with the Pros at the B.C. Lions practice facility in Surrey, British Columbia, Canada.

GIVING BACK IS No. 1 PRIORITY

Practice with the Pros

Practice with the Pros showcases the NFL/CFL Alliance grassroots initiatives. It provides Canadian boys and girls with an opportunity to participate in a non-contact skills clinic hosted by their favorite Seahawks and B.C. Lions football players.

The event is a one-day two-hour clinic held since 1997 in British Columbia.

There are skills such as passing, receiving, pass routes, proper running techniques, and kicking in the clinic.

Last year, Brock Huard, Jeff Feagles, Todd Weiner, Itula Mili, and Blitz participated in the clinic.

The event generates local marketing, public relations and goodwill for the Seahawks and the B.C. Lions.

Ready, Set, Goals

Ready, Set, Goals is the Seahawks literacy program. Sponsored by Pacific Northwest Bank, this third year program is designed to enhance reading comprehension, writing and goal-setting skills in third and fourth grade students. During its second-year, over 250 classrooms throughout the state of Washington participated in the program.

Created in partnership with the Office of Superintendent of Public Instruction, Ready, Set, Goals brings Seahawks players and Blitz directly into participating classrooms. Each month during the school year, a player writes a story based around a goal he had set and achieved. The students then write stories about their own personal goals.

Three classrooms are chosen each month to host a live videoconference with the Seahawks player of the month. Participating players have included Shawn Springs, Brock Huard, Christian Fauria, Mack Strong and Michael Sinclair.

READY, SET, GOALS

COMMUNITY OUTREACH

VARIOUS GAMEDAY INCENTIVE PROGRAMS

Stats For Kids

Throughout the football season, there are a number of ways in which players can benefit children's charities by raising their level of performance on the field. Programs have been developed that team up charities with sponsors who donate money based on game day performances. Listed below are the programs which were in place during the 2000 football season:

First Downs For Kids

For every Seahawks first down, a donation was made to the Boys & Girls Clubs of King County. Tight End Christian Fauria served as the spokesperson.

Kicks for Kids

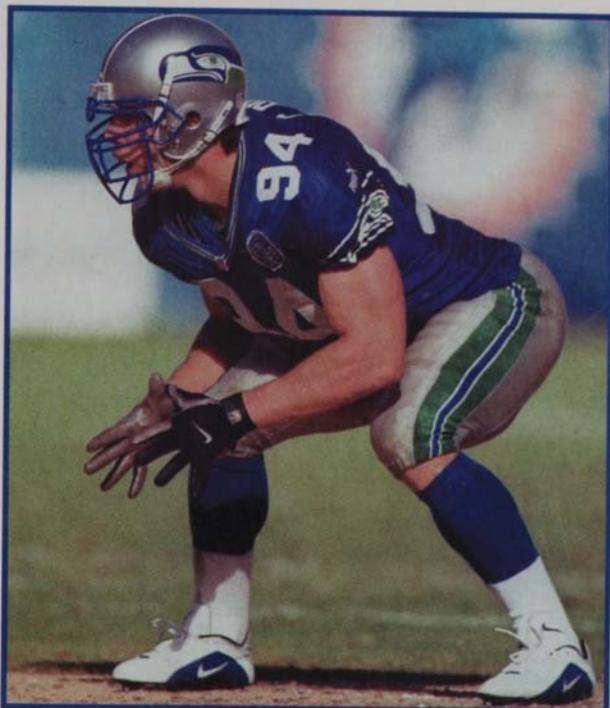
For every successful field goal, a donation was made to Young Life. Kicker Rian Lindell served as the spokesperson.

Picks for Empowerment

For every Seahawks interception, a donation was made to Junior Achievement. Defensive back Shawn Springs served as the spokesperson and also made a personal donation for every interception.

SAC Attack

The Boys & Girls Clubs of King County received a donation every time the Seahawks sacked the opposing quarterback. Linebacker Chad Brown served as the spokesperson.



Chad Brown's sacks during the season helped raise money for the Boys and Girls Clubs of King County.

Special Kicks - Field Goals

The Pete Gross House received a donation for every successful field goal.

Special Kicks - Field Goals & Punts

For every successful field goal and punt landing inside the 20-yard line, a donation was made to Camp Fire Boys & Girls. Rian Lindell and Jeff Feagles served as spokespersons.

Touchdowns for Charity

The Seahawks Academy received a donation for every offensive and defensive touchdown.

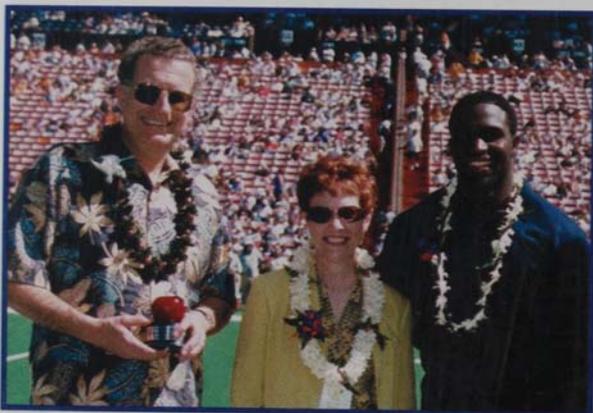
3rd Down Conversions

For every third down conversion, a donation was made to the Pete Gross house.

COMMUNITY OUTREACH

Teacher of the Year

The NFL encourages its athletes to recognize and pay tribute to the teachers who served as mentors and role models during their high school days. Thus, a "Teacher of the Year" pro-



Springs' high school teacher, Joyce Amatucci, was named the NFL's Teacher of the Year.

gram was developed which allows players to nominate influential teachers to receive grants. During the 2000 season, defensive back Shawn Springs nominated one of his high school teachers for the award. Much to her pleasure and surprise, Joyce Amatucci, a Spanish teacher and athletic tutor at Springbrook High School in Silver Spring, Md., was selected as the NFL's Teacher of the Year. Springs nominated her for the role she had in making him the person he is today. As a reward from the NFL, Amatucci took a trip to the Pro Bowl where Shawn presented her with a \$5,000 personal grant and a \$10,000 grant for Springbrook High School.

Stanley Park Playfield

Stanley Playfield in Tacoma, Wash. will have a whole new look, thanks to a \$100,000 grant on behalf of the Seahawks and the NFL's Community Football Fields Program. The grant, selected from qualified applications from across the country, is part of the Community Football Fields Program, a joint venture of the NFL and the Local Initiatives Support Corporation, the nation's leading community development support organization. The Community Football Fields program is a part of the NFL Charities

Youth Football Fund, a \$100 million fund established by the NFL and NFL Players Association to ensure youth across the country have the opportunity to enjoy the game of football. The program, in its third year, had provided nearly \$5 million in grants to some 48 cities.

Community Quarterback Award

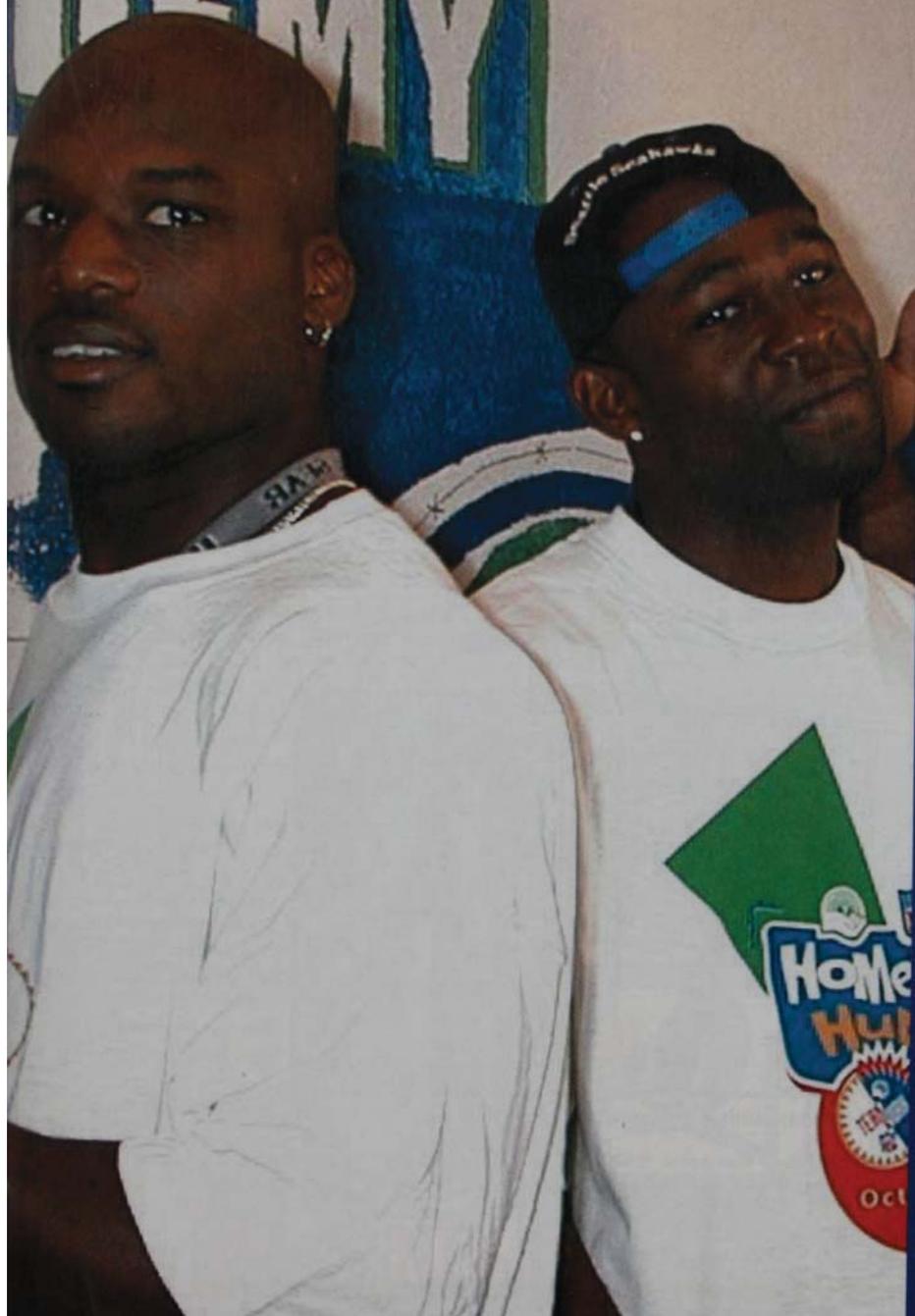
To recognize the thousands of incredible volunteers throughout the country, the NFL developed the Community Quarterback Award that pays tribute to 10 outstanding volunteers in each of the 31 NFL markets. The Seahawks had the difficult job of choosing ten volunteers from nearly 100 applicants. Of the ten volunteers selected, each of whom received a \$1,000 grant from the NFL, two individuals were chosen as runners-up and received an additional \$2,500 grant. One individual was selected as the Seahawks Community Quarterback award winner and received an additional \$10,000 for her charity.

The 2000 Seahawks Community Quarterback award winner was Diane Formoso. Diane is the founder and coordinator of "Caring for Kids," a non-profit organization that provides clothes, food and school supplies for needy children.

Coach of the Year

In 1995, NFL Commissioner Paul Tagliabue and 31 teams comprising the NFL started an initiative to honor coaches who have had a profound affect on the athletic and personal development of players. The NFL High School Football Coach of the Year Award allows players to pay tribute to the coaches who were instrumental in helping them realize their dreams of playing in the NFL. During the 2000 season, defensive lineman Cortez Kennedy's high school coach Mike Smith from Rivercrest High School in Wilson, Ark., was one of six finalists to receive the award. Kennedy's nomination of Smith and his subsequent selection meant that Smith was rewarded with a \$2,500 personal grant and a \$5,000 grant for Rivercrest High School.

HAWKS
DEMY

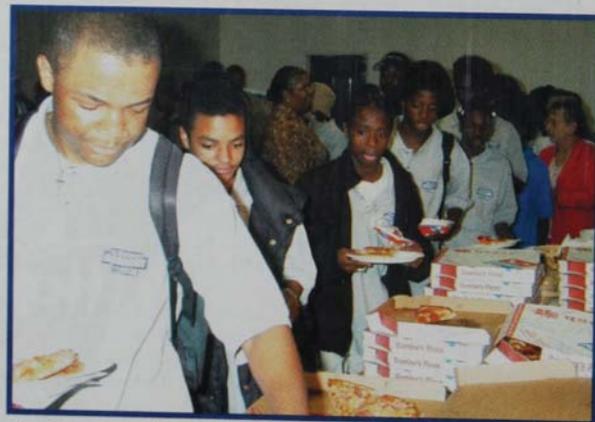


SEAHAWKS ACADEMY

SEAHAWKS ACADEMY DELIVERS HOPE AND COMMITMENT

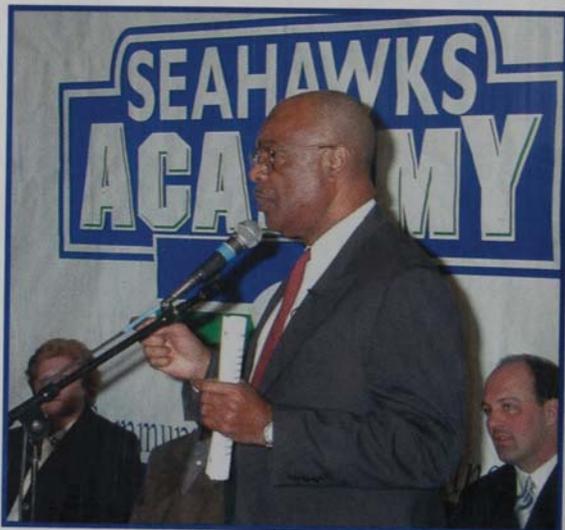
The *Seattle Seahawks Academy*, now in its fourth full school year, is a collaborative venture between Seattle Public Schools and "Communities In Schools of Seattle." The Academy, located in Seattle's Central District, provides a special caring community for 125 middle school students. Emphasis is placed on discipline as well as one-on-one encouragement, to promote academic success in children who have struggled in other school programs.

Students, who wear Seahawks Academy uniforms, must commit to strict behavior contracts signed by the student and parents. The Academy's policies foster positive expectations and a "Seahawks Academy culture," teaching students to respect each other, teachers and themselves. Teachers emphasize individual instruction while insisting on adherence to schools rules. The thrust of the program is that every child must believe that he or she can succeed in school and in



Academy students enjoyed the annual pizza party.

leaders have also spent time with the students, including Superintendent Joseph Olchefske, Governor Gary Locke, and United States Secretary of Education Dr. Rod Paige.



U.S. Secretary of Education Rod Paige at the Academy.

society by taking responsibility for their actions, applying themselves and cooperating with teachers and peers.

The Seahawks and the Academy's other corporate partners provide financial support to the school, as well as mentors for the students. Seahawks players visit with the students, encouraging them to succeed academically and socially. The team provides game tickets and promotional items as incentives for positive behavior.

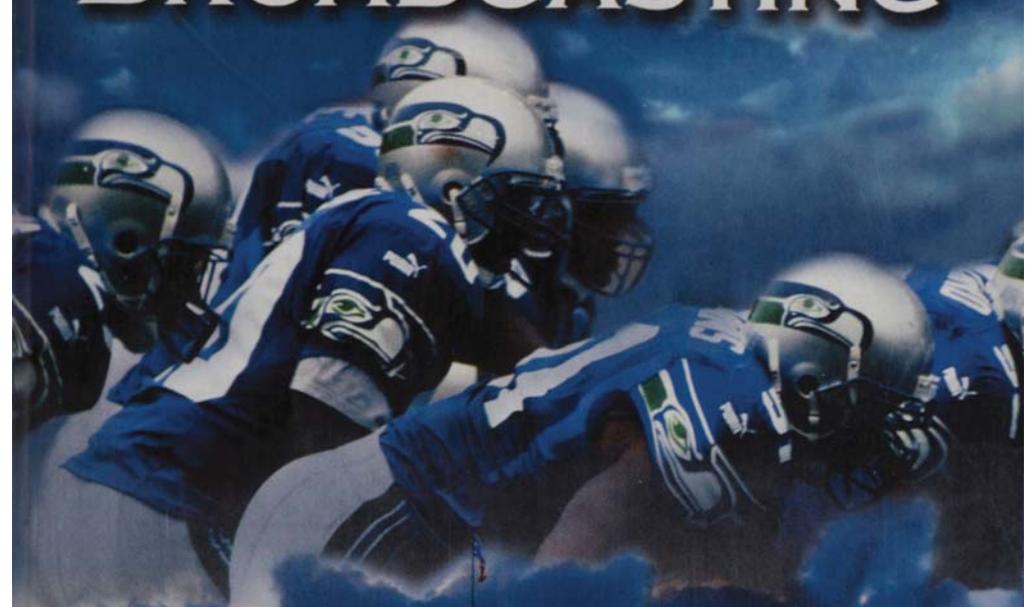
Community and national

2001

SEATTLE SEAHAWKS



BROADCASTING



710

KIRO
SEAHAWKS RADIO



Q13

FOX

2001 BROADCASTING

TELEVISION

Seahawks Broadcasting is an in-house production and syndication unit of the Seattle Seahawks. Now in its fourth year, Seahawks Broadcasting produces some of the most-watched and critically acclaimed sports broadcasts in the Pacific Northwest region including the 1999 preseason game versus the Buffalo Bills which was the first NFL Team broadcast of a game in HDTV.

"KICKOFF 2001"

"Kickoff 2001" is the annual one-hour season preview show telecast from the team's training camp at Eastern Washington University in Cheney, Wash. This 'Live' special, focuses on meeting the new faces on the squad, which include taking a look at the draft picks and key free-agent additions. Join the Voice of the Seahawks, Brian Davis, as we look at the 2001 schedule and meet special Seahawks guests during this entertaining hour.

PRESEASON FOOTBALL

Seahawks 2001 continues with an excellent schedule of preseason games:

Saturday, August 11	at Indianapolis Colts	5:00 p.m. PT
Saturday, August 18	Arizona Cardinals	6:30 p.m. PT
Saturday, August 25	at San Francisco 49ers	6:00 p.m. PT
Saturday, September 1	New Orleans Saints	1:00 p.m. PT

Play-by-play chores will be handled by Rich Waltz who currently broadcasts college football, basketball and Major League Baseball for ESPN and ESPN2. Analysis will be provided by former Seahawks player and coach, Paul Moyer with sideline reports from KCPQ's Dan Devone.

"SEAHAWKS INSIDER"

The Official Team Show of the Seattle Seahawks "Seahawks Huddle" continues each week of the regular season on KCPQ Q13 with a series of weekly magazine shows. The show will feature a behind-the-scenes look at the team, players, and the organization, providing exclusive insights into the life in the NFL. Meet Seahawks players, coaches and team officials in a fast paced, informational and insightful magazine-style show hosted by the Voice of the Seahawks, Brian Davis.

"RUNNING WITH THE HAWKS"

"Running with the Hawks," a one-hour young demo show, will air each quarter of the year. The show will feature material designed especially for our younger fans, but appealing to all that follow the boys in blue.

2001 BROADCASTING

RADIO NETWORK

SEAHAWKS' STATIONS

	Station	Frequency
Washington		
Aberdeen	KDUX	104.7 FM
Bellingham	KPUG	1170 AM
Centralia	KMNT	102.9 FM
Cofax	KMAX	840 AM
Colville	KCVL	1240 AM
Ellensburg	KXLE	1240 AM
Forks	KVAC	1490 AM
Grand Coulee	KEYG	98.5 FM
Longview	KEDO	1400 AM
Long Beach	KKEE	94.3 FM
Moses Lake	KBSN	1470 AM
Mt. Vernon	KBRC	1430 AM
Omak	KOMW	680 AM
Port Angeles	KONP	1450 AM
Prosser	KZXR	1310 AM
Shelton	KMAS	1030 AM
Spokane	KXLY	920 AM
Walla Walla	KUJ	1420 AM
Wenatchee	KPQ	560 AM
Yakima	KIT	1280 AM
Oregon		
Albany	KRKT	990 AM
Astoria	KAST	1370 AM
Portland	KXL	750 AM
Eugene	KPNW	1120 AM
Montana		
Missoula	KGRZ	1450 AM
Idaho		
Coeur d'Alene	KVNI	1080 AM
Lewiston	KRLC	1350 AM
Alaska		
Anchorage	KFQD	750 AM
Cordova	KLAM	1450 AM
Haines	KRSA	94.9 FM
Juneau	KINY	800 AM
Petersburg	KRSA	580 AM
Sitka/Wrangell	KRSA	94.9 FM
Nevada		
Las Vegas	KRLV	1340 AM

Seahawks Radio is the best way to stay in touch with the team during the season. Produced in-house, the Seahawks Radio broadcast schedule on Game Day begins with the two-hour Home Depot Pregame Huddle followed by the game itself and a one-hour post-game show.

A team of veteran announcers will present each broadcast:

Brian Davis - Play-by-Play

Davis enters his second season as the "Voice of the Seahawks". Brian enjoyed a long and successful radio and TV career in Chicago, where he hosted the Bears' pre & post game shows and announced basketball games for DePaul University, Conference USA and the Big 10. He was also the voice of Major League Soccer's Chicago Fire. Brian has done football play-by-play for the Big 10 and Mid-American Conferences. His work appeared on FOX Sports Net and ESPN Regional television. A graduate of Northwestern University, he was a regular on CBS Radio and longtime host of the Chicago Blackhawks Radio Network.

Brian serves on the board of Seahawks Academy and is active in the Seahawks Community Outreach effort. He lives in Bellevue with his wife, Judy, daughter, Ilona, and son, Evan.

Steve Raible - Color

Returning for his 20th year in the booth as color analyst, Raible, an original member of the Seahawks, played wide receiver from 1976-81. Following his playing career, Steve joined KIRO-TV where he has won four local Emmys including "Best TV Anchor." He currently anchors KIRO-TV Eyewitness News at 5:00, 6:30 and 11:00 p.m.

Ron Callan - Sideline

A 25-year veteran of radio broadcasting, Ron begins his sixth year with the Seahawks Radio broadcast team. He handles live sideline reporting as well as handling pregame show hosting duties and postgame locker room interviews.

Seahawks Huddle

Seahawks Broadcasting produces the Seahawks Huddle, the club's weekly radio

show, co-hosted by Brian Davis and Ron Callan. Seahawks Huddle can be heard on 710 KIRO every Thursday from 7 - 9 p.m. Beginning the week before training camp opens and concluding the week after the Super Bowl, this show offers an inside look at the Seahawks and the NFL and features interviews of Seahawks players and coaches and guests from around the league.

ACTION SPORTS MEDIA

Action Sports Media Incorporated (ASM), a member of the Paul G. Allen family of sports, sales, marketing, entertainment and facility companies, entered a landmark eight-year marketing partnership with the University of Washington (February 1998) that enabled ASM to market and sell comprehensive sponsorship packages for Husky athletics. The package included signage in five Husky athletic venues including Husky Stadium and Bank of America Arena at Hec Edmundson Pavilion.

In April 1999, ASM entered into a similar agreement with Washington State University that will encompass new signage in Martin Stadium.

Harry Hutt, Senior VP of ASM, along with Ralph McBarron, VP and GM, have been responsible for upgrading the total fan experience in these stadiums, including the newest member of the ASM family, the University of South Carolina, and has led the efforts to acquire new clients for ASM.

Helping to enhance and nurture the University of Washington and Washington State University agreements was the acquisition in May 1999 of StadiaNet Sports, the market leader in installing and programming large-screen video displays (LSVD) and scoreboards for university stadiums arenas.

ACTION SPORTS MEDIA

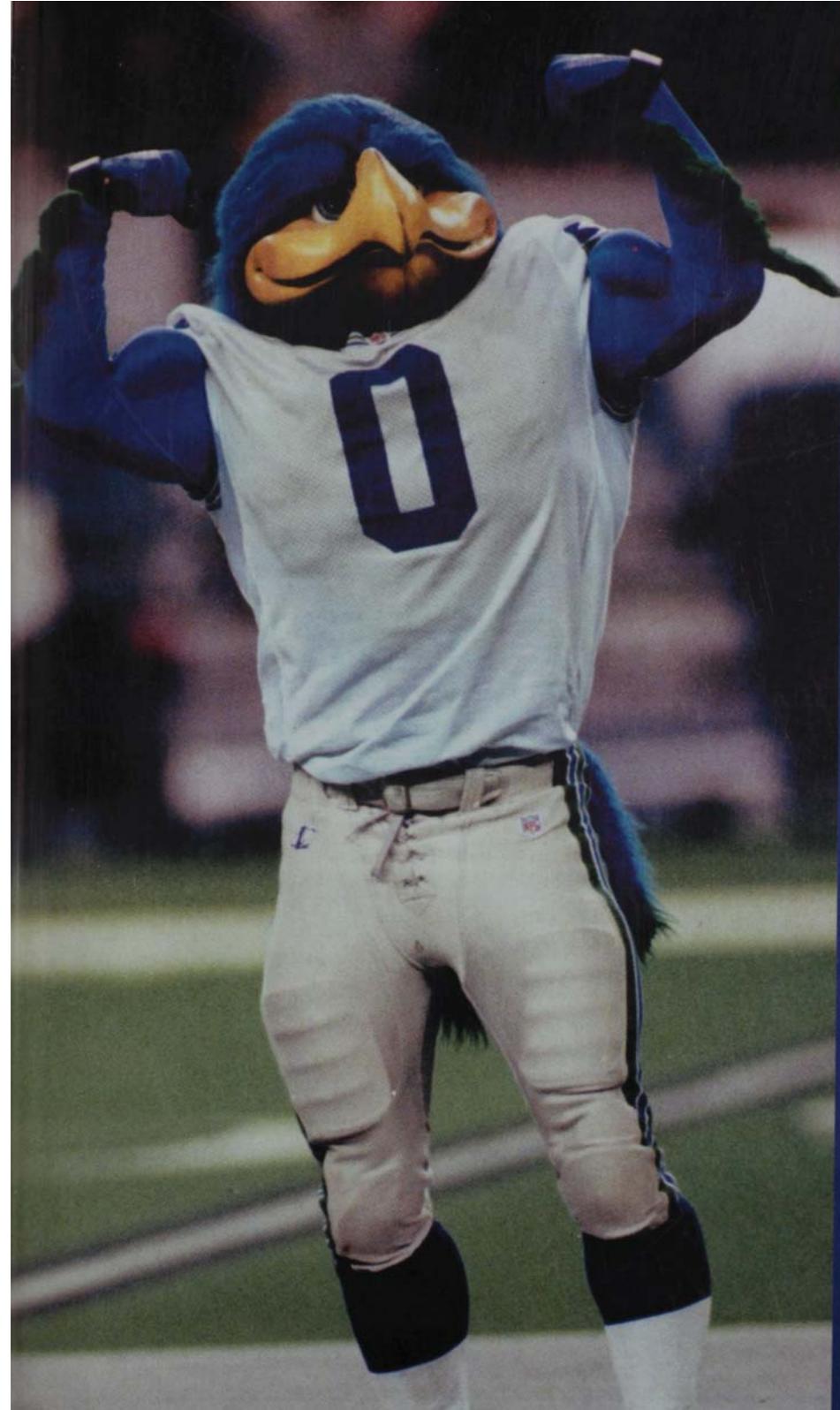
ASM now confines the comprehensive sponsorship expertise of ASM with StadiaNet's national network of LSVDs serving 13 Division I football stadiums and four basketball arenas. Those universities include: Parker Stadium at Oregon State University; Bryant-Denny Stadium and Coleman Coliseum at University of Alabama; Vanderbilt Stadium and Memorial Gym at Vanderbilt University; Vaught-Hemingway Stadium at the University of Mississippi; Scott Field at Mississippi State University; Darryl K. Royal Stadium and Erwin Special Events Center at the University of Texas; Kyle Field at Texas A&M; Wagner Field and Bramlage Coliseum at Kansas State University; Lewis Field at Oklahoma State

University; Kinnick Stadium at the University of Iowa; Ross-Ade Stadium at Purdue University; Williams Brice Stadium and Basketball Arena at the University of South Carolina and Neyland Stadium and Thompson-Boling Arena at the University of Tennessee.

The acquisition brings technology right to the field by enhancing the sport fan's experience by providing instant game-related information (such as replays), program content broadcast via satellite and interactive programs.



The Huskies new scoreboard at Husky Stadium.



BLITZ

On August 13, 1998, Blitz, the Seattle Seahawks mascot, made his debut at the regular season home opener against the Arizona Cardinals. Blitz entertains at all home games with his 4-wheeler, t-shirt shooter, skits and antics.

He has become popular within the community by attending various events geared towards entertaining children and sending positive messages.

His popularity has spread to other sports teams in the region by way of his appearances at the University of Washington mascot basketball games, Seattle Thunderbirds games, parades, and various Mariners and Sonics activities.

Blitz represented the Seahawks at the 1999, 2000 and 2001 Pro Bowls in Honolulu, Hawaii. He was part of a select group of NFL mascots that performed various routines throughout the week.

This Fall, Blitz's "Ready, Set, Goals," a literacy program designed to enhance reading comprehension, writing, and goal setting skills for 3rd and 4th grade students, will begin its third year.



Blitz holds up the Canadian Flag during a recent visit.

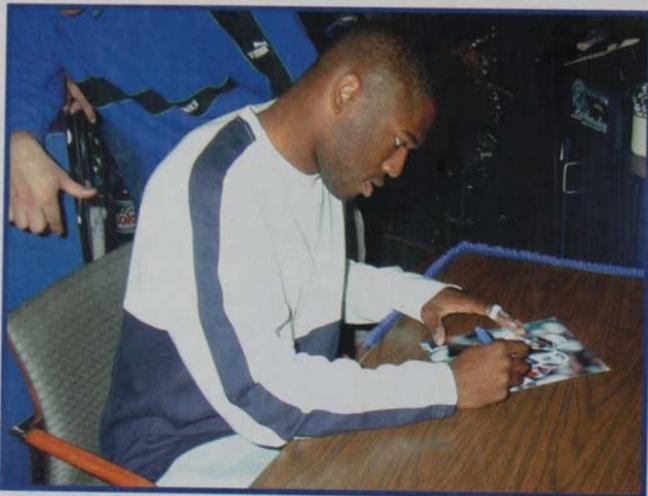


Blitz interacts with the crowd and is a fan favorite.



ENDZONE STORE

ENDZONE STORE



Shaun Alexander signed autographs at the EndZone Store.

Located on the corner of First Avenue South and South King Street in Seattle, the Seahawks EndZone Store features old and new sports teams products. Shoppers will find everything from the latest in Seahawks sweatshirts to water bottles, as well as University of Washington Huskies and Washington State

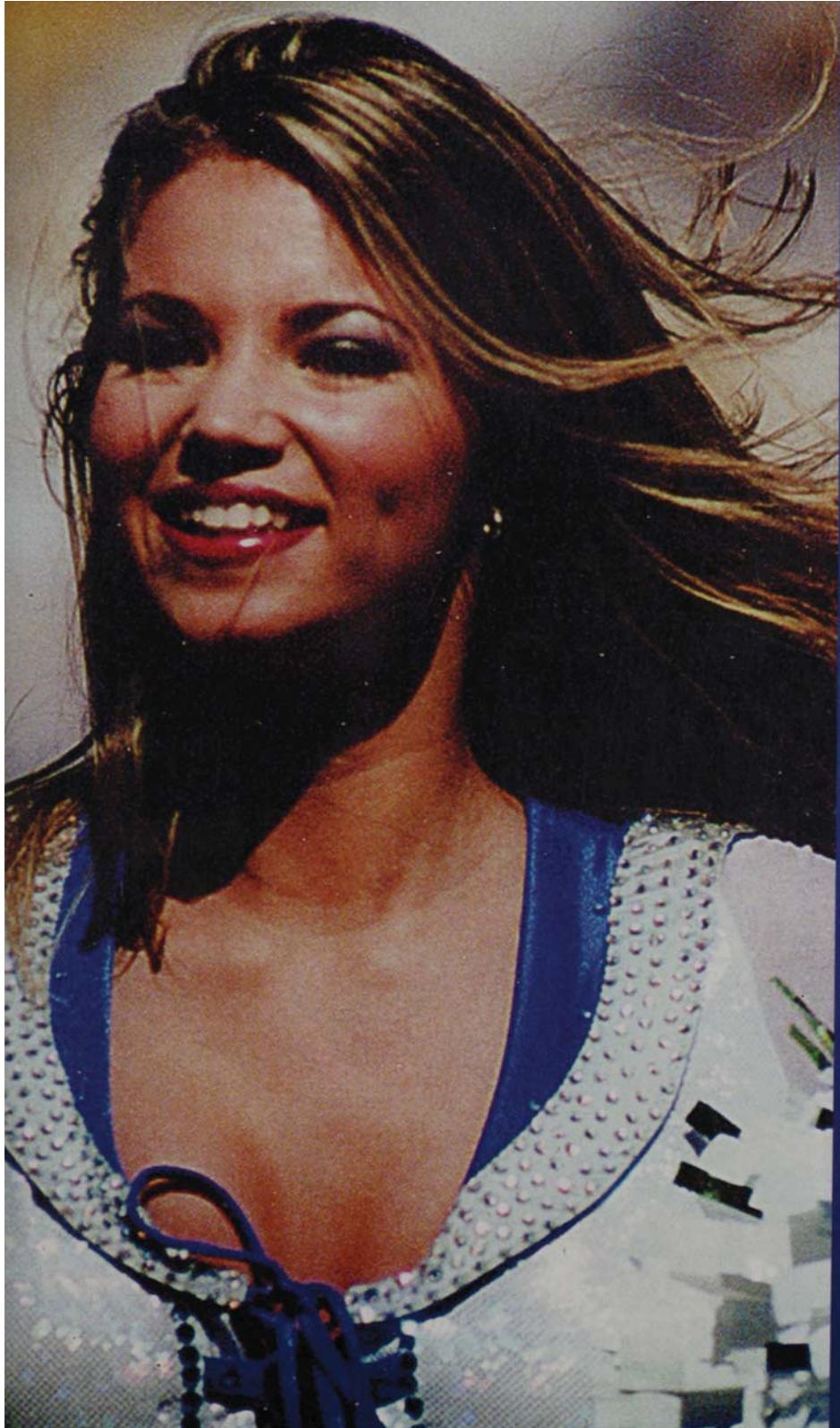
University items. Visitors to the store can also view 24 seasons worth of Seahawks memorabilia and a large-scale model of the new stadium/exhibition center on display.

For sports fans, the EndZone Store has an advanced interactive computer system that connects to the top sports sites on the internet with just a touch of the screen, and a video display area capable of televising Sunday NFL games and other sports events throughout the year. The interactive computer also allows access to the First & Goal and the Public Stadium Authority Web pages to give updates on the new stadium/exhibition center project.

Merchandise can also be ordered at www.seahawks.com.



The Endzone Store is located in the Pioneer Square neighborhood of Seattle.



SEA GALS



Sea Gals Director Sherri Thompson

Twenty-eight women make up the Sea Gals, a sideline dance group that balances a busy schedule of practicing, performing and making

public appearances in the community throughout the year.

Sherri Thompson, who has been involved with the Sea Gals since 1981 as a squad member (1981-83) and choreographer (1984-86) will begin her 15th year as director. Her assistant is Robin Houbjerg, also a former Sea Gal.

In addition to numerous practices and game day performances, the Sea Gals are heavily involved in the community, donating much of their time to benefit local charities and organizations.

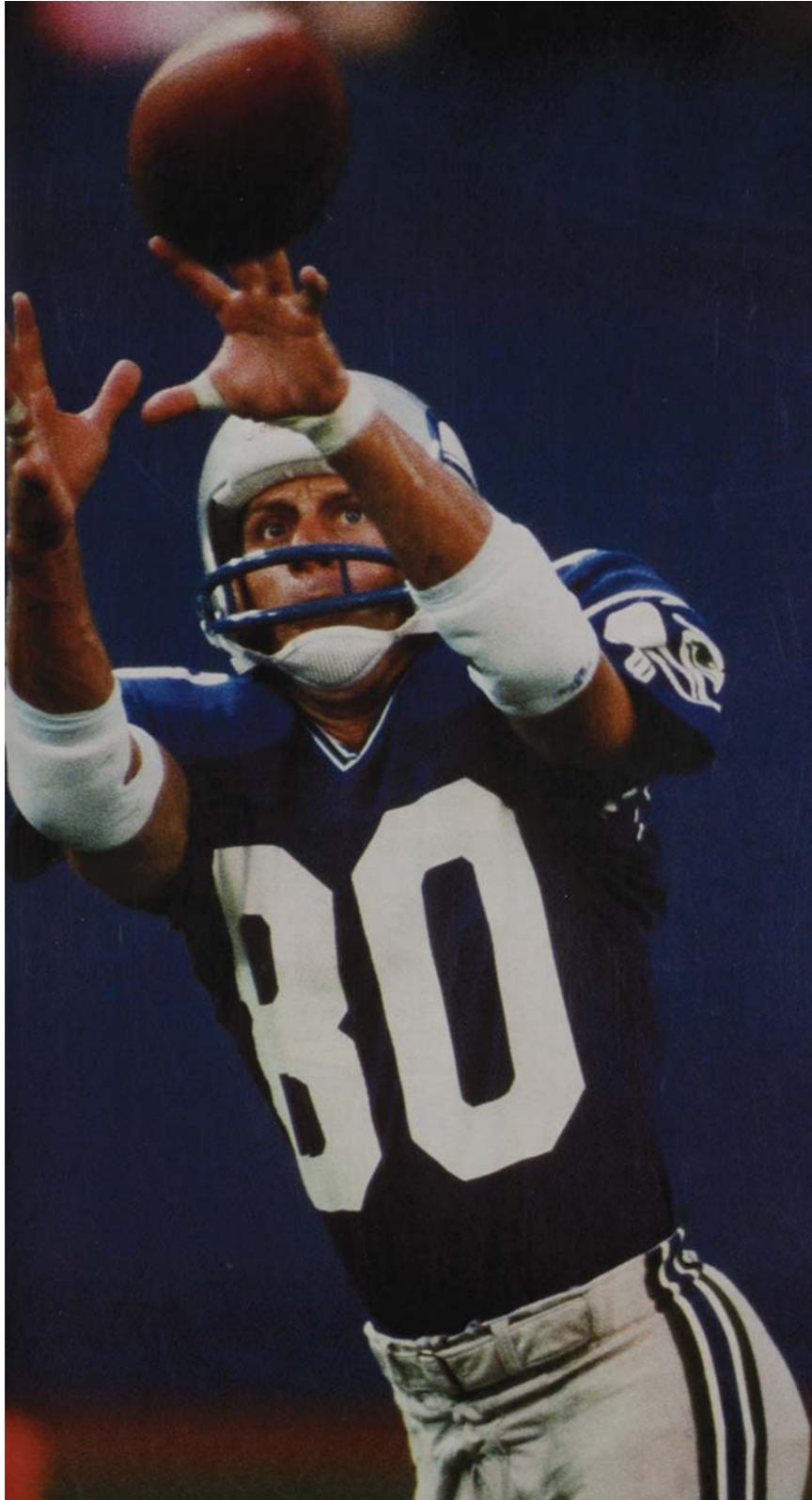
The Sea Gals also hold an annual fund-raising event to provide Christmas presents for the women and children living at a local women's shelter.

The Sea Gals have also developed a "Show Group," a 45-minute variety show that includes 50's, funk and disco dance routines. This group has twice performed in Hong Kong on an invitation from the Hong Kong Tourist Association.

More information about the Sea Gals can be obtained by accessing www.seahawks.com or by calling (425) 827-9777.



Twenty-eight women make up the 2001 Sea Gals.



ALUMNI

SEAHAWKS ALUMNI

KEEPING THE SEAHAWKS LEGACY ALIVE

Seahawks alumni continue to make their mark off the playing field by making various appearances year after year.

After giving their heart and soul during their playing days with the Seahawks and the National Football League, they continue that drive and urgency off the field well after their professional playing days are over.

Seahawks alumni in the state of Washington made over two hundred appearances in 2000. Those visits ranged from community celebrations to check presentations and everything in between.

Former players like Alonzo Mitz (DE, 1986-89), Charle Young, (TE, 1983-85), Sam Adkins (QB, 1977-82), and Vic Minor (S, 1980-81) all participated in community events that left lasting impressions on everyone involved.

Seahawks alumni are also successful in business and politics as well.

Steve Largent (WR, 1976-89) is the lone Seahawks player in the NFL Hall of Fame and he has made his mark in national politics as a U.S. Congressman in the 1st District of the State of Oklahoma.



Steve Largent

His 13,089 yards and 100 touchdowns made him an instant choice for the prestigious honor in his first year of eligibility. He is in the Seahawks Ring of Honor (1989) and was recently inducted in the Washington Sports Hall of Fame.

Seahawks Ring of Honor inductee Jacob Green, (DE, 1980-91), gives back to the community year in and year out.

Green, the Seahawks' all-time sack leader with 116.0, is the celebrity host of a golf outing each year. The Jacob Green Charity Golf Classic benefits the Fred Hutchinson Cancer Research



Alumni Logo

Center.

Steve Raible, (WR, 1976-81), was an original member of the Seahawks, now enters his 20th season as a color analyst for KIRO Radio. He can also be seen each week night as anchor of KIRO-TV where he's been since 1982.

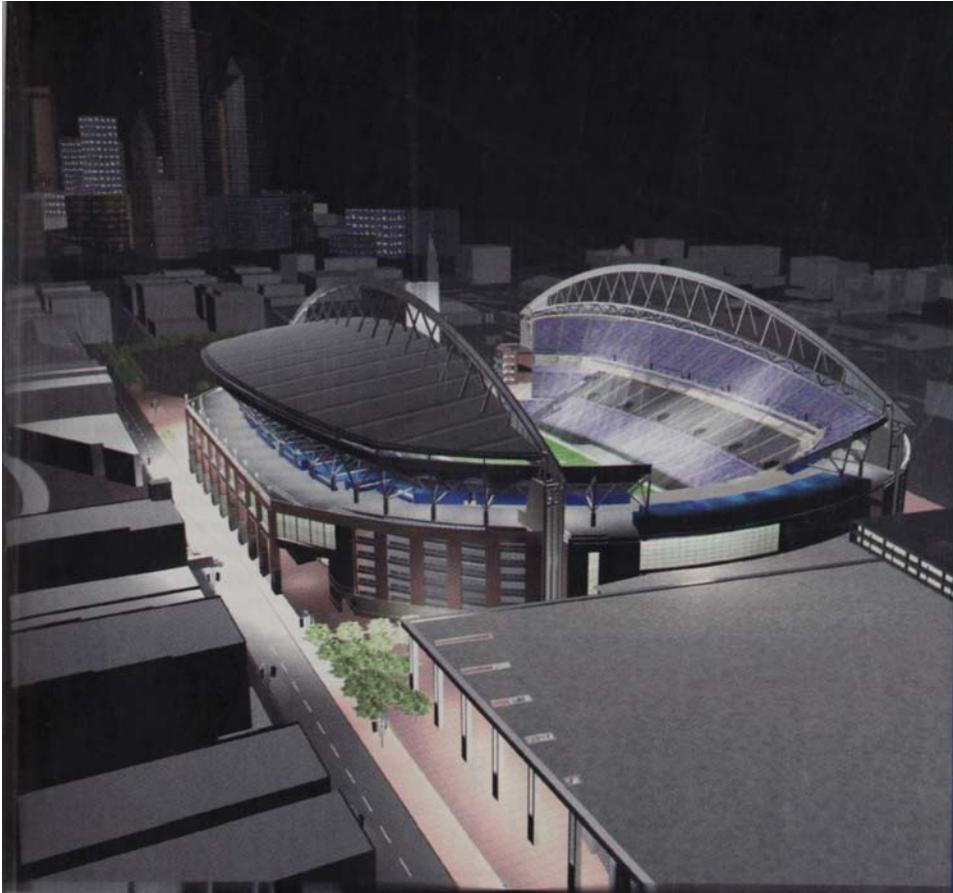
Sam McCullum (WR, 1976-81), is the president and owner of Meat Distributors and Central Food Sales in Kirkland and Renton, Wash. McCullum ranks in three receiving categories: pass receptions, receiving yards, and receiving touchdowns. He now supplies meat to restaurants, hotels, and schools in Washington.

Kenny Easley, (S, 1981-87), completed his first year of owning the Norfolk Nighthawks, an Arena Football League team in Virginia. His three interceptions versus the San Diego Chargers in October 1984 still ties a Seahawks record.

Vic Minor, (S, 1980-81) is a police officer in the city of Seattle and coordinates the Central Area Community Festival each summer. The festival promotes opportunities for volunteer involvement of individuals, organizations and businesses in Seattle.

Nesby Glasgow, a 14-year NFL veteran (Seahawks, 1988-92) is the Seahawks Director of Player Programs/Alumni.

Under his leadership, the Alumni have established relationships with various marketing partners. Those relationships helped established junior football camps for kids, ages 10-16, that are held in various cities throughout the state of Washington and one camp in Vancouver, British Columbia.



KINGDOME

The KINGDOME was originally located on **35.9 ACRES**. Due to construction of the new parking garage and exhibition center the acreage is now 23.9 acres.

The Kingdome had the **LARGEST CONCRETE ROOF IN THE WORLD** - 7.85 acres. A new roof and ceiling was completed in 1994. The new ceiling had improved acoustics through the use of a spray on cellulose material.

The building itself, contained **52,800** cubic yards of concrete and **443 TONS** of structural steel.

It was **250 FEET HIGH** and **660 FEET ACROSS** to the inside walls making it wider than the Space Needle is tall.

The Kingdome hosted **FOOTBALL, SOCCER, BASEBALL, BASKETBALL, TENNIS, VOLLEYBALL, RODEOS, MOTOR SPORTS, CONCERTS, MEETINGS** and **TRADE & CONSUMER** shows of all types.

The Kingdome boasted the **43rd** largest facility exhibition space in North America.

More than **72 MILLION PEOPLE** entered the Kingdome through a variety of entertainment over 23 years.

Over **3,250** major events were held and many hundreds of smaller special events.

The largest event attendance at the Kingdome was 74,000, set on May 14, 1976 during a **BILLY GRAHAM CRUSADE**.

ORIGINAL COST, including property, was \$67 million; another \$47 million in capital improvements was added over the years. The remaining debt on both the original cost and capital improvements is \$57 million.

The roof and ceiling renovation was **\$70 MILLION**.

The total debt on the Kingdome is \$127



TOP 10 MOMENTS*

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NOVEMBER 7, 1976
<i>First home win versus the Atlanta Falcons</i> | <i>the AFC Wild Card Game at the Kingdome</i> |
| NOVEMBER 16, 1981
<i>First regular season victory over San Diego on Monday Night Football after eight straight previous defeats</i> | OCTOBER 6, 1986
<i>Steve Largent breaks the NFL record for consecutive games with a pass reception against San Diego on Monday Night Football</i> |
| DECEMBER 24, 1983
<i>First home playoff win versus the Denver Broncos</i> | DECEMBER 11, 1988
<i>Seahawks score on their first six possessions in a 42-17 victory over the Denver Broncos/Largent hit on Mike Harden.</i> |
| NOVEMBER 4, 1984
<i>NFL record four interceptions returned for touchdowns against the Kansas City Chiefs</i> | NOVEMBER 30, 1992
<i>Play-by-play announcer Pete Gross is inducted into the Seahawks Ring of Honor</i> |
| DECEMBER 2, 1984
<i>Clinched a playoff berth with a 38-17 win over Detroit</i> | NOVEMBER 3, 1996
<i>John Friesz threw for 323 yards, the first 300-yard passing game since 1990 in a 23-16 win over the Houston Oilers</i> |
| DECEMBER 22, 1984
<i>Eliminated defending Super Bowl Champion Los Angeles Raiders in</i> | |

million with the majority of it due to be retired in the year 2016.

ANNUAL PAYMENTS of \$6.3 million are received from a 2% hotel/motel room tax and a 1% rental car tax. This pays for the original construction, the roof and ceiling repair and millions of dollars in improvements.

The stadium employed 70 full-time staff and up to 1,200 part-time event personnel.

At one point, the Kingdome was home to four professional sports- **BASEBALL, FOOTBALL, BASKETBALL** and **SOCCER** (*Seattle Sounders*).

The Kingdome was imploded on March 26, 2000.

* *Top 10 Moments as voted on by Seahawks fans via the team's official web site, www.seahawks.com, prior to the final regular season game played on December 26, 1999.*

HUSKY STADIUM

The SEATTLE SEAHAWKS will play their entire 2001 home schedule at HUSKY STADIUM for the second consecutive year. With the demolition of the Kingdome and progressing creation of the new football stadium, the Seahawks looked to the home of the Washington Huskies for the 2000 and 2001 NFL seasons.

Seating capacity at Husky Stadium for Seahawks games will be 68,589, with nearly 70 percent of those seats between the endzones.

The Seahawks played three regular season and two preseason games at the stadium in 1994, when ceiling tiles fell from the Kingdome's roof.

Built in 1902 at a cost of \$600,000, the stadium's initial capacity was 30,000. The stadium officially opened on November 27, 1920, when Dartmouth defeated the University of Washington, 28-7.

Capacity was increased to 40,000 in 1936 and again to 55,000 in 1950. The second of these upgrades included roof-covered seats in the south stands and cost \$1.7 million.

The current press box was originally constructed as part of the 1950 expansion.

An additional 4,000 seats were added in 1968, to take capacity to 59,000.

Husky Stadium became just the second stadium to don AstroTurf, when it replaced the original natural grass in 1968. The University of Washington supplied more than 200 pairs of shoes for opponents, due to the rarity of the surface.

The turf was replaced in 1972, 1977, 1987, 1995, and new FieldTurf was laid down in 2000.

Seating capacity increased one more time in 1987, in a \$13 million project.



TEAM HEADQUARTERS

On June 18, 1986, the Seattle Seahawks moved into their office and training headquarters adjacent to Northwest College in Kirkland, Washington.

The two-story building went through major renovation that were completed in 1999, to create a first-class facility. The lower-level houses meeting rooms, locker rooms for the players and coaches, training and equipment rooms as well as an expanded strength and conditioning area.

Upstairs houses the administrative offices, coaches offices, and conference rooms.

The Seahawks are able to practice on three regulation fields, two natural grass and one artificial turf. The original turf field was replaced by a new one in 1997. That field is then covered by an inflatable bubble as the weather worsens.

To reach the headquarters from Seattle, take Highway 520 East and exit at the Kirkland Exit. Go right onto Northrup Way and left onto 108th Avenue NE (next light). Follow 108th for approximately one mile and turn right onto NE 53rd St. Continue

to the top of the hill, passing the player and staff entrance on your left. Turn left at top of the hill into the visitor's parking area.

From the Eastside, take Highway 520 West from I-405 and exit onto 108th Avenue NE. Turn right at the stop sign at the end of the exit and proceed up the hill on 108th. Go approximately one mile to NE 53rd Street and turn right. Turn left at top of the hill into the visitor's parking area.

From Southbound on I-405, take the N.E. 70th Street Exit. Take a left at N.E. 72nd Place and another left at 108th Avenue N.E. Go approximately one mile to NE 53rd Street and turn left. Turn left at top of the hill into the visitor's parking area.

From Sea-Tac Airport, follow the signs to I-405 North. Exit onto Highway 520 Westbound (Seattle) after 20-25 minutes. Take Highway 520 from I-405 and exit onto 108th Avenue NE. Turn right at the stop light at the end of the exit and proceed up the hill on 108th. Go approximately one mile to NE 53rd Street and turn right. Turn left at top of the hill into the visitor's parking area.

FIRST & GOAL

In June of 1997, Washington State voters approved a funding package to build a new football/soccer stadium and exhibition center. The new facility will be built on the current site of the Kingdome and will be completed in time for the 2002 football season.

The construction schedule:

Exhibition center groundbreaking/construction started	September 1998
Exhibition center/garage completed	November 1999
Demolition of Kingdome	March 26, 2000
Stadium construction starts	April 2000
Stadium completed	July 31, 2002
First Seahawks game played at new stadium	August 2002

* Four-to-five months total process. Construction on the new facility can begin part-way through the demolition process.

STADIUM FUNDING

The \$400 million facility will be owned by the public and funded by a private-public partnership. Private contributions will total at least \$100 million, while the public will contribute up to \$300 million through a new lottery and a variety of taxes generated by events in the stadium/exhibition center.

A breakdown of the funding package:

- \$130 million private investment led by Paul Allen
- \$127 million from new, sports related games, similar to the Mariners' baseball-themed scratch games
- \$101 million in sales taxes collected in King County attributable to events in the stadium/exhibition center
- \$56 million from facility admission and parking taxes
- \$15 million from extending King County's share of the existing hotel-motel tax
- \$1 million per year of in-kind advertising for the new lottery games will be provided by Paul Allen
- All excess stadium revenues will fund youth athletic facilities throughout Washington State in addition to a \$10 million contribution from Paul Allen
- \$14 million of the public contribution will come from interest earned on the \$50 million private contribution from Paul Allen
- Paul Allen has agreed to pay for any construction cost overruns
- As an added measure, the debt on the Kingdome will be retired, freeing property taxes for other purposes

STADIUM/EXHIBITION CENTER HIGHLIGHTS

- 68,000 fixed seats
- Open air and natural grass, with 70 percent of fans provided with roof protection
- Twice as many restrooms as in the Kingdome
- 50 percent more space for exhibitions than the Kingdome
- 1,400 seats for people with disabilities and their companions (compared to 70 at the Kingdome)
- Wide concourses
- 12 elevators (Kingdome had 3)
- Concession areas throughout the stadium at all levels (twice as many per person as the Kingdome)

2001-2002 KEY DATES

NATIONAL FOOTBALL LEAGUE CALENDAR

2001

- July 5 Claiming period of 24 hours begins in waiver system.
- Mid-July Preseason training camps open. Veteran players cannot be required to report earlier than 15 days prior to club's first preseason game or July 15, whichever is later.
- July 15 On or after this date a club that extends a Player Contract for a Franchise Player shall not be deemed to have utilized its Franchise Player designation for the period of the extension.
- July 22 Signing period ends at 4 p.m., Eastern Daylight Time, for Unrestricted Free Agents to whom June 1 tender was made by Old Club, and for Transition Players and Franchise Players who are eligible to receive Offer Sheets. After this date, and through 4 p.m., Eastern Standard Time, on November 13, Old Club has exclusive negotiating rights to these players.
- August 6 Hall of Fame Game, Canton, Ohio: Miami vs. St. Louis.
- August 10 If a Drafted Rookie has not signed with his club by this date, he may not be traded to any other club in 2001.
- August 27 American Bowl, Mexico City, Mexico: Dallas vs. Oakland.
- August 28 Roster cutdown to maximum of 65 players on Active List by 4 p.m., Eastern Daylight Time.
- September 2 Roster cutdown to maximum of 53 players on Active/Inactive List by 4 p.m., Eastern Daylight Time. NFL Europe League exemptions expire. Clubs may dress minimum of 42 and maximum of 45 players and third quarterback for each regular-season and postseason game.
- September 3 After 4 p.m., Eastern Daylight Time, clubs may establish a Practice Squad of five players by signing free agents who do not have an accrued season of free agency credit or who were on the 45-player Active List for less than nine regular-season games during their only Accrued Season(s).
- September 7 All clubs are required to identify their 49-player Active List by 7 p.m., Eastern Daylight Time, on this Friday and thereafter on each Friday before a regular-season Sunday game. No later than 1 hour and 30 minutes prior to kickoff, clubs must identify their 45-player Active List and third quarterback, if any.
- September 9-10 Regular season opens.
- September 25 Priority on multiple waiver claims is now based on the current season's standing.
- October 16 All trading ends at 4 p.m., Eastern Daylight Time.

- October 17 Players with at least four previous pension-credited seasons are subject to the waiver system for the remainder of the regular season and postseason.
- November 13 Deadline for clubs to sign by 4 p.m., Eastern Standard Time, their unsigned Franchise and Transition players. If still unsigned after this date, such players are prohibited from playing in NFL in 2001.
- November 13 Deadline for clubs to sign by 4 p.m., Eastern Standard Time, their Unrestricted and Restricted Free Agents to whom June 1 tender was made. If still unsigned after this date, such players are prohibited from playing in NFL in 2001.
- November 13 Deadline for clubs to sign Drafted players by 4 p.m., Eastern Standard Time. If such players remain unsigned, they are prohibited from playing in NFL in 2001.
- November 30 Deadline for reinstatement of players in Reserve List categories of Retired, Did Not Report, and Exclusive Rights, and of players who were placed on Reserve/Left Squad in a previous season.
- December 28 Deadline for waiver requests in 2001, except for "special waiver request" which have a 10-day claiming period, with termination or assignment delayed until after the Super Bowl.
- December 31 Clubs may begin signing free-agent players for the 2002 season.

2002

- January 5-6 Wild Card Playoff Games.
- January 12-13 Divisional Playoff Games.
- January 20 AFC and NFC Championship Games.
- January 27 Super Bowl XXXVI, Louisiana Superdome, New Orleans, Louisiana.
- February 3 AFC-NFC Pro Bowl, Honolulu, Hawaii.
- February 22 Waiver system begins for 2002. Players with at least four previous pension-credited seasons that a club desires to terminate are not subject to the waiver system until after the trading deadline.
- *February 22 Deadline at 4 p.m., Eastern Standard Time, for clubs to designate Franchise and Transition players.
- February 28 Expiration date of all player contracts due to expire after the 2001 season.
- February 28-
March 4 Combine Timing and Testing, RCA Dome, Indianapolis, Indiana.
- March 1 Free Agency period begins.
- March 1 Trading period begins for 2002 after expiration of all 2001 contracts.
- March 17-22 NFC Annual Meeting, Hyatt Regency Grand Cypress, Orlando, Florida.
- April 15 Deadline for signing of Offer Sheets by Restricted Free Agents.

- April 20-21 Annual Player Selection Meeting, New York, N.Y.
- June 1 Deadline for Old Club to send tender to its unsigned Restricted Free Agents or to extend Qualifying Offer, whichever is greater, in order to retain rights.
- June 1 Deadline for Old Club to send tender to its unsigned Unrestricted Free Agents to retain rights if player is not signed by another club by July 22.

2003

- *January 26 Super Bowl XXXVII, Qualcomm Stadium, San Diego, California.

2004

- *February 1 Super Bowl XXXVIII, Reliant Stadium, Houston, Texas.

2005

- *February 6 Super Bowl XXXIX, ALLTEL Stadium, Jacksonville, Florida.

2006

- *February 5 Super Bowl XL, Ford Field, Detroit, Michigan.

*Tentatively scheduled

TICKET INFORMATION

The Seahawks currently have two ticket offices located in the Seattle area. The team's ticket office staff occupies the Husky Stadium box office only on game days. Any questions during the week should be directed to one of the following offices:

Ticket Operations

(206) 682-2800

Ticket Sales

1-888-NFL-HAWK

(1-888-635-4295)

PRICING STRUCTURE

\$68 \$60 \$48 \$38 \$28 \$22 \$15

HUSKY STADIUM



2001 NFL PRESEASON SCHEDULE

HALL OF FAME WEEKEND

AUGUST 2-6

- AUG 3 PITTSBURGH AT ATLANTA
- AUG 4 DALLAS AT OAKLAND
- AUG 4 CINCINNATI AT CHICAGO
- AUG 6 HALL OF FAME GAME AT CANTON, OHIO
- MIAMI VS. ST. LOUIS

WEEK 1, AUGUST 9-13

- AUG 10 CAROLINA AT JACKSONVILLE
- AUG 10 CINCINNATI AT DETROIT
- AUG 10 NY GIANTS AT NEW ENGLAND
- AUG 11 ATLANTA AT NY JETS
- AUG 11 CHICAGO AT TENNESSEE
- AUG 11 GREEN BAY AT CLEVELAND
- AUG 11 MINNESOTA AT NEW ORLEANS (AT SAN ANTONIO, TEXAS)
- AUG 11 OAKLAND AT ARIZONA
- AUG 11 SEATTLE AT INDIANAPOLIS
- AUG 11 DENVER AT DALLAS
- AUG 11 SAN FRANCISCO AT SAN DIEGO
- AUG 12 ST. LOUIS AT BUFFALO
- AUG 12 WASHINGTON AT KANSAS CITY
- AUG 13 MIAMI AT TAMPA BAY
- AUG 13 BALTIMORE AT PHILADELPHIA

WEEK 2, AUGUST 16-20

- AUG 16 JACKSONVILLE AT NY GIANTS
- AUG 16 PITTSBURGH AT MINNESOTA
- AUG 17 ATLANTA AT WASHINGTON
- AUG 17 TENNESSEE AT ST. LOUIS
- AUG 18 ARIZONA AT SEATTLE
- AUG 18 BALTIMORE AT NY JETS
- AUG 18 CHICAGO AT KANSAS CITY
- AUG 18 DETROIT AT INDIANAPOLIS
- AUG 18 NEW ENGLAND AT CAROLINA
- AUG 18 PHILADELPHIA AT BUFFALO
- AUG 18 SAN DIEGO AT MIAMI
- AUG 18 TAMPA BAY AT CLEVELAND

- AUG 18 DALLAS AT NEW ORLEANS
- AUG 19 OAKLAND AT SAN FRANCISCO
- AUG 20 DENVER AT GREEN BAY

WEEK 3, AUGUST 23-27

- AUG 23 CAROLINA AT BALTIMORE
- AUG 23 KANSAS CITY AT JACKSONVILLE
- AUG 23 PHILADELPHIA AT TENNESSEE
- AUG 24 CLEVELAND AT WASHINGTON
- AUG 24 INDIANAPOLIS AT MINNESOTA
- AUG 25 ARIZONA AT CHICAGO
- AUG 25 BUFFALO AT CINCINNATI
- AUG 25 DETROIT AT PITTSBURGH
- AUG 25 NEW ENGLAND AT TAMPA BAY
- AUG 25 NY JETS AT NY GIANTS
- AUG 25 ST. LOUIS AT SAN DIEGO
- AUG 25 SEATTLE AT SAN FRANCISCO
- AUG 25 MIAMI AT GREEN BAY
- AUG 25 NEW ORLEANS AT DENVER
- AUG 27 AMERICAN BOWL AT MEXICO CITY, MEXICO
- OAKLAND AT DALLAS

WEEK 4, AUGUST 30-SEPTEMBER 2

- AUG 30 BUFFALO AT PITTSBURGH
- AUG 30 INDIANAPOLIS AT CINCINNATI
- AUG 30 JACKSONVILLE AT DALLAS
- AUG 30 NY JETS AT PHILADELPHIA
- AUG 30 TENNESSEE AT DETROIT
- AUG 30 WASHINGTON AT NEW ENGLAND
- AUG 31 CLEVELAND AT CAROLINA
- AUG 31 GREEN BAY AT OAKLAND
- AUG 31 KANSAS CITY AT ST. LOUIS
- AUG 31 MINNESOTA AT MIAMI
- AUG 31 NY GIANTS AT BALTIMORE
- AUG 31 SAN DIEGO AT ARIZONA
- AUG 31 SAN FRANCISCO AT DENVER
- AUG 31 TAMPA BAY AT ATLANTA
- SEPT 1 NEW ORLEANS AT SEATTLE

PRIME TIME SCHEDULE

Sunday, September 9	Miami at Tennessee (ESPN)	7:30p
Monday, September 10	New York Giants at Denver (ABC)	7:00p
Sunday, September 16	Cleveland at Pittsburgh (ESPN)	8:30p
Monday, September 17	Minnesota at Baltimore (ABC)	9:00p
Sunday, September 23	Denver at Arizona (ESPN)	6:30p
Monday, September 24	Washington at Green Bay (ABC)	8:00p
Sunday, September 30	Dallas at Philadelphia (ESPN)	8:30p
Monday, October 1	San Francisco at New York Jets (ABC)	9:00p
Sunday, October 7	Carolina at San Francisco (ESPN)	5:30p
Monday, October 8	St. Louis at Detroit (ABC)	9:00p
Sunday, October 14	Oakland at Indianapolis (ESPN)	8:30p
Monday, October 15	Washington at Dallas (ABC)	8:00p
Thursday, October 18	Buffalo at Jacksonville (ESPN)	8:30p
Monday, October 22	Philadelphia at New York Giants (ABC)	9:00p
Sunday, October 28	New York Giants at Washington (ESPN)	8:30p
Monday, October 29	Tennessee at Pittsburgh (ABC)	9:00p
Sunday, November 4	New York Jets at New Orleans (ESPN)	7:30p
Monday, November 5	Denver at Oakland (ABC)	6:00p
Sunday, November 11	Oakland at Seattle (ESPN)	5:30p
Monday, November 12	Baltimore at Tennessee (ABC)	8:00p
Sunday, November 18	St. Louis at New England (ESPN)	8:30p
Monday, November 19	New York Giants at Minnesota (ABC)	8:00p
Sunday, November 25	Chicago at Minnesota (ESPN)	7:30p
Monday, November 26	Tampa Bay at St. Louis (ABC)	8:00p
Thursday, November 29	Philadelphia at Kansas City (ESPN)	7:30p
Sunday, December 2	Buffalo at San Francisco (ABC)	5:30p
Monday, December 3	Green Bay at Jacksonville (ABC)	9:00p
Sunday, December 9	Seattle at Denver (ESPN)	6:30p
Monday, December 10	Indianapolis at Miami (ABC)	9:00p
Sunday, December 16	Pittsburgh at Baltimore (ESPN)	8:30p
Monday, December 17	St. Louis at New Orleans (ABC)	8:00p
Saturday, December 22	Tennessee at Oakland (ABC)	6:00p
Sunday, December 23	New York Jets at Indianapolis (ESPN)	8:30p
Saturday, December 29	Baltimore at Tampa Bay (ABC)	9:00p
Sunday, December 30	Washington at New Orleans (ESPN)	7:30p

2001 NFL SCHEDULE

(All times local)

SUNDAY, SEPTEMBER 9 (FIRST WEEKEND) (OPEN DATE: ARIZONA)

1. ATLANTA AT SAN FRANCISCO	1:15p
2. CAROLINA AT MINNESOTA	12:00p
3. CHICAGO AT BALTIMORE	1:00p
4. DETROIT AT GREEN BAY	12:00p
5. INDIANAPOLIS AT NY JETS	1:00p
6. NEW ENGLAND AT CINCINNATI	1:00p
7. NEW ORLEANS AT BUFFALO	1:00p
8. OAKLAND AT KANSAS CITY	12:00p
9. PITTSBURGH AT JACKSONVILLE	1:00p
10. ST. LOUIS AT PHILADELPHIA	4:15p
11. SEATTLE AT CLEVELAND	1:00p
12. TAMPA BAY AT DALLAS	12:00p
13. WASHINGTON AT SAN DIEGO	1:15p

SUNDAY, SEPTEMBER 16 (SECOND WEEKEND) (OPEN DATE: SAN DIEGO)

16. ARIZONA AT WASHINGTON	1:00p
17. ATLANTA AT ST. LOUIS	3:05p
18. BUFFALO AT MIAMI	1:00p
19. CINCINNATI AT TENNESSEE	12:00p
20. DALLAS AT DETROIT	1:00p
21. DENVER AT INDIANAPOLIS	12:00p
22. GREEN BAY AT NY GIANTS	1:00p
23. JACKSONVILLE AT CHICAGO	3:15p
24. KANSAS CITY AT SEATTLE	1:15p
25. NEW ENGLAND AT CAROLINA	1:00p
26. NY JETS AT OAKLAND	1:15p
27. PHILADELPHIA AT TAMPA BAY	1:00p
28. SF AT NEW ORLEANS	12:00p

SUNDAY NIGHT, SEPTEMBER 9

14. MIAMI AT TENNESSEE	7:30p
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SUNDAY NIGHT, SEPTEMBER 16

29. CLEVELAND AT PITTSBURGH	8:30p
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MONDAY, SEPTEMBER 10

15. NY GIANTS AT DENVER	7:00p
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MONDAY, SEPTEMBER 17

30. MINNESOTA AT BALTIMORE	9:00p
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SUNDAY, SEPTEMBER 23

(THIRD WEEKEND)

(OPEN DATES: NEW ORLEANS,
PITTSBURGH, TAMPA BAY)

31. BALTIMORE AT CINCINNATI	1:00p
32. BUFFALO AT INDIANAPOLIS	12:00p
33. CAROLINA AT ATLANTA	1:00p
34. DETROIT AT CLEVELAND	1:00p
35. MINNESOTA AT CHICAGO	12:00p
36. NY GIANTS AT KANSAS CITY	12:00p
37. NY JETS AT NEW ENGLAND	4:05p
38. OAKLAND AT MIAMI	1:00p
39. PHILADELPHIA AT SEATTLE	1:15p
40. ST. LOUIS AT SF	1:15p
41. SAN DIEGO AT DALLAS	12:00p
42. TENNESSEE AT JACKSONVILLE	1:00p

SUNDAY NIGHT, SEPTEMBER 23

43. DENVER AT ARIZONA	5:30p
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MONDAY, SEPTEMBER 24

44. WASHINGTON AT GREEN BAY	8:00p
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SUNDAY, SEPTEMBER 30

(FOURTH WEEKEND)

(OPEN DATES: CHICAGO, DETROIT,
TENNESSEE)

45. ATLANTA AT ARIZONA	1:05p
46. BALTIMORE AT DENVER	2:15p
47. CINCINNATI AT SAN DIEGO	1:15p
48. CLEVELAND AT JACKSONVILLE	4:15p
49. GREEN BAY AT CAROLINA	1:00p
50. INDIANAPOLIS AT NEW ENGLAND	1:00p
51. KANSAS CITY AT WASHINGTON	1:00p
52. MIAMI AT ST. LOUIS	12:00p
53. NEW ORLEANS AT NY GIANTS	1:00p
54. PITTSBURGH AT BUFFALO	1:00p
55. SEATTLE AT OAKLAND	1:15p
56. TAMPA BAY AT MINNESOTA	12:00p

SUNDAY NIGHT, SEPTEMBER 30

57. DALLAS AT PHILADELPHIA	8:30p
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MONDAY, OCTOBER 1

58. SAN FRANCISCO AT NY JETS	9:00p
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SUNDAY, OCTOBER 7

(FIFTH WEEKEND)

(OPEN DATES: DALLAS, INDIANAPOLIS,
OAKLAND)

59. ARIZONA AT PHILADELPHIA	1:00p
60. CHICAGO AT ATLANTA	1:00p
61. CINCINNATI AT PITTSBURGH	1:00p
62. GREEN BAY AT TAMPA BAY	4:15p
63. JACKSONVILLE AT SEATTLE	1:05p
64. KANSAS CITY AT DENVER	2:05p
65. MINNESOTA AT NEW ORLEANS	12:00p
66. NEW ENGLAND AT MIAMI	1:00p
67. NY JETS AT BUFFALO	4:05p
68. SAN DIEGO AT CLEVELAND	1:00p
69. TENNESSEE AT BALTIMORE	1:00p
70. WASHINGTON AT NY GIANTS	1:00p

SUNDAY NIGHT, OCTOBER 7

71. CAROLINA AT SAN FRANCISCO	5:30p
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MONDAY, OCTOBER 8

72. ST. LOUIS AT DETROIT	9:00p
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SUNDAY, OCTOBER 14

(SIXTH WEEKEND)

(OPEN DATES: BUFFALO, JACK-
SONVILLE, PHILADELPHIA)

73. ARIZONA AT CHICAGO	12:00p
74. BALTIMORE AT GREEN BAY	12:00p
75. CLEVELAND AT CINCINNATI	1:00p
76. DENVER AT SEATTLE	1:15p
77. DETROIT AT MINNESOTA	12:00p
78. MIAMI AT NY JETS	4:15p
79. NEW ORLEANS AT CAROLINA	1:00p
80. NY GIANTS AT ST. LOUIS	12:00p
81. PITTSBURGH AT KANSAS CITY	12:00p
82. SAN DIEGO AT NEW ENGLAND	1:00p
83. SAN FRANCISCO AT ATLANTA	1:00p
84. TAMPA BAY AT TENNESSEE	12:00p

SUNDAY NIGHT, OCTOBER 14

85. OAKLAND AT INDIANAPOLIS	7:30p
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MONDAY, OCTOBER 15

86. WASHINGTON AT DALLAS	8:00p
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THURSDAY, OCTOBER 18

(SEVENTH WEEKEND)

(OPEN DATES: MIAMI, SAN FRANCISCO,
SEATTLE)

87. BUFFALO AT JACKSONVILLE	8:30p
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SUNDAY, OCTOBER 21

88. ATLANTA AT NEW ORLEANS	12:00p
89. BALTIMORE AT CLEVELAND	1:00p
90. CAROLINA AT WASHINGTON	1:00p
91. CHICAGO AT CINCINNATI	1:00p
92. DALLAS AT OAKLAND	1:15p
93. DENVER AT SAN DIEGO	1:05p
94. GREEN BAY AT MINNESOTA	3:15p
95. KANSAS CITY AT ARIZONA	1:00p
96. NEW ENGLAND AT INDY	12:00p
97. PITTSBURGH AT TAMPA BAY	1:00p
98. ST. LOUIS AT NEW YORK JETS	1:00p
99. TENNESSEE AT DETROIT	1:00p

MONDAY, OCTOBER 22

100. PHILADELPHIA AT NY GIANTS	9:00p
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SUNDAY, OCTOBER 28

(EIGHTH WEEKEND)

(OPEN DATES: ATLANTA, CLEVELAND,
GREEN BAY)

101. ARIZONA AT DALLAS	3:05p
102. BUFFALO AT SAN DIEGO	1:15p
103. CINCINNATI AT DETROIT	1:00p
104. INDIANAPOLIS AT KC	12:00p

105.	JACKSONVILLE AT BALTIMORE	1:00p
106.	MIAMI AT SEATTLE	1:15p
107.	MINNESOTA AT TAMPA BAY	1:00p
108.	NEW ENGLAND AT DENVER	2:15p
109.	NEW ORLEANS AT ST. LOUIS	12:00p
110.	NY JETS AT CAROLINA	1:00p
111.	OAKLAND AT PHILADELPHIA	4:15p
112.	SAN FRANCISCO AT CHICAGO	12:00p

SUNDAY, OCTOBER 28

113.	NY GIANTS AT WASHINGTON	8:30
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MONDAY, OCTOBER 29

114.	TENNESSEE AT PITTSBURGH	9:00p
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**SUNDAY, NOVEMBER 4
(NINTH WEEKEND)****(OPEN DATES: CINCINNATI, MINNESOTA,
ST. LOUIS)**

115.	BALTIMORE AT PITTSBURGH	1:00p
116.	CAROLINA AT MIAMI	1:00p
117.	CLEVELAND AT CHICAGO	12:00p
118.	DALLAS AT NY GIANTS	1:00p
119.	DETROIT AT SAN FRANCISCO	1:05p
120.	INDIANAPOLIS AT BUFFALO	4:15p
121.	JACKSONVILLE AT TENNESSEE	12:00p
122.	KANSAS CITY AT SAN DIEGO	1:15p
123.	NEW ENGLAND AT ATLANTA	1:00p
124.	PHILADELPHIA AT ARIZONA	2:05p
125.	SEATTLE AT WASHINGTON	4:15p
126.	TAMPA BAY AT GREEN BAY	12:00p

SUNDAY NIGHT, NOVEMBER 4

127.	NY JETS AT NEW ORLEANS	7:30p
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MONDAY, NOVEMBER 5

128.	DENVER AT OAKLAND	6:00p
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**SUNDAY, NOVEMBER 11
(TENTH WEEKEND)****(OPEN DATE: WASHINGTON)**

129.	BUFFALO AT NEW ENGLAND	1:00p
130.	CAROLINA AT ST. LOUIS	12:00p
131.	CINCINNATI AT JACKSONVILLE	1:00p
132.	DALLAS AT ATLANTA	1:00p
133.	GREEN BAY AT CHICAGO	12:00p
134.	KANSAS CITY AT NY JETS	1:00p
135.	MIAMI AT INDIANAPOLIS	1:00p
136.	MINNESOTA AT PHILADELPHIA	4:15p
137.	NEW ORLEANS AT SF	1:15p
138.	NY GIANTS AT ARIZONA	2:15p
139.	PITTSBURGH AT CLEVELAND	1:00p
140.	SAN DIEGO AT DENVER	2:05p
141.	TAMPA BAY AT DETROIT	1:00p

SUNDAY NIGHT, NOVEMBER 11

142.	OAKLAND AT SEATTLE	5:30p
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MONDAY, NOVEMBER 12

143.	BALTIMORE AT TENNESSEE	8:00p
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**SUNDAY, NOVEMBER 18
(ELEVENTH WEEKEND)
(OPEN DATE: KANSAS CITY)**

144.	ATLANTA AT GREEN BAY	12:00p
145.	CHICAGO AT TAMPA BAY	1:00p
146.	CLEVELAND AT BALTIMORE	1:00p
147.	DETROIT AT ARIZONA	2:15p
148.	INDIANAPOLIS AT NO	12:00p
149.	JACKSONVILLE AT PITTSBURGH	4:05p
150.	NY JETS AT MIAMI	1:00p
151.	PHILADELPHIA AT DALLAS	12:00p
152.	SAN DIEGO AT OAKLAND	1:05p
153.	SAN FRANCISCO AT CAROLINA	1:00p
154.	SEATTLE AT BUFFALO	1:00p
155.	TENNESSEE AT CINCINNATI	1:00p
156.	WASHINGTON AT DENVER	2:15p

SUNDAY NIGHT, NOVEMBER 18

157.	ST. LOUIS AT NEW ENGLAND	8:30p
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MONDAY, NOVEMBER 19

158.	NY GIANTS AT MINNESOTA	8:00p
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**THURSDAY, NOVEMBER 22
(TWELFTH WEEKEND)
(OPEN DATE: NY JETS)**

159.	GREEN BAY AT DETROIT	12:30p
160.	DENVER AT DALLAS	3:05p

SUNDAY, NOVEMBER 25

161.	ARIZONA AT SAN DIEGO	1:05p
162.	ATLANTA AT CAROLINA	1:00p
163.	BALTIMORE AT JACKSONVILLE	1:00p
164.	CINCINNATI AT CLEVELAND	1:00p
165.	MIAMI AT BUFFALO	1:00p
166.	NEW ORLEANS AT NE	4:05p
167.	OAKLAND AT NY GIANTS	4:15p
168.	PITTSBURGH AT TENNESSEE	12:00p
169.	SAN FRANCISCO AT INDY	1:00p
170.	SEATTLE AT KANSAS CITY	12:00p
171.	WASHINGTON AT PHILLY	1:00p

SUNDAY NIGHT, NOVEMBER 25

172.	CHICAGO AT MINNESOTA	7:30p
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MONDAY, NOVEMBER 26

173.	TAMPA BAY AT ST. LOUIS	8:00p
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**THURSDAY, NOVEMBER 29
(THIRTEENTH WEEKEND)
(OPEN DATE: NY GIANTS)**

174.	PHILADELPHIA AT KANSAS CITY	7:30p
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SUNDAY, DECEMBER 2

175.	ARIZONA AT OAKLAND	1:15p
176.	CAROLINA AT NEW ORLEANS	12:00p
177.	DALLAS AT WASHINGTON	4:15p
178.	DENVER AT MIAMI	1:00p
179.	DETROIT AT CHICAGO	12:00p

180.	INDIANAPOLIS AT BALTIMORE	1:00p
181.	MINNESOTA AT PITTSBURGH	1:00p
182.	NEW ENGLAND AT NY JETS	1:00p
183.	ST. LOUIS AT ATLANTA	1:00p
184.	SAN DIEGO AT SEATTLE	1:05p
185.	TAMPA BAY AT CINCINNATI	1:00
186.	TENNESSEE AT CLEVELAND	1:00p

SUNDAY NIGHT, DECEMBER 2

187.	BUFFALO AT SAN FRANCISCO	5:30p
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MONDAY, DECEMBER 3

188.	GREEN BAY AT JACKSONVILLE	9:00p
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**SUNDAY, DECEMBER 9
(FOURTEENTH WEEKEND)
(OPEN DATE: BALTIMORE)**

189.	CAROLINA AT BUFFALO	1:00p
190.	CHICAGO AT GREEN BAY	12:00p
191.	CLEVELAND AT NEW ENGLAND	1:00p
192.	DETROIT AT TAMPA BAY	1:00p
193.	JACKSONVILLE AT CINCINNATI	1:00p
194.	KANSAS CITY AT OAKLAND	1:15p
195.	NEW ORLEANS AT ATLANTA	1:00p
196.	NY GIANTS AT DALLAS	12:00p
197.	NY JETS AT PITTSBURGH	4:15p
198.	SAN DIEGO AT PHILADELPHIA	1:00p
199.	SAN FRANCISCO AT ST. LOUIS	12:00p
200.	TENNESSEE AT MINNESOTA	12:00p
201.	WASHINGTON AT ARIZONA	2:05p

SUNDAY NIGHT, DECEMBER 9

202.	SEATTLE AT DENVER	6:30p
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MONDAY, DECEMBER 10

203.	INDIANAPOLIS AT MIAMI	9:00p
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**SATURDAY, DECEMBER 15
(FIFTEENTH WEEKEND)
(OPEN DATE: CAROLINA)**

204.	ARIZONA AT NY GIANTS	12:30p
205.	OAKLAND AT SAN DIEGO	1:00p

SUNDAY, DECEMBER 16

206.	ATLANTA AT INDIANAPOLIS	1:00p
207.	CINCINNATI AT NY JETS	1:00p
208.	DALLAS AT SEATTLE	1:15p
209.	DENVER AT KANSAS CITY	12:00p
210.	GREEN BAY AT TENNESSEE	3:15p
211.	JACKSONVILLE AT CLEVELAND	1:00p
212.	MIAMI AT SAN FRANCISCO	1:05p
213.	MINNESOTA AT DETROIT	1:00p
214.	NEW ENGLAND AT BUFFALO	1:00p
215.	PHILADELPHIA AT WASHINGTON	1:00p
216.	TAMPA BAY AT CHICAGO	12:00p

SUNDAY NIGHT, DECEMBER 16

217.	PITTSBURGH AT BALTIMORE	8:30p
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218.	ST. LOUIS AT NEW ORLEANS	8:00p
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**SATURDAY, DECEMBER 22
(SIXTEENTH WEEKEND)
(OPEN DATE: DENVER)**

219.	MIAMI AT NEW ENGLAND	12:30p
220.	PHILADELPHIA AT SF	1:00p
221.	TENNESSEE AT OAKLAND	6:00p

SUNDAY, DECEMBER 23

222.	BUFFALO AT ATLANTA	1:00p
223.	CHICAGO AT WASHINGTON	1:00p
224.	CINCINNATI AT BALTIMORE	1:00p
225.	CLEVELAND AT GREEN BAY	12:00p
226.	DALLAS AT ARIZONA	2:05p
227.	DETROIT AT PITTSBURGH	1:00p
228.	JACKSONVILLE AT MINNESOTA	3:15p
229.	NEW ORLEANS AT TAMPA BAY	1:00p
230.	ST. LOUIS AT CAROLINA	1:00p
231.	SAN DIEGO AT KANSAS CITY	12:00p
232.	SEATTLE AT NY GIANTS	1:00p

SUNDAY NIGHT, DECEMBER 23

233.	NY JETS AT INDIANAPOLIS	8:30p
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**SATURDAY, DECEMBER 29
(SEVENTEENTH WEEKEND)
(OPEN DATE: NEW ENGLAND)**

234.	BALTIMORE AT TAMPA BAY	9:00p
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SUNDAY, DECEMBER 30

235.	ARIZONA AT CAROLINA	1:00p
236.	ATLANTA AT MIAMI	1:00p
237.	BUFFALO AT NY JETS	1:00p
238.	CHICAGO AT DETROIT	1:00p
239.	CLEVELAND AT TENNESSEE	12:00p
240.	INDIANAPOLIS AT ST. LOUIS	12:00p
241.	KC AT JACKSONVILLE	1:00p
242.	MINNESOTA AT GREEN BAY	12:00p
243.	NY GIANTS AT PHILADELPHIA	4:05p
244.	OAKLAND AT DENVER	2:15p
245.	PITTSBURGH AT CINCINNATI	1:00p
246.	SAN FRANCISCO AT DALLAS	12:00p
247.	SEATTLE AT SAN DIEGO	1:15p

SUNDAY NIGHT, DECEMBER 30

248.	WASHINGTON AT NEW ORLEANS	7:30p
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POSTSEASON

Saturday, Jan. 5	Wild Card Playoffs
Saturday, Jan. 6	Wild Card Playoffs
Saturday, Jan. 12	Divisional Playoffs
Sunday, Jan. 13	Divisional Playoffs
Sunday, Jan. 20	Championship Games
Sunday, Jan. 27	Super Bowl XXXVI
Louisiana Superdome in New Orleans, La. (FOX)	
Sunday, Feb. 3	AFC-NFC Pro Bowl
Honolulu, Hawaii	

2001 OPPONENTS



INDIANAPOLIS COLTS

Head Coach: Jim Mora
Stadium: RCA Dome

AUG. 11

Public Relations: Craig Kelley
Phone: 317/297-2658



ARIZONA CARDINALS

Head Coach: Dave McGinnis
Stadium: Sun Devil Stadium

AUG. 18

Public Relations: Paul Jensen
Phone: 602/379-0101



SAN FRANCISCO 49ERS

Head Coach: Steve Mariucci
Stadium: 3Com Park

AUG. 25

Public Relations: Kirk Reynolds
Phone: 408/562-4949



NEW ORLEANS SAINTS

Head Coach: Jim Haslett
Stadium: Superdome

SEPT. 1

Public Relations: Greg Bensel
Phone: 504/733-0255



CLEVELAND BROWNS

Head Coach: Butch Davis
Stadium: Cleveland Browns Stadium

SEPT. 9

Public Relations: Todd Stewart
Phone: 440/891-5000



KANSAS CITY CHIEFS

Head Coach: Dick Vermeil
Stadium: Arrowhead Stadium

SEPT. 16/NOV. 25

Public Relations: Bob Moore
Phone: 816/920-9300



PHILADELPHIA EAGLES

Head Coach: Andy Reid
Stadium: Veterans Stadium

SEPT. 23

Public Relations: Derek Boyko
Phone: 215/463-2500



OAKLAND RAIDERS

Head Coach: Jon Gruden
Stadium: Network Associates Coliseum

SEPT. 30/NOV. 11

Public Relations: Mike Taylor
Phone: 510/864-5000



JACKSONVILLE JAGUARS

Head Coach: Tom Coughlin
Stadium: ALLTEL Stadium

OCT. 7

Public Relations: Dan Edwards
Phone: 904/633-6000



DENVER BRONCOS

Head Coach: Mike Shanahan
Stadium: Invesco Field at Mile High

OCT. 14/DEC. 9

Public Relations: Jim Saccomano
Phone: 303/649-9000



MIAMI DOLPHINS

Head Coach: Dave Wannstedt
Stadium: Pro Player Stadium

OCT. 28

Public Relations: Harvey Greene
Phone: 954/452-7010



WASHINGTON REDSKINS

Head Coach: Marty Schottenheimer
Stadium: FedEx Field

NOV. 4

Public Relations: Michelle Tessier
Phone: 703/877-2000



BUFFALO BILLS

Head Coach: Gregg Williams
Stadium: Wilson Stadium

NOV. 18

Public Relations: Scott Berchtold
Phone: 716/648-1800



SAN DIEGO CHARGERS

Head Coach: Mike Riley
Stadium: Qualcomm Stadium

DEC. 2/DEC. 30

Public Relations: Bill Johnston
Phone: 858/874-4500



DALLAS COWBOYS

Head Coach: Dave Campo
Stadium: Texas Stadium

DEC. 16

Public Relations: Rich Dalrymple
Phone: 972/785-9900



NEW YORK GIANTS

Head Coach: Jim Fassel
Stadium: Giants Stadium

DEC. 23

Public Relations: Pat Hanlon
Phone: 201/935-8111

MEDICAL GLOSSARY

AC JOINT-- Acromioclavicular joint; joint of the shoulder where acromion process of the scapula and the distal end of the clavicle meet, most shoulder separations occur at this point.

ABDUCT-- Movement of any extremity away from the midline of the body. This action is achieved by an abductor muscle.

ABRASION-- Any injury which rubs off the surface of the skin.

ABSCESS-- An infection which produces pus; can be the result of a blister, callus, penetration wound or laceration.

ABDUCT-- Movement of an extremity toward the midline of the body. This action is achieved by an adductor muscle.

ADHESION-- Abnormal adherence of collagen fibers to surrounding structures during immobilization following trauma or as a complication of surgery which restricts normal elasticity of the structures involved.

AEROBIC-- Exercise in which energy needed is supplied by oxygen inspired and is required for sustained periods of vigorous exercise with a continually high pulse rate.

ANABOLIC STEROIDS-- Steroids that promote tissue growth by creating protein in an attempt to enhance muscle growth. The main anabolic steroid is testosterone.

ANAEROBIC-- Exercise without use of oxygen as an energy source; short of bursts of vigorous exercises.

ANAPHYLACTIC SHOCK-- Shock that is caused by an allergic reaction.

ANTERIOR COMPARTMENT SYNDROME-- Condition in which swelling within the anterior compartment of the lower leg jeopardizes the viability of muscles, nerves and arteries that serve the foot. In severe cases, emergency surgery is necessary to relieve the swelling and pressure.

ANTERIOR CRUCIATE LIGAMENT (ACL)-- A primary stabilizing ligament within the center of the knee joint that prevents hyperextension and excessive rotation of the joint. A complete tear of the ACL necessitating reconstruction could require up to 12 months of rehabilitation.

ANTERIOR TALOFIBULAR LIGAMENT-- A ligament of the ankle that connects the fibula (lateral ankle bone) to the talus. This ligament is oft times subject to sprain.

ANTI-INFLAMMATORY-- Any agent which prevents inflammation, such as aspirin or ibuprofen.

ANTERIORGRAM-- A film demonstrating arteries after injection of a dye.

ARthroGRAM-- X-ray technique for joints using air and/or dye injected into the affected area; useful in diagnosing meniscus tears of the knee and rotator cuff tears of the shoulder.

ARTHROSCOPE-- An instrument used to visualize the interior of a joint cavity.

ARTHROSCOPY-- A surgical examination of the internal structures of a joint by means for viewing through an arthroscope. An arthroscopic procedure can be used to remove or repair damaged tissue or as a diagnostic procedure in order to inspect the extent of any damage or confirm a diagnosis.

ASPIRATION-- The withdrawal of fluid from a body cavity by means of a suction or siphonage apparatus, such as a syringe.

ATROPHY-- To shrivel or shrink from disuse, as in muscular atrophy.

AVASULAR NECROSIS-- Death of a part due to lack of circulation.

AVULSION-- The tearing away, forcibly, of a part or structure.

BAKER'S CYST-- Localized swelling of a bursa sac in the posterior knee as a result of fluid that has escaped from a knee capsule. A Baker's cyst indicates that there is a trauma inside the knee joint that leads to excessive fluid production.

BONE SCAN-- An imagine procedure in which a radioactive-labeled substance is injected into the body to determine the status of a bony injury. If the radioactive substance is taken up the bone at the injury site, the injury will show as a "hot spot" on the scan image. The bone scan is particularly useful in the diagnosis of stress fractures.

BRACHIAL PLEXUS-- Network of nerves originating from the cervical vertebrae and running down to the shoulder, arm, hand, and fingers.

BRUISE-- A discoloration of the skin due to to an extravasation of blood into the underlying tissues.

- BURSA**-- A fluid-filled sac that is located in areas where friction is likely to occur, then minimizes the friction; for example between a tendon and bone.
- CAPSULE**-- An enclosing structure which surrounds the joint and contains ligaments which stabilize that joint.
- CARTILAGE**-- Smooth, slippery substance preventing two ends of bones from rubbing together and grating.
- CAT SCAN**-- Use of a computer to produce a cross sectional view of the anatomical part being investigated from X-ray data.
- CELLULITIS**-- Inflammation of cellular or connective tissue.
- CERVICAL VERTEBRAE**-- Group of seven vertebrae located in the neck.
- CHARLEY HORSE**-- A contusion or bruise to any muscle resulting in intramuscular bleeding. No other injury should be called a charley horse.
- COLLES' FRACTURE**-- A fracture of the distal end of the radius with the lower end being displaced backward.
- CONCENTRIC MUSCLE CONTRACTION**-- A shortening of the muscle as it develops tension and contracts to move a resistance.
- CONCUSSION**-- Jarring injury of the brain resulting in dysfunction. It can be graded as mild, moderate or severe depending on loss of consciousness, amnesia and loss of equilibrium.
- CONTUSION**-- An injury to a muscle and tissues caused by a blow from a blunt object.
- CORTICAL STEROIDS**-- Used to suppress joint inflammation.
- COSTOCHONDRAL**-- Cartilage that separates the bones within the rib cage.
- CRYOKINETICS**-- Treatment with cold and movement.
- CRYOTHERAPY**-- A treatment with the use of cold.
- CYST**-- Abnormal sac containing liquid or semi-solid matter.
- DEGENERATIVE JOINT DISEASE**-- Changes in the joint surface as a result of repetitive trauma.
- DELTOID LIGAMENT**-- Ligament that connects the tibia to bones of the medial aspect of the foot and is primarily responsible for stability of the ankle on the medial side. Is sprained less frequently than other ankle ligaments.
- DELTOID MUSCLE**-- Muscles at top of the arm, just below the shoulder, responsible for shoulder motions to the front, side and back.
- DISC, INTERVERTEBRAL**-- A flat, rounded plate between each vertebrae of the spine. The disc consists of a thick fiber ring which surrounds a soft gel-like interior. It functions as a cushion and shock absorber for the spinal column.
- DISLOCATION**-- Complete displacement of joint surfaces.
- ECCENTRIC MUSCLE CONTRACTION**-- An overall lengthening of the muscles as it develops tension and contracts to control motion performed by an outside force; oft times referred to as a "negative" contraction in weight training.
- ECCYMOISIS**-- Bleeding into the surface tissue below the skin, resulting in a "black and blue" effect.
- EDEMA**-- Accumulation of fluid in organs and tissues of the body; swelling.
- EFFUSION**-- Accumulation of fluid, in various spaces in the body, or the knee itself. Commonly, the knee has an effusion after an injury.
- ELECTRICAL GALVANIC STIMULATION (EGS)**-- An electrical therapeutic modality that sends a current to the body at select voltages and frequencies in order to stimulate pain receptors, disperse edema, or neutralize muscle spasms among other functional applications.
- ELECTROMYOGRAM (EMG)**-- Test to determine nerve function.
- EPICONDYLITIS**-- Inflammation in the elbow due to overuse.
- ETHYL CHLORIDE**-- "Cold spray," a chemical coolant sprayed onto an injury site to procedure a local, mild anesthesia.
- FAT PERCENTAGE**-- The amount of body weight that is adipose, fat tissue. Fat percentages can be calculated by underwater weighing, measuring select skinfold thickness, or by analyzing electrical impedance.
- FEMUR**-- Thigh bone; longest bone in the body.
- FIBULA**-- Smaller of the two bones in the lower leg; runs from knee to the ankle along the outside of the lower leg.

FLEXIBILITY-- The ability of muscle to relax and yield to stretch forces.

FLEXIBILITY EXERCISE-- General term used to describe exercise performed by an athlete to passively or actively elongate soft tissue without the assistance of an athletic trainer.

FRACTURE-- Breach of continuity of a bone. Types of fractures include simple, compound, comminuted, greenstick incomplete, impacted, longitudinal, oblique, stress, or transverse.

GAMEKEEPER'S THUMB-- Tear of the ulnar collateral ligament of the metacarpophalangeal joint of the thumb.

GLYCOGEN-- Form in which foods are stored in the body as energy.

GRADE ONE INJURY-- A mild injury in which ligament, tendon, or other musculoskeletal tissue may have been stretched or contused, but not torn or otherwise disrupted.

GRADE TWO INJURY-- A moderate injury when musculoskeletal tissue has been partially, but not totally, torn which causes appreciable limitation in function of the injured tissue.

GRADE THREE INJURY-- A severe injury in which tissue has been significantly, and in some cases totally, torn or otherwise disrupted causing a virtual total loss of function.

HAMSTRING-- Category of muscle that runs from the buttocks to the knee along the back of the thigh. It functions to flex the knee, and is oft times injured as a result of improper conditioning or lack of muscle flexibility.

HEAT CRAMPS-- Painful muscle spasms of the arms or legs caused by excessive body heat and depletion of fluids and electrolytes.

HEAT EXHAUSTION-- Mild form of shock due to dehydration because of excessive sweating when exposed to heat and humidity.

HEAT STROKE-- Condition of rapidly rising internal body temperature that overwhelms the body's mechanisms of release of heat and could result in death if not cared for appropriately.

HEEL CUP-- Orthotic device that is inserted into the shoe and worn under the heel to give support to the Achilles tendon and help absorb impacts at the heel.

HEMATOMA-- Tumor-like mass produced by an accumulation of coagulated blood in a cavity.

HOT PACK-- Chemical pack that rests in water, approximately 160 degrees, and retains its heat for 15-20 minutes when placed in a towel for general therapeutic application.

HUMERUS-- Bone of the upper arm that runs from the shoulder to the elbow.

HYDROTHERAPY-- Treatment using water.

HYPEREXTENSION-- Extreme extension of a limb or body part.

ILLIOTIBIAL BAND-- A thick, wide fascial layer that runs from the iliac crest to the knee joint and is occasionally inflamed as a result of excessive running.

INFLAMMATION-- The body's natural response to injury in which the injury site might display various degrees of pain, sweating, heat, redness and/or loss of function.

INTERNAL ROTATION-- Rotation of a joint or extremity medially, to the inside.

LESION-- Wound, injury or tumor.

LIGAMENT-- Bands of fibrous tissue that connects bone to bone, or bone to cartilage and supports and strengthens joints.

LUMBAR VERTEBRAE-- Five vertebrae of the lower back that articulate with the sacrum to form the lumbosacral joint.

MAGNETIC RESONANCE IMAGING (MRI)-- Imaging procedure in which a radio frequency pulse causes certain electrical elements of the injured tissue to react to this pulse and through this process a computer display and permanent film establish a visual image. MRI does not require radiation and is very useful in the diagnosis of soft tissue, disc, and meniscus injuries.

MENISCECTOMY-- An intra-articular surgical procedure of the knee by which all or part of the damaged meniscus is removed.

METACARPALS-- Five long bones of the hand, running from the wrist to the fingers.

METATARSALS-- Five long bones of the foot, running from the ankle to the toes.

MYOSITIS-- Inflammation of a muscle.

NECROTIC-- Relating to death of a portion of tissue.

NEOPRENE-- Lightweight rubber used in joint and muscle sleeves designed to provide support and/or insulation and heat retention to the area.

ORTHOTIC-- Any device applied to or around the body in the care of physical impairment or disability, commonly used to control foot mechanics.

- PARSTHESIA**-- Sensation of numbness or tingling, indicating nerve irritation.
- PATELLA**-- The knee cap.
- PATELLA TENDINITIS**-- Inflammation of the patella ligament; also known as "jumpers knee."
- PATELLOFEMORAL JOINT**-- Articulation of the knee cap and femur. Inflammation of this joint can occur through; 1) acute injury to the patella, 2) overuse from excessive running particularly if there is an associated knee weakness, 3) chronic wear and tear of the knee, 4) as a result of poor foot mechanics. Patellofemoral irritation can lead to chondromalacia, which in its most chronic condition, could require surgery.
- PERONEAL MUSCLES**-- Group of muscles of the lateral lower leg that are responsible for exerting the knee. Tendons of these three muscles are vital to the stability of the ankle and foot.
- PHALANX**-- Any bone of the fingers or toes; plural is phalanges.
- PHLEBITIS**-- An inflammation of a vein.
- PLICA**-- Fold of tissue in the joint capsule and common result of a knee injury.
- POSTERIOR CRUCIATE LIGAMENT (PCL)**-- A primary stabilizing ligament of the knee that provides significant stability and prevents displacement of the tibia backward within the knee joint. A complete tear of this ligament necessitating reconstruction would require up to 12 months of rehabilitation.
- QUADRICEPS MUSCLES**-- Commonly referred to as "quads." A group of four muscles of the front thigh that run from the hip and form a common tendon at the patella; they are responsible for knee extension.
- RADIOGRAPHY**-- Taking X-rays.
- RADIUS**-- Forearm bone on the thumb side.
- RECONSTRUCTION**-- Surgical rebuilding of a joint using natural, artificial or transplanted materials.
- REFERRED PAIN**-- Pain felt in an undamaged area of the body away from the actual injury.
- RETRACTION**-- The moving of tissue to expose a part or structure of the body.
- ROTATOR CUFF**-- Comprised of four muscles in the shoulder area that can be irritated by over use. The muscles are the supraspinatus (most commonly injured), infraspinatus, teres minor, and subscapularis.
- ROTATOR CUFF IMPINGEMENT SYNDROME**-- A microtrauma or overuse injury caused by stress, and the four stages are: 1) Tendinitis with temporary thickening of the bursa and rotator cuff; 2) Fiber dissociation in the tendon with permanent thickening of the bursa and scar formation; 3) A partial rotator cuff tear of less than one centimeter; 4) A complete tear of one centimeter or more.
- SCRUM**-- Group of five fused vertebrae located just below the lumbar vertebrae of the low back.
- SCAPULA**-- Shoulder blade.
- SCIATICA**-- Irritation of the sciatic nerve resulting in pain or tingling running down the inside of the leg.
- SCIATIC NERVE**-- Major nerve that carries impulses for muscular action and sensations between the low back and thigh and lower leg; it is the longest nerve in the body.
- SHIN SPLINT**-- A catch-all syndrome describing pain in the shin that is not a fracture or tumor and cannot be defined otherwise.
- SORBOETHANE**-- An energy absorbing polyurethane utilized in some foot orthotics to absorb shock forces of the foot.
- SPASM (THEORY)**-- Muscle soreness induced by exercise; is the result of reduced muscle blood flow, which results in pain.
- SPLEEN**-- Large, solid organ responsible for the normal production and destruction of blood cells.
- SPONDYLITIS**-- Inflammation of one or more vertebrae.
- SPRAIN**-- Injury resulting from a stretch or twist of the joint and causes various degrees of stretch or tear of a ligament or other soft tissue at the joint.
- STERNUM**-- The breast bone.
- STEROIDS**-- Any one of a large number of hormone-like substances. See anabolic steroids and cortical steroids.
- STRAIN**-- Injury resulting from a pull or torsion to the muscle or tendon that causes various degrees of stretch or tear to the muscle or tendon tissue.

- STRESS FRACTURE**-- A hair-line type break in a bone caused by overuse.
- STRESS X-RAY**-- A continual X-ray taken when a portion of the body is stressed to its maximum in order to determine joint stability. This is a test utilized in some ankle injuries.
- STRETCHING**-- Any therapeutic maneuver designed to elongate shortened soft tissue structures and thereby increase flexibility.
- SUBLUXATION**-- Partial dislocation of a joint. The term usually implies that the joint can return to its normal position without formal reduction.
- TALUS**-- The ankle bone that articulates with the tibia and fibula to form the ankle joint.
- TARGET HEART RATE**-- A pre-determined pulse to be obtained during exercise when circulation is working at full efficient capacities.
- TARSALS**-- Group of seven bones of the foot consisting of the calcaneal, talus, cuboid and three cuneiform bones.
- TEMPOROMANDIBULAR JOINT (TMJ)**-- The articulation of the jaw and skull; considered by some to be vital in resolution of injuries throughout the body.
- TENDINITIS**-- Inflammation of the tendon and/or tendon sheath, caused by chronic overuse or sudden injury.
- TENDON**-- Tissue that connects muscle to bone.
- TENNIS ELBOW**-- General term for lateral elbow pain.
- THORACIC**-- Group of twelve vertebrae located in the thorax and articulate with the twelve ribs.
- THORACIC OUTLET COMPRESSION SYNDROME**-- A neuro-vascular disorder of the upper extremity common in throwing.
- TIBIA**-- Larger of the two bones of the lower leg and is the weight-bearing bone of the shin.
- TOMOGRAPH**-- A special type of X-ray apparatus that demonstrates an organ or tissue at a particular depth.
- TRACHEA**-- The windpipe.
- TRASCUTANEOUS ELECTRICAL NERVE STIMULATOR (TENS)**-- An electrical modality that sends mild current through pads at the injury site which stimulates the brain to release the natural analgesic, endorphin.
- TRANSVERSE PROCESS**-- Small lateral projection off the right side and the left side of each vertebrae that functions as an attachment site for muscles and ligaments of the spine.
- TRAPEZIUS**-- Flat triangular muscle covering the posterior surface of the neck and shoulder.
- TRICEPS**-- Muscle of the back of the upper arm, primarily responsible for extending the elbow.
- ULNA**-- Forearm bone that runs from the tip of the elbow to the little finger side of the wrist.
- ULNAR NERVE**-- Nerve in the elbow commonly irritated from excessive throwing.
- ULTRASOUND**-- An electrical modality that transmits a sound wave through an applicator into the skin to the soft tissue in order to heat the local area for relaxing the injured tissue and/or disperse edema.
- VALGUS**-- Angulation outward and away from the midline of the body.
- VARUS**-- Angulation inward and toward the midline of the body.
- VASOCONSTRICTION**-- Decrease of local blood flow.
- VASODILATION**-- Increase of local blood flow.
- "WIND-KNOCKED-OUT"**-- Syndrome describing a contraction of the abdominal nerve trunk, the solar plexus, as a result of an abdominal contusion.
- ZYGOMA**-- The cheekbone.

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